



NATIONAL BUREAU OF STATISTICS

# Selected Food Prices Watch

(DECEMBER 2018)

**Report Date: January 2019**

*Data Source: National Bureau of Statistics (NBS)*

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# Executive Summary

Selected food price watch data for December 2018 reflected that the average price of 1 dozen of Agric eggs medium size decreased year-on-year by -5.55% and month-on-month by -2.26% to N466.97 in December 2018 from N477.76 in November 2018 while the average price of piece of Agric eggs medium size (price of one) increased year-on-year by 3.04% and month-on-month by 0.42% to N42.58 in December 2018 from N42.40 in November 2018.

The average price of 1kg of tomato decreased year-on-year by 1.69% and month-on-month by 7.76% to N271.51 in December 2018 from N294.36 in November 2018.

The average price of 1kg of rice (imported high quality sold loose) decreased year-on-year by 0.17% and month-on-month by 1.61% to N370.57 in December 2018 from N376.63 in November 2018.

Similarly, the average price of 1kg of yam tuber increased year-on-year by 0.49% and decreased month-on-month by -11.08% to N212.65 in December 2018 from N239.15 in November 2018.



UNIT OF MEASUREMENT

**1 Dozen**



DECEMBER 2018

**N466.97**



YEAR - ON - YEAR

**-5.55**



MONTH - ON - MONTH

**-2.26**



*Highest Price*

Anambra (550)



*Lowest Price*

Gombe (406.82)



Agric eggs  
medium size



UNIT OF MEASUREMENT

**1 Piece**



DECEMBER 2018

**42.58**



YEAR - ON - YEAR

**3.04**



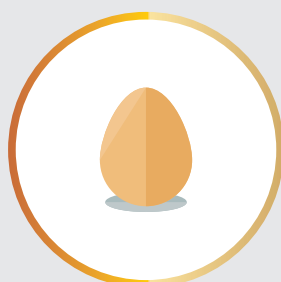
MONTH - ON - MONTH

**0.42**



*Highest Price*

Anambra (50)



*Lowest Price*

Gombe (35.68)



Agric eggs  
(medium size price of one)

## National – Beans



UNIT OF MEASUREMENT

**1KG**



DECEMBER 2018

**N386.78**



YEAR - ON - YEAR

**6.85**



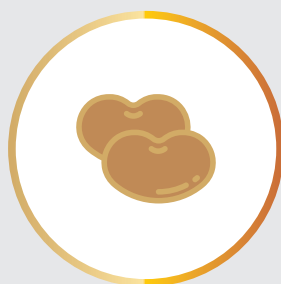
MONTH - ON - MONTH

**-2.51**



*Highest Price*

Ebonyi (527.47)



Beans brown,  
sold loose

*Lowest Price*

Yobe (230.67)



UNIT OF MEASUREMENT

**1KG**



DECEMBER 2018

**N344.72**



YEAR - ON - YEAR

**9.46**



MONTH - ON - MONTH

**-0.49**



*Highest Price*

Ebonyi (481.63)



Beans:white  
black eye. sold loose

*Lowest Price*

Kano (225.01)





UNIT OF MEASUREMENT

**1KG**



DECEMBER 2018

**N997.73**



YEAR - ON - YEAR

**-6.56**



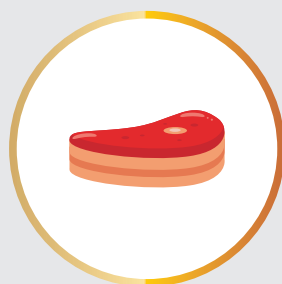
MONTH - ON - MONTH

**-0.09**



*Highest Price*

Abuja (1287.5)



Beef Bone in

*Lowest Price*

Osun (778.14)



UNIT OF MEASUREMENT

**1KG**



DECEMBER 2018

**N1270.81**



YEAR - ON - YEAR

**2.78**



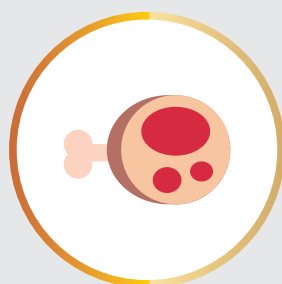
MONTH - ON - MONTH

**1.55**



*Highest Price*

Ebonyi (1518.52)



Beef ,boneless

*Lowest Price*

Kano (1020.06)





UNIT OF MEASUREMENT

**1 loaf**



DECEMBER 2018

**N296.91**



YEAR - ON - YEAR

**2.37**



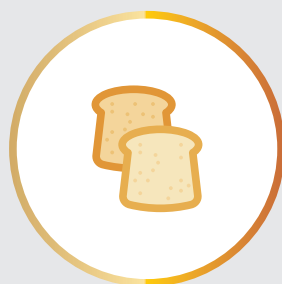
MONTH - ON - MONTH

**-2.80**



*Highest Price*

Bayelsa (421.44)



*Lowest Price*

Yobe (200)



Bread sliced 500g



UNIT OF MEASUREMENT

**1 loaf**



DECEMBER 2018

**N271.14**



YEAR - ON - YEAR

**1.08**



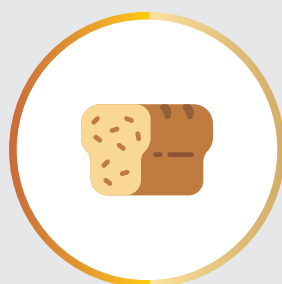
MONTH - ON - MONTH

**-2.42**



*Highest Price*

Bayelsa (419.23)



*Lowest Price*

Jigawa (220)



Bread unsliced 500g

## National - Rice



UNIT OF MEASUREMENT

**1KG**



DECEMBER 2018

**N381.64**



YEAR - ON - YEAR

**19.32**



MONTH - ON - MONTH

**-1.03**



*Highest Price*

Lagos (581.05)



*Lowest Price*

Kebbi (217.99)



Broken Rice (Ofada)



UNIT OF MEASUREMENT

**1KG**



DECEMBER 2018

**N321.58**



YEAR - ON - YEAR

**1.30**



MONTH - ON - MONTH

**-2.30**



*Highest Price*

Bayelsa (566.67)



*Lowest Price*

Jigawa (214.29)



Rice agric sold loose





UNIT OF MEASUREMENT

**1KG**



DECEMBER 2018

**N280.79**



YEAR - ON - YEAR

**0.66**



MONTH - ON - MONTH

**0.84**



*Highest Price*

Bayelsa (428.26)



*Lowest Price*

Zamfara (205.8)



Rice local sold loose



UNIT OF MEASUREMENT

**1KG**



DECEMBER 2018

**N318.00**



YEAR - ON - YEAR

**4.30**



MONTH - ON - MONTH

**-0.29**



*Highest Price*

Bayelsa (468.18)



*Lowest Price*

Kano (232.48)



Rice Medium Grained



UNIT OF MEASUREMENT

**1KG**



DECEMBER 2018

**N370.57**



YEAR - ON - YEAR

**-0.17**



MONTH - ON - MONTH

**-1.61**



*Highest Price*

Bayelsa (521.33)



*Lowest Price*

Katsina (264.91)



Rice, imported high quality sold loose



UNIT OF MEASUREMENT

**1KG**



DECEMBER 2018

**N737.76**



YEAR - ON - YEAR

**-36.18**



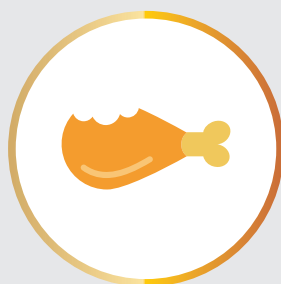
MONTH - ON - MONTH

**-25.13**



*Highest Price*

Ondo (1158.33)



Chicken Feet

*Lowest Price*

Bauchi (300)



UNIT OF MEASUREMENT

**1KG**



DECEMBER 2018

**N943.99**



YEAR - ON - YEAR

**-0.69**



MONTH - ON - MONTH

**-3.82**



*Highest Price*

Edo (1250)



Chicken Wings

*Lowest Price*

Kebbi (500)





UNIT OF MEASUREMENT

**1 Unit**



DECEMBER 2018

**N1625.05**



YEAR - ON - YEAR

**-4.89**



MONTH - ON - MONTH

**4.76**



*Highest Price*

Plateau (2900)



Frozen Chicken

*Lowest Price*

Kebbi (1200)





UNIT OF MEASUREMENT

**1 Unit**



DECEMBER 2018

**N163.28**



YEAR - ON - YEAR

**2.23**



MONTH - ON - MONTH

**0.53**



*Highest Price*

Taraba (200)



*Lowest Price*

Zamfara (137.78)



Evaporated tinned  
milk carnation 170g



UNIT OF MEASUREMENT

**1 Unit**



DECEMBER 2018

**N189.98**



YEAR - ON - YEAR

**-0.76**



MONTH - ON - MONTH

**1.29**



*Highest Price*

Taraba (218.33)



*Lowest Price*

Jigawa (163.75)



Evaporated tinned  
milk(peak), 170g



UNIT OF MEASUREMENT

**1KG**



DECEMBER 2018

**N166.64**



YEAR - ON - YEAR

**-16.55**



MONTH - ON - MONTH

**-9.23**



*Highest Price*

Borno (242.09)



*Lowest Price*

Cross River (107.21)



Gari white, sold loose



UNIT OF MEASUREMENT

**1KG**



DECEMBER 2018

**N195.99**



YEAR - ON - YEAR

**-10.81**



MONTH - ON - MONTH

**-11.88**



*Highest Price*

Borno (289.42)



*Lowest Price*

Cross River (119.05)



Gari yellow, sold loose

## National – Mudfish



UNIT OF MEASUREMENT

**1KG**



DECEMBER 2018

**N1032.24**



YEAR - ON - YEAR

**-2.62**



MONTH - ON - MONTH

**-3.27**



*Highest Price*

Abuja (1416.67)



*Lowest Price*

Rivers (825.66)



Mudfish (Aro) Fresh



UNIT OF MEASUREMENT

**1KG**



DECEMBER 2018

**N1861.66**



YEAR - ON - YEAR

**14.82**



MONTH - ON - MONTH

**-1.72**



*Highest Price*

Imo (2761.9)



*Lowest Price*

Kaduna (1181.43)



Mudfish : Dried



UNIT OF MEASUREMENT

**1KG**



DECEMBER 2018

**N1060.83**



YEAR - ON - YEAR

**15.33**



MONTH - ON - MONTH

**-4.61**



*Highest Price*

Lagos (1354.79)



*Lowest Price*

Kano (800)



Catfish (Obokun) Fresh



UNIT OF MEASUREMENT

**1KG**



DECEMBER 2018

**N1808.55**



YEAR - ON - YEAR

**-15.75**



MONTH - ON - MONTH

**-0.35**



*Highest Price*

Imo (2746.31)



*Lowest Price*

Sokoto (1055.75)



Catfish :Dried





UNIT OF MEASUREMENT

**1KG**



DECEMBER 2018

**N1519.80**



YEAR - ON - YEAR

**50.86**



MONTH - ON - MONTH

**1.94**



*Highest Price*

Ekiti (1900)



Catfish Smoked

*Lowest Price*

Sokoto (1157.14)



UNIT OF MEASUREMENT

**1KG**



DECEMBER 2018

**N1342.97**



YEAR - ON - YEAR

**24.60**



MONTH - ON - MONTH

**0.85**



*Highest Price*

Adamawa (1900)



Dried Fish Sardine

*Lowest Price*

Katsina (800)



## National – Fish



UNIT OF MEASUREMENT

**1KG**



DECEMBER 2018

**N906.39**



YEAR - ON - YEAR

**-41.34**



MONTH - ON - MONTH

**-1.58**



*Highest Price*

Abuja (1152.78)



Iced Sardine

*Lowest Price*

Ogun (600)



UNIT OF MEASUREMENT

**1KG**



DECEMBER 2018

**N887.54**



YEAR - ON - YEAR

**-23.41**



MONTH - ON - MONTH

**-4.98**



*Highest Price*

Bayelsa (1262.31)



Tilapia Fish (Epiya) Fresh

*Lowest Price*

Yobe (575)





UNIT OF MEASUREMENT

**1KG**



DECEMBER 2018

**N926.42**



YEAR - ON - YEAR

**-16.48**



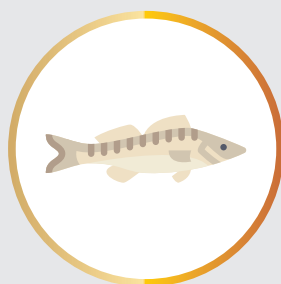
MONTH - ON - MONTH

**-16.17**



*Highest Price*

Abuja (1194.81)



Titus: Frozen

*Lowest Price*

Osun (717.05)



UNIT OF MEASUREMENT

**1KG**



DECEMBER 2018

**N934.19**



YEAR - ON - YEAR

**-8.01**



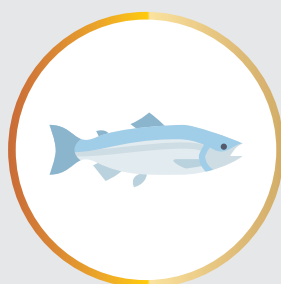
MONTH - ON - MONTH

**-0.38**



*Highest Price*

Abuja (1325)



Mackerel : Frozen

*Lowest Price*

Ekiti (761.06)





UNIT OF MEASUREMENT

**1KG**



DECEMBER 2018

**N212.65**



YEAR - ON - YEAR

**0.49**



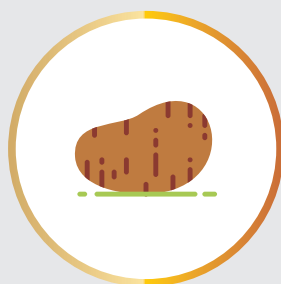
MONTH - ON - MONTH

**-11.08**



*Highest Price*

Abuja (321.02)



Yam Tuber

*Lowest Price*

Kano (115.72)



UNIT OF MEASUREMENT

**1KG**



DECEMBER 2018

**N298.59**



YEAR - ON - YEAR

**-4.98**



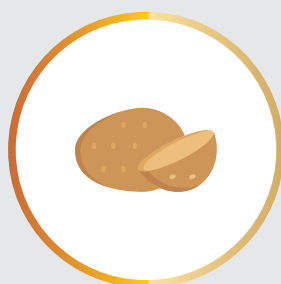
MONTH - ON - MONTH

**-9.55**



*Highest Price*

Akwa Ibom (475)



Irish Potato

*Lowest Price*

Taraba (182.73)





UNIT OF MEASUREMENT

**1KG**



DECEMBER 2018

**N140.70**



YEAR - ON - YEAR

**17.06**



MONTH - ON - MONTH

**-4.74**



*Highest Price*

Plateau (230.47)



Sweet Potato

*Lowest Price*

Borno (82.41)





UNIT OF MEASUREMENT

**1KG**



DECEMBER 2018

**N271.51**



YEAR - ON - YEAR

**-1.69**



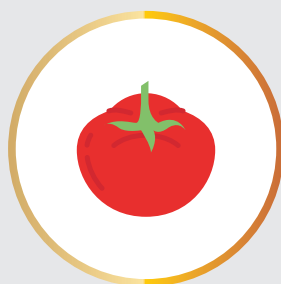
MONTH - ON - MONTH

**-7.76**



*Highest Price*

Rivers (495.07)



Tomato

*Lowest Price*

Kano (107.07)



UNIT OF MEASUREMENT

**1KG**



DECEMBER 2018

**N259.38**



YEAR - ON - YEAR

**-16.62**



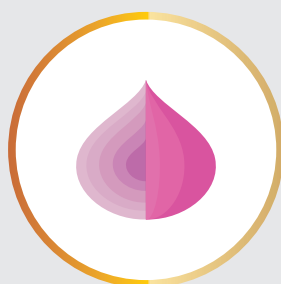
MONTH - ON - MONTH

**-9.83**



*Highest Price*

Bayelsa (426.12)



Onion bulb

*Lowest Price*

Jigawa (123.65)





UNIT OF MEASUREMENT

**1KG**



DECEMBER 2018

**N161.49**



YEAR - ON - YEAR

**4.61**



MONTH - ON - MONTH

**-2.14**



*Highest Price*

Cross River (347.72)



Maize grain  
white sold loose

*Lowest Price*

Katsina (80.02)



UNIT OF MEASUREMENT

**1KG**



DECEMBER 2018

**N160.42**



YEAR - ON - YEAR

**-0.91**



MONTH - ON - MONTH

**-5.03**



*Highest Price*

Bayelsa (333.02)



Maize grain  
yellow sold loose

*Lowest Price*

Yobe (85)



## National – Plantain



UNIT OF MEASUREMENT

**1KG**



DECEMBER 2018

**N227.28**



YEAR - ON - YEAR

**-5.63**



MONTH - ON - MONTH

**-10.55**



*Highest Price*

Kaduna (321.21)



Plantain (ripe)

*Lowest Price*

Cross River (146.03)



UNIT OF MEASUREMENT

**1KG**



DECEMBER 2018

**N215.73**



YEAR - ON - YEAR

**-14.75**



MONTH - ON - MONTH

**-4.35**



*Highest Price*

Plateau (382.46)



Plantain (unripe)

*Lowest Price*

Kwara (128.81)







UNIT OF MEASUREMENT

**1 Ltr**



DECEMBER 2018

**N585.52**



YEAR - ON - YEAR

**-11.33**



MONTH - ON - MONTH

**-3.04**



*Highest Price*

Cross River (946.67)



*Lowest Price*

Plateau (428.33)



Groundnut Oil: 1 bottle



UNIT OF MEASUREMENT

**1KG**



DECEMBER 2018

**N474.53**



YEAR - ON - YEAR

**-14.00**



MONTH - ON - MONTH

**-4.36**



*Highest Price*

Abuja (553.33)



*Lowest Price*

Sokoto (415.24)



Palm oil: 1 bottle,  
specify bottle



UNIT OF MEASUREMENT

**1 Ltr**



DECEMBER 2018

**N507.83**



YEAR - ON - YEAR

**-10.13**



MONTH - ON - MONTH

**-5.35**



*Highest Price*

Rivers (634.92)



Vegetable Oil:1 bottle,  
specify bottle

*Lowest Price*

Zamfara (420.18)





UNIT OF MEASUREMENT

**2KG**



DECEMBER 2018

**N662.89**



YEAR - ON - YEAR

**3.70**



MONTH - ON - MONTH

**0.49**



*Highest Price*

Anambra (745.83)



*Lowest Price*


Ogun (567.35)





Wheat flour: prepacked  
(golden penny 2kg)


# Selected Food Price Watch - December 2018

## Abia State







Tomato

|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>1KG</b>  | <b>N338.62</b>  |






Beans brown, sold loose

|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>1KG</b>  | <b>N487.50</b>  |






Rice Local sold Loose

|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>1KG</b>  | <b>N291.10</b>  |






Bread sliced 500g

|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>1 loaf</b>   | <b>N350.00</b>  |






Yam Tuber

|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>1KG</b>  | <b>N196.30</b>  |






Palm oil: 1 bottle

|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>1Ltr</b>   | <b>N479.37</b>  |






Beef, boneless

|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>1KG</b>  | <b>N1460.28</b>   |






Onion bulb

|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>1KG</b>  | <b>N231.10</b>  |





Garri white, sold Loose

|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>1KG</b>  | <b>N147.30</b>  |



Wheat flour: prepacked (golden penny) 2kg

|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>2KG</b>  | <b>N728.57</b>  |

# Selected Food Price Watch - December 2018


## Abia State





| ItemLabels                                | Unit of Measurement | Dec-18  | (Dec 2017-Dec 2018) | Nov 2018-Dec 2018 |
|---|---------------------|---------|---------------------|-------------------|
| Agric eggs medium size                    | 1 Dozen             | 495.79  | -2.38               | -0.88             |
| Agric eggs(medium size price of one)      | 1 Piece             | 49.05   | 2.96                | 0.39              |
| Beans brown,sold loose                    | 1Kg                 | 487.5   | 3.41                | 2.56              |
| Beans:white black eye. sold loose         | 1Kg                 | 480.16  | 10.35               | 4.97              |
| Beef Bone in                              | 1Kg                 | 990.6   | 1.8                 | 1.03              |
| Beef,boneless                             | 1Kg                 | 1460.28 | 9.7                 | 4.68              |
| Bread sliced 500g                         | 1 loaf              | 350     | -1.19               | 1.32              |
| Bread unsliced 500g                       | 1 loaf              | 261.54  | -20.64              | 2.34              |
| Broken Rice (Ofada)                       | 1Kg                 | 419.25  | -15.36              | 0.42              |
| Chicken Feet                              | 1Kg                 | 684.52  | -9.81               | 3.32              |
| Chicken Wings                             | 1Kg                 | 1170    | 22.3                | 7.95              |
| Evaporated tinned milk carnation 170g     | 1 unit              | 170.5   | -2.01               | 0.29              |
| Evaporated tinned milk(peak), 170g        | 1 unit              | 189.05  | -3.78               | -3.92             |
| Frozen chicken                            | 1 unit              | 1617.65 | -1.08               | 0.74              |
| Gari white,sold loose                     | 1Kg                 | 147.3   | -54.02              | 2.69              |
| Gari yellow,sold loose                    | 1Kg                 | 166.96  | -48.13              | 4.36              |
| Mudfish (aro) fresh                       | 1Kg                 | 1225.06 | 22.27               | 1.17              |
| Mudfish : dried                           | 1Kg                 | 2448.01 | -2.46               | 3.68              |
| Onion bulb                                | 1Kg                 | 231.1   | -22.62              | 15.44             |
| Rice agric sold loose                     | 1Kg                 | 381.82  | 13.08               | 2.59              |
| Rice local sold loose                     | 1Kg                 | 291.1   | -3.71               | -8.41             |
| Rice Medium Grained                       | 1Kg                 | 366.06  | 4.95                | 5.8               |
| Rice,imported high quality sold loose     | 1Kg                 | 410.74  | 2.56                | 1.64              |
| Tomato                                    | 1Kg                 | 338.62  | 10.07               | -16.5             |
| Yam tuber                                 | 1Kg                 | 196.3   | 6.63                | 24.12             |
| Dried Fish Sardine                        | 1Kg                 | 1415.61 | -1.34               | -4.73             |
| Iced Sardine                              | 1Kg                 | 903.15  | 4.66                | -5                |
| Irish potato                              | 1Kg                 | 322.06  | 15.02               | 1.22              |
| Sweet potato                              | 1Kg                 | 145.77  | 26.45               | 45.77             |
| Tilapia fish (epiya) fresh                | 1Kg                 | 1015.32 | 8.01                | 0.56              |
| Titus:frozen                              | 1Kg                 | 955.2   | 8.29                | 4.32              |
| Catfish (obokun) fresh                    | 1Kg                 | 1320.14 | 15.3                | 0.36              |
| Catfish :dried                            | 1Kg                 | 2208.19 | 4.53                | -7.25             |
| Catfish Smoked                            | 1Kg                 | 1725.71 | 6.58                | 0.23              |
| Mackerel : frozen                         | 1Kg                 | 885.06  | -13.45              | -2.29             |
| Groundnut oil: 1 bottle, specify bottle   | 1Ltr                | 666.67  | 8.11                | 1.57              |
| Maize grain white sold loose              | 1Kg                 | 239.07  | 18.2                | -0.05             |
| Maize grain yellow sold loose             | 1Kg                 | 241.39  | 8.02                | -3.74             |
| Palm oil: 1 bottle,specify bottle         | 1Ltr                | 479.37  | 10.15               | 3.98              |
| Plantain(ripe)                            | 1Kg                 | 191.42  | -22.17              | -6.62             |
| Plantain(unripe)                          | 1Kg                 | 174.03  | -18.36              | 7.33              |
| Vegetable oil:1 bottle,specify bottle     | 1Ltr                | 603.33  | 37.41               | -1.19             |
| Wheat flour: prepacked (golden penny 2kg) | 2Kg                 | 728.57  | 11.35               | -0.37             |


# Selected Food Price Watch - December 2018

## Abuja FCT







Tomato

|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>1KG</b>  | <b>N278.93</b>  |






Beans brown, sold loose

|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>1KG</b>  | <b>N430.69</b>  |






Rice Local sold Loose

|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>1KG</b>  | <b>N295.03</b>  |






Bread sliced 500g

|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>1 loaf</b>   | <b>N316.67</b>  |






Yam Tuber

|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>1KG</b>  | <b>N321.02</b>  |






Palm oil: 1 bottle

|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>1Ltr</b>   | <b>N553.33</b>  |






Beef, boneless

|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>1KG</b>  | <b>N1405.00</b>   |






Onion bulb

|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>1KG</b>  | <b>N205.68</b>  |





Garri white, sold Loose

|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>1KG</b>  | <b>N198.41</b>  |



Wheat flour: prepacked (golden penny) 2kg

|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>2KG</b>  | <b>N666.67</b>  |

# Selected Food Price Watch - December 2018


## Abuja FCT





| ItemLabels                                | Unit of Measurement | Dec-18  | (Dec 2017-Dec 2018) | Nov 2018-Dec 2018 |
|---|---------------------|---------|---------------------|-------------------|
| Agric eggs medium size                    | 1 Dozen             | 498     | 21.89               | 17.18             |
| Agric eggs(medium size price of one)      | 1 Piece             | 42      | 14.55               | 8.53              |
| Beans brown,sold loose                    | 1Kg                 | 430.69  | 42.56               | 19.06             |
| Beans:white black eye. sold loose         | 1Kg                 | 376.68  | 29.18               | 19.28             |
| Beef Bone in                              | 1Kg                 | 1287.5  | 17.05               | 22.02             |
| Beef,boneless                             | 1Kg                 | 1405    | 7.68                | -1.06             |
| Bread sliced 500g                         | 1 loaf              | 316.67  | 4.4                 | 2.7               |
| Bread unsliced 500g                       | 1 loaf              | 316.67  | -1.04               | 5.56              |
| Broken Rice (Ofada)                       | 1Kg                 | 420.32  | -6.59               | -4.66             |
| Chicken Feet                              | 1Kg                 | 695     | -7.95               | -1.42             |
| Chicken Wings                             | 1Kg                 | 1200    | 20                  | 6.67              |
| Evaporated tinned milk carnation 170g     | 1 unit              | 171.35  | 7.69                | -0.5              |
| Evaporated tinned milk(peak), 170g        | 1 unit              | 182     | -0.27               | -4.21             |
| Frozen chicken                            | 1 unit              | 1730    | -3.89               | 1.76              |
| Gari white,sold loose                     | 1Kg                 | 198.41  | -10.29              | 9.89              |
| Gari yellow,sold loose                    | 1Kg                 | 226.98  | -7.56               | 9.13              |
| Mudfish (aro) fresh                       | 1Kg                 | 1416.67 | 31.78               | 11.91             |
| Mudfish : dried                           | 1Kg                 | 2200    | -38.03              | -12.05            |
| Onion bulb                                | 1Kg                 | 205.68  | 41.15               | -21.46            |
| Rice agric sold loose                     | 1Kg                 | 255.43  | 9.82                | -0.39             |
| Rice local sold loose                     | 1Kg                 | 295.03  | 8.8                 | -14.26            |
| Rice Medium Grained                       | 1Kg                 | 338.71  | 9.07                | 5                 |
| Rice,imported high quality sold loose     | 1Kg                 | 428.23  | 10.54               | 4.37              |
| Tomato                                    | 1Kg                 | 278.93  | -15.22              | 27.37             |
| Yam tuber                                 | 1Kg                 | 321.02  | 71.04               | 57.02             |
| Dried Fish Sardine                        | 1Kg                 | 1590.91 | -20.49              | 0                 |
| Iced Sardine                              | 1Kg                 | 1152.78 | 2.98                | 0.24              |
| Irish potato                              | 1Kg                 | 310.71  | 35.47               | -1.77             |
| Sweet potato                              | 1Kg                 | 139.03  | 21.02               | -23.34            |
| Tilapia fish (epiya) fresh                | 1Kg                 | 1231.58 | 27.87               | 8.33              |
| Titus:frozen                              | 1Kg                 | 1194.81 | 1.24                | 8.11              |
| Catfish (obokun) fresh                    | 1Kg                 | 1350    | 56.07               | 15.12             |
| Catfish :dried                            | 1Kg                 | 2198.72 | 4.7                 | 15.41             |
| Catfish Smoked                            | 1Kg                 | 1820.3  | 9.93                | 0.43              |
| Mackerel : frozen                         | 1Kg                 | 1325    | 60.02               | 19.73             |
| Groundnut oil: 1 bottle, specify bottle   | 1Ltr                | 690     | 49.5                | 7.81              |
| Maize grain white sold loose              | 1Kg                 | 146.43  | -1.57               | -2.95             |
| Maize grain yellow sold loose             | 1Kg                 | 134.72  | -23.87              | -4.45             |
| Palm oil: 1 bottle,specify bottle         | 1Ltr                | 553.33  | 35.33               | 1.22              |
| Plantain(ripe)                            | 1Kg                 | 298.61  | 24.53               | 17.81             |
| Plantain(unripe)                          | 1Kg                 | 289.54  | 24.63               | 21.4              |
| Vegetable oil:1 bottle,specify bottle     | 1Ltr                | 553.33  | 7.1                 | -1.19             |
| Wheat flour: prepacked (golden penny 2kg) | 2Kg                 | 666.67  | 2.04                | -2.72             |


# Selected Food Price Watch - December 2018

## Adamawa State







Tomato

|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>1KG</b>  | <b>N190.73</b>  |






Beans brown, sold loose

|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>1KG</b>  | <b>N310.89</b>  |






Rice Local sold Loose

|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>1KG</b>  | <b>N244.13</b>  |






Bread sliced 500g

|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>1 loaf</b>   | <b>N284.29</b>  |






Yam Tuber

|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>1KG</b>  | <b>N187.89</b>  |






Palm oil: 1 bottle

|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>1Ltr</b>   | <b>N502.56</b>  |






Beef, boneless

|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>1KG</b>  | <b>N1149.11</b>   |






Onion bulb

|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>1KG</b>  | <b>N244.58</b>  |





Garri white, sold Loose

|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>1KG</b>  | <b>N190.29</b>  |



Wheat flour: prepacked (golden penny) 2kg

|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>2KG</b>  | <b>N700.00</b>  |



# Selected Food Price Watch - December 2018


## Adamawa State





| ItemLabels                                | Unit of Measurement | Dec-18  | (Dec 2017-Dec 2018) | Nov 2018-Dec 2018 |
|---|---------------------|---------|---------------------|-------------------|
| Agric eggs medium size                    | 1 Dozen             | 450     | 3.23                | -1.59             |
| Agric eggs(medium size price of one)      | 1 Piece             | 45.77   | 12.38               | 13.24             |
| Beans brown,sold loose                    | 1Kg                 | 310.89  | 20.76               | 5.37              |
| Beans:white black eye. sold loose         | 1Kg                 | 260.6   | 4.63                | -9.24             |
| Beef Bone in                              | 1Kg                 | 933.99  | -9.61               | 0.82              |
| Beef,boneless                             | 1Kg                 | 1149.11 | -7.13               | 1.02              |
| Bread sliced 500g                         | 1 loaf              | 284.29  | -5.34               | -8.95             |
| Bread unsliced 500g                       | 1 loaf              | 256.25  | -0.04               | 0.95              |
| Broken Rice (Ofada)                       | 1Kg                 | 341.41  | -0.22               | -5.67             |
| Chicken Feet                              | 1Kg                 | 510     | -21.54              | 2                 |
| Chicken Wings                             | 1Kg                 | 651.67  | -2.74               | -4.24             |
| Evaporated tinned milk carnation 170g     | 1 unit              | 185     | 11                  | 7.56              |
| Evaporated tinned milk(peak), 170g        | 1 unit              | 191.54  | 3.22                | 0.47              |
| Frozen chicken                            | 1 unit              | 1400.05 | -14.92              | 3.17              |
| Gari white,sold loose                     | 1Kg                 | 190.29  | -45.02              | -11.2             |
| Gari yellow,sold loose                    | 1Kg                 | 219.83  | -43.16              | -18.64            |
| Mudfish (aro) fresh                       | 1Kg                 | 875.83  | -14.45              | 1.81              |
| Mudfish : dried                           | 1Kg                 | 1889.53 | -10.95              | -4.33             |
| Onion bulb                                | 1Kg                 | 244.58  | 93.09               | 21.87             |
| Rice agric sold loose                     | 1Kg                 | 247.22  | -19.53              | -17.71            |
| Rice local sold loose                     | 1Kg                 | 244.13  | 10.18               | -0.68             |
| Rice Medium Grained                       | 1Kg                 | 296.3   | 18.81               | 14.19             |
| Rice,imported high quality sold loose     | 1Kg                 | 330.52  | -6.23               | -9.53             |
| Tomato                                    | 1Kg                 | 190.73  | -4.97               | 4.75              |
| Yam tuber                                 | 1Kg                 | 187.89  | -18.54              | -8.55             |
| Dried Fish Sardine                        | 1Kg                 | 1900    | 20.97               | 5.56              |
| Iced Sardine                              | 1Kg                 | 947.15  | -0.34               | -4.84             |
| Irish potato                              | 1Kg                 | 297.23  | 18.64               | 11.81             |
| Sweet potato                              | 1Kg                 | 118.4   | 44.54               | 30.58             |
| Tilapia fish (epiya) fresh                | 1Kg                 | 707.14  | -27.76              | -8.02             |
| Titus:frozen                              | 1Kg                 | 866.07  | 16.34               | 3.63              |
| Catfish (obokun) fresh                    | 1Kg                 | 1020.17 | 33.07               | 1.38              |
| Catfish :dried                            | 1Kg                 | 1280.47 | -24.68              | -1.98             |
| Catfish Smoked                            | 1Kg                 | 1209.54 | -15.15              | 0.8               |
| Mackerel : frozen                         | 1Kg                 | 935.12  | 22.11               | 3.9               |
| Groundnut oil: 1 bottle, specify bottle   | 1Ltr                | 635.9   | 13.82               | 19.92             |
| Maize grain white sold loose              | 1Kg                 | 110.62  | -14.42              | 10.93             |
| Maize grain yellow sold loose             | 1Kg                 | 110.15  | -16.6               | 2.74              |
| Palm oil: 1 bottle,specify bottle         | 1Ltr                | 502.56  | 25.5                | -11.09            |
| Plantain(ripe)                            | 1Kg                 | 250     | 0.3                 | -15.42            |
| Plantain(unripe)                          | 1Kg                 | 294.12  | 38.14               | 7.1               |
| Vegetable oil:1 bottle,specify bottle     | 1Ltr                | 512.82  | -0.16               | -0.9              |
| Wheat flour: prepacked (golden penny 2kg) | 2Kg                 | 700     | 5.66                | 7.69              |


# Selected Food Price Watch - December 2018

## Akwa Ibom State







Tomato

|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>1KG</b>  | <b>N421.36</b>  |






Beans brown, sold loose

|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>1KG</b>  | <b>N457.07</b>  |






Rice Local sold Loose

|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>1KG</b>  | <b>N305.93</b>  |






Bread sliced 500g

|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>1 loaf</b>   | <b>N353.85</b>  |






Yam Tuber

|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>1KG</b>  | <b>N221.88</b>  |






Palm oil: 1 bottle

|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>1Ltr</b>   | <b>N507.69</b>  |






Beef, boneless

|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>1KG</b>  | <b>N1394.90</b>   |






Onion bulb

|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>1KG</b>  | <b>N396.30</b>  |





Garri white, sold Loose

|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>1KG</b>  | <b>N123.77</b>  |



Wheat flour: prepacked (golden penny) 2kg

|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>2KG</b>  | <b>N685.00</b>  |

# Selected Food Price Watch - December 2018


## Akwa Ibom State





| ItemLabels                                | Unit of Measurement | Dec-18  | (Dec 2017-Dec 2018) | Nov 2018-Dec 2018 |
|---|---------------------|---------|---------------------|-------------------|
| Agric eggs medium size                    | 1 Dozen             | 470     | 1.44                | 5.22              |
| Agric eggs(medium size price of one)      | 1 Piece             | 42.73   | 4.8                 | 4.02              |
| Beans brown,sold loose                    | 1Kg                 | 457.07  | 0                   | 1.17              |
| Beans:white black eye. sold loose         | 1Kg                 | 457.41  | 6.37                | 10.02             |
| Beef Bone in                              | 1Kg                 | 917.48  | -10.8               | -14.25            |
| Beef,boneless                             | 1Kg                 | 1394.9  | 10.28               | -0.72             |
| Bread sliced 500g                         | 1 loaf              | 353.85  | 10                  | 1.1               |
| Bread unsliced 500g                       | 1 loaf              | 298.46  | 6.47                | -7.69             |
| Broken Rice (Ofada)                       | 1Kg                 | 320     | -13.51              | -1.54             |
| Chicken Feet                              | 1Kg                 | 708.33  | -28.06              | -13.16            |
| Chicken Wings                             | 1Kg                 | 1000.69 | 8.23                | 3.41              |
| Evaporated tinned milk carnation 170g     | 1 unit              | 155     | -8.82               | 3.33              |
| Evaporated tinned milk(peak), 170g        | 1 unit              | 206.67  | 9.26                | 11.71             |
| Frozen chicken                            | 1 unit              | 1633.33 | -15.52              | -15.22            |
| Gari white,sold loose                     | 1Kg                 | 123.77  | -35.44              | 19.73             |
| Gari yellow,sold loose                    | 1Kg                 | 150.18  | -30.96              | 1.19              |
| Mudfish (aro) fresh                       | 1Kg                 | 1294.68 | -15.56              | -7.19             |
| Mudfish : dried                           | 1Kg                 | 1837.22 | -25.04              | -7.32             |
| Onion bulb                                | 1Kg                 | 396.3   | 29.57               | -13.95            |
| Rice agric sold loose                     | 1Kg                 | 373.33  | 9.8                 | -4.98             |
| Rice local sold loose                     | 1Kg                 | 305.93  | -4.3                | 8.26              |
| Rice Medium Grained                       | 1Kg                 | 375     | 3.53                | 14.21             |
| Rice,imported high quality sold loose     | 1Kg                 | 431.38  | 12.26               | 15.61             |
| Tomato                                    | 1Kg                 | 421.36  | 3.83                | -12.89            |
| Yam tuber                                 | 1Kg                 | 221.88  | -2.56               | -13.86            |
| Dried Fish Sardine                        | 1Kg                 | 1251.96 | 4.62                | -4.06             |
| Iced Sardine                              | 1Kg                 | 978.57  | 2.58                | -6.31             |
| Irish potato                              | 1Kg                 | 475     | 111.4               | 8.42              |
| Sweet potato                              | 1Kg                 | 145.63  | 18.02               | 10.49             |
| Tilapia fish (epiya) fresh                | 1Kg                 | 1095.83 | 23.59               | 0.97              |
| Titus:frozen                              | 1Kg                 | 1000.33 | 2.8                 | 0.41              |
| Catfish (obokun) fresh                    | 1Kg                 | 1275.51 | -0.39               | 5.84              |
| Catfish :dried                            | 1Kg                 | 1653.34 | -20.23              | 9.97              |
| Catfish Smoked                            | 1Kg                 | 1400.02 | 5.62                | 0.36              |
| Mackerel : frozen                         | 1Kg                 | 809.41  | -5.28               | -17.32            |
| Groundnut oil: 1 bottle, specify bottle   | 1Ltr                | 600     | 29.44               | -0.4              |
| Maize grain white sold loose              | 1Kg                 | 259.26  | 12.22               | 0.93              |
| Maize grain yellow sold loose             | 1Kg                 | 267.59  | 4.09                | 29.4              |
| Palm oil: 1 bottle,specify bottle         | 1Ltr                | 507.69  | 14.27               | -1.74             |
| Plantain(ripe)                            | 1Kg                 | 268.72  | 2.28                | -6.1              |
| Plantain(unripe)                          | 1Kg                 | 218.45  | -17.18              | 2.12              |
| Vegetable oil:1 bottle,specify bottle     | 1Ltr                | 595.15  | -1.74               | -3.14             |
| Wheat flour: prepacked (golden penny 2kg) | 2Kg                 | 685     | 1.67                | -3.01             |


# Selected Food Price Watch - December 2018

## Anambra State







Tomato

|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>1KG</b>  | <b>N329.92</b>  |






Beans brown, sold loose

|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>1KG</b>  | <b>N436.54</b>  |






Rice Local sold Loose

|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>1KG</b>  | <b>N278.74</b>  |






Bread sliced 500g

|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>1 loaf</b>   | <b>N350.00</b>  |






Yam Tuber

|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>1KG</b>  | <b>N178.91</b>  |






Palm oil: 1 bottle

|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>1Ltr</b>   | <b>N500.25</b>  |






Beef, boneless

|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>1KG</b>  | <b>N1400.66</b>   |






Onion bulb

|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>1KG</b>  | <b>N387.21</b>  |





Garri white, sold Loose

|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>1KG</b>  | <b>N139.99</b>  |



Wheat flour: prepacked (golden penny) 2kg

|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>2KG</b>  | <b>N745.83</b>  |

# Selected Food Price Watch - December 2018


## Anambra State





| ItemLabels                                | Unit of Measurement | Dec-18  | (Dec 2017-Dec 2018) | Nov 2018-Dec 2018 |
|---|---------------------|---------|---------------------|-------------------|
| Agric eggs medium size                    | 1 Dozen             | 550     | 2.5                 | -2.05             |
| Agric eggs(medium size price of one)      | 1 Piece             | 50      | 5.88                | 0                 |
| Beans brown,sold loose                    | 1Kg                 | 436.54  | 6.5                 | 6.72              |
| Beans:white black eye. sold loose         | 1Kg                 | 406.48  | 0.2                 | 5.29              |
| Beef Bone in                              | 1Kg                 | 914.61  | -5.44               | -0.66             |
| Beef,boneless                             | 1Kg                 | 1400.66 | 3.67                | -2.41             |
| Bread sliced 500g                         | 1 loaf              | 350     | 9.38                | -1.41             |
| Bread unsliced 500g                       | 1 loaf              | 289.29  | -7.53               | -6.25             |
| Broken Rice (Ofada)                       | 1Kg                 | 410     | -14.86              | 7.74              |
| Chicken Feet                              | 1Kg                 | 800     | -7.62               | 6.67              |
| Chicken Wings                             | 1Kg                 | 1066.67 | 7.74                | 10.34             |
| Evaporated tinned milk carnation 170g     | 1 unit              | 180.02  | 20.01               | -0.29             |
| Evaporated tinned milk(peak), 170g        | 1 unit              | 188.52  | -2.07               | 1.22              |
| Frozen chicken                            | 1 unit              | 1812.5  | 18.72               | 1.83              |
| Gari white,sold loose                     | 1Kg                 | 139.99  | -25.32              | -11.26            |
| Gari yellow,sold loose                    | 1Kg                 | 174.87  | -27.61              | -13.14            |
| Mudfish (aro) fresh                       | 1Kg                 | 980.45  | 1.51                | 2.47              |
| Mudfish : dried                           | 1Kg                 | 2404.76 | 16.36               | 5.5               |
| Onion bulb                                | 1Kg                 | 387.21  | 71.45               | 29.07             |
| Rice agric sold loose                     | 1Kg                 | 352.38  | 1.93                | -0.5              |
| Rice local sold loose                     | 1Kg                 | 278.74  | -0.47               | 2.25              |
| Rice Medium Grained                       | 1Kg                 | 332     | 3.47                | -7.06             |
| Rice,imported high quality sold loose     | 1Kg                 | 397.16  | 13.17               | -0.36             |
| Tomato                                    | 1Kg                 | 329.92  | 1.91                | 30.01             |
| Yam tuber                                 | 1Kg                 | 178.91  | -5.85               | 1.32              |
| Dried Fish Sardine                        | 1Kg                 | 1491.56 | -0.56               | -1.26             |
| Iced Sardine                              | 1Kg                 | 964.25  | 2.27                | -3.58             |
| Irish potato                              | 1Kg                 | 400.43  | 133.49              | 14.41             |
| Sweet potato                              | 1Kg                 | 125.91  | 5.54                | 4.92              |
| Tilapia fish (epiya) fresh                | 1Kg                 | 1043.48 | 46.97               | -5.35             |
| Titus:frozen                              | 1Kg                 | 984.19  | 35.57               | 3.6               |
| Catfish (obokun) fresh                    | 1Kg                 | 1227.54 | 40.2                | -4.32             |
| Catfish :dried                            | 1Kg                 | 2395.87 | 0.82                | 8.14              |
| Catfish Smoked                            | 1Kg                 | 1600.05 | -15.37              | 2.59              |
| Mackerel : frozen                         | 1Kg                 | 988.84  | 6.26                | 3.34              |
| Groundnut oil: 1 bottle, specify bottle   | 1Ltr                | 703.33  | 43.38               | 7.8               |
| Maize grain white sold loose              | 1Kg                 | 249.79  | -7.73               | 1.44              |
| Maize grain yellow sold loose             | 1Kg                 | 240.38  | -9.53               | -0.85             |
| Palm oil: 1 bottle,specify bottle         | 1Ltr                | 500.25  | 2.79                | -1.53             |
| Plantain(ripe)                            | 1Kg                 | 250.23  | 2.62                | 25.11             |
| Plantain(unripe)                          | 1Kg                 | 195.41  | -24.62              | -2.3              |
| Vegetable oil:1 bottle,specify bottle     | 1Ltr                | 539.49  | 15.89               | 1.89              |
| Wheat flour: prepacked (golden penny 2kg) | 2Kg                 | 745.83  | 13.52               | 1.94              |


# Selected Food Price Watch - December 2018

## Bauchi State







Tomato

|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>1KG</b>  | <b>N174.66</b>  |






Beans brown, sold loose

|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>1KG</b>  | <b>N304.05</b>  |






Rice Local sold Loose

|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>1KG</b>  | <b>N224.11</b>  |






Bread sliced 500g

|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>1 loaf</b>   | <b>N230.00</b>  |






Yam Tuber

|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>1KG</b>  | <b>N129.58</b>  |






Palm oil: 1 bottle

|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>1Ltr</b>   | <b>N485.71</b>  |






Beef, boneless

|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>1KG</b>  | <b>N1284.62</b>   |






Onion bulb

|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>1KG</b>  | <b>N147.07</b>  |





Garri white, sold Loose

|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>1KG</b>  | <b>N158.33</b>  |



Wheat flour: prepacked (golden penny) 2kg

|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>2KG</b>  | <b>N666.67</b>  |

# Selected Food Price Watch - December 2018


## Bauchi State





| ItemLabels                                | Unit of Measurement | Dec-18  | (Dec 2017-Dec 2018) | Nov 2018-Dec 2018 |
|---|---------------------|---------|---------------------|-------------------|
| Agric eggs medium size                    | 1 Dozen             | 437.14  | -4.23               | 1.66              |
| Agric eggs(medium size price of one)      | 1 Piece             | 37.86   | -3.88               | -0.17             |
| Beans brown,sold loose                    | 1Kg                 | 304.05  | -4.23               | -1.96             |
| Beans:white black eye. sold loose         | 1Kg                 | 300.21  | 8.32                | -7.46             |
| Beef Bone in                              | 1Kg                 | 1009.88 | -1.47               | 4.47              |
| Beef,boneless                             | 1Kg                 | 1284.62 | 20.81               | 4.44              |
| Bread sliced 500g                         | 1 loaf              | 230     | -10.39              | -9.64             |
| Bread unsliced 500g                       | 1 loaf              | 233.33  | -6.67               | -3.45             |
| Broken Rice (Ofada)                       | 1Kg                 | 333.33  | 12.1                | -0.66             |
| Chicken Feet                              | 1Kg                 | 300     | -25.8               | -22.08            |
| Chicken Wings                             | 1Kg                 | 550     | -0.09               | -5.71             |
| Evaporated tinned milk carnation 170g     | 1 unit              | 155     | -11.43              | -8.05             |
| Evaporated tinned milk(peak), 170g        | 1 unit              | 187.14  | -6.64               | -5.24             |
| Frozen chicken                            | 1 unit              | 1500    | -16.67              | 0                 |
| Gari white,sold loose                     | 1Kg                 | 158.33  | -50.78              | 1.9               |
| Gari yellow,sold loose                    | 1Kg                 | 165.43  | -46.95              | -23.24            |
| Mudfish (aro) fresh                       | 1Kg                 | 1002.5  | 25.22               | 12.04             |
| Mudfish : dried                           | 1Kg                 | 1595.8  | 4.82                | 4.81              |
| Onion bulb                                | 1Kg                 | 147.07  | 11.63               | 3.18              |
| Rice agric sold loose                     | 1Kg                 | 270.77  | -8.17               | -2.7              |
| Rice local sold loose                     | 1Kg                 | 224.11  | -13.87              | 6.17              |
| Rice Medium Grained                       | 1Kg                 | 308.74  | 10.95               | 33.96             |
| Rice,imported high quality sold loose     | 1Kg                 | 328.78  | -6.98               | -1.44             |
| Tomato                                    | 1Kg                 | 174.66  | -13.56              | -5.76             |
| Yam tuber                                 | 1Kg                 | 129.58  | -12.07              | -6.54             |
| Dried Fish Sardine                        | 1Kg                 | 1230    | -21.05              | 2.45              |
| Iced Sardine                              | 1Kg                 | 766.67  | -4.17               | -13.76            |
| Irish potato                              | 1Kg                 | 329.58  | 132.47              | 3.2               |
| Sweet potato                              | 1Kg                 | 101.51  | 33.9                | -4.53             |
| Tilapia fish (epiya) fresh                | 1Kg                 | 600     | -11.76              | -7.87             |
| Titus:frozen                              | 1Kg                 | 900     | 47.54               | -2.17             |
| Catfish (obokun) fresh                    | 1Kg                 | 1200    | 30.37               | 11.63             |
| Catfish :dried                            | 1Kg                 | 1651.5  | -17.44              | 7.24              |
| Catfish Smoked                            | 1Kg                 | 1650.56 | -5.68               | 2.03              |
| Mackerel : frozen                         | 1Kg                 | 1000    | 5.26                | 11.11             |
| Groundnut oil: 1 bottle, specify bottle   | 1Ltr                | 542.22  | 20.09               | -17.62            |
| Maize grain white sold loose              | 1Kg                 | 106.51  | -25.28              | 22.18             |
| Maize grain yellow sold loose             | 1Kg                 | 106.8   | -28.84              | 14.74             |
| Palm oil: 1 bottle,specify bottle         | 1Ltr                | 485.71  | 1.19                | -3.07             |
| Plantain(ripe)                            | 1Kg                 | 280     | 8                   | -9.13             |
| Plantain(unripe)                          | 1Kg                 | 200.85  | -5.13               | -5.58             |
| Vegetable oil:1 bottle,specify bottle     | 1Ltr                | 445.71  | -5.17               | -8.23             |
| Wheat flour: prepacked (golden penny 2kg) | 2Kg                 | 666.67  | 4.99                | 0.06              |


# Selected Food Price Watch - December 2018

## Bayelsa State







Tomato

|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>1KG</b>  | <b>N413.57</b>  |






Beans brown, sold loose

|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>1KG</b>  | <b>N433.82</b>  |






Rice Local sold Loose

|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>1KG</b>  | <b>N428.26</b>  |






Bread sliced 500g

|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>1 loaf</b>   | <b>N421.44</b>  |






Yam Tuber

|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>1KG</b>  | <b>N292.03</b>  |






Palm oil: 1 bottle

|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>1Ltr</b>   | <b>N500.44</b>  |






Beef, boneless

|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>1KG</b>  | <b>N1395.48</b>   |






Onion bulb

|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>1KG</b>  | <b>N426.12</b>  |





Garri white, sold Loose

|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>1KG</b>  | <b>N231.75</b>  |



Wheat flour: prepacked (golden penny) 2kg

|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>2KG</b>  | <b>N735.56</b>  |



# Selected Food Price Watch - December 2018


## Bayelsa State





| ItemLabels                                | Unit of Measurement | Dec-18  | (Dec 2017-Dec 2018) | Nov 2018-Dec 2018 |
|---|---------------------|---------|---------------------|-------------------|
| Agric eggs medium size                    | 1 Dozen             | 523.33  | 5.88                | -0.91             |
| Agric eggs(medium size price of one)      | 1 Piece             | 48      | 6.12                | -1.54             |
| Beans brown,sold loose                    | 1Kg                 | 433.82  | 16.92               | -3.17             |
| Beans:white black eye. sold loose         | 1Kg                 | 417.86  | 12.22               | -0.9              |
| Beef Bone in                              | 1Kg                 | 1036.08 | -19.58              | -4.25             |
| Beef,boneless                             | 1Kg                 | 1395.48 | 2.58                | 3.13              |
| Bread sliced 500g                         | 1 loaf              | 421.44  | 15.69               | -4.22             |
| Bread unsliced 500g                       | 1 loaf              | 419.23  | 3.42                | -8.86             |
| Broken Rice (Ofada)                       | 1Kg                 | 505     | 18.82               | 6.32              |
| Chicken Feet                              | 1Kg                 | 846.21  | -7.53               | -3.29             |
| Chicken Wings                             | 1Kg                 | 1167.02 | 1.71                | 3.97              |
| Evaporated tinned milk carnation 170g     | 1 unit              | 147.14  | -3.2                | -1.08             |
| Evaporated tinned milk(peak), 170g        | 1 unit              | 183.33  | 0.99                | -1.96             |
| Frozen chicken                            | 1 unit              | 2000    | 6.1                 | 0                 |
| Gari white,sold loose                     | 1Kg                 | 231.75  | -3.5                | -2.92             |
| Gari yellow,sold loose                    | 1Kg                 | 251.67  | -12.71              | 2.16              |
| Mudfish (aro) fresh                       | 1Kg                 | 1101.79 | -18.7               | -2.54             |
| Mudfish : dried                           | 1Kg                 | 1837.07 | 14.59               | -6.29             |
| Onion bulb                                | 1Kg                 | 426.12  | 60.27               | 23.97             |
| Rice agric sold loose                     | 1Kg                 | 566.67  | 41.33               | 12.49             |
| Rice local sold loose                     | 1Kg                 | 428.26  | 14.81               | -4.42             |
| Rice Medium Grained                       | 1Kg                 | 468.18  | 17.05               | -1.92             |
| Rice,imported high quality sold loose     | 1Kg                 | 521.33  | 27.03               | 0.41              |
| Tomato                                    | 1Kg                 | 413.57  | 12.39               | 5.7               |
| Yam tuber                                 | 1Kg                 | 292.03  | -4.94               | -4.82             |
| Dried Fish Sardine                        | 1Kg                 | 1309.19 | -2.18               | 7.92              |
| Iced Sardine                              | 1Kg                 | 984.83  | 27.34               | -5.64             |
| Irish potato                              | 1Kg                 | 370.5   | 110.05              | -5.2              |
| Sweet potato                              | 1Kg                 | 196.15  | 50.74               | -8.71             |
| Tilapia fish (epiya) fresh                | 1Kg                 | 1262.31 | 75.01               | -6.29             |
| Titus:frozen                              | 1Kg                 | 999.28  | 35.73               | 1.13              |
| Catfish (obokun) fresh                    | 1Kg                 | 1342.39 | 21.62               | 10.2              |
| Catfish :dried                            | 1Kg                 | 1842.83 | -8.95               | -6.36             |
| Catfish Smoked                            | 1Kg                 | 1783.03 | -12.8               | 4.76              |
| Mackerel : frozen                         | 1Kg                 | 1078.69 | 17.25               | 14.79             |
| Groundnut oil: 1 bottle, specify bottle   | 1Ltr                | 550.03  | 9.79                | 1.03              |
| Maize grain white sold loose              | 1Kg                 | 300.24  | 19.17               | 10.8              |
| Maize grain yellow sold loose             | 1Kg                 | 333.02  | 32.98               | 5.14              |
| Palm oil: 1 bottle,specify bottle         | 1Ltr                | 500.44  | 1.72                | -3.91             |
| Plantain(ripe)                            | 1Kg                 | 182.46  | -19.44              | 6                 |
| Plantain(unripe)                          | 1Kg                 | 173.51  | -17.85              | 3.44              |
| Vegetable oil:1 bottle,specify bottle     | 1Ltr                | 518.22  | 18.68               | 0.09              |
| Wheat flour: prepacked (golden penny 2kg) | 2Kg                 | 735.56  | 8.2                 | 1.36              |


# Selected Food Price Watch - December 2018

## Benue State







Tomato

|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>1KG</b>  | <b>N245.53</b>  |






Beans brown, sold loose

|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>1KG</b>  | <b>N376.18</b>  |






Rice Local sold Loose

|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>1KG</b>  | <b>N256.45</b>  |






Bread sliced 500g

|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>1 loaf</b>   | <b>N305.00</b>  |






Yam Tuber

|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>1KG</b>  | <b>N198.85</b>  |






Palm oil: 1 bottle

|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>1Ltr</b>   | <b>N509.52</b>  |






Beef, boneless

|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>1KG</b>  | <b>N1276.81</b>   |






Onion bulb

|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>1KG</b>  | <b>N201.64</b>  |





Garri white, sold Loose

|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>1KG</b>  | <b>N163.16</b>  |



Wheat flour: prepacked (golden penny) 2kg

|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>2KG</b>  | <b>N570.00</b>  |

# Selected Food Price Watch - December 2018


## Benue State





| ItemLabels                                | Unit of Measurement | Dec-18   | (Dec 2017-Dec 2018) | Nov 2018-Dec 2018 |
|---|---------------------|----------|---------------------|-------------------|
| Agric eggs medium size                    | 1 Dozen             | 498.89   | -2.67               | -0.22             |
| Agric eggs(medium size price of one)      | 1 Piece             | 45.45    | -2.75               | -1.49             |
| Beans brown,sold loose                    | 1Kg                 | 376.18   | -2.87               | 1.84              |
| Beans:white black eye. sold loose         | 1Kg                 | 308.06   | -11.9               | -6.17             |
| Beef Bone in                              | 1Kg                 | 1000     | -4.26               | 1.48              |
| Beef,boneless                             | 1Kg                 | 1276.81  | -0.71               | -0.25             |
| Bread sliced 500g                         | 1 loaf              | 305      | -2.06               | -5.34             |
| Bread unsliced 500g                       | 1 loaf              | 290      | 6.02                | -3.41             |
| Broken Rice (Ofada)                       | 1Kg                 | 333.33   | -9.91               | 10.62             |
| Chicken Feet                              | 1Kg                 | 800      | -17.95              | -15.42            |
| Chicken Wings                             | 1Kg                 | 1020.83  | -4.3                | -20.47            |
| Evaporated tinned milk carnation 170g     | 1 unit              | 155      | -4.62               | 3.33              |
| Evaporated tinned milk(peak), 170g        | 1 unit              | 180.91   | -7.46               | 3.8               |
| Frozen chicken                            | 1 unit              | 1700     | 0                   | 6.25              |
| Gari white,sold loose                     | 1Kg                 | 163.16   | -21.94              | -11.31            |
| Gari yellow,sold loose                    | 1Kg                 | 189.84   | -48.12              | -11.55            |
| Mudfish (aro) fresh                       | 1Kg                 | 1300     | 19.81               | -5.45             |
| Mudfish : dried                           | 1Kg                 | 1605.65  | -27.49              | -16.49            |
| Onion bulb                                | 1Kg                 | 201.64   | 0.32                | -21.66            |
| Rice agric sold loose                     | 1Kg                 | 316.67   | 23.38               | -16.24            |
| Rice local sold loose                     | 1Kg                 | 256.45   | -3.88               | -7.81             |
| Rice Medium Grained                       | 1Kg                 | 258.38   | 5.52                | 0.38              |
| Rice,imported high quality sold loose     | 1Kg                 | 333.07   | -5.74               | -16.43            |
| Tomato                                    | 1Kg                 | 245.53   | 1.17                | -14.48            |
| Yam tuber                                 | 1Kg                 | 198.85   | 10.94               | -2.26             |
| Dried Fish Sardine                        | 1Kg                 | 1500     | 31.39               | -2.59             |
| Iced Sardine                              | 1Kg                 | 1000     | 46.9                | 1.49              |
| Irish potato                              | 1Kg                 | 284.57   | 57.81               | -17.46            |
| Sweet potato                              | 1Kg                 | 103.14   | 3.22                | -26.17            |
| Tilapia fish (epiya) fresh                | 1Kg                 | 800      | 23.08               | -13.64            |
| Titus:frozen                              | 1Kg                 | 938.57   | 56.19               | -12.37            |
| Catfish (obokun) fresh                    | 1Kg                 | 1050     | 35.76               | -6.67             |
| Catfish :dried                            | 1Kg                 | 1541.8   | 3.5                 | -3.8              |
| Catfish Smoked                            | 1Kg                 | 1530.025 | -15.9               | 1.39              |
| Mackerel : frozen                         | 1Kg                 | 991.67   | 34.7                | -7.75             |
| Groundnut oil: 1 bottle, specify bottle   | 1Ltr                | 609.63   | 37.99               | -0.76             |
| Maize grain white sold loose              | 1Kg                 | 127.43   | -34.84              | -14.51            |
| Maize grain yellow sold loose             | 1Kg                 | 141.14   | -31.25              | -2.19             |
| Palm oil: 1 bottle,specify bottle         | 1Ltr                | 509.52   | -3.89               | -4.46             |
| Plantain(ripe)                            | 1Kg                 | 205.07   | -4.67               | -19.49            |
| Plantain(unripe)                          | 1Kg                 | 209.55   | -11.67              | -9.15             |
| Vegetable oil:1 bottle,specify bottle     | 1Ltr                | 509.7    | 8.45                | -14.75            |
| Wheat flour: prepacked (golden penny 2kg) | 2Kg                 | 570      | -13.26              | -12.93            |


# Selected Food Price Watch - December 2018

## Borno State







Tomato

|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>1KG</b>  | <b>N176.00</b>  |






Beans brown, sold loose

|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>1KG</b>  | <b>N302.77</b>  |






Rice Local sold Loose

|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>1KG</b>  | <b>N262.99</b>  |






Bread sliced 500g

|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>1 loaf</b>   | <b>N298.46</b>  |






Yam Tuber

|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>1KG</b>  | <b>N188.61</b>  |






Palm oil: 1 bottle

|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>1Ltr</b>   | <b>N537.44</b>  |






Beef, boneless

|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>1KG</b>  | <b>N1153.85</b>   |






Onion bulb

|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>1KG</b>  | <b>N261.33</b>  |





Garri white, sold Loose

|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>1KG</b>  | <b>N242.09</b>  |



Wheat flour: prepacked (golden penny) 2kg

|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>2KG</b>  | <b>N700.00</b>  |

# Selected Food Price Watch - December 2018


## Borno State





| ItemLabels                                | Unit of Measurement | Dec-18  | (Dec 2017-Dec 2018) | Nov 2018-Dec 2018 |
|---|---------------------|---------|---------------------|-------------------|
| Agric eggs medium size                    | 1 Dozen             | 452.14  | 0.68                | -6.77             |
| Agric eggs(medium size price of one)      | 1 Piece             | 42.69   | 4.59                | -1.48             |
| Beans brown,sold loose                    | 1Kg                 | 302.77  | -19.44              | -19.69            |
| Beans:white black eye. sold loose         | 1Kg                 | 307.74  | -12.55              | -8.55             |
| Beef Bone in                              | 1Kg                 | 963.47  | -9.99               | 7.23              |
| Beef,boneless                             | 1Kg                 | 1153.85 | 1.2                 | 5.29              |
| Bread sliced 500g                         | 1 loaf              | 298.46  | -6.73               | -0.57             |
| Bread unsliced 500g                       | 1 loaf              | 232.14  | -14.65              | -11.95            |
| Broken Rice (Ofada)                       | 1Kg                 | 300.5   | -18.9               | 4.19              |
| Chicken Feet                              | 1Kg                 | 455.28  | -13.28              | 1.03              |
| Chicken Wings                             | 1Kg                 | 702.54  | 4.86                | 0.36              |
| Evaporated tinned milk carnation 170g     | 1 unit              | 183.33  | 4.76                | 7.53              |
| Evaporated tinned milk(peak), 170g        | 1 unit              | 190     | 3.26                | 1.33              |
| Frozen chicken                            | 1 unit              | 1500    | 0                   | -3.23             |
| Gari white,sold loose                     | 1Kg                 | 242.09  | -25.58              | -12.79            |
| Gari yellow,sold loose                    | 1Kg                 | 289.42  | -15.82              | -3.74             |
| Mudfish (aro) fresh                       | 1Kg                 | 946.36  | 0.2                 | -6.3              |
| Mudfish : dried                           | 1Kg                 | 1777.23 | 4.54                | 1.56              |
| Onion bulb                                | 1Kg                 | 261.33  | 65.71               | 4.5               |
| Rice agric sold loose                     | 1Kg                 | 336.15  | -16.14              | -13.58            |
| Rice local sold loose                     | 1Kg                 | 262.99  | -15.69              | 12.07             |
| Rice Medium Grained                       | 1Kg                 | 316.24  | -17.09              | -9.28             |
| Rice,imported high quality sold loose     | 1Kg                 | 386.91  | 7.59                | -0.35             |
| Tomato                                    | 1Kg                 | 176     | -21.54              | -15.28            |
| Yam tuber                                 | 1Kg                 | 188.61  | -3.23               | -5.96             |
| Dried Fish Sardine                        | 1Kg                 | 1575    | 3.28                | 11.02             |
| Iced Sardine                              | 1Kg                 | 922.27  | 17.99               | -10.02            |
| Irish potato                              | 1Kg                 | 391.34  | 155.74              | 15.72             |
| Sweet potato                              | 1Kg                 | 82.41   | -4.47               | -18.05            |
| Tilapia fish (epiya) fresh                | 1Kg                 | 692.2   | 2.71                | -2.51             |
| Titus:frozen                              | 1Kg                 | 886.92  | 5.43                | 1.78              |
| Catfish (obokun) fresh                    | 1Kg                 | 1062.5  | 19.04               | 3.33              |
| Catfish :dried                            | 1Kg                 | 1801.35 | 12.39               | 3.19              |
| Catfish Smoked                            | 1Kg                 | 1286.11 | -14.26              | -0.79             |
| Mackerel : frozen                         | 1Kg                 | 1050    | 20                  | 7.14              |
| Groundnut oil: 1 bottle, specify bottle   | 1Ltr                | 602.86  | 15.48               | -2.59             |
| Maize grain white sold loose              | 1Kg                 | 122.76  | -10.95              | -6.14             |
| Maize grain yellow sold loose             | 1Kg                 | 121.47  | -7.08               | 5.74              |
| Palm oil: 1 bottle,specify bottle         | 1Ltr                | 537.44  | 8.08                | -9.08             |
| Plantain(ripe)                            | 1Kg                 | 255.77  | 15.53               | -17.57            |
| Plantain(unripe)                          | 1Kg                 | 268.73  | 13.55               | -3.69             |
| Vegetable oil:1 bottle,specify bottle     | 1Ltr                | 506.67  | -4.4                | -11.63            |
| Wheat flour: prepacked (golden penny 2kg) | 2Kg                 | 700     | 16.67               | 7.69              |


# Selected Food Price Watch - December 2018

## Cross River State







Tomato

|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>1KG</b>  | <b>N447.63</b>  |






Beans brown, sold loose

|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>1KG</b>  | <b>N423.28</b>  |






Rice Local sold Loose

|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>1KG</b>  | <b>N251.30</b>  |






Bread sliced 500g

|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>1 loaf</b>   | <b>N340.00</b>  |






Yam Tuber

|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>1KG</b>  | <b>N198.95</b>  |






Palm oil: 1 bottle

|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>1Ltr</b>   | <b>N442.42</b>  |






Beef, boneless

|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>1KG</b>  | <b>N1372.59</b>   |






Onion bulb

|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>1KG</b>  | <b>N312.16</b>  |





Garri white, sold Loose

|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>1KG</b>  | <b>N107.21</b>  |



Wheat flour: prepacked (golden penny) 2kg

|   |   |
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|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>2KG</b>  | <b>N735.42</b>  |

# Selected Food Price Watch - December 2018


## Cross River State





| ItemLabels                                | Unit of Measurement | Dec-18  | (Dec 2017-Dec 2018) | Nov 2018-Dec 2018 |
|---|---------------------|---------|---------------------|-------------------|
| Agric eggs medium size                    | 1 Dozen             | 470.48  | -9.2                | 0.88              |
| Agric eggs(medium size price of one)      | 1 Piece             | 46.19   | 0.67                | 2.6               |
| Beans brown,sold loose                    | 1Kg                 | 423.28  | 2.89                | -2.55             |
| Beans:white black eye. sold loose         | 1Kg                 | 369.59  | -0.44               | -0.46             |
| Beef Bone in                              | 1Kg                 | 1065.07 | 9.38                | -9.85             |
| Beef,boneless                             | 1Kg                 | 1372.59 | 0.03                | -1.67             |
| Bread sliced 500g                         | 1 loaf              | 340     | 1.68                | -2.25             |
| Bread unsliced 500g                       | 1 loaf              | 297.73  | -5.3                | -2.96             |
| Broken Rice (Ofada)                       | 1Kg                 | 340.91  | -13.17              | 1.6               |
| Chicken Feet                              | 1Kg                 | 1050    | 9.83                | 7.13              |
| Chicken Wings                             | 1Kg                 | 1100    | 14.58               | -6.38             |
| Evaporated tinned milk carnation 170g     | 1 unit              | 152.35  | -4.07               | 1.23              |
| Evaporated tinned milk(peak), 170g        | 1 unit              | 178     | -7.35               | -1.5              |
| Frozen chicken                            | 1 unit              | 1700    | -1.92               | -0.97             |
| Gari white,sold loose                     | 1Kg                 | 107.21  | -61.65              | 12.43             |
| Gari yellow,sold loose                    | 1Kg                 | 119.05  | -56.62              | 12.61             |
| Mudfish (aro) fresh                       | 1Kg                 | 1039.23 | 7                   | -11.84            |
| Mudfish : dried                           | 1Kg                 | 2086.75 | 7.01                | -5.45             |
| Onion bulb                                | 1Kg                 | 312.16  | 2.96                | 3.45              |
| Rice agric sold loose                     | 1Kg                 | 320.66  | -9.15               | -4.67             |
| Rice local sold loose                     | 1Kg                 | 251.3   | -16.89              | -3.97             |
| Rice Medium Grained                       | 1Kg                 | 328.79  | 4.69                | -1.47             |
| Rice,imported high quality sold loose     | 1Kg                 | 354.27  | 2.46                | -4.63             |
| Tomato                                    | 1Kg                 | 447.63  | 8.63                | 20.31             |
| Yam tuber                                 | 1Kg                 | 198.95  | -11.39              | -10.74            |
| Dried Fish Sardine                        | 1Kg                 | 1343.84 | -7.64               | -2.69             |
| Iced Sardine                              | 1Kg                 | 846.79  | -2.71               | -7.79             |
| Irish potato                              | 1Kg                 | 359.14  | 103.54              | -14.96            |
| Sweet potato                              | 1Kg                 | 182.4   | 35.27               | 52.65             |
| Tilapia fish (epiya) fresh                | 1Kg                 | 1058.63 | 20.74               | -5.01             |
| Titus:frozen                              | 1Kg                 | 1130.63 | 31.33               | -5.37             |
| Catfish (obokun) fresh                    | 1Kg                 | 1230.56 | 45.98               | 1.3               |
| Catfish :dried                            | 1Kg                 | 2449.88 | 12.89               | 7.12              |
| Catfish Smoked                            | 1Kg                 | 1640.91 | -7                  | 2.61              |
| Mackerel : frozen                         | 1Kg                 | 985.34  | 14.9                | -4.45             |
| Groundnut oil: 1 bottle, specify bottle   | 1Ltr                | 946.67  | 113.97              | 36.15             |
| Maize grain white sold loose              | 1Kg                 | 347.72  | 38.53               | 36.7              |
| Maize grain yellow sold loose             | 1Kg                 | 266.09  | 6.63                | 5.9               |
| Palm oil: 1 bottle,specify bottle         | 1Ltr                | 442.42  | -9.81               | -0.89             |
| Plantain(ripe)                            | 1Kg                 | 146.03  | -41.64              | 5.12              |
| Plantain(unripe)                          | 1Kg                 | 134.97  | -35.77              | -6.95             |
| Vegetable oil:1 bottle,specify bottle     | 1Ltr                | 544.93  | -8.67               | -0.65             |
| Wheat flour: prepacked (golden penny 2kg) | 2Kg                 | 735.42  | 6.58                | 0.45              |


# Selected Food Price Watch - December 2018

## Delta State







Tomato

|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>1KG</b>  | <b>N352.12</b>  |






Beans brown, sold loose

|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>1KG</b>  | <b>N401.58</b>  |






Rice Local sold Loose

|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>1KG</b>  | <b>N316.18</b>  |






Bread sliced 500g

|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>1 loaf</b>   | <b>N300.00</b>  |






Yam Tuber

|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>1KG</b>  | <b>N190.55</b>  |






Palm oil: 1 bottle

|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>1Ltr</b>   | <b>N502.75</b>  |






Beef, boneless

|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>1KG</b>  | <b>N1409.92</b>   |






Onion bulb

|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>1KG</b>  | <b>N325.82</b>  |





Garri white, sold Loose

|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>1KG</b>  | <b>N189.68</b>  |



Wheat flour: prepacked (golden penny) 2kg

|   |   |
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|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>2KG</b>  | <b>N686.92</b>  |



# Selected Food Price Watch - December 2018


## Delta State





| ItemLabels                                | Unit of Measurement | Dec-18  | (Dec 2017-Dec 2018) | Nov 2018-Dec 2018 |
|---|---------------------|---------|---------------------|-------------------|
| Agric eggs medium size                    | 1 Dozen             | 509.41  | 13.2                | 3.04              |
| Agric eggs(medium size price of one)      | 1 Piece             | 47.65   | 9.46                | 7.28              |
| Beans brown,sold loose                    | 1Kg                 | 401.58  | 12.01               | -1.66             |
| Beans:white black eye. sold loose         | 1Kg                 | 363.4   | 4.63                | 4.89              |
| Beef Bone in                              | 1Kg                 | 1001.64 | -18.71              | 1.2               |
| Beef,boneless                             | 1Kg                 | 1409.92 | 1.18                | 6.58              |
| Bread sliced 500g                         | 1 loaf              | 300     | -0.29               | -0.97             |
| Bread unsliced 500g                       | 1 loaf              | 277.14  | -7.46               | -1.46             |
| Broken Rice (Ofada)                       | 1Kg                 | 332.78  | -20.98              | 8.42              |
| Chicken Feet                              | 1Kg                 | 920.07  | -0.29               | -6.05             |
| Chicken Wings                             | 1Kg                 | 1134.13 | 6.66                | -3.48             |
| Evaporated tinned milk carnation 170g     | 1 unit              | 145.58  | -16.81              | 0.4               |
| Evaporated tinned milk(peak), 170g        | 1 unit              | 189.41  | -10.51              | 4.68              |
| Frozen chicken                            | 1 unit              | 1618.75 | -0.52               | 1.17              |
| Gari white,sold loose                     | 1Kg                 | 189.68  | -27.2               | 3.21              |
| Gari yellow,sold loose                    | 1Kg                 | 220.77  | -19.39              | 1.81              |
| Mudfish (aro) fresh                       | 1Kg                 | 1166.21 | -7.46               | 14.88             |
| Mudfish : dried                           | 1Kg                 | 1976.5  | 15.31               | -0.23             |
| Onion bulb                                | 1Kg                 | 325.82  | 13.82               | 0.32              |
| Rice agric sold loose                     | 1Kg                 | 392.44  | 11.22               | -5.03             |
| Rice local sold loose                     | 1Kg                 | 316.18  | 13.56               | 4.06              |
| Rice Medium Grained                       | 1Kg                 | 374.02  | 16.61               | -0.66             |
| Rice,imported high quality sold loose     | 1Kg                 | 429.15  | 11.08               | 4.02              |
| Tomato                                    | 1Kg                 | 352.12  | -12.4               | 3.13              |
| Yam tuber                                 | 1Kg                 | 190.55  | 16.55               | -6.4              |
| Dried Fish Sardine                        | 1Kg                 | 1259.61 | 0.93                | 6.78              |
| Iced Sardine                              | 1Kg                 | 869.66  | 5.83                | -6.41             |
| Irish potato                              | 1Kg                 | 373.44  | 59.85               | 1.89              |
| Sweet potato                              | 1Kg                 | 142.54  | 18.03               | -8.75             |
| Tilapia fish (epiya) fresh                | 1Kg                 | 1130.05 | 29.46               | 11.79             |
| Titus:frozen                              | 1Kg                 | 989.63  | 7.8                 | -0.56             |
| Catfish (obokun) fresh                    | 1Kg                 | 1114.46 | 28.18               | -11.48            |
| Catfish :dried                            | 1Kg                 | 1976.55 | -2.76               | -1.99             |
| Catfish Smoked                            | 1Kg                 | 1550.61 | -17.78              | 3.42              |
| Mackerel : frozen                         | 1Kg                 | 965.97  | -0.1                | -5.52             |
| Groundnut oil: 1 bottle, specify bottle   | 1Ltr                | 683.33  | 38.2                | -3.3              |
| Maize grain white sold loose              | 1Kg                 | 201.99  | -9.36               | 0.34              |
| Maize grain yellow sold loose             | 1Kg                 | 207.69  | -6.79               | 8.86              |
| Palm oil: 1 bottle,specify bottle         | 1Ltr                | 502.75  | 3.94                | 8.09              |
| Plantain(ripe)                            | 1Kg                 | 192.92  | -15.16              | -11.01            |
| Plantain(unripe)                          | 1Kg                 | 200.16  | -6.35               | 7.11              |
| Vegetable oil:1 bottle,specify bottle     | 1Ltr                | 524.44  | 1.02                | -2.38             |
| Wheat flour: prepacked (golden penny 2kg) | 2Kg                 | 686.92  | 0.65                | 0.5               |


# Selected Food Price Watch - December 2018

## Ebonyi State







Tomato

|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>1KG</b>  | <b>N251.85</b>  |






Beans brown, sold loose

|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>1KG</b>  | <b>N527.47</b>  |






Rice Local sold Loose

|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>1KG</b>  | <b>N257.14</b>  |






Bread sliced 500g

|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>1 loaf</b>   | <b>N327.27</b>  |






Yam Tuber

|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>1KG</b>  | <b>N207.03</b>  |






Palm oil: 1 bottle

|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>1Ltr</b>   | <b>N450.48</b>  |






Beef, boneless

|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>1KG</b>  | <b>N1518.52</b>   |






Onion bulb

|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>1KG</b>  | <b>N252.01</b>  |





Garri white, sold Loose

|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>1KG</b>  | <b>N185.48</b>  |



Wheat flour: prepacked (golden penny) 2kg

|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>2KG</b>  | <b>N661.43</b>  |

# Selected Food Price Watch - December 2018


## Ebonyi State





| ItemLabels                                | Unit of Measurement | Dec-18  | (Dec 2017-Dec 2018) | Nov 2018-Dec 2018 |
|---|---------------------|---------|---------------------|-------------------|
| Agric eggs medium size                    | 1 Dozen             | 502.29  | 2.72                | 6.42              |
| Agric eggs(medium size price of one)      | 1 Piece             | 48.57   | 10.39               | 9.15              |
| Beans brown,sold loose                    | 1Kg                 | 527.47  | -0.92               | 3.29              |
| Beans:white black eye. sold loose         | 1Kg                 | 481.63  | 13.14               | 4.58              |
| Beef Bone in                              | 1Kg                 | 1011.11 | 3.22                | 12.35             |
| Beef,boneless                             | 1Kg                 | 1518.52 | 11.06               | 1.23              |
| Bread sliced 500g                         | 1 loaf              | 327.27  | -10.74              | 3.45              |
| Bread unsliced 500g                       | 1 loaf              | 259.09  | -13.64              | 4.59              |
| Broken Rice (Ofada)                       | 1Kg                 | 362.81  | -13.62              | 0.08              |
| Chicken Feet                              | 1Kg                 | 715.57  | -15.82              | 0.08              |
| Chicken Wings                             | 1Kg                 | 951.05  | 1.97                | 0.08              |
| Evaporated tinned milk carnation 170g     | 1 unit              | 180     | 9.92                | 12.47             |
| Evaporated tinned milk(peak), 170g        | 1 unit              | 185.83  | -6.4                | -2.96             |
| Frozen chicken                            | 1 unit              | 1550    | 14.81               | 6.9               |
| Gari white,sold loose                     | 1Kg                 | 185.48  | -39.3               | -11.23            |
| Gari yellow,sold loose                    | 1Kg                 | 257.17  | -24.36              | -11.17            |
| Mudfish (aro) fresh                       | 1Kg                 | 915.65  | 10.32               | 0.8               |
| Mudfish : dried                           | 1Kg                 | 2272.39 | -0.25               | 0.8               |
| Onion bulb                                | 1Kg                 | 252.01  | -6.4                | 12.01             |
| Rice agric sold loose                     | 1Kg                 | 340     | -11.23              | 12.43             |
| Rice local sold loose                     | 1Kg                 | 257.14  | -21.12              | -5                |
| Rice Medium Grained                       | 1Kg                 | 326.7   | 7.88                | 0.08              |
| Rice,imported high quality sold loose     | 1Kg                 | 400     | -9.09               | -0.59             |
| Tomato                                    | 1Kg                 | 251.85  | -34.04              | -21.3             |
| Yam tuber                                 | 1Kg                 | 207.03  | -25.01              | -17.19            |
| Dried Fish Sardine                        | 1Kg                 | 1300    | 1.48                | -4.71             |
| Iced Sardine                              | 1Kg                 | 1090.91 | 32.08               | 17.5              |
| Irish potato                              | 1Kg                 | 366.67  | 122.97              | 4.76              |
| Sweet potato                              | 1Kg                 | 137.52  | 20.1                | 14.6              |
| Tilapia fish (epiya) fresh                | 1Kg                 | 1105.23 | 34.69               | 0.09              |
| Titus:frozen                              | 1Kg                 | 969.4   | 26.2                | 1.6               |
| Catfish (obokun) fresh                    | 1Kg                 | 1215.38 | 27.59               | 8.44              |
| Catfish :dried                            | 1Kg                 | 2210.08 | -5.95               | 0.6               |
| Catfish Smoked                            | 1Kg                 | 1674.32 | -6.49               | 0.6               |
| Mackerel : frozen                         | 1Kg                 | 996.13  | -5.44               | -9.28             |
| Groundnut oil: 1 bottle, specify bottle   | 1Ltr                | 800     | 62.16               | 6.5               |
| Maize grain white sold loose              | 1Kg                 | 234.92  | 9.05                | 17.25             |
| Maize grain yellow sold loose             | 1Kg                 | 232.48  | 2.87                | 13.07             |
| Palm oil: 1 bottle,specify bottle         | 1Ltr                | 450.48  | -1.5                | -8.17             |
| Plantain(ripe)                            | 1Kg                 | 172.98  | -36.5               | -30.81            |
| Plantain(unripe)                          | 1Kg                 | 220     | -14.37              | 9.79              |
| Vegetable oil:1 bottle,specify bottle     | 1Ltr                | 480.95  | -5.76               | -9.34             |
| Wheat flour: prepacked (golden penny 2kg) | 2Kg                 | 661.43  | -9.81               | -3.79             |


# Selected Food Price Watch - December 2018

## Edo State







Tomato

|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>1KG</b>  | <b>N400.90</b>  |






Beans brown, sold loose

|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>1KG</b>  | <b>N406.81</b>  |






Rice Local sold Loose

|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>1KG</b>  | <b>N346.55</b>  |






Bread sliced 500g

|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>1 loaf</b>   | <b>N314.67</b>  |






Yam Tuber

|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>1KG</b>  | <b>N255.98</b>  |






Palm oil: 1 bottle

|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>1Ltr</b>   | <b>N533.33</b>  |






Beef, boneless

|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>1KG</b>  | <b>N1407.50</b>   |






Onion bulb

|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>1KG</b>  | <b>N371.82</b>  |





Garri white, sold Loose

|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>1KG</b>  | <b>N203.57</b>  |



Wheat flour: prepacked (golden penny) 2kg

|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>2KG</b>  | <b>N725.00</b>  |

# Selected Food Price Watch - December 2018


## Edo State





| ItemLabels                                | Unit of Measurement | Dec-18  | (Dec 2017-Dec 2018) | Nov 2018-Dec 2018 |
|---|---------------------|---------|---------------------|-------------------|
| Agric eggs medium size                    | 1 Dozen             | 494     | -2.29               | -1.69             |
| Agric eggs(medium size price of one)      | 1 Piece             | 47.33   | 3.65                | -0.66             |
| Beans brown,sold loose                    | 1Kg                 | 406.81  | 31.87               | 1.08              |
| Beans:white black eye. sold loose         | 1Kg                 | 345.78  | 14.7                | -2.49             |
| Beef Bone in                              | 1Kg                 | 1009.74 | -8.28               | 9.76              |
| Beef,boneless                             | 1Kg                 | 1407.5  | 2.02                | 7.44              |
| Bread sliced 500g                         | 1 loaf              | 314.67  | 0.69                | -2.1              |
| Bread unsliced 500g                       | 1 loaf              | 266.67  | 11.93               | -1.75             |
| Broken Rice (Ofada)                       | 1Kg                 | 360     | -28                 | -10               |
| Chicken Feet                              | 1Kg                 | 985     | 37.68               | 8.52              |
| Chicken Wings                             | 1Kg                 | 1250    | 3.07                | 2.74              |
| Evaporated tinned milk carnation 170g     | 1 unit              | 141.54  | -16.04              | -4.94             |
| Evaporated tinned milk(peak), 170g        | 1 unit              | 192.67  | -1.03               | -2.75             |
| Frozen chicken                            | 1 unit              | 1339.29 | 7.57                | -4.58             |
| Gari white,sold loose                     | 1Kg                 | 203.57  | -36.44              | 2.72              |
| Gari yellow,sold loose                    | 1Kg                 | 201.08  | -18.9               | 0.12              |
| Mudfish (aro) fresh                       | 1Kg                 | 1133.98 | -8.14               | -5.75             |
| Mudfish : dried                           | 1Kg                 | 1598.35 | -23.78              | -4.04             |
| Onion bulb                                | 1Kg                 | 371.82  | 71.44               | -1.54             |
| Rice agric sold loose                     | 1Kg                 | 382.22  | 22.64               | -5.29             |
| Rice local sold loose                     | 1Kg                 | 346.55  | 18.48               | -7.07             |
| Rice Medium Grained                       | 1Kg                 | 364.88  | 13.77               | -8.25             |
| Rice,imported high quality sold loose     | 1Kg                 | 411.9   | 11.25               | -0.4              |
| Tomato                                    | 1Kg                 | 400.9   | 30.23               | 13.8              |
| Yam tuber                                 | 1Kg                 | 255.98  | 24.73               | 20.1              |
| Dried Fish Sardine                        | 1Kg                 | 1324.89 | 17.41               | -1.18             |
| Iced Sardine                              | 1Kg                 | 1003.91 | 19.27               | 10.32             |
| Irish potato                              | 1Kg                 | 380.09  | 125.84              | -12.53            |
| Sweet potato                              | 1Kg                 | 136.81  | -1.62               | -7.7              |
| Tilapia fish (epiya) fresh                | 1Kg                 | 1209.42 | 55.85               | 4.73              |
| Titus:frozen                              | 1Kg                 | 934.5   | 4.17                | 3.05              |
| Catfish (obokun) fresh                    | 1Kg                 | 1021.09 | -12.95              | -7.54             |
| Catfish :dried                            | 1Kg                 | 2316.81 | 8.14                | 10.66             |
| Catfish Smoked                            | 1Kg                 | 1514.13 | -21.83              | 3.24              |
| Mackerel : frozen                         | 1Kg                 | 938.43  | 13.65               | 1.64              |
| Groundnut oil: 1 bottle, specify bottle   | 1Ltr                | 703.33  | 56.3                | 2.23              |
| Maize grain white sold loose              | 1Kg                 | 239.68  | 3.38                | -3.01             |
| Maize grain yellow sold loose             | 1Kg                 | 242.71  | 10.14               | -2.5              |
| Palm oil: 1 bottle,specify bottle         | 1Ltr                | 533.33  | 5.84                | 2.73              |
| Plantain(ripe)                            | 1Kg                 | 154.7   | -14.47              | -0.08             |
| Plantain(unripe)                          | 1Kg                 | 150.8   | -19.54              | 2.45              |
| Vegetable oil:1 bottle,specify bottle     | 1Ltr                | 538.1   | -11.42              | -6.01             |
| Wheat flour: prepacked (golden penny 2kg) | 2Kg                 | 725     | -0.28               | 0.3               |


# Selected Food Price Watch - December 2018

## Ekiti State







Tomato

|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>1KG</b>  | <b>N240.34</b>  |






Beans brown, sold loose

|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>1KG</b>  | <b>N407.78</b>  |






Rice Local sold Loose

|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>1KG</b>  | <b>N341.04</b>  |






Bread sliced 500g

|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>1 loaf</b>   | <b>N255.26</b>  |






Yam Tuber

|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>1KG</b>  | <b>N262.98</b>  |






Palm oil: 1 bottle

|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>1Ltr</b>   | <b>N425.93</b>  |






Beef, boneless

|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>1KG</b>  | <b>N1398.15</b>   |





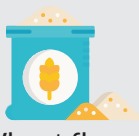
Onion bulb

|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>1KG</b>  | <b>N238.95</b>  |





Garri white, sold Loose

|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>1KG</b>  | <b>N120.15</b>  |



Wheat flour: prepacked (golden penny) 2kg

|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>2KG</b>  | <b>N626.67</b>  |

# Selected Food Price Watch - December 2018


## Ekiti State





| ItemLabels                                | Unit of Measurement | Dec-18  | (Dec 2017-Dec 2018) | Nov 2018-Dec 2018 |
|---|---------------------|---------|---------------------|-------------------|
| Agric eggs medium size                    | 1 Dozen             | 437.78  | -8.25               | -3.68             |
| Agric eggs(medium size price of one)      | 1 Piece             | 42.35   | 5.88                | 1.65              |
| Beans brown,sold loose                    | 1Kg                 | 407.78  | -5.49               | -6.17             |
| Beans:white black eye. sold loose         | 1Kg                 | 278.95  | -5.94               | -7.23             |
| Beef Bone in                              | 1Kg                 | 1013.52 | 7.95                | -1.34             |
| Beef,boneless                             | 1Kg                 | 1398.15 | -3.1                | -0.7              |
| Bread sliced 500g                         | 1 loaf              | 255.26  | -3.41               | 2.11              |
| Bread unsliced 500g                       | 1 loaf              | 252.78  | -4.35               | 1.11              |
| Broken Rice (Ofada)                       | 1Kg                 | 466     | 1.32                | 0.28              |
| Chicken Feet                              | 1Kg                 | 930     | 1.19                | -10.58            |
| Chicken Wings                             | 1Kg                 | 1102.32 | -18.35              | -11.81            |
| Evaporated tinned milk carnation 170g     | 1 unit              | 178.25  | -11.56              | -6.33             |
| Evaporated tinned milk(peak), 170g        | 1 unit              | 194.44  | -2.28               | -0.57             |
| Frozen chicken                            | 1 unit              | 1500    | 7.14                | 5.24              |
| Gari white,sold loose                     | 1Kg                 | 120.15  | -0.28               | -7.95             |
| Gari yellow,sold loose                    | 1Kg                 | 173.26  | -16.25              | -4.08             |
| Mudfish (aro) fresh                       | 1Kg                 | 869.57  | -1.27               | -3.08             |
| Mudfish : dried                           | 1Kg                 | 2247.18 | -18.89              | 0.46              |
| Onion bulb                                | 1Kg                 | 238.95  | -5.48               | -0.34             |
| Rice agric sold loose                     | 1Kg                 | 240.37  | -4.47               | -3.17             |
| Rice local sold loose                     | 1Kg                 | 341.04  | 26.34               | 2.78              |
| Rice Medium Grained                       | 1Kg                 | 330     | 2                   | 1.9               |
| Rice,imported high quality sold loose     | 1Kg                 | 402     | 26.17               | 16.25             |
| Tomato                                    | 1Kg                 | 240.34  | -5.28               | -4.41             |
| Yam tuber                                 | 1Kg                 | 262.98  | 75.25               | -11.01            |
| Dried Fish Sardine                        | 1Kg                 | 1650    | -7.02               | -4.81             |
| Iced Sardine                              | 1Kg                 | 810.32  | -4                  | -3.27             |
| Irish potato                              | 1Kg                 | 215.71  | 18.64               | -23.7             |
| Sweet potato                              | 1Kg                 | 87.01   | -5.74               | -11.92            |
| Tilapia fish (epiya) fresh                | 1Kg                 | 896.31  | -11.97              | -8.78             |
| Titus:frozen                              | 1Kg                 | 900.78  | 11.83               | -3.52             |
| Catfish (obokun) fresh                    | 1Kg                 | 812     | 1.14                | -2.69             |
| Catfish :dried                            | 1Kg                 | 1950    | -4.53               | -5.47             |
| Catfish Smoked                            | 1Kg                 | 1900    | -4.92               | -0.11             |
| Mackerel : frozen                         | 1Kg                 | 761.06  | 0.82                | 14.19             |
| Groundnut oil: 1 bottle, specify bottle   | 1Ltr                | 566.67  | -3.95               | -9.16             |
| Maize grain white sold loose              | 1Kg                 | 176.53  | -7.45               | -4.32             |
| Maize grain yellow sold loose             | 1Kg                 | 175.89  | -21.33              | -9.48             |
| Palm oil: 1 bottle,specify bottle         | 1Ltr                | 425.93  | -16.41              | -4.42             |
| Plantain(ripe)                            | 1Kg                 | 212.75  | -12.85              | 4.72              |
| Plantain(unripe)                          | 1Kg                 | 201.12  | 0.68                | 18.21             |
| Vegetable oil:1 bottle,specify bottle     | 1Ltr                | 478.82  | -28.72              | -16.79            |
| Wheat flour: prepacked (golden penny 2kg) | 2Kg                 | 626.67  | -1.05               | 1.08              |


# Selected Food Price Watch - December 2018

## Enugu State







Tomato

|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>1KG</b>  | <b>N301.30</b>  |






Beans brown, sold loose

|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>1KG</b>  | <b>N510.30</b>  |






Rice Local sold Loose

|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>1KG</b>  | <b>N276.69</b>  |






Bread sliced 500g

|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>1 loaf</b>   | <b>N320.31</b>  |






Yam Tuber

|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>1KG</b>  | <b>N174.92</b>  |






Palm oil: 1 bottle

|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>1Ltr</b>   | <b>N452.56</b>  |






Beef, boneless

|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>1KG</b>  | <b>N1424.91</b>   |






Onion bulb

|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>1KG</b>  | <b>N348.05</b>  |





Garri white, sold Loose

|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>1KG</b>  | <b>N157.52</b>  |



Wheat flour: prepacked (golden penny) 2kg

|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>2KG</b>  | <b>N694.62</b>  |



# Selected Food Price Watch - December 2018


## Enugu State





| ItemLabels                                | Unit of Measurement | Dec-18  | (Dec 2017-Dec 2018) | Nov 2018-Dec 2018 |
|---|---------------------|---------|---------------------|-------------------|
| Agric eggs medium size                    | 1 Dozen             | 513.26  | -0.21               | -1.41             |
| Agric eggs(medium size price of one)      | 1 Piece             | 46.67   | 5.28                | -1.92             |
| Beans brown,sold loose                    | 1Kg                 | 510.3   | 13.98               | 13.37             |
| Beans:white black eye. sold loose         | 1Kg                 | 472.75  | 13.99               | 18.05             |
| Beef Bone in                              | 1Kg                 | 909.14  | -20.63              | 1.02              |
| Beef,boneless                             | 1Kg                 | 1424.91 | 7.53                | -3.4              |
| Bread sliced 500g                         | 1 loaf              | 320.31  | 7.72                | 1.82              |
| Bread unsliced 500g                       | 1 loaf              | 276.67  | -0.26               | 4.04              |
| Broken Rice (Ofada)                       | 1Kg                 | 405.85  | -34.54              | -3.73             |
| Chicken Feet                              | 1Kg                 | 700     | -0.11               | 2.94              |
| Chicken Wings                             | 1Kg                 | 1015.02 | 11.44               | 1.5               |
| Evaporated tinned milk carnation 170g     | 1 unit              | 170.05  | 3.97                | -0.12             |
| Evaporated tinned milk(peak), 170g        | 1 unit              | 194.73  | 6.57                | 1.23              |
| Frozen chicken                            | 1 unit              | 1762.5  | 5.04                | -1.17             |
| Gari white,sold loose                     | 1Kg                 | 157.52  | -42.07              | -2.18             |
| Gari yellow,sold loose                    | 1Kg                 | 187.07  | -44.23              | 0.53              |
| Mudfish (aro) fresh                       | 1Kg                 | 1400.01 | 16.59               | 0.8               |
| Mudfish : dried                           | 1Kg                 | 2180.56 | -20.22              | 0.39              |
| Onion bulb                                | 1Kg                 | 348.05  | 53.7                | 15.32             |
| Rice agric sold loose                     | 1Kg                 | 337.33  | -11.23              | 0.94              |
| Rice local sold loose                     | 1Kg                 | 276.69  | -6.34               | 0.42              |
| Rice Medium Grained                       | 1Kg                 | 300     | 9.09                | 0.82              |
| Rice,imported high quality sold loose     | 1Kg                 | 407.56  | 1.77                | 1.43              |
| Tomato                                    | 1Kg                 | 301.3   | 23.47               | -4.5              |
| Yam tuber                                 | 1Kg                 | 174.92  | -20.49              | -10.1             |
| Dried Fish Sardine                        | 1Kg                 | 1596.97 | -5.08               | 0.4               |
| Iced Sardine                              | 1Kg                 | 962.07  | 33.39               | 6.72              |
| Irish potato                              | 1Kg                 | 418.44  | 160.33              | -7.01             |
| Sweet potato                              | 1Kg                 | 140.25  | 34.49               | 40.25             |
| Tilapia fish (epiya) fresh                | 1Kg                 | 800     | -5.6                | -8.66             |
| Titus:frozen                              | 1Kg                 | 979.8   | 33.11               | -2.02             |
| Catfish (obokun) fresh                    | 1Kg                 | 1290    | 51.67               | -5.81             |
| Catfish :dried                            | 1Kg                 | 2069.57 | -14.58              | -8.11             |
| Catfish Smoked                            | 1Kg                 | 1735.52 | -6.25               | 1.43              |
| Mackerel : frozen                         | 1Kg                 | 900.68  | -13.51              | -2.07             |
| Groundnut oil: 1 bottle, specify bottle   | 1Ltr                | 742.86  | 52.64               | 1.64              |
| Maize grain white sold loose              | 1Kg                 | 220.95  | -4.83               | 12.94             |
| Maize grain yellow sold loose             | 1Kg                 | 221.76  | 1.17                | 10.56             |
| Palm oil: 1 bottle,specify bottle         | 1Ltr                | 452.56  | -6.75               | -0.42             |
| Plantain(ripe)                            | 1Kg                 | 200.96  | -8.48               | -19.61            |
| Plantain(unripe)                          | 1Kg                 | 171.62  | -19.62              | -5.09             |
| Vegetable oil:1 bottle,specify bottle     | 1Ltr                | 542.22  | -10.68              | -0.81             |
| Wheat flour: prepacked (golden penny 2kg) | 2Kg                 | 694.62  | 7.41                | -3.53             |


# Selected Food Price Watch - December 2018

## Gombe State







Tomato

|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>1KG</b>  | <b>N220.55</b>  |






Beans brown, sold loose

|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>1KG</b>  | <b>N321.31</b>  |






Rice Local sold Loose

|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>1KG</b>  | <b>N238.17</b>  |






Bread sliced 500g

|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>1 loaf</b>   | <b>N252.27</b>  |






Yam Tuber

|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>1KG</b>  | <b>N149.72</b>  |






Palm oil: 1 bottle

|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>1Ltr</b>   | <b>N473.65</b>  |






Beef, boneless

|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>1KG</b>  | <b>N1140.74</b>   |






Onion bulb

|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>1KG</b>  | <b>N237.91</b>  |





Garri white, sold Loose

|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>1KG</b>  | <b>N181.54</b>  |



Wheat flour: prepacked (golden penny) 2kg

|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>2KG</b>  | <b>N706.18</b>  |

# Selected Food Price Watch - December 2018


## Gombe State





| ItemLabels                                | Unit of Measurement | Dec-18  | (Dec 2017-Dec 2018) | Nov 2018-Dec 2018 |
|---|---------------------|---------|---------------------|-------------------|
| Agric eggs medium size                    | 1 Dozen             | 406.82  | -9.9                | -9.6              |
| Agric eggs(medium size price of one)      | 1 Piece             | 35.68   | -11.29              | 0.75              |
| Beans brown,sold loose                    | 1Kg                 | 321.31  | 8.22                | 5.33              |
| Beans:white black eye. sold loose         | 1Kg                 | 286.4   | 4.89                | -0.52             |
| Beef Bone in                              | 1Kg                 | 948.46  | -3.71               | 8.19              |
| Beef,boneless                             | 1Kg                 | 1140.74 | -3.61               | 3.7               |
| Bread sliced 500g                         | 1 loaf              | 252.27  | 5.66                | -0.75             |
| Bread unsliced 500g                       | 1 loaf              | 248.1   | 6.83                | 0.7               |
| Broken Rice (Ofada)                       | 1Kg                 | 386.67  | 40.29               | 18.82             |
| Chicken Feet                              | 1Kg                 | 400     | -17.53              | -3.67             |
| Chicken Wings                             | 1Kg                 | 743.33  | 0.45                | -0.92             |
| Evaporated tinned milk carnation 170g     | 1 unit              | 170     | 9.68                | 5.37              |
| Evaporated tinned milk(peak), 170g        | 1 unit              | 186.5   | -6.75               | -5.81             |
| Frozen chicken                            | 1 unit              | 1623.33 | 6.41                | 0.52              |
| Gari white,sold loose                     | 1Kg                 | 181.54  | -29.47              | -21.09            |
| Gari yellow,sold loose                    | 1Kg                 | 237.05  | -23.71              | -14.56            |
| Mudfish (aro) fresh                       | 1Kg                 | 862.35  | 4.25                | 4.4               |
| Mudfish : dried                           | 1Kg                 | 1800.3  | -22.59              | 4.8               |
| Onion bulb                                | 1Kg                 | 237.91  | 15.78               | -5.81             |
| Rice agric sold loose                     | 1Kg                 | 257.81  | -3.93               | -5.17             |
| Rice local sold loose                     | 1Kg                 | 238.17  | 9.72                | 3.07              |
| Rice Medium Grained                       | 1Kg                 | 242.17  | 18.45               | -4.94             |
| Rice,imported high quality sold loose     | 1Kg                 | 333.61  | 3.64                | -6.45             |
| Tomato                                    | 1Kg                 | 220.55  | -4.89               | -4.5              |
| Yam tuber                                 | 1Kg                 | 149.72  | -29.52              | -15.27            |
| Dried Fish Sardine                        | 1Kg                 | 1468.54 | 3.42                | -0.2              |
| Iced Sardine                              | 1Kg                 | 870     | 5.38                | -3.33             |
| Irish potato                              | 1Kg                 | 388.12  | 86.3                | 24.24             |
| Sweet potato                              | 1Kg                 | 165.01  | 120.75              | -4.47             |
| Tilapia fish (epiya) fresh                | 1Kg                 | 850     | 19.62               | 6.25              |
| Titus:frozen                              | 1Kg                 | 856.66  | 14.2                | 2.64              |
| Catfish (obokun) fresh                    | 1Kg                 | 985.83  | 12.67               | 2.16              |
| Catfish :dried                            | 1Kg                 | 1763.02 | 3.71                | 9.14              |
| Catfish Smoked                            | 1Kg                 | 1558.32 | -20.09              | -0.15             |
| Mackerel : frozen                         | 1Kg                 | 951.01  | 2.23                | 3.37              |
| Groundnut oil: 1 bottle, specify bottle   | 1Ltr                | 633.33  | 29.09               | 4.57              |
| Maize grain white sold loose              | 1Kg                 | 109.82  | -27.11              | -8.46             |
| Maize grain yellow sold loose             | 1Kg                 | 110.81  | -26.44              | -9.55             |
| Palm oil: 1 bottle,specify bottle         | 1Ltr                | 473.65  | 5.52                | -5.27             |
| Plantain(ripe)                            | 1Kg                 | 294.12  | 38.11               | 6.95              |
| Plantain(unripe)                          | 1Kg                 | 215.55  | -1.8                | 2.64              |
| Vegetable oil:1 bottle,specify bottle     | 1Ltr                | 535     | 2.23                | -2.4              |
| Wheat flour: prepacked (golden penny 2kg) | 2Kg                 | 706.18  | 10.63               | 8.46              |


# Selected Food Price Watch - December 2018

## Imo State







Tomato

|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>1KG</b>  | <b>N285.42</b>  |






Beans brown, sold loose

|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>1KG</b>  | <b>N443.48</b>  |






Rice Local sold Loose

|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>1KG</b>  | <b>N355.56</b>  |






Bread sliced 500g

|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>1 loaf</b>   | <b>N300.00</b>  |





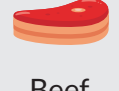
Yam Tuber

|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>1KG</b>  | <b>N152.84</b>  |






Palm oil: 1 bottle

|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>1Ltr</b>   | <b>N465.33</b>  |






Beef, boneless

|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>1KG</b>  | <b>N1381.37</b>   |






Onion bulb

|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>1KG</b>  | <b>N396.28</b>  |





Garri white, sold Loose

|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>1KG</b>  | <b>N146.75</b>  |



Wheat flour: prepacked (golden penny) 2kg

|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>2KG</b>  | <b>N703.64</b>  |

# Selected Food Price Watch - December 2018


## Imo State





| ItemLabels                                | Unit of Measurement | Dec-18  | (Dec 2017-Dec 2018) | Nov 2018-Dec 2018 |
|---|---------------------|---------|---------------------|-------------------|
| Agric eggs medium size                    | 1 Dozen             | 493.33  | -4.6                | 0.25              |
| Agric eggs(medium size price of one)      | 1 Piece             | 49.5    | 5.32                | 1.91              |
| Beans brown,sold loose                    | 1Kg                 | 443.48  | 6.85                | 5.53              |
| Beans:white black eye. sold loose         | 1Kg                 | 421.43  | 2.39                | 5.33              |
| Beef Bone in                              | 1Kg                 | 977.26  | -6.94               | -2.27             |
| Beef,boneless                             | 1Kg                 | 1381.37 | 15.08               | -1.33             |
| Bread sliced 500g                         | 1 loaf              | 300     | 13.54               | -11.54            |
| Bread unsliced 500g                       | 1 loaf              | 245.83  | -1.79               | -4.17             |
| Broken Rice (Ofada)                       | 1Kg                 | 315.73  | 5.24                | 3.27              |
| Chicken Feet                              | 1Kg                 | 633.33  | -34.23              | -2.6              |
| Chicken Wings                             | 1Kg                 | 900     | -14.29              | -5.29             |
| Evaporated tinned milk carnation 170g     | 1 unit              | 200     | 11.11               | 4.89              |
| Evaporated tinned milk(peak), 170g        | 1 unit              | 194     | -3.64               | -1.29             |
| Frozen chicken                            | 1 unit              | 1483.33 | 2.3                 | -5.72             |
| Gari white,sold loose                     | 1Kg                 | 146.75  | -33.42              | -5.9              |
| Gari yellow,sold loose                    | 1Kg                 | 158.67  | -41.65              | -10.67            |
| Mudfish (aro) fresh                       | 1Kg                 | 1328.57 | 4.5                 | -3.1              |
| Mudfish : dried                           | 1Kg                 | 2761.9  | 10.48               | 25.14             |
| Onion bulb                                | 1Kg                 | 396.28  | 39.48               | 32.09             |
| Rice agric sold loose                     | 1Kg                 | 411.11  | 8.16                | 7.91              |
| Rice local sold loose                     | 1Kg                 | 355.56  | 11.11               | 2.84              |
| Rice Medium Grained                       | 1Kg                 | 431.67  | 18.11               | 6.17              |
| Rice,imported high quality sold loose     | 1Kg                 | 444.44  | 5.03                | -1.39             |
| Tomato                                    | 1Kg                 | 285.42  | 4.31                | 42.71             |
| Yam tuber                                 | 1Kg                 | 152.84  | -3.15               | -10.14            |
| Dried Fish Sardine                        | 1Kg                 | 1468.89 | -12.42              | -7.24             |
| Iced Sardine                              | 1Kg                 | 1047.29 | 23.4                | 7.86              |
| Irish potato                              | 1Kg                 | 415.93  | 102.91              | -12.43            |
| Sweet potato                              | 1Kg                 | 149     | 31.33               | 29.57             |
| Tilapia fish (epiya) fresh                | 1Kg                 | 1150.59 | 33.93               | 4.52              |
| Titus:frozen                              | 1Kg                 | 907.56  | 3.13                | -4.51             |
| Catfish (obokun) fresh                    | 1Kg                 | 1283.33 | 30.51               | -5.29             |
| Catfish :dried                            | 1Kg                 | 2746.31 | 20.86               | 9.63              |
| Catfish Smoked                            | 1Kg                 | 1500.84 | -18.91              | -0.54             |
| Mackerel : frozen                         | 1Kg                 | 813     | -16.39              | -10.17            |
| Groundnut oil: 1 bottle, specify bottle   | 1Ltr                | 600     | 20.81               | -6.11             |
| Maize grain white sold loose              | 1Kg                 | 247.35  | 66.67               | 23.43             |
| Maize grain yellow sold loose             | 1Kg                 | 251.06  | 72.14               | 16.74             |
| Palm oil: 1 bottle,specify bottle         | 1Ltr                | 465.33  | -8.96               | 3.01              |
| Plantain(ripe)                            | 1Kg                 | 237.97  | 13.1                | -4.81             |
| Plantain(unripe)                          | 1Kg                 | 238.34  | 6.44                | 19.17             |
| Vegetable oil:1 bottle,specify bottle     | 1Ltr                | 510.35  | -2.85               | 2.34              |
| Wheat flour: prepacked (golden penny 2kg) | 2Kg                 | 703.64  | 4.63                | 2.19              |


# Selected Food Price Watch - December 2018

## Jigawa State







Tomato

|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>1KG</b>  | <b>N175.68</b>  |






Beans brown, sold loose

|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>1KG</b>  | <b>N350.00</b>  |






Rice Local sold Loose

|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>1KG</b>  | <b>N267.50</b>  |






Bread sliced 500g

|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>1 loaf</b>   | <b>N223.33</b>  |






Yam Tuber

|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>1KG</b>  | <b>N192.89</b>  |






Palm oil: 1 bottle

|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>1Ltr</b>   | <b>N425.05</b>  |






Beef, boneless

|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>1KG</b>  | <b>N1171.76</b>   |






Onion bulb

|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>1KG</b>  | <b>N123.65</b>  |





Garri white, sold Loose

|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>1KG</b>  | <b>N177.87</b>  |

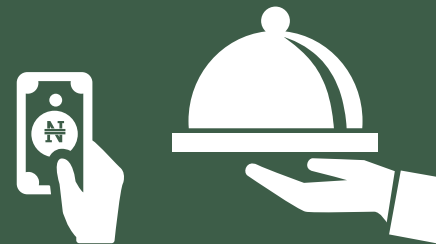


Wheat flour: prepacked (golden penny) 2kg

|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>2KG</b>  | <b>N731.00</b>  |

# Selected Food Price Watch - December 2018


## Jigawa State





| ItemLabels                                | Unit of Measurement | Dec-18  | (Dec 2017-Dec 2018) | Nov 2018-Dec 2018 |
|---|---------------------|---------|---------------------|-------------------|
| Agric eggs medium size                    | 1 Dozen             | 425.43  | -10.75              | -7.52             |
| Agric eggs(medium size price of one)      | 1 Piece             | 37.69   | -2.28               | -7.13             |
| Beans brown,sold loose                    | 1Kg                 | 350     | -0.24               | -8.32             |
| Beans:white black eye. sold loose         | 1Kg                 | 384.59  | 32.76               | 16.14             |
| Beef Bone in                              | 1Kg                 | 1036.6  | -0.22               | -3.96             |
| Beef,boneless                             | 1Kg                 | 1171.76 | -3.45               | 2.13              |
| Bread sliced 500g                         | 1 loaf              | 223.33  | -5.96               | -14.1             |
| Bread unsliced 500g                       | 1 loaf              | 220     | -9.59               | -11.56            |
| Broken Rice (Ofada)                       | 1Kg                 | 289.95  | 16.35               | 11.89             |
| Chicken Feet                              | 1Kg                 | 600     | 20                  | -3.23             |
| Chicken Wings                             | 1Kg                 | 600     | -7.69               | -18.37            |
| Evaporated tinned milk carnation 170g     | 1 unit              | 157.5   | -7.35               | 6.18              |
| Evaporated tinned milk(peak), 170g        | 1 unit              | 163.75  | -3.68               | 4.26              |
| Frozen chicken                            | 1 unit              | 1500    | 25                  | 25                |
| Gari white,sold loose                     | 1Kg                 | 177.87  | -20.97              | -29.51            |
| Gari yellow,sold loose                    | 1Kg                 | 211.73  | -14.84              | -16.79            |
| Mudfish (aro) fresh                       | 1Kg                 | 1076.92 | 20.04               | 15.99             |
| Mudfish : dried                           | 1Kg                 | 1296    | 2.32                | 8                 |
| Onion bulb                                | 1Kg                 | 123.65  | -38.93              | -16.46            |
| Rice agric sold loose                     | 1Kg                 | 214.29  | 9.09                | -25.69            |
| Rice local sold loose                     | 1Kg                 | 267.5   | 37.36               | 5.67              |
| Rice Medium Grained                       | 1Kg                 | 251     | -24.7               | 3.99              |
| Rice,imported high quality sold loose     | 1Kg                 | 370.02  | 20.89               | 6.22              |
| Tomato                                    | 1Kg                 | 175.68  | -1.47               | -30.86            |
| Yam tuber                                 | 1Kg                 | 192.89  | 10.97               | -29.65            |
| Dried Fish Sardine                        | 1Kg                 | 1566.67 | 20.2                | 11.65             |
| Iced Sardine                              | 1Kg                 | 911.11  | 60.78               | 9.12              |
| Irish potato                              | 1Kg                 | 219.32  | 0.62                | -28.64            |
| Sweet potato                              | 1Kg                 | 107.74  | 74.74               | -19.6             |
| Tilapia fish (epiya) fresh                | 1Kg                 | 809.89  | 16.65               | -7.53             |
| Titus:frozen                              | 1Kg                 | 750     | -1.22               | 7.14              |
| Catfish (obokun) fresh                    | 1Kg                 | 996.32  | 12.46               | -6.64             |
| Catfish :dried                            | 1Kg                 | 1600    | -7.66               | 2.67              |
| Catfish Smoked                            | 1Kg                 | 1400    | -19.2               | 3.7               |
| Mackerel : frozen                         | 1Kg                 | 862.12  | 1.15                | -5.17             |
| Groundnut oil: 1 bottle, specify bottle   | 1Ltr                | 453.33  | 4.39                | -12.67            |
| Maize grain white sold loose              | 1Kg                 | 102.95  | -47.91              | -15.38            |
| Maize grain yellow sold loose             | 1Kg                 | 103.51  | -48.37              | -17.72            |
| Palm oil: 1 bottle,specify bottle         | 1Ltr                | 425.05  | -13.51              | -10.57            |
| Plantain(ripe)                            | 1Kg                 | 265     | -20.5               | -24.29            |
| Plantain(unripe)                          | 1Kg                 | 255     | -29.88              | 9.91              |
| Vegetable oil:1 bottle,specify bottle     | 1Ltr                | 430.3   | -8.83               | -12.44            |
| Wheat flour: prepacked (golden penny 2kg) | 2Kg                 | 731     | 32.91               | 2.24              |


# Selected Food Price Watch - December 2018

## Kaduna State







Tomato

|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>1KG</b>  | <b>N287.90</b>  |






Beans brown, sold loose

|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>1KG</b>  | <b>N326.85</b>  |






Rice Local sold Loose

|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>1KG</b>  | <b>N253.75</b>  |






Bread sliced 500g

|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>1 loaf</b>   | <b>N280.67</b>  |






Yam Tuber

|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>1KG</b>  | <b>N208.30</b>  |






Palm oil: 1 bottle

|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>1Ltr</b>   | <b>N494.29</b>  |






Beef, boneless

|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>1KG</b>  | <b>N1170.40</b>   |






Onion bulb

|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>1KG</b>  | <b>N232.36</b>  |





Garri white, sold Loose

|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>1KG</b>  | <b>N147.01</b>  |



Wheat flour: prepacked (golden penny) 2kg

|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>2KG</b>  | <b>N638.00</b>  |



# Selected Food Price Watch - December 2018


## Kaduna State





| ItemLabels                                | Unit of Measurement | Dec-18  | (Dec 2017-Dec 2018) | Nov 2018-Dec 2018 |
|---|---------------------|---------|---------------------|-------------------|
| Agric eggs medium size                    | 1 Dozen             | 407.33  | -15.14              | -12.92            |
| Agric eggs(medium size price of one)      | 1 Piece             | 37.19   | -7.03               | 0.94              |
| Beans brown,sold loose                    | 1Kg                 | 326.85  | 16.72               | -15.99            |
| Beans:white black eye. sold loose         | 1Kg                 | 247.28  | 0.77                | -20.32            |
| Beef Bone in                              | 1Kg                 | 1115.38 | 17.6                | -2.61             |
| Beef,boneless                             | 1Kg                 | 1170.4  | -1.2                | -7.89             |
| Bread sliced 500g                         | 1 loaf              | 280.67  | -5.18               | -0.41             |
| Bread unsliced 500g                       | 1 loaf              | 248.33  | 9.37                | 5.96              |
| Broken Rice (Ofada)                       | 1Kg                 | 269.82  | 16.08               | 4.58              |
| Chicken Feet                              | 1Kg                 | 745     | -9.7                | -6.88             |
| Chicken Wings                             | 1Kg                 | 801.2   | 0.15                | -10.98            |
| Evaporated tinned milk carnation 170g     | 1 unit              | 144     | -4                  | -13.85            |
| Evaporated tinned milk(peak), 170g        | 1 unit              | 178.93  | -3.46               | 1.92              |
| Frozen chicken                            | 1 unit              | 1560    | -2.36               | 4                 |
| Gari white,sold loose                     | 1Kg                 | 147.01  | -51.74              | -20.61            |
| Gari yellow,sold loose                    | 1Kg                 | 179.2   | -32.06              | -18.43            |
| Mudfish (aro) fresh                       | 1Kg                 | 892.86  | -3.27               | -18.09            |
| Mudfish : dried                           | 1Kg                 | 1181.43 | -26.42              | 8.76              |
| Onion bulb                                | 1Kg                 | 232.36  | 39.94               | -15.46            |
| Rice agric sold loose                     | 1Kg                 | 288.69  | 0.32                | 1.52              |
| Rice local sold loose                     | 1Kg                 | 253.75  | 20.99               | 2.31              |
| Rice Medium Grained                       | 1Kg                 | 294.88  | 23.31               | 3.23              |
| Rice,imported high quality sold loose     | 1Kg                 | 313.98  | -1.36               | -6.45             |
| Tomato                                    | 1Kg                 | 287.9   | -6.6                | -27.24            |
| Yam tuber                                 | 1Kg                 | 208.3   | -17.15              | -25.69            |
| Dried Fish Sardine                        | 1Kg                 | 1320    | -2.22               | 1.54              |
| Iced Sardine                              | 1Kg                 | 900     | 20                  | -3.36             |
| Irish potato                              | 1Kg                 | 248.52  | 39.02               | -17.16            |
| Sweet potato                              | 1Kg                 | 103.68  | 24.06               | -11.63            |
| Tilapia fish (epiya) fresh                | 1Kg                 | 712.86  | -5.02               | 1.84              |
| Titus:frozen                              | 1Kg                 | 933     | -14.4               | -10.56            |
| Catfish (obokun) fresh                    | 1Kg                 | 1005.21 | 0.45                | -18.81            |
| Catfish :dried                            | 1Kg                 | 1445.02 | -19.73              | 1.15              |
| Catfish Smoked                            | 1Kg                 | 1600    | -5.75               | 0.93              |
| Mackerel : frozen                         | 1Kg                 | 901.84  | 1.62                | 3.3               |
| Groundnut oil: 1 bottle, specify bottle   | 1Ltr                | 589.52  | -3.56               | -7.07             |
| Maize grain white sold loose              | 1Kg                 | 119.41  | 0.75                | -12.78            |
| Maize grain yellow sold loose             | 1Kg                 | 138.92  | -3.95               | 32.37             |
| Palm oil: 1 bottle,specify bottle         | 1Ltr                | 494.29  | -9.31               | -3.59             |
| Plantain(ripe)                            | 1Kg                 | 321.21  | -14.97              | -6.26             |
| Plantain(unripe)                          | 1Kg                 | 206.41  | -7.87               | -17.44            |
| Vegetable oil:1 bottle,specify bottle     | 1Ltr                | 504.44  | -2.61               | -9.52             |
| Wheat flour: prepacked (golden penny 2kg) | 2Kg                 | 638     | 18.7                | -5.48             |


# Selected Food Price Watch - December 2018

## Kano State







Tomato

|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>1KG</b>  | <b>N107.07</b>  |






Beans brown, sold loose

|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>1KG</b>  | <b>N290.71</b>  |






Rice Local sold Loose

|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>1KG</b>  | <b>N228.85</b>  |






Bread sliced 500g

|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>1 loaf</b>   | <b>N242.22</b>  |






Yam Tuber

|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>1KG</b>  | <b>N115.72</b>  |






Palm oil: 1 bottle

|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>1Ltr</b>   | <b>N467.62</b>  |






Beef, boneless

|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>1KG</b>  | <b>N1020.06</b>   |






Onion bulb

|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>1KG</b>  | <b>N286.02</b>  |





Garri white, sold Loose

|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>1KG</b>  | <b>N158.32</b>  |



Wheat flour: prepacked (golden penny) 2kg

|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>2KG</b>  | <b>N655.50</b>  |

# Selected Food Price Watch - December 2018


## Kano State





| ItemLabels                                | Unit of Measurement | Dec-18  | (Dec 2017-Dec 2018) | Nov 2018-Dec 2018 |
|---|---------------------|---------|---------------------|-------------------|
| Agric eggs medium size                    | 1 Dozen             | 420.71  | -1.49               | -7.95             |
| Agric eggs(medium size price of one)      | 1 Piece             | 37      | 2.46                | -7.5              |
| Beans brown,sold loose                    | 1Kg                 | 290.71  | 9.58                | -9.3              |
| Beans:white black eye. sold loose         | 1Kg                 | 225.01  | 0.5                 | -23.43            |
| Beef Bone in                              | 1Kg                 | 942.19  | -3.22               | -8.72             |
| Beef,boneless                             | 1Kg                 | 1020.06 | -15.29              | 2.97              |
| Bread sliced 500g                         | 1 loaf              | 242.22  | 10.73               | 10.73             |
| Bread unsliced 500g                       | 1 loaf              | 230.71  | 1.87                | -9.52             |
| Broken Rice (Ofada)                       | 1Kg                 | 433.71  | 43.13               | 12.92             |
| Chicken Feet                              | 1Kg                 | 799.65  | -5.97               | -2.45             |
| Chicken Wings                             | 1Kg                 | 895     | -8.11               | -9.22             |
| Evaporated tinned milk carnation 170g     | 1 unit              | 154     | 2.67                | -3.25             |
| Evaporated tinned milk(peak), 170g        | 1 unit              | 186.67  | 2.7                 | 8.68              |
| Frozen chicken                            | 1 unit              | 1233.33 | -2.4                | 7.25              |
| Gari white,sold loose                     | 1Kg                 | 158.32  | -45.96              | -5.45             |
| Gari yellow,sold loose                    | 1Kg                 | 204.97  | -29.06              | -18.36            |
| Mudfish (aro) fresh                       | 1Kg                 | 900     | -3.28               | -1.34             |
| Mudfish : dried                           | 1Kg                 | 1712.12 | 10.46               | -0.28             |
| Onion bulb                                | 1Kg                 | 286.02  | 33.32               | -4.29             |
| Rice agric sold loose                     | 1Kg                 | 246.37  | 8.93                | -7.39             |
| Rice local sold loose                     | 1Kg                 | 228.85  | 11.56               | -0.03             |
| Rice Medium Grained                       | 1Kg                 | 232.48  | -0.63               | -8.56             |
| Rice,imported high quality sold loose     | 1Kg                 | 336.18  | 5.92                | 5.68              |
| Tomato                                    | 1Kg                 | 107.07  | -47.17              | -16.33            |
| Yam tuber                                 | 1Kg                 | 115.72  | -45.21              | -45.41            |
| Dried Fish Sardine                        | 1Kg                 | 1300    | 8.33                | 5.22              |
| Iced Sardine                              | 1Kg                 | 892.31  | 3.26                | -0.98             |
| Irish potato                              | 1Kg                 | 236.02  | 16.92               | -18.43            |
| Sweet potato                              | 1Kg                 | 110.6   | 21.11               | -8.21             |
| Tilapia fish (epiya) fresh                | 1Kg                 | 708.9   | 0.67                | -13.91            |
| Titus:frozen                              | 1Kg                 | 738.86  | -11.81              | 8.46              |
| Catfish (obokun) fresh                    | 1Kg                 | 800     | -3.23               | -20               |
| Catfish :dried                            | 1Kg                 | 1401.19 | -24.06              | -11.35            |
| Catfish Smoked                            | 1Kg                 | 1421    | -6.28               | 0.7               |
| Mackerel : frozen                         | 1Kg                 | 878.85  | 14.57               | 9.06              |
| Groundnut oil: 1 bottle, specify bottle   | 1Ltr                | 565.33  | 1.86                | -4.18             |
| Maize grain white sold loose              | 1Kg                 | 108.12  | -40.95              | -8.34             |
| Maize grain yellow sold loose             | 1Kg                 | 119     | -35.71              | -7.73             |
| Palm oil: 1 bottle,specify bottle         | 1Ltr                | 467.62  | -0.93               | -2.9              |
| Plantain(ripe)                            | 1Kg                 | 200     | -15.72              | -12.65            |
| Plantain(unripe)                          | 1Kg                 | 201     | -26.94              | -25.84            |
| Vegetable oil:1 bottle,specify bottle     | 1Ltr                | 465.2   | -2.18               | -7.21             |
| Wheat flour: prepacked (golden penny 2kg) | 2Kg                 | 655.5   | 11.27               | 9.25              |


# Selected Food Price Watch - December 2018

## Katsina State







Tomato

|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>1KG</b>  | <b>N116.11</b>  |






Beans brown, sold loose

|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>1KG</b>  | <b>N278.70</b>  |






Rice Local sold Loose

|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>1KG</b>  | <b>N240.74</b>  |






Bread sliced 500g

|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>1 loaf</b>   | <b>N229.17</b>  |






Yam Tuber

|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>1KG</b>  | <b>N181.98</b>  |






Palm oil: 1 bottle

|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>1Ltr</b>   | <b>N425.24</b>  |






Beef, boneless

|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>1KG</b>  | <b>N1085.71</b>   |






Onion bulb

|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>1KG</b>  | <b>N220.00</b>  |





Garri white, sold Loose

|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>1KG</b>  | <b>N151.42</b>  |



Wheat flour: prepacked (golden penny) 2kg

|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>2KG</b>  | <b>N650.00</b>  |

# Selected Food Price Watch - December 2018


## Katsina State





| ItemLabels                                | Unit of Measurement | Dec-18  | (Dec 2017-Dec 2018) | Nov 2018-Dec 2018 |
|---|---------------------|---------|---------------------|-------------------|
| Agric eggs medium size                    | 1 Dozen             | 425.63  | -2.63               | -0.99             |
| Agric eggs(medium size price of one)      | 1 Piece             | 36.07   | -3.81               | -4.24             |
| Beans brown,sold loose                    | 1Kg                 | 278.7   | 24.34               | -10.68            |
| Beans:white black eye. sold loose         | 1Kg                 | 323.62  | 50.79               | 22.74             |
| Beef Bone in                              | 1Kg                 | 900     | -3.13               | -0.61             |
| Beef,boneless                             | 1Kg                 | 1085.71 | -2.98               | -12.77            |
| Bread sliced 500g                         | 1 loaf              | 229.17  | 7.27                | -1.08             |
| Bread unsliced 500g                       | 1 loaf              | 240     | 19.57               | -1.47             |
| Broken Rice (Ofada)                       | 1Kg                 | 379     | 9.75                | 8.29              |
| Chicken Feet                              | 1Kg                 | 437.5   | -24.57              | -17.45            |
| Chicken Wings                             | 1Kg                 | 950     | 18.75               | -8.65             |
| Evaporated tinned milk carnation 170g     | 1 unit              | 143.33  | -13.13              | -7.15             |
| Evaporated tinned milk(peak), 170g        | 1 unit              | 188     | 0.94                | 10.59             |
| Frozen chicken                            | 1 unit              | 1500    | 23.71               | 11.94             |
| Gari white,sold loose                     | 1Kg                 | 151.42  | -39.61              | -22.67            |
| Gari yellow,sold loose                    | 1Kg                 | 157.41  | -39.02              | -30.21            |
| Mudfish (aro) fresh                       | 1Kg                 | 1008.43 | -14.51              | -5.57             |
| Mudfish : dried                           | 1Kg                 | 1206.68 | -56.46              | 5.69              |
| Onion bulb                                | 1Kg                 | 220     | 19.6                | -14.5             |
| Rice agric sold loose                     | 1Kg                 | 218.15  | -9.5                | -12.44            |
| Rice local sold loose                     | 1Kg                 | 240.74  | -7.59               | 4.51              |
| Rice Medium Grained                       | 1Kg                 | 246.46  | -21.22              | -37.79            |
| Rice,imported high quality sold loose     | 1Kg                 | 264.91  | -19.39              | -28.18            |
| Tomato                                    | 1Kg                 | 116.11  | -63.8               | -42.9             |
| Yam tuber                                 | 1Kg                 | 181.98  | -14.62              | -28.63            |
| Dried Fish Sardine                        | 1Kg                 | 800     | -35.46              | 20                |
| Iced Sardine                              | 1Kg                 | 1030.95 | 12.47               | 14.35             |
| Irish potato                              | 1Kg                 | 219.41  | 6.75                | -15.69            |
| Sweet potato                              | 1Kg                 | 118.9   | 10.87               | -31.37            |
| Tilapia fish (epiya) fresh                | 1Kg                 | 806.41  | -17.71              | -1.26             |
| Titus:frozen                              | 1Kg                 | 841.67  | -9.01               | 1                 |
| Catfish (obokun) fresh                    | 1Kg                 | 907.41  | 15.05               | -13.27            |
| Catfish :dried                            | 1Kg                 | 1133.33 | -12.61              | -8.82             |
| Catfish Smoked                            | 1Kg                 | 1600    | -3.2                | 6.02              |
| Mackerel : frozen                         | 1Kg                 | 837.97  | 11.01               | -1                |
| Groundnut oil: 1 bottle, specify bottle   | 1Ltr                | 534.44  | 0.93                | -10.39            |
| Maize grain white sold loose              | 1Kg                 | 80.02   | -57.39              | -20.88            |
| Maize grain yellow sold loose             | 1Kg                 | 88.23   | -54.49              | -22.49            |
| Palm oil: 1 bottle,specify bottle         | 1Ltr                | 425.24  | -19.77              | -13.8             |
| Plantain(ripe)                            | 1Kg                 | 268.94  | -5.08               | -9.52             |
| Plantain(unripe)                          | 1Kg                 | 252.47  | -5.32               | -3.98             |
| Vegetable oil:1 bottle,specify bottle     | 1Ltr                | 497.42  | -4.51               | -0.95             |
| Wheat flour: prepacked (golden penny 2kg) | 2Kg                 | 650     | 20.37               | -2.99             |


# Selected Food Price Watch - December 2018

## Kebbi State







Tomato

|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>1KG</b>  | <b>N229.56</b>  |






Beans brown, sold loose

|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>1KG</b>  | <b>N352.22</b>  |






Rice Local sold Loose

|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>1KG</b>  | <b>N289.15</b>  |






Bread sliced 500g

|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>1 loaf</b>   | <b>N275.00</b>  |






Yam Tuber

|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>1KG</b>  | <b>N282.31</b>  |






Palm oil: 1 bottle

|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>1Ltr</b>   | <b>N417.41</b>  |






Beef, boneless

|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>1KG</b>  | <b>N1121.79</b>   |






Onion bulb

|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>1KG</b>  | <b>N203.57</b>  |





Garri white, sold Loose

|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>1KG</b>  | <b>N202.34</b>  |



Wheat flour: prepacked (golden penny) 2kg

|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>2KG</b>  | <b>N666.67</b>  |

# Selected Food Price Watch - December 2018


## Kebbi State





| ItemLabels                                | Unit of Measurement | Dec-18  | (Dec 2017-Dec 2018) | Nov 2018-Dec 2018 |
|---|---------------------|---------|---------------------|-------------------|
| Agric eggs medium size                    | 1 Dozen             | 473.67  | 2.8                 | -5.89             |
| Agric eggs(medium size price of one)      | 1 Piece             | 42.33   | -1.22               | -5.4              |
| Beans brown,sold loose                    | 1Kg                 | 352.22  | 10.06               | -17.68            |
| Beans:white black eye. sold loose         | 1Kg                 | 269.83  | -5.76               | -17.51            |
| Beef Bone in                              | 1Kg                 | 1021.14 | -15.44              | -3.26             |
| Beef,boneless                             | 1Kg                 | 1121.79 | -19.69              | -10.38            |
| Bread sliced 500g                         | 1 loaf              | 275     | 1.85                | 6.45              |
| Bread unsliced 500g                       | 1 loaf              | 244.17  | -12.8               | 2.12              |
| Broken Rice (Ofada)                       | 1Kg                 | 217.99  | -4.95               | -14.18            |
| Chicken Feet                              | 1Kg                 | 500     | 0                   | 0                 |
| Chicken Wings                             | 1Kg                 | 500     | 0                   | -16.67            |
| Evaporated tinned milk carnation 170g     | 1 unit              | 176.67  | -3.99               | 8.72              |
| Evaporated tinned milk(peak), 170g        | 1 unit              | 182.63  | 0.81                | 2.65              |
| Frozen chicken                            | 1 unit              | 1200    | -18.18              | 2.86              |
| Gari white,sold loose                     | 1Kg                 | 202.34  | -17.41              | -15.69            |
| Gari yellow,sold loose                    | 1Kg                 | 207.79  | -29.15              | -27.7             |
| Mudfish (aro) fresh                       | 1Kg                 | 989.82  | -13.31              | -17.77            |
| Mudfish : dried                           | 1Kg                 | 1602.39 | -21.17              | 1.26              |
| Onion bulb                                | 1Kg                 | 203.57  | -6.63               | -34.24            |
| Rice agric sold loose                     | 1Kg                 | 227.81  | -3.64               | 4                 |
| Rice local sold loose                     | 1Kg                 | 289.15  | 54.88               | 27.53             |
| Rice Medium Grained                       | 1Kg                 | 289.33  | 38.39               | -0.31             |
| Rice,imported high quality sold loose     | 1Kg                 | 299.68  | 2.87                | -1.63             |
| Tomato                                    | 1Kg                 | 229.56  | -2.08               | -31.66            |
| Yam tuber                                 | 1Kg                 | 282.31  | -1.06               | -3.77             |
| Dried Fish Sardine                        | 1Kg                 | 1268.25 | 3.95                | 5.69              |
| Iced Sardine                              | 1Kg                 | 805.32  | 7.16                | -1.79             |
| Irish potato                              | 1Kg                 | 223.08  | 53.41               | -13.51            |
| Sweet potato                              | 1Kg                 | 125.65  | -18.06              | -23.55            |
| Tilapia fish (epiya) fresh                | 1Kg                 | 642.76  | 7.46                | 0.69              |
| Titus:frozen                              | 1Kg                 | 806.67  | 61.33               | 0.83              |
| Catfish (obokun) fresh                    | 1Kg                 | 1001.56 | 4.81                | -6.4              |
| Catfish :dried                            | 1Kg                 | 1558.89 | 1.72                | 1.25              |
| Catfish Smoked                            | 1Kg                 | 1502    | -9.88               | 1.31              |
| Mackerel : frozen                         | 1Kg                 | 945     | -0.09               | -3.57             |
| Groundnut oil: 1 bottle, specify bottle   | 1Ltr                | 440     | -6.13               | -9.78             |
| Maize grain white sold loose              | 1Kg                 | 105.02  | -34.45              | -22.21            |
| Maize grain yellow sold loose             | 1Kg                 | 100.49  | -34.54              | -24.32            |
| Palm oil: 1 bottle,specify bottle         | 1Ltr                | 417.41  | -15.01              | 3.99              |
| Plantain(ripe)                            | 1Kg                 | 211.54  | -36.54              | -44.82            |
| Plantain(unripe)                          | 1Kg                 | 228.57  | -52.56              | -29.81            |
| Vegetable oil:1 bottle,specify bottle     | 1Ltr                | 436.36  | -4.94               | -0.83             |
| Wheat flour: prepacked (golden penny 2kg) | 2Kg                 | 666.67  | 15.94               | 2.56              |


# Selected Food Price Watch - December 2018

## Kogi State







Tomato

|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>1KG</b>  | <b>N301.67</b>  |






Beans brown, sold loose

|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>1KG</b>  | <b>N449.82</b>  |






Rice Local sold Loose

|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>1KG</b>  | <b>N286.32</b>  |






Bread sliced 500g

|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>1 loaf</b>   | <b>N320.00</b>  |






Yam Tuber

|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>1KG</b>  | <b>N182.61</b>  |






Palm oil: 1 bottle

|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>1Ltr</b>   | <b>N429.20</b>  |






Beef, boneless

|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>1KG</b>  | <b>N1226.46</b>   |






Onion bulb

|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>1KG</b>  | <b>N213.98</b>  |





Garri white, sold Loose

|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>1KG</b>  | <b>N224.46</b>  |



Wheat flour: prepacked (golden penny) 2kg

|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>2KG</b>  | <b>N591.67</b>  |



# Selected Food Price Watch - December 2018


## Kogi State





| ItemLabels                                | Unit of Measurement | Dec-18  | (Dec 2017-Dec 2018) | Nov 2018-Dec 2018 |
|---|---------------------|---------|---------------------|-------------------|
| Agric eggs medium size                    | 1 Dozen             | 500.38  | -7.02               | -0.37             |
| Agric eggs(medium size price of one)      | 1 Piece             | 45.24   | -2.8                | -3.07             |
| Beans brown,sold loose                    | 1Kg                 | 449.82  | -0.64               | -5.11             |
| Beans:white black eye. sold loose         | 1Kg                 | 319.54  | -22.74              | -2.37             |
| Beef Bone in                              | 1Kg                 | 1166.67 | -5.41               | -3.38             |
| Beef,boneless                             | 1Kg                 | 1226.46 | -4.12               | 0.12              |
| Bread sliced 500g                         | 1 loaf              | 320     | 0.39                | -9.86             |
| Bread unsliced 500g                       | 1 loaf              | 300     | 3.9                 | -9.68             |
| Broken Rice (Ofada)                       | 1Kg                 | 380.02  | -0.26               | 0.3               |
| Chicken Feet                              | 1Kg                 | 952.01  | -4.83               | -4.8              |
| Chicken Wings                             | 1Kg                 | 1100.01 | 10                  | -8.33             |
| Evaporated tinned milk carnation 170g     | 1 unit              | 156.67  | -12.96              | 2.17              |
| Evaporated tinned milk(peak), 170g        | 1 unit              | 193.33  | -3.2                | -3.87             |
| Frozen chicken                            | 1 unit              | 2500    | 24.97               | 8.7               |
| Gari white,sold loose                     | 1Kg                 | 224.46  | -40.5               | -16.88            |
| Gari yellow,sold loose                    | 1Kg                 | 231.33  | -28.53              | -18.04            |
| Mudfish (aro) fresh                       | 1Kg                 | 1015.91 | -6.51               | -18.73            |
| Mudfish : dried                           | 1Kg                 | 1788.69 | -27.72              | 8.82              |
| Onion bulb                                | 1Kg                 | 213.98  | -28.68              | -23.54            |
| Rice agric sold loose                     | 1Kg                 | 473.55  | 18.09               | -3.05             |
| Rice local sold loose                     | 1Kg                 | 286.32  | -22.18              | -0.73             |
| Rice Medium Grained                       | 1Kg                 | 265.12  | -1.44               | -0.3              |
| Rice,imported high quality sold loose     | 1Kg                 | 443.83  | 7.27                | -20.11            |
| Tomato                                    | 1Kg                 | 301.67  | -17.54              | -4.52             |
| Yam tuber                                 | 1Kg                 | 182.61  | -23.02              | -28.22            |
| Dried Fish Sardine                        | 1Kg                 | 1320.66 | 32.07               | 3.58              |
| Iced Sardine                              | 1Kg                 | 1000.08 | 39.36               | -6.24             |
| Irish potato                              | 1Kg                 | 264.93  | 86.28               | -2.59             |
| Sweet potato                              | 1Kg                 | 170.29  | 105.8               | -10.05            |
| Tilapia fish (epiya) fresh                | 1Kg                 | 800     | 2.13                | -8.43             |
| Titus:frozen                              | 1Kg                 | 884.52  | 26.33               | 2.43              |
| Catfish (obokun) fresh                    | 1Kg                 | 1005    | 29.8                | -12.61            |
| Catfish :dried                            | 1Kg                 | 1548.08 | 1                   | 10.94             |
| Catfish Smoked                            | 1Kg                 | 1320.12 | 5.61                | 5.99              |
| Mackerel : frozen                         | 1Kg                 | 858.33  | 18.21               | 7.29              |
| Groundnut oil: 1 bottle, specify bottle   | 1Ltr                | 516.67  | 10.71               | -22.5             |
| Maize grain white sold loose              | 1Kg                 | 176.97  | -22.37              | -1.24             |
| Maize grain yellow sold loose             | 1Kg                 | 155.6   | -22.26              | -8.94             |
| Palm oil: 1 bottle,specify bottle         | 1Ltr                | 429.2   | -17.06              | -12.93            |
| Plantain(ripe)                            | 1Kg                 | 185.85  | -26.33              | -4.3              |
| Plantain(unripe)                          | 1Kg                 | 203.63  | -10.03              | -11.3             |
| Vegetable oil:1 bottle,specify bottle     | 1Ltr                | 567.45  | -4.81               | -3.28             |
| Wheat flour: prepacked (golden penny 2kg) | 2Kg                 | 591.67  | -3.46               | -12.35            |


# Selected Food Price Watch - December 2018

## Kwara State







Tomato

|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>1KG</b>  | <b>N206.61</b>  |






Beans brown, sold loose

|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>1KG</b>  | <b>N377.36</b>  |






Rice Local sold Loose

|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>1KG</b>  | <b>N259.97</b>  |






Bread sliced 500g

|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>1 loaf</b>   | <b>N283.33</b>  |






Yam Tuber

|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>1KG</b>  | <b>N205.00</b>  |






Palm oil: 1 bottle

|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>1Ltr</b>   | <b>N439.36</b>  |






Beef, boneless

|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>1KG</b>  | <b>N1117.65</b>   |






Onion bulb

|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>1KG</b>  | <b>N211.70</b>  |





Garri white, sold Loose

|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>1KG</b>  | <b>N112.87</b>  |



Wheat flour: prepacked (golden penny) 2kg

|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>2KG</b>  | <b>N680.00</b>  |

# Selected Food Price Watch - December 2018


## Kwara State





| ItemLabels                                | Unit of Measurement | Dec-18  | (Dec 2017-Dec 2018) | Nov 2018-Dec 2018 |
|---|---------------------|---------|---------------------|-------------------|
| Agric eggs medium size                    | 1 Dozen             | 437.08  | 0.3                 | -6.87             |
| Agric eggs(medium size price of one)      | 1 Piece             | 40.2    | -2.7                | 0.5               |
| Beans brown,sold loose                    | 1Kg                 | 377.36  | 2.26                | -4.49             |
| Beans:white black eye. sold loose         | 1Kg                 | 339.96  | 6.88                | -2.61             |
| Beef Bone in                              | 1Kg                 | 1253.33 | 8.2                 | 0.63              |
| Beef,boneless                             | 1Kg                 | 1117.65 | -12.82              | 1.49              |
| Bread sliced 500g                         | 1 loaf              | 283.33  | -4.76               | 8.28              |
| Bread unsliced 500g                       | 1 loaf              | 285.42  | 5.71                | 7.55              |
| Broken Rice (Ofada)                       | 1Kg                 | 500     | -4.76               | -1.37             |
| Chicken Feet                              | 1Kg                 | 1000    | 4.22                | -7.98             |
| Chicken Wings                             | 1Kg                 | 902     | -15.31              | -18.53            |
| Evaporated tinned milk carnation 170g     | 1 unit              | 170     | -3.41               | 21.43             |
| Evaporated tinned milk(peak), 170g        | 1 unit              | 198.8   | -2.23               | 0.74              |
| Frozen chicken                            | 1 unit              | 1350    | 8                   | 3.85              |
| Gari white,sold loose                     | 1Kg                 | 112.87  | -44.86              | -10.05            |
| Gari yellow,sold loose                    | 1Kg                 | 162.17  | -41.05              | -5.28             |
| Mudfish (aro) fresh                       | 1Kg                 | 1062.5  | -2.74               | -6.59             |
| Mudfish : dried                           | 1Kg                 | 1908.33 | -16.5               | -0.87             |
| Onion bulb                                | 1Kg                 | 211.7   | 1.99                | -14.83            |
| Rice agric sold loose                     | 1Kg                 | 308.04  | -12.15              | -2.36             |
| Rice local sold loose                     | 1Kg                 | 259.97  | 3.06                | 0.95              |
| Rice Medium Grained                       | 1Kg                 | 307.39  | -3.51               | -1.07             |
| Rice,imported high quality sold loose     | 1Kg                 | 314.76  | -0.97               | -2.61             |
| Tomato                                    | 1Kg                 | 206.61  | -14.18              | -9.94             |
| Yam tuber                                 | 1Kg                 | 205     | -7.57               | -42.47            |
| Dried Fish Sardine                        | 1Kg                 | 1440.91 | 16.13               | 7.66              |
| Iced Sardine                              | 1Kg                 | 1033.33 | 14.81               | -8.82             |
| Irish potato                              | 1Kg                 | 247.92  | 70                  | -3.44             |
| Sweet potato                              | 1Kg                 | 116.77  | 49.81               | -25.43            |
| Tilapia fish (epiya) fresh                | 1Kg                 | 936.84  | 17.6                | -11.62            |
| Titus:frozen                              | 1Kg                 | 930.03  | 23.52               | -11.88            |
| Catfish (obokun) fresh                    | 1Kg                 | 933.33  | 7.9                 | -8.5              |
| Catfish :dried                            | 1Kg                 | 1541.49 | 21.24               | 5.81              |
| Catfish Smoked                            | 1Kg                 | 1220    | -7.11               | 5.87              |
| Mackerel : frozen                         | 1Kg                 | 1000    | 33.33               | -6.98             |
| Groundnut oil: 1 bottle, specify bottle   | 1Ltr                | 542.75  | 8.5                 | 1.26              |
| Maize grain white sold loose              | 1Kg                 | 120.18  | -34.83              | -3.96             |
| Maize grain yellow sold loose             | 1Kg                 | 122.44  | -35.42              | -43.61            |
| Palm oil: 1 bottle,specify bottle         | 1Ltr                | 439.36  | -6.78               | -10.78            |
| Plantain(ripe)                            | 1Kg                 | 179.16  | -9.03               | -30.51            |
| Plantain(unripe)                          | 1Kg                 | 128.81  | -41.54              | -40.91            |
| Vegetable oil:1 bottle,specify bottle     | 1Ltr                | 474.93  | -7.6                | -11.69            |
| Wheat flour: prepacked (golden penny 2kg) | 2Kg                 | 680     | 20.31               | 6.81              |


# Selected Food Price Watch - December 2018

## Lagos State







Tomato

|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>1KG</b>  | <b>N384.91</b>  |






Beans brown, sold loose

|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>1KG</b>  | <b>N468.12</b>  |






Rice Local sold Loose

|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>1KG</b>  | <b>N334.52</b>  |






Bread sliced 500g

|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>1 loaf</b>   | <b>N306.50</b>  |






Yam Tuber

|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>1KG</b>  | <b>N230.97</b>  |






Palm oil: 1 bottle

|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>1Ltr</b>   | <b>N516.08</b>  |






Beef, boneless

|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>1KG</b>  | <b>N1264.11</b>   |






Onion bulb

|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>1KG</b>  | <b>N266.15</b>  |





Garri white, sold Loose

|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>1KG</b>  | <b>N129.53</b>  |



Wheat flour: prepacked (golden penny) 2kg

|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>2KG</b>  | <b>N582.50</b>  |

# Selected Food Price Watch - December 2018


## Lagos State





| ItemLabels                                | Unit of Measurement | Dec-18  | (Dec 2017-Dec 2018) | Nov 2018-Dec 2018 |
|---|---------------------|---------|---------------------|-------------------|
| Agric eggs medium size                    | 1 Dozen             | 475     | 0.23                | 6.26              |
| Agric eggs(medium size price of one)      | 1 Piece             | 42.25   | 3.21                | -0.59             |
| Beans brown,sold loose                    | 1Kg                 | 468.12  | 12.11               | 0.44              |
| Beans:white black eye. sold loose         | 1Kg                 | 443.58  | 9.58                | 10.73             |
| Beef Bone in                              | 1Kg                 | 1122.13 | -26.46              | 9.57              |
| Beef,boneless                             | 1Kg                 | 1264.11 | -25.16              | -4.16             |
| Bread sliced 500g                         | 1 loaf              | 306.5   | -0.93               | 0.49              |
| Bread unsliced 500g                       | 1 loaf              | 238.1   | -4.76               | -5.7              |
| Broken Rice (Ofada)                       | 1Kg                 | 581.05  | 0.9                 | -4.58             |
| Chicken Feet                              | 1Kg                 | 850     | -25.55              | 0                 |
| Chicken Wings                             | 1Kg                 | 1157.89 | -0.58               | 0.2               |
| Evaporated tinned milk carnation 170g     | 1 unit              | 155     | 6.9                 | 8.77              |
| Evaporated tinned milk(peak), 170g        | 1 unit              | 200.15  | 1.48                | -0.17             |
| Frozen chicken                            | 1 unit              | 1276.19 | -1.36               | 1.03              |
| Gari white,sold loose                     | 1Kg                 | 129.53  | -35.46              | -0.63             |
| Gari yellow,sold loose                    | 1Kg                 | 185.89  | -22.84              | -26.78            |
| Mudfish (aro) fresh                       | 1Kg                 | 1028.57 | -17.48              | -9.43             |
| Mudfish : dried                           | 1Kg                 | 2168.1  | -0.32               | -5.22             |
| Onion bulb                                | 1Kg                 | 266.15  | -15.49              | -27.85            |
| Rice agric sold loose                     | 1Kg                 | 315.02  | -1.69               | -0.55             |
| Rice local sold loose                     | 1Kg                 | 334.52  | -2.38               | 11.26             |
| Rice Medium Grained                       | 1Kg                 | 330.97  | 11.52               | 3.7               |
| Rice,imported high quality sold loose     | 1Kg                 | 334.19  | 8.9                 | 8.25              |
| Tomato                                    | 1Kg                 | 384.91  | -7.26               | -11.77            |
| Yam tuber                                 | 1Kg                 | 230.97  | 11.25               | -17.31            |
| Dried Fish Sardine                        | 1Kg                 | 1545.45 | -4.9                | 4.67              |
| Iced Sardine                              | 1Kg                 | 833.33  | -6.1                | -0.26             |
| Irish potato                              | 1Kg                 | 292.26  | -26.77              | -21.39            |
| Sweet potato                              | 1Kg                 | 201.76  | 60.76               | -7.62             |
| Tilapia fish (epiya) fresh                | 1Kg                 | 1062.5  | -7.24               | -10.53            |
| Titus:frozen                              | 1Kg                 | 991.67  | -4.49               | 4.94              |
| Catfish (obokun) fresh                    | 1Kg                 | 1354.79 | -3.27               | -2.99             |
| Catfish :dried                            | 1Kg                 | 1643.37 | -25.07              | 6.88              |
| Catfish Smoked                            | 1Kg                 | 1700    | 10.81               | 8.46              |
| Mackerel : frozen                         | 1Kg                 | 888.33  | -8.89               | 7.51              |
| Groundnut oil: 1 bottle, specify bottle   | 1Ltr                | 483.33  | -4.61               | -9.38             |
| Maize grain white sold loose              | 1Kg                 | 209.64  | -5.71               | -7.71             |
| Maize grain yellow sold loose             | 1Kg                 | 200.56  | -12.48              | -12.04            |
| Palm oil: 1 bottle,specify bottle         | 1Ltr                | 516.08  | -3.94               | 2.85              |
| Plantain(ripe)                            | 1Kg                 | 229.67  | 9.02                | 25.8              |
| Plantain(unripe)                          | 1Kg                 | 201.17  | -18.36              | 23.52             |
| Vegetable oil:1 bottle,specify bottle     | 1Ltr                | 511.11  | -4.17               | -3.5              |
| Wheat flour: prepacked (golden penny 2kg) | 2Kg                 | 582.5   | -10.21              | -1.27             |


# Selected Food Price Watch - December 2018

## Nasarawa State







Tomato

|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>1KG</b>  | <b>N443.52</b>  |






Beans brown, sold loose

|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>1KG</b>  | <b>N357.84</b>  |






Rice Local sold Loose

|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>1KG</b>  | <b>N262.29</b>  |






Bread sliced 500g

|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>1 loaf</b>   | <b>N303.57</b>  |






Yam Tuber

|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>1KG</b>  | <b>N299.73</b>  |






Palm oil: 1 bottle

|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>1Ltr</b>   | <b>N498.33</b>  |






Beef, boneless

|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>1KG</b>  | <b>N1245.27</b>   |





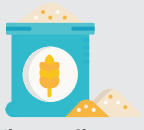
Onion bulb

|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>1KG</b>  | <b>N209.72</b>  |





Garri white, sold Loose

|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>1KG</b>  | <b>N183.35</b>  |



Wheat flour: prepacked (golden penny) 2kg


|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>2KG</b>  | <b>N625.00</b>  |

# Selected Food Price Watch - December 2018



## Nasarawa State




| ItemLabels                                | Unit of Measurement | Dec-18  | (Dec 2017-Dec 2018) | Nov 2018-Dec 2018 |
|---|---------------------|---------|---------------------|-------------------|
| Agric eggs medium size                    | 1 Dozen             | 476.88  | 3.95                | -0.1              |
| Agric eggs(medium size price of one)      | 1 Piece             | 41.33   | 1.43                | -3.12             |
| Beans brown,sold loose                    | 1Kg                 | 357.84  | 4.21                | -7.96             |
| Beans:white black eye. sold loose         | 1Kg                 | 320.12  | 9.67                | -2.65             |
| Beef Bone in                              | 1Kg                 | 1171.05 | -2.47               | -2.41             |
| Beef,boneless                             | 1Kg                 | 1245.27 | -0.83               | -4.7              |
| Bread sliced 500g                         | 1 loaf              | 303.57  | 5.8                 | -15.28            |
| Bread unsliced 500g                       | 1 loaf              | 290.63  | 23.67               | -9.42             |
| Broken Rice (Ofada)                       | 1Kg                 | 327.88  | 29.82               | 21.75             |
| Chicken Feet                              | 1Kg                 | 1000    | 18.11               | -14.59            |
| Chicken Wings                             | 1Kg                 | 900     | -17.93              | -22.86            |
| Evaporated tinned milk carnation 170g     | 1 unit              | 165     | 3.13                | -8.33             |
| Evaporated tinned milk(peak), 170g        | 1 unit              | 184.38  | -5.21               | -3.3              |
| Frozen chicken                            | 1 unit              | 1500    | 9.49                | 0                 |
| Gari white,sold loose                     | 1Kg                 | 183.35  | -28.15              | 6.58              |
| Gari yellow,sold loose                    | 1Kg                 | 202.55  | -26.59              | -2.66             |
| Mudfish (aro) fresh                       | 1Kg                 | 900     | -15.63              | -18.18            |
| Mudfish : dried                           | 1Kg                 | 1449    | -13.45              | 0.32              |
| Onion bulb                                | 1Kg                 | 209.72  | -0.38               | -19.74            |
| Rice agric sold loose                     | 1Kg                 | 275.86  | -6.91               | 4.64              |
| Rice local sold loose                     | 1Kg                 | 262.29  | 16.9                | 3.29              |
| Rice Medium Grained                       | 1Kg                 | 316.11  | -23.52              | -1.9              |
| Rice,imported high quality sold loose     | 1Kg                 | 325.78  | 2.07                | -10.97            |
| Tomato                                    | 1Kg                 | 443.52  | 100.17              | -2.34             |
| Yam tuber                                 | 1Kg                 | 299.73  | 36.09               | -14.38            |
| Dried Fish Sardine                        | 1Kg                 | 1226.36 | -4.81               | 4.76              |
| Iced Sardine                              | 1Kg                 | 900     | 22.32               | -14.29            |
| Irish potato                              | 1Kg                 | 256.18  | 53.08               | -9.57             |
| Sweet potato                              | 1Kg                 | 161.45  | 57.47               | -13.75            |
| Tilapia fish (epiya) fresh                | 1Kg                 | 1002.91 | 0.29                | -9.87             |
| Titus:frozen                              | 1Kg                 | 1090.88 | 3.83                | -2.55             |
| Catfish (obokun) fresh                    | 1Kg                 | 1166.67 | 1                   | -3.18             |
| Catfish :dried                            | 1Kg                 | 1897.88 | -10.81              | -0.71             |
| Catfish Smoked                            | 1Kg                 | 1162    | -4.75               | 5.64              |
| Mackerel : frozen                         | 1Kg                 | 1009.09 | -0.56               | -2.74             |
| Groundnut oil: 1 bottle, specify bottle   | 1Ltr                | 575     | 23.47               | -0.13             |
| Maize grain white sold loose              | 1Kg                 | 109.28  | -28.19              | -24.88            |
| Maize grain yellow sold loose             | 1Kg                 | 107.93  | -30.36              | -32.49            |
| Palm oil: 1 bottle,specify bottle         | 1Ltr                | 498.33  | 18.06               | -5.72             |
| Plantain(ripe)                            | 1Kg                 | 224.79  | -7.16               | -25.85            |
| Plantain(unripe)                          | 1Kg                 | 194.22  | -12.11              | -5.88             |
| Vegetable oil:1 bottle,specify bottle     | 1Ltr                | 475     | -9.18               | -18.32            |
| Wheat flour: prepacked (golden penny 2kg) | 2Kg                 | 625     | -9.4                | -9.09             |







Tomato

|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>1KG</b>  | <b>N208.79</b>  |






Beans brown, sold loose

|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>1KG</b>  | <b>N317.13</b>  |






Rice Local sold Loose

|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>1KG</b>  | <b>N223.53</b>  |






Bread sliced 500g

|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>1 loaf</b>   | <b>N309.09</b>  |






Yam Tuber

|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>1KG</b>  | <b>N193.68</b>  |






Palm oil: 1 bottle

|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>1Ltr</b>   | <b>N426.67</b>  |






Beef, boneless

|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>1KG</b>  | <b>N1269.87</b>   |






Onion bulb

|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>1KG</b>  | <b>N240.35</b>  |





Garri white, sold Loose

|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>1KG</b>  | <b>N138.02</b>  |



Wheat flour: prepacked (golden penny) 2kg

|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>2KG</b>  | <b>N600.00</b>  |



# Selected Food Price Watch - December 2018


## Niger State





| ItemLabels                                | Unit of Measurement | Dec-18  | (Dec 2017-Dec 2018) | Nov 2018-Dec 2018 |
|---|---------------------|---------|---------------------|-------------------|
| Agric eggs medium size                    | 1 Dozen             | 479.38  | 6.53                | -6.79             |
| Agric eggs(medium size price of one)      | 1 Piece             | 42.35   | 4.02                | 5.88              |
| Beans brown,sold loose                    | 1Kg                 | 317.13  | -0.49               | 0.71              |
| Beans:white black eye. sold loose         | 1Kg                 | 319.27  | 6.17                | -1.08             |
| Beef Bone in                              | 1Kg                 | 1058.33 | -8.14               | -5.02             |
| Beef,boneless                             | 1Kg                 | 1269.87 | 0.7                 | 10.08             |
| Bread sliced 500g                         | 1 loaf              | 309.09  | 17.08               | 1.34              |
| Bread unsliced 500g                       | 1 loaf              | 261.82  | 15.93               | -5.75             |
| Broken Rice (Ofada)                       | 1Kg                 | 393.99  | -7.76               | 0.69              |
| Chicken Feet                              | 1Kg                 | 1001.14 | -1.46               | -17.43            |
| Chicken Wings                             | 1Kg                 | 1003.86 | -14.44              | -17.45            |
| Evaporated tinned milk carnation 170g     | 1 unit              | 152.31  | -10.41              | 1.54              |
| Evaporated tinned milk(peak), 170g        | 1 unit              | 172.22  | -8.67               | 1.31              |
| Frozen chicken                            | 1 unit              | 1550    | 23.51               | 19.23             |
| Gari white,sold loose                     | 1Kg                 | 138.02  | -17.35              | -1.93             |
| Gari yellow,sold loose                    | 1Kg                 | 201.56  | -16.59              | 4.72              |
| Mudfish (aro) fresh                       | 1Kg                 | 865.37  | -11.77              | -5.95             |
| Mudfish : dried                           | 1Kg                 | 1670.08 | -11.58              | -23.32            |
| Onion bulb                                | 1Kg                 | 240.35  | -11.97              | -12.9             |
| Rice agric sold loose                     | 1Kg                 | 368.27  | -11.44              | -1.65             |
| Rice local sold loose                     | 1Kg                 | 223.53  | -30.44              | -5.74             |
| Rice Medium Grained                       | 1Kg                 | 355.01  | 9.74                | 1.43              |
| Rice,imported high quality sold loose     | 1Kg                 | 314.6   | 4.97                | -11.88            |
| Tomato                                    | 1Kg                 | 208.79  | -20.99              | -35.94            |
| Yam tuber                                 | 1Kg                 | 193.68  | -12.06              | -17.57            |
| Dried Fish Sardine                        | 1Kg                 | 1314.29 | 3.11                | 3.08              |
| Iced Sardine                              | 1Kg                 | 920     | 10.61               | -14.34            |
| Irish potato                              | 1Kg                 | 196     | 10.02               | -30.4             |
| Sweet potato                              | 1Kg                 | 180.24  | 95.06               | -8.9              |
| Tilapia fish (epiya) fresh                | 1Kg                 | 910.23  | 3.92                | -10.11            |
| Titus:frozen                              | 1Kg                 | 976.62  | 10.61               | -7.22             |
| Catfish (obokun) fresh                    | 1Kg                 | 966.67  | -23.81              | -13.43            |
| Catfish :dried                            | 1Kg                 | 1291.01 | -3.71               | -0.59             |
| Catfish Smoked                            | 1Kg                 | 1285.31 | 11.48               | 3.7               |
| Mackerel : frozen                         | 1Kg                 | 991.67  | 31.66               | -3.25             |
| Groundnut oil: 1 bottle, specify bottle   | 1Ltr                | 506.67  | -4.49               | 7.86              |
| Maize grain white sold loose              | 1Kg                 | 109.12  | -16.53              | -27.55            |
| Maize grain yellow sold loose             | 1Kg                 | 107.37  | -17.87              | -32.42            |
| Palm oil: 1 bottle,specify bottle         | 1Ltr                | 426.67  | 5.04                | -10.78            |
| Plantain(ripe)                            | 1Kg                 | 192.58  | -22.3               | -10.95            |
| Plantain(unripe)                          | 1Kg                 | 267.08  | 13.81               | -13.03            |
| Vegetable oil:1 bottle,specify bottle     | 1Ltr                | 437.78  | -16.08              | -3.43             |
| Wheat flour: prepacked (golden penny 2kg) | 2Kg                 | 600     | 6.19                | 15.07             |


# Selected Food Price Watch - December 2018

## Ogun State







Tomato

|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>1KG</b>  | <b>N260.02</b>  |






Beans brown, sold loose

|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>1KG</b>  | <b>N426.33</b>  |






Rice Local sold Loose

|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>1KG</b>  | <b>N304.79</b>  |






Bread sliced 500g

|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>1 loaf</b>   | <b>N300.71</b>  |






Yam Tuber

|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>1KG</b>  | <b>N319.93</b>  |






Palm oil: 1 bottle

|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>1Ltr</b>   | <b>N488.89</b>  |






Beef, boneless

|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>1KG</b>  | <b>N1216.34</b>   |






Onion bulb

|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>1KG</b>  | <b>N307.68</b>  |





Garri white, sold Loose

|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>1KG</b>  | <b>N132.40</b>  |



Wheat flour: prepacked (golden penny) 2kg

|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>2KG</b>  | <b>N567.35</b>  |

# Selected Food Price Watch - December 2018


## Ogun State





| ItemLabels                                | Unit of Measurement | Dec-18  | (Dec 2017-Dec 2018) | Nov 2018-Dec 2018 |
|---|---------------------|---------|---------------------|-------------------|
| Agric eggs medium size                    | 1 Dozen             | 421.58  | -17.08              | -6.32             |
| Agric eggs(medium size price of one)      | 1 Piece             | 39.5    | -2.02               | -0.52             |
| Beans brown,sold loose                    | 1Kg                 | 426.33  | 7.43                | -3.17             |
| Beans:white black eye. sold loose         | 1Kg                 | 371.01  | 6.86                | 8.54              |
| Beef Bone in                              | 1Kg                 | 859.74  | -20.61              | 11.19             |
| Beef,boneless                             | 1Kg                 | 1216.34 | 7.75                | 3.15              |
| Bread sliced 500g                         | 1 loaf              | 300.71  | 7.2                 | -0.46             |
| Bread unsliced 500g                       | 1 loaf              | 254.09  | -2.69               | 0.79              |
| Broken Rice (Ofada)                       | 1Kg                 | 507.24  | 0.38                | 1.01              |
| Chicken Feet                              | 1Kg                 | 633.33  | -15.56              | -15.56            |
| Chicken Wings                             | 1Kg                 | 1091.67 | 3.97                | 3.15              |
| Evaporated tinned milk carnation 170g     | 1 unit              | 165     | -2.94               | -17.5             |
| Evaporated tinned milk(peak), 170g        | 1 unit              | 203     | -5.75               | -6.55             |
| Frozen chicken                            | 1 unit              | 1490    | 15.47               | 13.16             |
| Gari white,sold loose                     | 1Kg                 | 132.4   | -37.08              | -7.12             |
| Gari yellow,sold loose                    | 1Kg                 | 186.14  | -40.12              | 5.22              |
| Mudfish (aro) fresh                       | 1Kg                 | 1029.74 | -6.65               | -0.91             |
| Mudfish : dried                           | 1Kg                 | 2509.09 | 0.62                | -4.63             |
| Onion bulb                                | 1Kg                 | 307.68  | -10.15              | -31.94            |
| Rice agric sold loose                     | 1Kg                 | 328.11  | 14.71               | 7.15              |
| Rice local sold loose                     | 1Kg                 | 304.79  | -20.67              | 1.6               |
| Rice Medium Grained                       | 1Kg                 | 300.57  | 12.58               | 3.63              |
| Rice,imported high quality sold loose     | 1Kg                 | 312.5   | -27.66              | -10.51            |
| Tomato                                    | 1Kg                 | 260.02  | -15.28              | -19.86            |
| Yam tuber                                 | 1Kg                 | 319.93  | 31.33               | -11.11            |
| Dried Fish Sardine                        | 1Kg                 | 1222.13 | -23.94              | -9.38             |
| Iced Sardine                              | 1Kg                 | 600     | -18.93              | 7.42              |
| Irish potato                              | 1Kg                 | 289.37  | 24.02               | -10.2             |
| Sweet potato                              | 1Kg                 | 119.11  | 5.18                | -14.67            |
| Tilapia fish (epiya) fresh                | 1Kg                 | 832.3   | -1.56               | 3.78              |
| Titus:frozen                              | 1Kg                 | 784.58  | 7.91                | 3.99              |
| Catfish (obokun) fresh                    | 1Kg                 | 931.37  | -1.96               | 2.89              |
| Catfish :dried                            | 1Kg                 | 2014.26 | 16.08               | -11.19            |
| Catfish Smoked                            | 1Kg                 | 1516.23 | -13.9               | -0.25             |
| Mackerel : frozen                         | 1Kg                 | 813.51  | 28.45               | -8.87             |
| Groundnut oil: 1 bottle, specify bottle   | 1Ltr                | 473.33  | -21.11              | -0.93             |
| Maize grain white sold loose              | 1Kg                 | 164.35  | -25.31              | 4.26              |
| Maize grain yellow sold loose             | 1Kg                 | 132.09  | -38.91              | -12.71            |
| Palm oil: 1 bottle,specify bottle         | 1Ltr                | 488.89  | -6.88               | 3.03              |
| Plantain(ripe)                            | 1Kg                 | 188.82  | -5.2                | -29.33            |
| Plantain(unripe)                          | 1Kg                 | 164.34  | -11                 | -12.1             |
| Vegetable oil:1 bottle,specify bottle     | 1Ltr                | 509.02  | -9.41               | -2.27             |
| Wheat flour: prepacked (golden penny 2kg) | 2Kg                 | 567.35  | -5.44               | -3.31             |


# Selected Food Price Watch - December 2018

## Ondo State







Tomato

|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>1KG</b>  | <b>N207.38</b>  |






Beans brown, sold loose

|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>1KG</b>  | <b>N424.61</b>  |






Rice Local sold Loose

|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>1KG</b>  | <b>N321.07</b>  |






Bread sliced 500g

|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>1 loaf</b>   | <b>N257.14</b>  |






Yam Tuber

|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>1KG</b>  | <b>N148.03</b>  |






Palm oil: 1 bottle

|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>1Ltr</b>   | <b>N459.26</b>  |






Beef, boneless

|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>1KG</b>  | <b>N1370.19</b>   |






Onion bulb

|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>1KG</b>  | <b>N249.57</b>  |





Garri white, sold Loose

|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>1KG</b>  | <b>N131.58</b>  |



Wheat flour: prepacked (golden penny) 2kg

|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>2KG</b>  | <b>N652.31</b>  |

# Selected Food Price Watch - December 2018


## Ondo State





| ItemLabels                                | Unit of Measurement | Dec-18  | (Dec 2017-Dec 2018) | Nov 2018-Dec 2018 |
|---|---------------------|---------|---------------------|-------------------|
| Agric eggs medium size                    | 1 Dozen             | 481.43  | -2.91               | -2.35             |
| Agric eggs(medium size price of one)      | 1 Piece             | 43.13   | 1.47                | 2.33              |
| Beans brown,sold loose                    | 1Kg                 | 424.61  | 5.97                | -4.85             |
| Beans:white black eye. sold loose         | 1Kg                 | 324.29  | -2.99               | -3.82             |
| Beef Bone in                              | 1Kg                 | 826.32  | -10.39              | 2.43              |
| Beef,boneless                             | 1Kg                 | 1370.19 | 11.3                | 7.77              |
| Bread sliced 500g                         | 1 loaf              | 257.14  | -0.69               | 0.62              |
| Bread unsliced 500g                       | 1 loaf              | 250     | 1.27                | 0                 |
| Broken Rice (Ofada)                       | 1Kg                 | 401.24  | -37.1               | 10.1              |
| Chicken Feet                              | 1Kg                 | 1158.33 | 7.75                | -6.87             |
| Chicken Wings                             | 1Kg                 | 1161.65 | -1.41               | -3.86             |
| Evaporated tinned milk carnation 170g     | 1 unit              | 165     | -2.94               | 1.02              |
| Evaporated tinned milk(peak), 170g        | 1 unit              | 198.75  | -0.98               | 2.34              |
| Frozen chicken                            | 1 unit              | 1320    | 1.34                | 1.54              |
| Gari white,sold loose                     | 1Kg                 | 131.58  | -7.47               | 20.22             |
| Gari yellow,sold loose                    | 1Kg                 | 209.7   | 35.06               | -2.75             |
| Mudfish (aro) fresh                       | 1Kg                 | 870.89  | 6                   | 1.74              |
| Mudfish : dried                           | 1Kg                 | 1473.62 | -4.03               | -1.63             |
| Onion bulb                                | 1Kg                 | 249.57  | -23.87              | -20.2             |
| Rice agric sold loose                     | 1Kg                 | 341.18  | 9.43                | 0.58              |
| Rice local sold loose                     | 1Kg                 | 321.07  | 3.17                | 3.44              |
| Rice Medium Grained                       | 1Kg                 | 366.81  | 10.22               | 1.78              |
| Rice,imported high quality sold loose     | 1Kg                 | 388.96  | 13.75               | 4.32              |
| Tomato                                    | 1Kg                 | 207.38  | -25.51              | -27.82            |
| Yam tuber                                 | 1Kg                 | 148.03  | -15.24              | -17.75            |
| Dried Fish Sardine                        | 1Kg                 | 1066.8  | -24.17              | 4.65              |
| Iced Sardine                              | 1Kg                 | 833.59  | 16.53               | -3.4              |
| Irish potato                              | 1Kg                 | 269.91  | 13.85               | -9.17             |
| Sweet potato                              | 1Kg                 | 126.42  | -8.07               | -0.35             |
| Tilapia fish (epiya) fresh                | 1Kg                 | 897.78  | 26.53               | -24.07            |
| Titus:frozen                              | 1Kg                 | 999.01  | 1.59                | 4.79              |
| Catfish (obokun) fresh                    | 1Kg                 | 835.77  | 21.54               | 3.96              |
| Catfish :dried                            | 1Kg                 | 1717.79 | 13.53               | -12.04            |
| Catfish Smoked                            | 1Kg                 | 1322    | 6.29                | 1.69              |
| Mackerel : frozen                         | 1Kg                 | 850.62  | -23.95              | 2.25              |
| Groundnut oil: 1 bottle, specify bottle   | 1Ltr                | 610     | 5.58                | -13.45            |
| Maize grain white sold loose              | 1Kg                 | 136.85  | -20                 | -18.46            |
| Maize grain yellow sold loose             | 1Kg                 | 136.81  | -22.82              | -22.23            |
| Palm oil: 1 bottle,specify bottle         | 1Ltr                | 459.26  | -6.91               | -7.43             |
| Plantain(ripe)                            | 1Kg                 | 278.41  | -24.43              | -13.42            |
| Plantain(unripe)                          | 1Kg                 | 312.35  | 52.26               | -16.03            |
| Vegetable oil:1 bottle,specify bottle     | 1Ltr                | 524.44  | -24.6               | -8.91             |
| Wheat flour: prepacked (golden penny 2kg) | 2Kg                 | 652.31  | 1.26                | 7.03              |


# Selected Food Price Watch - December 2018

## Osun State







Tomato

|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>1KG</b>  | <b>N174.98</b>  |






Beans brown, sold loose

|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>1KG</b>  | <b>N424.07</b>  |






Rice Local sold Loose

|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>1KG</b>  | <b>N286.54</b>  |






Bread sliced 500g

|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>1 loaf</b>   | <b>N327.78</b>  |






Yam Tuber

|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>1KG</b>  | <b>N261.71</b>  |






Palm oil: 1 bottle

|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>1Ltr</b>   | <b>N458.52</b>  |






Beef, boneless

|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>1KG</b>  | <b>N1245.58</b>   |






Onion bulb

|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>1KG</b>  | <b>N225.27</b>  |





Garri white, sold Loose

|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>1KG</b>  | <b>N114.36</b>  |



Wheat flour: prepacked (golden penny) 2kg

|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>2KG</b>  | <b>N580.71</b>  |

# Selected Food Price Watch - December 2018


## Osun State





| ItemLabels                                | Unit of Measurement | Dec-18  | (Dec 2017-Dec 2018) | Nov 2018-Dec 2018 |
|---|---------------------|---------|---------------------|-------------------|
| Agric eggs medium size                    | 1 Dozen             | 412.22  | -15.75              | -3.01             |
| Agric eggs(medium size price of one)      | 1 Piece             | 37.97   | 0.8                 | 0.07              |
| Beans brown,sold loose                    | 1Kg                 | 424.07  | 2.52                | 0.88              |
| Beans:white black eye. sold loose         | 1Kg                 | 304.12  | 7                   | -4.19             |
| Beef Bone in                              | 1Kg                 | 778.14  | -17.43              | 7.14              |
| Beef,boneless                             | 1Kg                 | 1245.58 | -3.45               | -5.57             |
| Bread sliced 500g                         | 1 loaf              | 327.78  | 5.36                | -0.24             |
| Bread unsliced 500g                       | 1 loaf              | 262.5   | 3.52                | 6.25              |
| Broken Rice (Ofada)                       | 1Kg                 | 372.5   | -17.76              | -13.12            |
| Chicken Feet                              | 1Kg                 | 900     | -6.37               | -1.6              |
| Chicken Wings                             | 1Kg                 | 1216.67 | 13.9                | 1.39              |
| Evaporated tinned milk carnation 170g     | 1 unit              | 160     | -19.69              | -15.26            |
| Evaporated tinned milk(peak), 170g        | 1 unit              | 205.29  | 3.99                | 6.57              |
| Frozen chicken                            | 1 unit              | 1600    | 3.23                | 10.34             |
| Gari white,sold loose                     | 1Kg                 | 114.36  | -41.36              | 3.57              |
| Gari yellow,sold loose                    | 1Kg                 | 121.66  | -42.72              | -11.88            |
| Mudfish (aro) fresh                       | 1Kg                 | 949.63  | 9.21                | -5.58             |
| Mudfish : dried                           | 1Kg                 | 1676.59 | 1.81                | -9.57             |
| Onion bulb                                | 1Kg                 | 225.27  | -15.38              | -6.53             |
| Rice agric sold loose                     | 1Kg                 | 303     | -11.98              | 0.81              |
| Rice local sold loose                     | 1Kg                 | 286.54  | 19.54               | 8.59              |
| Rice Medium Grained                       | 1Kg                 | 315.06  | 5.5                 | 0.74              |
| Rice,imported high quality sold loose     | 1Kg                 | 371.91  | 9.2                 | -2.73             |
| Tomato                                    | 1Kg                 | 174.98  | -3.2                | -14.7             |
| Yam tuber                                 | 1Kg                 | 261.71  | 22.12               | -22.47            |
| Dried Fish Sardine                        | 1Kg                 | 1570.92 | -4.21               | -0.92             |
| Iced Sardine                              | 1Kg                 | 652.38  | -5.86               | 6.47              |
| Irish potato                              | 1Kg                 | 250     | -16.67              | -28.57            |
| Sweet potato                              | 1Kg                 | 104.74  | -5.56               | -24.47            |
| Tilapia fish (epiya) fresh                | 1Kg                 | 750     | -11.44              | -2.64             |
| Titus:frozen                              | 1Kg                 | 717.05  | -15.75              | -14.75            |
| Catfish (obokun) fresh                    | 1Kg                 | 869.57  | 3.66                | 2.41              |
| Catfish :dried                            | 1Kg                 | 1990.5  | 26.14               | 9.35              |
| Catfish Smoked                            | 1Kg                 | 1350    | 5                   | 10.45             |
| Mackerel : frozen                         | 1Kg                 | 870.17  | -5.81               | -1.74             |
| Groundnut oil: 1 bottle, specify bottle   | 1Ltr                | 505     | 8.21                | -12.17            |
| Maize grain white sold loose              | 1Kg                 | 105.41  | -35.46              | -18.28            |
| Maize grain yellow sold loose             | 1Kg                 | 112.92  | -35.23              | -19.37            |
| Palm oil: 1 bottle,specify bottle         | 1Ltr                | 458.52  | 3.23                | -0.53             |
| Plantain(ripe)                            | 1Kg                 | 196.56  | -29.46              | -13.59            |
| Plantain(unripe)                          | 1Kg                 | 203.45  | -24.01              | -14.69            |
| Vegetable oil:1 bottle,specify bottle     | 1Ltr                | 502.11  | -9.1                | -5.86             |
| Wheat flour: prepacked (golden penny 2kg) | 2Kg                 | 580.71  | -9.44               | -4.01             |


# Selected Food Price Watch - December 2018

## Oyo State







Tomato

|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>1KG</b>  | <b>N174.98</b>  |






Beans brown, sold loose

|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>1KG</b>  | <b>N424.07</b>  |






Rice Local sold Loose

|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>1KG</b>  | <b>N286.54</b>  |






Bread sliced 500g

|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>1 loaf</b>   | <b>N327.78</b>  |






Yam Tuber

|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>1KG</b>  | <b>N261.71</b>  |






Palm oil: 1 bottle

|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>1Ltr</b>   | <b>N458.52</b>  |






Beef, boneless

|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>1KG</b>  | <b>N1245.58</b>   |






Onion bulb

|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>1KG</b>  | <b>N225.27</b>  |





Garri white, sold Loose

|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>1KG</b>  | <b>N114.36</b>  |



Wheat flour: prepacked (golden penny) 2kg

|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>2KG</b>  | <b>N580.71</b>  |



# Selected Food Price Watch - December 2018


## Oyo State





| ItemLabels                                | Unit of Measurement | Dec-18  | (Dec 2017-Dec 2018) | Nov 2018-Dec 2018 |
|---|---------------------|---------|---------------------|-------------------|
| Agric eggs medium size                    | 1 Dozen             | 412.22  | -11.46              | -15.38            |
| Agric eggs(medium size price of one)      | 1 Piece             | 37.97   | 8.48                | 5.02              |
| Beans brown,sold loose                    | 1Kg                 | 424.07  | 8.54                | -2.31             |
| Beans:white black eye. sold loose         | 1Kg                 | 304.12  | 0.02                | -9.46             |
| Beef Bone in                              | 1Kg                 | 778.14  | -5.1                | -14.89            |
| Beef,boneless                             | 1Kg                 | 1245.58 | 25.69               | 47.33             |
| Bread sliced 500g                         | 1 loaf              | 327.78  | 9.5                 | 4.89              |
| Bread unsliced 500g                       | 1 loaf              | 262.5   | -1.64               | -1.24             |
| Broken Rice (Ofada)                       | 1Kg                 | 372.5   | -51.68              | -50.33            |
| Chicken Feet                              | 1Kg                 | 900     | -1.17               | -10               |
| Chicken Wings                             | 1Kg                 | 1216.67 | 18.89               | 16.99             |
| Evaporated tinned milk carnation 170g     | 1 unit              | 160     | -4                  | 10.34             |
| Evaporated tinned milk(peak), 170g        | 1 unit              | 205.29  | -1.69               | 3.41              |
| Frozen chicken                            | 1 unit              | 1600    | 14.29               | 14.08             |
| Gari white,sold loose                     | 1Kg                 | 114.36  | -35.14              | -20.92            |
| Gari yellow,sold loose                    | 1Kg                 | 121.66  | -45.38              | -50.21            |
| Mudfish (aro) fresh                       | 1Kg                 | 949.63  | -12.06              | 19.44             |
| Mudfish : dried                           | 1Kg                 | 1676.59 | -22.05              | 16.6              |
| Onion bulb                                | 1Kg                 | 225.27  | -8.52               | -25.88            |
| Rice agric sold loose                     | 1Kg                 | 303     | -3.04               | -19.2             |
| Rice local sold loose                     | 1Kg                 | 286.54  | -1.95               | 6.43              |
| Rice Medium Grained                       | 1Kg                 | 315.06  | -3.15               | -7.28             |
| Rice,imported high quality sold loose     | 1Kg                 | 371.91  | 8.72                | 6.25              |
| Tomato                                    | 1Kg                 | 174.98  | -34.75              | -11.26            |
| Yam tuber                                 | 1Kg                 | 261.71  | 5.2                 | 13.69             |
| Dried Fish Sardine                        | 1Kg                 | 1570.92 | 50.44               | 117.22            |
| Iced Sardine                              | 1Kg                 | 652.38  | -6.26               | 4.98              |
| Irish potato                              | 1Kg                 | 250     | 1.26                | -23.19            |
| Sweet potato                              | 1Kg                 | 104.74  | 6.41                | -20.52            |
| Tilapia fish (epiya) fresh                | 1Kg                 | 750     | -20.12              | -16.11            |
| Titus:frozen                              | 1Kg                 | 717.05  | -26.95              | -11.55            |
| Catfish (obokun) fresh                    | 1Kg                 | 869.57  | -16.1               | -13.09            |
| Catfish :dried                            | 1Kg                 | 1990.5  | 15.85               | 0.73              |
| Catfish Smoked                            | 1Kg                 | 1350    | 1.95                | 23.53             |
| Mackerel : frozen                         | 1Kg                 | 870.17  | 15.87               | -7.98             |
| Groundnut oil: 1 bottle, specify bottle   | 1Ltr                | 505     | -2.26               | -26.83            |
| Maize grain white sold loose              | 1Kg                 | 105.41  | -41.75              | -10.54            |
| Maize grain yellow sold loose             | 1Kg                 | 112.92  | -43.2               | -7.82             |
| Palm oil: 1 bottle,specify bottle         | 1Ltr                | 458.52  | -6.5                | 1.83              |
| Plantain(ripe)                            | 1Kg                 | 196.56  | -11.63              | 11.88             |
| Plantain(unripe)                          | 1Kg                 | 203.45  | -18.64              | 10.2              |
| Vegetable oil:1 bottle,specify bottle     | 1Ltr                | 502.11  | -7.89               | -5.96             |
| Wheat flour: prepacked (golden penny 2kg) | 2Kg                 | 580.71  | -10.66              | -9.62             |


# Selected Food Price Watch - December 2018

## Plateau State







Tomato

|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>1KG</b>  | <b>N200.61</b>  |






Beans brown, sold loose

|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>1KG</b>  | <b>N378.73</b>  |






Rice Local sold Loose

|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>1KG</b>  | <b>N265.43</b>  |






Bread sliced 500g

|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>1 loaf</b>   | <b>N265.45</b>  |






Yam Tuber

|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>1KG</b>  | <b>N276.32</b>  |






Palm oil: 1 bottle

|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>1Ltr</b>   | <b>N502.59</b>  |






Beef, boneless

|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>1KG</b>  | <b>N1204.13</b>   |






Onion bulb

|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>1KG</b>  | <b>N206.11</b>  |





Garri white, sold Loose

|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>1KG</b>  | <b>N201.28</b>  |



Wheat flour: prepacked (golden penny) 2kg

|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>2KG</b>  | <b>N670.00</b>  |

# Selected Food Price Watch - December 2018


## Plateau State





| ItemLabels                                | Unit of Measurement | Dec-18  | (Dec 2017-Dec 2018) | Nov 2018-Dec 2018 |
|---|---------------------|---------|---------------------|-------------------|
| Agric eggs medium size                    | 1 Dozen             | 440     | -7.14               | -5.81             |
| Agric eggs(medium size price of one)      | 1 Piece             | 38.89   | -7.07               | -1.01             |
| Beans brown,sold loose                    | 1Kg                 | 378.73  | 17.23               | -5.67             |
| Beans:white black eye. sold loose         | 1Kg                 | 307.22  | -3.68               | -8.92             |
| Beef Bone in                              | 1Kg                 | 1138.28 | -11.14              | -4.26             |
| Beef,boneless                             | 1Kg                 | 1204.13 | -3.67               | -0.58             |
| Bread sliced 500g                         | 1 loaf              | 265.45  | -8.81               | -6.86             |
| Bread unsliced 500g                       | 1 loaf              | 302.31  | 7.97                | 15.46             |
| Broken Rice (Ofada)                       | 1Kg                 | 350     | 50                  | 14.72             |
| Chicken Feet                              | 1Kg                 | 802.32  | -11.83              | -10.54            |
| Chicken Wings                             | 1Kg                 | 900     | -10                 | -10.35            |
| Evaporated tinned milk carnation 170g     | 1 unit              | 165     | -16.1               | -6.16             |
| Evaporated tinned milk(peak), 170g        | 1 unit              | 187.78  | -2.03               | 3.91              |
| Frozen chicken                            | 1 unit              | 2900    | 24.29               | 45                |
| Gari white,sold loose                     | 1Kg                 | 201.28  | -7.74               | -0.33             |
| Gari yellow,sold loose                    | 1Kg                 | 207.22  | -36.49              | -7.68             |
| Mudfish (aro) fresh                       | 1Kg                 | 1100    | -32.72              | -5.47             |
| Mudfish : dried                           | 1Kg                 | 1750    | -16.46              | 0.42              |
| Onion bulb                                | 1Kg                 | 206.11  | 12.18               | -22.39            |
| Rice agric sold loose                     | 1Kg                 | 279.03  | 16.54               | -6.99             |
| Rice local sold loose                     | 1Kg                 | 265.43  | 12.64               | 8.4               |
| Rice Medium Grained                       | 1Kg                 | 333     | 3.22                | 3.21              |
| Rice,imported high quality sold loose     | 1Kg                 | 350.97  | 3.41                | 1.81              |
| Tomato                                    | 1Kg                 | 200.61  | -6.93               | -12.26            |
| Yam tuber                                 | 1Kg                 | 276.32  | 41.33               | -4.12             |
| Dried Fish Sardine                        | 1Kg                 | 1362.32 | -6.07               | 3.21              |
| Iced Sardine                              | 1Kg                 | 1066.67 | 17.97               | -4.76             |
| Irish potato                              | 1Kg                 | 230.66  | 28.47               | -20.13            |
| Sweet potato                              | 1Kg                 | 230.47  | 35.81               | -9.48             |
| Tilapia fish (epiya) fresh                | 1Kg                 | 800     | -0.25               | -2.44             |
| Titus:frozen                              | 1Kg                 | 1065.83 | -5.4                | -4.82             |
| Catfish (obokun) fresh                    | 1Kg                 | 1200    | -12.33              | 4.35              |
| Catfish :dried                            | 1Kg                 | 2081.85 | 62.56               | -19.21            |
| Catfish Smoked                            | 1Kg                 | 1600    | 13.66               | 4.53              |
| Mackerel : frozen                         | 1Kg                 | 1003.75 | -0.89               | -8.23             |
| Groundnut oil: 1 bottle, specify bottle   | 1Ltr                | 428.33  | -15.36              | -27.37            |
| Maize grain white sold loose              | 1Kg                 | 126.44  | -17.45              | -16.4             |
| Maize grain yellow sold loose             | 1Kg                 | 125.83  | -16.91              | -16.76            |
| Palm oil: 1 bottle,specify bottle         | 1Ltr                | 502.59  | 0.52                | -6.43             |
| Plantain(ripe)                            | 1Kg                 | 252.02  | -32.68              | -18.18            |
| Plantain(unripe)                          | 1Kg                 | 382.46  | 47.86               | -20.97            |
| Vegetable oil:1 bottle,specify bottle     | 1Ltr                | 506.3   | -15.62              | -11.69            |
| Wheat flour: prepacked (golden penny 2kg) | 2Kg                 | 670     | 24.72               | 6.35              |


# Selected Food Price Watch - December 2018

## Rivers State







Tomato

|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>1KG</b>  | <b>N495.07</b>  |






Beans brown, sold loose

|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>1KG</b>  | <b>N421.69</b>  |






Rice Local sold Loose

|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>1KG</b>  | <b>N395.98</b>  |






Bread sliced 500g

|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>1 loaf</b>   | <b>N313.64</b>  |






Yam Tuber

|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>1KG</b>  | <b>N204.15</b>  |






Palm oil: 1 bottle

|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>1Ltr</b>   | <b>N450.10</b>  |






Beef, boneless

|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>1KG</b>  | <b>N1351.40</b>   |






Onion bulb

|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>1KG</b>  | <b>N352.57</b>  |





Garri white, sold Loose

|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>1KG</b>  | <b>N182.65</b>  |



Wheat flour: prepacked (golden penny) 2kg

|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>2KG</b>  | <b>N734.21</b>  |

# Selected Food Price Watch - December 2018


## Rivers State





| ItemLabels                                | Unit of Measurement | Dec-18  | (Dec 2017-Dec 2018) | Nov 2018-Dec 2018 |
|---|---------------------|---------|---------------------|-------------------|
| Agric eggs medium size                    | 1 Dozen             | 531.3   | -13.51              | 10.56             |
| Agric eggs(medium size price of one)      | 1 Piece             | 45.21   | -1.11               | 5.92              |
| Beans brown,sold loose                    | 1Kg                 | 421.69  | 21.19               | 3.27              |
| Beans:white black eye. sold loose         | 1Kg                 | 378.93  | 12.48               | 0.16              |
| Beef Bone in                              | 1Kg                 | 834.02  | -29.11              | -3.84             |
| Beef,boneless                             | 1Kg                 | 1351.4  | 7.69                | 1.87              |
| Bread sliced 500g                         | 1 loaf              | 313.64  | 4.23                | -1.22             |
| Bread unsliced 500g                       | 1 loaf              | 300     | -4.4                | -2.49             |
| Broken Rice (Ofada)                       | 1Kg                 | 469.7   | 11.32               | 2.03              |
| Chicken Feet                              | 1Kg                 | 1089.56 | 18.77               | 1.41              |
| Chicken Wings                             | 1Kg                 | 1086.11 | 4.7                 | 1.27              |
| Evaporated tinned milk carnation 170g     | 1 unit              | 155     | -8.95               | 5.68              |
| Evaporated tinned milk(peak), 170g        | 1 unit              | 192.17  | -2.87               | -0.35             |
| Frozen chicken                            | 1 unit              | 1523.81 | 4.89                | -2.87             |
| Gari white,sold loose                     | 1Kg                 | 182.65  | -18.54              | 1.6               |
| Gari yellow,sold loose                    | 1Kg                 | 188.18  | -21.02              | 2.68              |
| Mudfish (aro) fresh                       | 1Kg                 | 825.66  | -28.31              | 6.73              |
| Mudfish : dried                           | 1Kg                 | 2277.78 | 4.23                | -4                |
| Onion bulb                                | 1Kg                 | 352.57  | 59.44               | -8.27             |
| Rice agric sold loose                     | 1Kg                 | 469.7   | 11.67               | 5.98              |
| Rice local sold loose                     | 1Kg                 | 395.98  | 11.59               | 2.1               |
| Rice Medium Grained                       | 1Kg                 | 425.65  | -3.97               | -3.63             |
| Rice,imported high quality sold loose     | 1Kg                 | 480.51  | 10.61               | 0.45              |
| Tomato                                    | 1Kg                 | 495.07  | 62.71               | 19.21             |
| Yam tuber                                 | 1Kg                 | 204.15  | 13.54               | -4.67             |
| Dried Fish Sardine                        | 1Kg                 | 1455.61 | -14.14              | -3.35             |
| Iced Sardine                              | 1Kg                 | 1048.69 | 56.64               | 6.45              |
| Irish potato                              | 1Kg                 | 387.16  | 66.95               | -1.19             |
| Sweet potato                              | 1Kg                 | 190.75  | 52.17               | 19.98             |
| Tilapia fish (epiya) fresh                | 1Kg                 | 1035.73 | 12.26               | 12.21             |
| Titus:frozen                              | 1Kg                 | 1035.55 | 8.67                | 8.72              |
| Catfish (obokun) fresh                    | 1Kg                 | 1053.05 | 3.7                 | -11.85            |
| Catfish :dried                            | 1Kg                 | 1999.87 | 7.16                | -4.24             |
| Catfish Smoked                            | 1Kg                 | 1603.81 | 30.49               | 0.73              |
| Mackerel : frozen                         | 1Kg                 | 937.01  | -2.73               | 3.23              |
| Groundnut oil: 1 bottle, specify bottle   | 1Ltr                | 533.33  | 15.94               | 0                 |
| Maize grain white sold loose              | 1Kg                 | 232.34  | -6.48               | 4.38              |
| Maize grain yellow sold loose             | 1Kg                 | 226.64  | -9.23               | 3.36              |
| Palm oil: 1 bottle,specify bottle         | 1Ltr                | 450.1   | 12.43               | 2.3               |
| Plantain(ripe)                            | 1Kg                 | 199.12  | -14.31              | -4.22             |
| Plantain(unripe)                          | 1Kg                 | 189.19  | -21.87              | 1.29              |
| Vegetable oil:1 bottle,specify bottle     | 1Ltr                | 634.92  | 26.7                | 1.52              |
| Wheat flour: prepacked (golden penny 2kg) | 2Kg                 | 734.21  | 2.64                | 3.41              |


# Selected Food Price Watch - December 2018

## Sokoto State







Tomato

|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>1KG</b>  | <b>N250.00</b>  |






Beans brown, sold loose

|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>1KG</b>  | <b>N331.64</b>  |






Rice Local sold Loose

|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>1KG</b>  | <b>N225.47</b>  |






Bread sliced 500g

|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>1 loaf</b>   | <b>N314.29</b>  |






Yam Tuber

|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>1KG</b>  | <b>N256.67</b>  |






Palm oil: 1 bottle

|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>1Ltr</b>   | <b>N415.24</b>  |






Beef, boneless

|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>1KG</b>  | <b>N1133.33</b>   |






Onion bulb

|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>1KG</b>  | <b>N261.22</b>  |





Garri white, sold Loose

|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>1KG</b>  | <b>N207.14</b>  |



Wheat flour: prepacked (golden penny) 2kg

|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>2KG</b>  | <b>N626.67</b>  |

# Selected Food Price Watch - December 2018


## Sokoto State





| ItemLabels                                | Unit of Measurement | Dec-18  | (Dec 2017-Dec 2018) | Nov 2018-Dec 2018 |
|---|---------------------|---------|---------------------|-------------------|
| Agric eggs medium size                    | 1 Dozen             | 475.71  | 3.15                | -0.89             |
| Agric eggs(medium size price of one)      | 1 Piece             | 40      | 7.94                | 0                 |
| Beans brown,sold loose                    | 1Kg                 | 331.64  | -7.79               | -15.67            |
| Beans:white black eye. sold loose         | 1Kg                 | 339.32  | 10.99               | -7.17             |
| Beef Bone in                              | 1Kg                 | 1020    | -4.28               | -4                |
| Beef,boneless                             | 1Kg                 | 1133.33 | -1.97               | 7.94              |
| Bread sliced 500g                         | 1 loaf              | 314.29  | 13.6                | -7.26             |
| Bread unsliced 500g                       | 1 loaf              | 300     | 6.85                | -8.33             |
| Broken Rice (Ofada)                       | 1Kg                 | 412.32  | -12.19              | 5.55              |
| Chicken Feet                              | 1Kg                 | 555     | -18.66              | 1.47              |
| Chicken Wings                             | 1Kg                 | 666     | -25.07              | 5.5               |
| Evaporated tinned milk carnation 170g     | 1 unit              | 162     | 8                   | 1.25              |
| Evaporated tinned milk(peak), 170g        | 1 unit              | 177     | 0.97                | 0.73              |
| Frozen chicken                            | 1 unit              | 1955    | 77.73               | 1.56              |
| Gari white,sold loose                     | 1Kg                 | 207.14  | -21.5               | -13.29            |
| Gari yellow,sold loose                    | 1Kg                 | 190     | -36.69              | -36.12            |
| Mudfish (aro) fresh                       | 1Kg                 | 999.21  | 1.79                | -5.93             |
| Mudfish : dried                           | 1Kg                 | 1996    | 16.38               | 0.26              |
| Onion bulb                                | 1Kg                 | 261.22  | -1.17               | -11.97            |
| Rice agric sold loose                     | 1Kg                 | 280.29  | -17.64              | 6.23              |
| Rice local sold loose                     | 1Kg                 | 225.47  | -16.56              | -7.43             |
| Rice Medium Grained                       | 1Kg                 | 248.28  | -26.53              | -2.92             |
| Rice,imported high quality sold loose     | 1Kg                 | 390.48  | 4.86                | 2.27              |
| Tomato                                    | 1Kg                 | 250     | -9.92               | -17.55            |
| Yam tuber                                 | 1Kg                 | 256.67  | -0.36               | -4.4              |
| Dried Fish Sardine                        | 1Kg                 | 1102.15 | -6.99               | 14.47             |
| Iced Sardine                              | 1Kg                 | 744.44  | -7.9                | 0.49              |
| Irish potato                              | 1Kg                 | 232.35  | -11.92              | -29.39            |
| Sweet potato                              | 1Kg                 | 223.12  | 111.71              | 6.85              |
| Tilapia fish (epiya) fresh                | 1Kg                 | 750     | -12.16              | -8.43             |
| Titus:frozen                              | 1Kg                 | 991.67  | 38.37               | -8.39             |
| Catfish (obokun) fresh                    | 1Kg                 | 900     | 9.46                | -15.86            |
| Catfish :dried                            | 1Kg                 | 1055.75 | -5.74               | 8.28              |
| Catfish Smoked                            | 1Kg                 | 1157.14 | 15.71               | 8.91              |
| Mackerel : frozen                         | 1Kg                 | 854.25  | -6.03               | -6.78             |
| Groundnut oil: 1 bottle, specify bottle   | 1Ltr                | 507.14  | -5.44               | -11.92            |
| Maize grain white sold loose              | 1Kg                 | 102.35  | -15.43              | -17.48            |
| Maize grain yellow sold loose             | 1Kg                 | 102.21  | -18.89              | -21.47            |
| Palm oil: 1 bottle,specify bottle         | 1Ltr                | 415.24  | -23.27              | -15.83            |
| Plantain(ripe)                            | 1Kg                 | 311.76  | -24.29              | -3.5              |
| Plantain(unripe)                          | 1Kg                 | 240     | 33.04               | -7.69             |
| Vegetable oil:1 bottle,specify bottle     | 1Ltr                | 483.81  | -7.36               | -8.01             |
| Wheat flour: prepacked (golden penny 2kg) | 2Kg                 | 626.67  | 10.43               | 6.21              |


# Selected Food Price Watch - December 2018

## Taraba State







Tomato

|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>1KG</b>  | <b>N219.98</b>  |






Beans brown, sold loose

|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>1KG</b>  | <b>N366.67</b>  |






Rice Local sold Loose

|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>1KG</b>  | <b>N256.64</b>  |






Bread sliced 500g

|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>1 loaf</b>   | <b>N270.00</b>  |






Yam Tuber

|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>1KG</b>  | <b>N124.07</b>  |






Palm oil: 1 bottle

|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>1Ltr</b>   | <b>N533.33</b>  |






Beef, boneless

|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>1KG</b>  | <b>N1185.83</b>   |






Onion bulb

|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>1KG</b>  | <b>N223.79</b>  |





Garri white, sold Loose

|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>1KG</b>  | <b>N199.72</b>  |



Wheat flour: prepacked (golden penny) 2kg

|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>2KG</b>  | <b>N710.00</b>  |



# Selected Food Price Watch - December 2018


## Taraba State





| ItemLabels                                | Unit of Measurement | Dec-18  | (Dec 2017-Dec 2018) | Nov 2018-Dec 2018 |
|---|---------------------|---------|---------------------|-------------------|
| Agric eggs medium size                    | 1 Dozen             | 452.73  | -9.36               | -4.18             |
| Agric eggs(medium size price of one)      | 1 Piece             | 40.09   | -5.96               | 1.5               |
| Beans brown,sold loose                    | 1Kg                 | 366.67  | 30.8                | 19.56             |
| Beans:white black eye. sold loose         | 1Kg                 | 281.75  | -17.28              | -3.82             |
| Beef Bone in                              | 1Kg                 | 986.51  | -9.02               | 2.35              |
| Beef,boneless                             | 1Kg                 | 1185.83 | -14.18              | 1.64              |
| Bread sliced 500g                         | 1 loaf              | 270     | -12.9               | -9.24             |
| Bread unsliced 500g                       | 1 loaf              | 250.92  | -9.5                | 3.69              |
| Broken Rice (Ofada)                       | 1Kg                 | 452.47  | 4.02                | 0.5               |
| Chicken Feet                              | 1Kg                 | 373.67  | 3.64                | 0.4               |
| Chicken Wings                             | 1Kg                 | 574.72  | 2.45                | 0.5               |
| Evaporated tinned milk carnation 170g     | 1 unit              | 200     | 9.89                | 33.33             |
| Evaporated tinned milk(peak), 170g        | 1 unit              | 218.33  | 14.01               | 20.08             |
| Frozen chicken                            | 1 unit              | 1310.4  | 5                   | 0.8               |
| Gari white,sold loose                     | 1Kg                 | 199.72  | -27.7               | -30.33            |
| Gari yellow,sold loose                    | 1Kg                 | 259.02  | -5.75               | -0.74             |
| Mudfish (aro) fresh                       | 1Kg                 | 865.37  | -8.02               | -3.92             |
| Mudfish : dried                           | 1Kg                 | 1706.27 | -27.61              | 5.61              |
| Onion bulb                                | 1Kg                 | 223.79  | -6.08               | -10.74            |
| Rice agric sold loose                     | 1Kg                 | 344.29  | 14.2                | 0.5               |
| Rice local sold loose                     | 1Kg                 | 256.64  | 16.35               | 9.03              |
| Rice Medium Grained                       | 1Kg                 | 300.02  | 20.01               | 0.05              |
| Rice,imported high quality sold loose     | 1Kg                 | 358.57  | 7.29                | 7.59              |
| Tomato                                    | 1Kg                 | 219.98  | -5.13               | 13.3              |
| Yam tuber                                 | 1Kg                 | 124.07  | -44.05              | 12.83             |
| Dried Fish Sardine                        | 1Kg                 | 1003.47 | -34.2               | 0.5               |
| Iced Sardine                              | 1Kg                 | 785.71  | 4.14                | -7.62             |
| Irish potato                              | 1Kg                 | 182.73  | -13.42              | -25.67            |
| Sweet potato                              | 1Kg                 | 108.95  | 44.33               | 0.77              |
| Tilapia fish (epiya) fresh                | 1Kg                 | 600     | -20.08              | -2.08             |
| Titus:frozen                              | 1Kg                 | 816.34  | -3.96               | 0.08              |
| Catfish (obokun) fresh                    | 1Kg                 | 850     | -11.19              | -23.3             |
| Catfish :dried                            | 1Kg                 | 1644.54 | -12.29              | 2.76              |
| Catfish Smoked                            | 1Kg                 | 1437.02 | -37.86              | 0.05              |
| Mackerel : frozen                         | 1Kg                 | 918.13  | 2.01                | 0.5               |
| Groundnut oil: 1 bottle, specify bottle   | 1Ltr                | 575.76  | 12.01               | -3.85             |
| Maize grain white sold loose              | 1Kg                 | 109.3   | -18.88              | 31.23             |
| Maize grain yellow sold loose             | 1Kg                 | 94.16   | -32.99              | 5.46              |
| Palm oil: 1 bottle,specify bottle         | 1Ltr                | 533.33  | 16.64               | -10.28            |
| Plantain(ripe)                            | 1Kg                 | 258.17  | 18.55               | -4.38             |
| Plantain(unripe)                          | 1Kg                 | 200.34  | -18.78              | 0.05              |
| Vegetable oil:1 bottle,specify bottle     | 1Ltr                | 515.56  | -14.81              | 0.62              |
| Wheat flour: prepacked (golden penny 2kg) | 2Kg                 | 710     | 5.19                | 1.35              |


# Selected Food Price Watch - December 2018

## Yobe State







Tomato

|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>1KG</b>  | <b>N243.83</b>  |






Beans brown, sold loose

|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>1KG</b>  | <b>N230.67</b>  |






Rice Local sold Loose

|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>1KG</b>  | <b>N225.13</b>  |






Bread sliced 500g

|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>1 loaf</b>   | <b>N200.00</b>  |






Yam Tuber

|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>1KG</b>  | <b>N195.75</b>  |






Palm oil: 1 bottle

|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>1Ltr</b>   | <b>N503.70</b>  |






Beef, boneless

|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>1KG</b>  | <b>N1200.02</b>   |






Onion bulb

|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>1KG</b>  | <b>N197.41</b>  |





Garri white, sold Loose

|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>1KG</b>  | <b>N184.17</b>  |



Wheat flour: prepacked (golden penny) 2kg

|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>2KG</b>  | <b>N669.25</b>  |

# Selected Food Price Watch - December 2018


## Yobe State





| ItemLabels                                | Unit of Measurement | Dec-18   | (Dec 2017-Dec 2018) | Nov 2018-Dec 2018 |
|---|---------------------|----------|---------------------|-------------------|
| Agric eggs medium size                    | 1 Dozen             | 457.5    | 8.46                | -8.5              |
| Agric eggs(medium size price of one)      | 1 Piece             | 43.53    | 12.66               | -2.18             |
| Beans brown,sold loose                    | 1Kg                 | 230.67   | -24.33              | -29.96            |
| Beans:white black eye. sold loose         | 1Kg                 | 279.31   | -4.43               | -8.05             |
| Beef Bone in                              | 1Kg                 | 925      | -13.73              | 1.52              |
| Beef,boneless                             | 1Kg                 | 1200.02  | -0.65               | -4                |
| Bread sliced 500g                         | 1 loaf              | 200      | -33.33              | -24.81            |
| Bread unsliced 500g                       | 1 loaf              | 260.71   | 12.91               | 0.71              |
| Broken Rice (Ofada)                       | 1Kg                 | 301.08   | -14.59              | 0.31              |
| Chicken Feet                              | 1Kg                 | 466.32   | 42.8                | -1.32             |
| Chicken Wings                             | 1Kg                 | 701.65   | 20.97               | -10.46            |
| Evaporated tinned milk carnation 170g     | 1 unit              | 156.98   | -12.79              | 3.36              |
| Evaporated tinned milk(peak), 170g        | 1 unit              | 191.67   | -4.8                | 0.68              |
| Frozen chicken                            | 1 unit              | 2200     | -15.38              | 10                |
| Gari white,sold loose                     | 1Kg                 | 184.17   | -12.62              | -17.53            |
| Gari yellow,sold loose                    | 1Kg                 | 254.17   | -5.58               | -15.46            |
| Mudfish (aro) fresh                       | 1Kg                 | 1002.12  | -9.02               | -10               |
| Mudfish : dried                           | 1Kg                 | 1816.67  | -26.12              | -4.39             |
| Onion bulb                                | 1Kg                 | 197.41   | -3.35               | -22.31            |
| Rice agric sold loose                     | 1Kg                 | 265.63   | 30.71               | 3.2               |
| Rice local sold loose                     | 1Kg                 | 225.13   | 25.17               | -2.79             |
| Rice Medium Grained                       | 1Kg                 | 267.35   | -8.64               | -5.7              |
| Rice,imported high quality sold loose     | 1Kg                 | 331.18   | -3.19               | -1.96             |
| Tomato                                    | 1Kg                 | 243.83   | -21.09              | 6.84              |
| Yam tuber                                 | 1Kg                 | 195.75   | -12.97              | -10.63            |
| Dried Fish Sardine                        | 1Kg                 | 1558.9   | 5.33                | -4.12             |
| Iced Sardine                              | 1Kg                 | 906.358  | 5.39                | -4.63             |
| Irish potato                              | 1Kg                 | 250.13   | 24.03               | -28.73            |
| Sweet potato                              | 1Kg                 | 108.06   | 57.59               | -10.13            |
| Tilapia fish (epiya) fresh                | 1Kg                 | 575      | -31.87              | -27.22            |
| Titus:frozen                              | 1Kg                 | 895.6941 | 11.2                | -0.86             |
| Catfish (obokun) fresh                    | 1Kg                 | 802.159  | -8.32               | 0.45              |
| Catfish :dried                            | 1Kg                 | 1804.76  | -8.89               | -5.69             |
| Catfish Smoked                            | 1Kg                 | 1880.95  | -13.52              | -5.24             |
| Mackerel : frozen                         | 1Kg                 | 964.3852 | -1.59               | -3.56             |
| Groundnut oil: 1 bottle, specify bottle   | 1Ltr                | 540.74   | 0.14                | -10.21            |
| Maize grain white sold loose              | 1Kg                 | 80.98    | -42.99              | -10.02            |
| Maize grain yellow sold loose             | 1Kg                 | 85       | -33.15              | -11.14            |
| Palm oil: 1 bottle,specify bottle         | 1Ltr                | 503.7    | 7.29                | -11.58            |
| Plantain(ripe)                            | 1Kg                 | 255.32   | 2.13                | 2.07              |
| Plantain(unripe)                          | 1Kg                 | 190.26   | -13.52              | -4.31             |
| Vegetable oil:1 bottle,specify bottle     | 1Ltr                | 451.85   | -19.43              | -8.19             |
| Wheat flour: prepacked (golden penny 2kg) | 2Kg                 | 669.25   | 7.94                | -0.62             |


# Selected Food Price Watch - December 2018

## Zamfara State







Tomato

|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>1KG</b>  | <b>N287.86</b>  |






Beans brown, sold loose

|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>1KG</b>  | <b>N331.98</b>  |






Rice Local sold Loose

|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>1KG</b>  | <b>N205.80</b>  |






Bread sliced 500g

|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>1 loaf</b>   | <b>N316.67</b>  |





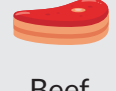
Yam Tuber

|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>1KG</b>  | <b>N218.61</b>  |






Palm oil: 1 bottle

|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>1Ltr</b>   | <b>N425.45</b>  |






Beef, boneless

|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>1KG</b>  | <b>N1200.00</b>   |






Onion bulb

|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>1KG</b>  | <b>N156.66</b>  |





Garri white, sold Loose

|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>1KG</b>  | <b>N185.85</b>  |



Wheat flour: prepacked (golden penny) 2kg

|   |   |
|---|---|
|  |  |
| UNIT OF MEASUREMENT   | DECEMBER 2018   |
| <b>2KG</b>  | <b>N577.16</b>  |

# Selected Food Price Watch - December 2018

## Zamfara State



| ItemLabels                                | Unit of Measurement | Dec-18  | (Dec 2017-Dec 2018) | Nov 2018-Dec 2018 |
|---|---------------------|---------|---------------------|-------------------|
| Agric eggs medium size                    | 1 Dozen             | 468.89  | 1.56                | -2.76             |
| Agric eggs(medium size price of one)      | 1 Piece             | 40      | 1.05                | -8.11             |
| Beans brown,sold loose                    | 1Kg                 | 331.98  | 17.28               | -3.96             |
| Beans:white black eye. sold loose         | 1Kg                 | 336.69  | 48.96               | 1.1               |
| Beef Bone in                              | 1Kg                 | 993.33  | -17.22              | -0.67             |
| Beef,boneless                             | 1Kg                 | 1200    | 9.09                | 4.35              |
| Bread sliced 500g                         | 1 loaf              | 316.67  | 8.85                | -10.94            |
| Bread unsliced 500g                       | 1 loaf              | 308.95  | -2.8                | -14.45            |
| Broken Rice (Ofada)                       | 1Kg                 | 354.44  | 26.97               | 6.39              |
| Chicken Feet                              | 1Kg                 | 400     | -40.69              | -6.67             |
| Chicken Wings                             | 1Kg                 | 777.31  | -9.71               | -2.84             |
| Evaporated tinned milk carnation 170g     | 1 unit              | 137.78  | -5.63               | -13.89            |
| Evaporated tinned milk(peak), 170g        | 1 unit              | 186.32  | 5.96                | 3.21              |
| Frozen chicken                            | 1 unit              | 1587.5  | 11.4                | -4.37             |
| Gari white,sold loose                     | 1Kg                 | 185.85  | -20.49              | -17.24            |
| Gari yellow,sold loose                    | 1Kg                 | 179.95  | -23.64              | -11.41            |
| Mudfish (aro) fresh                       | 1Kg                 | 1001.47 | -20.24              | -9.44             |
| Mudfish : dried                           | 1Kg                 | 1496.8  | -6.45               | 9.57              |
| Onion bulb                                | 1Kg                 | 156.66  | -29.85              | -24.54            |
| Rice agric sold loose                     | 1Kg                 | 265.66  | 2.84                | 1.1               |
| Rice local sold loose                     | 1Kg                 | 205.8   | -16.26              | -9.34             |
| Rice Medium Grained                       | 1Kg                 | 247.57  | -3.19               | 4.61              |
| Rice,imported high quality sold loose     | 1Kg                 | 285.15  | -5.76               | -6.8              |
| Tomato                                    | 1Kg                 | 287.86  | 35.64               | -7.29             |
| Yam tuber                                 | 1Kg                 | 218.61  | -7.04               | -12.8             |
| Dried Fish Sardine                        | 1Kg                 | 1400    | 16.55               | 2.44              |
| Iced Sardine                              | 1Kg                 | 899.32  | -10.07              | -0.08             |
| Irish potato                              | 1Kg                 | 203     | 31.96               | -28.75            |
| Sweet potato                              | 1Kg                 | 194.02  | 115.22              | -3.89             |
| Tilapia fish (epiya) fresh                | 1Kg                 | 806.67  | -20.77              | -13.57            |
| Titus:frozen                              | 1Kg                 | 916.67  | -8.33               | -1.14             |
| Catfish (obokun) fresh                    | 1Kg                 | 1001.2  | -16.57              | -19.9             |
| Catfish :dried                            | 1Kg                 | 1500    | 0                   | 8.17              |
| Catfish Smoked                            | 1Kg                 | 1725    | -21.18              | -1.56             |
| Mackerel : frozen                         | 1Kg                 | 934.38  | -11.85              | 4.3               |
| Groundnut oil: 1 bottle, specify bottle   | 1Ltr                | 501.82  | 0.1                 | -4.78             |
| Maize grain white sold loose              | 1Kg                 | 129.97  | -34.4               | -18.33            |
| Maize grain yellow sold loose             | 1Kg                 | 157.92  | -21.04              | -10.27            |
| Palm oil: 1 bottle,specify bottle         | 1Ltr                | 425.45  | -11.77              | -6.15             |
| Plantain(ripe)                            | 1Kg                 | 199     | -15.76              | -13.5             |
| Plantain(unripe)                          | 1Kg                 | 201     | 1.12                | 0.89              |
| Vegetable oil:1 bottle,specify bottle     | 1Ltr                | 420.18  | -17.97              | -1.22             |
| Wheat flour: prepacked (golden penny 2kg) | 2Kg                 | 577.16  | -1.46               | 4.94              |





# Methodology

Field work is done solely by over 700 NBS Staff in all States of the federation supported by supervisors who are monitored by internal and external observers.

Fuel Prices are collected across all the 774 local governments across all States and the FCT from over 10,000 respondents and locations and reflect actual prices households state they actually bought those fuels together with the prices reportedly sold by the fuel suppliers.

The average of all these prices is then reported for each state and the average for the country is the average for the state.

NBS audit team subsequently conducts randomly selected verification of prices recorded.

# Acknowledgements/Contacts

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