



NATIONAL BUREAU OF STATISTICS

# Selected Food Prices Watch

(OCTOBER 2019)

**Report Date: November 2019**

*Data Source: National Bureau of Statistics (NBS)*

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# Executive Summary

Selected food price watch data for October 2019 reflected that the average price of 1 dozen of Agric eggs medium size decreased year-on-year by -4.23% and increased month-on-month by 1.24% to N462.46 in October 2019 from N456.81 in September 2019 while the average price of piece of Agric eggs medium size (price of one) decreased year-on-year by -2.91% and month-on-month by -1.90% to N40.51 in October 2019 from N41.30 in September 2019.

The average price of 1kg of tomato decreased year-on-year by -23.88% and increased month-on-month by 2.58% to N233.38 in October 2019 from N227.50 in September 2019.

The average price of 1kg of rice (imported high quality sold loose) increased year-on-year by 2.55% and month-on-month by 3.08% to N382.57 in October 2019 from N371.13 in September 2019.

Similarly, the average price of 1kg of yam tuber decreased year-on-year by -28.73% and month-on-month by -5.51% to N179.75 in October 2019 from N190.23 in September 2019.



UNIT OF MEASUREMENT

**1 Dozen**



OCTOBER 2019

**N462.46**



YEAR - ON - YEAR

**-4.23**



MONTH - ON - MONTH

**1.24**



*Highest Price*

Rivers (509.5)



Agric eggs  
medium size

*Lowest Price*

Yobe (420)



UNIT OF MEASUREMENT

**1 Piece**



OCTOBER 2019

**N40.51**



YEAR - ON - YEAR

**-2.91**



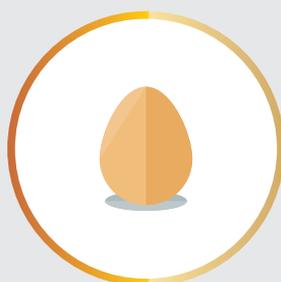
MONTH - ON - MONTH

**-1.90**



*Highest Price*

Edo (49.62)



Agric eggs  
(medium size price of one)

*Lowest Price*

Jigawa (37.19)



## National – Beans



UNIT OF MEASUREMENT

**1KG**



OCTOBER 2019

**N308.93**



YEAR - ON - YEAR

**-24.84**



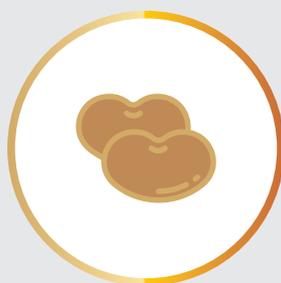
MONTH - ON - MONTH

**-3.15**



*Highest Price*

Ebonyi (539.59)



Beans brown,  
sold loose

*Lowest Price*

Adamawa (226.03)



UNIT OF MEASUREMENT

**1KG**



OCTOBER 2019

**N292.00**



YEAR - ON - YEAR

**-17.56**



MONTH - ON - MONTH

**2.19**



*Highest Price*

Ebonyi (500.78)



Beans: white  
black eye. sold loose

*Lowest Price*

Kano (182.7)





UNIT OF MEASUREMENT

**1KG**



OCTOBER 2019

**N1025.69**



YEAR - ON - YEAR

**2.23**



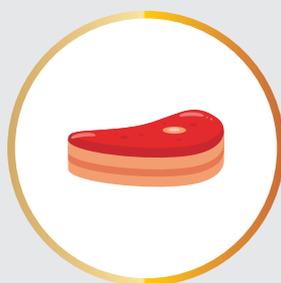
MONTH - ON - MONTH

**0.38**



*Highest Price*

Bayelsa (1195.53)



Beef Bone in

*Lowest Price*

Osun (812.04)



UNIT OF MEASUREMENT

**1KG**



OCTOBER 2019

**N1281.59**



YEAR - ON - YEAR

**1.67**



MONTH - ON - MONTH

**1.91**



*Highest Price*

Delta (1489.87)



Beef ,boneless

*Lowest Price*

Niger (1088.2)





UNIT OF MEASUREMENT

**1 loaf**



OCTOBER 2019

**N296.56**



YEAR - ON - YEAR

**-0.88**



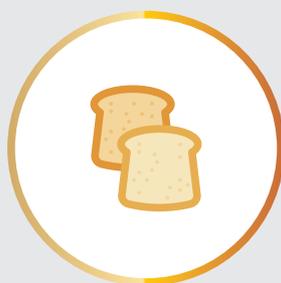
MONTH - ON - MONTH

**-1.99**



*Highest Price*

Abia (422.73)



*Lowest Price*

Niger (225)



Bread sliced 500g



UNIT OF MEASUREMENT

**1 loaf**



OCTOBER 2019

**N278.66**



YEAR - ON - YEAR

**2.11**



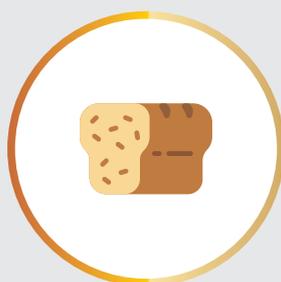
MONTH - ON - MONTH

**1.00**



*Highest Price*

Bayelsa (412.5)



*Lowest Price*

Katsina (216.15)



Bread unsliced 500g

## National - Rice



UNIT OF MEASUREMENT

**1KG**



OCTOBER 2019

**N371.89**



YEAR - ON - YEAR

**0.45**



MONTH - ON - MONTH

**0.43**



*Highest Price*

Oyo (520)



*Lowest Price*

Gombe (201.36)



Broken Rice (Ofada)



UNIT OF MEASUREMENT

**1KG**



OCTOBER 2019

**N340.27**



YEAR - ON - YEAR

**5.26**



MONTH - ON - MONTH

**5.64**



*Highest Price*

Bayelsa (517.64)



*Lowest Price*

Jigawa (255.14)



Rice agric sold loose



UNIT OF MEASUREMENT

**1KG**



OCTOBER 2019

**N303.69**



YEAR - ON - YEAR

**9.29**



MONTH - ON - MONTH

**4.66**



*Highest Price*

Bayelsa (437.78)



*Lowest Price*

Gombe (226.88)



Rice local sold loose



UNIT OF MEASUREMENT

**1KG**



OCTOBER 2019

**N339.78**



YEAR - ON - YEAR

**7.90**



MONTH - ON - MONTH

**4.10**



*Highest Price*

Bayelsa (498.5)



*Lowest Price*

Gombe (255)



Rice Medium Grained



UNIT OF MEASUREMENT

**1KG**



OCTOBER 2019

**N382.57**



YEAR - ON - YEAR

**2.55**



MONTH - ON - MONTH

**3.08**



*Highest Price*

Bayelsa (559.21)



*Lowest Price*

Niger (307.21)



Rice, imported high quality sold loose



UNIT OF MEASUREMENT

**1KG**



OCTOBER 2019

**N659.60**



YEAR - ON - YEAR

**-14.96**



MONTH - ON - MONTH

**-1.68**



*Highest Price*

Bayelsa (1134.2)



Chicken Feet

*Lowest Price*

Bauchi (333.18)



UNIT OF MEASUREMENT

**1KG**



OCTOBER 2019

**N880.90**



YEAR - ON - YEAR

**-10.34**



MONTH - ON - MONTH

**0.71**



*Highest Price*

Edo (1354.17)



Chicken Wings

*Lowest Price*

Taraba (520.48)





UNIT OF MEASUREMENT

**1 Unit**



OCTOBER 2019

**N1993.98**



YEAR - ON - YEAR

**27.97**



MONTH - ON - MONTH

**4.86**



*Highest Price*

Plateau (3113.33)



Frozen Chicken

*Lowest Price*

Kano (1504.26)



## National – Evaporated Tinned Milk



UNIT OF MEASUREMENT

**1 Unit**



OCTOBER 2019

**N159.51**



YEAR - ON - YEAR

**-2.34**



MONTH - ON - MONTH

**-0.06**



*Highest Price*

Imo (190)



*Lowest Price*

Cross River (138.18)



Evaporated tinned  
milk carnation 170g



UNIT OF MEASUREMENT

**1 Unit**



OCTOBER 2019

**N187.44**



YEAR - ON - YEAR

**0.10**



MONTH - ON - MONTH

**0.69**



*Highest Price*

Oyo (202.38)



*Lowest Price*

Jigawa (161.33)



Evaporated tinned  
milk(peak), 170g

## National – Garri



UNIT OF MEASUREMENT

**1KG**



OCTOBER 2019

**N162.42**



YEAR - ON - YEAR

**-13.78**



MONTH - ON - MONTH

**5.09**



*Highest Price*

Bayelsa (259.02)



*Lowest Price*

Akwa Ibom (106.15)



Gari white, sold loose



UNIT OF MEASUREMENT

**1KG**



OCTOBER 2019

**N175.57**



YEAR - ON - YEAR

**-25.69**



MONTH - ON - MONTH

**1.94**



*Highest Price*

Bayelsa (276.29)



*Lowest Price*

Akwa Ibom (107.1)



Gari yellow, sold loose

## National – Mudfish



UNIT OF MEASUREMENT

**1KG**



OCTOBER 2019

**N979.20**



YEAR - ON - YEAR

**-6.93**



MONTH - ON - MONTH

**0.10**



*Highest Price*

Enugu (1567.06)



*Lowest Price*

Ondo (785.67)



Mudfish (Aro) Fresh



UNIT OF MEASUREMENT

**1KG**



OCTOBER 2019

**N1741.27**



YEAR - ON - YEAR

**-7.10**



MONTH - ON - MONTH

**-1.20**



*Highest Price*

Abia (2386.97)



*Lowest Price*

Jigawa (1300)



Mudfish : Dried



UNIT OF MEASUREMENT

**1KG**



OCTOBER 2019

**N1004.38**



YEAR - ON - YEAR

**-7.04**



MONTH - ON - MONTH

**0.18**



*Highest Price*

Akwa Ibom (1329.7)



*Lowest Price*

Nassarawa (800)



Catfish (Obokun) Fresh



UNIT OF MEASUREMENT

**1KG**



OCTOBER 2019

**N1697.55**



YEAR - ON - YEAR

**-28.14**



MONTH - ON - MONTH

**-0.72**



*Highest Price*

Cross River (2522.84)



*Lowest Price*

Sokoto (1256.9)



Catfish :Dried



UNIT OF MEASUREMENT

**1KG**



OCTOBER 2019

**N1494.81**



YEAR - ON - YEAR

**0.84**



MONTH - ON - MONTH

**-0.33**



*Highest Price*

Abuja (1847.62)



Catfish Smoked

*Lowest Price*

Sokoto (1278)



UNIT OF MEASUREMENT

**1KG**



OCTOBER 2019

**N1397.91**



YEAR - ON - YEAR

**2.36**



MONTH - ON - MONTH

**1.18**



*Highest Price*

Adamawa (1811.56)



Dried Fish Sardine

*Lowest Price*

Katsina (1000)





UNIT OF MEASUREMENT

**1KG**



OCTOBER 2019

**N925.05**



YEAR - ON - YEAR

**0.90**



MONTH - ON - MONTH

**1.27**



*Highest Price*

Abuja (1133.33)



Iced Sardine

*Lowest Price*

Ogun (701.5)



UNIT OF MEASUREMENT

**1KG**



OCTOBER 2019

**N815.55**



YEAR - ON - YEAR

**-11.65**



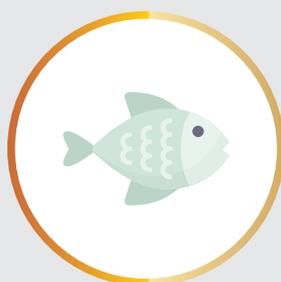
MONTH - ON - MONTH

**0.26**



*Highest Price*

Bayelsa (1183.35)



Tilapia Fish (Epiya) Fresh

*Lowest Price*

Kebbi (467.46)





UNIT OF MEASUREMENT

**1KG**



OCTOBER 2019

**N956.75**



YEAR - ON - YEAR

**3.55**



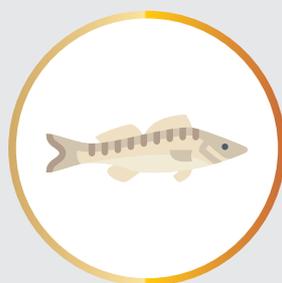
MONTH - ON - MONTH

**0.47**



*Highest Price*

Benue (1152.08)



Titus: Frozen

*Lowest Price*

Kano (812.5)



UNIT OF MEASUREMENT

**1KG**



OCTOBER 2019

**N938.02**



YEAR - ON - YEAR

**1.85**



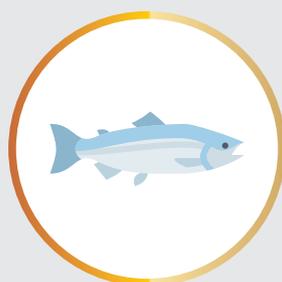
MONTH - ON - MONTH

**1.80**



*Highest Price*

Abuja (1233.33)



Mackerel : Frozen

*Lowest Price*

Oyo (802.9)





UNIT OF MEASUREMENT

**1KG**



OCTOBER 2019

**N179.75**



YEAR - ON - YEAR

**-28.73**



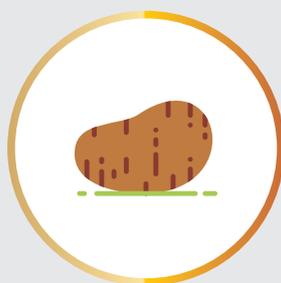
MONTH - ON - MONTH

**-5.51**



*Highest Price*

Bayelsa (329.45)



Yam Tuber

*Lowest Price*

Kwara (101.87)



UNIT OF MEASUREMENT

**1KG**



OCTOBER 2019

**N264.29**



YEAR - ON - YEAR

**-11.94**



MONTH - ON - MONTH

**-1.59**



*Highest Price*

Akwa Ibom (391.08)



Irish Potato

*Lowest Price*

Ekiti (185.71)





UNIT OF MEASUREMENT

**1KG**



OCTOBER 2019

**N138.46**



YEAR - ON - YEAR

**-10.52**



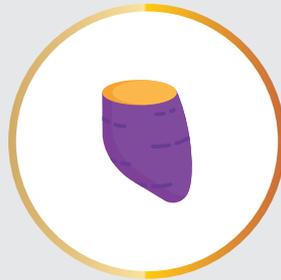
MONTH - ON - MONTH

**-2.49**



*Highest Price*

Akwa Ibom (208.1)



Sweet Potato

*Lowest Price*

Gombe (90)





UNIT OF MEASUREMENT

**1KG**



OCTOBER 2019

**N233.38**



YEAR - ON - YEAR

**-23.88**



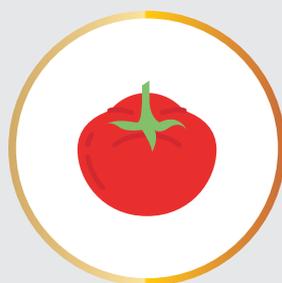
MONTH - ON - MONTH

**2.58**



*Highest Price*

Rivers (414.91)



Tomato

*Lowest Price*

Zamfara (117.35)



UNIT OF MEASUREMENT

**1KG**



OCTOBER 2019

**N202.88**



YEAR - ON - YEAR

**-12.86**



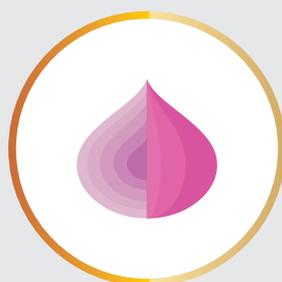
MONTH - ON - MONTH

**-0.32**



*Highest Price*

Abia (335.09)



Onion bulb

*Lowest Price*

Bauchi (115.74)





UNIT OF MEASUREMENT

**1KG**



OCTOBER 2019

**N142.25**



YEAR - ON - YEAR

**-16.88**



MONTH - ON - MONTH

**0.35**



*Highest Price*

Cross River (260.61)



Maize grain  
white sold loose

*Lowest Price*

Bauchi (73.12)



UNIT OF MEASUREMENT

**1KG**



OCTOBER 2019

**N138.74**



YEAR - ON - YEAR

**-22.22**



MONTH - ON - MONTH

**-2.43**



*Highest Price*

Cross River (273.26)



Maize grain  
yellow sold loose

*Lowest Price*

Bauchi (76.35)





UNIT OF MEASUREMENT

**1KG**



OCTOBER 2019

**N208.69**



YEAR - ON - YEAR

**-15.04**



MONTH - ON - MONTH

**-5.32**



*Highest Price*

Borno (295.39)



Plantain (ripe)

*Lowest Price*

Katsina (137.5)



UNIT OF MEASUREMENT

**1KG**



OCTOBER 2019

**N200.11**



YEAR - ON - YEAR

**-11.67**



MONTH - ON - MONTH

**-1.92**



*Highest Price*

Borno (283.33)



Plantain (unripe)

*Lowest Price*

Sokoto (133.34)





UNIT OF MEASUREMENT

**1 Ltr**



OCTOBER 2019

**N562.59**



YEAR - ON - YEAR

**-5.05**



MONTH - ON - MONTH

**0.91**



*Highest Price*

Cross River (837.78)



*Lowest Price*

Kebbi (429.74)



Groundnut Oil: 1 bottle



UNIT OF MEASUREMENT

**1 Ltr**



OCTOBER 2019

**N464.70**



YEAR - ON - YEAR

**-6.14**



MONTH - ON - MONTH

**1.57**



*Highest Price*

Kogi (602.22)



*Lowest Price*

Kwara (395.56)



Palm oil: 1 bottle,  
specify bottle



UNIT OF MEASUREMENT

**1 Ltr**



OCTOBER 2019

**N502.34**



YEAR - ON - YEAR

**-6.29**



MONTH - ON - MONTH

**3.17**



*Highest Price*

Rivers (626.67)



*Lowest Price*

Kwara (411.21)



Vegetable Oil:1 bottle,  
specify bottle



UNIT OF MEASUREMENT

**2KG**



OCTOBER 2019

**N675.30**



YEAR - ON - YEAR

**2.82**



MONTH - ON - MONTH

**1.70**



*Highest Price*

Taraba (782.5)



*Lowest Price*

Plateau (584.76)



Wheat flour: prepacked  
(golden penny 2kg)

# Selected Food Price Watch - October 2019

## Abia State




Tomato

	
UNIT OF MEASUREMENT	OCTOBER 2019
<b>1KG</b>	<b>N304.83</b>



Beans brown, sold loose

	
UNIT OF MEASUREMENT	OCTOBER 2019
<b>1KG</b>	<b>N333.42</b>



Rice Local sold Loose

	
UNIT OF MEASUREMENT	OCTOBER 2019
<b>1KG</b>	<b>N299.11</b>



Bread sliced 500g

	
UNIT OF MEASUREMENT	OCTOBER 2019
<b>1 loaf</b>	<b>N422.73</b>



Yam Tuber

	
UNIT OF MEASUREMENT	OCTOBER 2019
<b>1KG</b>	<b>N171.06</b>



Palm oil: 1 bottle

	
UNIT OF MEASUREMENT	OCTOBER 2019
<b>1Ltr</b>	<b>N434.84</b>



Beef, boneless

	
UNIT OF MEASUREMENT	OCTOBER 2019
<b>1KG</b>	<b>N1422.67</b>



Onion bulb

	
UNIT OF MEASUREMENT	OCTOBER 2019
<b>1KG</b>	<b>N335.09</b>



Garri white, sold Loose

	
UNIT OF MEASUREMENT	OCTOBER 2019
<b>1KG</b>	<b>N182.86</b>



Wheat flour: prepacked (golden penny) 2kg

	
UNIT OF MEASUREMENT	OCTOBER 2019
<b>2KG</b>	<b>N750.00</b>

# Selected Food Price Watch - October 2019

## Abia State



ItemLabels	Unit of Measurement	Oct-19	(OCT 2018-OCT 2019)	SEP 2018-OCT 2019
Agric eggs medium size	1 Dozen	501.48	2.23%	2.34%
Agric eggs(medium size price of one)	1 Piece	40	-11.11%	-17.33%
Beans brown,sold loose	1Kg	333.42	-32.66%	-12.59%
Beans:white black eye. sold loose	1Kg	406.46	-16.57%	5.31%
Beef Bone in	1Kg	1010.55	3.12%	1.49%
Beef,boneless	1Kg	1422.67	0.96%	3.57%
Bread sliced 500g	1 loaf	422.73	33.82%	10.28%
Bread unsliced 500g	1 loaf	350	35.23%	5.42%
Broken Rice (Ofada)	1Kg	420.2	3.59%	2.49%
Chicken Feet	1Kg	650.74	-6.37%	8.46%
Chicken Wings	1Kg	1070.63	-1.17%	7.06%
Evaporated tinned milk carnation 170g	1 unit	190	8.83%	18.36%
Evaporated tinned milk(peak), 170g	1 unit	196	2.35%	0.68%
Frozen chicken	1 unit	1685.71	6.28%	-2.31%
Gari white,sold loose	1Kg	182.86	27.57%	48.79%
Gari yellow,sold loose	1Kg	134.13	-16.11%	5.99%
Mudfish (aro) fresh	1Kg	1210.78	0.81%	0.60%
Mudfish : dried	1Kg	2386.97	1.16%	-2.10%
Onion bulb	1Kg	335.09	67.51%	16.00%
Rice agric sold loose	1Kg	385.45	3.86%	8.82%
Rice local sold loose	1Kg	299.11	-5.81%	-1.30%
Rice Medium Grained	1Kg	358.79	3.79%	4.50%
Rice,imported high quality sold loose	1Kg	400.3	-0.86%	3.04%
Tomato	1Kg	304.83	-13.94%	17.07%
Yam tuber	1Kg	171.06	-13.62%	-19.56%
Dried Fish Sardine	1Kg	1286.67	-13.16%	-3.79%
Iced Sardine	1Kg	796.67	-15.42%	-8.08%
Irish potato	1Kg	277.14	-23.02%	15.82%
Sweet potato	1Kg	136.02	4.63%	-17.56%
Tilapia fish (epiya) fresh	1Kg	863.36	-14.43%	0.60%
Titus:frozen	1Kg	949.05	4.29%	-4.10%
Catfish (obokun) fresh	1Kg	1270	-3.24%	5.83%
Catfish :dried	1Kg	2097.81	-11.82%	-3.62%
Catfish Smoked	1Kg	1610.41	-5.29%	4.29%
Mackerel : frozen	1Kg	889.91	-1.12%	8.70%
Groundnut oil: 1 bottle, specify bottle	1Ltr	674.07	2.79%	1.11%
Maize grain white sold loose	1Kg	205.44	-14.04%	23.58%
Maize grain yellow sold loose	1Kg	201.86	-17.79%	21.96%
Palm oil: 1 bottle,specify bottle	1Ltr	434.84	-5.60%	2.02%
Plantain(ripe)	1Kg	187.94	-14.57%	0.17%
Plantain(unripe)	1Kg	189.07	14.28%	-0.04%
Vegetable oil:1 bottle,specify bottle	1Ltr	579.42	-4.39%	1.82%
Wheat flour: prepacked (golden penny 2kg)	2Kg	750	3.45%	0.75%
<b>AVERAGE</b>			<b>-0.73%</b>	<b>3.83%</b>

# Selected Food Price Watch - October 2019

## Abuja FCT




Tomato

	
UNIT OF MEASUREMENT	OCTOBER 2019
<b>1KG</b>	<b>N260.38</b>



Beans brown, sold loose

	
UNIT OF MEASUREMENT	OCTOBER 2019
<b>1KG</b>	<b>N381.46</b>



Rice Local sold Loose

	
UNIT OF MEASUREMENT	OCTOBER 2019
<b>1KG</b>	<b>N303.05</b>



Bread sliced 500g

	
UNIT OF MEASUREMENT	OCTOBER 2019
<b>1 loaf</b>	<b>N383.33</b>



Yam Tuber

	
UNIT OF MEASUREMENT	OCTOBER 2019
<b>1KG</b>	<b>N212.67</b>



Palm oil: 1 bottle

	
UNIT OF MEASUREMENT	OCTOBER 2019
<b>1Ltr</b>	<b>N426.22</b>



Beef, boneless

	
UNIT OF MEASUREMENT	OCTOBER 2019
<b>1KG</b>	<b>N1373.66</b>



Onion bulb

	
UNIT OF MEASUREMENT	OCTOBER 2019
<b>1KG</b>	<b>N288.88</b>



Garri white, sold Loose

	
UNIT OF MEASUREMENT	OCTOBER 2019
<b>1KG</b>	<b>N122.90</b>



Wheat flour: prepacked (golden penny) 2kg

	
UNIT OF MEASUREMENT	OCTOBER 2019
<b>2KG</b>	<b>N744.44</b>

# Selected Food Price Watch - October 2019

## Abuja FCT



ItemLabels	Unit of Measurement	19-Sep	(SEP 2018-SEP 2019)	AUG 2018-SEP 2019
Agric eggs medium size	1 Dozen	456	3.17	0.44
Agric eggs(medium size price of one)	1 Piece	39	0	0
Beans brown,sold loose	1Kg	224.46	-43.46	-11.5
Beans:white black eye. sold loose	1Kg	288.09	-14.54	15.13
Beef Bone in	1Kg	1058.33	-2.01	0.48
Beef,boneless	1Kg	1240	-15.07	-1.74
Bread sliced 500g	1 loaf	333.33	0	-2.44
Bread unsliced 500g	1 loaf	333.33	2.56	2.56
Broken Rice (Ofada)	1Kg	405.36	-8.01	-2.39
Chicken Feet	1Kg	659	-10.41	0.54
Chicken Wings	1Kg	1120.39	1.62	-0.41
Evaporated tinned milk carnation 170g	1 unit	160	-6.03	-5.88
Evaporated tinned milk(peak), 170g	1 unit	192	4.35	4.99
Frozen chicken	1 unit	2030	19.6	10.78
Gari white,sold loose	1Kg	137.68	-25.88	1.81
Gari yellow,sold loose	1Kg	153.97	-27.18	1.36
Mudfish (aro) fresh	1Kg	1330	11.61	0.38
Mudfish : dried	1Kg	2050	-18.12	-2.23
Onion bulb	1Kg	207.31	-10.42	19.83
Rice agric sold loose	1Kg	306.67	20.6	2.8
Rice local sold loose	1Kg	294.3	-0.16	4.3
Rice Medium Grained	1Kg	367.83	14.03	14.03
Rice,imported high quality sold loose	1Kg	390.32	-2.02	9.42
Tomato	1Kg	184.52	-23.03	-6.19
Yam tuber	1Kg	208.3	-25.34	-19.45
Dried Fish Sardine	1Kg	1557.14	-10.02	-2.68
Iced Sardine	1Kg	1095.56	-3.59	-4.74
Irish potato	1Kg	297.19	-7.13	8.55
Sweet potato	1Kg	145.63	-7.88	16.19
Tilapia fish (epiya) fresh	1Kg	1166.67	13.82	1.45
Titus:frozen	1Kg	1132.73	0.5	1.14
Catfish (obokun) fresh	1Kg	1290.24	14.38	3.58
Catfish :dried	1Kg	2138.11	-2.47	2.06
Catfish Smoked	1Kg	1802.34	-1.69	1.98
Mackerel : frozen	1Kg	1200	20	1.69
Groundnut oil: 1 bottle, specify bottle	1Ltr	593.94	-4.2	0.1
Maize grain white sold loose	1Kg	113.64	-16.14	-14.63
Maize grain yellow sold loose	1Kg	126.87	-9.73	12.53
Palm oil: 1 bottle,specify bottle	1Ltr	524.09	0.79	-1.73
Plantain(ripe)	1Kg	314.46	13.15	4.29
Plantain(unripe)	1Kg	287.95	23.19	6.17
Vegetable oil:1 bottle,specify bottle	1Ltr	546.67	2.5	2.5
Wheat flour: prepacked (golden penny 2kg)	2Kg	658.33	-6	1.22
<b>AVERAGE</b>			-3.13	1.77

# Selected Food Price Watch - October 2019

## Adamawa State




Tomato

	
UNIT OF MEASUREMENT	OCTOBER 2019
<b>1KG</b>	<b>N200.67</b>



Beans brown, sold loose

	
UNIT OF MEASUREMENT	OCTOBER 2019
<b>1KG</b>	<b>N226.03</b>



Rice Local sold Loose

	
UNIT OF MEASUREMENT	OCTOBER 2019
<b>1KG</b>	<b>N278.54</b>



Bread sliced 500g

	
UNIT OF MEASUREMENT	OCTOBER 2019
<b>1 loaf</b>	<b>N280.00</b>



Yam Tuber

	
UNIT OF MEASUREMENT	OCTOBER 2019
<b>1KG</b>	<b>N149.71</b>



Palm oil: 1 bottle

	
UNIT OF MEASUREMENT	OCTOBER 2019
<b>1Ltr</b>	<b>N517.95</b>



Beef, boneless

	
UNIT OF MEASUREMENT	OCTOBER 2019
<b>1KG</b>	<b>N1195.70</b>



Onion bulb

	
UNIT OF MEASUREMENT	OCTOBER 2019
<b>1KG</b>	<b>N145.79</b>



Garri white, sold Loose

	
UNIT OF MEASUREMENT	OCTOBER 2019
<b>1KG</b>	<b>N193.31</b>



Wheat flour: prepacked (golden penny) 2kg

	
UNIT OF MEASUREMENT	OCTOBER 2019
<b>2KG</b>	<b>N708.00</b>

# Selected Food Price Watch - October 2019

## Adamawa State



ItemLabels	Unit of Measurement	Oct-19	(OCT 2018-OCT 2019)	SEP 2018-OCT 2019
Agric eggs medium size	1 Dozen	459.09	1.46%	-0.53%
Agric eggs(medium size price of one)	1 Piece	40.33	4.87%	-4.67%
Beans brown,sold loose	1Kg	226.03	-17.73%	-15.20%
Beans:white black eye. sold loose	1Kg	202.69	-22.09%	-14.51%
Beef Bone in	1Kg	1022.63	4.07%	-0.69%
Beef,boneless	1Kg	1195.7	-0.01%	0.49%
Bread sliced 500g	1 loaf	280	0.00%	5.66%
Bread unsliced 500g	1 loaf	275	17.02%	8.37%
Broken Rice (Ofada)	1Kg	325.68	-6.86%	0.45%
Chicken Feet	1Kg	498.96	-10.90%	0.80%
Chicken Wings	1Kg	560.95	-16.90%	1.99%
Evaporated tinned milk carnation 170g	1 unit	165	-6.38%	1.85%
Evaporated tinned milk(peak), 170g	1 unit	198.75	7.66%	4.61%
Frozen chicken	1 unit	1820	29.54%	2.02%
Gari white,sold loose	1Kg	193.31	-7.87%	-0.63%
Gari yellow,sold loose	1Kg	180.58	-35.33%	-1.62%
Mudfish (aro) fresh	1Kg	831.58	-15.51%	-5.03%
Mudfish : dried	1Kg	1798.57	-6.31%	-3.31%
Onion bulb	1Kg	145.79	10.35%	3.93%
Rice agric sold loose	1Kg	338.97	24.15%	19.85%
Rice local sold loose	1Kg	278.54	31.80%	20.06%
Rice Medium Grained	1Kg	295.61	25.11%	5.32%
Rice,imported high quality sold loose	1Kg	327.88	-5.51%	-9.40%
Tomato	1Kg	200.67	6.60%	35.19%
Yam tuber	1Kg	149.71	-21.43%	-2.21%
Dried Fish Sardine	1Kg	1811.56	3.72%	-1.37%
Iced Sardine	1Kg	917.92	-6.07%	-1.24%
Irish potato	1Kg	243.01	11.67%	-11.49%
Sweet potato	1Kg	110.38	-4.71%	-33.03%
Tilapia fish (epiya) fresh	1Kg	659.1	-25.03%	3.08%
Titus:frozen	1Kg	980.17	5.56%	-1.98%
Catfish (obokun) fresh	1Kg	1185	21.94%	-2.87%
Catfish :dried	1Kg	1407.41	-4.47%	0.81%
Catfish Smoked	1Kg	1301.08	4.09%	-2.58%
Mackerel : frozen	1Kg	950	2.92%	2.70%
Groundnut oil: 1 bottle, specify bottle	1Ltr	544.45	-8.07%	-3.54%
Maize grain white sold loose	1Kg	87.47	-26.38%	5.97%
Maize grain yellow sold loose	1Kg	92.4	-14.80%	13.19%
Palm oil: 1 bottle,specify bottle	1Ltr	517.95	-0.82%	1.00%
Plantain(ripe)	1Kg	188.46	-28.39%	-5.05%
Plantain(unripe)	1Kg	212.62	-8.69%	15.34%
Vegetable oil:1 bottle,specify bottle	1Ltr	502.56	-0.37%	2.94%
Wheat flour: prepacked (golden penny 2kg)	2Kg	708	8.09%	1.14%
<b>AVERAGE</b>			<b>-1.86%</b>	<b>0.83%</b>

# Selected Food Price Watch - October 2019

## Akwa Ibom State




Tomato

	
UNIT OF MEASUREMENT	OCTOBER 2019
<b>1KG</b>	<b>N387.45</b>



Beans brown, sold loose

	
UNIT OF MEASUREMENT	OCTOBER 2019
<b>1KG</b>	<b>N368.69</b>



Rice Local sold Loose

	
UNIT OF MEASUREMENT	OCTOBER 2019
<b>1KG</b>	<b>N313.16</b>



Bread sliced 500g

	
UNIT OF MEASUREMENT	OCTOBER 2019
<b>1 loaf</b>	<b>N350.00</b>



Yam Tuber

	
UNIT OF MEASUREMENT	OCTOBER 2019
<b>1KG</b>	<b>N275.09</b>



Palm oil: 1 bottle

	
UNIT OF MEASUREMENT	OCTOBER 2019
<b>1Ltr</b>	<b>N427.78</b>



Beef, boneless

	
UNIT OF MEASUREMENT	OCTOBER 2019
<b>1KG</b>	<b>N1371.86</b>



Onion bulb

	
UNIT OF MEASUREMENT	OCTOBER 2019
<b>1KG</b>	<b>N319.87</b>



Garri white, sold Loose

	
UNIT OF MEASUREMENT	OCTOBER 2019
<b>1KG</b>	<b>N106.15</b>



Wheat flour: prepacked (golden penny) 2kg

	
UNIT OF MEASUREMENT	OCTOBER 2019
<b>2KG</b>	<b>N762.86</b>

# Selected Food Price Watch - October 2019

## Akwa Ibom State



ItemLabels	Unit of Measurement	Oct-19	(OCT 2018-OCT 2019)	SEP 2018-OCT 2019
Agric eggs medium size	1 Dozen	459.17	-1.47%	2.80%
Agric eggs(medium size price of one)	1 Piece	41.95	-1.29%	0.06%
Beans brown,sold loose	1Kg	368.69	-22.37%	-7.20%
Beans:white black eye. sold loose	1Kg	357.84	-22.04%	-8.29%
Beef Bone in	1Kg	945.25	-0.14%	-3.93%
Beef,boneless	1Kg	1371.86	0.54%	3.74%
Bread sliced 500g	1 loaf	350	1.45%	0.00%
Bread unsliced 500g	1 loaf	315	-0.94%	5.64%
Broken Rice (Ofada)	1Kg	320	0.00%	8.84%
Chicken Feet	1Kg	632.97	-24.80%	-6.58%
Chicken Wings	1Kg	993.74	0.81%	0.55%
Evaporated tinned milk carnation 170g	1 unit	150	0.00%	0.00%
Evaporated tinned milk(peak), 170g	1 unit	192.5	1.32%	3.13%
Frozen chicken	1 unit	1950	5.41%	2.63%
Gari white,sold loose	1Kg	106.15	-8.12%	1.46%
Gari yellow,sold loose	1Kg	107.1	-40.43%	1.47%
Mudfish (aro) fresh	1Kg	1253	-10.88%	3.23%
Mudfish : dried	1Kg	1824.03	-4.31%	-1.10%
Onion bulb	1Kg	319.87	-13.32%	8.21%
Rice agric sold loose	1Kg	386	0.52%	4.58%
Rice local sold loose	1Kg	313.16	5.02%	4.79%
Rice Medium Grained	1Kg	380.56	1.93%	3.01%
Rice,imported high quality sold loose	1Kg	425.86	12.02%	7.54%
Tomato	1Kg	387.45	-31.82%	2.65%
Yam tuber	1Kg	275.09	4.13%	13.72%
Dried Fish Sardine	1Kg	1354.55	5.00%	0.75%
Iced Sardine	1Kg	977.47	2.68%	-0.66%
Irish potato	1Kg	391.08	13.88%	-5.39%
Sweet potato	1Kg	208.1	32.27%	-21.62%
Tilapia fish (epiya) fresh	1Kg	1033.34	3.48%	8.14%
Titus:frozen	1Kg	983.21	-7.76%	0.88%
Catfish (obokun) fresh	1Kg	1329.7	15.73%	1.20%
Catfish :dried	1Kg	1619.33	11.01%	1.97%
Catfish Smoked	1Kg	1474.07	2.55%	2.84%
Mackerel : frozen	1Kg	852.42	-6.22%	-2.02%
Groundnut oil: 1 bottle, specify bottle	1Ltr	566.67	1.07%	-3.89%
Maize grain white sold loose	1Kg	217.63	-24.56%	-13.43%
Maize grain yellow sold loose	1Kg	215.19	-25.19%	-8.32%
Palm oil: 1 bottle,specify bottle	1Ltr	427.78	-15.38%	8.45%
Plantain(ripe)	1Kg	241	-14.40%	-15.43%
Plantain(unripe)	1Kg	250	3.90%	1.58%
Vegetable oil:1 bottle,specify bottle	1Ltr	561.21	-8.50%	2.89%
Wheat flour: prepacked (golden penny 2kg)	2Kg	762.86	8.54%	1.71%
<b>AVERAGE</b>			<b>-3.50%</b>	<b>0.25%</b>

# Selected Food Price Watch - October 2019

## Anambra State



Tomato



UNIT OF MEASUREMENT  
**1KG**



OCTOBER 2019  
**N306.62**



Rice  
Local sold  
Loose



UNIT OF MEASUREMENT  
**1KG**



OCTOBER 2019  
**N269.62**



Yam Tuber



UNIT OF MEASUREMENT  
**1KG**



OCTOBER 2019  
**N189.41**



Beef,  
boneless



UNIT OF MEASUREMENT  
**1KG**



OCTOBER 2019  
**N1408.59**



Garri  
white,sold  
Loose



UNIT OF MEASUREMENT  
**1KG**



OCTOBER 2019  
**N149.33**



Beans  
brown,  
sold loose



UNIT OF MEASUREMENT  
**1KG**



OCTOBER 2019  
**N315.14**



Bread  
sliced  
500g



UNIT OF MEASUREMENT  
**1 loaf**



OCTOBER 2019  
**N356.15**



Palm oil:  
1 bottle



UNIT OF MEASUREMENT  
**1Ltr**



OCTOBER 2019  
**N457.97**



Onion bulb



UNIT OF MEASUREMENT  
**1KG**



OCTOBER 2019  
**N219.42**



Wheat flour:  
prepacked  
(golden penny  
2kg



UNIT OF MEASUREMENT  
**2KG**



OCTOBER 2019  
**N727.27**

# Selected Food Price Watch - October 2019

## Anambra State



ItemLabels	Unit of Measurement	Oct-19	(OCT 2018-OCT 2019)	SEP 2018-OCT 2019
Agric eggs medium size	1 Dozen	501.55	-9.98%	3.26%
Agric eggs(medium size price of one)	1 Piece	43	-14.00%	1.27%
Beans brown,sold loose	1Kg	315.14	-26.48%	-8.99%
Beans:white black eye. sold loose	1Kg	326.4	-17.52%	-11.24%
Beef Bone in	1Kg	1103.51	10.35%	3.22%
Beef,boneless	1Kg	1408.59	0.61%	2.60%
Bread sliced 500g	1 loaf	356.15	0.68%	-1.49%
Bread unsliced 500g	1 loaf	325	-3.51%	-10.60%
Broken Rice (Ofada)	1Kg	402.21	5.79%	0.80%
Chicken Feet	1Kg	750.59	3.53%	7.23%
Chicken Wings	1Kg	1100	15.79%	3.12%
Evaporated tinned milk carnation 170g	1 unit	181.44	2.54%	0.80%
Evaporated tinned milk(peak), 170g	1 unit	190.48	2.37%	-2.32%
Frozen chicken	1 unit	2071.88	16.50%	1.90%
Gari white,sold loose	1Kg	149.33	-4.86%	9.94%
Gari yellow,sold loose	1Kg	164.88	-17.69%	7.21%
Mudfish (aro) fresh	1Kg	1014.3	6.54%	0.80%
Mudfish : dried	1Kg	2257.95	-0.45%	2.63%
Onion bulb	1Kg	219.42	14.14%	4.69%
Rice agric sold loose	1Kg	325	-8.17%	1.83%
Rice local sold loose	1Kg	269.62	-0.30%	4.29%
Rice Medium Grained	1Kg	350.32	-1.86%	1.84%
Rice,imported high quality sold loose	1Kg	417.6	5.37%	8.62%
Tomato	1Kg	306.62	1.01%	22.51%
Yam tuber	1Kg	189.41	1.58%	-9.65%
Dried Fish Sardine	1Kg	1522.18	1.10%	-0.14%
Iced Sardine	1Kg	1131.06	13.11%	3.87%
Irish potato	1Kg	342.64	-5.57%	-3.42%
Sweet potato	1Kg	132.97	-14.22%	-22.52%
Tilapia fish (epiya) fresh	1Kg	842.69	-22.79%	0.80%
Titus:frozen	1Kg	970.88	-0.37%	7.85%
Catfish (obokun) fresh	1Kg	1200	-4.00%	4.35%
Catfish :dried	1Kg	2088.28	-4.98%	-0.94%
Catfish Smoked	1Kg	1520	-1.76%	-3.56%
Mackerel : frozen	1Kg	918.17	-3.28%	0.30%
Groundnut oil: 1 bottle, specify bottle	1Ltr	633.34	-2.15%	-3.20%
Maize grain white sold loose	1Kg	221	-9.54%	4.54%
Maize grain yellow sold loose	1Kg	223.11	-7.24%	0.82%
Palm oil: 1 bottle,specify bottle	1Ltr	457.97	-9.13%	-0.39%
Plantain(ripe)	1Kg	238.1	8.23%	-20.28%
Plantain(unripe)	1Kg	195.14	1.17%	-2.52%
Vegetable oil:1 bottle,specify bottle	1Ltr	478.26	-9.59%	-2.55%
Wheat flour: prepacked (golden penny 2kg)	2Kg	727.27	0.89%	-0.37%
<b>AVERAGE</b>			<b>-2.05%</b>	<b>0.16%</b>

# Selected Food Price Watch - October 2019

## Bauchi State




Tomato



UNIT OF MEASUREMENT  
**1KG**



OCTOBER 2019  
**N168.71**



Beans brown, sold loose



UNIT OF MEASUREMENT  
**1KG**



OCTOBER 2019  
**N251.90**



Rice Local sold Loose



UNIT OF MEASUREMENT  
**1KG**



OCTOBER 2019  
**N254.20**



Bread sliced 500g



UNIT OF MEASUREMENT  
**1 loaf**



OCTOBER 2019  
**N270.00**



Yam Tuber



UNIT OF MEASUREMENT  
**1KG**



OCTOBER 2019  
**N160.20**



Palm oil: 1 bottle



UNIT OF MEASUREMENT  
**1Ltr**



OCTOBER 2019  
**N483.34**



Beef, boneless



UNIT OF MEASUREMENT  
**1KG**



OCTOBER 2019  
**N1215.70**



Onion bulb



UNIT OF MEASUREMENT  
**1KG**



OCTOBER 2019  
**N115.74**



Garri white, sold Loose



UNIT OF MEASUREMENT  
**1KG**



OCTOBER 2019  
**N152.72**



Wheat flour: prepacked (golden penny) 2kg



UNIT OF MEASUREMENT  
**2KG**



OCTOBER 2019  
**N687.50**

# Selected Food Price Watch - October 2019

## Bauchi State



ItemLabels	Unit of Measurement	Oct-19	(OCT 2018-OCT 2019)	SEP 2018-OCT 2019
Agric eggs medium size	1 Dozen	454.44	6.39%	1.89%
Agric eggs(medium size price of one)	1 Piece	39.09	1.69%	0.00%
Beans brown,sold loose	1Kg	251.9	-15.75%	-12.34%
Beans:white black eye. sold loose	1Kg	222.25	-20.57%	-7.93%
Beef Bone in	1Kg	983.33	7.27%	-1.13%
Beef,boneless	1Kg	1215.7	0.54%	0.26%
Bread sliced 500g	1 loaf	270	0.00%	10.96%
Bread unsliced 500g	1 loaf	238.75	-1.98%	10.53%
Broken Rice (Ofada)	1Kg	327.99	2.11%	4.09%
Chicken Feet	1Kg	333.18	-4.81%	0.90%
Chicken Wings	1Kg	594.61	3.41%	0.90%
Evaporated tinned milk carnation 170g	1 unit	140	-6.67%	2.44%
Evaporated tinned milk(peak), 170g	1 unit	171.82	-12.34%	6.06%
Frozen chicken	1 unit	1900	27.95%	2.70%
Gari white,sold loose	1Kg	152.72	2.52%	-0.11%
Gari yellow,sold loose	1Kg	173	-12.02%	2.60%
Mudfish (aro) fresh	1Kg	841.67	-6.24%	-3.63%
Mudfish : dried	1Kg	1495.83	-11.23%	-1.29%
Onion bulb	1Kg	115.74	-8.84%	-11.04%
Rice agric sold loose	1Kg	296.64	4.88%	4.77%
Rice local sold loose	1Kg	254.2	15.18%	5.68%
Rice Medium Grained	1Kg	283.34	-4.95%	7.37%
Rice,imported high quality sold loose	1Kg	401.54	24.82%	7.97%
Tomato	1Kg	168.71	-10.07%	-0.29%
Yam tuber	1Kg	160.2	25.52%	13.12%
Dried Fish Sardine	1Kg	1332.03	11.93%	0.90%
Iced Sardine	1Kg	989.29	15.63%	0.95%
Irish potato	1Kg	190.39	-19.28%	-23.31%
Sweet potato	1Kg	101.43	8.52%	54.90%
Tilapia fish (epiya) fresh	1Kg	500	-8.66%	-4.76%
Titus:frozen	1Kg	980.58	3.22%	-1.94%
Catfish (obokun) fresh	1Kg	1200	33.33%	4.95%
Catfish :dried	1Kg	1810	27.50%	3.06%
Catfish Smoked	1Kg	1554.1	-2.87%	0.90%
Mackerel : frozen	1Kg	1000	5.26%	1.28%
Groundnut oil: 1 bottle, specify bottle	1Ltr	502.86	-3.52%	-0.99%
Maize grain white sold loose	1Kg	73.12	-25.43%	0.58%
Maize grain yellow sold loose	1Kg	76.35	-22.48%	3.81%
Palm oil: 1 bottle,specify bottle	1Ltr	483.34	-7.09%	8.06%
Plantain(ripe)	1Kg	214.29	-6.19%	-16.15%
Plantain(unripe)	1Kg	226.68	26.48%	0.90%
Vegetable oil:1 bottle,specify bottle	1Ltr	491.43	5.66%	9.87%
Wheat flour: prepacked (golden penny 2kg)	2Kg	687.5	12.70%	1.70%
<b>AVERAGE</b>			<b>1.43%</b>	<b>2.07%</b>

# Selected Food Price Watch - October 2019

## Bayelsa State




Tomato

	
UNIT OF MEASUREMENT	OCTOBER 2019
<b>1KG</b>	<b>N354.02</b>



Beans brown, sold loose

	
UNIT OF MEASUREMENT	OCTOBER 2019
<b>1KG</b>	<b>N362.34</b>



Rice Local sold Loose

	
UNIT OF MEASUREMENT	OCTOBER 2019
<b>1KG</b>	<b>N437.78</b>



Bread sliced 500g

	
UNIT OF MEASUREMENT	OCTOBER 2019
<b>1 loaf</b>	<b>N404.17</b>



Yam Tuber

	
UNIT OF MEASUREMENT	OCTOBER 2019
<b>1KG</b>	<b>N329.45</b>



Palm oil: 1 bottle

	
UNIT OF MEASUREMENT	OCTOBER 2019
<b>1Ltr</b>	<b>N535.45</b>



Beef, boneless

	
UNIT OF MEASUREMENT	OCTOBER 2019
<b>1KG</b>	<b>N1398.53</b>



Onion bulb

	
UNIT OF MEASUREMENT	OCTOBER 2019
<b>1KG</b>	<b>N311.67</b>



Garri white, sold Loose

	
UNIT OF MEASUREMENT	OCTOBER 2019
<b>1KG</b>	<b>N259.02</b>



Wheat flour: prepacked (golden penny) 2kg

	
UNIT OF MEASUREMENT	OCTOBER 2019
<b>2KG</b>	<b>N730.00</b>

# Selected Food Price Watch - October 2019

## Bayelsa State



ItemLabels	Unit of Measurement	Oct-19	(OCT 2018-OCT 2019)	SEP 2018-OCT 2019
Agric eggs medium size	1 Dozen	446.88	-13.94%	0.42%
Agric eggs(medium size price of one)	1 Piece	40.8	-16.16%	0.12%
Beans brown,sold loose	1Kg	362.34	-16.36%	-8.16%
Beans:white black eye. sold loose	1Kg	351.76	-14.94%	-10.91%
Beef Bone in	1Kg	1195.53	9.31%	-3.30%
Beef,boneless	1Kg	1398.53	-2.49%	3.40%
Bread sliced 500g	1 loaf	404.17	-0.76%	-7.01%
Bread unsliced 500g	1 loaf	412.5	-3.73%	3.13%
Broken Rice (Ofada)	1Kg	429.93	-1.84%	2.04%
Chicken Feet	1Kg	1134.2	30.68%	3.83%
Chicken Wings	1Kg	1204.08	8.52%	4.89%
Evaporated tinned milk carnation 170g	1 unit	141.67	-3.25%	-0.83%
Evaporated tinned milk(peak), 170g	1 unit	176.25	-7.24%	-1.05%
Frozen chicken	1 unit	2166.67	14.03%	-1.52%
Gari white,sold loose	1Kg	259.02	8.40%	7.57%
Gari yellow,sold loose	1Kg	276.29	12.71%	14.05%
Mudfish (aro) fresh	1Kg	1120.66	0.40%	2.86%
Mudfish : dried	1Kg	1878.28	0.83%	1.10%
Onion bulb	1Kg	311.67	42.10%	-10.45%
Rice agric sold loose	1Kg	517.64	0.78%	0.02%
Rice local sold loose	1Kg	437.78	4.71%	0.93%
Rice Medium Grained	1Kg	498.5	9.03%	0.17%
Rice,imported high quality sold loose	1Kg	559.21	8.57%	0.07%
Tomato	1Kg	354.02	-23.04%	13.51%
Yam tuber	1Kg	329.45	-4.71%	16.71%
Dried Fish Sardine	1Kg	1403.37	5.49%	1.03%
Iced Sardine	1Kg	1012.88	-2.22%	6.58%
Irish potato	1Kg	376.88	0.46%	4.69%
Sweet potato	1Kg	203.24	0.31%	3.03%
Tilapia fish (epiya) fresh	1Kg	1183.35	-1.91%	-2.11%
Titus:frozen	1Kg	1029.72	7.59%	-4.33%
Catfish (obokun) fresh	1Kg	1251.3	4.81%	-2.11%
Catfish :dried	1Kg	1912.42	-1.80%	1.53%
Catfish Smoked	1Kg	1643.66	1.66%	-2.65%
Mackerel : frozen	1Kg	918.21	-6.93%	-3.56%
Groundnut oil: 1 bottle, specify bottle	1Ltr	466.67	-12.50%	0.00%
Maize grain white sold loose	1Kg	219.64	-26.48%	-22.10%
Maize grain yellow sold loose	1Kg	200.96	-34.97%	-27.43%
Palm oil: 1 bottle,specify bottle	1Ltr	535.45	-9.76%	0.40%
Plantain(ripe)	1Kg	217.04	18.51%	6.26%
Plantain(unripe)	1Kg	206.66	20.83%	5.87%
Vegetable oil:1 bottle,specify bottle	1Ltr	499.67	-14.69%	0.41%
Wheat flour: prepacked (golden penny 2kg)	2Kg	730	1.86%	1.23%
<b>AVERAGE</b>			<b>-0.19%</b>	<b>-0.04%</b>

# Selected Food Price Watch - October 2019

## Benue State




Tomato

	
UNIT OF MEASUREMENT	OCTOBER 2019
<b>1KG</b>	<b>N252.15</b>



Beans brown, sold loose

	
UNIT OF MEASUREMENT	OCTOBER 2019
<b>1KG</b>	<b>N333.77</b>



Rice Local sold Loose

	
UNIT OF MEASUREMENT	OCTOBER 2019
<b>1KG</b>	<b>N312.42</b>



Bread sliced 500g

	
UNIT OF MEASUREMENT	OCTOBER 2019
<b>1 loaf</b>	<b>N310.00</b>



Yam Tuber

	
UNIT OF MEASUREMENT	OCTOBER 2019
<b>1KG</b>	<b>N138.94</b>



Palm oil: 1 bottle

	
UNIT OF MEASUREMENT	OCTOBER 2019
<b>1Ltr</b>	<b>N466.67</b>



Beef, boneless

	
UNIT OF MEASUREMENT	OCTOBER 2019
<b>1KG</b>	<b>N1328.12</b>



Onion bulb

	
UNIT OF MEASUREMENT	OCTOBER 2019
<b>1KG</b>	<b>N207.14</b>



Garri white, sold Loose

	
UNIT OF MEASUREMENT	OCTOBER 2019
<b>1KG</b>	<b>N147.49</b>



Wheat flour: prepacked (golden penny) 2kg

	
UNIT OF MEASUREMENT	OCTOBER 2019
<b>2KG</b>	<b>N600.64</b>

# Selected Food Price Watch - October 2019

## Benue State



ItemLabels	Unit of Measurement	Oct-19	(OCT 2018-OCT 2019)	SEP 2018-OCT 2019
Agric eggs medium size	1 Dozen	470.44	-7.55%	-0.56%
Agric eggs(medium size price of one)	1 Piece	45.14	-2.65%	-2.20%
Beans brown,sold loose	1Kg	333.77	-15.56%	1.21%
Beans:white black eye. sold loose	1Kg	310.34	-10.39%	0.23%
Beef Bone in	1Kg	1189.17	10.46%	1.64%
Beef,boneless	1Kg	1328.12	2.16%	1.96%
Bread sliced 500g	1 loaf	310	1.64%	-6.06%
Bread unsliced 500g	1 loaf	348.75	20.26%	14.61%
Broken Rice (Ofada)	1Kg	358.33	43.06%	15.75%
Chicken Feet	1Kg	812.34	-14.54%	6.89%
Chicken Wings	1Kg	1000	-25.93%	2.53%
Evaporated tinned milk carnation 170g	1 unit	165	0.00%	-1.00%
Evaporated tinned milk(peak), 170g	1 unit	187	0.00%	0.63%
Frozen chicken	1 unit	1850	12.12%	0.91%
Gari white,sold loose	1Kg	147.49	-19.71%	0.39%
Gari yellow,sold loose	1Kg	156.23	-26.75%	-2.18%
Mudfish (aro) fresh	1Kg	1210	-14.88%	5.10%
Mudfish : dried	1Kg	1515.65	-19.58%	1.44%
Onion bulb	1Kg	207.14	-7.13%	3.20%
Rice agric sold loose	1Kg	315.11	-15.13%	1.05%
Rice local sold loose	1Kg	312.42	20.11%	1.73%
Rice Medium Grained	1Kg	356.67	42.67%	12.98%
Rice,imported high quality sold loose	1Kg	402.93	4.56%	7.31%
Tomato	1Kg	252.15	-18.29%	-9.36%
Yam tuber	1Kg	138.94	-59.48%	-29.82%
Dried Fish Sardine	1Kg	1415.06	-11.57%	5.20%
Iced Sardine	1Kg	1015.71	12.86%	5.40%
Irish potato	1Kg	260.18	1.31%	9.57%
Sweet potato	1Kg	171.36	40.17%	7.37%
Tilapia fish (epiya) fresh	1Kg	1000.43	21.26%	4.24%
Titus:frozen	1Kg	1152.08	31.47%	4.69%
Catfish (obokun) fresh	1Kg	1176.32	9.79%	5.00%
Catfish :dried	1Kg	1504.04	-2.73%	1.10%
Catfish Smoked	1Kg	1445.18	-2.67%	-2.55%
Mackerel : frozen	1Kg	1182.88	18.29%	2.10%
Groundnut oil: 1 bottle, specify bottle	1Ltr	646.67	8.64%	6.86%
Maize grain white sold loose	1Kg	131.13	-25.13%	-3.83%
Maize grain yellow sold loose	1Kg	130.87	-28.98%	-5.97%
Palm oil: 1 bottle,specify bottle	1Ltr	466.67	-12.50%	-3.92%
Plantain(ripe)	1Kg	277.44	10.27%	3.55%
Plantain(unripe)	1Kg	256.46	7.04%	-1.87%
Vegetable oil:1 bottle,specify bottle	1Ltr	482.05	-18.04%	1.23%
Wheat flour: prepacked (golden penny 2kg)	2Kg	600.64	-1.19%	-0.99%
<b>AVERAGE</b>			<b>-0.98%</b>	<b>1.52%</b>

# Selected Food Price Watch - October 2019

## Borno State




Tomato

	
UNIT OF MEASUREMENT	OCTOBER 2019
<b>1KG</b>	<b>N180.00</b>



Beans brown, sold loose

	
UNIT OF MEASUREMENT	OCTOBER 2019
<b>1KG</b>	<b>N235.83</b>



Rice Local sold Loose

	
UNIT OF MEASUREMENT	OCTOBER 2019
<b>1KG</b>	<b>N308.52</b>



Bread sliced 500g

	
UNIT OF MEASUREMENT	OCTOBER 2019
<b>1 loaf</b>	<b>N294.12</b>



Yam Tuber

	
UNIT OF MEASUREMENT	OCTOBER 2019
<b>1KG</b>	<b>N130.57</b>



Palm oil: 1 bottle

	
UNIT OF MEASUREMENT	OCTOBER 2019
<b>1Ltr</b>	<b>N520.00</b>



Beef, boneless

	
UNIT OF MEASUREMENT	OCTOBER 2019
<b>1KG</b>	<b>N1165.00</b>



Onion bulb

	
UNIT OF MEASUREMENT	OCTOBER 2019
<b>1KG</b>	<b>N136.37</b>



Garri white, sold Loose

	
UNIT OF MEASUREMENT	OCTOBER 2019
<b>1KG</b>	<b>N196.48</b>



Wheat flour: prepacked (golden penny) 2kg

	
UNIT OF MEASUREMENT	OCTOBER 2019
<b>2KG</b>	<b>N703.75</b>

# Selected Food Price Watch - October 2019

## Borno State



ItemLabels	Unit of Measurement	Oct-19	(OCT 2018-OCT 2019)	SEP 2018-OCT 2019
Agric eggs medium size	1 Dozen	450	-2.34%	-0.88%
Agric eggs(medium size price of one)	1 Piece	40.02	2.17%	-2.00%
Beans brown,sold loose	1Kg	235.83	-34.68%	-16.27%
Beans:white black eye. sold loose	1Kg	210.4	-33.70%	-9.47%
Beef Bone in	1Kg	1000	-1.96%	5.78%
Beef,boneless	1Kg	1165	-2.58%	5.11%
Bread sliced 500g	1 loaf	294.12	5.04%	5.04%
Bread unsliced 500g	1 loaf	243.5	-1.95%	-0.14%
Broken Rice (Ofada)	1Kg	280.7	4.00%	-3.16%
Chicken Feet	1Kg	477.38	9.66%	0.50%
Chicken Wings	1Kg	572.85	-11.90%	0.50%
Evaporated tinned milk carnation 170g	1 unit	170.85	6.78%	0.50%
Evaporated tinned milk(peak), 170g	1 unit	181.67	0.55%	-0.58%
Frozen chicken	1 unit	2010.54	26.71%	0.53%
Gari white,sold loose	1Kg	196.48	-10.47%	8.05%
Gari yellow,sold loose	1Kg	200.34	-18.92%	13.90%
Mudfish (aro) fresh	1Kg	866.81	-5.29%	0.50%
Mudfish : dried	1Kg	1633.33	-11.12%	-1.85%
Onion bulb	1Kg	136.37	-24.41%	-17.15%
Rice agric sold loose	1Kg	330.59	-11.39%	6.79%
Rice local sold loose	1Kg	308.52	23.26%	2.80%
Rice Medium Grained	1Kg	324.57	6.33%	5.56%
Rice,imported high quality sold loose	1Kg	407.98	6.25%	15.97%
Tomato	1Kg	180	-14.81%	-13.76%
Yam tuber	1Kg	130.57	-2.71%	-4.78%
Dried Fish Sardine	1Kg	1510.81	3.84%	0.50%
Iced Sardine	1Kg	933.33	-6.72%	3.70%
Irish potato	1Kg	219.57	7.75%	-3.00%
Sweet potato	1Kg	96.07	-11.79%	2.79%
Tilapia fish (epiya) fresh	1Kg	656.08	6.84%	-1.09%
Titus:frozen	1Kg	894.85	0.26%	-0.37%
Catfish (obokun) fresh	1Kg	926.61	-4.07%	0.16%
Catfish :dried	1Kg	1605.68	-0.76%	3.59%
Catfish Smoked	1Kg	1350.42	-2.68%	-1.19%
Mackerel : frozen	1Kg	948.64	5.40%	5.34%
Groundnut oil: 1 bottle, specify bottle	1Ltr	550	-9.34%	5.65%
Maize grain white sold loose	1Kg	82.48	-23.78%	1.30%
Maize grain yellow sold loose	1Kg	88.89	-31.27%	0.03%
Palm oil: 1 bottle,specify bottle	1Ltr	520	-6.54%	-7.99%
Plantain(ripe)	1Kg	295.39	14.06%	1.91%
Plantain(unripe)	1Kg	283.33	16.63%	0.20%
Vegetable oil:1 bottle,specify bottle	1Ltr	495.33	-5.19%	-1.00%
Wheat flour: prepacked (golden penny 2kg)	2Kg	703.75	9.02%	0.54%
<b>AVERAGE</b>			<b>-3.16%</b>	<b>0.29%</b>

# Selected Food Price Watch - October 2019

## Cross River State




Tomato

	
UNIT OF MEASUREMENT	OCTOBER 2019
<b>1KG</b>	<b>N358.01</b>



Beans brown, sold loose

	
UNIT OF MEASUREMENT	OCTOBER 2019
<b>1KG</b>	<b>N356.67</b>



Rice Local sold Loose

	
UNIT OF MEASUREMENT	OCTOBER 2019
<b>1KG</b>	<b>N271.21</b>



Bread sliced 500g

	
UNIT OF MEASUREMENT	OCTOBER 2019
<b>1 loaf</b>	<b>N355.56</b>



Yam Tuber

	
UNIT OF MEASUREMENT	OCTOBER 2019
<b>1KG</b>	<b>N182.45</b>



Palm oil: 1 bottle

	
UNIT OF MEASUREMENT	OCTOBER 2019
<b>1Ltr</b>	<b>N400.00</b>



Beef, boneless

	
UNIT OF MEASUREMENT	OCTOBER 2019
<b>1KG</b>	<b>N1344.95</b>



Onion bulb

	
UNIT OF MEASUREMENT	OCTOBER 2019
<b>1KG</b>	<b>N242.96</b>



Garri white, sold Loose

	
UNIT OF MEASUREMENT	OCTOBER 2019
<b>1KG</b>	<b>N131.81</b>



Wheat flour: prepacked (golden penny) 2kg

	
UNIT OF MEASUREMENT	OCTOBER 2019
<b>2KG</b>	<b>N700.00</b>

# Selected Food Price Watch - October 2019

## Cross River State



ItemLabels	Unit of Measurement	Oct-19	(OCT 2018-OCT 2019)	SEP 2018-OCT 2019
Agric eggs medium size	1 Dozen	459.47	-7.69%	-0.58%
Agric eggs(medium size price of one)	1 Piece	39.74	-11.98%	1.06%
Beans brown,sold loose	1Kg	356.67	-15.50%	-10.35%
Beans:white black eye. sold loose	1Kg	336.67	-9.18%	12.79%
Beef Bone in	1Kg	1045.51	-3.14%	0.96%
Beef,boneless	1Kg	1344.95	-2.66%	0.46%
Bread sliced 500g	1 loaf	355.56	6.93%	0.93%
Bread unsliced 500g	1 loaf	310	5.08%	-1.66%
Broken Rice (Ofada)	1Kg	288.64	-11.80%	-9.58%
Chicken Feet	1Kg	907.41	-9.26%	-4.48%
Chicken Wings	1Kg	1173.33	-2.22%	-0.14%
Evaporated tinned milk carnation 170g	1 unit	138.18	-8.14%	-7.55%
Evaporated tinned milk(peak), 170g	1 unit	176.32	-4.36%	-4.13%
Frozen chicken	1 unit	2050.33	14.54%	2.45%
Gari white,sold loose	1Kg	131.81	33.54%	1.43%
Gari yellow,sold loose	1Kg	155	31.99%	10.11%
Mudfish (aro) fresh	1Kg	953.69	-8.58%	-5.48%
Mudfish : dried	1Kg	2095.89	-1.96%	-1.24%
Onion bulb	1Kg	242.96	-6.35%	-10.21%
Rice agric sold loose	1Kg	358.86	7.07%	15.92%
Rice local sold loose	1Kg	271.21	5.60%	11.59%
Rice Medium Grained	1Kg	351.1	6.37%	17.80%
Rice,imported high quality sold loose	1Kg	376.41	2.38%	9.42%
Tomato	1Kg	358.01	-11.65%	13.23%
Yam tuber	1Kg	182.45	-16.74%	21.57%
Dried Fish Sardine	1Kg	1463.46	-0.73%	2.85%
Iced Sardine	1Kg	948.18	-8.23%	-1.17%
Irish potato	1Kg	360.24	-0.43%	2.87%
Sweet potato	1Kg	130.67	-9.19%	-14.88%
Tilapia fish (epiya) fresh	1Kg	1066.99	0.12%	1.09%
Titus:frozen	1Kg	998.03	-9.33%	-6.63%
Catfish (obokun) fresh	1Kg	1154.14	-0.16%	2.73%
Catfish :dried	1Kg	2522.84	8.95%	1.69%
Catfish Smoked	1Kg	1735.72	6.53%	-3.44%
Mackerel : frozen	1Kg	982.55	-6.19%	-5.07%
Groundnut oil: 1 bottle, specify bottle	1Ltr	837.78	23.98%	4.00%
Maize grain white sold loose	1Kg	260.61	19.25%	19.76%
Maize grain yellow sold loose	1Kg	273.26	24.11%	21.56%
Palm oil: 1 bottle,specify bottle	1Ltr	400	-10.20%	-4.76%
Plantain(ripe)	1Kg	242.95	52.24%	19.90%
Plantain(unripe)	1Kg	188.45	25.40%	25.31%
Vegetable oil:1 bottle,specify bottle	1Ltr	554.38	-0.78%	3.95%
Wheat flour: prepacked (golden penny 2kg)	2Kg	700	-0.12%	1.45%
<b>AVERAGE</b>			<b>2.27%</b>	<b>3.15%</b>

# Selected Food Price Watch - October 2019

## Delta State




Tomato

	
UNIT OF MEASUREMENT	OCTOBER 2019
<b>1KG</b>	<b>N311.84</b>



Beans brown, sold loose

	
UNIT OF MEASUREMENT	OCTOBER 2019
<b>1KG</b>	<b>N379.25</b>



Rice Local sold Loose

	
UNIT OF MEASUREMENT	OCTOBER 2019
<b>1KG</b>	<b>N345.28</b>



Bread sliced 500g

	
UNIT OF MEASUREMENT	OCTOBER 2019
<b>1 loaf</b>	<b>N280.00</b>



Yam Tuber

	
UNIT OF MEASUREMENT	OCTOBER 2019
<b>1KG</b>	<b>N168.72</b>



Palm oil: 1 bottle

	
UNIT OF MEASUREMENT	OCTOBER 2019
<b>1Ltr</b>	<b>N452.50</b>



Beef, boneless

	
UNIT OF MEASUREMENT	OCTOBER 2019
<b>1KG</b>	<b>N1489.87</b>



Onion bulb

	
UNIT OF MEASUREMENT	OCTOBER 2019
<b>1KG</b>	<b>N286.54</b>



Garri white, sold Loose

	
UNIT OF MEASUREMENT	OCTOBER 2019
<b>1KG</b>	<b>N185.53</b>



Wheat flour: prepacked (golden penny) 2kg

	
UNIT OF MEASUREMENT	OCTOBER 2019
<b>2KG</b>	<b>N654.00</b>

# Selected Food Price Watch - October 2019

## Delta State



ItemLabels	Unit of Measurement	Oct-19	(OCT 2018-OCT 2019)	SEP 2018-OCT 2019
Agric eggs medium size	1 Dozen	464.71	-4.55%	-4.29%
Agric eggs(medium size price of one)	1 Piece	40	-6.30%	-8.11%
Beans brown,sold loose	1Kg	379.25	-9.88%	6.33%
Beans:white black eye. sold loose	1Kg	295.9	-21.25%	-6.29%
Beef Bone in	1Kg	989.5	-7.37%	-4.34%
Beef,boneless	1Kg	1489.87	5.56%	-1.09%
Bread sliced 500g	1 loaf	280	-2.33%	-2.00%
Bread unsliced 500g	1 loaf	262.5	-3.02%	3.62%
Broken Rice (Ofada)	1Kg	338.52	12.42%	-5.14%
Chicken Feet	1Kg	915	-6.34%	0.65%
Chicken Wings	1Kg	1090.91	-5.45%	2.19%
Evaporated tinned milk carnation 170g	1 unit	155	3.33%	6.90%
Evaporated tinned milk(peak), 170g	1 unit	185.33	5.70%	2.63%
Frozen chicken	1 unit	1963.33	28.91%	0.32%
Gari white,sold loose	1Kg	185.53	5.79%	2.65%
Gari yellow,sold loose	1Kg	208.71	15.69%	0.97%
Mudfish (aro) fresh	1Kg	1058.31	-2.81%	-2.40%
Mudfish : dried	1Kg	1962.5	-4.05%	-0.48%
Onion bulb	1Kg	286.54	-8.41%	-12.11%
Rice agric sold loose	1Kg	400.27	0.67%	3.28%
Rice local sold loose	1Kg	345.28	19.75%	14.99%
Rice Medium Grained	1Kg	351.08	1.40%	11.26%
Rice,imported high quality sold loose	1Kg	455.28	12.53%	5.15%
Tomato	1Kg	311.84	-16.32%	8.48%
Yam tuber	1Kg	168.72	5.08%	-2.91%
Dried Fish Sardine	1Kg	1478.74	17.32%	3.01%
Iced Sardine	1Kg	928.32	-0.69%	0.57%
Irish potato	1Kg	375	5.21%	13.97%
Sweet potato	1Kg	150.78	4.87%	-4.08%
Tilapia fish (epiya) fresh	1Kg	1139.6	6.50%	2.54%
Titus:frozen	1Kg	1039.04	3.56%	-0.97%
Catfish (obokun) fresh	1Kg	1247.05	-4.51%	2.82%
Catfish :dried	1Kg	1839.46	-3.91%	-2.69%
Catfish Smoked	1Kg	1677.14	6.61%	3.74%
Mackerel : frozen	1Kg	991.14	-0.17%	8.30%
Groundnut oil: 1 bottle, specify bottle	1Ltr	755.55	16.24%	-2.66%
Maize grain white sold loose	1Kg	245.75	7.46%	-3.21%
Maize grain yellow sold loose	1Kg	192.48	-15.95%	-12.00%
Palm oil: 1 bottle,specify bottle	1Ltr	452.5	-4.74%	5.44%
Plantain(ripe)	1Kg	217.11	0.76%	-11.05%
Plantain(unripe)	1Kg	205.72	2.68%	-6.92%
Vegetable oil:1 bottle,specify bottle	1Ltr	511.67	-6.57%	4.07%
Wheat flour: prepacked (golden penny 2kg)	2Kg	654	-4.13%	-1.41%
<b>AVERAGE</b>			<b>1.15%</b>	<b>0.46%</b>

# Selected Food Price Watch - October 2019

## Ebonyi State




  
 Tomato

	
UNIT OF MEASUREMENT	OCTOBER 2019
<b>1KG</b>	<b>N280.66</b>


  
 Beans brown, sold loose

	
UNIT OF MEASUREMENT	OCTOBER 2019
<b>1KG</b>	<b>N539.59</b>


  
 Rice Local sold Loose

	
UNIT OF MEASUREMENT	OCTOBER 2019
<b>1KG</b>	<b>N285.71</b>


  
 Bread sliced 500g

	
UNIT OF MEASUREMENT	OCTOBER 2019
<b>1 loaf</b>	<b>N322.73</b>


  
 Yam Tuber

	
UNIT OF MEASUREMENT	OCTOBER 2019
<b>1KG</b>	<b>N207.72</b>


  
 Palm oil: 1 bottle

	
UNIT OF MEASUREMENT	OCTOBER 2019
<b>1Ltr</b>	<b>N404.76</b>


  
 Beef, boneless

	
UNIT OF MEASUREMENT	OCTOBER 2019
<b>1KG</b>	<b>N1408.73</b>


  
 Onion bulb

	
UNIT OF MEASUREMENT	OCTOBER 2019
<b>1KG</b>	<b>N171.16</b>


  
 Garri white, sold Loose

	
UNIT OF MEASUREMENT	OCTOBER 2019
<b>1KG</b>	<b>N219.05</b>


  
 Wheat flour: prepacked (golden penny) 2kg

	
UNIT OF MEASUREMENT	OCTOBER 2019
<b>2KG</b>	<b>N650.36</b>

# Selected Food Price Watch - October 2019

## Ebonyi State



ItemLabels	Unit of Measurement	Oct-19	(OCT 2018-OCT 2019)	SEP 2018-OCT 2019
Agric eggs medium size	1 Dozen	450.71	-24.70%	1.66%
Agric eggs(medium size price of one)	1 Piece	42.79	-12.94%	0.67%
Beans brown,sold loose	1Kg	539.59	-6.54%	3.67%
Beans:white black eye. sold loose	1Kg	500.78	3.18%	6.04%
Beef Bone in	1Kg	1043.48	4.04%	-0.62%
Beef,boneless	1Kg	1408.73	-6.08%	-2.85%
Bread sliced 500g	1 loaf	322.73	7.58%	1.43%
Bread unsliced 500g	1 loaf	300	22.45%	-5.71%
Broken Rice (Ofada)	1Kg	383.04	5.69%	0.80%
Chicken Feet	1Kg	709.74	1.39%	0.50%
Chicken Wings	1Kg	876.39	-7.75%	0.50%
Evaporated tinned milk carnation 170g	1 unit	170	6.25%	6.25%
Evaporated tinned milk(peak), 170g	1 unit	195.71	2.62%	3.46%
Frozen chicken	1 unit	1905	35.59%	0.26%
Gari white,sold loose	1Kg	219.05	5.94%	28.85%
Gari yellow,sold loose	1Kg	247.62	-11.67%	8.71%
Mudfish (aro) fresh	1Kg	889.81	-1.97%	0.05%
Mudfish : dried	1Kg	2032.04	-9.78%	0.05%
Onion bulb	1Kg	171.16	-7.75%	10.31%
Rice agric sold loose	1Kg	285.28	-5.19%	1.88%
Rice local sold loose	1Kg	285.71	6.09%	9.89%
Rice Medium Grained	1Kg	313.54	-3.47%	0.80%
Rice,imported high quality sold loose	1Kg	420.75	5.09%	1.14%
Tomato	1Kg	280.66	-12.38%	14.60%
Yam tuber	1Kg	207.72	-18.74%	3.66%
Dried Fish Sardine	1Kg	1450.91	6.44%	3.44%
Iced Sardine	1Kg	875	-5.68%	-2.84%
Irish potato	1Kg	310	3.33%	8.65%
Sweet potato	1Kg	174.44	21.17%	-4.27%
Tilapia fish (epiya) fresh	1Kg	970.58	-11.84%	0.06%
Titus:frozen	1Kg	907.22	-4.63%	1.78%
Catfish (obokun) fresh	1Kg	1190.71	6.56%	0.06%
Catfish :dried	1Kg	2401.56	9.64%	0.06%
Catfish Smoked	1Kg	1701.02	2.72%	0.06%
Mackerel : frozen	1Kg	965.84	-11.60%	1.55%
Groundnut oil: 1 bottle, specify bottle	1Ltr	700.33	-6.30%	7.74%
Maize grain white sold loose	1Kg	231.75	-2.29%	5.69%
Maize grain yellow sold loose	1Kg	228.57	-10.51%	1.17%
Palm oil: 1 bottle,specify bottle	1Ltr	404.76	-16.73%	3.49%
Plantain(ripe)	1Kg	180.06	-9.97%	12.88%
Plantain(unripe)	1Kg	162	-13.50%	6.56%
Vegetable oil:1 bottle,specify bottle	1Ltr	456.19	-13.95%	9.82%
Wheat flour: prepacked (golden penny 2kg)	2Kg	650.36	-2.93%	2.30%
<b>AVERAGE</b>			<b>-1.93%</b>	<b>3.59%</b>

# Selected Food Price Watch - October 2019

## Edo State




Tomato

	
UNIT OF MEASUREMENT	OCTOBER 2019
<b>1KG</b>	<b>N387.68</b>



Beans brown, sold loose

	
UNIT OF MEASUREMENT	OCTOBER 2019
<b>1KG</b>	<b>N309.80</b>



Rice Local sold Loose

	
UNIT OF MEASUREMENT	OCTOBER 2019
<b>1KG</b>	<b>N337.79</b>



Bread sliced 500g

	
UNIT OF MEASUREMENT	OCTOBER 2019
<b>1 loaf</b>	<b>N303.85</b>



Yam Tuber

	
UNIT OF MEASUREMENT	OCTOBER 2019
<b>1KG</b>	<b>N300.27</b>



Palm oil: 1 bottle

	
UNIT OF MEASUREMENT	OCTOBER 2019
<b>1Ltr</b>	<b>N461.54</b>



Beef, boneless

	
UNIT OF MEASUREMENT	OCTOBER 2019
<b>1KG</b>	<b>N1323.68</b>



Onion bulb

	
UNIT OF MEASUREMENT	OCTOBER 2019
<b>1KG</b>	<b>N256.58</b>



Garri white, sold Loose

	
UNIT OF MEASUREMENT	OCTOBER 2019
<b>1KG</b>	<b>N165.38</b>



Wheat flour: prepacked (golden penny) 2kg

	
UNIT OF MEASUREMENT	OCTOBER 2019
<b>2KG</b>	<b>N716.92</b>

# Selected Food Price Watch - October 2019

## Edo State



ItemLabels	Unit of Measurement	Oct-19	(OCT 2018-OCT 2019)	SEP 2018-OCT 2019
Agric eggs medium size	1 Dozen	500.85	1.36%	3.20%
Agric eggs(medium size price of one)	1 Piece	49.62	14.45%	5.07%
Beans brown,sold loose	1Kg	309.8	-21.77%	-8.81%
Beans:white black eye. sold loose	1Kg	294.38	-16.42%	-4.01%
Beef Bone in	1Kg	930.34	-4.71%	-0.68%
Beef,boneless	1Kg	1323.68	-5.02%	-3.67%
Bread sliced 500g	1 loaf	303.85	-3.45%	-3.73%
Bread unsliced 500g	1 loaf	287.85	13.80%	-3.85%
Broken Rice (Ofada)	1Kg	420	3.70%	3.96%
Chicken Feet	1Kg	850	-12.65%	0.85%
Chicken Wings	1Kg	1354.17	5.84%	2.33%
Evaporated tinned milk carnation 170g	1 unit	146.67	-3.51%	3.06%
Evaporated tinned milk(peak), 170g	1 unit	188.46	-3.35%	-0.81%
Frozen chicken	1 unit	1738.46	23.59%	1.93%
Gari white,sold loose	1Kg	165.38	-26.01%	5.33%
Gari yellow,sold loose	1Kg	175.59	-27.62%	5.81%
Mudfish (aro) fresh	1Kg	1180.91	5.75%	-3.34%
Mudfish : dried	1Kg	1629.21	-1.46%	1.76%
Onion bulb	1Kg	256.58	8.69%	-7.87%
Rice agric sold loose	1Kg	395.75	7.30%	1.27%
Rice local sold loose	1Kg	337.79	-12.11%	3.43%
Rice Medium Grained	1Kg	398.54	6.25%	1.22%
Rice,imported high quality sold loose	1Kg	431.54	7.78%	1.08%
Tomato	1Kg	387.68	-6.49%	2.84%
Yam tuber	1Kg	300.27	16.78%	1.42%
Dried Fish Sardine	1Kg	1276.45	-2.58%	5.06%
Iced Sardine	1Kg	925.36	1.56%	5.33%
Irish potato	1Kg	389.98	-8.88%	3.69%
Sweet potato	1Kg	196.69	32.87%	3.83%
Tilapia fish (epiya) fresh	1Kg	1120.64	2.97%	1.60%
Titus:frozen	1Kg	1001.52	21.69%	1.61%
Catfish (obokun) fresh	1Kg	1005.63	-9.69%	4.58%
Catfish :dried	1Kg	2264.03	18.14%	2.24%
Catfish Smoked	1Kg	1518.37	0.65%	-0.40%
Mackerel : frozen	1Kg	1101.05	14.01%	-4.65%
Groundnut oil: 1 bottle, specify bottle	1Ltr	702.22	17.69%	5.33%
Maize grain white sold loose	1Kg	198.06	-19.89%	-14.20%
Maize grain yellow sold loose	1Kg	202.17	-16.57%	-16.30%
Palm oil: 1 bottle,specify bottle	1Ltr	461.54	-11.91%	2.14%
Plantain(ripe)	1Kg	203.48	2.06%	15.44%
Plantain(unripe)	1Kg	190.32	16.06%	11.62%
Vegetable oil:1 bottle,specify bottle	1Ltr	558.98	-0.60%	10.16%
Wheat flour: prepacked (golden penny 2kg)	2Kg	716.92	2.37%	1.96%
<b>AVERAGE</b>			<b>0.71%</b>	<b>1.09%</b>

# Selected Food Price Watch - October 2019

## Ekiti State




Tomato

	
UNIT OF MEASUREMENT	OCTOBER 2019
<b>1KG</b>	<b>N179.96</b>



Beans brown, sold loose

	
UNIT OF MEASUREMENT	OCTOBER 2019
<b>1KG</b>	<b>N349.29</b>



Rice Local sold Loose

	
UNIT OF MEASUREMENT	OCTOBER 2019
<b>1KG</b>	<b>N358.56</b>



Bread sliced 500g

	
UNIT OF MEASUREMENT	OCTOBER 2019
<b>1 loaf</b>	<b>N250.00</b>



Yam Tuber

	
UNIT OF MEASUREMENT	OCTOBER 2019
<b>1KG</b>	<b>N108.45</b>



Palm oil: 1 bottle

	
UNIT OF MEASUREMENT	OCTOBER 2019
<b>1Ltr</b>	<b>N433.33</b>



Beef, boneless

	
UNIT OF MEASUREMENT	OCTOBER 2019
<b>1KG</b>	<b>N1390.00</b>



Onion bulb

	
UNIT OF MEASUREMENT	OCTOBER 2019
<b>1KG</b>	<b>N165.10</b>



Garri white, sold Loose

	
UNIT OF MEASUREMENT	OCTOBER 2019
<b>1KG</b>	<b>N157.54</b>



Wheat flour: prepacked (golden penny) 2kg

	
UNIT OF MEASUREMENT	OCTOBER 2019
<b>2KG</b>	<b>N639.47</b>

# Selected Food Price Watch - October 2019

## Ekiti State



ItemLabels	Unit of Measurement	Oct-19	(OCT 2018-OCT 2019)	SEP 2018-OCT 2019
Agric eggs medium size	1 Dozen	446.36	-2.52%	-0.67%
Agric eggs(medium size price of one)	1 Piece	39.32	-1.70%	-1.91%
Beans brown,sold loose	1Kg	349.29	-27.99%	2.09%
Beans:white black eye. sold loose	1Kg	304.09	-6.55%	0.47%
Beef Bone in	1Kg	1072.68	3.80%	-2.43%
Beef,boneless	1Kg	1390	0.18%	-1.54%
Bread sliced 500g	1 loaf	250	0.00%	-0.35%
Bread unsliced 500g	1 loaf	246	-1.60%	-1.89%
Broken Rice (Ofada)	1Kg	403.93	-13.01%	0.67%
Chicken Feet	1Kg	650	-29.37%	-5.69%
Chicken Wings	1Kg	1070	-17.69%	-2.74%
Evaporated tinned milk carnation 170g	1 unit	166.3	-34.78%	0.61%
Evaporated tinned milk(peak), 170g	1 unit	195.24	-0.87%	-2.07%
Frozen chicken	1 unit	1750	20.69%	-2.91%
Gari white,sold loose	1Kg	157.54	21.80%	16.28%
Gari yellow,sold loose	1Kg	173.51	-32.22%	12.73%
Mudfish (aro) fresh	1Kg	871.69	-2.39%	-0.43%
Mudfish : dried	1Kg	1797.47	-29.57%	-3.79%
Onion bulb	1Kg	165.1	-36.06%	22.57%
Rice agric sold loose	1Kg	316.67	29.17%	5.00%
Rice local sold loose	1Kg	358.56	17.77%	2.18%
Rice Medium Grained	1Kg	315.26	-2.10%	1.36%
Rice,imported high quality sold loose	1Kg	329.67	-5.62%	3.76%
Tomato	1Kg	179.96	-37.26%	-2.29%
Yam tuber	1Kg	108.45	-61.41%	-17.85%
Dried Fish Sardine	1Kg	1555.78	-8.48%	-1.78%
Iced Sardine	1Kg	825.1	0.26%	1.03%
Irish potato	1Kg	185.71	-24.42%	-7.15%
Sweet potato	1Kg	97.95	-8.29%	-5.26%
Tilapia fish (epiya) fresh	1Kg	734.48	-23.91%	-6.95%
Titus:frozen	1Kg	990.37	-0.20%	1.24%
Catfish (obokun) fresh	1Kg	815.2	0.39%	1.79%
Catfish :dried	1Kg	1785.49	-10.73%	-2.17%
Catfish Smoked	1Kg	1760.15	-6.14%	0.58%
Mackerel : frozen	1Kg	809.72	19.61%	3.79%
Groundnut oil: 1 bottle, specify bottle	1Ltr	503.33	-18.82%	-4.03%
Maize grain white sold loose	1Kg	112.92	-44.30%	-4.81%
Maize grain yellow sold loose	1Kg	114	-44.58%	-4.67%
Palm oil: 1 bottle,specify bottle	1Ltr	433.33	-4.88%	4.60%
Plantain(ripe)	1Kg	183.89	-11.05%	-1.80%
Plantain(unripe)	1Kg	172.34	-6.52%	-1.63%
Vegetable oil:1 bottle,specify bottle	1Ltr	500.6	-11.38%	6.01%
Wheat flour: prepacked (golden penny 2kg)	2Kg	639.47	-2.69%	1.16%
<b>AVERAGE</b>			<b>-10.59%</b>	<b>0.03%</b>

# Selected Food Price Watch - October 2019

## Enugu State




Tomato

	
UNIT OF MEASUREMENT	OCTOBER 2019
<b>1KG</b>	<b>N352.10</b>



Beans brown, sold loose

	
UNIT OF MEASUREMENT	OCTOBER 2019
<b>1KG</b>	<b>N454.69</b>



Rice Local sold Loose

	
UNIT OF MEASUREMENT	OCTOBER 2019
<b>1KG</b>	<b>N281.59</b>



Bread sliced 500g

	
UNIT OF MEASUREMENT	OCTOBER 2019
<b>1 loaf</b>	<b>N240.00</b>



Yam Tuber

	
UNIT OF MEASUREMENT	OCTOBER 2019
<b>1KG</b>	<b>N206.46</b>



Palm oil: 1 bottle

	
UNIT OF MEASUREMENT	OCTOBER 2019
<b>1Ltr</b>	<b>N435.00</b>



Beef, boneless

	
UNIT OF MEASUREMENT	OCTOBER 2019
<b>1KG</b>	<b>N1406.76</b>



Onion bulb

	
UNIT OF MEASUREMENT	OCTOBER 2019
<b>1KG</b>	<b>N235.34</b>



Garri white, sold Loose

	
UNIT OF MEASUREMENT	OCTOBER 2019
<b>1KG</b>	<b>N160.76</b>



Wheat flour: prepacked (golden penny) 2kg

	
UNIT OF MEASUREMENT	OCTOBER 2019
<b>2KG</b>	<b>N715.00</b>

# Selected Food Price Watch - October 2019

## Enugu State



ItemLabels	Unit of Measurement	Oct-19	(OCT 2018-OCT 2019)	SEP 2018-OCT 2019
Agric eggs medium size	1 Dozen	505.16	-1.58%	1.72%
Agric eggs(medium size price of one)	1 Piece	44.51	-5.67%	1.12%
Beans brown,sold loose	1Kg	454.69	-7.93%	3.43%
Beans:white black eye. sold loose	1Kg	436.23	-2.05%	6.77%
Beef Bone in	1Kg	1106.46	21.59%	1.77%
Beef,boneless	1Kg	1406.76	-2.98%	0.65%
Bread sliced 500g	1 loaf	240	-26.58%	-15.15%
Bread unsliced 500g	1 loaf	220.77	-15.94%	-9.99%
Broken Rice (Ofada)	1Kg	414.72	-1.58%	0.90%
Chicken Feet	1Kg	650.85	0.13%	4.98%
Chicken Wings	1Kg	1170	6.36%	3.49%
Evaporated tinned milk carnation 170g	1 unit	171.12	0.60%	0.06%
Evaporated tinned milk(peak), 170g	1 unit	195.63	1.01%	-1.28%
Frozen chicken	1 unit	1998.5	12.59%	0.34%
Gari white,sold loose	1Kg	160.76	-0.09%	12.89%
Gari yellow,sold loose	1Kg	185.38	0.02%	4.08%
Mudfish (aro) fresh	1Kg	1567.06	16.28%	2.81%
Mudfish : dried	1Kg	2114.28	-1.69%	-1.66%
Onion bulb	1Kg	235.34	17.67%	-13.99%
Rice agric sold loose	1Kg	340	1.83%	0.37%
Rice local sold loose	1Kg	281.59	2.29%	-7.61%
Rice Medium Grained	1Kg	304.05	2.24%	0.90%
Rice,imported high quality sold loose	1Kg	420.69	4.77%	2.94%
Tomato	1Kg	352.1	15.37%	18.06%
Yam tuber	1Kg	206.46	6.20%	3.15%
Dried Fish Sardine	1Kg	1521.11	-3.28%	2.60%
Iced Sardine	1Kg	997.65	11.13%	1.37%
Irish potato	1Kg	351.03	1.58%	-5.76%
Sweet potato	1Kg	127.47	1.98%	-8.18%
Tilapia fish (epiya) fresh	1Kg	804.11	-6.61%	0.50%
Titus:frozen	1Kg	1050.76	5.08%	-6.89%
Catfish (obokun) fresh	1Kg	1200	-11.76%	2.56%
Catfish :dried	1Kg	2208.98	-1.13%	-1.06%
Catfish Smoked	1Kg	1651.16	-3.41%	0.07%
Mackerel : frozen	1Kg	989.49	8.34%	-0.47%
Groundnut oil: 1 bottle, specify bottle	1Ltr	702.67	-3.38%	9.30%
Maize grain white sold loose	1Kg	213.89	1.77%	-2.82%
Maize grain yellow sold loose	1Kg	216.83	-1.01%	-2.94%
Palm oil: 1 bottle,specify bottle	1Ltr	435	-4.21%	3.43%
Plantain(ripe)	1Kg	194.02	-3.31%	-5.48%
Plantain(unripe)	1Kg	201.78	22.29%	-27.75%
Vegetable oil:1 bottle,specify bottle	1Ltr	508.09	-6.87%	5.46%
Wheat flour: prepacked (golden penny 2kg)	2Kg	715	1.96%	1.00%
<b>AVERAGE</b>			<b>1.21%</b>	<b>-0.33%</b>

# Selected Food Price Watch - October 2019

## Gombe State




Tomato

	
UNIT OF MEASUREMENT	OCTOBER 2019
<b>1KG</b>	<b>N155.56</b>



Beans brown, sold loose

	
UNIT OF MEASUREMENT	OCTOBER 2019
<b>1KG</b>	<b>N248.15</b>



Rice Local sold Loose

	
UNIT OF MEASUREMENT	OCTOBER 2019
<b>1KG</b>	<b>N226.88</b>



Bread sliced 500g

	
UNIT OF MEASUREMENT	OCTOBER 2019
<b>1 loaf</b>	<b>N280.32</b>



Yam Tuber

	
UNIT OF MEASUREMENT	OCTOBER 2019
<b>1KG</b>	<b>N165.00</b>



Palm oil: 1 bottle

	
UNIT OF MEASUREMENT	OCTOBER 2019
<b>1Ltr</b>	<b>N413.34</b>



Beef, boneless

	
UNIT OF MEASUREMENT	OCTOBER 2019
<b>1KG</b>	<b>N1200.00</b>



Onion bulb

	
UNIT OF MEASUREMENT	OCTOBER 2019
<b>1KG</b>	<b>N166.67</b>



Garri white, sold Loose

	
UNIT OF MEASUREMENT	OCTOBER 2019
<b>1KG</b>	<b>N155.38</b>



Wheat flour: prepacked (golden penny) 2kg

	
UNIT OF MEASUREMENT	OCTOBER 2019
<b>2KG</b>	<b>N596.54</b>

# Selected Food Price Watch - October 2019

## Gombe State



ItemLabels	Unit of Measurement	Oct-19	(OCT 2018-OCT 2019)	SEP 2018-OCT 2019
Agric eggs medium size	1 Dozen	480	12.79%	11.41%
Agric eggs(medium size price of one)	1 Piece	40	15.94%	5.49%
Beans brown,sold loose	1Kg	248.15	-30.85%	-1.73%
Beans:white black eye. sold loose	1Kg	270.92	-5.40%	0.08%
Beef Bone in	1Kg	970.83	7.87%	0.78%
Beef,boneless	1Kg	1200	0.56%	-0.83%
Bread sliced 500g	1 loaf	280.32	4.30%	1.93%
Bread unsliced 500g	1 loaf	235	-2.98%	9.11%
Broken Rice (Ofada)	1Kg	201.36	-33.71%	0.50%
Chicken Feet	1Kg	406.3	1.05%	0.50%
Chicken Wings	1Kg	658.52	-9.99%	0.50%
Evaporated tinned milk carnation 170g	1 unit	168.84	6.36%	0.50%
Evaporated tinned milk(peak), 170g	1 unit	190	-1.30%	3.47%
Frozen chicken	1 unit	2001.8	31.23%	0.07%
Gari white,sold loose	1Kg	155.38	-22.98%	0.07%
Gari yellow,sold loose	1Kg	259.56	2.59%	0.07%
Mudfish (aro) fresh	1Kg	871.69	0.54%	0.07%
Mudfish : dried	1Kg	1541.08	-5.93%	0.07%
Onion bulb	1Kg	166.67	5.91%	-10.27%
Rice agric sold loose	1Kg	281.25	7.14%	9.92%
Rice local sold loose	1Kg	226.88	-7.74%	6.06%
Rice Medium Grained	1Kg	255	6.71%	2.26%
Rice,imported high quality sold loose	1Kg	345	6.56%	10.80%
Tomato	1Kg	155.56	-31.03%	-11.30%
Yam tuber	1Kg	165	-9.09%	-2.77%
Dried Fish Sardine	1Kg	1325.75	-8.58%	0.05%
Iced Sardine	1Kg	853.76	-5.14%	0.05%
Irish potato	1Kg	266.83	31.50%	0.05%
Sweet potato	1Kg	90	-51.58%	-30.17%
Tilapia fish (epiya) fresh	1Kg	701.08	-9.73%	0.07%
Titus:frozen	1Kg	950.67	8.65%	0.07%
Catfish (obokun) fresh	1Kg	839.72	-11.61%	0.07%
Catfish :dried	1Kg	1486.39	-8.73%	0.07%
Catfish Smoked	1Kg	1451.63	-7.34%	0.07%
Mackerel : frozen	1Kg	850.6	-1.85%	0.07%
Groundnut oil: 1 bottle, specify bottle	1Ltr	480	-15.74%	-9.52%
Maize grain white sold loose	1Kg	80.77	-31.36%	-0.01%
Maize grain yellow sold loose	1Kg	80.77	-34.45%	-18.80%
Palm oil: 1 bottle,specify bottle	1Ltr	413.34	-15.87%	-4.19%
Plantain(ripe)	1Kg	207.96	-15.69%	0.09%
Plantain(unripe)	1Kg	150.14	-27.52%	0.09%
Vegetable oil:1 bottle,specify bottle	1Ltr	477.47	-8.96%	0.09%
Wheat flour: prepacked (golden penny 2kg)	2Kg	596.54	-9.62%	0.09%
<b>AVERAGE</b>			<b>-6.40%</b>	<b>-0.58%</b>

# Selected Food Price Watch - October 2019

## Imo State




Tomato

	
UNIT OF MEASUREMENT	OCTOBER 2019
<b>1KG</b>	<b>N285.61</b>



Beans brown, sold loose

	
UNIT OF MEASUREMENT	OCTOBER 2019
<b>1KG</b>	<b>N400.74</b>



Rice Local sold Loose

	
UNIT OF MEASUREMENT	OCTOBER 2019
<b>1KG</b>	<b>N363.26</b>



Bread sliced 500g

	
UNIT OF MEASUREMENT	OCTOBER 2019
<b>1 loaf</b>	<b>N298.15</b>



Yam Tuber

	
UNIT OF MEASUREMENT	OCTOBER 2019
<b>1KG</b>	<b>N166.56</b>



Palm oil: 1 bottle

	
UNIT OF MEASUREMENT	OCTOBER 2019
<b>1Ltr</b>	<b>N430.63</b>



Beef, boneless

	
UNIT OF MEASUREMENT	OCTOBER 2019
<b>1KG</b>	<b>N1333.93</b>



Onion bulb

	
UNIT OF MEASUREMENT	OCTOBER 2019
<b>1KG</b>	<b>N157.03</b>



Garri white, sold Loose

	
UNIT OF MEASUREMENT	OCTOBER 2019
<b>1KG</b>	<b>N155.84</b>



Wheat flour: prepacked (golden penny) 2kg

	
UNIT OF MEASUREMENT	OCTOBER 2019
<b>2KG</b>	<b>N665.38</b>

# Selected Food Price Watch - October 2019

## Imo State



ItemLabels	Unit of Measurement	Oct-19	(OCT 2018-OCT 2019)	SEP 2018-OCT 2019
Agric eggs medium size	1 Dozen	487.84	-0.29%	6.91%
Agric eggs(medium size price of one)	1 Piece	42.58	-9.92%	0.28%
Beans brown,sold loose	1Kg	400.74	-10.95%	2.32%
Beans:white black eye. sold loose	1Kg	386.84	-6.79%	-0.25%
Beef Bone in	1Kg	1045.09	0.45%	4.46%
Beef,boneless	1Kg	1333.93	-6.28%	1.81%
Bread sliced 500g	1 loaf	298.15	-1.49%	9.02%
Bread unsliced 500g	1 loaf	255.17	4.30%	-4.94%
Broken Rice (Ofada)	1Kg	349.13	16.15%	1.19%
Chicken Feet	1Kg	620	-2.75%	3.33%
Chicken Wings	1Kg	830.26	-10.24%	3.78%
Evaporated tinned milk carnation 170g	1 unit	190	-0.06%	0.00%
Evaporated tinned milk(peak), 170g	1 unit	191.94	0.91%	-1.63%
Frozen chicken	1 unit	1710.71	11.21%	0.24%
Gari white,sold loose	1Kg	155.84	-6.06%	4.24%
Gari yellow,sold loose	1Kg	173.55	-7.23%	-2.21%
Mudfish (aro) fresh	1Kg	1200.85	-11.63%	0.07%
Mudfish : dried	1Kg	2106.67	-7.96%	0.48%
Onion bulb	1Kg	157.03	-31.46%	14.56%
Rice agric sold loose	1Kg	400	5.88%	12.50%
Rice local sold loose	1Kg	363.26	6.69%	2.36%
Rice Medium Grained	1Kg	450	12.16%	8.41%
Rice,imported high quality sold loose	1Kg	458.34	3.36%	10.01%
Tomato	1Kg	285.61	-11.13%	11.02%
Yam tuber	1Kg	166.56	-4.28%	0.03%
Dried Fish Sardine	1Kg	1423.31	-8.83%	3.62%
Iced Sardine	1Kg	950.6	-0.90%	4.08%
Irish potato	1Kg	341.85	-22.31%	-8.37%
Sweet potato	1Kg	126.08	3.40%	-19.41%
Tilapia fish (epiya) fresh	1Kg	1072.55	7.16%	2.15%
Titus:frozen	1Kg	930.37	1.56%	6.06%
Catfish (obokun) fresh	1Kg	1218.7	-5.65%	1.69%
Catfish :dried	1Kg	2358.38	-90.48%	1.45%
Catfish Smoked	1Kg	1458.09	4.15%	0.08%
Mackerel : frozen	1Kg	866.61	-6.07%	2.82%
Groundnut oil: 1 bottle, specify bottle	1Ltr	533.33	-15.79%	-7.94%
Maize grain white sold loose	1Kg	243.41	0.06%	-0.86%
Maize grain yellow sold loose	1Kg	243.24	-0.69%	-0.93%
Palm oil: 1 bottle,specify bottle	1Ltr	430.63	-4.00%	3.35%
Plantain(ripe)	1Kg	198.13	-12.99%	-9.51%
Plantain(unripe)	1Kg	175.59	-10.26%	-21.08%
Vegetable oil:1 bottle,specify bottle	1Ltr	485.57	-2.58%	4.86%
Wheat flour: prepacked (golden penny 2kg)	2Kg	665.38	-4.74%	0.65%
<b>AVERAGE</b>			<b>-5.50%</b>	<b>1.18%</b>

# Selected Food Price Watch - October 2019

## Jigawa State




Tomato

	
UNIT OF MEASUREMENT	OCTOBER 2019
<b>1KG</b>	<b>N200.99</b>



Beans brown, sold loose

	
UNIT OF MEASUREMENT	OCTOBER 2019
<b>1KG</b>	<b>N313.86</b>



Rice Local sold Loose

	
UNIT OF MEASUREMENT	OCTOBER 2019
<b>1KG</b>	<b>N286.35</b>



Bread sliced 500g

	
UNIT OF MEASUREMENT	OCTOBER 2019
<b>1 loaf</b>	<b>N245.38</b>



Yam Tuber

	
UNIT OF MEASUREMENT	OCTOBER 2019
<b>1KG</b>	<b>N179.37</b>



Palm oil: 1 bottle

	
UNIT OF MEASUREMENT	OCTOBER 2019
<b>1Ltr</b>	<b>N450.67</b>



Beef, boneless

	
UNIT OF MEASUREMENT	OCTOBER 2019
<b>1KG</b>	<b>N1229.32</b>



Onion bulb

	
UNIT OF MEASUREMENT	OCTOBER 2019
<b>1KG</b>	<b>N139.62</b>



Garri white, sold Loose

	
UNIT OF MEASUREMENT	OCTOBER 2019
<b>1KG</b>	<b>N166.82</b>



Wheat flour: prepacked (golden penny) 2kg

	
UNIT OF MEASUREMENT	OCTOBER 2019
<b>2KG</b>	<b>N700.33</b>

# Selected Food Price Watch - October 2019

## Jigawa State



ItemLabels	Unit of Measurement	Oct-19	(OCT 2018-OCT 2019)	SEP 2018-OCT 2019
Agric eggs medium size	1 Dozen	448.75	-10.25%	0.44%
Agric eggs(medium size price of one)	1 Piece	37.19	-8.38%	-6.19%
Beans brown,sold loose	1Kg	313.86	-17.79%	3.62%
Beans:white black eye. sold loose	1Kg	289.22	-11.96%	15.88%
Beef Bone in	1Kg	927.52	-10.03%	-3.54%
Beef,boneless	1Kg	1229.32	7.15%	5.31%
Bread sliced 500g	1 loaf	245.38	-5.62%	-4.24%
Bread unsliced 500g	1 loaf	277.06	20.11%	21.59%
Broken Rice (Ofada)	1Kg	327.28	26.30%	-7.00%
Chicken Feet	1Kg	500	-23.08%	-9.09%
Chicken Wings	1Kg	670	-14.73%	11.67%
Evaporated tinned milk carnation 170g	1 unit	144.44	-2.62%	-11.11%
Evaporated tinned milk(peak), 170g	1 unit	161.33	2.72%	-6.02%
Frozen chicken	1 unit	2450	114.91%	22.48%
Gari white,sold loose	1Kg	166.82	-34.82%	-0.94%
Gari yellow,sold loose	1Kg	153.41	-40.25%	15.23%
Mudfish (aro) fresh	1Kg	866.67	-23.20%	-3.72%
Mudfish : dried	1Kg	1300	8.31%	-4.82%
Onion bulb	1Kg	139.62	-13.92%	28.30%
Rice agric sold loose	1Kg	255.14	-4.93%	-0.47%
Rice local sold loose	1Kg	286.35	12.23%	13.98%
Rice Medium Grained	1Kg	360	49.14%	18.71%
Rice,imported high quality sold loose	1Kg	324.91	-6.87%	0.80%
Tomato	1Kg	200.99	-14.32%	3.95%
Yam tuber	1Kg	179.37	-28.83%	-8.41%
Dried Fish Sardine	1Kg	1533.33	9.27%	-2.95%
Iced Sardine	1Kg	900	5.93%	1.74%
Irish potato	1Kg	200.73	-11.71%	10.17%
Sweet potato	1Kg	104.97	-30.45%	3.10%
Tilapia fish (epiya) fresh	1Kg	770	-14.53%	-0.17%
Titus:frozen	1Kg	900.56	28.65%	-0.21%
Catfish (obokun) fresh	1Kg	922.22	-13.59%	-0.26%
Catfish :dried	1Kg	1430.28	-7.90%	-3.25%
Catfish Smoked	1Kg	1485.02	-1.00%	-1.00%
Mackerel : frozen	1Kg	930	2.30%	3.24%
Groundnut oil: 1 bottle, specify bottle	1Ltr	457.92	-11.79%	-1.77%
Maize grain white sold loose	1Kg	107.05	-14.86%	19.10%
Maize grain yellow sold loose	1Kg	96.83	-23.63%	13.91%
Palm oil: 1 bottle,specify bottle	1Ltr	450.67	-5.18%	3.36%
Plantain(ripe)	1Kg	200	-42.86%	7.96%
Plantain(unripe)	1Kg	207.69	-10.48%	10.52%
Vegetable oil:1 bottle,specify bottle	1Ltr	471.43	-4.07%	9.25%
Wheat flour: prepacked (golden penny 2kg)	2Kg	700.33	-0.14%	0.02%
<b>AVERAGE</b>			<b>-4.11%</b>	<b>3.93%</b>

# Selected Food Price Watch - October 2019

## Kaduna State




Tomato

	
UNIT OF MEASUREMENT	OCTOBER 2019
<b>1KG</b>	<b>N216.56</b>



Beans brown, sold loose

	
UNIT OF MEASUREMENT	OCTOBER 2019
<b>1KG</b>	<b>N253.77</b>



Rice Local sold Loose

	
UNIT OF MEASUREMENT	OCTOBER 2019
<b>1KG</b>	<b>N262.35</b>



Bread sliced 500g

	
UNIT OF MEASUREMENT	OCTOBER 2019
<b>1 loaf</b>	<b>N275.00</b>



Yam Tuber

	
UNIT OF MEASUREMENT	OCTOBER 2019
<b>1KG</b>	<b>N178.43</b>



Palm oil: 1 bottle

	
UNIT OF MEASUREMENT	OCTOBER 2019
<b>1Ltr</b>	<b>N485.10</b>



Beef, boneless

	
UNIT OF MEASUREMENT	OCTOBER 2019
<b>1KG</b>	<b>N1277.41</b>



Onion bulb

	
UNIT OF MEASUREMENT	OCTOBER 2019
<b>1KG</b>	<b>N197.58</b>



Garri white, sold Loose

	
UNIT OF MEASUREMENT	OCTOBER 2019
<b>1KG</b>	<b>N150.03</b>



Wheat flour: prepacked (golden penny) 2kg

	
UNIT OF MEASUREMENT	OCTOBER 2019
<b>2KG</b>	<b>N690.00</b>

# Selected Food Price Watch - October 2019

## Kaduna State



ItemLabels	Unit of Measurement	Oct-19	(OCT 2018-OCT 2019)	SEP 2018-OCT 2019
Agric eggs medium size	1 Dozen	470	-2.20%	7.28%
Agric eggs(medium size price of one)	1 Piece	39.18	7.42%	0.78%
Beans brown,sold loose	1Kg	253.77	-34.77%	5.35%
Beans:white black eye. sold loose	1Kg	218.45	-34.43%	6.69%
Beef Bone in	1Kg	1157.14	1.40%	3.83%
Beef,boneless	1Kg	1277.41	0.16%	1.90%
Bread sliced 500g	1 loaf	275	-2.42%	7.84%
Bread unsliced 500g	1 loaf	240.77	2.73%	-11.99%
Broken Rice (Ofada)	1Kg	306.69	20.91%	13.14%
Chicken Feet	1Kg	598.2	-25.23%	-8.02%
Chicken Wings	1Kg	653.15	-27.43%	-6.07%
Evaporated tinned milk carnation 170g	1 unit	166.67	1.63%	0.41%
Evaporated tinned milk(peak), 170g	1 unit	187.06	3.56%	3.20%
Frozen chicken	1 unit	2100	40.00%	15.19%
Gari white,sold loose	1Kg	150.03	-33.68%	8.80%
Gari yellow,sold loose	1Kg	174.4	-32.34%	12.46%
Mudfish (aro) fresh	1Kg	881.25	-8.44%	8.66%
Mudfish : dried	1Kg	1377.56	16.44%	1.02%
Onion bulb	1Kg	197.58	-25.41%	31.38%
Rice agric sold loose	1Kg	310.02	9.18%	1.26%
Rice local sold loose	1Kg	262.35	0.96%	16.67%
Rice Medium Grained	1Kg	308.55	9.24%	3.63%
Rice,imported high quality sold loose	1Kg	362.88	12.48%	7.64%
Tomato	1Kg	216.56	-40.07%	17.17%
Yam tuber	1Kg	178.43	-40.32%	12.49%
Dried Fish Sardine	1Kg	1400.25	7.69%	-1.98%
Iced Sardine	1Kg	916.67	-2.22%	-7.17%
Irish potato	1Kg	201.04	-36.96%	-9.86%
Sweet potato	1Kg	103.25	-17.42%	19.99%
Tilapia fish (epiya) fresh	1Kg	700.05	0.01%	-0.30%
Titus:frozen	1Kg	910	-3.52%	0.55%
Catfish (obokun) fresh	1Kg	811.03	-31.21%	1.38%
Catfish :dried	1Kg	1390.22	4.64%	0.84%
Catfish Smoked	1Kg	1320.45	-15.52%	-2.62%
Mackerel : frozen	1Kg	890	1.95%	3.83%
Groundnut oil: 1 bottle, specify bottle	1Ltr	523.33	-19.02%	-6.55%
Maize grain white sold loose	1Kg	88.14	-30.65%	-2.34%
Maize grain yellow sold loose	1Kg	89.24	-14.89%	3.29%
Palm oil: 1 bottle,specify bottle	1Ltr	485.1	-8.41%	0.13%
Plantain(ripe)	1Kg	192.72	-40.59%	-16.87%
Plantain(unripe)	1Kg	190.58	-23.77%	2.62%
Vegetable oil:1 bottle,specify bottle	1Ltr	488.22	-12.68%	-1.48%
Wheat flour: prepacked (golden penny 2kg)	2Kg	690	2.22%	7.39%
<b>AVERAGE</b>			<b>-9.79%</b>	<b>3.53%</b>

# Selected Food Price Watch - October 2019

## Kano State




Tomato

	
UNIT OF MEASUREMENT	OCTOBER 2019
<b>1KG</b>	<b>N205.04</b>



Beans brown, sold loose

	
UNIT OF MEASUREMENT	OCTOBER 2019
<b>1KG</b>	<b>N238.93</b>



Rice Local sold Loose

	
UNIT OF MEASUREMENT	OCTOBER 2019
<b>1KG</b>	<b>N300.83</b>



Bread sliced 500g

	
UNIT OF MEASUREMENT	OCTOBER 2019
<b>1 loaf</b>	<b>N243.75</b>



Yam Tuber

	
UNIT OF MEASUREMENT	OCTOBER 2019
<b>1KG</b>	<b>N154.40</b>



Palm oil: 1 bottle

	
UNIT OF MEASUREMENT	OCTOBER 2019
<b>1Ltr</b>	<b>N452.31</b>



Beef, boneless

	
UNIT OF MEASUREMENT	OCTOBER 2019
<b>1KG</b>	<b>N1320.47</b>



Onion bulb

	
UNIT OF MEASUREMENT	OCTOBER 2019
<b>1KG</b>	<b>N154.73</b>



Garri white, sold Loose

	
UNIT OF MEASUREMENT	OCTOBER 2019
<b>1KG</b>	<b>N130.49</b>



Wheat flour: prepacked (golden penny) 2kg

	
UNIT OF MEASUREMENT	OCTOBER 2019
<b>2KG</b>	<b>N685.84</b>

# Selected Food Price Watch - October 2019

## Kano State



ItemLabels	Unit of Measurement	Oct-19	(OCT 2018-OCT 2019)	SEP 2018-OCT 2019
Agric eggs medium size	1 Dozen	433.08	-13.38%	-0.28%
Agric eggs(medium size price of one)	1 Piece	38.62	-6.17%	2.20%
Beans brown,sold loose	1Kg	238.93	-29.14%	1.48%
Beans:white black eye. sold loose	1Kg	182.7	-40.86%	-0.58%
Beef Bone in	1Kg	961.83	-9.81%	0.15%
Beef,boneless	1Kg	1320.47	28.52%	4.29%
Bread sliced 500g	1 loaf	243.75	13.75%	-7.77%
Bread unsliced 500g	1 loaf	240.91	-16.14%	3.34%
Broken Rice (Ofada)	1Kg	379.53	-0.92%	0.77%
Chicken Feet	1Kg	640	-20.02%	-7.15%
Chicken Wings	1Kg	798	-11.60%	-8.83%
Evaporated tinned milk carnation 170g	1 unit	152.36	-7.84%	5.81%
Evaporated tinned milk(peak), 170g	1 unit	183.08	6.35%	6.79%
Frozen chicken	1 unit	1504.26	30.81%	-1.36%
Gari white,sold loose	1Kg	130.49	-52.82%	-2.71%
Gari yellow,sold loose	1Kg	137.53	-52.39%	-3.52%
Mudfish (aro) fresh	1Kg	916.67	-3.59%	1.15%
Mudfish : dried	1Kg	1545.41	-9.84%	-1.99%
Onion bulb	1Kg	154.73	-44.13%	-10.57%
Rice agric sold loose	1Kg	301.04	1.49%	5.37%
Rice local sold loose	1Kg	300.83	28.92%	1.35%
Rice Medium Grained	1Kg	297.46	15.54%	4.79%
Rice,imported high quality sold loose	1Kg	365.85	16.30%	11.80%
Tomato	1Kg	205.04	4.06%	9.90%
Yam tuber	1Kg	154.4	-40.45%	-25.65%
Dried Fish Sardine	1Kg	1395	22.49%	-0.38%
Iced Sardine	1Kg	864.48	0.39%	0.72%
Irish potato	1Kg	204.02	-38.05%	-10.14%
Sweet potato	1Kg	100.52	-8.83%	18.17%
Tilapia fish (epiya) fresh	1Kg	664.86	-23.38%	7.04%
Titus:frozen	1Kg	812.5	12.95%	-3.78%
Catfish (obokun) fresh	1Kg	800.89	-11.05%	0.11%
Catfish :dried	1Kg	1318.45	-16.07%	-2.85%
Catfish Smoked	1Kg	1359.48	-2.96%	-3.05%
Mackerel : frozen	1Kg	1004.49	18.35%	2.40%
Groundnut oil: 1 bottle, specify bottle	1Ltr	558.89	-7.48%	-1.14%
Maize grain white sold loose	1Kg	84.89	-29.74%	1.47%
Maize grain yellow sold loose	1Kg	83.44	-46.48%	-5.84%
Palm oil: 1 bottle,specify bottle	1Ltr	452.31	-6.69%	2.80%
Plantain(ripe)	1Kg	200	-15.34%	-16.00%
Plantain(unripe)	1Kg	200.3	-24.84%	1.15%
Vegetable oil:1 bottle,specify bottle	1Ltr	454.29	-10.53%	-1.34%
Wheat flour: prepacked (golden penny 2kg)	2Kg	685.84	5.51%	0.12%
<b>AVERAGE</b>			<b>-9.19%</b>	<b>-0.51%</b>

# Selected Food Price Watch - October 2019

## Katsina State




Tomato

	
UNIT OF MEASUREMENT	OCTOBER 2019
<b>1KG</b>	<b>N157.01</b>



Beans brown, sold loose

	
UNIT OF MEASUREMENT	OCTOBER 2019
<b>1KG</b>	<b>N246.08</b>



Rice Local sold Loose

	
UNIT OF MEASUREMENT	OCTOBER 2019
<b>1KG</b>	<b>N284.44</b>



Bread sliced 500g

	
UNIT OF MEASUREMENT	OCTOBER 2019
<b>1 loaf</b>	<b>N237.00</b>



Yam Tuber

	
UNIT OF MEASUREMENT	OCTOBER 2019
<b>1KG</b>	<b>N133.96</b>



Palm oil: 1 bottle

	
UNIT OF MEASUREMENT	OCTOBER 2019
<b>1Ltr</b>	<b>N440.00</b>



Beef, boneless

	
UNIT OF MEASUREMENT	OCTOBER 2019
<b>1KG</b>	<b>N1236.36</b>



Onion bulb

	
UNIT OF MEASUREMENT	OCTOBER 2019
<b>1KG</b>	<b>N258.22</b>



Garri white, sold Loose

	
UNIT OF MEASUREMENT	OCTOBER 2019
<b>1KG</b>	<b>N168.39</b>



Wheat flour: prepacked (golden penny) 2kg

	
UNIT OF MEASUREMENT	OCTOBER 2019
<b>2KG</b>	<b>N640.00</b>

# Selected Food Price Watch - October 2019

## Katsina State



ItemLabels	Unit of Measurement	Oct-19	(OCT 2018-OCT 2019)	SEP 2018-OCT 2019
Agric eggs medium size	1 Dozen	447	-6.99%	3.80%
Agric eggs(medium size price of one)	1 Piece	39.03	4.08%	0.40%
Beans brown,sold loose	1Kg	246.08	-27.08%	2.65%
Beans:white black eye. sold loose	1Kg	271.06	4.11%	3.15%
Beef Bone in	1Kg	1040.1	22.59%	3.38%
Beef,boneless	1Kg	1236.36	1.34%	4.07%
Bread sliced 500g	1 loaf	237	11.41%	-14.61%
Bread unsliced 500g	1 loaf	216.15	10.63%	-1.19%
Broken Rice (Ofada)	1Kg	322.3	-6.09%	-13.28%
Chicken Feet	1Kg	405	-28.78%	4.52%
Chicken Wings	1Kg	700.01	-30.00%	-1.11%
Evaporated tinned milk carnation 170g	1 unit	152.03	-9.91%	9.71%
Evaporated tinned milk(peak), 170g	1 unit	162.69	-4.81%	4.37%
Frozen chicken	1 unit	2300	67.27%	24.32%
Gari white,sold loose	1Kg	168.39	-14.23%	6.79%
Gari yellow,sold loose	1Kg	162.55	-28.79%	-2.67%
Mudfish (aro) fresh	1Kg	902.18	-17.91%	3.81%
Mudfish : dried	1Kg	1314.64	8.57%	2.55%
Onion bulb	1Kg	258.22	-1.95%	13.81%
Rice agric sold loose	1Kg	260.49	13.46%	6.63%
Rice local sold loose	1Kg	284.44	22.38%	3.30%
Rice Medium Grained	1Kg	267.19	-24.37%	13.04%
Rice,imported high quality sold loose	1Kg	368.27	-0.27%	0.62%
Tomato	1Kg	157.01	-18.96%	8.24%
Yam tuber	1Kg	133.96	-53.40%	-26.02%
Dried Fish Sardine	1Kg	1000	1.35%	4.71%
Iced Sardine	1Kg	902.33	0.05%	7.06%
Irish potato	1Kg	197.66	-26.76%	-4.51%
Sweet potato	1Kg	144.95	1.72%	24.85%
Tilapia fish (epiya) fresh	1Kg	645.83	-36.48%	-4.08%
Titus:frozen	1Kg	857.92	-3.36%	2.57%
Catfish (obokun) fresh	1Kg	816.67	-20.81%	1.24%
Catfish :dried	1Kg	1293.36	4.05%	3.13%
Catfish Smoked	1Kg	1466.67	-4.35%	-0.45%
Mackerel : frozen	1Kg	871.43	0.66%	1.62%
Groundnut oil: 1 bottle, specify bottle	1Ltr	493.81	-16.51%	-1.93%
Maize grain white sold loose	1Kg	99.99	-1.41%	3.62%
Maize grain yellow sold loose	1Kg	89.4	-22.10%	-3.77%
Palm oil: 1 bottle,specify bottle	1Ltr	440	-10.65%	5.51%
Plantain(ripe)	1Kg	137.5	-40.83%	10.24%
Plantain(unripe)	1Kg	142.86	-48.42%	-17.58%
Vegetable oil:1 bottle,specify bottle	1Ltr	463.81	-4.43%	10.20%
Wheat flour: prepacked (golden penny 2kg)	2Kg	640	1.05%	0.59%
<b>AVERAGE</b>			<b>-7.79%</b>	<b>2.40%</b>

# Selected Food Price Watch - October 2019

## Kebbi State




Tomato

	
UNIT OF MEASUREMENT	OCTOBER 2019
<b>1KG</b>	<b>N206.06</b>



Beans brown, sold loose

	
UNIT OF MEASUREMENT	OCTOBER 2019
<b>1KG</b>	<b>N310.35</b>



Rice Local sold Loose

	
UNIT OF MEASUREMENT	OCTOBER 2019
<b>1KG</b>	<b>N317.79</b>



Bread sliced 500g

	
UNIT OF MEASUREMENT	OCTOBER 2019
<b>1 loaf</b>	<b>N250.00</b>



Yam Tuber

	
UNIT OF MEASUREMENT	OCTOBER 2019
<b>1KG</b>	<b>N205.09</b>



Palm oil: 1 bottle

	
UNIT OF MEASUREMENT	OCTOBER 2019
<b>1Ltr</b>	<b>N468.89</b>



Beef, boneless

	
UNIT OF MEASUREMENT	OCTOBER 2019
<b>1KG</b>	<b>N1174.27</b>



Onion bulb

	
UNIT OF MEASUREMENT	OCTOBER 2019
<b>1KG</b>	<b>N204.54</b>



Garri white, sold Loose

	
UNIT OF MEASUREMENT	OCTOBER 2019
<b>1KG</b>	<b>N203.93</b>



Wheat flour: prepacked (golden penny) 2kg

	
UNIT OF MEASUREMENT	OCTOBER 2019
<b>2KG</b>	<b>N675.00</b>

# Selected Food Price Watch - October 2019

## Kebbi State



ItemLabels	Unit of Measurement	Oct-19	(OCT 2018-OCT 2019)	SEP 2018-OCT 2019
Agric eggs medium size	1 Dozen	430.38	-2.74%	-4.61%
Agric eggs(medium size price of one)	1 Piece	40	-9.22%	-3.80%
Beans brown,sold loose	1Kg	310.35	-27.46%	3.80%
Beans:white black eye. sold loose	1Kg	259.43	-23.41%	24.43%
Beef Bone in	1Kg	1062.5	-1.59%	5.97%
Beef,boneless	1Kg	1174.27	-7.70%	3.69%
Bread sliced 500g	1 loaf	250	-7.41%	-14.63%
Bread unsliced 500g	1 loaf	238	-2.06%	0.00%
Broken Rice (Ofada)	1Kg	377.16	54.99%	3.89%
Chicken Feet	1Kg	400.11	-19.98%	-11.29%
Chicken Wings	1Kg	523.64	-12.73%	4.73%
Evaporated tinned milk carnation 170g	1 unit	160	-1.54%	-7.25%
Evaporated tinned milk(peak), 170g	1 unit	175.83	-1.16%	5.39%
Frozen chicken	1 unit	2200	76.00%	33.33%
Gari white,sold loose	1Kg	203.93	-12.78%	15.22%
Gari yellow,sold loose	1Kg	209.2	-33.44%	-9.90%
Mudfish (aro) fresh	1Kg	894.29	-22.54%	0.79%
Mudfish : dried	1Kg	1431.43	-2.70%	-0.76%
Onion bulb	1Kg	204.54	-27.84%	12.65%
Rice agric sold loose	1Kg	283.33	29.12%	10.13%
Rice local sold loose	1Kg	317.79	43.06%	7.66%
Rice Medium Grained	1Kg	331.95	33.59%	-6.30%
Rice,imported high quality sold loose	1Kg	340.71	14.44%	-10.65%
Tomato	1Kg	206.06	-22.68%	1.49%
Yam tuber	1Kg	205.09	-27.55%	-19.23%
Dried Fish Sardine	1Kg	1350	22.73%	0.86%
Iced Sardine	1Kg	960.11	8.88%	0.78%
Irish potato	1Kg	195.55	-29.64%	-13.42%
Sweet potato	1Kg	150.93	-6.32%	-22.29%
Tilapia fish (epiya) fresh	1Kg	467.46	-28.22%	-14.70%
Titus:frozen	1Kg	861.26	7.66%	3.35%
Catfish (obokun) fresh	1Kg	900	-15.63%	-1.37%
Catfish :dried	1Kg	1387.5	-12.92%	-3.89%
Catfish Smoked	1Kg	1350	-2.06%	-3.64%
Mackerel : frozen	1Kg	895.13	-7.37%	5.90%
Groundnut oil: 1 bottle, specify bottle	1Ltr	429.74	-11.20%	0.52%
Maize grain white sold loose	1Kg	110.34	-0.82%	9.63%
Maize grain yellow sold loose	1Kg	110.31	-14.23%	11.51%
Palm oil: 1 bottle,specify bottle	1Ltr	468.89	4.19%	4.63%
Plantain(ripe)	1Kg	172.73	-54.94%	-17.24%
Plantain(unripe)	1Kg	180.2	-43.09%	-9.27%
Vegetable oil:1 bottle,specify bottle	1Ltr	475	7.14%	5.74%
Wheat flour: prepacked (golden penny 2kg)	2Kg	675	0.00%	12.50%
<b>AVERAGE</b>			<b>-4.45%</b>	<b>0.33%</b>

# Selected Food Price Watch - October 2019

## Kogi State



 Tomato

	
UNIT OF MEASUREMENT	OCTOBER 2019
<b>1KG</b>	<b>N201.27</b>

 Beans brown, sold loose

	
UNIT OF MEASUREMENT	OCTOBER 2019
<b>1KG</b>	<b>N330.05</b>

 Rice Local sold Loose

	
UNIT OF MEASUREMENT	OCTOBER 2019
<b>1KG</b>	<b>N315.70</b>

 Bread sliced 500g

	
UNIT OF MEASUREMENT	OCTOBER 2019
<b>1 loaf</b>	<b>N323.08</b>

 Yam Tuber

	
UNIT OF MEASUREMENT	OCTOBER 2019
<b>1KG</b>	<b>N135.14</b>

 Palm oil: 1 bottle

	
UNIT OF MEASUREMENT	OCTOBER 2019
<b>1Ltr</b>	<b>N602.22</b>

 Beef, boneless

	
UNIT OF MEASUREMENT	OCTOBER 2019
<b>1KG</b>	<b>N1259.45</b>

 Onion bulb

	
UNIT OF MEASUREMENT	OCTOBER 2019
<b>1KG</b>	<b>N226.56</b>

 Garri white, sold Loose

	
UNIT OF MEASUREMENT	OCTOBER 2019
<b>1KG</b>	<b>N186.41</b>

 Wheat flour: prepacked (golden penny) 2kg

	
UNIT OF MEASUREMENT	OCTOBER 2019
<b>2KG</b>	<b>N683.75</b>

# Selected Food Price Watch - October 2019

## Kogi State



ItemLabels	Unit of Measurement	Oct-19	(OCT 2018-OCT 2019)	SEP 2018-OCT 2019
Agric eggs medium size	1 Dozen	469.29	-6.68%	-4.47%
Agric eggs(medium size price of one)	1 Piece	46	-0.92%	-2.42%
Beans brown,sold loose	1Kg	330.05	-28.66%	-6.71%
Beans:white black eye. sold loose	1Kg	301.43	-19.14%	3.77%
Beef Bone in	1Kg	1100	-3.51%	-0.72%
Beef,boneless	1Kg	1259.45	4.05%	4.95%
Bread sliced 500g	1 loaf	323.08	-2.63%	-5.62%
Bread unsliced 500g	1 loaf	304.55	4.36%	2.94%
Broken Rice (Ofada)	1Kg	356.02	-4.30%	1.42%
Chicken Feet	1Kg	752.99	-24.73%	-3.96%
Chicken Wings	1Kg	845.37	-15.46%	-3.43%
Evaporated tinned milk carnation 170g	1 unit	159.01	-3.63%	4.59%
Evaporated tinned milk(peak), 170g	1 unit	183.08	-6.46%	-6.59%
Frozen chicken	1 unit	2525	16.09%	1.00%
Gari white,sold loose	1Kg	186.41	-37.40%	3.67%
Gari yellow,sold loose	1Kg	208.92	-41.39%	2.58%
Mudfish (aro) fresh	1Kg	837.5	-27.17%	4.69%
Mudfish : dried	1Kg	1451.88	-19.46%	-1.57%
Onion bulb	1Kg	226.56	-7.58%	-0.82%
Rice agric sold loose	1Kg	315	-39.82%	0.96%
Rice local sold loose	1Kg	315.7	4.38%	3.97%
Rice Medium Grained	1Kg	281.08	9.42%	1.00%
Rice,imported high quality sold loose	1Kg	401.42	-23.16%	-0.49%
Tomato	1Kg	201.27	-34.11%	-1.09%
Yam tuber	1Kg	135.14	-50.61%	-9.46%
Dried Fish Sardine	1Kg	1350	6.18%	3.85%
Iced Sardine	1Kg	900	-12.36%	2.66%
Irish potato	1Kg	218.75	2.57%	23.05%
Sweet potato	1Kg	127.7	-35.30%	1.52%
Tilapia fish (epiya) fresh	1Kg	740	-30.84%	-8.93%
Titus:frozen	1Kg	938.1	-3.29%	-3.84%
Catfish (obokun) fresh	1Kg	872.22	-17.37%	0.64%
Catfish :dried	1Kg	1448.72	3.48%	-1.82%
Catfish Smoked	1Kg	1364.44	13.70%	2.88%
Mackerel : frozen	1Kg	961.73	20.22%	6.86%
Groundnut oil: 1 bottle, specify bottle	1Ltr	470	-22.53%	3.17%
Maize grain white sold loose	1Kg	133.45	-33.17%	6.21%
Maize grain yellow sold loose	1Kg	126.03	-50.81%	10.13%
Palm oil: 1 bottle,specify bottle	1Ltr	602.22	16.96%	9.56%
Plantain(ripe)	1Kg	156.34	-47.44%	-25.90%
Plantain(unripe)	1Kg	174.01	-30.34%	-20.56%
Vegetable oil: 1 bottle,specify bottle	1Ltr	503.81	-25.35%	-0.94%
Wheat flour: prepacked (golden penny 2kg)	2Kg	683.75	30.24%	2.56%
<b>AVERAGE</b>			<b>-13.35%</b>	<b>-0.02%</b>

# Selected Food Price Watch - October 2019

## Kwara State




Tomato

	
UNIT OF MEASUREMENT	OCTOBER 2019
<b>1KG</b>	<b>N118.94</b>



Beans brown, sold loose

	
UNIT OF MEASUREMENT	OCTOBER 2019
<b>1KG</b>	<b>N247.58</b>



Rice Local sold Loose

	
UNIT OF MEASUREMENT	OCTOBER 2019
<b>1KG</b>	<b>N281.73</b>



Bread sliced 500g

	
UNIT OF MEASUREMENT	OCTOBER 2019
<b>1 loaf</b>	<b>N290.00</b>



Yam Tuber

	
UNIT OF MEASUREMENT	OCTOBER 2019
<b>1KG</b>	<b>N101.87</b>



Palm oil: 1 bottle

	
UNIT OF MEASUREMENT	OCTOBER 2019
<b>1Ltr</b>	<b>N395.56</b>



Beef, boneless

	
UNIT OF MEASUREMENT	OCTOBER 2019
<b>1KG</b>	<b>N1250.70</b>



Onion bulb

	
UNIT OF MEASUREMENT	OCTOBER 2019
<b>1KG</b>	<b>N203.13</b>



Garri white, sold Loose

	
UNIT OF MEASUREMENT	OCTOBER 2019
<b>1KG</b>	<b>N126.68</b>



Wheat flour: prepacked (golden penny) 2kg

	
UNIT OF MEASUREMENT	OCTOBER 2019
<b>2KG</b>	<b>N644.00</b>

# Selected Food Price Watch - October 2019

## Kwara State



ItemLabels	Unit of Measurement	Oct-19	(OCT 2018-OCT 2019)	SEP 2018-OCT 2019
Agric eggs medium size	1 Dozen	473	5.82%	4.82%
Agric eggs(medium size price of one)	1 Piece	38.89	-0.87%	-17.51%
Beans brown,sold loose	1Kg	247.58	-37.91%	-12.76%
Beans:white black eye. sold loose	1Kg	293.81	-9.89%	1.15%
Beef Bone in	1Kg	1003.1	-11.48%	0.51%
Beef,boneless	1Kg	1250.7	5.79%	4.23%
Bread sliced 500g	1 loaf	290	0.00%	-4.07%
Bread unsliced 500g	1 loaf	295.45	3.83%	-0.13%
Broken Rice (Ofada)	1Kg	433.89	-13.15%	0.66%
Chicken Feet	1Kg	800	-32.20%	-3.63%
Chicken Wings	1Kg	822.5	-22.89%	-3.35%
Evaporated tinned milk carnation 170g	1 unit	163.33	16.67%	2.51%
Evaporated tinned milk(peak), 170g	1 unit	195.38	-5.02%	5.05%
Frozen chicken	1 unit	1600	14.29%	2.96%
Gari white,sold loose	1Kg	126.68	-19.19%	5.73%
Gari yellow,sold loose	1Kg	144.24	-27.02%	-6.12%
Mudfish (aro) fresh	1Kg	850	-21.03%	-0.83%
Mudfish : dried	1Kg	1782.22	-11.53%	-1.11%
Onion bulb	1Kg	203.13	-0.75%	-11.08%
Rice agric sold loose	1Kg	311.25	-1.34%	-6.25%
Rice local sold loose	1Kg	281.73	-1.03%	2.95%
Rice Medium Grained	1Kg	280.42	-9.75%	0.04%
Rice,imported high quality sold loose	1Kg	315.91	-2.07%	-10.61%
Tomato	1Kg	118.94	-48.57%	-10.89%
Yam tuber	1Kg	101.87	-62.96%	-6.77%
Dried Fish Sardine	1Kg	1388.46	4.13%	-0.12%
Iced Sardine	1Kg	950	-17.39%	-1.72%
Irish potato	1Kg	251.67	20.80%	-9.40%
Sweet potato	1Kg	165.86	14.27%	31.86%
Tilapia fish (epiya) fresh	1Kg	850	-15.19%	-5.37%
Titus:frozen	1Kg	971.78	3.53%	-0.39%
Catfish (obokun) fresh	1Kg	830	-16.40%	-4.23%
Catfish :dried	1Kg	1334.52	0.37%	0.67%
Catfish Smoked	1Kg	1393.81	15.08%	-0.44%
Mackerel : frozen	1Kg	825	-8.33%	-3.64%
Groundnut oil: 1 bottle, specify bottle	1Ltr	541.66	-5.80%	-2.50%
Maize grain white sold loose	1Kg	102.92	-11.60%	7.61%
Maize grain yellow sold loose	1Kg	103.53	-50.66%	9.63%
Palm oil: 1 bottle,specify bottle	1Ltr	395.56	-19.09%	-9.42%
Plantain(ripe)	1Kg	201.75	-7.77%	17.99%
Plantain(unripe)	1Kg	210.92	-13.93%	11.58%
Vegetable oil:1 bottle,specify bottle	1Ltr	411.21	-20.07%	0.65%
Wheat flour: prepacked (golden penny 2kg)	2Kg	644	10.27%	1.15%
<b>AVERAGE</b>			<b>-9.54%</b>	<b>-0.48%</b>

# Selected Food Price Watch - October 2019

## Lagos State




Tomato



UNIT OF MEASUREMENT  
**1KG**



OCTOBER 2019  
**N208.91**



Beans brown, sold loose



UNIT OF MEASUREMENT  
**1KG**



OCTOBER 2019  
**N268.13**



Rice Local sold Loose



UNIT OF MEASUREMENT  
**1KG**



OCTOBER 2019  
**N375.00**



Bread sliced 500g



UNIT OF MEASUREMENT  
**1 loaf**



OCTOBER 2019  
**N292.96**



Yam Tuber



UNIT OF MEASUREMENT  
**1KG**



OCTOBER 2019  
**N206.79**



Palm oil: 1 bottle



UNIT OF MEASUREMENT  
**1Ltr**



OCTOBER 2019  
**N466.67**



Beef, boneless



UNIT OF MEASUREMENT  
**1KG**



OCTOBER 2019  
**N1276.55**



Onion bulb



UNIT OF MEASUREMENT  
**1KG**



OCTOBER 2019  
**N202.06**



Garri white, sold Loose



UNIT OF MEASUREMENT  
**1KG**



OCTOBER 2019  
**N132.09**



Wheat flour: prepacked (golden penny) 2kg



UNIT OF MEASUREMENT  
**2KG**



OCTOBER 2019  
**N615.00**

# Selected Food Price Watch - October 2019

## Lagos State



ItemLabels	Unit of Measurement	Oct-19	(OCT 2018-OCT 2019)	SEP 2018-OCT 2019
Agric eggs medium size	1 Dozen	465.71	-0.51%	0.10%
Agric eggs(medium size price of one)	1 Piece	38.5	-7.78%	-5.00%
Beans brown,sold loose	1Kg	268.13	-45.75%	-0.87%
Beans:white black eye. sold loose	1Kg	296.14	-26.13%	-6.06%
Beef Bone in	1Kg	1120.47	0.89%	-0.79%
Beef,boneless	1Kg	1276.55	0.78%	-2.32%
Bread sliced 500g	1 loaf	292.96	-0.93%	1.41%
Bread unsliced 500g	1 loaf	242.22	-0.39%	-1.13%
Broken Rice (Ofada)	1Kg	504.6	-3.37%	-7.07%
Chicken Feet	1Kg	720.21	-19.98%	-8.14%
Chicken Wings	1Kg	964.29	-15.97%	-4.14%
Evaporated tinned milk carnation 170g	1 unit	150	3.45%	-1.64%
Evaporated tinned milk(peak), 170g	1 unit	192.94	-4.01%	-3.96%
Frozen chicken	1 unit	1671.43	29.07%	2.54%
Gari white,sold loose	1Kg	132.09	-12.78%	-4.97%
Gari yellow,sold loose	1Kg	160.12	-46.35%	-4.89%
Mudfish (aro) fresh	1Kg	956.67	-14.79%	-2.94%
Mudfish : dried	1Kg	1725.24	-19.00%	-3.77%
Onion bulb	1Kg	202.06	-43.04%	-20.72%
Rice agric sold loose	1Kg	317.13	5.14%	-7.18%
Rice local sold loose	1Kg	375	25.00%	5.57%
Rice Medium Grained	1Kg	325.01	4.16%	4.50%
Rice,imported high quality sold loose	1Kg	374.39	0.91%	15.22%
Tomato	1Kg	208.91	-48.69%	-26.06%
Yam tuber	1Kg	206.79	-47.75%	-6.83%
Dried Fish Sardine	1Kg	1293.06	-12.47%	-4.00%
Iced Sardine	1Kg	903.6	-1.82%	2.82%
Irish potato	1Kg	349.18	-9.37%	-11.33%
Sweet potato	1Kg	139.27	-37.22%	-15.06%
Tilapia fish (epiya) fresh	1Kg	777.78	-32.73%	-4.07%
Titus:frozen	1Kg	968.42	3.57%	-1.52%
Catfish (obokun) fresh	1Kg	1282.46	-10.91%	-0.36%
Catfish :dried	1Kg	1586.26	2.56%	-1.73%
Catfish Smoked	1Kg	1554.76	3.65%	-1.46%
Mackerel : frozen	1Kg	925	11.74%	2.61%
Groundnut oil: 1 bottle, specify bottle	1Ltr	513.33	-6.67%	-3.75%
Maize grain white sold loose	1Kg	208.91	5.19%	0.96%
Maize grain yellow sold loose	1Kg	204.05	-3.73%	-0.04%
Palm oil: 1 bottle,specify bottle	1Ltr	466.67	-6.30%	-2.78%
Plantain(ripe)	1Kg	249.01	39.57%	21.28%
Plantain(unripe)	1Kg	234.39	40.98%	24.28%
Vegetable oil:1 bottle,specify bottle	1Ltr	530.16	3.99%	-1.82%
Wheat flour: prepacked (golden penny 2kg)	2Kg	615	-0.24%	3.32%
<b>AVERAGE</b>			<b>-6.93%</b>	<b>-1.90%</b>

# Selected Food Price Watch - October 2019

## Nasarawa State




Tomato

	
UNIT OF MEASUREMENT	OCTOBER 2019
<b>1KG</b>	<b>N135.49</b>



Beans brown, sold loose

	
UNIT OF MEASUREMENT	OCTOBER 2019
<b>1KG</b>	<b>N305.77</b>



Rice Local sold Loose

	
UNIT OF MEASUREMENT	OCTOBER 2019
<b>1KG</b>	<b>N247.83</b>



Bread sliced 500g

	
UNIT OF MEASUREMENT	OCTOBER 2019
<b>1 loaf</b>	<b>N260.00</b>



Yam Tuber

	
UNIT OF MEASUREMENT	OCTOBER 2019
<b>1KG</b>	<b>N156.89</b>



Palm oil: 1 bottle

	
UNIT OF MEASUREMENT	OCTOBER 2019
<b>1Ltr</b>	<b>N552.38</b>



Beef, boneless

	
UNIT OF MEASUREMENT	OCTOBER 2019
<b>1KG</b>	<b>N1260.00</b>



Onion bulb

	
UNIT OF MEASUREMENT	OCTOBER 2019
<b>1KG</b>	<b>N209.65</b>



Garri white, sold Loose

	
UNIT OF MEASUREMENT	OCTOBER 2019
<b>1KG</b>	<b>N146.33</b>



Wheat flour: prepacked (golden penny) 2kg

	
UNIT OF MEASUREMENT	OCTOBER 2019
<b>2KG</b>	<b>N720.90</b>

# Selected Food Price Watch - October 2019

## Nasarawa State



ItemLabels	Unit of Measurement	Oct-19	(OCT 2018-OCT 2019)	SEP 2018-OCT 2019
Agric eggs medium size	1 Dozen	479.29	-4.14%	1.64%
Agric eggs(medium size price of one)	1 Piece	40	0.00%	-1.89%
Beans brown,sold loose	1Kg	305.77	-22.63%	-0.23%
Beans:white black eye. sold loose	1Kg	283.48	-8.25%	19.15%
Beef Bone in	1Kg	1036.75	-2.28%	-3.24%
Beef,boneless	1Kg	1260	-1.91%	2.31%
Bread sliced 500g	1 loaf	260	-20.00%	-2.50%
Bread unsliced 500g	1 loaf	270.15	-4.14%	-1.07%
Broken Rice (Ofada)	1Kg	301.61	36.67%	-1.72%
Chicken Feet	1Kg	596.67	-41.79%	-10.03%
Chicken Wings	1Kg	765	-36.25%	-0.22%
Evaporated tinned milk carnation 170g	1 unit	159.26	6.17%	6.17%
Evaporated tinned milk(peak), 170g	1 unit	196	12.00%	0.51%
Frozen chicken	1 unit	1980	-1.00%	-1.18%
Gari white,sold loose	1Kg	146.33	-8.55%	9.38%
Gari yellow,sold loose	1Kg	142.49	-43.26%	9.22%
Mudfish (aro) fresh	1Kg	975	7.34%	6.55%
Mudfish : dried	1Kg	1443.97	-1.39%	-2.10%
Onion bulb	1Kg	209.65	3.28%	0.15%
Rice agric sold loose	1Kg	308	32.00%	0.10%
Rice local sold loose	1Kg	247.83	9.09%	-1.88%
Rice Medium Grained	1Kg	365.43	21.81%	0.89%
Rice,imported high quality sold loose	1Kg	366.67	-5.47%	-2.05%
Tomato	1Kg	135.49	-66.99%	-23.07%
Yam tuber	1Kg	156.89	-51.48%	-4.82%
Dried Fish Sardine	1Kg	1406.23	17.18%	0.44%
Iced Sardine	1Kg	971.67	1.72%	5.05%
Irish potato	1Kg	205.7	-22.88%	7.03%
Sweet potato	1Kg	134.11	-46.49%	13.87%
Tilapia fish (epiya) fresh	1Kg	800.12	-22.43%	-3.02%
Titus:frozen	1Kg	946.43	-1.45%	-0.34%
Catfish (obokun) fresh	1Kg	800	-31.43%	-5.88%
Catfish :dried	1Kg	1452.77	-27.65%	-1.22%
Catfish Smoked	1Kg	1295.03	15.08%	3.25%
Mackerel : frozen	1Kg	912.49	0.66%	6.31%
Groundnut oil: 1 bottle, specify bottle	1Ltr	590.48	7.14%	2.03%
Maize grain white sold loose	1Kg	99.37	-37.43%	-13.92%
Maize grain yellow sold loose	1Kg	83.7	-53.24%	-29.69%
Palm oil: 1 bottle,specify bottle	1Ltr	552.38	7.14%	2.58%
Plantain(ripe)	1Kg	255.1	-7.80%	-6.36%
Plantain(unripe)	1Kg	218.35	-20.12%	9.99%
Vegetable oil:1 bottle,specify bottle	1Ltr	577.78	0.00%	-0.69%
Wheat flour: prepacked (golden penny 2kg)	2Kg	720.9	8.08%	0.12%
<b>AVERAGE</b>			<b>-9.42%</b>	<b>-0.24%</b>

# Selected Food Price Watch - October 2019

## Niger State




Tomato

	
UNIT OF MEASUREMENT	OCTOBER 2019
<b>1KG</b>	<b>N159.82</b>



Beans brown, sold loose

	
UNIT OF MEASUREMENT	OCTOBER 2019
<b>1KG</b>	<b>N298.30</b>



Rice Local sold Loose

	
UNIT OF MEASUREMENT	OCTOBER 2019
<b>1KG</b>	<b>N251.02</b>



Bread sliced 500g

	
UNIT OF MEASUREMENT	OCTOBER 2019
<b>1 loaf</b>	<b>N225.00</b>



Yam Tuber

	
UNIT OF MEASUREMENT	OCTOBER 2019
<b>1KG</b>	<b>N140.46</b>



Palm oil: 1 bottle

	
UNIT OF MEASUREMENT	OCTOBER 2019
<b>1Ltr</b>	<b>N476.08</b>



Beef, boneless

	
UNIT OF MEASUREMENT	OCTOBER 2019
<b>1KG</b>	<b>N1088.20</b>



Onion bulb

	
UNIT OF MEASUREMENT	OCTOBER 2019
<b>1KG</b>	<b>N157.44</b>



Garri white, sold Loose

	
UNIT OF MEASUREMENT	OCTOBER 2019
<b>1KG</b>	<b>N157.87</b>



Wheat flour: prepacked (golden penny) 2kg

	
UNIT OF MEASUREMENT	OCTOBER 2019
<b>2KG</b>	<b>N595.00</b>

# Selected Food Price Watch - October 2019

## Niger State



ItemLabels	Unit of Measurement	Oct-19	(OCT 2018-OCT 2019)	SEP 2018-OCT 2019
Agric eggs medium size	1 Dozen	448.33	-12.43%	-1.47%
Agric eggs(medium size price of one)	1 Piece	37.81	-8.73%	-1.79%
Beans brown,sold loose	1Kg	298.3	-11.09%	8.11%
Beans:white black eye. sold loose	1Kg	217.25	-33.42%	23.86%
Beef Bone in	1Kg	1043.34	-5.15%	-5.21%
Beef,boneless	1Kg	1088.2	-1.07%	3.26%
Bread sliced 500g	1 loaf	225	-21.05%	-18.28%
Bread unsliced 500g	1 loaf	291.67	10.06%	2.34%
Broken Rice (Ofada)	1Kg	363.23	-4.64%	-1.07%
Chicken Feet	1Kg	821.11	-27.70%	-6.69%
Chicken Wings	1Kg	925.67	-24.21%	-4.24%
Evaporated tinned milk carnation 170g	1 unit	152.5	1.67%	-1.99%
Evaporated tinned milk(peak), 170g	1 unit	169.38	-7.37%	-5.17%
Frozen chicken	1 unit	1850	42.31%	-0.80%
Gari white,sold loose	1Kg	157.87	1.12%	10.14%
Gari yellow,sold loose	1Kg	155.86	-37.92%	5.08%
Mudfish (aro) fresh	1Kg	966.67	13.47%	-0.68%
Mudfish : dried	1Kg	1516.67	-30.21%	-0.76%
Onion bulb	1Kg	157.44	-35.89%	-1.43%
Rice agric sold loose	1Kg	351.84	9.63%	-9.22%
Rice local sold loose	1Kg	251.02	2.33%	-14.15%
Rice Medium Grained	1Kg	309.78	-12.02%	-0.47%
Rice,imported high quality sold loose	1Kg	307.21	-7.64%	-2.57%
Tomato	1Kg	159.82	-49.24%	-3.08%
Yam tuber	1Kg	140.46	-44.28%	-13.46%
Dried Fish Sardine	1Kg	1376.92	22.39%	1.56%
Iced Sardine	1Kg	969.7	-17.40%	-1.77%
Irish potato	1Kg	240.88	-9.85%	20.25%
Sweet potato	1Kg	113.47	-48.12%	-21.36%
Tilapia fish (epiya) fresh	1Kg	775	-22.64%	5.17%
Titus:frozen	1Kg	866.67	-9.59%	1.96%
Catfish (obokun) fresh	1Kg	859.65	-24.02%	-2.90%
Catfish :dried	1Kg	1284.4	0.22%	2.75%
Catfish Smoked	1Kg	1290.91	2.69%	-2.65%
Mackerel : frozen	1Kg	1000	0.45%	-0.32%
Groundnut oil: 1 bottle, specify bottle	1Ltr	468.67	2.20%	7.60%
Maize grain white sold loose	1Kg	90.13	-39.58%	-20.64%
Maize grain yellow sold loose	1Kg	90.89	-38.63%	-19.63%
Palm oil: 1 bottle,specify bottle	1Ltr	476.08	6.39%	5.02%
Plantain(ripe)	1Kg	219.05	-21.67%	-9.80%
Plantain(unripe)	1Kg	207.69	-34.38%	-7.69%
Vegetable oil:1 bottle,specify bottle	1Ltr	480.95	15.07%	12.14%
Wheat flour: prepacked (golden penny 2kg)	2Kg	595	6.97%	-4.55%
<b>AVERAGE</b>			<b>-11.70%</b>	<b>-1.73%</b>

# Selected Food Price Watch - October 2019

## Ogun State




Tomato

	
UNIT OF MEASUREMENT	OCTOBER 2019
<b>1KG</b>	<b>N239.56</b>



Beans brown, sold loose

	
UNIT OF MEASUREMENT	OCTOBER 2019
<b>1KG</b>	<b>N228.17</b>



Rice Local sold Loose

	
UNIT OF MEASUREMENT	OCTOBER 2019
<b>1KG</b>	<b>N328.23</b>



Bread sliced 500g

	
UNIT OF MEASUREMENT	OCTOBER 2019
<b>1 loaf</b>	<b>N305.50</b>



Yam Tuber

	
UNIT OF MEASUREMENT	OCTOBER 2019
<b>1KG</b>	<b>N204.79</b>



Palm oil: 1 bottle

	
UNIT OF MEASUREMENT	OCTOBER 2019
<b>1Ltr</b>	<b>N480.00</b>



Beef, boneless

	
UNIT OF MEASUREMENT	OCTOBER 2019
<b>1KG</b>	<b>N1135.69</b>



Onion bulb

	
UNIT OF MEASUREMENT	OCTOBER 2019
<b>1KG</b>	<b>N228.88</b>



Garri white, sold Loose

	
UNIT OF MEASUREMENT	OCTOBER 2019
<b>1KG</b>	<b>N157.08</b>



Wheat flour: prepacked (golden penny) 2kg

	
UNIT OF MEASUREMENT	OCTOBER 2019
<b>2KG</b>	<b>N605.00</b>

# Selected Food Price Watch - October 2019

## Ogun State



ItemLabels	Unit of Measurement	Oct-19	(OCT 2018-OCT 2019)	SEP 2018-OCT 2019
Agric eggs medium size	1 Dozen	466.84	11.91%	9.56%
Agric eggs(medium size price of one)	1 Piece	38.95	-2.08%	5.71%
Beans brown,sold loose	1Kg	228.17	-50.20%	-19.26%
Beans:white black eye. sold loose	1Kg	230.23	-41.83%	-4.71%
Beef Bone in	1Kg	857.5	-1.17%	0.56%
Beef,boneless	1Kg	1135.69	-2.97%	1.29%
Bread sliced 500g	1 loaf	305.5	2.69%	-1.80%
Bread unsliced 500g	1 loaf	268.18	4.68%	-2.48%
Broken Rice (Ofada)	1Kg	478.42	0.97%	0.49%
Chicken Feet	1Kg	770	-6.10%	-1.91%
Chicken Wings	1Kg	1155.71	2.16%	1.60%
Evaporated tinned milk carnation 170g	1 unit	166.67	-1.96%	-4.76%
Evaporated tinned milk(peak), 170g	1 unit	200.5	0.94%	-3.61%
Frozen chicken	1 unit	1555.56	19.66%	-0.28%
Gari white,sold loose	1Kg	157.08	-5.12%	12.26%
Gari yellow,sold loose	1Kg	203.34	6.51%	-0.88%
Mudfish (aro) fresh	1Kg	952.65	-15.79%	-5.71%
Mudfish : dried	1Kg	2372.49	-11.42%	-0.49%
Onion bulb	1Kg	228.88	-35.95%	-10.47%
Rice agric sold loose	1Kg	370.37	15.26%	4.98%
Rice local sold loose	1Kg	328.23	8.02%	2.77%
Rice Medium Grained	1Kg	368.25	18.44%	4.57%
Rice,imported high quality sold loose	1Kg	393.53	10.59%	8.78%
Tomato	1Kg	239.56	-31.95%	-5.10%
Yam tuber	1Kg	204.79	-48.53%	-11.21%
Dried Fish Sardine	1Kg	1468.41	10.34%	3.17%
Iced Sardine	1Kg	701.5	28.89%	1.02%
Irish potato	1Kg	223.76	-37.10%	-10.94%
Sweet potato	1Kg	109.47	-21.32%	-2.80%
Tilapia fish (epiya) fresh	1Kg	854.85	8.45%	-1.12%
Titus:frozen	1Kg	943.64	21.05%	5.10%
Catfish (obokun) fresh	1Kg	803.92	-29.79%	-2.31%
Catfish :dried	1Kg	1670.91	-21.94%	-3.03%
Catfish Smoked	1Kg	1488.89	-5.41%	-1.40%
Mackerel : frozen	1Kg	827.01	-0.14%	-0.34%
Groundnut oil: 1 bottle, specify bottle	1Ltr	506.67	9.24%	-1.94%
Maize grain white sold loose	1Kg	118.98	-28.90%	-1.14%
Maize grain yellow sold loose	1Kg	120.45	-28.69%	-3.85%
Palm oil: 1 bottle,specify bottle	1Ltr	480	-5.88%	6.81%
Plantain(ripe)	1Kg	166.71	-20.91%	-14.56%
Plantain(unripe)	1Kg	219.87	38.45%	9.42%
Vegetable oil:1 bottle,specify bottle	1Ltr	562.96	0.42%	8.46%
Wheat flour: prepacked (golden penny 2kg)	2Kg	605	2.98%	4.65%
<b>AVERAGE</b>			<b>-5.43%</b>	<b>-0.58%</b>

# Selected Food Price Watch - October 2019

## Ondo State




Tomato

	
UNIT OF MEASUREMENT	OCTOBER 2019
<b>1KG</b>	<b>N268.60</b>



Beans brown, sold loose

	
UNIT OF MEASUREMENT	OCTOBER 2019
<b>1KG</b>	<b>N328.41</b>



Rice Local sold Loose

	
UNIT OF MEASUREMENT	OCTOBER 2019
<b>1KG</b>	<b>N311.02</b>



Bread sliced 500g

	
UNIT OF MEASUREMENT	OCTOBER 2019
<b>1 loaf</b>	<b>N260.53</b>



Yam Tuber

	
UNIT OF MEASUREMENT	OCTOBER 2019
<b>1KG</b>	<b>N156.03</b>



Palm oil: 1 bottle

	
UNIT OF MEASUREMENT	OCTOBER 2019
<b>1Ltr</b>	<b>N435.56</b>



Beef, boneless

	
UNIT OF MEASUREMENT	OCTOBER 2019
<b>1KG</b>	<b>N1323.00</b>



Onion bulb

	
UNIT OF MEASUREMENT	OCTOBER 2019
<b>1KG</b>	<b>N251.27</b>



Garri white, sold Loose

	
UNIT OF MEASUREMENT	OCTOBER 2019
<b>1KG</b>	<b>N129.80</b>



Wheat flour: prepacked (golden penny) 2kg

	
UNIT OF MEASUREMENT	OCTOBER 2019
<b>2KG</b>	<b>N656.25</b>

# Selected Food Price Watch - October 2019

## Ondo State



ItemLabels	Unit of Measurement	Oct-19	(OCT 2018-OCT 2019)	SEP 2018-OCT 2019
Agric eggs medium size	1 Dozen	475.83	0.86%	0.88%
Agric eggs(medium size price of one)	1 Piece	39.38	-3.96%	-5.30%
Beans brown,sold loose	1Kg	328.41	-32.98%	1.75%
Beans:white black eye. sold loose	1Kg	224.3	-33.56%	-4.85%
Beef Bone in	1Kg	1058.53	46.41%	-2.72%
Beef,boneless	1Kg	1323	-4.69%	1.58%
Bread sliced 500g	1 loaf	260.53	0.66%	3.13%
Bread unsliced 500g	1 loaf	250	1.27%	0.00%
Broken Rice (Ofada)	1Kg	360.87	-0.31%	1.73%
Chicken Feet	1Kg	919.45	-29.27%	-4.06%
Chicken Wings	1Kg	1050	-8.75%	-4.93%
Evaporated tinned milk carnation 170g	1 unit	153.33	-5.15%	-6.12%
Evaporated tinned milk(peak), 170g	1 unit	199.38	5.23%	3.42%
Frozen chicken	1 unit	1795.22	34.98%	-2.08%
Gari white,sold loose	1Kg	129.8	2.39%	-10.78%
Gari yellow,sold loose	1Kg	125.85	-30.21%	-4.12%
Mudfish (aro) fresh	1Kg	785.67	-10.51%	-8.16%
Mudfish : dried	1Kg	1598.16	5.38%	-4.37%
Onion bulb	1Kg	251.27	0.12%	25.94%
Rice agric sold loose	1Kg	382.71	14.14%	18.47%
Rice local sold loose	1Kg	311.02	0.44%	0.62%
Rice Medium Grained	1Kg	346.49	2.35%	-5.28%
Rice,imported high quality sold loose	1Kg	357.79	-1.12%	-8.54%
Tomato	1Kg	268.6	-13.44%	3.32%
Yam tuber	1Kg	156.03	-26.16%	-4.73%
Dried Fish Sardine	1Kg	1179.41	5.68%	4.72%
Iced Sardine	1Kg	812.19	0.71%	-5.00%
Irish potato	1Kg	198	-35.23%	-11.34%
Sweet potato	1Kg	130.21	3.99%	23.35%
Tilapia fish (epiya) fresh	1Kg	831.11	-20.13%	-2.05%
Titus:frozen	1Kg	852.7	-8.22%	-0.20%
Catfish (obokun) fresh	1Kg	935.67	8.91%	6.50%
Catfish :dried	1Kg	1498.68	-18.45%	-2.61%
Catfish Smoked	1Kg	1387.5	6.73%	3.70%
Mackerel : frozen	1Kg	873.74	-0.96%	3.34%
Groundnut oil: 1 bottle, specify bottle	1Ltr	552.38	-12.78%	-0.17%
Maize grain white sold loose	1Kg	155.92	-7.53%	6.07%
Maize grain yellow sold loose	1Kg	148.08	-10.74%	0.28%
Palm oil: 1 bottle,specify bottle	1Ltr	435.56	-10.56%	0.11%
Plantain(ripe)	1Kg	194.21	-38.65%	-20.67%
Plantain(unripe)	1Kg	206.08	-44.57%	-18.34%
Vegetable oil:1 bottle,specify bottle	1Ltr	522.5	-10.62%	3.66%
Wheat flour: prepacked (golden penny 2kg)	2Kg	656.25	-3.23%	4.48%
<b>AVERAGE</b>			<b>-6.55%</b>	<b>-0.45%</b>

# Selected Food Price Watch - October 2019

## Osun State




Tomato

	
UNIT OF MEASUREMENT	OCTOBER 2019
<b>1KG</b>	<b>N165.35</b>



Beans brown, sold loose

	
UNIT OF MEASUREMENT	OCTOBER 2019
<b>1KG</b>	<b>N257.51</b>



Rice Local sold Loose

	
UNIT OF MEASUREMENT	OCTOBER 2019
<b>1KG</b>	<b>N307.09</b>



Bread sliced 500g

	
UNIT OF MEASUREMENT	OCTOBER 2019
<b>1 loaf</b>	<b>N318.18</b>



Yam Tuber

	
UNIT OF MEASUREMENT	OCTOBER 2019
<b>1KG</b>	<b>N264.03</b>



Palm oil: 1 bottle

	
UNIT OF MEASUREMENT	OCTOBER 2019
<b>1Ltr</b>	<b>N411.33</b>



Beef, boneless

	
UNIT OF MEASUREMENT	OCTOBER 2019
<b>1KG</b>	<b>N1263.75</b>



Onion bulb

	
UNIT OF MEASUREMENT	OCTOBER 2019
<b>1KG</b>	<b>N189.87</b>



Garri white, sold Loose

	
UNIT OF MEASUREMENT	OCTOBER 2019
<b>1KG</b>	<b>N140.79</b>



Wheat flour: prepacked (golden penny) 2kg

	
UNIT OF MEASUREMENT	OCTOBER 2019
<b>2KG</b>	<b>N614.62</b>

# Selected Food Price Watch - October 2019

## Osun State



ItemLabels	Unit of Measurement	Oct-19	(OCT 2018-OCT 2019)	SEP 2018-OCT 2019
Agric eggs medium size	1 Dozen	427	-12.86%	3.52%
Agric eggs (medium size price of one)	1 Piece	37.75	0.67%	-1.27%
Beans brown, sold loose	1Kg	257.51	-46.02%	0.01%
Beans: white black eye. sold loose	1Kg	219.58	-36.01%	5.74%
Beef Bone in	1Kg	812.04	14.07%	3.60%
Beef, boneless	1Kg	1263.75	-1.02%	2.28%
Bread sliced 500g	1 loaf	318.18	-2.10%	-4.55%
Bread unsliced 500g	1 loaf	250	-5.26%	-1.32%
Broken Rice (Ofada)	1Kg	381.11	-7.62%	1.63%
Chicken Feet	1Kg	750	-17.25%	-4.98%
Chicken Wings	1Kg	970	-19.17%	-3.03%
Evaporated tinned milk carnation 170g	1 unit	170	-9.25%	-1.18%
Evaporated tinned milk (peak), 170g	1 unit	199	0.03%	-0.56%
Frozen chicken	1 unit	1875	25.00%	-2.50%
Gari white, sold loose	1Kg	140.79	1.17%	12.63%
Gari yellow, sold loose	1Kg	114.66	-34.89%	-8.27%
Mudfish (aro) fresh	1Kg	903.23	-17.66%	0.74%
Mudfish : dried	1Kg	1560	-10.00%	-1.69%
Onion bulb	1Kg	189.87	-24.64%	27.75%
Rice agric sold loose	1Kg	359.3	15.52%	11.92%
Rice local sold loose	1Kg	307.09	13.16%	9.55%
Rice Medium Grained	1Kg	352.63	5.05%	8.83%
Rice, imported high quality sold loose	1Kg	320.21	-7.42%	-1.92%
Tomato	1Kg	165.35	-39.25%	-19.46%
Yam tuber	1Kg	264.03	-21.30%	-7.59%
Dried Fish Sardine	1Kg	1438.34	-5.89%	-3.10%
Iced Sardine	1Kg	750.14	25.93%	4.27%
Irish potato	1Kg	247.78	-17.41%	-10.37%
Sweet potato	1Kg	113.21	-14.86%	-0.48%
Tilapia fish (epiya) fresh	1Kg	750	-4.93%	-1.27%
Titus: frozen	1Kg	883.33	12.91%	3.37%
Catfish (obokun) fresh	1Kg	840	-3.40%	-1.18%
Catfish : dried	1Kg	1773.61	3.48%	-3.06%
Catfish Smoked	1Kg	1518.23	18.97%	-1.60%
Mackerel : frozen	1Kg	917.86	1.18%	-3.35%
Groundnut oil: 1 bottle, specify bottle	1Ltr	622.22	6.67%	3.70%
Maize grain white sold loose	1Kg	96.12	-38.73%	2.93%
Maize grain yellow sold loose	1Kg	104.24	-41.75%	6.59%
Palm oil: 1 bottle, specify bottle	1Ltr	411.33	-12.13%	5.97%
Plantain (ripe)	1Kg	182.2	-30.57%	-14.07%
Plantain (unripe)	1Kg	141.21	-44.13%	-24.32%
Vegetable oil: 1 bottle, specify bottle	1Ltr	440.66	-18.47%	1.14%
Wheat flour: prepacked (golden penny 2kg)	2Kg	614.62	1.97%	1.23%
<b>AVERAGE</b>			<b>-9.26%</b>	<b>-0.09%</b>

# Selected Food Price Watch - October 2019

## Oyo State



 Tomato

	
UNIT OF MEASUREMENT	OCTOBER 2019
<b>1KG</b>	<b>N179.45</b>

 Beans brown, sold loose

	
UNIT OF MEASUREMENT	OCTOBER 2019
<b>1KG</b>	<b>N336.44</b>

 Rice Local sold Loose

	
UNIT OF MEASUREMENT	OCTOBER 2019
<b>1KG</b>	<b>N383.51</b>

 Bread sliced 500g

	
UNIT OF MEASUREMENT	OCTOBER 2019
<b>1 loaf</b>	<b>N295.20</b>

 Yam Tuber

	
UNIT OF MEASUREMENT	OCTOBER 2019
<b>1KG</b>	<b>N178.31</b>

 Palm oil: 1 bottle

	
UNIT OF MEASUREMENT	OCTOBER 2019
<b>1Ltr</b>	<b>N434.55</b>

 Beef, boneless

	
UNIT OF MEASUREMENT	OCTOBER 2019
<b>1KG</b>	<b>N1215.37</b>

 Onion bulb

	
UNIT OF MEASUREMENT	OCTOBER 2019
<b>1KG</b>	<b>N154.52</b>

 Garri white, sold Loose

	
UNIT OF MEASUREMENT	OCTOBER 2019
<b>1KG</b>	<b>N161.57</b>

 Wheat flour: prepacked (golden penny) 2kg

	
UNIT OF MEASUREMENT	OCTOBER 2019
<b>2KG</b>	<b>N650.50</b>

# Selected Food Price Watch - October 2019

## Oyo State



ItemLabels	Unit of Measurement	Oct-19	(OCT 2018-OCT 2019)	SEP 2018-OCT 2019
Agric eggs medium size	1 Dozen	441.36	-4.92%	-1.26%
Agric eggs(medium size price of one)	1 Piece	38.32	3.16%	0.14%
Beans brown,sold loose	1Kg	336.44	-25.87%	-0.57%
Beans:white black eye. sold loose	1Kg	332.72	-6.64%	2.69%
Beef Bone in	1Kg	1019.68	4.46%	-0.76%
Beef,boneless	1Kg	1215.37	38.96%	4.98%
Bread sliced 500g	1 loaf	295.2	-4.43%	-1.38%
Bread unsliced 500g	1 loaf	262.38	4.77%	-1.10%
Broken Rice (Ofada)	1Kg	520	-26.06%	-7.64%
Chicken Feet	1Kg	803.33	-16.87%	-5.49%
Chicken Wings	1Kg	865	-15.61%	-3.53%
Evaporated tinned milk carnation 170g	1 unit	152	-0.33%	-5.00%
Evaporated tinned milk(peak), 170g	1 unit	202.38	5.35%	3.79%
Frozen chicken	1 unit	2500	73.27%	25.00%
Gari white,sold loose	1Kg	161.57	3.03%	16.23%
Gari yellow,sold loose	1Kg	199.09	-22.20%	5.23%
Mudfish (aro) fresh	1Kg	795.39	3.29%	2.52%
Mudfish : dried	1Kg	1545.64	4.77%	-1.74%
Onion bulb	1Kg	154.52	-39.79%	-9.45%
Rice agric sold loose	1Kg	365.52	0.17%	5.87%
Rice local sold loose	1Kg	383.51	37.05%	25.12%
Rice Medium Grained	1Kg	335.86	-1.87%	2.98%
Rice,imported high quality sold loose	1Kg	363.83	-0.14%	3.17%
Tomato	1Kg	179.45	-26.38%	-19.10%
Yam tuber	1Kg	178.31	-19.13%	-13.95%
Dried Fish Sardine	1Kg	1107.16	24.69%	7.51%
Iced Sardine	1Kg	802.35	18.43%	9.56%
Irish potato	1Kg	223.03	-27.07%	-23.89%
Sweet potato	1Kg	191.63	48.99%	44.22%
Tilapia fish (epiya) fresh	1Kg	707.67	-12.16%	-6.28%
Titus:frozen	1Kg	900.66	8.01%	-1.83%
Catfish (obokun) fresh	1Kg	900	-10.59%	-7.06%
Catfish :dried	1Kg	1597.08	-13.81%	-5.09%
Catfish Smoked	1Kg	1475.79	52.77%	0.83%
Mackerel : frozen	1Kg	802.9	-14.99%	-10.36%
Groundnut oil: 1 bottle, specify bottle	1Ltr	608.34	-10.97%	-6.19%
Maize grain white sold loose	1Kg	108.08	-12.74%	-9.32%
Maize grain yellow sold loose	1Kg	109.47	-6.52%	-6.94%
Palm oil: 1 bottle,specify bottle	1Ltr	434.55	-4.57%	2.03%
Plantain(ripe)	1Kg	183.84	18.78%	-4.26%
Plantain(unripe)	1Kg	201.63	-2.63%	-13.39%
Vegetable oil:1 bottle,specify bottle	1Ltr	525.08	-2.83%	5.02%
Wheat flour: prepacked (golden penny 2kg)	2Kg	650.5	-7.07%	-2.12%
<b>AVERAGE</b>			<b>0.32%</b>	<b>-0.02%</b>

# Selected Food Price Watch - October 2019

## Plateau State




Tomato

	
UNIT OF MEASUREMENT	OCTOBER 2019
<b>1KG</b>	<b>N204.26</b>



Beans brown, sold loose

	
UNIT OF MEASUREMENT	OCTOBER 2019
<b>1KG</b>	<b>N312.72</b>



Rice Local sold Loose

	
UNIT OF MEASUREMENT	OCTOBER 2019
<b>1KG</b>	<b>N248.06</b>



Bread sliced 500g

	
UNIT OF MEASUREMENT	OCTOBER 2019
<b>1 loaf</b>	<b>N281.25</b>



Yam Tuber

	
UNIT OF MEASUREMENT	OCTOBER 2019
<b>1KG</b>	<b>N173.53</b>



Palm oil: 1 bottle

	
UNIT OF MEASUREMENT	OCTOBER 2019
<b>1Ltr</b>	<b>N460.00</b>



Beef, boneless

	
UNIT OF MEASUREMENT	OCTOBER 2019
<b>1KG</b>	<b>N1214.29</b>



Onion bulb

	
UNIT OF MEASUREMENT	OCTOBER 2019
<b>1KG</b>	<b>N183.75</b>



Garri white, sold Loose

	
UNIT OF MEASUREMENT	OCTOBER 2019
<b>1KG</b>	<b>N133.04</b>



Wheat flour: prepacked (golden penny) 2kg

	
UNIT OF MEASUREMENT	OCTOBER 2019
<b>2KG</b>	<b>N584.76</b>

# Selected Food Price Watch - October 2019

## Plateau State



ItemLabels	Unit of Measurement	Oct-19	(OCT 2018-OCT 2019)	SEP 2018-OCT 2019
Agric eggs medium size	1 Dozen	464.55	-0.02%	6.70%
Agric eggs(medium size price of one)	1 Piece	38.64	1.47%	1.47%
Beans brown,sold loose	1Kg	312.72	-23.25%	-3.44%
Beans:white black eye. sold loose	1Kg	290.62	-10.19%	5.46%
Beef Bone in	1Kg	1004.29	-18.18%	3.24%
Beef,boneless	1Kg	1214.29	4.68%	-0.17%
Bread sliced 500g	1 loaf	281.25	1.43%	-1.96%
Bread unsliced 500g	1 loaf	268.75	-1.46%	-1.15%
Broken Rice (Ofada)	1Kg	395.02	17.82%	1.25%
Chicken Feet	1Kg	690	-22.44%	1.32%
Chicken Wings	1Kg	702.45	-29.76%	-12.22%
Evaporated tinned milk carnation 170g	1 unit	150	-16.67%	-5.85%
Evaporated tinned milk(peak), 170g	1 unit	192	-2.50%	-3.53%
Frozen chicken	1 unit	3113.33	60.48%	7.35%
Gari white,sold loose	1Kg	133.04	-33.13%	-21.41%
Gari yellow,sold loose	1Kg	189.61	-35.08%	-2.59%
Mudfish (aro) fresh	1Kg	903	-22.60%	0.32%
Mudfish : dried	1Kg	1492.73	-15.49%	-4.31%
Onion bulb	1Kg	183.75	-22.45%	-8.18%
Rice agric sold loose	1Kg	305	3.98%	0.25%
Rice local sold loose	1Kg	248.06	-5.77%	-10.45%
Rice Medium Grained	1Kg	331	2.79%	0.26%
Rice,imported high quality sold loose	1Kg	356.45	-2.48%	-3.70%
Tomato	1Kg	204.26	-8.00%	-0.43%
Yam tuber	1Kg	173.53	-35.83%	8.14%
Dried Fish Sardine	1Kg	1366.67	1.23%	-1.32%
Iced Sardine	1Kg	1010	-5.69%	10.18%
Irish potato	1Kg	248.98	5.68%	19.33%
Sweet potato	1Kg	153.06	-32.65%	3.93%
Tilapia fish (epiya) fresh	1Kg	775	-7.65%	-3.10%
Titus:frozen	1Kg	997.14	-3.56%	4.96%
Catfish (obokun) fresh	1Kg	900.2	-16.52%	-1.44%
Catfish :dried	1Kg	1998	-7.34%	-3.28%
Catfish Smoked	1Kg	1482.08	-0.17%	1.06%
Mackerel : frozen	1Kg	975	4.78%	3.08%
Groundnut oil: 1 bottle, specify bottle	1Ltr	503.33	-19.68%	1.80%
Maize grain white sold loose	1Kg	77.48	-50.58%	-14.42%
Maize grain yellow sold loose	1Kg	77.27	-41.48%	-22.32%
Palm oil: 1 bottle,specify bottle	1Ltr	460	-9.58%	-2.71%
Plantain(ripe)	1Kg	230	-22.83%	-16.80%
Plantain(unripe)	1Kg	182.14	-56.08%	-11.86%
Vegetable oil: 1 bottle,specify bottle	1Ltr	473.33	-18.32%	9.23%
Wheat flour: prepacked (golden penny 2kg)	2Kg	584.76	-12.29%	1.13%
<b>AVERAGE</b>			<b>-11.75%</b>	<b>-1.54%</b>

# Selected Food Price Watch - October 2019

## Rivers State




Tomato

	
UNIT OF MEASUREMENT	OCTOBER 2019
<b>1KG</b>	<b>N414.91</b>



Beans brown, sold loose

	
UNIT OF MEASUREMENT	OCTOBER 2019
<b>1KG</b>	<b>N367.30</b>



Rice Local sold Loose

	
UNIT OF MEASUREMENT	OCTOBER 2019
<b>1KG</b>	<b>N405.33</b>



Bread sliced 500g

	
UNIT OF MEASUREMENT	OCTOBER 2019
<b>1 loaf</b>	<b>N340.00</b>



Yam Tuber

	
UNIT OF MEASUREMENT	OCTOBER 2019
<b>1KG</b>	<b>N219.21</b>



Palm oil: 1 bottle

	
UNIT OF MEASUREMENT	OCTOBER 2019
<b>1Ltr</b>	<b>N434.00</b>



Beef, boneless

	
UNIT OF MEASUREMENT	OCTOBER 2019
<b>1KG</b>	<b>N1314.45</b>



Onion bulb

	
UNIT OF MEASUREMENT	OCTOBER 2019
<b>1KG</b>	<b>N250.40</b>



Garri white, sold Loose

	
UNIT OF MEASUREMENT	OCTOBER 2019
<b>1KG</b>	<b>N200.84</b>



Wheat flour: prepacked (golden penny) 2kg

	
UNIT OF MEASUREMENT	OCTOBER 2019
<b>2KG</b>	<b>N761.76</b>

# Selected Food Price Watch - October 2019

## Rivers State



ItemLabels	Unit of Measurement	Oct-19	(OCT 2018-OCT 2019)	SEP 2018-OCT 2019
Agric eggs medium size	1 Dozen	509.5	-7.36%	1.80%
Agric eggs(medium size price of one)	1 Piece	46.75	9.33%	2.19%
Beans brown,sold loose	1Kg	367.3	-6.61%	-6.69%
Beans:white black eye. sold loose	1Kg	347.62	-7.10%	2.13%
Beef Bone in	1Kg	1009.93	14.95%	-2.17%
Beef,boneless	1Kg	1314.45	0.24%	-0.77%
Bread sliced 500g	1 loaf	340	6.25%	-2.08%
Bread unsliced 500g	1 loaf	322.5	6.65%	-4.05%
Broken Rice (Ofada)	1Kg	454.55	0.00%	-6.54%
Chicken Feet	1Kg	862.22	-4.79%	5.24%
Chicken Wings	1Kg	1103.57	5.56%	5.10%
Evaporated tinned milk carnation 170g	1 unit	155	5.68%	-0.64%
Evaporated tinned milk(peak), 170g	1 unit	188.42	-1.05%	2.40%
Frozen chicken	1 unit	1850	20.08%	1.83%
Gari white,sold loose	1Kg	200.84	4.98%	0.54%
Gari yellow,sold loose	1Kg	204.1	0.63%	3.84%
Mudfish (aro) fresh	1Kg	1000	33.33%	3.44%
Mudfish : dried	1Kg	2385.56	6.24%	-1.29%
Onion bulb	1Kg	250.4	5.38%	7.11%
Rice agric sold loose	1Kg	500	13.79%	10.00%
Rice local sold loose	1Kg	405.33	11.72%	7.53%
Rice Medium Grained	1Kg	468.79	8.51%	3.46%
Rice,imported high quality sold loose	1Kg	475.5	4.66%	9.64%
Tomato	1Kg	414.91	-19.76%	4.41%
Yam tuber	1Kg	219.21	-2.38%	14.75%
Dried Fish Sardine	1Kg	1555.64	-3.69%	1.63%
Iced Sardine	1Kg	1092.47	23.98%	1.85%
Irish potato	1Kg	356.78	9.36%	17.08%
Sweet potato	1Kg	200.26	7.04%	19.12%
Tilapia fish (epiya) fresh	1Kg	963.91	1.73%	3.24%
Titus:frozen	1Kg	902.49	-9.88%	-4.81%
Catfish (obokun) fresh	1Kg	987.59	-0.88%	1.69%
Catfish :dried	1Kg	1409.96	-25.80%	2.56%
Catfish Smoked	1Kg	1641.67	6.69%	-0.50%
Mackerel : frozen	1Kg	1010.61	11.14%	2.39%
Groundnut oil: 1 bottle, specify bottle	1Ltr	511.11	-4.17%	2.22%
Maize grain white sold loose	1Kg	215.01	-2.21%	-1.88%
Maize grain yellow sold loose	1Kg	214.89	-2.44%	-3.91%
Palm oil: 1 bottle,specify bottle	1Ltr	434	-7.13%	-8.80%
Plantain(ripe)	1Kg	262.97	32.19%	0.59%
Plantain(unripe)	1Kg	267.41	55.24%	27.35%
Vegetable oil:1 bottle,specify bottle	1Ltr	626.67	1.62%	1.23%
Wheat flour: prepacked (golden penny 2kg)	2Kg	761.76	8.77%	-0.54%
<b>AVERAGE</b>			<b>4.90%</b>	<b>2.83%</b>

# Selected Food Price Watch - October 2019

## Sokoto State




Tomato

	
UNIT OF MEASUREMENT	OCTOBER 2019
<b>1KG</b>	<b>N198.81</b>



Beans brown, sold loose

	
UNIT OF MEASUREMENT	OCTOBER 2019
<b>1KG</b>	<b>N275.64</b>



Rice Local sold Loose

	
UNIT OF MEASUREMENT	OCTOBER 2019
<b>1KG</b>	<b>N278.02</b>



Bread sliced 500g

	
UNIT OF MEASUREMENT	OCTOBER 2019
<b>1 loaf</b>	<b>N343.75</b>



Yam Tuber

	
UNIT OF MEASUREMENT	OCTOBER 2019
<b>1KG</b>	<b>N159.70</b>



Palm oil: 1 bottle

	
UNIT OF MEASUREMENT	OCTOBER 2019
<b>1Ltr</b>	<b>N504.76</b>



Beef, boneless

	
UNIT OF MEASUREMENT	OCTOBER 2019
<b>1KG</b>	<b>N1220.00</b>



Onion bulb

	
UNIT OF MEASUREMENT	OCTOBER 2019
<b>1KG</b>	<b>N189.33</b>



Garri white, sold Loose

	
UNIT OF MEASUREMENT	OCTOBER 2019
<b>1KG</b>	<b>N160.63</b>



Wheat flour: prepacked (golden penny) 2kg

	
UNIT OF MEASUREMENT	OCTOBER 2019
<b>2KG</b>	<b>N670.00</b>

# Selected Food Price Watch - October 2019

## Sokoto State



ItemLabels	Unit of Measurement	Oct-19	(OCT 2018-OCT 2019)	SEP 2018-OCT 2019
Agric eggs medium size	1 Dozen	480	2.13%	1.05%
Agric eggs(medium size price of one)	1 Piece	40	0.00%	-0.11%
Beans brown,sold loose	1Kg	275.64	-35.20%	0.24%
Beans:white black eye. sold loose	1Kg	299.93	-21.34%	20.36%
Beef Bone in	1Kg	1022.22	13.58%	-0.04%
Beef,boneless	1Kg	1220	10.91%	1.50%
Bread sliced 500g	1 loaf	343.75	-1.79%	3.42%
Bread unsliced 500g	1 loaf	303.33	-13.33%	2.82%
Broken Rice (Ofada)	1Kg	380.17	-7.35%	9.67%
Chicken Feet	1Kg	498.02	-13.34%	-0.91%
Chicken Wings	1Kg	702.73	4.66%	0.36%
Evaporated tinned milk carnation 170g	1 unit	162.34	4.52%	-1.88%
Evaporated tinned milk(peak), 170g	1 unit	180.14	8.52%	1.42%
Frozen chicken	1 unit	2400	60.00%	9.08%
Gari white,sold loose	1Kg	160.63	-37.82%	14.06%
Gari yellow,sold loose	1Kg	179.66	-51.49%	-1.78%
Mudfish (aro) fresh	1Kg	900	-18.46%	-1.27%
Mudfish : dried	1Kg	1791.19	-10.76%	1.02%
Onion bulb	1Kg	189.33	-37.58%	17.00%
Rice agric sold loose	1Kg	323.37	24.21%	13.08%
Rice local sold loose	1Kg	278.02	10.70%	31.63%
Rice Medium Grained	1Kg	310.35	20.00%	13.25%
Rice,imported high quality sold loose	1Kg	333.33	-15.49%	-0.07%
Tomato	1Kg	198.81	-12.85%	32.59%
Yam tuber	1Kg	159.7	-58.85%	0.87%
Dried Fish Sardine	1Kg	1353.59	19.00%	3.92%
Iced Sardine	1Kg	861.52	18.15%	1.36%
Irish potato	1Kg	201.27	-42.58%	-1.73%
Sweet potato	1Kg	153.54	-37.34%	-17.24%
Tilapia fish (epiya) fresh	1Kg	681.82	-22.32%	-0.36%
Titus:frozen	1Kg	933.33	-5.35%	1.43%
Catfish (obokun) fresh	1Kg	850	-8.14%	-6.54%
Catfish :dried	1Kg	1256.9	19.70%	-1.42%
Catfish Smoked	1Kg	1278	17.97%	-0.81%
Mackerel : frozen	1Kg	900.25	-7.31%	5.04%
Groundnut oil: 1 bottle, specify bottle	1Ltr	486.67	-17.36%	1.54%
Maize grain white sold loose	1Kg	117.97	-6.52%	50.12%
Maize grain yellow sold loose	1Kg	97.41	-23.06%	18.03%
Palm oil: 1 bottle,specify bottle	1Ltr	504.76	-0.38%	11.78%
Plantain(ripe)	1Kg	150.86	-51.61%	-6.89%
Plantain(unripe)	1Kg	133.34	-48.72%	-2.64%
Vegetable oil:1 bottle,specify bottle	1Ltr	425	-19.91%	-6.93%
Wheat flour: prepacked (golden penny 2kg)	2Kg	670	1.52%	7.22%
<b>AVERAGE</b>			<b>-9.09%</b>	<b>5.19%</b>

# Selected Food Price Watch - October 2019

## Taraba State




Tomato

	
UNIT OF MEASUREMENT	OCTOBER 2019
<b>1KG</b>	<b>N175.19</b>



Beans brown, sold loose

	
UNIT OF MEASUREMENT	OCTOBER 2019
<b>1KG</b>	<b>N233.33</b>



Rice Local sold Loose

	
UNIT OF MEASUREMENT	OCTOBER 2019
<b>1KG</b>	<b>N269.71</b>



Bread sliced 500g

	
UNIT OF MEASUREMENT	OCTOBER 2019
<b>1 loaf</b>	<b>N300.00</b>



Yam Tuber

	
UNIT OF MEASUREMENT	OCTOBER 2019
<b>1KG</b>	<b>N124.77</b>



Palm oil: 1 bottle

	
UNIT OF MEASUREMENT	OCTOBER 2019
<b>1Ltr</b>	<b>N550.00</b>



Beef, boneless

	
UNIT OF MEASUREMENT	OCTOBER 2019
<b>1KG</b>	<b>N1207.31</b>



Onion bulb

	
UNIT OF MEASUREMENT	OCTOBER 2019
<b>1KG</b>	<b>N159.90</b>



Garri white, sold Loose

	
UNIT OF MEASUREMENT	OCTOBER 2019
<b>1KG</b>	<b>N163.74</b>



Wheat flour: prepacked (golden penny) 2kg

	
UNIT OF MEASUREMENT	OCTOBER 2019
<b>2KG</b>	<b>N782.50</b>

# Selected Food Price Watch - October 2019

## Taraba State



ItemLabels	Unit of Measurement	Oct-19	(OCT 2018-OCT 2019)	SEP 2018-OCT 2019
Agric eggs medium size	1 Dozen	423.33	-11.19%	0.61%
Agric eggs(medium size price of one)	1 Piece	40	-2.17%	4.35%
Beans brown,sold loose	1Kg	233.33	-22.82%	-19.13%
Beans:white black eye. sold loose	1Kg	225.93	-23.30%	5.54%
Beef Bone in	1Kg	964.86	-0.57%	7.29%
Beef,boneless	1Kg	1207.31	17.24%	3.68%
Bread sliced 500g	1 loaf	300	4.65%	-3.23%
Bread unsliced 500g	1 loaf	285.24	8.32%	0.49%
Broken Rice (Ofada)	1Kg	396.38	-9.55%	1.08%
Chicken Feet	1Kg	375.15	6.96%	1.36%
Chicken Wings	1Kg	520.48	-8.64%	1.85%
Evaporated tinned milk carnation 170g	1 unit	150	-6.32%	0.00%
Evaporated tinned milk(peak), 170g	1 unit	191.82	1.55%	1.44%
Frozen chicken	1 unit	1525	20.73%	1.67%
Gari white,sold loose	1Kg	163.74	-26.87%	-12.13%
Gari yellow,sold loose	1Kg	177.39	-26.36%	11.23%
Mudfish (aro) fresh	1Kg	833.33	-6.98%	-2.47%
Mudfish : dried	1Kg	1581.91	5.24%	-3.81%
Onion bulb	1Kg	159.9	33.35%	-3.01%
Rice agric sold loose	1Kg	297.14	-11.94%	10.93%
Rice local sold loose	1Kg	269.71	26.58%	6.89%
Rice Medium Grained	1Kg	315.29	5.97%	4.00%
Rice,imported high quality sold loose	1Kg	348.61	5.36%	13.49%
Tomato	1Kg	175.19	-0.50%	44.94%
Yam tuber	1Kg	124.77	2.67%	-2.34%
Dried Fish Sardine	1Kg	1255.38	-9.18%	4.53%
Iced Sardine	1Kg	970	16.40%	4.27%
Irish potato	1Kg	200	-20.14%	11.48%
Sweet potato	1Kg	128.79	1.55%	26.80%
Tilapia fish (epiya) fresh	1Kg	501.41	-23.12%	-1.95%
Titus:frozen	1Kg	950.14	18.15%	5.55%
Catfish (obokun) fresh	1Kg	950	-9.52%	-2.96%
Catfish :dried	1Kg	1423.11	-10.76%	-4.44%
Catfish Smoked	1Kg	1375	-2.45%	-2.94%
Mackerel : frozen	1Kg	852.47	-5.35%	1.33%
Groundnut oil: 1 bottle, specify bottle	1Ltr	519.45	-12.58%	0.54%
Maize grain white sold loose	1Kg	90.85	-1.88%	13.97%
Maize grain yellow sold loose	1Kg	92.67	-0.41%	11.32%
Palm oil: 1 bottle,specify bottle	1Ltr	550	3.34%	7.68%
Plantain(ripe)	1Kg	190.36	-26.57%	2.30%
Plantain(unripe)	1Kg	200	9.09%	27.03%
Vegetable oil: 1 bottle,specify bottle	1Ltr	556.67	5.70%	-0.41%
Wheat flour: prepacked (golden penny 2kg)	2Kg	782.5	15.07%	0.32%
<b>AVERAGE</b>			<b>-1.66%</b>	<b>4.17%</b>

# Selected Food Price Watch - October 2019

## Yobe State




Tomato

	
UNIT OF MEASUREMENT	OCTOBER 2019
<b>1KG</b>	<b>N200.00</b>



Beans brown, sold loose

	
UNIT OF MEASUREMENT	OCTOBER 2019
<b>1KG</b>	<b>N246.85</b>



Rice Local sold Loose

	
UNIT OF MEASUREMENT	OCTOBER 2019
<b>1KG</b>	<b>N279.38</b>



Bread sliced 500g

	
UNIT OF MEASUREMENT	OCTOBER 2019
<b>1 loaf</b>	<b>N234.00</b>



Yam Tuber

	
UNIT OF MEASUREMENT	OCTOBER 2019
<b>1KG</b>	<b>N161.29</b>



Palm oil: 1 bottle

	
UNIT OF MEASUREMENT	OCTOBER 2019
<b>1Ltr</b>	<b>N457.11</b>



Beef, boneless

	
UNIT OF MEASUREMENT	OCTOBER 2019
<b>1KG</b>	<b>N1166.67</b>



Onion bulb

	
UNIT OF MEASUREMENT	OCTOBER 2019
<b>1KG</b>	<b>N120.00</b>



Garri white, sold Loose

	
UNIT OF MEASUREMENT	OCTOBER 2019
<b>1KG</b>	<b>N159.34</b>



Wheat flour: prepacked (golden penny) 2kg

	
UNIT OF MEASUREMENT	OCTOBER 2019
<b>2KG</b>	<b>N655.27</b>

# Selected Food Price Watch - October 2019

## Yobe State



ItemLabels	Unit of Measurement	Oct-19	(OCT 2018-OCT 2019)	SEP 2018-OCT 2019
Agric eggs medium size	1 Dozen	420	-8.70%	-8.50%
Agric eggs(medium size price of one)	1 Piece	38.22	-3.35%	-5.79%
Beans brown,sold loose	1Kg	246.85	-27.12%	-6.19%
Beans:white black eye. sold loose	1Kg	210	-32.50%	-14.78%
Beef Bone in	1Kg	958.33	-7.64%	-2.54%
Beef,boneless	1Kg	1166.67	3.70%	-2.78%
Bread sliced 500g	1 loaf	234	-14.91%	-14.39%
Bread unsliced 500g	1 loaf	240	-1.30%	-1.03%
Broken Rice (Ofada)	1Kg	245.38	-11.05%	4.70%
Chicken Feet	1Kg	440.85	-3.87%	1.28%
Chicken Wings	1Kg	700.14	-12.48%	1.73%
Evaporated tinned milk carnation 170g	1 unit	155	-0.08%	-2.53%
Evaporated tinned milk(peak), 170g	1 unit	186.67	-6.08%	1.20%
Frozen chicken	1 unit	2200	-0.95%	2.09%
Gari white,sold loose	1Kg	159.34	-25.50%	-4.39%
Gari yellow,sold loose	1Kg	138.75	-47.70%	-2.06%
Mudfish (aro) fresh	1Kg	935.51	-6.45%	-1.52%
Mudfish : dried	1Kg	1698.33	-6.59%	-3.03%
Onion bulb	1Kg	120	-38.96%	-17.97%
Rice agric sold loose	1Kg	355	44.73%	17.84%
Rice local sold loose	1Kg	279.38	-4.64%	5.69%
Rice Medium Grained	1Kg	302.64	7.86%	4.30%
Rice,imported high quality sold loose	1Kg	337.5	5.47%	7.14%
Tomato	1Kg	200	-30.76%	0.63%
Yam tuber	1Kg	161.29	-18.73%	-11.26%
Dried Fish Sardine	1Kg	1389	-13.19%	-0.97%
Iced Sardine	1Kg	916.67	-8.33%	-0.90%
Irish potato	1Kg	238.43	-4.15%	-7.71%
Sweet potato	1Kg	115.08	7.09%	23.36%
Tilapia fish (epiya) fresh	1Kg	653.61	-22.19%	8.94%
Titus:frozen	1Kg	1145.27	27.25%	3.89%
Catfish (obokun) fresh	1Kg	801.57	0.20%	6.74%
Catfish :dried	1Kg	1800	-5.26%	-2.91%
Catfish Smoked	1Kg	1630.13	-22.39%	-2.88%
Mackerel : frozen	1Kg	928.75	-2.26%	4.90%
Groundnut oil: 1 bottle, specify bottle	1Ltr	510.37	-13.05%	9.65%
Maize grain white sold loose	1Kg	93.91	-3.20%	0.00%
Maize grain yellow sold loose	1Kg	89.29	6.46%	11.12%
Palm oil: 1 bottle,specify bottle	1Ltr	457.11	-9.13%	-1.04%
Plantain(ripe)	1Kg	218.52	-9.70%	-1.67%
Plantain(unripe)	1Kg	200	-4.89%	-4.76%
Vegetable oil:1 bottle,specify bottle	1Ltr	422.22	-8.94%	2.86%
Wheat flour: prepacked (golden penny 2kg)	2Kg	655.27	0.84%	-0.74%
<b>AVERAGE</b>			<b>-7.73%</b>	<b>-0.10%</b>

# Selected Food Price Watch - October 2019

## Zamfara State




Tomato

	
UNIT OF MEASUREMENT	OCTOBER 2019
<b>1KG</b>	<b>N117.35</b>



Beans brown, sold loose

	
UNIT OF MEASUREMENT	OCTOBER 2019
<b>1KG</b>	<b>N300.59</b>



Rice Local sold Loose

	
UNIT OF MEASUREMENT	OCTOBER 2019
<b>1KG</b>	<b>N254.13</b>



Bread sliced 500g

	
UNIT OF MEASUREMENT	OCTOBER 2019
<b>1 loaf</b>	<b>N334.21</b>



Yam Tuber

	
UNIT OF MEASUREMENT	OCTOBER 2019
<b>1KG</b>	<b>N119.01</b>



Palm oil: 1 bottle

	
UNIT OF MEASUREMENT	OCTOBER 2019
<b>1Ltr</b>	<b>N459.33</b>



Beef, boneless

	
UNIT OF MEASUREMENT	OCTOBER 2019
<b>1KG</b>	<b>N1272.73</b>



Onion bulb

	
UNIT OF MEASUREMENT	OCTOBER 2019
<b>1KG</b>	<b>N200.70</b>



Garri white, sold Loose

	
UNIT OF MEASUREMENT	OCTOBER 2019
<b>1KG</b>	<b>N142.66</b>



Wheat flour: prepacked (golden penny) 2kg

	
UNIT OF MEASUREMENT	OCTOBER 2019
<b>2KG</b>	<b>N687.50</b>

# Selected Food Price Watch - October 2019

## Zamfara State



ItemLabels	Unit of Measurement	Oct-19	(OCT 2018-OCT 2019)	SEP 2018-OCT 2019
Agric eggs medium size	1 Dozen	444	-6.64%	-2.42%
Agric eggs(medium size price of one)	1 Piece	37.5	-10.21%	-6.35%
Beans brown,sold loose	1Kg	300.59	-13.04%	9.31%
Beans:white black eye. sold loose	1Kg	291.75	-12.40%	4.50%
Beef Bone in	1Kg	1020	2.00%	5.52%
Beef,boneless	1Kg	1272.73	10.67%	3.31%
Bread sliced 500g	1 loaf	334.21	-6.00%	0.55%
Bread unsliced 500g	1 loaf	304.76	-15.60%	0.73%
Broken Rice (Ofada)	1Kg	361.38	8.47%	4.24%
Chicken Feet	1Kg	400	-30.00%	-0.04%
Chicken Wings	1Kg	685.23	-10.62%	-0.84%
Evaporated tinned milk carnation 170g	1 unit	157.94	-1.29%	8.58%
Evaporated tinned milk(peak), 170g	1 unit	192.03	6.37%	-2.83%
Frozen chicken	1 unit	2166.67	30.52%	14.04%
Gari white,sold loose	1Kg	142.66	-36.47%	1.30%
Gari yellow,sold loose	1Kg	147.69	-36.65%	3.33%
Mudfish (aro) fresh	1Kg	881.82	-12.91%	-3.26%
Mudfish : dried	1Kg	1381.82	-1.38%	0.64%
Onion bulb	1Kg	200.7	11.96%	24.02%
Rice agric sold loose	1Kg	303.5	15.50%	0.84%
Rice local sold loose	1Kg	254.13	11.95%	3.58%
Rice Medium Grained	1Kg	344.18	45.43%	10.58%
Rice,imported high quality sold loose	1Kg	348.85	14.02%	4.59%
Tomato	1Kg	117.35	-62.21%	-9.69%
Yam tuber	1Kg	119.01	-55.04%	-20.89%
Dried Fish Sardine	1Kg	1419.23	9.17%	-1.41%
Iced Sardine	1Kg	860	-4.44%	1.05%
Irish potato	1Kg	185.71	-37.87%	0.48%
Sweet potato	1Kg	111.85	-44.59%	1.20%
Tilapia fish (epiya) fresh	1Kg	816.67	-12.50%	-6.59%
Titus:frozen	1Kg	918.18	-10.62%	-3.86%
Catfish (obokun) fresh	1Kg	833.33	-19.09%	-3.05%
Catfish :dried	1Kg	1373.33	-0.96%	-0.12%
Catfish Smoked	1Kg	1450.26	-14.69%	-5.84%
Mackerel : frozen	1Kg	952.31	-1.20%	3.46%
Groundnut oil: 1 bottle, specify bottle	1Ltr	481	-8.73%	0.35%
Maize grain white sold loose	1Kg	95.07	-49.73%	20.98%
Maize grain yellow sold loose	1Kg	86.45	-55.89%	4.76%
Palm oil: 1 bottle,specify bottle	1Ltr	459.33	1.32%	6.43%
Plantain(ripe)	1Kg	185.36	-16.73%	3.98%
Plantain(unripe)	1Kg	182.03	-8.07%	1.05%
Vegetable oil:1 bottle,specify bottle	1Ltr	468.89	14.26%	9.90%
Wheat flour: prepacked (golden penny 2kg)	2Kg	687.5	25.00%	-1.67%
<b>AVERAGE</b>			<b>-9.04%</b>	<b>1.96%</b>

ItemLabels	Jan-17	Feb-17	Mar-17	Apr-17	May-17	Jun-17	Jul-17	Aug-17	Sep-17	Oct-17	Nov-17	Dec-17	Jan-18	Feb-18	Mar-18	Apr-18	May-18	Jun-18	Jul-18	Aug-18	Sep-18	Oct-18	Nov-18	Dec-18	Jan-19	Feb-19	Mar-19	Apr-19	May-19	Jun-19	Jul-19	Aug-19	Sep-19	Oct-19	lowest	Highest
Agric eggs medium size	512.99	520.16	507.69	518.66	522.71	514.66	498.50	485.19	487.51	472.85	463.11	494.43	437.13	519.07	527.32	552.09	548.66	539.75	471.75	474.13	472.73	482.90	477.76	466.97	469.86	464.27	459.81	467.18	464.87	495.33	468.31	461.89	456.81	462.46	Yobe (420)	Rivers (509.5)
Agric eggs (medium size price of one)	47.42	42.90	43.93	46.22	45.73	45.28	44.32	42.92	45.72	42.06	40.82	41.32	38.85	41.27	41.21	42.25	41.77	41.38	41.22	41.79	41.17	41.73	42.40	42.58	42.18	42.23	41.92	41.95	42.82	39.31	38.38	40.57	41.30	40.51	Jigawa (37.19)	Edo (49.62)
Beans brown,sold loose	353.60	337.11	353.28	357.19	365.86	374.26	382.35	370.25	404.84	382.58	369.78	361.97	385.53	387.48	395.34	395.19	407.73	418.78	411.02	410.16	416.07	411.05	396.73	386.78	382.76	373.91	368.07	372.84	365.32	342.82	327.18	307.27	318.99	308.93	Adamawa (226.03)	Ebonyi (539.59)
Beans:white black eye. sold loose	305.53	309.85	318.45	324.04	332.28	339.64	343.96	335.71	358.13	342.05	337.09	314.93	344.52	348.55	357.04	355.32	367.23	369.43	361.33	361.68	362.71	354.22	346.41	344.72	336.72	338.05	330.76	329.45	329.66	311.40	289.78	273.71	285.74	292.00	Kano (182.7)	Ebonyi (500.78)
Beef Bone in	1001.24	995.65	1010.29	1035.45	1123.65	1129.02	1128.94	1151.38	1078.49	1081.30	1065.59	1067.73	1045.55	1017.28	1024.64	980.26	1011.11	1034.57	1028.12	1061.78	1027.66	1003.35	998.67	997.73	994.20	980.54	980.12	1025.26	1023.39	1003.20	1009.69	1007.39	1021.84	1025.69	Osun (812.04)	Bayelsa (1195.53)
Beef,bonelss	1249.48	1270.67	1281.71	1323.10	1378.91	1393.42	1376.91	1276.85	1324.93	1312.73	1286.86	1236.44	1298.70	1274.71	1262.51	1257.73	1275.77	1271.54	1262.73	1281.02	1281.64	1260.59	1251.45	1270.81	1273.99	1254.99	1253.48	1271.10	1268.95	1240.44	1246.78	1244.23	1257.58	1281.59	Niger (1088.2)	Delta (1489.87)
Bread sliced 500g	302.87	299.75	297.51	296.63	307.70	320.58	314.47	304.20	310.62	305.88	298.96	290.05	313.43	314.17	305.88	306.54	305.98	308.00	305.25	307.97	303.84	299.19	305.48	296.91	300.61	299.11	299.98	297.87	297.28	292.73	293.49	301.36	302.59	296.56	Niger (225)	Abia (422.73)
Bread unsliced 500g	270.25	264.86	262.33	277.69	282.26	286.78	285.55	258.70	286.33	280.34	274.32	268.23	282.12	284.36	278.61	278.61	275.60	272.71	278.27	278.27	272.91	277.87	271.14	272.97	271.74	273.14	271.49	272.09	274.49	271.02	275.40	275.89	278.66	Katsina (216.15)	Bayelsa (412.5)	
Broken Rice (Ofada)	377.41	392.04	421.54	425.53	460.10	472.29	473.40	415.34	431.59	416.18	417.24	319.86	413.19	405.69	399.47	400.94	405.03	404.43	403.56	397.29	384.49	370.21	385.61	381.64	382.15	385.81	382.45	381.13	377.77	373.49	367.44	366.22	370.30	371.89	Gombe (201.36)	Oyo (520)
Catfish (obokun) fresh	899.58	885.13	884.15	886.65	900.73	916.55	910.57	921.17	894.52	906.94	902.02	919.82	1014.62	1037.33	1008.28	993.54	1013.11	1062.43	1064.74	1088.95	1089.25	1080.38	1112.09	1060.83	1073.51	1066.39	1065.14	1082.01	1063.03	1024.68	994.21	1008.32	1002.53	1004.38	Nassarawa (800)	Akwa Ibom (1329.7)
Catfish;dried	2204.12	2150.18	2189.55	2189.10	2213.66	2255.24	2215.25	2176.82	2159.00	2083.74	2214.33	2146.61	1852.92	1857.25	1793.58	1753.53	1779.71	1770.53	1792.12	1807.11	1766.55	2362.28	1814.97	1808.55	1814.67	1799.35	1791.90	1763.61	1766.55	1727.36	1700.51	1712.11	1709.80	1697.55	Sokoto (1256.9)	Cross River (2522.84)
Catfish Smoked	817.09	825.35	834.26	837.09	845.91	848.41	853.18	852.93	839.49	845.10	847.66	1007.40	1540.80	1896.94	1524.75	1514.53	1520.93	1527.82	1504.39	1512.40	1499.60	1482.30	1490.84	1519.80	1509.19	1517.84	1517.26	1548.23	1552.13	1528.98	1504.20	1515.95	1499.70	1494.81	Sokoto (1278)	Abuja (1847.62)
Chicken Feet	765.28	785.42	907.51	768.11	819.59	832.66	834.74	817.19	800.10	790.91	1155.99	850.00	778.64	772.99	758.88	782.55	784.78	930.50	803.03	808.05	775.66	963.05	992.48	1012.50	982.51	927.61	927.61	746.28	727.73	693.61	663.03	685.16	670.87	659.60	Bauchi (333.18)	Bayelsa (1134.2)
Chicken Wings	919.09	963.46	980.88	886.58	925.55	952.18	958.05	946.93	979.32	960.71	953.60	950.56	950.77	954.99	935.83	921.49	925.54	960.56	963.05	992.48	1012.50	982.51	981.48	943.99	961.89	932.32	927.20	947.99	934.05	905.44	877.13	891.87	874.72	880.90	Taraba (520.48)	Edo (1354.17)
Dried Fish Sardine	959.11	935.51	958.67	972.73	991.64	989.49	968.76	972.65	947.60	967.00	968.77	1077.82	1455.50	1405.75	1410.11	1371.80	1399.97	1378.57	1395.41	1382.94	1374.26	1365.68	1331.62	1342.97	1342.79	1380.38	1381.40	1414.37	1414.49	1394.73	1373.11	1379.51	1381.57	1397.91	Katsina (1000)	Adamawa (1811.56)
Evaporated tinned milk carnation 170g	136.29	140.53	143.56	151.47	157.95	162.80	162.72	158.85	174.36	170.60	169.44	159.72	172.24	166.55	158.51	160.22	165.26	166.23	165.74	162.99	166.28	163.34	162.42	163.28	164.39	161.60	161.98	161.68	163.37	156.95	157.14	156.98	159.61	159.51	Cross River (138.18)	Imo (190)
Evaporated tinned milk(peak), 170g	157.75	166.14	177.05	197.15	198.42	194.67	195.94	190.53	206.00	198.67	196.02	191.44	196.71	191.14	187.61	188.14	192.93	189.93	187.84	184.25	189.29	187.25	187.56	189.98	190.68	190.92	188.23	188.18	189.51	188.90	188.59	186.61	186.15	187.44	Jigawa (161.33)	Oyo (202.38)
Frozen chicken	1419.75	1428.95	1555.51	1606.63	1605.97	1645.29	1623.84	1529.25	1570.26	1580.13	1571.48	1708.64	1547.50	1548.87	1544.95	1537.85	1537.25	1541.37	1533.22	1534.18	1558.22	1551.25	1625.05	1614.19	1632.71	1910.70	1681.11	1701.62	1752.97	1783.38	1770.45	1901.64	1993.98	Kano (1504.26)	Plateau (3113.33)	
Gari white,sold loose	219.56	260.94	273.67	288.45	292.97	315.61	317.10	310.15	301.99	268.10	251.91	199.68	229.26	210.21	209.12	208.21	216.01	216.72	200.67	198.82	195.86	188.39	183.59	166.64	165.80	166.61	163.51	163.37	161.55	145.31	151.73	154.10	154.55	162.42	Akwa Ibom (106.15)	Bayelsa (259.02)
Gari yellow,sold loose	255.83	250.45	302.05	320.92	326.83	354.55	350.46	345.82	335.94	305.02	289.15	219.75	271.35	250.06	243.99	246.50	256.51	259.83	248.72	246.75	253.70	236.26	222.42	195.99	191.78	191.06	184.18	182.59	180.75	156.02	154.05	167.34	172.23	175.57	Akwa Ibom (107.1)	Bayelsa (276.29)
Groundnut oil: 1 bottle, specify bottle	477.86	482.94	494.1	494.24	500.19	503.28	505.12	508.33	477.97	504.03	503.79	660.36	528.59	571.10	585.15	584.47	601.51	612.45	603.58	603.41	608.35	592.51	603.90	585.52	588.60	585.69	580.55	578.52	573.40	558.30	545.13	557.54	557.51	562.59	Kebbi (429.74)	Cross River (837.78)
Iced Sardine	1879.96	1915.68	1902.15	1927.97	1919.64	1914.45	1912.25	1904.67	1878.46	1914.45	1903.79	1545.26	1861.07	1851.14	899.67	907.89	941.45	923.47	940.93	937.22	938.53	916.80	908.96	906.39	906.02	911.33	899.83	941.44	925.31	899.83	887.69	907.70	913.41	925.05	Ogun (701.5)	Abuja (1133.33)
Irish potato	300.95	307.29	311.81	318.88	315.86	319.30	311.40	310.48	307.46	291.12	290.55	314.23	323.87	250.93	261.75	282.06	300.58	297.09	296.59	309.50	291.95	300.14	330.10	298.59	290.55	284.31	278.92	289.67	288.86	274.10	250.34	271.48	268.57	264.29	Ekiti (185.71)	Akwa Ibom (391.08)
Mackerel : frozen	759.01	764.62	774.89	778.15	785.37	794.64	795.82	797.77	785.57	828.93	844.59	1015.57	915.27	875.31	915.92	896.40	927.22	908.91	922.91	926.18	944.50	920.99	937.77	934.19	933.94	931.39	935.30	958.05	942.42	926.08	911.43	914.58	921.47	938.02	Oyo (802.9)	Abuja (1233.33)
Maize grain white sold loose	167.11	172.86	174.03	182.94	188.9	190.33	191.33	192.44	168.12	191.15	185.13	154.37	185.20	231.56	173.45	180.50	183.69	179.39	180.09	179.90	171.14	165.03	161.49	158.63	155.59	147.83	151.70	149.60	140.41	135.76	138.26	141.75	142.25	202.88	Bauchi (73.12)	Cross River (260.61)
Maize grain yellow sold loose	168.77	174.72	178.79	185.61	190.59	191.36	193.02	193.43	168.19	191.1	189.88	161.90	180.00	199.84	193.82	191.05	195.72	197.27	190.44	191.09	189.81	178.38	168.92	160.42	159.91	158.29	151.26	155.90	154.37	143.25	140.09	142.19	138.74			



# Methodology

Field work is done solely by over 700 NBS Staff in all States of the federation supported by supervisors who are monitored by internal and external observers.

Prices are collected across all the 774 local governments across all States and the FCT from over 10,000 respondents and locations and reflect actual prices households state they actually bought those items.

The average of all these prices is then reported for each state and the average for the country is the average for the state.

NBS audit team subsequently conducts randomly selected verification of prices recorded.

# Acknowledgements/Contacts

## Acknowledgements

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