



NATIONAL BUREAU OF STATISTICS

# Selected Food Prices Watch

(JANUARY 2020)

**Report Date: February 2020**

***Data Source: National Bureau of Statistics (NBS)***

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## EXECUTIVE SUMMARY

Selected food price watch data for January 2020 reflected that the average price of 1 dozen of Agric eggs medium size decreased year-on-year by -3.34% and month-on-month by -0.79% to N454.17 in January 2020 from N457.80 in December 2019 while the average price of piece of Agric eggs medium size (price of one) decreased year-on-year by -4.77% and month-on-month by -1.34% to N40.17 in January 2020 from N40.72 in December 2019.

The average price of 1kg of tomato decreased year-on-year by -10.65% and month-on-month by -10.11% to N237.22 in January 2020 from N263.90 in December 2019.

The average price of 1kg of rice (imported high quality sold loose) increased year-on-year by 23.82% and decreased month-on-month by -1.45% to N453.24 in January 2020 from N459.90 in December 2019.

Similarly, the average price of 1kg of yam tuber decreased year-on-year by -8.60% and month on month by -6.66% to N193.04 in January 2020 from N206.82 in December 2019.

# SELECTED FOOD PRICE WATCH - JANUARY 2020

## National – Agric Eggs



UNIT OF MEASUREMENT

**1 Dozen**



JANUARY 2020

**N454.17**



YEAR - ON - YEAR

**-3.34%**



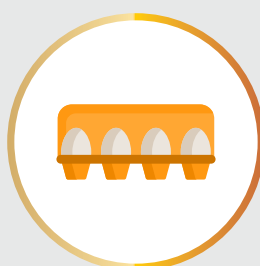
MONTH - ON - MONTH

**-0.79%**



*Lowest Price*

*Gombe (410.33)*



*Highest Price*

*Kogi (512.11)*



Agric eggs  
medium size



UNIT OF MEASUREMENT

**1 Piece**



JANUARY 2020

**N40.17**



YEAR - ON - YEAR

**-4.77%**



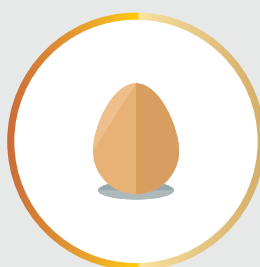
MONTH - ON - MONTH

**-1.34%**



*Lowest Price*

*Gombe (35.67)*



*Highest Price*

*Cross River (49.77)*



Agric eggs  
(medium size price of one)

# SELECTED FOOD PRICE WATCH - JANUARY 2020

## National – Beans



UNIT OF MEASUREMENT

**1KG**



JANUARY 2020

**N285.61**



YEAR - ON - YEAR

**-25.38%**



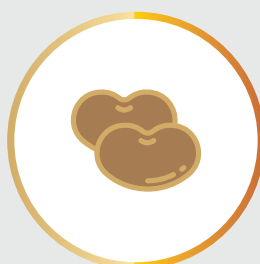
MONTH - ON - MONTH

**-4.63%**



*Lowest Price*

Niger (196.78)



Beans brown,  
sold loose

*Highest Price*

Ebonyi (498.73)



UNIT OF MEASUREMENT

**1KG**



JANUARY 2020

**N268.79**



YEAR - ON - YEAR

**-20.17%**



MONTH - ON - MONTH

**-4.55%**



*Lowest Price*

Taraba (184.04)



Beans: white  
black eye. sold loose

*Highest Price*

Ebonyi (440.82)



# SELECTED FOOD PRICE WATCH - JANUARY 2020

## National – Beef



UNIT OF MEASUREMENT

**1KG**

JANUARY 2020

**N1031.53**

YEAR - ON - YEAR

**3.75%**

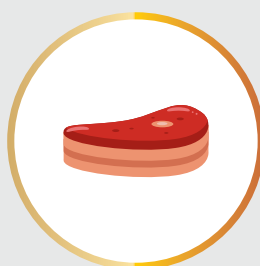
MONTH - ON - MONTH

**-1.37%**



*Lowest Price*

Osun (807.92)



Beef Bone in

*Highest Price*

Cross River (1447.3)



UNIT OF MEASUREMENT

**1KG**

JANUARY 2020

**N1289.79**

YEAR - ON - YEAR

**1.24%**

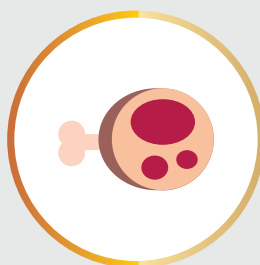
MONTH - ON - MONTH

**-0.21%**



*Lowest Price*

Ogun (1147.6)



Beef ,boneless

*Highest Price*

Abia (1483.08)



# SELECTED FOOD PRICE WATCH - JANUARY 2020

## National – Bread



UNIT OF MEASUREMENT

**1 loaf**

JANUARY 2020

**N302.44**

YEAR - ON - YEAR

**0.61%**

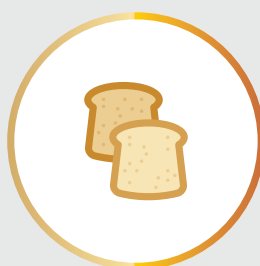
MONTH - ON - MONTH

**-0.53%**



*Lowest Price*

Katsina (242)



*Highest Price*

Bayelsa (429.17)



Bread sliced 500g



UNIT OF MEASUREMENT

**1 loaf**

JANUARY 2020

**N276.25**

YEAR - ON - YEAR

**1.20%**

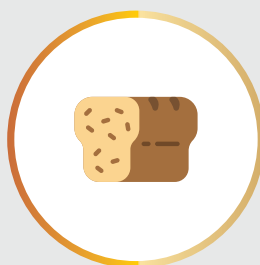
MONTH - ON - MONTH

**-0.55%**



*Lowest Price*

Gombe (215.5)



*Highest Price*

Bayelsa (400)



Bread unsliced 500g

# SELECTED FOOD PRICE WATCH - JANUARY 2020

## National - Rice



UNIT OF MEASUREMENT

**1KG**



JANUARY 2020

**N409.31**



YEAR - ON - YEAR

**7.11%**



MONTH - ON - MONTH

**0.58%**



*Lowest Price*

Cross River (279.14)



*Highest Price*

Lagos (548.46)



Broken Rice (Ofada)



UNIT OF MEASUREMENT

**1KG**



JANUARY 2020

**N382.20**



YEAR - ON - YEAR

**18.53%**



MONTH - ON - MONTH

**-2.04%**



*Lowest Price*

Kebbi (235.25)



*Highest Price*

Bayelsa (549.72)



Rice agric sold loose



# SELECTED FOOD PRICE WATCH - JANUARY 2020

## National – Rice



UNIT OF MEASUREMENT

**1KG**



JANUARY 2020

**N338.57**



YEAR - ON - YEAR

**20.28%**



MONTH - ON - MONTH

**-2.13%**



*Lowest Price*

Niger (218.53)



*Highest Price*

Bayelsa (463.76)



Rice local sold loose



UNIT OF MEASUREMENT

**1KG**



JANUARY 2020

**N381.42**



YEAR - ON - YEAR

**20.08%**



MONTH - ON - MONTH

**-0.07%**



*Lowest Price*

Bauchi (263.29)



*Highest Price*

Rivers (506.81)



Rice Medium Grained

# SELECTED FOOD PRICE WATCH - JANUARY 2020

## National – Rice



UNIT OF MEASUREMENT

**1KG**



JANUARY 2020

**N453.24**



YEAR - ON - YEAR

**23.82%**



MONTH - ON - MONTH

**-1.45%**



*Lowest Price*

**Kwara (324.6)**



*Highest Price*

**Bayelsa (602.77)**



Rice, imported high  
quality sold loose

# SELECTED FOOD PRICE WATCH - JANUARY 2020

## National – Chicken



UNIT OF MEASUREMENT

**1KG**

JANUARY 2020

**N685.98**

YEAR - ON - YEAR

**-8.48%**

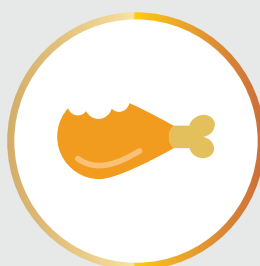
MONTH - ON - MONTH

**-1.87%**



*Lowest Price*

Taraba (381.07)



Chicken Feet

*Highest Price*

Bayelsa (1228.71)



UNIT OF MEASUREMENT

**1KG**

JANUARY 2020

**N909.31**

YEAR - ON - YEAR

**-5.47%**

MONTH - ON - MONTH

**-0.69%**



*Lowest Price*

Taraba (528.69)



Chicken Wings

*Highest Price*

Abuja (1482.47)



# SELECTED FOOD PRICE WATCH - JANUARY 2020

## National – Chicken



UNIT OF MEASUREMENT

**1 Unit**



JANUARY 2020

**N1983.13**



YEAR - ON - YEAR

**22.86%**



MONTH - ON - MONTH

**-0.62%**



*Lowest Price*

Kano (1502.49)



Frozen Chicken

*Highest Price*

Plateau (3180.45)



# SELECTED FOOD PRICE WATCH - JANUARY 2020

## National – Evaporated Tinned Milk



UNIT OF MEASUREMENT

**1 Unit**

JANUARY 2020

**N157.11**

YEAR - ON - YEAR

**-4.43%**

MONTH - ON - MONTH

**-0.49%**



*Lowest Price*

Zamfara (140)



*Highest Price*

Abia (180.83)



Evaporated tinned  
milk carnation 170g



UNIT OF MEASUREMENT

**1 Unit**

JANUARY 2020

**N185.62**

YEAR - ON - YEAR

**-2.65%**

MONTH - ON - MONTH

**0.45%**



*Lowest Price*

Sokoto (150.89)



*Highest Price*

Ogun (203.75)



Evaporated tinned  
milk(peak), 170g

# SELECTED FOOD PRICE WATCH - JANUARY 2020

## National – Garri



UNIT OF MEASUREMENT

**1KG**



JANUARY 2020

**N159.63**



YEAR - ON - YEAR

**-3.71%**



MONTH - ON - MONTH

**0.16%**



*Lowest Price*

Niger (117.44)



*Highest Price*

Bayelsa (247.52)



Gari white, sold loose



UNIT OF MEASUREMENT

**1KG**



JANUARY 2020

**N182.19**



YEAR - ON - YEAR

**-5.00%**



MONTH - ON - MONTH

**-0.58%**



*Lowest Price*

Cross River (114.66)



*Highest Price*

Kebbi (279.34)



Gari yellow, sold loose

# SELECTED FOOD PRICE WATCH - JANUARY 2020

## National – Mudfish



UNIT OF MEASUREMENT

**1KG**

JANUARY 2020

**N1000.40**

YEAR - ON - YEAR

**-5.13%**

MONTH - ON - MONTH

**-1.05%**



*Lowest Price*

Oyo (804.21)



*Highest Price*

Enugu (1600)



Mudfish (Aro) Fresh



UNIT OF MEASUREMENT

**1KG**

JANUARY 2020

**N1758.76**

YEAR - ON - YEAR

**-5.26%**

MONTH - ON - MONTH

**-0.91%**



*Lowest Price*

Jigawa (1300.16)



*Highest Price*

Rivers (2351.84)



Mudfish : Dried

# SELECTED FOOD PRICE WATCH - JANUARY 2020

## National – Fish



UNIT OF MEASUREMENT

**1KG**



JANUARY 2020

**N1025.13**



YEAR - ON - YEAR

**-4.51%**



MONTH - ON - MONTH

**-1.75%**



*Lowest Price*

Katsina (785.71)



*Highest Price*

Anambra (1364.24)



Catfish (Obokun) Fresh



UNIT OF MEASUREMENT

**1KG**



JANUARY 2020

**N1720.54**



YEAR - ON - YEAR

**-5.19%**



MONTH - ON - MONTH

**-0.69%**



*Lowest Price*

Enugu (1209.09)



*Highest Price*

Cross River (2721.16)



Catfish :Dried



# SELECTED FOOD PRICE WATCH - JANUARY 2020

## National – Fish



UNIT OF MEASUREMENT

**1KG**

JANUARY 2020

**N1502.48**

YEAR - ON - YEAR

**-0.44%**

MONTH - ON - MONTH

**-0.33%**



*Lowest Price*

Niger (1250)



Catfish Smoked

*Highest Price*

Abuja (1885.25)



UNIT OF MEASUREMENT

**1KG**

JANUARY 2020

**N1454.59**

YEAR - ON - YEAR

**8.33%**

MONTH - ON - MONTH

**0.67%**



*Lowest Price*

Katsina (1016.67)



Dried Fish Sardine

*Highest Price*

Adamawa (1938.78)



# SELECTED FOOD PRICE WATCH - JANUARY 2020

## National – Fish



UNIT OF MEASUREMENT

**1KG**

JANUARY 2020

**N964.39**

YEAR - ON - YEAR

**6.44%**

MONTH - ON - MONTH

**-0.54%**



*Lowest Price*

Osun (658.04)



Iced Sardine

*Highest Price*

Bayelsa (1220.08)



UNIT OF MEASUREMENT

**1KG**

JANUARY 2020

**N870.06**

YEAR - ON - YEAR

**-4.48%**

MONTH - ON - MONTH

**-1.58%**



*Lowest Price*

Kebbi (565.08)



Tilapia Fish (Epiya) Fresh

*Highest Price*

Bayelsa (1258.23)



# SELECTED FOOD PRICE WATCH - JANUARY 2020

## National – Fish



UNIT OF MEASUREMENT

**1KG**

JANUARY 2020

**N962.95**

YEAR - ON - YEAR

**2.99%**

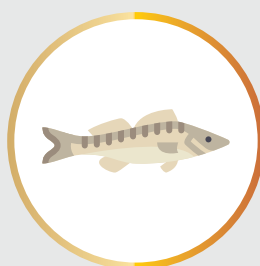
MONTH - ON - MONTH

**-1.86%**



*Lowest Price*

Osun (770.32)



*Highest Price*

Yobe (1225.25)



Titus: Frozen



UNIT OF MEASUREMENT

**1KG**

JANUARY 2020

**N946.04**

YEAR - ON - YEAR

**1.30%**

MONTH - ON - MONTH

**-0.76%**



*Lowest Price*

Oyo (762.99)



*Highest Price*

Abuja (1258.33)



Mackerel : Frozen

# SELECTED FOOD PRICE WATCH - JANUARY 2020

## National – Yam and Potato



UNIT OF MEASUREMENT

**1KG**

JANUARY 2020

**N193.04**

YEAR - ON - YEAR

**-8.60%**

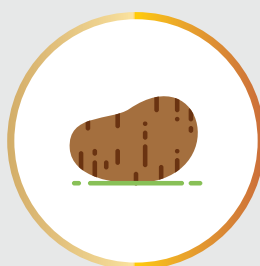
MONTH - ON - MONTH

**-6.66%**



*Lowest Price*

Nassarawa (94.43)



Yam Tuber

*Highest Price*

Bayelsa (428.45)



UNIT OF MEASUREMENT

**1KG**

JANUARY 2020

**N281.08**

YEAR - ON - YEAR

**-3.26%**

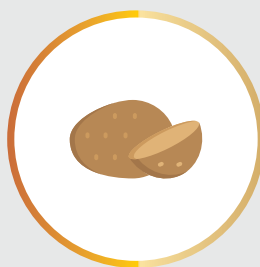
MONTH - ON - MONTH

**-7.68%**



*Lowest Price*

Zamfara (174.02)



Irish Potato

*Highest Price*

Imo (450)



# SELECTED FOOD PRICE WATCH - JANUARY 2020

## National – Yam and Potato



UNIT OF MEASUREMENT

**1KG**



JANUARY 2020

**N141.22**



YEAR - ON - YEAR

**1.13%**



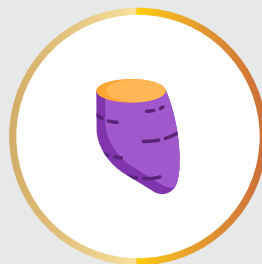
MONTH - ON - MONTH

**-4.23%**



*Lowest Price*

Jigawa (75.23)



Sweet Potato

*Highest Price*

Benue (230.67)



# SELECTED FOOD PRICE WATCH - JANUARY 2020

## National – Tomato and Onion



UNIT OF MEASUREMENT

**1KG**

JANUARY 2020

**N237.21**

YEAR - ON - YEAR

**-10.65%**

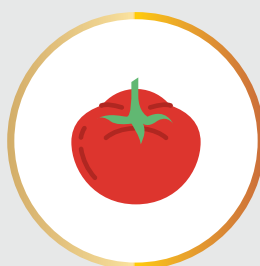
MONTH - ON - MONTH

**-10.11%**



*Lowest Price*

Sokoto (125.22)



Tomato

*Highest Price*

Rivers (374.22)



UNIT OF MEASUREMENT

**1KG**

JANUARY 2020

**N225.83**

YEAR - ON - YEAR

**-12.46%**

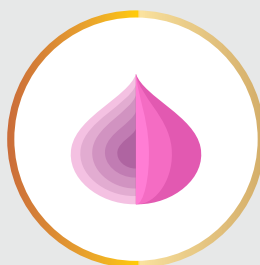
MONTH - ON - MONTH

**-6.12%**



*Lowest Price*

Adamawa (128.81)



Onion bulb

*Highest Price*

Akwa Ibom (383.73)



# SELECTED FOOD PRICE WATCH - JANUARY 2020

## National – Maize Grain



UNIT OF MEASUREMENT

**1KG**

JANUARY 2020

**N148.86**

YEAR - ON - YEAR

**-6.16%**

MONTH - ON - MONTH

**-1.99%**



*Lowest Price*

Bauchi (73.91)



*Highest Price*

Bayelsa (285.16)



Maize grain  
white sold loose



UNIT OF MEASUREMENT

**1KG**

JANUARY 2020

**N149.62**

YEAR - ON - YEAR

**-6.44%**

MONTH - ON - MONTH

**-2.21%**



*Lowest Price*

Bauchi (75.21)



*Highest Price*

Bayelsa (295.62)



Maize grain  
yellow sold loose

# SELECTED FOOD PRICE WATCH - JANUARY 2020

## National – Plantain



UNIT OF MEASUREMENT

**1KG**



JANUARY 2020

**N206.16**



YEAR - ON - YEAR

**-10.17%**



MONTH - ON - MONTH

**-3.23%**



*Lowest Price*

Ogun (125.01)



Plantain (ripe)

*Highest Price*

Borno (294.15)



UNIT OF MEASUREMENT

**1KG**



JANUARY 2020

**N197.05**



YEAR - ON - YEAR

**-9.34%**



MONTH - ON - MONTH

**-3.54%**



*Lowest Price*

Ogun (121.31)



Plantain (unripe)

*Highest Price*

Borno (268.54)





# SELECTED FOOD PRICE WATCH - JANUARY 2020

## National – Oil



UNIT OF MEASUREMENT

**1 Ltr**

JANUARY 2020

**N571.88**

YEAR - ON - YEAR

**-2.84%**

MONTH - ON - MONTH

**-1.48%**



*Lowest Price*

**Niger (433.83)**



*Highest Price*

**Cross River (836.86)**



**Groundnut Oil: 1 bottle**



UNIT OF MEASUREMENT

**1 Ltr**

JANUARY 2020

**N457.58**

YEAR - ON - YEAR

**-4.09%**

MONTH - ON - MONTH

**-2.52%**



*Lowest Price*

**Cross River (379.83)**



*Highest Price*

**Kogi (577.78)**



**Palm oil: 1 bottle,  
specify bottle**

# SELECTED FOOD PRICE WATCH - JANUARY 2020

## National – Oil



UNIT OF MEASUREMENT

**1 Ltr**



JANUARY 2020

**N515.48**



YEAR - ON - YEAR

**-0.24%**



MONTH - ON - MONTH

**-0.16%**



*Lowest Price*

**Kwara (415.24)**



*Highest Price*

**Rivers (605.09)**



Vegetable Oil:1 bottle,  
specify bottle

# SELECTED FOOD PRICE WATCH - JANUARY 2020

## National – Wheat Flour



UNIT OF MEASUREMENT

**2KG**



JANUARY 2020

**N672.78**



YEAR - ON - YEAR

**1.15%**



MONTH - ON - MONTH

**-0.51%**



*Lowest Price*

Benue (560.67)



*Highest Price*

Rivers (767.5)





Wheat flour: prepacked  
(golden penny 2kg)


# SELECTED FOOD PRICE WATCH - JANUARY 2020


## Abia State





 Tomato

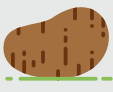
 **UNIT OF MEASUREMENT**  
**1KG**


 **JANUARY 2020**  
**N322.13**


 Rice  
Local sold  
Loose


 **UNIT OF MEASUREMENT**  
**1KG**


 **JANUARY 2020**  
**N400.32**


 Yam Tuber


 **UNIT OF MEASUREMENT**  
**1KG**


 **JANUARY 2020**  
**N195.87**


 Beef,  
boneless


 **UNIT OF MEASUREMENT**  
**1KG**


 **JANUARY 2020**  
**N1483.08**


 Garri  
white,sold  
Loose


 **UNIT OF MEASUREMENT**  
**1KG**


 **JANUARY 2020**  
**N167.69**


 Beans  
brown,  
sold loose


 **UNIT OF MEASUREMENT**  
**1KG**


 **JANUARY 2020**  
**N307.21**


 Bread  
sliced  
500g


 **UNIT OF MEASUREMENT**  
**1 loaf**


 **JANUARY 2020**  
**N376.47**


 Palm oil:  
1 bottle


 **UNIT OF MEASUREMENT**  
**1Ltr**


 **JANUARY 2020**  
**N425.00**


 Onion bulb

 **UNIT OF MEASUREMENT**  
**1KG**

 **JANUARY 2020**  
**N364.59**

 Wheat flour:  
prepacked  
(golden penny  
2kg

 **UNIT OF MEASUREMENT**  
**2KG**

 **JANUARY 2020**  
**N728.75**

# SELECTED FOOD PRICE WATCH - JANUARY 2020

## Abia State









	Unit of Measurement	Jan-20	JAN 2019-JAN 2020)	DEC 2019-JAN 2020
Agric eggs medium size	1 Dozen	480.61	-0.39	-0.95
Agric eggs(medium size price of one)	1 Piece	42	-9.4	0.89
Beans brown,sold loose	1Kg	307.21	-37.25	-9.69
Beans:white black eye. sold loose	1Kg	301.92	-37.46	-22.03
Beef Bone in	1Kg	1008.27	2.09	-6.79
Beef,boneless	1Kg	1483.08	4.32	-0.39
Bread sliced 500g	1 loaf	376.47	1.2	-3.47
Bread unsliced 500g	1 loaf	329.41	16.53	-8.66
Broken Rice (Ofada)	1Kg	500.82	17.99	-0.58
Chicken Feet	1Kg	680.55	-1.5	0.08
Chicken Wings	1Kg	1125	-4.26	1.9
Evaporated tinned milk carnation 170g	1 unit	180.83	5.74	-4.97
Evaporated tinned milk(peak), 170g	1 unit	189.05	-1.02	-4.82
Frozen chicken	1 unit	1700	1.58	1.75
Gari white,sold loose	1Kg	167.69	9.16	7.61
Gari yellow,sold loose	1Kg	140.56	-7.54	0.1
Mudfish (aro) fresh	1Kg	1224.84	1.77	0.49
Mudfish : dried	1Kg	2305.98	-10.97	0.37
Onion bulb	1Kg	364.59	60.63	-9.35
Rice agric sold loose	1Kg	417.17	12.11	-1.36
Rice local sold loose	1Kg	400.32	32.85	-8.47
Rice Medium Grained	1Kg	468.33	30.11	-6.08
Rice,imported high quality sold loose	1Kg	525.69	31.22	-4.38
Tomato	1Kg	322.13	0.35	-8.13
Yam tuber	1Kg	195.87	10.19	7.55
Dried Fish Sardine	1Kg	1407.78	0.14	2.76
Iced Sardine	1Kg	1023.65	13.43	6.07
Irish potato	1Kg	317.54	5.49	-10.34
Sweet potato	1Kg	153.03	19.66	13.89
Tilapia fish (epiya) fresh	1Kg	885.25	-11.52	-1.21
Titus:frozen	1Kg	932.17	-4.26	-2.34
Catfish (obokun) fresh	1Kg	1338.94	3.72	-2.71
Catfish :dried	1Kg	2179.86	-5.37	-1.17
Catfish Smoked	1Kg	1650	-1.9	-2.99
Mackerel : frozen	1Kg	980.22	15.16	6.28
Groundnut oil: 1 bottle, specify bottle	1Ltr	635.25	-4.95	-2.77
Maize grain white sold loose	1Kg	240	-3.19	7.58
Maize grain yellow sold loose	1Kg	241.49	-4.59	3.33
Palm oil: 1 bottle,specify bottle	1Ltr	425	-8.48	0.39
Plantain(ripe)	1Kg	199.84	1.65	0.87
Plantain(unripe)	1Kg	184.19	2.1	-2.69
Vegetable oil:1 bottle,specify bottle	1Ltr	549.21	-12.66	-6.64
Wheat flour: prepacked (golden penny 2kg)	2Kg	728.75	-1.07	-5.11
AVERAGE			3.06	-1.77




# SELECTED FOOD PRICE WATCH - JANUARY 2020




## Abuja FCT









 <p>Tomato</p>		
	<p>UNIT OF MEASUREMENT</p> <p><b>1KG</b></p>	<p>JANUARY 2020</p> <p><b>N232.61</b></p>




 <p>Beans brown, sold loose</p>		
	<p>UNIT OF MEASUREMENT</p> <p><b>1KG</b></p>	<p>JANUARY 2020</p> <p><b>N241.75</b></p>




 <p>Rice Local sold Loose</p>		
	<p>UNIT OF MEASUREMENT</p> <p><b>1KG</b></p>	<p>JANUARY 2020</p> <p><b>N362.25</b></p>




 <p>Bread sliced 500g</p>		
	<p>UNIT OF MEASUREMENT</p> <p><b>1 loaf</b></p>	<p>JANUARY 2020</p> <p><b>N320.86</b></p>




 <p>Yam Tuber</p>		
	<p>UNIT OF MEASUREMENT</p> <p><b>1KG</b></p>	<p>JANUARY 2020</p> <p><b>N205.02</b></p>

 <p>Palm oil: 1 bottle</p>		
	<p>UNIT OF MEASUREMENT</p> <p><b>1Ltr</b></p>	<p>JANUARY 2020</p> <p><b>N490.80</b></p>

 <p>Beef, boneless</p>		
	<p>UNIT OF MEASUREMENT</p> <p><b>1KG</b></p>	<p>JANUARY 2020</p> <p><b>N1440.00</b></p>

 <p>Onion bulb</p>		
	<p>UNIT OF MEASUREMENT</p> <p><b>1KG</b></p>	<p>JANUARY 2020</p> <p><b>N225.18</b></p>

 <p>Garri white, sold Loose</p>		
	<p>UNIT OF MEASUREMENT</p> <p><b>1KG</b></p>	<p>JANUARY 2020</p> <p><b>N160.00</b></p>

 <p>Wheat flour: prepacked (golden penny) 2kg</p>		
	<p>UNIT OF MEASUREMENT</p> <p><b>2KG</b></p>	<p>JANUARY 2020</p> <p><b>N708.33</b></p>

# SELECTED FOOD PRICE WATCH - JANUARY 2020

## Abuja FCT






	Unit of Measurement	Jan-20	JAN 2019-JAN 2020)	DEC 2019-JAN 2020
Agric eggs medium size	1 Dozen	456	-1.72	-0.81
Agric eggs(medium size price of one)	1 Piece	39	-2.5	1.69
Beans brown,sold loose	1Kg	241.75	-38.75	-11.12
Beans:white black eye. sold loose	1Kg	236.77	-31.39	-22.48
Beef Bone in	1Kg	1019.78	-11.32	-7.85
Beef,boneless	1Kg	1440	3.23	1.25
Bread sliced 500g	1 loaf	320.86	-1.27	-5.63
Bread unsliced 500g	1 loaf	308.57	-5.05	-5.05
Broken Rice (Ofada)	1Kg	437.5	4.02	-10.81
Chicken Feet	1Kg	672.35	-3.32	0.07
Chicken Wings	1Kg	1482.47	23.51	2.19
Evaporated tinned milk carnation 170g	1 unit	159.36	-7.08	2.15
Evaporated tinned milk(peak), 170g	1 unit	182.5	-1.88	2.53
Frozen chicken	1 unit	1933.33	11.7	-0.9
Gari white,sold loose	1Kg	160	-9.92	-3.04
Gari yellow,sold loose	1Kg	184.76	-11.42	-1.31
Mudfish (aro) fresh	1Kg	1300	-12.36	-3.94
Mudfish : dried	1Kg	2129.82	-3.26	-0.94
Onion bulb	1Kg	225.18	-13.55	4.64
Rice agric sold loose	1Kg	497.77	94.7	1.54
Rice local sold loose	1Kg	362.25	21.13	-5.3
Rice Medium Grained	1Kg	500.77	55.24	-0.31
Rice,imported high quality sold loose	1Kg	548.3	27.42	-5.82
Tomato	1Kg	232.61	-0.18	-15.89
Yam tuber	1Kg	205.02	-28.64	-18.44
Dried Fish Sardine	1Kg	1685.42	5.78	2.15
Iced Sardine	1Kg	1172.86	0.38	3.49
Irish potato	1Kg	383.86	21.8	4.74
Sweet potato	1Kg	152.26	44.84	-15.62
Tilapia fish (epiya) fresh	1Kg	1200	-2.37	4.88
Titus:frozen	1Kg	1162.94	-3.39	-3.98
Catfish (obokun) fresh	1Kg	1266.67	-4.16	0.36
Catfish :dried	1Kg	2246.79	5.22	3.85
Catfish Smoked	1Kg	1885.25	3.49	1.18
Mackerel : frozen	1Kg	1258.33	-5.39	-0.13
Groundnut oil: 1 bottle, specify bottle	1Ltr	613.33	-10.24	-0.3
Maize grain white sold loose	1Kg	122.72	-11.15	-14.78
Maize grain yellow sold loose	1Kg	119.86	-9.52	-13.94
Palm oil: 1 bottle,specify bottle	1Ltr	490.8	-5.01	-1.11
Plantain(ripe)	1Kg	228.56	-17.83	-2.41
Plantain(unripe)	1Kg	200.78	-22.87	-8.07
Vegetable oil:1 bottle,specify bottle	1Ltr	548.15	-6.57	-0.41
Wheat flour: prepacked (golden penny 2kg)	2Kg	708.33	11.55	1.14
AVERAGE			1.21	-3.32

# SELECTED FOOD PRICE WATCH - JANUARY 2020

## Adamawa State






**UNIT OF MEASUREMENT**  
**1KG**

**JANUARY 2020**  
**N161.02**




Tomato

**UNIT OF MEASUREMENT**  
**1KG**

**JANUARY 2020**  
**N302.77**




Rice  
Local sold  
Loose

**UNIT OF MEASUREMENT**  
**1KG**

**JANUARY 2020**  
**N141.35**




Yam Tuber

**UNIT OF MEASUREMENT**  
**1KG**

**JANUARY 2020**  
**N1186.36**




Beef,  
boneless

**UNIT OF MEASUREMENT**  
**1KG**

**JANUARY 2020**  
**N180.45**




Garri  
white,sold  
Loose

**UNIT OF MEASUREMENT**  
**1KG**

**JANUARY 2020**  
**N201.09**




Beans  
brown,  
sold loose

**UNIT OF MEASUREMENT**  
**1 loaf**

**JANUARY 2020**  
**N268.75**




Bread  
sliced  
500g

**UNIT OF MEASUREMENT**  
**1Ltr**

**JANUARY 2020**  
**N478.27**




Palm oil:  
1 bottle

**UNIT OF MEASUREMENT**  
**1KG**

**JANUARY 2020**  
**N128.81**

Onion bulb

**UNIT OF MEASUREMENT**  
**2KG**

**JANUARY 2020**  
**N705.86**

Wheat flour:  
prepacked  
(golden penny  
2kg



# SELECTED FOOD PRICE WATCH - JANUARY 2020

## Adamawa State









	Unit of Measurement	Jan-20	JAN 2019-JAN 2020)	DEC 2019-JAN 2020
Agric eggs medium size	1 Dozen	450.36	7.46	-1.15
Agric eggs(medium size price of one)	1 Piece	38.53	-1.79	-1.64
Beans brown,sold loose	1Kg	201.09	-32	-6.05
Beans:white black eye. sold loose	1Kg	209.94	-16.9	-5.24
Beef Bone in	1Kg	1085.2	19.57	-4.54
Beef,boneless	1Kg	1186.36	3.75	-1.04
Bread sliced 500g	1 loaf	268.75	2.8	-3.66
Bread unsliced 500g	1 loaf	270	9.64	3.65
Broken Rice (Ofada)	1Kg	358.58	17.3	-9.18
Chicken Feet	1Kg	501.35	0.27	-0.56
Chicken Wings	1Kg	550	-15.48	-4.92
Evaporated tinned milk carnation 170g	1 unit	160.49	-11.82	-0.11
Evaporated tinned milk(peak), 170g	1 unit	191.01	0.13	0.42
Frozen chicken	1 unit	1795	26.78	-1.07
Gari white,sold loose	1Kg	180.45	-5.11	-1.3
Gari yellow,sold loose	1Kg	172.29	-13.86	-0.18
Mudfish (aro) fresh	1Kg	812.18	-5.44	-2.71
Mudfish : dried	1Kg	1719.2	-9.82	-1.92
Onion bulb	1Kg	128.81	-37.43	-13.11
Rice agric sold loose	1Kg	380.96	58.94	-3.8
Rice local sold loose	1Kg	302.77	27.09	-3.34
Rice Medium Grained	1Kg	350.5	22.44	-2.51
Rice,imported high quality sold loose	1Kg	486.69	45.29	-0.78
Tomato	1Kg	161.02	-12.74	-6.23
Yam tuber	1Kg	141.35	-23.59	-13.6
Dried Fish Sardine	1Kg	1938.78	3.55	-1.4
Iced Sardine	1Kg	956.75	4.28	-0.89
Irish potato	1Kg	296.68	4.38	-2.33
Sweet potato	1Kg	117.1	20.18	8.78
Tilapia fish (epiya) fresh	1Kg	729.52	1.85	0.76
Titus:frozen	1Kg	985.97	17.03	-4.64
Catfish (obokun) fresh	1Kg	1208.42	27.2	0.28
Catfish :dried	1Kg	1475	13.46	2.19
Catfish Smoked	1Kg	1360.26	10.96	0.32
Mackerel : frozen	1Kg	1037.47	10.19	0.26
Groundnut oil: 1 bottle, specify bottle	1Ltr	530.37	-13.88	-0.46
Maize grain white sold loose	1Kg	86.68	-4.74	-11.33
Maize grain yellow sold loose	1Kg	90.75	0.26	-10.14
Palm oil: 1 bottle,specify bottle	1Ltr	478.27	-10.32	-1.07
Plantain(ripe)	1Kg	200.58	-16.37	-4.19
Plantain(unripe)	1Kg	190.45	-17.32	-6.77
Vegetable oil:1 bottle,specify bottle	1Ltr	515	1.45	1.48
Wheat flour: prepacked (golden penny 2kg)	2Kg	705.86	0.12	0.22
AVERAGE			2.51	-2.64




# SELECTED FOOD PRICE WATCH - JANUARY 2020




## Akwa Ibom State









		
Tomato	UNIT OF MEASUREMENT <b>1KG</b>	JANUARY 2020 <b>N339.56</b>




		
Rice Local sold Loose	UNIT OF MEASUREMENT <b>1KG</b>	JANUARY 2020 <b>N349.26</b>




		
Yam Tuber	UNIT OF MEASUREMENT <b>1KG</b>	JANUARY 2020 <b>N318.11</b>




		
Beef, boneless	UNIT OF MEASUREMENT <b>1KG</b>	JANUARY 2020 <b>N1393.06</b>




		
Garri white,sold Loose	UNIT OF MEASUREMENT <b>1KG</b>	JANUARY 2020 <b>N137.07</b>

		
Beans brown, sold loose	UNIT OF MEASUREMENT <b>1KG</b>	JANUARY 2020 <b>N405.64</b>

		
Bread sliced 500g	UNIT OF MEASUREMENT <b>1 loaf</b>	JANUARY 2020 <b>N341.67</b>

		
Palm oil: 1 bottle	UNIT OF MEASUREMENT <b>1Ltr</b>	JANUARY 2020 <b>N405.56</b>

		
Onion bulb	UNIT OF MEASUREMENT <b>1KG</b>	JANUARY 2020 <b>N383.73</b>

		
Wheat flour: prepacked (golden penny 2kg	UNIT OF MEASUREMENT <b>2KG</b>	JANUARY 2020 <b>N733.33</b>

# SELECTED FOOD PRICE WATCH - JANUARY 2020

## Akwa Ibom State






	Unit of Measurement	Jan-20	JAN 2019-JAN 2020)	DEC 2019-JAN 2020
Agric eggs medium size	1 Dozen	435.83	-1.56	1.14
Agric eggs(medium size price of one)	1 Piece	40.64	1.59	1.59
Beans brown,sold loose	1Kg	405.64	-14.1	-2.27
Beans:white black eye. sold loose	1Kg	400.8	-12.62	-1.71
Beef Bone in	1Kg	1101.68	11.7	4.34
Beef,boneless	1Kg	1393.06	-0.77	2.09
Bread sliced 500g	1 loaf	341.67	-5.75	0.49
Bread unsliced 500g	1 loaf	310.83	-0.32	-5.81
Broken Rice (Ofada)	1Kg	360	12.5	11.64
Chicken Feet	1Kg	679.76	-5.7	3.94
Chicken Wings	1Kg	1055.08	-2.07	-4.83
Evaporated tinned milk carnation 170g	1 unit	150	0	-5.06
Evaporated tinned milk(peak), 170g	1 unit	190.83	-2.59	0.44
Frozen chicken	1 unit	2166.67	26.95	3.17
Gari white,sold loose	1Kg	137.07	31.45	1.4
Gari yellow,sold loose	1Kg	150	10.68	1.54
Mudfish (aro) fresh	1Kg	1181.1	-9.16	-1.47
Mudfish : dried	1Kg	1987.21	5.89	3.27
Onion bulb	1Kg	383.73	-2.03	14.33
Rice agric sold loose	1Kg	490	28.95	-0.45
Rice local sold loose	1Kg	349.26	13.41	-5.04
Rice Medium Grained	1Kg	435.39	14.58	-2.32
Rice,imported high quality sold loose	1Kg	520	20.33	-2.83
Tomato	1Kg	339.56	-14.9	-12.15
Yam tuber	1Kg	318.11	58.69	1.43
Dried Fish Sardine	1Kg	1365.96	8.88	1.29
Iced Sardine	1Kg	938.78	-6.46	0.15
Irish potato	1Kg	431.45	-8.86	-1.37
Sweet potato	1Kg	198.85	46.17	-10.15
Tilapia fish (epiya) fresh	1Kg	1203.33	17.4	0.98
Titus:frozen	1Kg	982.36	1.15	6.11
Catfish (obokun) fresh	1Kg	1293.61	0.3	-1.1
Catfish :dried	1Kg	1650.6	3.85	-1.36
Catfish Smoked	1Kg	1482.58	6.26	2.13
Mackerel : frozen	1Kg	828.29	-1.91	-0.52
Groundnut oil: 1 bottle, specify bottle	1Ltr	585.58	-12.16	-2.4
Maize grain white sold loose	1Kg	273.89	8.39	9.69
Maize grain yellow sold loose	1Kg	247.22	-3.4	-6.32
Palm oil: 1 bottle,specify bottle	1Ltr	405.56	-17.39	1.39
Plantain(ripe)	1Kg	229.1	-6.71	3.99
Plantain(unripe)	1Kg	204.81	2.38	-3.6
Vegetable oil:1 bottle,specify bottle	1Ltr	591.61	-1.94	2.92
Wheat flour: prepacked (golden penny 2kg)	2Kg	733.33	6.28	-3.3
AVERAGE			4.82	0.13


# SELECTED FOOD PRICE WATCH - JANUARY 2020



## Anambra State

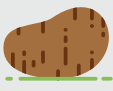





  
 Tomato


	
UNIT OF MEASUREMENT	JANUARY 2020
<b>1KG</b>	<b>N301.12</b>




  
 Rice  
 Local sold  
 Loose


	
UNIT OF MEASUREMENT	JANUARY 2020
<b>1KG</b>	<b>N323.41</b>




  
 Yam Tuber


	
UNIT OF MEASUREMENT	JANUARY 2020
<b>1KG</b>	<b>N197.46</b>




  
 Beef,  
 boneless


	
UNIT OF MEASUREMENT	JANUARY 2020
<b>1KG</b>	<b>N1480.35</b>




  
 Garri  
 white,sold  
 Loose


	
UNIT OF MEASUREMENT	JANUARY 2020
<b>1KG</b>	<b>N150.87</b>




  
 Beans  
 brown,  
 sold loose


	
UNIT OF MEASUREMENT	JANUARY 2020
<b>1KG</b>	<b>N302.52</b>




  
 Bread  
 sliced  
 500g


	
UNIT OF MEASUREMENT	JANUARY 2020
<b>1 loaf</b>	<b>N362.50</b>




  
 Palm oil:  
 1 bottle

	
UNIT OF MEASUREMENT	JANUARY 2020
<b>1Ltr</b>	<b>N444.60</b>


  
 Onion bulb

	
UNIT OF MEASUREMENT	JANUARY 2020
<b>1KG</b>	<b>N237.47</b>


  
 Wheat flour:  
 prepacked  
 (golden penny  
 2kg

	
UNIT OF MEASUREMENT	JANUARY 2020
<b>2KG</b>	<b>N755.00</b>

# SELECTED FOOD PRICE WATCH - JANUARY 2020

## Anambra State






	Unit of Measurement	Jan-20	JAN 2019-JAN 2020)	DEC 2019-JAN 2020
Agric eggs medium size	1 Dozen	506.9	-8.03	-1.75
Agric eggs(medium size price of one)	1 Piece	43	-14.02	-1.21
Beans brown,sold loose	1Kg	302.52	-31.82	-5.19
Beans:white black eye. sold loose	1Kg	300.45	-26.12	-7.37
Beef Bone in	1Kg	1074.39	15.19	1.82
Beef,boneless	1Kg	1480.35	2.6	-2.85
Bread sliced 500g	1 loaf	362.5	1.96	0.19
Bread unsliced 500g	1 loaf	325	6.56	4
Broken Rice (Ofada)	1Kg	513.97	28.93	0.05
Chicken Feet	1Kg	800.58	-0.02	-3.93
Chicken Wings	1Kg	1200	9.09	5.57
Evaporated tinned milk carnation 170g	1 unit	170	-5.58	-0.6
Evaporated tinned milk(peak), 170g	1 unit	189.31	-0.76	1.41
Frozen chicken	1 unit	1930	7.69	-2.21
Gari white,sold loose	1Kg	150.87	7.22	4.34
Gari yellow,sold loose	1Kg	172.89	-2.42	2.62
Mudfish (aro) fresh	1Kg	1016.85	3.7	-1.24
Mudfish : dried	1Kg	2265.57	-10.11	-2.9
Onion bulb	1Kg	237.47	-27.02	0.87
Rice agric sold loose	1Kg	450.86	25.24	-1.56
Rice local sold loose	1Kg	323.41	22.21	-18.84
Rice Medium Grained	1Kg	420.14	18.11	-3.78
Rice,imported high quality sold loose	1Kg	495.27	23.25	-2.19
Tomato	1Kg	301.12	2.95	-15.71
Yam tuber	1Kg	197.46	19.87	-6.93
Dried Fish Sardine	1Kg	1754.7	23.11	3.19
Iced Sardine	1Kg	1166.67	16.67	-0.22
Irish potato	1Kg	367.2	-7.04	-12.36
Sweet potato	1Kg	144.2	17.38	5.34
Tilapia fish (epiya) fresh	1Kg	869.57	-11.55	0.74
Titus:frozen	1Kg	900.07	-10.5	-6.21
Catfish (obokun) fresh	1Kg	1364.24	12.35	1.81
Catfish :dried	1Kg	2264.44	-6.79	-1.02
Catfish Smoked	1Kg	1513.46	-6.59	-1.91
Mackerel : frozen	1Kg	1029.86	7.27	6.83
Groundnut oil: 1 bottle, specify bottle	1Ltr	702.31	4.3	-4.23
Maize grain white sold loose	1Kg	245.74	-0.71	0.82
Maize grain yellow sold loose	1Kg	237.31	-8.59	-4.2
Palm oil: 1 bottle,specify bottle	1Ltr	444.6	-12.09	-4.13
Plantain(ripe)	1Kg	246.37	5.19	16.19
Plantain(unripe)	1Kg	241.25	22.65	9.52
Vegetable oil:1 bottle,specify bottle	1Ltr	515.56	-1.87	2.97
Wheat flour: prepacked (golden penny 2kg)	2Kg	755	3.17	2.63
AVERAGE			2.67	-0.97


# SELECTED FOOD PRICE WATCH - JANUARY 2020



## Bauchi State

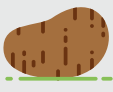





  
 Tomato


	
UNIT OF MEASUREMENT	JANUARY 2020
<b>1KG</b>	<b>N131.43</b>




  
 Rice  
 Local sold  
 Loose


	
UNIT OF MEASUREMENT	JANUARY 2020
<b>1KG</b>	<b>N315.87</b>




  
 Yam Tuber


	
UNIT OF MEASUREMENT	JANUARY 2020
<b>1KG</b>	<b>N157.93</b>




  
 Beef,  
 boneless


	
UNIT OF MEASUREMENT	JANUARY 2020
<b>1KG</b>	<b>N1203.85</b>




  
 Garri  
 white,sold  
 Loose


	
UNIT OF MEASUREMENT	JANUARY 2020
<b>1KG</b>	<b>N143.17</b>




  
 Beans  
 brown,  
 sold loose


	
UNIT OF MEASUREMENT	JANUARY 2020
<b>1KG</b>	<b>N248.04</b>




  
 Bread  
 sliced  
 500g


	
UNIT OF MEASUREMENT	JANUARY 2020
<b>1 loaf</b>	<b>N271.11</b>




  
 Palm oil:  
 1 bottle

	
UNIT OF MEASUREMENT	JANUARY 2020
<b>1Ltr</b>	<b>N443.64</b>


  
 Onion bulb

	
UNIT OF MEASUREMENT	JANUARY 2020
<b>1KG</b>	<b>N135.42</b>


  
 Wheat flour:  
 prepacked  
 (golden penny  
 2kg

	
UNIT OF MEASUREMENT	JANUARY 2020
<b>2KG</b>	<b>N705.00</b>

# SELECTED FOOD PRICE WATCH - JANUARY 2020

## Bauchi State






	Unit of Measurement	Jan-20	JAN 2019-JAN 2020)	DEC 2019-JAN 2020
Agric eggs medium size	1 Dozen	443.85	-3.51	2.08
Agric eggs(medium size price of one)	1 Piece	38.47	-3.82	3.42
Beans brown,sold loose	1Kg	248.04	-10.96	-7.07
Beans:white black eye. sold loose	1Kg	237.93	-10.16	-0.18
Beef Bone in	1Kg	925.64	-2.92	-1.03
Beef,boneless	1Kg	1203.85	-1.32	0.75
Bread sliced 500g	1 loaf	271.11	13.49	-1.23
Bread unsliced 500g	1 loaf	240	14.29	-0.9
Broken Rice (Ofada)	1Kg	389.29	26.94	3.15
Chicken Feet	1Kg	402.38	33.84	0.45
Chicken Wings	1Kg	670.53	34.11	0.08
Evaporated tinned milk carnation 170g	1 unit	145	-3.33	2.11
Evaporated tinned milk(peak), 170g	1 unit	171.69	-5.57	0.58
Frozen chicken	1 unit	1900.58	25.61	-1.27
Gari white,sold loose	1Kg	143.17	5.05	-8.04
Gari yellow,sold loose	1Kg	165.33	-3.13	-7.5
Mudfish (aro) fresh	1Kg	891.18	-4.84	4.55
Mudfish : dried	1Kg	1500.63	-2.13	0.13
Onion bulb	1Kg	135.42	-14.06	4.04
Rice agric sold loose	1Kg	392.03	45.98	-0.97
Rice local sold loose	1Kg	315.87	47.93	-2.88
Rice Medium Grained	1Kg	263.29	-15.4	-1.88
Rice,imported high quality sold loose	1Kg	461.47	33.53	-1.33
Tomato	1Kg	131.43	-19.23	-12.92
Yam tuber	1Kg	157.93	32.29	-8.68
Dried Fish Sardine	1Kg	1453.51	21.04	0.2
Iced Sardine	1Kg	984.55	21.87	0.52
Irish potato	1Kg	235.03	-20.19	2.35
Sweet potato	1Kg	95.32	-6.55	-3.38
Tilapia fish (epiya) fresh	1Kg	765.34	37.08	-1.96
Titus:frozen	1Kg	944.29	11.92	-4.28
Catfish (obokun) fresh	1Kg	1191.86	1.43	-3.84
Catfish :dried	1Kg	1885.62	10.38	-0.97
Catfish Smoked	1Kg	1602.37	-2.75	0.13
Mackerel : frozen	1Kg	1125.86	14.88	0.52
Groundnut oil: 1 bottle, specify bottle	1Ltr	495.79	-10.76	0.84
Maize grain white sold loose	1Kg	73.91	-23.81	-8.07
Maize grain yellow sold loose	1Kg	75.21	-21.82	-7.4
Palm oil: 1 bottle,specify bottle	1Ltr	443.64	-12.44	-2.58
Plantain(ripe)	1Kg	225.16	-22.46	-6.83
Plantain(unripe)	1Kg	202.22	-9	-13.33
Vegetable oil:1 bottle,specify bottle	1Ltr	500	11.03	3.4
Wheat flour: prepacked (golden penny 2kg)	2Kg	705	6.82	-1.05
AVERAGE			5.1	-1.87


# SELECTED FOOD PRICE WATCH - JANUARY 2020



## Bayelsa State

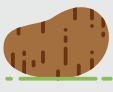





  
 Tomato


	
UNIT OF MEASUREMENT	JANUARY 2020
<b>1KG</b>	<b>N348.84</b>




  
 Rice  
 Local sold  
 Loose


	
UNIT OF MEASUREMENT	JANUARY 2020
<b>1KG</b>	<b>N463.76</b>




  
 Yam Tuber


	
UNIT OF MEASUREMENT	JANUARY 2020
<b>1KG</b>	<b>N428.45</b>




  
 Beef,  
 boneless


	
UNIT OF MEASUREMENT	JANUARY 2020
<b>1KG</b>	<b>N1431.71</b>




  
 Garri  
 white,sold  
 Loose


	
UNIT OF MEASUREMENT	JANUARY 2020
<b>1KG</b>	<b>N247.52</b>




  
 Beans  
 brown,  
 sold loose


	
UNIT OF MEASUREMENT	JANUARY 2020
<b>1KG</b>	<b>N400.11</b>




  
 Bread  
 sliced  
 500g


	
UNIT OF MEASUREMENT	JANUARY 2020
<b>1 loaf</b>	<b>N429.17</b>




  
 Palm oil:  
 1 bottle

	
UNIT OF MEASUREMENT	JANUARY 2020
<b>1Ltr</b>	<b>N428.89</b>


  
 Onion bulb

	
UNIT OF MEASUREMENT	JANUARY 2020
<b>1KG</b>	<b>N300.01</b>


  
 Wheat flour:  
 prepacked  
 (golden penny  
 2kg

	
UNIT OF MEASUREMENT	JANUARY 2020
<b>2KG</b>	<b>N742.86</b>



# SELECTED FOOD PRICE WATCH - JANUARY 2020

## Bayelsa State






	Unit of Measurement	Jan-20	JAN 2019-JAN 2020)	DEC 2019-JAN 2020
Agric eggs medium size	1 Dozen	433.33	-17.66	0.64
Agric eggs(medium size price of one)	1 Piece	40.86	-16.2	1.47
Beans brown,sold loose	1Kg	400.11	-5.96	-1.34
Beans:white black eye. sold loose	1Kg	354.74	-11.44	-1.14
Beef Bone in	1Kg	1273.08	22.37	3.16
Beef,boneless	1Kg	1431.71	1.69	1.96
Bread sliced 500g	1 loaf	429.17	1.98	0.44
Bread unsliced 500g	1 loaf	400	-2.8	0.39
Broken Rice (Ofada)	1Kg	475.24	-0.99	-4.95
Chicken Feet	1Kg	1228.71	44.97	0.31
Chicken Wings	1Kg	1240.66	5.83	-1.22
Evaporated tinned milk carnation 170g	1 unit	150	2.27	7.14
Evaporated tinned milk(peak), 170g	1 unit	184.67	1.09	0.6
Frozen chicken	1 unit	2070	-0.84	2.64
Gari white,sold loose	1Kg	247.52	14.78	0.26
Gari yellow,sold loose	1Kg	251.49	14.62	0.4
Mudfish (aro) fresh	1Kg	1087.18	-3.06	-2.73
Mudfish : dried	1Kg	1819.13	-2.19	-0.82
Onion bulb	1Kg	300.01	-32.24	0.02
Rice agric sold loose	1Kg	549.72	4.28	-5.17
Rice local sold loose	1Kg	463.76	12.41	-4.24
Rice Medium Grained	1Kg	481.71	7.05	-9.27
Rice,imported high quality sold loose	1Kg	602.77	18.86	1.22
Tomato	1Kg	348.84	-12.06	-7.39
Yam tuber	1Kg	428.45	53.86	6.39
Dried Fish Sardine	1Kg	1497.04	13.67	-3.67
Iced Sardine	1Kg	1220.08	28.62	-4.51
Irish potato	1Kg	312.64	-12.65	-4.17
Sweet potato	1Kg	226.3	12.56	2.98
Tilapia fish (epiya) fresh	1Kg	1258.23	-2.38	3.11
Titus:frozen	1Kg	1043.19	15.51	3.96
Catfish (obokun) fresh	1Kg	1332.25	-4.41	2.45
Catfish :dried	1Kg	1977.11	3.88	1.26
Catfish Smoked	1Kg	1588.09	-8.24	0.16
Mackerel : frozen	1Kg	945.31	-7.68	-2.72
Groundnut oil: 1 bottle, specify bottle	1Ltr	437.5	-17.97	-6.25
Maize grain white sold loose	1Kg	285.16	0.94	5.86
Maize grain yellow sold loose	1Kg	295.62	-2.36	6.5
Palm oil: 1 bottle,specify bottle	1Ltr	428.89	-14.22	-7.34
Plantain(ripe)	1Kg	238	27.79	15.33
Plantain(unripe)	1Kg	208.94	15.62	7.47
Vegetable oil:1 bottle,specify bottle	1Ltr	516.42	1.86	-0.9
Wheat flour: prepacked (golden penny 2kg)	2Kg	742.86	1.76	-1.33
AVERAGE			3.56	0.16


# SELECTED FOOD PRICE WATCH - JANUARY 2020



## Benue State

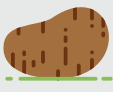





  
 Tomato


	
UNIT OF MEASUREMENT	JANUARY 2020
<b>1KG</b>	<b>N230.19</b>




  
 Rice  
 Local sold  
 Loose


	
UNIT OF MEASUREMENT	JANUARY 2020
<b>1KG</b>	<b>N346.11</b>




  
 Yam Tuber


	
UNIT OF MEASUREMENT	JANUARY 2020
<b>1KG</b>	<b>N185.93</b>




  
 Beef,  
 boneless


	
UNIT OF MEASUREMENT	JANUARY 2020
<b>1KG</b>	<b>N1318.08</b>




  
 Garri  
 white,sold  
 Loose


	
UNIT OF MEASUREMENT	JANUARY 2020
<b>1KG</b>	<b>N182.13</b>




  
 Beans  
 brown,  
 sold loose


	
UNIT OF MEASUREMENT	JANUARY 2020
<b>1KG</b>	<b>N314.19</b>




  
 Bread  
 sliced  
 500g


	
UNIT OF MEASUREMENT	JANUARY 2020
<b>1 loaf</b>	<b>N331.18</b>




  
 Palm oil:  
 1 bottle

	
UNIT OF MEASUREMENT	JANUARY 2020
<b>1Ltr</b>	<b>N437.22</b>


  
 Onion bulb

	
UNIT OF MEASUREMENT	JANUARY 2020
<b>1KG</b>	<b>N200.66</b>


  
 Wheat flour:  
 prepacked  
 (golden penny  
 2kg

	
UNIT OF MEASUREMENT	JANUARY 2020
<b>2KG</b>	<b>N560.67</b>

# SELECTED FOOD PRICE WATCH - JANUARY 2020

## Benue State









	Unit of Measurement	Jan-20	JAN 2019-JAN 2020)	DEC 2019-JAN 2020
Agric eggs medium size	1 Dozen	475.4	-5.03	0
Agric eggs(medium size price of one)	1 Piece	40.1	-10.88	0.26
Beans brown,sold loose	1Kg	314.19	-11.43	-4.92
Beans:white black eye. sold loose	1Kg	241.35	-19.77	-14.77
Beef Bone in	1Kg	1097.92	0.6	-0.27
Beef,boneless	1Kg	1318.08	2.45	0.28
Bread sliced 500g	1 loaf	331.18	3.49	0.36
Bread unsliced 500g	1 loaf	360.21	26.08	0.06
Broken Rice (Ofada)	1Kg	354.26	11.87	0.23
Chicken Feet	1Kg	848.65	4.69	-0.16
Chicken Wings	1Kg	998.57	-9.22	-4.9
Evaporated tinned milk carnation 170g	1 unit	169.37	5.68	-0.37
Evaporated tinned milk(peak), 170g	1 unit	184.78	1.24	-0.89
Frozen chicken	1 unit	1975	14.49	2.57
Gari white,sold loose	1Kg	182.13	1.18	-0.8
Gari yellow,sold loose	1Kg	207.8	3.54	-0.86
Mudfish (aro) fresh	1Kg	1146.12	-10.11	-0.34
Mudfish : dried	1Kg	1603.94	2.66	3.01
Onion bulb	1Kg	200.66	-19.95	-2.74
Rice agric sold loose	1Kg	381.18	14.35	-0.37
Rice local sold loose	1Kg	346.11	13.96	-0.6
Rice Medium Grained	1Kg	392.16	30.72	-0.11
Rice,imported high quality sold loose	1Kg	480.41	37.77	-0.12
Tomato	1Kg	230.19	-16.5	1.58
Yam tuber	1Kg	185.93	9.15	1.04
Dried Fish Sardine	1Kg	1501.82	-2.82	2.61
Iced Sardine	1Kg	1065.71	17.23	1.87
Irish potato	1Kg	286.8	6.82	4.2
Sweet potato	1Kg	230.67	71.48	9.63
Tilapia fish (epiya) fresh	1Kg	1030	21.1	-1.9
Titus:frozen	1Kg	1157.55	15.69	0.14
Catfish (obokun) fresh	1Kg	1261.14	17.32	0.89
Catfish :dried	1Kg	1598.7	-0.13	2.75
Catfish Smoked	1Kg	1459.4	-5.41	3.84
Mackerel : frozen	1Kg	1156.9	11.24	0.19
Groundnut oil: 1 bottle, specify bottle	1Ltr	594.87	0.92	-0.85
Maize grain white sold loose	1Kg	122.59	4.87	-18.07
Maize grain yellow sold loose	1Kg	120.83	0.88	-3.9
Palm oil: 1 bottle,specify bottle	1Ltr	437.22	-15.07	-10.57
Plantain(ripe)	1Kg	256.82	14.61	12.38
Plantain(unripe)	1Kg	250.97	25.38	-14.3
Vegetable oil:1 bottle,specify bottle	1Ltr	522.92	-6.57	1.43
Wheat flour: prepacked (golden penny 2kg)	2Kg	560.67	-6.56	0.63
AVERAGE			5.86	-0.74




# SELECTED FOOD PRICE WATCH - JANUARY 2020




## Borno State









 <p>Tomato</p>		
	UNIT OF MEASUREMENT	JANUARY 2020
	<b>1KG</b>	<b>N179.86</b>




 <p>Beans brown, sold loose</p>		
	UNIT OF MEASUREMENT	JANUARY 2020
	<b>1KG</b>	<b>N223.90</b>




 <p>Rice Local sold Loose</p>		
	UNIT OF MEASUREMENT	JANUARY 2020
	<b>1KG</b>	<b>N383.48</b>




 <p>Bread sliced 500g</p>		
	UNIT OF MEASUREMENT	JANUARY 2020
	<b>1 loaf</b>	<b>N300.67</b>




 <p>Yam Tuber</p>		
	UNIT OF MEASUREMENT	JANUARY 2020
	<b>1KG</b>	<b>N140.67</b>

 <p>Palm oil: 1 bottle</p>		
	UNIT OF MEASUREMENT	JANUARY 2020
	<b>1Ltr</b>	<b>N500.64</b>

 <p>Beef, boneless</p>		
	UNIT OF MEASUREMENT	JANUARY 2020
	<b>1KG</b>	<b>N1173.81</b>

 <p>Onion bulb</p>		
	UNIT OF MEASUREMENT	JANUARY 2020
	<b>1KG</b>	<b>N156.71</b>

 <p>Garri white, sold Loose</p>		
	UNIT OF MEASUREMENT	JANUARY 2020
	<b>1KG</b>	<b>N179.03</b>

 <p>Wheat flour: prepacked (golden penny) 2kg</p>		
	UNIT OF MEASUREMENT	JANUARY 2020
	<b>2KG</b>	<b>N680.00</b>

# SELECTED FOOD PRICE WATCH - JANUARY 2020

## Borno State






	Unit of Measurement	Jan-20	JAN 2019-JAN 2020)	DEC 2019-JAN 2020
Agric eggs medium size	1 Dozen	416.92	-3.9	-2.02
Agric eggs(medium size price of one)	1 Piece	37.39	-4.55	-3.07
Beans brown,sold loose	1Kg	223.9	-22.57	-14.67
Beans:white black eye. sold loose	1Kg	201.13	-28.51	-21.68
Beef Bone in	1Kg	998.95	11.53	-6.57
Beef,boneless	1Kg	1173.81	2.41	-1.07
Bread sliced 500g	1 loaf	300.67	6.5	-0.55
Bread unsliced 500g	1 loaf	240.91	8.1	-0.61
Broken Rice (Ofada)	1Kg	295.78	4.78	0.41
Chicken Feet	1Kg	500.56	6.29	0.08
Chicken Wings	1Kg	589.36	-17.97	0.08
Evaporated tinned milk carnation 170g	1 unit	165	-8.33	-2
Evaporated tinned milk(peak), 170g	1 unit	178.03	-4.51	-0.77
Frozen chicken	1 unit	1960.58	27.47	-0.31
Gari white,sold loose	1Kg	179.03	-16.92	-2.5
Gari yellow,sold loose	1Kg	180.76	-29.57	-4.68
Mudfish (aro) fresh	1Kg	901.44	0.75	0.16
Mudfish : dried	1Kg	1755.75	3.35	-0.65
Onion bulb	1Kg	156.71	-15.79	-5.07
Rice agric sold loose	1Kg	427.03	32.94	-0.36
Rice local sold loose	1Kg	383.48	49.34	-2.14
Rice Medium Grained	1Kg	422.35	37.26	-1.53
Rice,imported high quality sold loose	1Kg	502.81	31.02	-0.52
Tomato	1Kg	179.86	14.84	-9.25
Yam tuber	1Kg	140.67	-16.38	-3.05
Dried Fish Sardine	1Kg	1655.95	10.35	3.12
Iced Sardine	1Kg	1000	15.77	3.77
Irish potato	1Kg	300.7	3.82	-1.75
Sweet potato	1Kg	99.82	9.72	7.7
Tilapia fish (epiya) fresh	1Kg	773.82	20.45	-0.82
Titus:frozen	1Kg	933.75	5.51	-0.91
Catfish (obokun) fresh	1Kg	928.57	1.41	-3.55
Catfish :dried	1Kg	1700	-2.53	1.28
Catfish Smoked	1Kg	1300	-0.51	-6.43
Mackerel : frozen	1Kg	1000	10.7	3.8
Groundnut oil: 1 bottle, specify bottle	1Ltr	502.86	-10.66	-8.95
Maize grain white sold loose	1Kg	79.36	-32.26	-22.38
Maize grain yellow sold loose	1Kg	84.06	-20.12	-19.36
Palm oil: 1 bottle,specify bottle	1Ltr	500.64	-6.49	-9.4
Plantain(ripe)	1Kg	294.15	43.44	0.5
Plantain(unripe)	1Kg	268.54	-0.74	0.5
Vegetable oil:1 bottle,specify bottle	1Ltr	503.86	-1.15	1.01
Wheat flour: prepacked (golden penny 2kg)	2Kg	680	-5.56	-2.23
AVERAGE			2.53	-3.17


# SELECTED FOOD PRICE WATCH - JANUARY 2020



## Cross River State

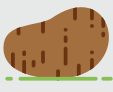





  
 Tomato


	
UNIT OF MEASUREMENT	JANUARY 2020
<b>1KG</b>	<b>N313.97</b>




  
 Rice  
 Local sold  
 Loose


	
UNIT OF MEASUREMENT	JANUARY 2020
<b>1KG</b>	<b>N300.03</b>




  
 Yam Tuber


	
UNIT OF MEASUREMENT	JANUARY 2020
<b>1KG</b>	<b>N181.39</b>




  
 Beef,  
 boneless


	
UNIT OF MEASUREMENT	JANUARY 2020
<b>1KG</b>	<b>N1196.02</b>




  
 Garri  
 white,sold  
 Loose


	
UNIT OF MEASUREMENT	JANUARY 2020
<b>1KG</b>	<b>N147.49</b>




  
 Beans  
 brown,  
 sold loose


	
UNIT OF MEASUREMENT	JANUARY 2020
<b>1KG</b>	<b>N348.07</b>




  
 Bread  
 sliced  
 500g


	
UNIT OF MEASUREMENT	JANUARY 2020
<b>1 loaf</b>	<b>N361.54</b>




  
 Palm oil:  
 1 bottle

	
UNIT OF MEASUREMENT	JANUARY 2020
<b>1Ltr</b>	<b>N379.83</b>


  
 Onion bulb

	
UNIT OF MEASUREMENT	JANUARY 2020
<b>1KG</b>	<b>N310.35</b>


  
 Wheat flour:  
 prepacked  
 (golden penny  
 2kg

	
UNIT OF MEASUREMENT	JANUARY 2020
<b>2KG</b>	<b>N680.77</b>

# SELECTED FOOD PRICE WATCH - JANUARY 2020

## Cross River State






	Unit of Measurement	Jan-20	JAN 2019-JAN 2020)	DEC 2019-JAN 2020
Agric eggs medium size	1 Dozen	439.76	-4.98	0.21
Agric eggs(medium size price of one)	1 Piece	49.77	10.59	0.11
Beans brown,sold loose	1Kg	348.07	-15.66	1.05
Beans:white black eye. sold loose	1Kg	279.08	-25.39	3.58
Beef Bone in	1Kg	1447.3	44.35	0.04
Beef,boneless	1Kg	1196.02	-14.53	-4.93
Bread sliced 500g	1 loaf	361.54	3.3	1.48
Bread unsliced 500g	1 loaf	320.83	4.62	0.65
Broken Rice (Ofada)	1Kg	279.14	-14.23	0.84
Chicken Feet	1Kg	1025	1.23	-5.74
Chicken Wings	1Kg	1207.78	14.87	2.94
Evaporated tinned milk carnation 170g	1 unit	147.14	-2.34	1.29
Evaporated tinned milk(peak), 170g	1 unit	180	1.02	2.13
Frozen chicken	1 unit	2133.33	26.55	2.56
Gari white,sold loose	1Kg	147.49	47.48	-1.26
Gari yellow,sold loose	1Kg	114.66	8.01	-0.77
Mudfish (aro) fresh	1Kg	1059.24	4.18	3.69
Mudfish : dried	1Kg	2232.73	5.23	-0.24
Onion bulb	1Kg	310.35	4.04	2.5
Rice agric sold loose	1Kg	407.51	27.47	-0.69
Rice local sold loose	1Kg	300.03	23.51	-1.49
Rice Medium Grained	1Kg	367.79	15.05	-4.13
Rice,imported high quality sold loose	1Kg	467.05	27.54	-3.74
Tomato	1Kg	313.97	-30.44	-6.87
Yam tuber	1Kg	181.39	11.19	0.44
Dried Fish Sardine	1Kg	1595.39	15.93	2.25
Iced Sardine	1Kg	920.73	-0.12	-4.98
Irish potato	1Kg	375	9.72	-7.03
Sweet potato	1Kg	132.16	1.63	-6.19
Tilapia fish (epiya) fresh	1Kg	1206.36	9.61	-0.92
Titus:frozen	1Kg	1002.87	-11.08	-2.62
Catfish (obokun) fresh	1Kg	1290.09	3.11	0.67
Catfish :dried	1Kg	2721.16	8.5	0.82
Catfish Smoked	1Kg	1663.57	0.97	-4.19
Mackerel : frozen	1Kg	1014.95	-7.56	-5.01
Groundnut oil: 1 bottle, specify bottle	1Ltr	836.86	-7.65	2.89
Maize grain white sold loose	1Kg	232	-11.44	0.55
Maize grain yellow sold loose	1Kg	236.18	-2.61	-4.62
Palm oil: 1 bottle,specify bottle	1Ltr	379.83	-15.9	-4.04
Plantain(ripe)	1Kg	145.77	8.33	-19.83
Plantain(unripe)	1Kg	138.03	11.69	-9.48
Vegetable oil:1 bottle,specify bottle	1Ltr	544.67	-1.95	3.75
Wheat flour: prepacked (golden penny 2kg)	2Kg	680.77	-4.97	0.38
AVERAGE			4.16	-1.49


# SELECTED FOOD PRICE WATCH - JANUARY 2020



## Delta State

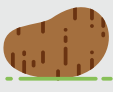





  
 Tomato


	
UNIT OF MEASUREMENT	JANUARY 2020
<b>1KG</b>	<b>N349.81</b>




  
 Rice  
 Local sold  
 Loose


	
UNIT OF MEASUREMENT	JANUARY 2020
<b>1KG</b>	<b>N332.74</b>




  
 Yam Tuber


	
UNIT OF MEASUREMENT	JANUARY 2020
<b>1KG</b>	<b>N178.58</b>




  
 Beef,  
 boneless


	
UNIT OF MEASUREMENT	JANUARY 2020
<b>1KG</b>	<b>N1415.24</b>




  
 Garri  
 white,sold  
 Loose


	
UNIT OF MEASUREMENT	JANUARY 2020
<b>1KG</b>	<b>N198.77</b>




  
 Beans  
 brown,  
 sold loose


	
UNIT OF MEASUREMENT	JANUARY 2020
<b>1KG</b>	<b>N300.43</b>




  
 Bread  
 sliced  
 500g


	
UNIT OF MEASUREMENT	JANUARY 2020
<b>1 loaf</b>	<b>N269.23</b>




  
 Palm oil:  
 1 bottle

	
UNIT OF MEASUREMENT	JANUARY 2020
<b>1Ltr</b>	<b>N442.31</b>


  
 Onion bulb

	
UNIT OF MEASUREMENT	JANUARY 2020
<b>1KG</b>	<b>N300.93</b>


  
 Wheat flour:  
 prepacked  
 (golden penny  
 2kg

	
UNIT OF MEASUREMENT	JANUARY 2020
<b>2KG</b>	<b>N715.38</b>



# SELECTED FOOD PRICE WATCH - JANUARY 2020

## Delta State






	Unit of Measurement	Jan-20	JAN 2019-JAN 2020)	DEC 2019-JAN 2020
Agric eggs medium size	1 Dozen	480.86	-5.22	3.19
Agric eggs(medium size price of one)	1 Piece	40.65	-9.68	0.18
Beans brown,sold loose	1Kg	300.43	-24.93	-15.35
Beans:white black eye. sold loose	1Kg	244.02	-18.75	-4.29
Beef Bone in	1Kg	993.93	-1.91	-3.1
Beef,boneless	1Kg	1415.24	0.51	-0.45
Bread sliced 500g	1 loaf	269.23	-7.39	6.18
Bread unsliced 500g	1 loaf	227.5	-14.61	2.69
Broken Rice (Ofada)	1Kg	347.94	4.8	-1.15
Chicken Feet	1Kg	968.75	6.39	0.91
Chicken Wings	1Kg	1215	8.34	0.83
Evaporated tinned milk carnation 170g	1 unit	150	0	-2.71
Evaporated tinned milk(peak), 170g	1 unit	183.33	-2.83	-0.9
Frozen chicken	1 unit	1977.27	16.31	1.4
Gari white,sold loose	1Kg	198.77	11.36	0.48
Gari yellow,sold loose	1Kg	251.7	19.83	12.02
Mudfish (aro) fresh	1Kg	1062.03	-6.01	-2.01
Mudfish : dried	1Kg	1954.99	-4.55	1.91
Onion bulb	1Kg	300.93	-12.53	-1.36
Rice agric sold loose	1Kg	500.25	26.88	-0.74
Rice local sold loose	1Kg	332.74	8.8	-7.06
Rice Medium Grained	1Kg	446.35	20.84	-6.23
Rice,imported high quality sold loose	1Kg	543.45	31.2	-2.51
Tomato	1Kg	349.81	15.44	-4.32
Yam tuber	1Kg	178.58	-15.35	-1.14
Dried Fish Sardine	1Kg	1498.33	15.16	-0.72
Iced Sardine	1Kg	1061.11	17.78	-0.5
Irish potato	1Kg	385.71	-0.67	-3.57
Sweet potato	1Kg	117.08	-18.52	2.42
Tilapia fish (epiya) fresh	1Kg	1200.36	2.61	0.5
Titus:frozen	1Kg	1140.22	13.63	-0.05
Catfish (obokun) fresh	1Kg	1192.52	0.62	-5.16
Catfish :dried	1Kg	1840.51	-7.18	-3.13
Catfish Smoked	1Kg	1707.9	10.98	-1.04
Mackerel : frozen	1Kg	955.06	-1.3	-3.38
Groundnut oil: 1 bottle, specify bottle	1Ltr	780	11.08	-3.65
Maize grain white sold loose	1Kg	200.51	-6.11	-8.58
Maize grain yellow sold loose	1Kg	204.36	-7.18	-2.24
Palm oil: 1 bottle,specify bottle	1Ltr	442.31	-11.2	0.52
Plantain(ripe)	1Kg	201.59	2.2	3.24
Plantain(unripe)	1Kg	240.31	29.44	24.52
Vegetable oil:1 bottle,specify bottle	1Ltr	513.89	-2.78	-2.01
Wheat flour: prepacked (golden penny 2kg)	2Kg	715.38	4.65	2.16
AVERAGE			2.33	-0.56


# SELECTED FOOD PRICE WATCH - JANUARY 2020



## Ebonyi State

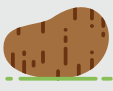





  
 Tomato


	
UNIT OF MEASUREMENT	JANUARY 2020
<b>1KG</b>	<b>N295.94</b>




  
 Rice  
 Local sold  
 Loose


	
UNIT OF MEASUREMENT	JANUARY 2020
<b>1KG</b>	<b>N320.57</b>




  
 Yam Tuber


	
UNIT OF MEASUREMENT	JANUARY 2020
<b>1KG</b>	<b>N277.89</b>




  
 Beef,  
 boneless


	
UNIT OF MEASUREMENT	JANUARY 2020
<b>1KG</b>	<b>N1452.38</b>




  
 Garri  
 white,sold  
 Loose


	
UNIT OF MEASUREMENT	JANUARY 2020
<b>1KG</b>	<b>N235.90</b>




  
 Beans  
 brown,  
 sold loose


	
UNIT OF MEASUREMENT	JANUARY 2020
<b>1KG</b>	<b>N498.73</b>




  
 Bread  
 sliced  
 500g


	
UNIT OF MEASUREMENT	JANUARY 2020
<b>1 loaf</b>	<b>N311.11</b>




  
 Palm oil:  
 1 bottle

	
UNIT OF MEASUREMENT	JANUARY 2020
<b>1Ltr</b>	<b>N457.14</b>


  
 Onion bulb

	
UNIT OF MEASUREMENT	JANUARY 2020
<b>1KG</b>	<b>N238.84</b>


  
 Wheat flour:  
 prepacked  
 (golden penny  
 2kg

	
UNIT OF MEASUREMENT	JANUARY 2020
<b>2KG</b>	<b>N685.00</b>

# SELECTED FOOD PRICE WATCH - JANUARY 2020

## Ebonyi State






	Unit of Measurement	Jan-20	JAN 2019-JAN 2020)	DEC 2019-JAN 2020
Agric eggs medium size	1 Dozen	465.71	-7.88	-1.21
Agric eggs(medium size price of one)	1 Piece	41.46	-15.38	-6.39
Beans brown,sold loose	1Kg	498.73	-8.02	-10.82
Beans:white black eye. sold loose	1Kg	440.82	-11.99	-13.26
Beef Bone in	1Kg	1125	12.6	-2.17
Beef,boneless	1Kg	1452.38	-2.62	-1.35
Bread sliced 500g	1 loaf	311.11	-11.11	-4.27
Bread unsliced 500g	1 loaf	290.91	10.34	-1.39
Broken Rice (Ofada)	1Kg	497.47	34.44	0.08
Chicken Feet	1Kg	720.22	0.23	0.07
Chicken Wings	1Kg	889.32	-6.9	0.07
Evaporated tinned milk carnation 170g	1 unit	171.12	-6.32	0.01
Evaporated tinned milk(peak), 170g	1 unit	192.14	1.13	-1.68
Frozen chicken	1 unit	2000	26.98	2.56
Gari white,sold loose	1Kg	235.9	28.54	13.09
Gari yellow,sold loose	1Kg	230.77	1.76	1
Mudfish (aro) fresh	1Kg	897.57	-0.84	0.08
Mudfish : dried	1Kg	2049.74	-5.04	0.08
Onion bulb	1Kg	238.84	11.26	7.48
Rice agric sold loose	1Kg	402	16.52	-1.95
Rice local sold loose	1Kg	320.57	21.98	-5.29
Rice Medium Grained	1Kg	318.1	-3.78	0.05
Rice,imported high quality sold loose	1Kg	460	10.58	-4.83
Tomato	1Kg	295.94	16.37	-11.9
Yam tuber	1Kg	277.89	31.36	32.08
Dried Fish Sardine	1Kg	1498.79	14.83	0.08
Iced Sardine	1Kg	1042.86	6.41	4.29
Irish potato	1Kg	435.75	45.25	8.94
Sweet potato	1Kg	123.71	-3.45	4.03
Tilapia fish (epiya) fresh	1Kg	984.64	-10.52	-2.98
Titus:frozen	1Kg	991.56	2.55	0.05
Catfish (obokun) fresh	1Kg	1197.39	-5.35	-0.73
Catfish :dried	1Kg	2502.73	8.81	2.87
Catfish Smoked	1Kg	1731.82	1.87	0.5
Mackerel : frozen	1Kg	955.56	5.72	-2.69
Groundnut oil: 1 bottle, specify bottle	1Ltr	733.33	-2.84	3.53
Maize grain white sold loose	1Kg	225.96	-11.29	-0.61
Maize grain yellow sold loose	1Kg	226.35	-15.12	-0.44
Palm oil: 1 bottle,specify bottle	1Ltr	457.14	2.46	-2.64
Plantain(ripe)	1Kg	210.18	20.49	-13.76
Plantain(unripe)	1Kg	229.46	18.14	11.03
Vegetable oil:1 bottle,specify bottle	1Ltr	507.62	1.52	1.38
Wheat flour: prepacked (golden penny 2kg)	2Kg	685	2.14	-1.86
AVERAGE			5.25	0.03


# SELECTED FOOD PRICE WATCH - JANUARY 2020



## Edo State

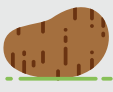





  
 Tomato


	
UNIT OF MEASUREMENT	JANUARY 2020
<b>1KG</b>	<b>N362.92</b>




  
 Rice  
 Local sold  
 Loose


	
UNIT OF MEASUREMENT	JANUARY 2020
<b>1KG</b>	<b>N455.33</b>




  
 Yam Tuber


	
UNIT OF MEASUREMENT	JANUARY 2020
<b>1KG</b>	<b>N357.71</b>




  
 Beef,  
 boneless


	
UNIT OF MEASUREMENT	JANUARY 2020
<b>1KG</b>	<b>N1317.58</b>




  
 Garri  
 white,sold  
 Loose


	
UNIT OF MEASUREMENT	JANUARY 2020
<b>1KG</b>	<b>N165.49</b>




  
 Beans  
 brown,  
 sold loose


	
UNIT OF MEASUREMENT	JANUARY 2020
<b>1KG</b>	<b>N305.76</b>




  
 Bread  
 sliced  
 500g


	
UNIT OF MEASUREMENT	JANUARY 2020
<b>1 loaf</b>	<b>N312.75</b>




  
 Palm oil:  
 1 bottle

	
UNIT OF MEASUREMENT	JANUARY 2020
<b>1Ltr</b>	<b>N457.03</b>


  
 Onion bulb

	
UNIT OF MEASUREMENT	JANUARY 2020
<b>1KG</b>	<b>N272.50</b>


  
 Wheat flour:  
 prepacked  
 (golden penny  
 2kg

	
UNIT OF MEASUREMENT	JANUARY 2020
<b>2KG</b>	<b>N723.33</b>

# SELECTED FOOD PRICE WATCH - JANUARY 2020

## Edo State






	Unit of Measurement	Jan-20	JAN 2019-JAN 2020)	DEC 2019-JAN 2020
Agric eggs medium size	1 Dozen	483	-6.34	0.1
Agric eggs(medium size price of one)	1 Piece	45.69	2.61	-0.05
Beans brown,sold loose	1Kg	305.76	-20.61	-4.05
Beans:white black eye. sold loose	1Kg	257.73	-22.39	-4.47
Beef Bone in	1Kg	983.21	3.57	0.27
Beef,boneless	1Kg	1317.58	-10.41	1.05
Bread sliced 500g	1 loaf	312.75	-0.49	-2.03
Bread unsliced 500g	1 loaf	253.13	2.83	-1.77
Broken Rice (Ofada)	1Kg	433.33	27.45	-1.52
Chicken Feet	1Kg	800	-16.59	-0.92
Chicken Wings	1Kg	1353.85	7.65	-1.02
Evaporated tinned milk carnation 170g	1 unit	143.91	0.4	-1.19
Evaporated tinned milk(peak), 170g	1 unit	192.14	1.13	0.93
Frozen chicken	1 unit	1796.67	36.8	-0.61
Gari white,sold loose	1Kg	165.49	-16.48	-1.97
Gari yellow,sold loose	1Kg	182.02	-4.31	-0.65
Mudfish (aro) fresh	1Kg	1120.49	-1.7	-2.37
Mudfish : dried	1Kg	1800.14	8.48	-0.09
Onion bulb	1Kg	272.5	-14.73	-0.38
Rice agric sold loose	1Kg	447.5	20.35	-1.47
Rice local sold loose	1Kg	455.33	37.68	-1.99
Rice Medium Grained	1Kg	497.5	39.69	-0.06
Rice,imported high quality sold loose	1Kg	588.67	46.12	-1.38
Tomato	1Kg	362.92	-3.04	-4.57
Yam tuber	1Kg	357.71	31.76	-3.37
Dried Fish Sardine	1Kg	1357.3	9.63	-0.92
Iced Sardine	1Kg	932.26	0.51	-1.64
Irish potato	1Kg	404.59	7.63	-9.74
Sweet potato	1Kg	145.69	16.02	-4.66
Tilapia fish (epiya) fresh	1Kg	1072.15	-8.57	-1.84
Titus:frozen	1Kg	930.08	1.9	0.59
Catfish (obokun) fresh	1Kg	1128.41	13.78	-2.56
Catfish :dried	1Kg	2240.84	-8.14	-3
Catfish Smoked	1Kg	1552.38	3.71	-2.15
Mackerel : frozen	1Kg	1006.2	0.1	5.65
Groundnut oil: 1 bottle, specify bottle	1Ltr	700.65	0.35	0.09
Maize grain white sold loose	1Kg	245.1	7.85	-1.6
Maize grain yellow sold loose	1Kg	243.72	3.97	-1.16
Palm oil: 1 bottle,specify bottle	1Ltr	457.03	-13.04	6.24
Plantain(ripe)	1Kg	187.76	16.68	-1.87
Plantain(unripe)	1Kg	179.1	19.56	-0.64
Vegetable oil:1 bottle,specify bottle	1Ltr	490.14	-7.21	0.71
Wheat flour: prepacked (golden penny 2kg)	2Kg	723.33	2.08	-1.54
AVERAGE			5.03	-1.25


# SELECTED FOOD PRICE WATCH - JANUARY 2020



## Ekiti State

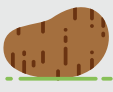





  
 Tomato


	
UNIT OF MEASUREMENT	JANUARY 2020
<b>1KG</b>	<b>N186.92</b>




  
 Rice  
 Local sold  
 Loose


	
UNIT OF MEASUREMENT	JANUARY 2020
<b>1KG</b>	<b>N388.98</b>




  
 Yam Tuber


	
UNIT OF MEASUREMENT	JANUARY 2020
<b>1KG</b>	<b>N180.47</b>




  
 Beef,  
 boneless


	
UNIT OF MEASUREMENT	JANUARY 2020
<b>1KG</b>	<b>N1415.00</b>




  
 Garri  
 white,sold  
 Loose


	
UNIT OF MEASUREMENT	JANUARY 2020
<b>1KG</b>	<b>N127.22</b>




  
 Beans  
 brown,  
 sold loose


	
UNIT OF MEASUREMENT	JANUARY 2020
<b>1KG</b>	<b>N270.55</b>




  
 Bread  
 sliced  
 500g


	
UNIT OF MEASUREMENT	JANUARY 2020
<b>1 loaf</b>	<b>N254.55</b>




  
 Palm oil:  
 1 bottle

	
UNIT OF MEASUREMENT	JANUARY 2020
<b>1Ltr</b>	<b>N413.33</b>


  
 Onion bulb

	
UNIT OF MEASUREMENT	JANUARY 2020
<b>1KG</b>	<b>N200.07</b>


  
 Wheat flour:  
 prepacked  
 (golden penny  
 2kg

	
UNIT OF MEASUREMENT	JANUARY 2020
<b>2KG</b>	<b>N634.38</b>

# SELECTED FOOD PRICE WATCH - JANUARY 2020

## Ekiti State





	Unit of Measurement	Jan-20	JAN 2019-JAN 2020)	DEC 2019-JAN 2020
Agric eggs medium size	1 Dozen	443.91	-4.08	-0.94
Agric eggs(medium size price of one)	1 Piece	40	0	1.59
Beans brown,sold loose	1Kg	270.55	-36.2	0.9
Beans:white black eye. sold loose	1Kg	282.52	-7.65	3.78
Beef Bone in	1Kg	1067.64	8.38	0.13
Beef,boneless	1Kg	1415	-0.57	1.68
Bread sliced 500g	1 loaf	254.55	0.98	1.82
Bread unsliced 500g	1 loaf	251.36	-1	1.82
Broken Rice (Ofada)	1Kg	430	-7.51	0.76
Chicken Feet	1Kg	701.23	-23.75	-5.18
Chicken Wings	1Kg	1057.14	-16.8	-4.33
Evaporated tinned milk carnation 170g	1 unit	180.36	-8.74	-7.98
Evaporated tinned milk(peak), 170g	1 unit	198.64	-0.05	1.15
Frozen chicken	1 unit	1666.09	16.22	-1.99
Gari white,sold loose	1Kg	127.22	-11.12	-9.8
Gari yellow,sold loose	1Kg	149.53	-17.43	-10.54
Mudfish (aro) fresh	1Kg	862.11	-4.39	-0.86
Mudfish : dried	1Kg	1762.04	-23.89	-2.54
Onion bulb	1Kg	200.07	-19.8	-16.01
Rice agric sold loose	1Kg	285.03	15.36	3.11
Rice local sold loose	1Kg	388.98	16.13	-11.93
Rice Medium Grained	1Kg	311.02	-3.43	0.79
Rice,imported high quality sold loose	1Kg	376.22	-3.42	2.35
Tomato	1Kg	186.92	-30.84	-21.08
Yam tuber	1Kg	180.47	-15.46	-11.55
Dried Fish Sardine	1Kg	1556.31	-9.36	-2.99
Iced Sardine	1Kg	880.95	5.15	6.57
Irish potato	1Kg	200.32	-14.68	-3.25
Sweet potato	1Kg	80.99	-26.02	-2.46
Tilapia fish (epiya) fresh	1Kg	802.59	-11.2	-2.93
Titus:frozen	1Kg	975.48	5.21	-2.31
Catfish (obokun) fresh	1Kg	823.01	-2.43	1.52
Catfish :dried	1Kg	1798.59	-10.43	-4.03
Catfish Smoked	1Kg	1789.11	-8.36	-2.5
Mackerel : frozen	1Kg	782.84	8.14	3.35
Groundnut oil: 1 bottle, specify bottle	1Ltr	523.33	-6.11	-8.72
Maize grain white sold loose	1Kg	123.78	-26.74	9.3
Maize grain yellow sold loose	1Kg	122.07	-25.26	3.21
Palm oil: 1 bottle,specify bottle	1Ltr	413.33	0.54	0.2
Plantain(ripe)	1Kg	155.78	-31.55	-2.25
Plantain(unripe)	1Kg	133.08	-37.07	-14.55
Vegetable oil:1 bottle,specify bottle	1Ltr	528.42	13.23	-5.64
Wheat flour: prepacked (golden penny 2kg)	2Kg	634.38	-1.27	0.16
AVERAGE			-8.31	-2.61


# SELECTED FOOD PRICE WATCH - JANUARY 2020


## Enugu State





 Tomato

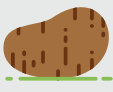
 **UNIT OF MEASUREMENT**  
**1KG**


 **JANUARY 2020**  
**N355.70**


 Rice  
Local sold  
Loose


 **UNIT OF MEASUREMENT**  
**1KG**


 **JANUARY 2020**  
**N400.71**


 Yam Tuber


 **UNIT OF MEASUREMENT**  
**1KG**


 **JANUARY 2020**  
**N196.45**


 Beef,  
boneless


 **UNIT OF MEASUREMENT**  
**1KG**


 **JANUARY 2020**  
**N1470.90**


 Garri  
white,sold  
Loose


 **UNIT OF MEASUREMENT**  
**1KG**


 **JANUARY 2020**  
**N179.05**


 Beans  
brown,  
sold loose


 **UNIT OF MEASUREMENT**  
**1KG**


 **JANUARY 2020**  
**N406.19**


 Bread  
sliced  
500g


 **UNIT OF MEASUREMENT**  
**1 loaf**


 **JANUARY 2020**  
**N296.67**


 Palm oil:  
1 bottle


 **UNIT OF MEASUREMENT**  
**1Ltr**


 **JANUARY 2020**  
**N472.76**


 Onion bulb

 **UNIT OF MEASUREMENT**  
**1KG**

 **JANUARY 2020**  
**N304.75**

 Wheat flour:  
prepacked  
(golden penny  
2kg

 **UNIT OF MEASUREMENT**  
**2KG**

 **JANUARY 2020**  
**N714.29**



# SELECTED FOOD PRICE WATCH - JANUARY 2020

## Enugu State






	Unit of Measurement	Jan-20	JAN 2019- JAN 2020)	DEC 2019- JAN 2020
Agric eggs medium size	1 Dozen	500.14	-4.46	-1.22
Agric eggs(medium size price of one)	1 Piece	43.01	-8.48	-1.53
Beans brown,sold loose	1Kg	406.19	-20.91	-4.5
Beans:white black eye. sold loose	1Kg	409.24	-11.75	-1.73
Beef Bone in	1Kg	1137.26	18.31	2.3
Beef,boneless	1Kg	1470.9	2.15	-1.11
Bread sliced 500g	1 loaf	296.67	-9	-1.33
Bread unsliced 500g	1 loaf	270.74	-3.08	1.49
Broken Rice (Ofada)	1Kg	535.37	31.82	-0.01
Chicken Feet	1Kg	681.44	-2.67	0.21
Chicken Wings	1Kg	1195.63	11.22	1.71
Evaporated tinned milk carnation 170g	1 unit	178.35	3.98	-0.92
Evaporated tinned milk(peak), 170g	1 unit	192.81	-1.84	-2.35
Frozen chicken	1 unit	1896.67	6.55	-3.72
Gari white,sold loose	1Kg	179.05	11.59	2.6
Gari yellow,sold loose	1Kg	213.43	10.77	3.83
Mudfish (aro) fresh	1Kg	1600	13.43	2.35
Mudfish : dried	1Kg	2150	-2.27	-1.6
Onion bulb	1Kg	304.75	-0.45	-13.89
Rice agric sold loose	1Kg	455.56	30.91	-5.61
Rice local sold loose	1Kg	400.71	42.85	-0.5
Rice Medium Grained	1Kg	430	43.03	-9.28
Rice,imported high quality sold loose	1Kg	515.89	27.28	-7.62
Tomato	1Kg	355.7	18.17	-7.55
Yam tuber	1Kg	196.45	18.42	0.32
Dried Fish Sardine	1Kg	1650	14.61	0.9
Iced Sardine	1Kg	1018.49	4.24	5.08
Irish potato	1Kg	398.58	-3.19	-1.75
Sweet potato	1Kg	152.57	11.53	4.84
Tilapia fish (epiya) fresh	1Kg	805.26	-1.83	-4.29
Titus:frozen	1Kg	974.83	-0.15	-6.36
Catfish (obokun) fresh	1Kg	1200	-6.25	-4
Catfish :dried	1Kg	1209.09	-46.08	-3.46
Catfish Smoked	1Kg	1685.27	-1.36	-0.43
Mackerel : frozen	1Kg	939.41	6.22	-4.92
Groundnut oil: 1 bottle, specify bottle	1Ltr	720	0.47	2.86
Maize grain white sold loose	1Kg	200.13	-4.21	-3.67
Maize grain yellow sold loose	1Kg	210.1	-1.49	-2.92
Palm oil: 1 bottle,specify bottle	1Ltr	472.76	1.02	-0.15
Plantain(ripe)	1Kg	184.37	-2.08	-12.49
Plantain(unripe)	1Kg	180.61	3.1	-10.63
Vegetable oil:1 bottle,specify bottle	1Ltr	531.25	0.68	-2
Wheat flour: prepacked (golden penny 2kg)	2Kg	714.29	1.77	0.2
AVERAGE			4.71	-2.16


# SELECTED FOOD PRICE WATCH - JANUARY 2020



## Gombe State

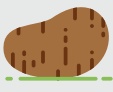





  
 Tomato


	
UNIT OF MEASUREMENT	JANUARY 2020
<b>1KG</b>	<b>N167.88</b>




  
 Rice  
 Local sold  
 Loose


	
UNIT OF MEASUREMENT	JANUARY 2020
<b>1KG</b>	<b>N327.63</b>




  
 Yam Tuber


	
UNIT OF MEASUREMENT	JANUARY 2020
<b>1KG</b>	<b>N155.20</b>




  
 Beef,  
 boneless


	
UNIT OF MEASUREMENT	JANUARY 2020
<b>1KG</b>	<b>N1235.00</b>




  
 Garri  
 white,sold  
 Loose


	
UNIT OF MEASUREMENT	JANUARY 2020
<b>1KG</b>	<b>N170.60</b>




  
 Beans  
 brown,  
 sold loose


	
UNIT OF MEASUREMENT	JANUARY 2020
<b>1KG</b>	<b>N200.11</b>




  
 Bread  
 sliced  
 500g


	
UNIT OF MEASUREMENT	JANUARY 2020
<b>1 loaf</b>	<b>N275.32</b>




  
 Palm oil:  
 1 bottle

	
UNIT OF MEASUREMENT	JANUARY 2020
<b>1Ltr</b>	<b>N439.11</b>


  
 Onion bulb

	
UNIT OF MEASUREMENT	JANUARY 2020
<b>1KG</b>	<b>N161.97</b>


  
 Wheat flour:  
 prepacked  
 (golden penny  
 2kg

	
UNIT OF MEASUREMENT	JANUARY 2020
<b>2KG</b>	<b>N627.54</b>

# SELECTED FOOD PRICE WATCH - JANUARY 2020

## Gombe State






	Unit of Measurement	Jan-20	JAN 2019-JAN 2020)	DEC 2019-JAN 2020
Agric eggs medium size	1 Dozen	410.33	-0.47	-6.42
Agric eggs(medium size price of one)	1 Piece	35.67	-5.1	-7.5
Beans brown,sold loose	1Kg	200.11	-33.48	-5.23
Beans:white black eye. sold loose	1Kg	208	-21.7	-8.37
Beef Bone in	1Kg	985.49	7.71	1.01
Beef,boneless	1Kg	1235	10.05	2.21
Bread sliced 500g	1 loaf	275.32	9.13	-0.89
Bread unsliced 500g	1 loaf	215.5	-1.19	-1.23
Broken Rice (Ofada)	1Kg	308.6	-14.91	2.3
Chicken Feet	1Kg	462.5	15.41	-0.7
Chicken Wings	1Kg	700.28	-4.7	-1.41
Evaporated tinned milk carnation 170g	1 unit	162.59	-3.22	-1.46
Evaporated tinned milk(peak), 170g	1 unit	188.67	4.52	0
Frozen chicken	1 unit	1900	15.15	-1.06
Gari white,sold loose	1Kg	170.6	3.15	-2.38
Gari yellow,sold loose	1Kg	201.63	-7.04	-9.04
Mudfish (aro) fresh	1Kg	960.88	15.02	0.24
Mudfish : dried	1Kg	1650	-6.29	0.06
Onion bulb	1Kg	161.97	-18.4	-7.06
Rice agric sold loose	1Kg	360.28	49.06	-0.22
Rice local sold loose	1Kg	327.63	43.54	-1.47
Rice Medium Grained	1Kg	338.57	58.09	-0.71
Rice,imported high quality sold loose	1Kg	408.29	29.36	-0.97
Tomato	1Kg	167.88	-9.55	-9.78
Yam tuber	1Kg	155.2	9.65	-11.56
Dried Fish Sardine	1Kg	1485	3.88	-1.83
Iced Sardine	1Kg	915.19	1.69	0.5
Irish potato	1Kg	252.82	-16.39	-14.46
Sweet potato	1Kg	108.59	-30.18	2.24
Tilapia fish (epiya) fresh	1Kg	845.64	10.3	-1.34
Titus:frozen	1Kg	952.03	13.65	-3.18
Catfish (obokun) fresh	1Kg	903.29	-3.96	0.7
Catfish :dried	1Kg	1536.64	-8.89	0.7
Catfish Smoked	1Kg	1515.15	0.31	0.7
Mackerel : frozen	1Kg	840	-9.43	-5.08
Groundnut oil: 1 bottle, specify bottle	1Ltr	511.11	-14.92	0.55
Maize grain white sold loose	1Kg	87.14	-3.9	-3.71
Maize grain yellow sold loose	1Kg	85.56	-4.16	-3.14
Palm oil: 1 bottle,specify bottle	1Ltr	439.11	-8.76	-4.19
Plantain(ripe)	1Kg	200.92	-28.24	-4.32
Plantain(unripe)	1Kg	180.02	-10.06	0.01
Vegetable oil:1 bottle,specify bottle	1Ltr	514.85	-0.84	-2.45
Wheat flour: prepacked (golden penny 2kg)	2Kg	627.54	-11.98	0.36
AVERAGE			0.51	-2.55


# SELECTED FOOD PRICE WATCH - JANUARY 2020



## Imo State

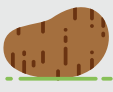





  
 Tomato


	
UNIT OF MEASUREMENT	JANUARY 2020
<b>1KG</b>	<b>N299.48</b>




  
 Rice  
 Local sold  
 Loose


	
UNIT OF MEASUREMENT	JANUARY 2020
<b>1KG</b>	<b>N404.59</b>




  
 Yam Tuber


	
UNIT OF MEASUREMENT	JANUARY 2020
<b>1KG</b>	<b>N168.69</b>




  
 Beef,  
 boneless


	
UNIT OF MEASUREMENT	JANUARY 2020
<b>1KG</b>	<b>N1407.86</b>




  
 Garri  
 white,sold  
 Loose


	
UNIT OF MEASUREMENT	JANUARY 2020
<b>1KG</b>	<b>N158.69</b>




  
 Beans  
 brown,  
 sold loose


	
UNIT OF MEASUREMENT	JANUARY 2020
<b>1KG</b>	<b>N360.98</b>




  
 Bread  
 sliced  
 500g


	
UNIT OF MEASUREMENT	JANUARY 2020
<b>1 loaf</b>	<b>N300.57</b>




  
 Palm oil:  
 1 bottle

	
UNIT OF MEASUREMENT	JANUARY 2020
<b>1Ltr</b>	<b>N436.44</b>


  
 Onion bulb

	
UNIT OF MEASUREMENT	JANUARY 2020
<b>1KG</b>	<b>N221.76</b>


  
 Wheat flour:  
 prepacked  
 (golden penny  
 2kg

	
UNIT OF MEASUREMENT	JANUARY 2020
<b>2KG</b>	<b>N700.00</b>

# SELECTED FOOD PRICE WATCH - JANUARY 2020

## Imo State






	Unit of Measurement	Jan-20	JAN 2019-JAN 2020)	DEC 2019-JAN 2020
Agric eggs medium size	1 Dozen	473.41	-6.53	-2.55
Agric eggs(medium size price of one)	1 Piece	41.43	-17.14	-3.65
Beans brown,sold loose	1Kg	360.98	-20.19	-7.44
Beans:white black eye. sold loose	1Kg	358.67	-13.57	-7.21
Beef Bone in	1Kg	1143.45	20.89	-5.31
Beef,boneless	1Kg	1407.86	0.11	-0.18
Bread sliced 500g	1 loaf	300.57	-6.24	5.88
Bread unsliced 500g	1 loaf	257.14	-6.49	1.55
Broken Rice (Ofada)	1Kg	506.83	60.4	0.12
Chicken Feet	1Kg	686.11	8.91	0.2
Chicken Wings	1Kg	922.7	1.32	0.2
Evaporated tinned milk carnation 170g	1 unit	168.46	-15.57	1.48
Evaporated tinned milk(peak), 170g	1 unit	193.7	0.93	-2.04
Frozen chicken	1 unit	1698.33	13.22	-2.55
Gari white,sold loose	1Kg	158.69	9.21	3.26
Gari yellow,sold loose	1Kg	182.47	21.65	4.5
Mudfish (aro) fresh	1Kg	1223.81	-6.27	0.5
Mudfish : dried	1Kg	2138.56	-18.73	-0.8
Onion bulb	1Kg	221.76	-28.56	4.67
Rice agric sold loose	1Kg	512.53	28.13	-5.6
Rice local sold loose	1Kg	404.59	28.3	-5.22
Rice Medium Grained	1Kg	486.09	18.7	-0.5
Rice,imported high quality sold loose	1Kg	545.04	21.33	-7.58
Tomato	1Kg	299.48	29.06	-5.59
Yam tuber	1Kg	168.69	24.89	4.25
Dried Fish Sardine	1Kg	1500.64	3.18	2.45
Iced Sardine	1Kg	1136.51	15.47	8.2
Irish potato	1Kg	450	8.62	12.43
Sweet potato	1Kg	140.59	35.59	-3.6
Tilapia fish (epiya) fresh	1Kg	1058.1	-7.05	-3.81
Titus:frozen	1Kg	939.89	3.06	-2.92
Catfish (obokun) fresh	1Kg	1262.52	0.05	0.2
Catfish :dried	1Kg	2694.36	16.81	0.08
Catfish Smoked	1Kg	1477.12	-1.64	0.2
Mackerel : frozen	1Kg	902.27	3.9	5.58
Groundnut oil: 1 bottle, specify bottle	1Ltr	535.85	-10.76	0.47
Maize grain white sold loose	1Kg	248.16	0.22	-1.18
Maize grain yellow sold loose	1Kg	249.45	-0.22	-1.96
Palm oil: 1 bottle,specify bottle	1Ltr	436.44	-1.09	1.73
Plantain(ripe)	1Kg	212.59	3.19	9.33
Plantain(unripe)	1Kg	182.68	-7.97	5.62
Vegetable oil:1 bottle,specify bottle	1Ltr	528.57	2.48	2.14
Wheat flour: prepacked (golden penny 2kg)	2Kg	700	-2.93	3.3
AVERAGE			4.85	0.2


# SELECTED FOOD PRICE WATCH - JANUARY 2020



## Jigawa State

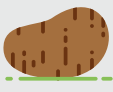





  
 Tomato


	
UNIT OF MEASUREMENT	JANUARY 2020
<b>1KG</b>	<b>N272.83</b>




  
 Rice  
 Local sold  
 Loose


	
UNIT OF MEASUREMENT	JANUARY 2020
<b>1KG</b>	<b>N241.73</b>




  
 Yam Tuber


	
UNIT OF MEASUREMENT	JANUARY 2020
<b>1KG</b>	<b>N204.20</b>




  
 Beef,  
 boneless


	
UNIT OF MEASUREMENT	JANUARY 2020
<b>1KG</b>	<b>N1173.43</b>




  
 Garri  
 white,sold  
 Loose


	
UNIT OF MEASUREMENT	JANUARY 2020
<b>1KG</b>	<b>N152.78</b>




  
 Beans  
 brown,  
 sold loose


	
UNIT OF MEASUREMENT	JANUARY 2020
<b>1KG</b>	<b>N246.67</b>




  
 Bread  
 sliced  
 500g


	
UNIT OF MEASUREMENT	JANUARY 2020
<b>1 loaf</b>	<b>N243.75</b>




  
 Palm oil:  
 1 bottle

	
UNIT OF MEASUREMENT	JANUARY 2020
<b>1Ltr</b>	<b>N415.38</b>


  
 Onion bulb

	
UNIT OF MEASUREMENT	JANUARY 2020
<b>1KG</b>	<b>N166.84</b>


  
 Wheat flour:  
 prepacked  
 (golden penny  
 2kg

	
UNIT OF MEASUREMENT	JANUARY 2020
<b>2KG</b>	<b>N728.03</b>

# SELECTED FOOD PRICE WATCH - JANUARY 2020

## Jigawa State






	Unit of Measurement	Jan-20	JAN 2019-JAN 2020)	DEC 2019-JAN 2020
Agric eggs medium size	1 Dozen	441.43	-4.04	-5.6
Agric eggs(medium size price of one)	1 Piece	37.79	-7.65	-5.41
Beans brown,sold loose	1Kg	246.67	-29.52	-12.96
Beans:white black eye. sold loose	1Kg	241.2	-37.28	-4.85
Beef Bone in	1Kg	867.68	-12.95	0.33
Beef,boneless	1Kg	1173.43	1.32	1.04
Bread sliced 500g	1 loaf	243.75	9.14	-5.41
Bread unsliced 500g	1 loaf	260	18.18	5.33
Broken Rice (Ofada)	1Kg	312.76	5.75	14.39
Chicken Feet	1Kg	475	-20.83	-5
Chicken Wings	1Kg	701.29	16.88	0.18
Evaporated tinned milk carnation 170g	1 unit	145.03	-13.42	8.77
Evaporated tinned milk(peak), 170g	1 unit	176.43	8.33	8.55
Frozen chicken	1 unit	2300	53.33	-2.82
Gari white,sold loose	1Kg	152.78	-14.11	11.23
Gari yellow,sold loose	1Kg	180.62	-14.69	1.61
Mudfish (aro) fresh	1Kg	938.46	-12.86	2.01
Mudfish : dried	1Kg	1300.16	2.19	4.01
Onion bulb	1Kg	166.84	-21.91	7.64
Rice agric sold loose	1Kg	275.86	9.33	10.34
Rice local sold loose	1Kg	241.73	-22.17	2.18
Rice Medium Grained	1Kg	301.38	14.35	0.46
Rice,imported high quality sold loose	1Kg	394.86	23.22	0.04
Tomato	1Kg	272.83	32.47	-0.45
Yam tuber	1Kg	204.2	-6.69	-13.61
Dried Fish Sardine	1Kg	1489.03	-10.66	-0.73
Iced Sardine	1Kg	892.04	-2.23	0.99
Irish potato	1Kg	193.01	-9.31	1.24
Sweet potato	1Kg	75.23	-23.47	7.36
Tilapia fish (epiya) fresh	1Kg	741.43	-9.21	-2.62
Titus:frozen	1Kg	903.48	29.07	0.39
Catfish (obokun) fresh	1Kg	889.23	-7.46	-0.09
Catfish :dried	1Kg	1443.25	-12.03	-0.52
Catfish Smoked	1Kg	1490.16	-0.15	-0.66
Mackerel : frozen	1Kg	953.85	7.89	-1.12
Groundnut oil: 1 bottle, specify bottle	1Ltr	509.52	17.17	-0.98
Maize grain white sold loose	1Kg	105.76	-9.49	14.73
Maize grain yellow sold loose	1Kg	112.48	25.07	11.54
Palm oil: 1 bottle,specify bottle	1Ltr	415.38	-6.4	-8.25
Plantain(ripe)	1Kg	198.08	-34.85	-0.96
Plantain(unripe)	1Kg	201.89	-15.63	-4.09
Vegetable oil:1 bottle,specify bottle	1Ltr	450.48	4.69	-10.73
Wheat flour: prepacked (golden penny 2kg)	2Kg	728.03	-2.84	0.42
AVERAGE			-1.94	0.65


# SELECTED FOOD PRICE WATCH - JANUARY 2020



## Kaduna State

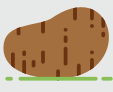





  
 Tomato


	
UNIT OF MEASUREMENT	JANUARY 2020
<b>1KG</b>	<b>N155.70</b>




  
 Rice  
 Local sold  
 Loose


	
UNIT OF MEASUREMENT	JANUARY 2020
<b>1KG</b>	<b>N282.76</b>




  
 Yam Tuber


	
UNIT OF MEASUREMENT	JANUARY 2020
<b>1KG</b>	<b>N203.79</b>




  
 Beef,  
 boneless


	
UNIT OF MEASUREMENT	JANUARY 2020
<b>1KG</b>	<b>N1217.19</b>




  
 Garri  
 white,sold  
 Loose


	
UNIT OF MEASUREMENT	JANUARY 2020
<b>1KG</b>	<b>N144.77</b>




  
 Beans  
 brown,  
 sold loose


	
UNIT OF MEASUREMENT	JANUARY 2020
<b>1KG</b>	<b>N230.81</b>




  
 Bread  
 sliced  
 500g


	
UNIT OF MEASUREMENT	JANUARY 2020
<b>1 loaf</b>	<b>N275.00</b>




  
 Palm oil:  
 1 bottle

	
UNIT OF MEASUREMENT	JANUARY 2020
<b>1Ltr</b>	<b>N502.89</b>


  
 Onion bulb

	
UNIT OF MEASUREMENT	JANUARY 2020
<b>1KG</b>	<b>N186.46</b>


  
 Wheat flour:  
 prepacked  
 (golden penny  
 2kg

	
UNIT OF MEASUREMENT	JANUARY 2020
<b>2KG</b>	<b>N680.00</b>



# SELECTED FOOD PRICE WATCH - JANUARY 2020

## Kaduna State






	Unit of Measurement	Jan-20	JAN 2019-JAN 2020)	DEC 2019-JAN 2020
Agric eggs medium size	1 Dozen	445.29	2.05	-0.39
Agric eggs(medium size price of one)	1 Piece	38.56	1.48	-4.44
Beans brown,sold loose	1Kg	230.81	-29.38	-17.39
Beans:white black eye. sold loose	1Kg	213.69	-13.58	-0.66
Beef Bone in	1Kg	1066.67	3.77	-5.88
Beef,boneless	1Kg	1217.19	12.49	-1.4
Bread sliced 500g	1 loaf	275	-2.02	1.35
Bread unsliced 500g	1 loaf	226.92	-8.62	-3.07
Broken Rice (Ofada)	1Kg	291.83	8.15	1.33
Chicken Feet	1Kg	600.13	-14.27	-4.74
Chicken Wings	1Kg	671.23	-16.1	0.18
Evaporated tinned milk carnation 170g	1 unit	165	14.58	5.77
Evaporated tinned milk(peak), 170g	1 unit	178.57	-0.2	0.19
Frozen chicken	1 unit	2100	38.36	-2.33
Gari white,sold loose	1Kg	144.77	-1.52	12.6
Gari yellow,sold loose	1Kg	154.22	-13.94	17.01
Mudfish (aro) fresh	1Kg	885.71	-15.07	-1.59
Mudfish : dried	1Kg	1383.33	23.88	0.4
Onion bulb	1Kg	186.46	-33.55	-14.14
Rice agric sold loose	1Kg	324.9	12.54	-2.09
Rice local sold loose	1Kg	282.76	12.59	8.51
Rice Medium Grained	1Kg	343.81	16.59	5.26
Rice,imported high quality sold loose	1Kg	402.72	28.76	3.21
Tomato	1Kg	155.7	-49.33	-32.12
Yam tuber	1Kg	203.79	-6.74	2.53
Dried Fish Sardine	1Kg	1550	18.32	2.36
Iced Sardine	1Kg	928.57	3.17	-0.46
Irish potato	1Kg	201.1	-19.08	-25.71
Sweet potato	1Kg	92.4	-18.72	0.83
Tilapia fish (epiya) fresh	1Kg	656.41	-15.64	-2.11
Titus:frozen	1Kg	969.25	-2.38	-0.59
Catfish (obokun) fresh	1Kg	805.34	-22.21	0.67
Catfish :dried	1Kg	1392.86	-0.08	-2.94
Catfish Smoked	1Kg	1350.15	-15.24	3.86
Mackerel : frozen	1Kg	950	15.81	5.56
Groundnut oil: 1 bottle, specify bottle	1Ltr	589.74	-1.71	-0.45
Maize grain white sold loose	1Kg	80.64	-34.83	-2.03
Maize grain yellow sold loose	1Kg	82.79	-27.96	1.47
Palm oil: 1 bottle,specify bottle	1Ltr	502.89	-3	-1.39
Plantain(ripe)	1Kg	205.82	-39.5	-10.08
Plantain(unripe)	1Kg	181.82	-29.09	-17.02
Vegetable oil:1 bottle,specify bottle	1Ltr	530.67	-1.23	-3.4
Wheat flour: prepacked (golden penny 2kg)	2Kg	680	4.62	-0.73
AVERAGE			-5.07	-1.96


# SELECTED FOOD PRICE WATCH - JANUARY 2020



## Kano State

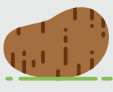





  
 Tomato


	
UNIT OF MEASUREMENT	JANUARY 2020
<b>1KG</b>	<b>N229.45</b>




  
 Rice  
 Local sold  
 Loose


	
UNIT OF MEASUREMENT	JANUARY 2020
<b>1KG</b>	<b>N291.62</b>




  
 Yam Tuber


	
UNIT OF MEASUREMENT	JANUARY 2020
<b>1KG</b>	<b>N173.40</b>




  
 Beef,  
 boneless


	
UNIT OF MEASUREMENT	JANUARY 2020
<b>1KG</b>	<b>N1225.44</b>




  
 Garri  
 white,sold  
 Loose


	
UNIT OF MEASUREMENT	JANUARY 2020
<b>1KG</b>	<b>N127.11</b>




  
 Beans  
 brown,  
 sold loose


	
UNIT OF MEASUREMENT	JANUARY 2020
<b>1KG</b>	<b>N233.82</b>




  
 Bread  
 sliced  
 500g


	
UNIT OF MEASUREMENT	JANUARY 2020
<b>1 loaf</b>	<b>N244.44</b>




  
 Palm oil:  
 1 bottle

	
UNIT OF MEASUREMENT	JANUARY 2020
<b>1Ltr</b>	<b>N448.33</b>


  
 Onion bulb

	
UNIT OF MEASUREMENT	JANUARY 2020
<b>1KG</b>	<b>N173.40</b>


  
 Wheat flour:  
 prepacked  
 (golden penny  
 2kg

	
UNIT OF MEASUREMENT	JANUARY 2020
<b>2KG</b>	<b>N635.18</b>

# SELECTED FOOD PRICE WATCH - JANUARY 2020

## Kano State






	Unit of Measurement	Jan-20	JAN 2019- JAN 2020)	DEC 2019- JAN 2020
Agric eggs medium size	1 Dozen	437.65	-0.53	1.95
Agric eggs(medium size price of one)	1 Piece	38.18	0.46	1.47
Beans brown,sold loose	1Kg	233.82	-19.57	-3.41
Beans:white black eye. sold loose	1Kg	202.61	-9.96	3.34
Beef Bone in	1Kg	861.23	-5.72	-4.09
Beef,boneless	1Kg	1225.44	4.83	-2.57
Bread sliced 500g	1 loaf	244.44	0.92	0.65
Bread unsliced 500g	1 loaf	222.73	-3.46	-2.22
Broken Rice (Ofada)	1Kg	355.6	-18.01	4.37
Chicken Feet	1Kg	633.48	-21.79	-2.54
Chicken Wings	1Kg	792.37	-12.75	-0.95
Evaporated tinned milk carnation 170g	1 unit	150	-2.6	0
Evaporated tinned milk(peak), 170g	1 unit	166.88	-10.6	0.13
Frozen chicken	1 unit	1502.49	20.2	0.17
Gari white,sold loose	1Kg	127.11	-16.43	8.62
Gari yellow,sold loose	1Kg	151.88	-29.42	5.83
Mudfish (aro) fresh	1Kg	985.71	-8.47	1.54
Mudfish : dried	1Kg	1493.64	-13.27	-2.77
Onion bulb	1Kg	173.4	-39.37	-12.78
Rice agric sold loose	1Kg	296.32	20.27	6.38
Rice local sold loose	1Kg	291.62	27.43	5.87
Rice Medium Grained	1Kg	275.86	18.66	12.31
Rice,imported high quality sold loose	1Kg	381.2	13.39	-3.48
Tomato	1Kg	229.45	80.57	-7.1
Yam tuber	1Kg	173.4	13.14	-22.67
Dried Fish Sardine	1Kg	1400	16.67	-1.87
Iced Sardine	1Kg	811.11	-10.37	-1.08
Irish potato	1Kg	202.71	-14.11	-17.16
Sweet potato	1Kg	156.85	33.38	-4.51
Tilapia fish (epiya) fresh	1Kg	711.11	0.31	0.42
Titus:frozen	1Kg	828.57	9.19	0.03
Catfish (obokun) fresh	1Kg	813.02	1.63	1.63
Catfish :dried	1Kg	1355	-5.54	1.99
Catfish Smoked	1Kg	1411.35	-3.93	0.81
Mackerel : frozen	1Kg	963.78	6.16	0.23
Groundnut oil: 1 bottle, specify bottle	1Ltr	567.84	0.44	0.13
Maize grain white sold loose	1Kg	87.66	-10.52	-9.26
Maize grain yellow sold loose	1Kg	90.6	-16.88	-6.73
Palm oil: 1 bottle,specify bottle	1Ltr	448.33	-4.12	-6.08
Plantain(ripe)	1Kg	206.9	-7.49	3.45
Plantain(unripe)	1Kg	184.03	-17.77	2.24
Vegetable oil:1 bottle,specify bottle	1Ltr	471.37	-1.46	-3.47
Wheat flour: prepacked (golden penny 2kg)	2Kg	635.18	-2.28	0.82
AVERAGE			-0.9	-1.17


# SELECTED FOOD PRICE WATCH - JANUARY 2020



## Katsina State

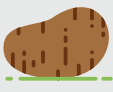




 Tomato


	
UNIT OF MEASUREMENT	JANUARY 2020
<b>1KG</b>	<b>N906.19</b>



 Rice  
Local sold Loose


	
UNIT OF MEASUREMENT	JANUARY 2020
<b>1KG</b>	<b>N510.67</b>



 Yam Tuber


	
UNIT OF MEASUREMENT	JANUARY 2020
<b>1KG</b>	<b>N80.43</b>



 Beef,  
boneless


	
UNIT OF MEASUREMENT	JANUARY 2020
<b>1KG</b>	<b>N1211.11</b>



 Garri  
white,sold Loose


	
UNIT OF MEASUREMENT	JANUARY 2020
<b>1KG</b>	<b>N1016.67</b>



 Beans  
brown,  
sold loose


	
UNIT OF MEASUREMENT	JANUARY 2020
<b>1KG</b>	<b>N262.98</b>



 Bread  
sliced  
500g


	
UNIT OF MEASUREMENT	JANUARY 2020
<b>1 loaf</b>	<b>N242.00</b>



 Palm oil:  
1 bottle

	
UNIT OF MEASUREMENT	JANUARY 2020
<b>1Ltr</b>	<b>N925.00</b>

 Onion bulb

	
UNIT OF MEASUREMENT	JANUARY 2020
<b>1KG</b>	<b>N139.21</b>

 Wheat flour:  
prepacked  
(golden penny  
2kg

	
UNIT OF MEASUREMENT	JANUARY 2020
<b>2KG</b>	<b>N186.69</b>

# SELECTED FOOD PRICE WATCH - JANUARY 2020

## Katsina State






	Unit of Measurement	Jan-20	JAN 2019-JAN 2020)	DEC 2019-JAN 2020
Agric eggs medium size	1 Dozen	453.64	5.8	0.11
Agric eggs(medium size price of one)	1 Piece	39.91	3.09	1.04
Beans brown,sold loose	1Kg	262.98	-5.64	15.93
Beans:white black eye. sold loose	1Kg	246.33	-22.74	0.65
Beef Bone in	1Kg	964.76	-2.02	-4.48
Beef,boneless	1Kg	1211.11	8.69	1.87
Bread sliced 500g	1 loaf	242	5.6	-5.1
Bread unsliced 500g	1 loaf	230	-6.4	-3.9
Broken Rice (Ofada)	1Kg	317.71	-9.23	4.11
Chicken Feet	1Kg	785.71	-14.8	-5.92
Chicken Wings	1Kg	1333.59	15.49	-0.91
Evaporated tinned milk carnation 170g	1 unit	1400.89	-12.44	-3.9
Evaporated tinned milk(peak), 170g	1 unit	416.67	-7.41	4.17
Frozen chicken	1 unit	700.15	-26.3	0.46
Gari white,sold loose	1Kg	1016.67	27.08	6.98
Gari yellow,sold loose	1Kg	152.5	6.4	6.75
Mudfish (aro) fresh	1Kg	184.55	1.77	3.35
Mudfish : dried	1Kg	2273.33	44.34	-1.16
Onion bulb	1Kg	139.21	-8.06	-4.34
Rice agric sold loose	1Kg	134.54	-22.29	-1.88
Rice local sold loose	1Kg	510.67	-4.45	-0.61
Rice Medium Grained	1Kg	971	1.89	0.62
Rice,imported high quality sold loose	1Kg	207.07	-4.94	-10.9
Tomato	1Kg	906.19	9.84	3.09
Yam tuber	1Kg	80.43	0.52	-6.19
Dried Fish Sardine	1Kg	81.76	-0.27	-24.7
Iced Sardine	1Kg	950	-2.84	-5
Irish potato	1Kg	1340.77	10.03	1.83
Sweet potato	1Kg	280.19	23.61	-4.4
Tilapia fish (epiya) fresh	1Kg	438.89	-3.59	3.47
Titus:frozen	1Kg	168.75	-33.45	-3.57
Catfish (obokun) fresh	1Kg	163.89	-33.39	-6.79
Catfish :dried	1Kg	290.45	33.14	3.52
Catfish Smoked	1Kg	292.77	21.61	7.07
Mackerel : frozen	1Kg	284.04	15.25	9.95
Groundnut oil: 1 bottle, specify bottle	1Ltr	368.28	39.02	1.11
Maize grain white sold loose	1Kg	126.55	-8.89	6.96
Maize grain yellow sold loose	1Kg	733.25	-14.38	-1.97
Palm oil: 1 bottle,specify bottle	1Ltr	925	9.9	6.12
Plantain(ripe)	1Kg	196.92	40.1	25.36
Plantain(unripe)	1Kg	485.33	-2.43	10.3
Vegetable oil:1 bottle,specify bottle	1Ltr	666.67	0	5.82
Wheat flour: prepacked (golden penny 2kg)	2Kg	186.69	-21.46	-7.5
AVERAGE			1.3	0.64


# SELECTED FOOD PRICE WATCH - JANUARY 2020



## Kebbi State

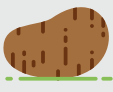





  
 Tomato


	
UNIT OF MEASUREMENT	JANUARY 2020
<b>1KG</b>	<b>N230.36</b>




  
 Rice  
 Local sold  
 Loose


	
UNIT OF MEASUREMENT	JANUARY 2020
<b>1KG</b>	<b>N309.99</b>




  
 Yam Tuber


	
UNIT OF MEASUREMENT	JANUARY 2020
<b>1KG</b>	<b>N206.87</b>




  
 Beef,  
 boneless


	
UNIT OF MEASUREMENT	JANUARY 2020
<b>1KG</b>	<b>N1210.00</b>




  
 Garri  
 white,sold  
 Loose


	
UNIT OF MEASUREMENT	JANUARY 2020
<b>1KG</b>	<b>N211.64</b>




  
 Beans  
 brown,  
 sold loose


	
UNIT OF MEASUREMENT	JANUARY 2020
<b>1KG</b>	<b>N309.31</b>




  
 Bread  
 sliced  
 500g


	
UNIT OF MEASUREMENT	JANUARY 2020
<b>1 loaf</b>	<b>N250.00</b>




  
 Palm oil:  
 1 bottle

	
UNIT OF MEASUREMENT	JANUARY 2020
<b>1Ltr</b>	<b>N462.22</b>


  
 Onion bulb

	
UNIT OF MEASUREMENT	JANUARY 2020
<b>1KG</b>	<b>N183.78</b>


  
 Wheat flour:  
 prepacked  
 (golden penny  
 2kg

	
UNIT OF MEASUREMENT	JANUARY 2020
<b>2KG</b>	<b>N652.03</b>

# SELECTED FOOD PRICE WATCH - JANUARY 2020

## Kebbi State





	Unit of Measurement	Jan-20	JAN 2019-JAN 2020)	DEC 2019-JAN 2020
Agric eggs medium size	1 Dozen	437.33	-7.93	0.7
Agric eggs(medium size price of one)	1 Piece	40.81	0.35	2.03
Beans brown,sold loose	1Kg	309.31	-12.18	-0.33
Beans:white black eye. sold loose	1Kg	241.39	-10.54	2.62
Beef Bone in	1Kg	1156.16	20.44	5.11
Beef,boneless	1Kg	1210	5.69	2.67
Bread sliced 500g	1 loaf	250	-9.09	11.11
Bread unsliced 500g	1 loaf	230	-5.8	9.52
Broken Rice (Ofada)	1Kg	376.03	72.49	0.15
Chicken Feet	1Kg	450	-10	-2.24
Chicken Wings	1Kg	541.38	-9.77	0.7
Evaporated tinned milk carnation 170g	1 unit	178.02	0.77	-1.1
Evaporated tinned milk(peak), 170g	1 unit	181.25	11.81	2.59
Frozen chicken	1 unit	2200	83.33	-0.45
Gari white,sold loose	1Kg	211.64	-8.91	4.84
Gari yellow,sold loose	1Kg	279.34	23.49	-0.42
Mudfish (aro) fresh	1Kg	908.33	-2.8	-4.89
Mudfish : dried	1Kg	1400	-15.28	-3.77
Onion bulb	1Kg	183.78	-20.29	-27.46
Rice agric sold loose	1Kg	235.25	8	-4.88
Rice local sold loose	1Kg	309.99	7.21	0.72
Rice Medium Grained	1Kg	306.35	13.54	-0.18
Rice,imported high quality sold loose	1Kg	338.66	13.01	2.04
Tomato	1Kg	230.36	-11.32	-17.73
Yam tuber	1Kg	206.87	-25.3	-21.55
Dried Fish Sardine	1Kg	1300.15	8.35	0.58
Iced Sardine	1Kg	980.11	8.9	-0.71
Irish potato	1Kg	186.36	-16.17	-6.82
Sweet potato	1Kg	147.14	0.21	-28.78
Tilapia fish (epiya) fresh	1Kg	565.08	-9.47	1.91
Titus:frozen	1Kg	898.01	3.62	2.38
Catfish (obokun) fresh	1Kg	878.57	-23.6	-3.15
Catfish :dried	1Kg	1370.56	-10.96	-1.91
Catfish Smoked	1Kg	1313.55	-13.26	0.65
Mackerel : frozen	1Kg	850	-12.31	-3.56
Groundnut oil: 1 bottle, specify bottle	1Ltr	452.31	2.8	4.92
Maize grain white sold loose	1Kg	111.39	6.06	17.31
Maize grain yellow sold loose	1Kg	108.58	8.05	27.51
Palm oil: 1 bottle,specify bottle	1Ltr	462.22	5.67	5.05
Plantain(ripe)	1Kg	157.14	-40.37	-5
Plantain(unripe)	1Kg	200.15	-21.73	-11.88
Vegetable oil:1 bottle,specify bottle	1Ltr	462.22	5.93	6.67
Wheat flour: prepacked (golden penny 2kg)	2Kg	652.03	-3.64	0.31
AVERAGE			0.21	-0.81


# SELECTED FOOD PRICE WATCH - JANUARY 2020


## Kogi State





 Tomato

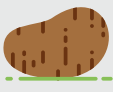
 **UNIT OF MEASUREMENT**  
**1KG**


 **JANUARY 2020**  
**N265.09**


 Rice  
Local sold  
Loose


 **UNIT OF MEASUREMENT**  
**1KG**


 **JANUARY 2020**  
**N346.15**


 Yam Tuber


 **UNIT OF MEASUREMENT**  
**1KG**


 **JANUARY 2020**  
**N157.20**


 Beef,  
boneless


 **UNIT OF MEASUREMENT**  
**1KG**


 **JANUARY 2020**  
**N1226.92**


 Garri  
white,sold  
Loose


 **UNIT OF MEASUREMENT**  
**1KG**


 **JANUARY 2020**  
**N217.91**


 Beans  
brown,  
sold loose


 **UNIT OF MEASUREMENT**  
**1KG**


 **JANUARY 2020**  
**N325.75**


 Bread  
sliced  
500g


 **UNIT OF MEASUREMENT**  
**1 loaf**


 **JANUARY 2020**  
**N353.57**


 Palm oil:  
1 bottle


 **UNIT OF MEASUREMENT**  
**1Ltr**


 **JANUARY 2020**  
**N577.78**


 Onion bulb

 **UNIT OF MEASUREMENT**  
**1KG**

 **JANUARY 2020**  
**N211.10**

 Wheat flour:  
prepacked  
(golden penny  
2kg

 **UNIT OF MEASUREMENT**  
**2KG**

 **JANUARY 2020**  
**N638.89**



# SELECTED FOOD PRICE WATCH - JANUARY 2020

## Kogi State






	Unit of Measurement	Jan-20	JAN 2019-JAN 2020)	DEC 2019-JAN 2020
Agric eggs medium size	1 Dozen	512.11	1.66	0.83
Agric eggs(medium size price of one)	1 Piece	43	-4.44	0
Beans brown,sold loose	1Kg	325.75	-29.34	-1.64
Beans:white black eye. sold loose	1Kg	345.05	5.65	-1.11
Beef Bone in	1Kg	1108.15	-7.65	0.54
Beef,boneless	1Kg	1226.92	1.61	-2.37
Bread sliced 500g	1 loaf	353.57	2.65	1.02
Bread unsliced 500g	1 loaf	311.54	3.85	-0.31
Broken Rice (Ofada)	1Kg	452.03	19.48	0.38
Chicken Feet	1Kg	800.22	-23.79	-5.86
Chicken Wings	1Kg	750	-30.65	-9.09
Evaporated tinned milk carnation 170g	1 unit	150.92	-12.6	0.61
Evaporated tinned milk(peak), 170g	1 unit	191.76	-6.46	-3.61
Frozen chicken	1 unit	2495.56	11.41	-2.95
Gari white,sold loose	1Kg	217.91	-14.86	-0.58
Gari yellow,sold loose	1Kg	226.72	-4.73	-8.99
Mudfish (aro) fresh	1Kg	901.04	-18.37	-6.67
Mudfish : dried	1Kg	1502.59	-6.8	-2.27
Onion bulb	1Kg	211.1	-7.67	-25.67
Rice agric sold loose	1Kg	316.43	-37.47	-6.65
Rice local sold loose	1Kg	346.15	13.87	-2.3
Rice Medium Grained	1Kg	269.89	1.83	3.6
Rice,imported high quality sold loose	1Kg	499.7	9.01	-0.21
Tomato	1Kg	265.09	-10.21	-1.79
Yam tuber	1Kg	157.2	-9.52	-16.17
Dried Fish Sardine	1Kg	1341.67	10.33	3.21
Iced Sardine	1Kg	1013.33	-13.76	-0.65
Irish potato	1Kg	268.03	10.91	-16.17
Sweet potato	1Kg	162.84	8.27	-8.58
Tilapia fish (epiya) fresh	1Kg	750	-20.36	-3.23
Titus:frozen	1Kg	930	1.33	-4.66
Catfish (obokun) fresh	1Kg	840	-19.23	0.4
Catfish :dried	1Kg	1479.62	-5.56	-1.86
Catfish Smoked	1Kg	1281.41	-0.39	2.51
Mackerel : frozen	1Kg	984.82	19.6	-3.21
Groundnut oil: 1 bottle, specify bottle	1Ltr	458.89	-12.5	-2.2
Maize grain white sold loose	1Kg	160.42	3.93	-7.35
Maize grain yellow sold loose	1Kg	162.67	-4.64	-9
Palm oil: 1 bottle,specify bottle	1Ltr	577.78	29.79	3.79
Plantain(ripe)	1Kg	221.6	19.21	-2.16
Plantain(unripe)	1Kg	208.46	-10.78	-7.03
Vegetable oil:1 bottle,specify bottle	1Ltr	503.85	-18.11	-4.45
Wheat flour: prepacked (golden penny 2kg)	2Kg	638.89	22.86	0.35
AVERAGE			-3.08	-3.52


# SELECTED FOOD PRICE WATCH - JANUARY 2020



## Kwara State

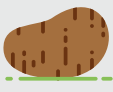





  
 Tomato


	
UNIT OF MEASUREMENT	JANUARY 2020
<b>1KG</b>	<b>N182.54</b>




  
 Rice  
 Local sold  
 Loose


	
UNIT OF MEASUREMENT	JANUARY 2020
<b>1KG</b>	<b>N314.99</b>




  
 Yam Tuber


	
UNIT OF MEASUREMENT	JANUARY 2020
<b>1KG</b>	<b>N127.88</b>




  
 Beef,  
 boneless


	
UNIT OF MEASUREMENT	JANUARY 2020
<b>1KG</b>	<b>N1297.90</b>




  
 Garri  
 white,sold  
 Loose


	
UNIT OF MEASUREMENT	JANUARY 2020
<b>1KG</b>	<b>N118.06</b>




  
 Beans  
 brown,  
 sold loose


	
UNIT OF MEASUREMENT	JANUARY 2020
<b>1KG</b>	<b>N200.46</b>




  
 Bread  
 sliced  
 500g


	
UNIT OF MEASUREMENT	JANUARY 2020
<b>1 loaf</b>	<b>N263.33</b>




  
 Palm oil:  
 1 bottle

	
UNIT OF MEASUREMENT	JANUARY 2020
<b>1Ltr</b>	<b>N437.74</b>


  
 Onion bulb

	
UNIT OF MEASUREMENT	JANUARY 2020
<b>1KG</b>	<b>N189.97</b>


  
 Wheat flour:  
 prepacked  
 (golden penny  
 2kg

	
UNIT OF MEASUREMENT	JANUARY 2020
<b>2KG</b>	<b>N600.00</b>

# SELECTED FOOD PRICE WATCH - JANUARY 2020

## Kwara State





	Unit of Measurement	Jan-20	JAN 2019- JAN 2020)	DEC 2019- JAN 2020
Agric eggs medium size	1 Dozen	439.38	-7.98	0.24
Agric eggs(medium size price of one)	1 Piece	39.67	-2.66	1.28
Beans brown,sold loose	1Kg	200.46	-43.92	-6.4
Beans:white black eye. sold loose	1Kg	198.87	-34.94	-3.42
Beef Bone in	1Kg	998.58	-14.65	0.4
Beef,boneless	1Kg	1297.9	7.74	-1.68
Bread sliced 500g	1 loaf	263.33	1.28	-2.47
Bread unsliced 500g	1 loaf	280	-5.23	-2
Broken Rice (Ofada)	1Kg	446.48	-11.02	-0.78
Chicken Feet	1Kg	766.67	-31.7	-6.12
Chicken Wings	1Kg	783.33	-21.83	-5.66
Evaporated tinned milk carnation 170g	1 unit	150	-11.76	0
Evaporated tinned milk(peak), 170g	1 unit	191.25	-4.01	-2.06
Frozen chicken	1 unit	1602.15	23.24	-1.1
Gari white,sold loose	1Kg	118.06	-7.78	-6.77
Gari yellow,sold loose	1Kg	118.52	-30.15	-7.08
Mudfish (aro) fresh	1Kg	938.1	-16.61	0.97
Mudfish : dried	1Kg	1826.37	-8.9	-1.32
Onion bulb	1Kg	189.97	-16.74	-6.88
Rice agric sold loose	1Kg	389.55	21.33	-3.22
Rice local sold loose	1Kg	314.99	22.44	-3.36
Rice Medium Grained	1Kg	275.31	-23.85	19.07
Rice,imported high quality sold loose	1Kg	324.6	-1.61	-6.71
Tomato	1Kg	182.54	-14.75	-13.39
Yam tuber	1Kg	127.88	-40.06	-6.8
Dried Fish Sardine	1Kg	1339.29	-5.79	-3.3
Iced Sardine	1Kg	968.32	4.68	-3.17
Irish potato	1Kg	198.33	-10.08	-15
Sweet potato	1Kg	152.53	17.4	-25.69
Tilapia fish (epiya) fresh	1Kg	852.03	-20.74	-10.31
Titus:frozen	1Kg	988.98	-9.25	-7.12
Catfish (obokun) fresh	1Kg	855.19	-8.57	-7.04
Catfish :dried	1Kg	1455.92	-5.75	1.74
Catfish Smoked	1Kg	1346.15	20.25	-0.8
Mackerel : frozen	1Kg	887.5	-2.33	-1.75
Groundnut oil: 1 bottle, specify bottle	1Ltr	581.82	6.43	-6.8
Maize grain white sold loose	1Kg	99.04	-23.98	-14.02
Maize grain yellow sold loose	1Kg	127.11	-15.51	-20.15
Palm oil: 1 bottle,specify bottle	1Ltr	437.74	-3	-11.77
Plantain(ripe)	1Kg	198.23	-0.97	-24.74
Plantain(unripe)	1Kg	176.09	-2.72	-1.19
Vegetable oil:1 bottle,specify bottle	1Ltr	415.24	-14.87	-0.05
Wheat flour: prepacked (golden penny 2kg)	2Kg	600	-6.98	0.48
AVERAGE			-8.28	-5.02


# SELECTED FOOD PRICE WATCH - JANUARY 2020


## Lagos State





 Tomato

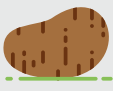
 **UNIT OF MEASUREMENT**  
**1KG**


 **JANUARY 2020**  
**N208.65**


 Rice  
Local sold  
Loose


 **UNIT OF MEASUREMENT**  
**1KG**


 **JANUARY 2020**  
**N401.79**


 Yam Tuber


 **UNIT OF MEASUREMENT**  
**1KG**


 **JANUARY 2020**  
**N214.71**


 Beef,  
boneless


 **UNIT OF MEASUREMENT**  
**1KG**


 **JANUARY 2020**  
**N1329.15**


 Garri  
white,sold  
Loose


 **UNIT OF MEASUREMENT**  
**1KG**


 **JANUARY 2020**  
**N154.81**


 Beans  
brown,  
sold loose


 **UNIT OF MEASUREMENT**  
**1KG**


 **JANUARY 2020**  
**N287.60**


 Bread  
sliced  
500g


 **UNIT OF MEASUREMENT**  
**1 loaf**


 **JANUARY 2020**  
**N288.10**


 Palm oil:  
1 bottle


 **UNIT OF MEASUREMENT**  
**1Ltr**


 **JANUARY 2020**  
**N496.30**


 Onion bulb

 **UNIT OF MEASUREMENT**  
**1KG**

 **JANUARY 2020**  
**N217.84**

 Wheat flour:  
prepacked  
(golden penny  
2kg

 **UNIT OF MEASUREMENT**  
**2KG**

 **JANUARY 2020**  
**N585.43**

# SELECTED FOOD PRICE WATCH - JANUARY 2020

## Lagos State






	Unit of Measurement	Jan-20	JAN 2019- JAN 2020)	DEC 2019- JAN 2020
Agric eggs medium size	1 Dozen	451.36	-2.21	-0.69
Agric eggs(medium size price of one)	1 Piece	39.09	-2.27	-7.7
Beans brown,sold loose	1Kg	287.6	-38.47	10.75
Beans:white black eye. sold loose	1Kg	306.66	-30.3	2.25
Beef Bone in	1Kg	1148.74	-6.13	-2.25
Beef,boneless	1Kg	1329.15	1.26	0.82
Bread sliced 500g	1 loaf	288.1	-6.71	-2.42
Bread unsliced 500g	1 loaf	252.38	-1.98	-2.75
Broken Rice (Ofada)	1Kg	548.46	1.57	-0.57
Chicken Feet	1Kg	704.08	-23.19	-3.11
Chicken Wings	1Kg	1002.5	-11.22	-0.41
Evaporated tinned milk carnation 170g	1 unit	155.71	2.37	3.81
Evaporated tinned milk(peak), 170g	1 unit	195	-11.36	-0.61
Frozen chicken	1 unit	1650	28.59	-1.75
Gari white,sold loose	1Kg	154.81	13.82	22.29
Gari yellow,sold loose	1Kg	189.86	-3.35	25.89
Mudfish (aro) fresh	1Kg	1086.67	-2.98	6.7
Mudfish : dried	1Kg	1781.44	-13.59	-2.2
Onion bulb	1Kg	217.84	-6.64	-17.7
Rice agric sold loose	1Kg	361.33	16.85	-1.57
Rice local sold loose	1Kg	401.79	19.62	-4.17
Rice Medium Grained	1Kg	330.15	-1.52	1.43
Rice,imported high quality sold loose	1Kg	391.09	21.24	8.22
Tomato	1Kg	208.65	-55.29	-14.47
Yam tuber	1Kg	214.71	-8.57	-11.97
Dried Fish Sardine	1Kg	1248.53	-11.67	6.47
Iced Sardine	1Kg	983.61	9.45	-2.19
Irish potato	1Kg	308.31	-0.55	-18.24
Sweet potato	1Kg	181.97	-16.15	-19.61
Tilapia fish (epiya) fresh	1Kg	827.21	-30.11	0.47
Titus:frozen	1Kg	947.73	-3.5	-6.94
Catfish (obokun) fresh	1Kg	1265.48	-9.36	-1.77
Catfish :dried	1Kg	1568.61	-12.02	-3.02
Catfish Smoked	1Kg	1542.22	-1.2	-2.08
Mackerel : frozen	1Kg	847.62	-6.56	-6.16
Groundnut oil: 1 bottle, specify bottle	1Ltr	533.33	-3.66	-2.44
Maize grain white sold loose	1Kg	246.57	7.76	20.3
Maize grain yellow sold loose	1Kg	254.51	8.77	20.85
Palm oil: 1 bottle,specify bottle	1Ltr	496.3	11.67	-3.6
Plantain(ripe)	1Kg	236.42	7.01	2.03
Plantain(unripe)	1Kg	236.1	21	-17.69
Vegetable oil:1 bottle,specify bottle	1Ltr	557.89	4.79	-1.03
Wheat flour: prepacked (golden penny 2kg)	2Kg	585.43	-4.21	-0.45
AVERAGE			-3.47	-0.63


# SELECTED FOOD PRICE WATCH - JANUARY 2020



## Nasarawa State







  
 Tomato


	
UNIT OF MEASUREMENT	JANUARY 2020
<b>1KG</b>	<b>N131.75</b>




  
 Rice  
 Local sold  
 Loose


	
UNIT OF MEASUREMENT	JANUARY 2020
<b>1KG</b>	<b>N274.48</b>




  
 Yam Tuber


	
UNIT OF MEASUREMENT	JANUARY 2020
<b>1KG</b>	<b>N94.43</b>




  
 Beef,  
 boneless


	
UNIT OF MEASUREMENT	JANUARY 2020
<b>1KG</b>	<b>N1233.33</b>




  
 Garri  
 white,sold  
 Loose


	
UNIT OF MEASUREMENT	JANUARY 2020
<b>1KG</b>	<b>N118.95</b>




  
 Beans  
 brown,  
 sold loose


	
UNIT OF MEASUREMENT	JANUARY 2020
<b>1KG</b>	<b>N251.85</b>




  
 Bread  
 sliced  
 500g


	
UNIT OF MEASUREMENT	JANUARY 2020
<b>1 loaf</b>	<b>N320.91</b>




  
 Palm oil:  
 1 bottle

	
UNIT OF MEASUREMENT	JANUARY 2020
<b>1Ltr</b>	<b>N485.15</b>


  
 Onion bulb

	
UNIT OF MEASUREMENT	JANUARY 2020
<b>1KG</b>	<b>N196.39</b>


  
 Wheat flour:  
 prepacked  
 (golden penny  
 2kg

	
UNIT OF MEASUREMENT	JANUARY 2020
<b>2KG</b>	<b>N708.75</b>

# SELECTED FOOD PRICE WATCH - JANUARY 2020

## Nasarawa State









	Unit of Measurement	Jan-20	JAN 2019-JAN 2020)	DEC 2019-JAN 2020
Agric eggs medium size	1 Dozen	445.24	-6.85	-6.36
Agric eggs(medium size price of one)	1 Piece	40	-4.76	0
Beans brown,sold loose	1Kg	251.85	-27.33	-1.49
Beans:white black eye. sold loose	1Kg	228.67	-26.3	-0.42
Beef Bone in	1Kg	1009.64	-16.46	-0.31
Beef,boneless	1Kg	1233.33	2.78	-3.2
Bread sliced 500g	1 loaf	320.91	-3.73	-0.41
Bread unsliced 500g	1 loaf	269.29	-10.24	-1.26
Broken Rice (Ofada)	1Kg	304.48	-13.58	-0.76
Chicken Feet	1Kg	629.67	-34.82	-0.95
Chicken Wings	1Kg	750	-29.95	-1.87
Evaporated tinned milk carnation 170g	1 unit	150	-12.9	-16.67
Evaporated tinned milk(peak), 170g	1 unit	193.5	1.49	-0.37
Frozen chicken	1 unit	1997.56	36.56	-0.12
Gari white,sold loose	1Kg	118.95	-32.24	1.66
Gari yellow,sold loose	1Kg	165.91	-14.44	-2.58
Mudfish (aro) fresh	1Kg	995.45	0.07	-4.05
Mudfish : dried	1Kg	1341.87	-4.79	-2.13
Onion bulb	1Kg	196.39	-19.01	-14.86
Rice agric sold loose	1Kg	339.08	19.72	1.72
Rice local sold loose	1Kg	274.48	-3.6	3.29
Rice Medium Grained	1Kg	369.02	11.85	3.46
Rice,imported high quality sold loose	1Kg	425.56	38.71	-0.63
Tomato	1Kg	131.75	-66.94	-16.8
Yam tuber	1Kg	94.43	-69.06	-35.3
Dried Fish Sardine	1Kg	1400.12	16.65	-0.65
Iced Sardine	1Kg	955.5	0.76	-8.31
Irish potato	1Kg	207.67	-21.39	-22.48
Sweet potato	1Kg	178.95	5.68	-12.67
Tilapia fish (epiya) fresh	1Kg	899.25	-22.82	-6
Titus:frozen	1Kg	985.77	-13.42	-2.08
Catfish (obokun) fresh	1Kg	851.52	-27.53	4.22
Catfish :dried	1Kg	1418.5	-21.45	-5.78
Catfish Smoked	1Kg	1307.41	3.56	3.02
Mackerel : frozen	1Kg	985.56	-3.85	-0.21
Groundnut oil: 1 bottle, specify bottle	1Ltr	559.2	-2.28	-0.39
Maize grain white sold loose	1Kg	101.75	-14.78	-11.85
Maize grain yellow sold loose	1Kg	104.21	-9.75	-11.09
Palm oil: 1 bottle,specify bottle	1Ltr	485.15	-3.83	-0.31
Plantain(ripe)	1Kg	252.48	6.39	-16.22
Plantain(unripe)	1Kg	192.5	2.92	-4.45
Vegetable oil:1 bottle,specify bottle	1Ltr	569.05	12.68	-0.42
Wheat flour: prepacked (golden penny 2kg)	2Kg	708.75	13.4	-3.57
AVERAGE			-8.49	-4.64




# SELECTED FOOD PRICE WATCH - JANUARY 2020




## Niger State









		
Tomato	UNIT OF MEASUREMENT <b>1KG</b>	JANUARY 2020 <b>N200.00</b>




		
Rice Local sold Loose	UNIT OF MEASUREMENT <b>1KG</b>	JANUARY 2020 <b>N218.53</b>




		
Yam Tuber	UNIT OF MEASUREMENT <b>1KG</b>	JANUARY 2020 <b>N134.41</b>




		
Beef, boneless	UNIT OF MEASUREMENT <b>1KG</b>	JANUARY 2020 <b>N1203.04</b>




		
Garri white,sold Loose	UNIT OF MEASUREMENT <b>1KG</b>	JANUARY 2020 <b>N117.44</b>

		
Beans brown, sold loose	UNIT OF MEASUREMENT <b>1KG</b>	JANUARY 2020 <b>N196.78</b>

		
Bread sliced 500g	UNIT OF MEASUREMENT <b>1 loaf</b>	JANUARY 2020 <b>N304.55</b>

		
Palm oil: 1 bottle	UNIT OF MEASUREMENT <b>1Ltr</b>	JANUARY 2020 <b>N453.33</b>

		
Onion bulb	UNIT OF MEASUREMENT <b>1KG</b>	JANUARY 2020 <b>N205.76</b>

		
Wheat flour: prepacked (golden penny 2kg	UNIT OF MEASUREMENT <b>2KG</b>	JANUARY 2020 <b>N571.43</b>



# SELECTED FOOD PRICE WATCH - JANUARY 2020

## Niger State





	Unit of Measurement	Jan-20	JAN 2019- JAN 2020)	DEC 2019- JAN 2020
Agric eggs medium size	1 Dozen	448.75	-8.68	-2.14
Agric eggs(medium size price of one)	1 Piece	39.38	-6.88	-0.61
Beans brown,sold loose	1Kg	196.78	-40.38	1.3
Beans:white black eye. sold loose	1Kg	193.64	-36.45	-2.01
Beef Bone in	1Kg	1007.75	-10.17	-0.15
Beef,boneless	1Kg	1203.04	-4.45	4.63
Bread sliced 500g	1 loaf	304.55	2.37	1.52
Bread unsliced 500g	1 loaf	281.82	3.74	5.68
Broken Rice (Ofada)	1Kg	480.85	42.2	11.19
Chicken Feet	1Kg	872.5	-25.35	-4.5
Chicken Wings	1Kg	888.15	-22.49	-2.94
Evaporated tinned milk carnation 170g	1 unit	153.69	2.46	2.46
Evaporated tinned milk(peak), 170g	1 unit	187.33	13.54	4.91
Frozen chicken	1 unit	1810	18.04	-1.11
Gari white,sold loose	1Kg	117.44	-21.9	-8.09
Gari yellow,sold loose	1Kg	204.76	-6.78	-4.3
Mudfish (aro) fresh	1Kg	929.91	3.32	-2.11
Mudfish : dried	1Kg	1577.46	-7.4	-0.33
Onion bulb	1Kg	205.76	-24.11	-19.24
Rice agric sold loose	1Kg	262.93	-32.16	2.25
Rice local sold loose	1Kg	218.53	-8.11	5.51
Rice Medium Grained	1Kg	303.25	-13.94	1.08
Rice,imported high quality sold loose	1Kg	360.79	12.36	-1.38
Tomato	1Kg	200	-12.97	-14.92
Yam tuber	1Kg	134.41	-34.23	-5.22
Dried Fish Sardine	1Kg	1421.43	9.71	1.5
Iced Sardine	1Kg	993.99	4.03	-7.29
Irish potato	1Kg	198.03	-1.17	-20.21
Sweet potato	1Kg	170.44	-5.73	-3.82
Tilapia fish (epiya) fresh	1Kg	757.48	-19.66	-5.72
Titus:frozen	1Kg	903.77	-12.87	-2.4
Catfish (obokun) fresh	1Kg	893.28	-16.52	-0.9
Catfish :dried	1Kg	1285.4	-0.23	2.94
Catfish Smoked	1Kg	1250	-2.86	2.71
Mackerel : frozen	1Kg	984.17	-6.27	-6.52
Groundnut oil: 1 bottle, specify bottle	1Ltr	433.83	-14.86	1.91
Maize grain white sold loose	1Kg	122.17	6.16	-0.79
Maize grain yellow sold loose	1Kg	110.11	-7.51	-5.88
Palm oil: 1 bottle,specify bottle	1Ltr	453.33	0.21	-7.57
Plantain(ripe)	1Kg	251.17	24.22	-6.7
Plantain(unripe)	1Kg	242.24	-11.4	-7.34
Vegetable oil:1 bottle,specify bottle	1Ltr	428.89	-5.46	3.1
Wheat flour: prepacked (golden penny 2kg)	2Kg	571.43	-7.83	-6.07
AVERAGE			-6.66	-2.27


# SELECTED FOOD PRICE WATCH - JANUARY 2020


## Ogun State





 Tomato

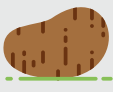
 **UNIT OF MEASUREMENT**  
**1KG**


 **JANUARY 2020**  
**N228.73**


 Rice  
Local sold  
Loose


 **UNIT OF MEASUREMENT**  
**1KG**


 **JANUARY 2020**  
**N380.82**


 Yam Tuber


 **UNIT OF MEASUREMENT**  
**1KG**


 **JANUARY 2020**  
**N200.01**


 Beef,  
boneless


 **UNIT OF MEASUREMENT**  
**1KG**


 **JANUARY 2020**  
**N1147.60**


 Garri  
white,sold  
Loose


 **UNIT OF MEASUREMENT**  
**1KG**


 **JANUARY 2020**  
**N131.37**


 Beans  
brown,  
sold loose


 **UNIT OF MEASUREMENT**  
**1KG**


 **JANUARY 2020**  
**N243.90**


 Bread  
sliced  
500g


 **UNIT OF MEASUREMENT**  
**1 loaf**


 **JANUARY 2020**  
**N303.18**


 Palm oil:  
1 bottle


 **UNIT OF MEASUREMENT**  
**1Ltr**


 **JANUARY 2020**  
**N440.74**


 Onion bulb

 **UNIT OF MEASUREMENT**  
**1KG**

 **JANUARY 2020**  
**N305.53**

 Wheat flour:  
prepacked  
(golden penny  
2kg

 **UNIT OF MEASUREMENT**  
**2KG**

 **JANUARY 2020**  
**N592.50**

# SELECTED FOOD PRICE WATCH - JANUARY 2020

## Ogun State









	Unit of Measurement	Jan-20	JAN 2019-JAN 2020)	DEC 2019-JAN 2020
Agric eggs medium size	1 Dozen	470.75	9.88	-2.76
Agric eggs(medium size price of one)	1 Piece	40.17	0.51	-5.54
Beans brown,sold loose	1Kg	243.9	-44.56	3.93
Beans:white black eye. sold loose	1Kg	229.51	-37.78	-2.23
Beef Bone in	1Kg	828.41	-5.32	5.13
Beef,boneless	1Kg	1147.6	-1.74	-2.63
Bread sliced 500g	1 loaf	303.18	2.2	-0.52
Bread unsliced 500g	1 loaf	271.43	6.87	1.28
Broken Rice (Ofada)	1Kg	505.83	-1.8	-4.23
Chicken Feet	1Kg	741.67	5.95	-5.72
Chicken Wings	1Kg	1230	12.91	-0.68
Evaporated tinned milk carnation 170g	1 unit	150	-14.6	-3.23
Evaporated tinned milk(peak), 170g	1 unit	203.75	-11.41	-3.18
Frozen chicken	1 unit	1580	20.41	-1.59
Gari white,sold loose	1Kg	131.37	2.87	-4.34
Gari yellow,sold loose	1Kg	181.72	4.37	-3.24
Mudfish (aro) fresh	1Kg	954.48	-17.8	-3.63
Mudfish : dried	1Kg	2331.34	-5.16	-3.8
Onion bulb	1Kg	305.53	0.09	-0.4
Rice agric sold loose	1Kg	404.59	15.17	0.96
Rice local sold loose	1Kg	380.82	10.39	-1.67
Rice Medium Grained	1Kg	398.88	36.78	-10.8
Rice,imported high quality sold loose	1Kg	412.5	21.73	-0.63
Tomato	1Kg	228.73	-8.7	-20.03
Yam tuber	1Kg	200.01	-36.58	-14.53
Dried Fish Sardine	1Kg	1427.99	25.66	1.7
Iced Sardine	1Kg	730	23.49	-2.03
Irish potato	1Kg	280.4	4.15	-5.1
Sweet potato	1Kg	122.32	0.92	1
Tilapia fish (epiya) fresh	1Kg	853.71	0.3	-6.17
Titus:frozen	1Kg	950.23	17.88	0.95
Catfish (obokun) fresh	1Kg	829.41	-14.86	-3.28
Catfish :dried	1Kg	1721.72	-13.43	-2.15
Catfish Smoked	1Kg	1565.66	5.84	-0.42
Mackerel : frozen	1Kg	825.11	1.19	-3.59
Groundnut oil: 1 bottle, specify bottle	1Ltr	553.33	22.06	-6.74
Maize grain white sold loose	1Kg	144.14	-4.76	16.45
Maize grain yellow sold loose	1Kg	155.62	1.96	19.14
Palm oil: 1 bottle,specify bottle	1Ltr	440.74	-0.83	-7.36
Plantain(ripe)	1Kg	125.01	-27.08	-18.79
Plantain(unripe)	1Kg	121.31	-18.57	-21.39
Vegetable oil:1 bottle,specify bottle	1Ltr	554.81	3.05	-2.39
Wheat flour: prepacked (golden penny 2kg)	2Kg	592.5	-2.87	0.42
AVERAGE			-0.26	-2.88




# SELECTED FOOD PRICE WATCH - JANUARY 2020




## Ondo State









		
Tomato	UNIT OF MEASUREMENT <b>1KG</b>	JANUARY 2020 <b>N280.15</b>




		
Rice Local sold Loose	UNIT OF MEASUREMENT <b>1KG</b>	JANUARY 2020 <b>N379.53</b>




		
Yam Tuber	UNIT OF MEASUREMENT <b>1KG</b>	JANUARY 2020 <b>N156.51</b>




		
Beef, boneless	UNIT OF MEASUREMENT <b>1KG</b>	JANUARY 2020 <b>N1370.48</b>




		
Garri white,sold Loose	UNIT OF MEASUREMENT <b>1KG</b>	JANUARY 2020 <b>N129.57</b>

		
Beans brown, sold loose	UNIT OF MEASUREMENT <b>1KG</b>	JANUARY 2020 <b>N327.62</b>

		
Bread sliced 500g	UNIT OF MEASUREMENT <b>1 loaf</b>	JANUARY 2020 <b>N255.56</b>

		
Palm oil: 1 bottle	UNIT OF MEASUREMENT <b>1Ltr</b>	JANUARY 2020 <b>N438.60</b>

		
Onion bulb	UNIT OF MEASUREMENT <b>1KG</b>	JANUARY 2020 <b>N332.72</b>

		
Wheat flour: prepacked (golden penny 2kg	UNIT OF MEASUREMENT <b>2KG</b>	JANUARY 2020 <b>N631.33</b>

# SELECTED FOOD PRICE WATCH - JANUARY 2020

## Ondo State






	Unit of Measurement	Jan-20	JAN 2019- JAN 2020)	DEC 2019- JAN 2020
Agric eggs medium size	1 Dozen	471.43	-1.79	-1.65
Agric eggs(medium size price of one)	1 Piece	39.72	-5.42	-7.62
Beans brown,sold loose	1Kg	327.62	-19.28	4.43
Beans:white black eye. sold loose	1Kg	214.29	-29.77	-3.5
Beef Bone in	1Kg	960.23	11.65	-3.79
Beef,boneless	1Kg	1370.48	1.51	-1.43
Bread sliced 500g	1 loaf	255.56	-0.81	-0.17
Bread unsliced 500g	1 loaf	247.22	-8.44	1.02
Broken Rice (Ofada)	1Kg	418.69	6.96	-0.01
Chicken Feet	1Kg	998.23	-13.92	-3.08
Chicken Wings	1Kg	1058.26	-10.27	-2.4
Evaporated tinned milk carnation 170g	1 unit	157.14	-5.87	3.61
Evaporated tinned milk(peak), 170g	1 unit	193.33	-12.12	-1.11
Frozen chicken	1 unit	1867.43	38.81	-0.55
Gari white,sold loose	1Kg	129.57	-4.69	-5.79
Gari yellow,sold loose	1Kg	141.43	-34.48	-12.13
Mudfish (aro) fresh	1Kg	920.93	4.51	6.34
Mudfish : dried	1Kg	1604.34	2.42	-1.45
Onion bulb	1Kg	332.72	28.48	-3.73
Rice agric sold loose	1Kg	382.35	18.55	-4.38
Rice local sold loose	1Kg	379.53	24.06	0.45
Rice Medium Grained	1Kg	435.5	27.75	-0.18
Rice,imported high quality sold loose	1Kg	403.85	11.44	-2.9
Tomato	1Kg	280.15	9.04	-13.89
Yam tuber	1Kg	156.51	-6.1	-3.74
Dried Fish Sardine	1Kg	1250.19	10.73	3.64
Iced Sardine	1Kg	839.73	-1.99	3.31
Irish potato	1Kg	202.55	-20.43	-7.9
Sweet potato	1Kg	127.29	-2.45	13.56
Tilapia fish (epiya) fresh	1Kg	798.16	-11.92	-8.61
Titus:frozen	1Kg	832.35	-15.43	-2.27
Catfish (obokun) fresh	1Kg	856.83	-3.63	-5.92
Catfish :dried	1Kg	1419.05	-15.23	-3.79
Catfish Smoked	1Kg	1398.2	5.92	-0.48
Mackerel : frozen	1Kg	895.13	-0.82	-1.42
Groundnut oil: 1 bottle, specify bottle	1Ltr	545	-15.86	-5.3
Maize grain white sold loose	1Kg	144.73	-1.71	0.31
Maize grain yellow sold loose	1Kg	148.06	7.11	1.51
Palm oil: 1 bottle,specify bottle	1Ltr	438.6	-2.13	-2.97
Plantain(ripe)	1Kg	215.66	-28.96	3.43
Plantain(unripe)	1Kg	205.44	-41.43	-4.01
Vegetable oil:1 bottle,specify bottle	1Ltr	540.7	2.66	-4.91
Wheat flour: prepacked (golden penny 2kg)	2Kg	631.33	-2.87	-9
AVERAGE			-2.47	-2.06


# SELECTED FOOD PRICE WATCH - JANUARY 2020



## Osun State

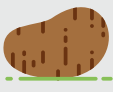





  
 Tomato


	
UNIT OF MEASUREMENT	JANUARY 2020
<b>1KG</b>	<b>N167.81</b>




  
 Rice  
 Local sold  
 Loose


	
UNIT OF MEASUREMENT	JANUARY 2020
<b>1KG</b>	<b>N344.02</b>




  
 Yam Tuber


	
UNIT OF MEASUREMENT	JANUARY 2020
<b>1KG</b>	<b>N273.22</b>




  
 Beef,  
 boneless


	
UNIT OF MEASUREMENT	JANUARY 2020
<b>1KG</b>	<b>N1238.19</b>




  
 Garri  
 white,sold  
 Loose


	
UNIT OF MEASUREMENT	JANUARY 2020
<b>1KG</b>	<b>N124.31</b>




  
 Beans  
 brown,  
 sold loose


	
UNIT OF MEASUREMENT	JANUARY 2020
<b>1KG</b>	<b>N246.00</b>




  
 Bread  
 sliced  
 500g


	
UNIT OF MEASUREMENT	JANUARY 2020
<b>1 loaf</b>	<b>N319.09</b>




  
 Palm oil:  
 1 bottle

	
UNIT OF MEASUREMENT	JANUARY 2020
<b>1Ltr</b>	<b>N422.96</b>


  
 Onion bulb

	
UNIT OF MEASUREMENT	JANUARY 2020
<b>1KG</b>	<b>N200.24</b>


  
 Wheat flour:  
 prepacked  
 (golden penny  
 2kg

	
UNIT OF MEASUREMENT	JANUARY 2020
<b>2KG</b>	<b>N643.85</b>

# SELECTED FOOD PRICE WATCH - JANUARY 2020

## Osun State





	Unit of Measurement	Jan-20	JAN 2019-JAN 2020)	DEC 2019-JAN 2020
Agric eggs medium size	1 Dozen	411.25	-0.64	-0.9
Agric eggs(medium size price of one)	1 Piece	36.58	-8.55	-0.56
Beans brown,sold loose	1Kg	246	-41.89	-13.39
Beans:white black eye. sold loose	1Kg	232.81	-28.06	3.7
Beef Bone in	1Kg	807.92	2.99	1.12
Beef,boneless	1Kg	1238.19	-3.78	1.07
Bread sliced 500g	1 loaf	319.09	2.22	-0.11
Bread unsliced 500g	1 loaf	257.5	-4.63	1.55
Broken Rice (Ofada)	1Kg	411	6.72	2.07
Chicken Feet	1Kg	759.03	-17.06	-2.69
Chicken Wings	1Kg	960.15	-16.71	1.07
Evaporated tinned milk carnation 170g	1 unit	169.02	-9.47	-0.58
Evaporated tinned milk(peak), 170g	1 unit	203.33	1.67	0.66
Frozen chicken	1 unit	1758.33	18.4	-2.04
Gari white,sold loose	1Kg	124.31	-9.04	5.42
Gari yellow,sold loose	1Kg	128.06	-10.17	0.77
Mudfish (aro) fresh	1Kg	914.43	-9	-6.37
Mudfish : dried	1Kg	1575.21	-2.33	-2.64
Onion bulb	1Kg	200.24	-19.9	-12.64
Rice agric sold loose	1Kg	301.14	-0.9	-14.26
Rice local sold loose	1Kg	344.02	34.08	-4.09
Rice Medium Grained	1Kg	383.48	23.44	9.4
Rice,imported high quality sold loose	1Kg	363.27	9.7	-0.23
Tomato	1Kg	167.81	-18.96	-21.07
Yam tuber	1Kg	273.22	-8.41	-11.57
Dried Fish Sardine	1Kg	1474.36	-4.85	-4.18
Iced Sardine	1Kg	658.04	1.05	-5.71
Irish potato	1Kg	225	-29.21	-13.46
Sweet potato	1Kg	89.02	-34.1	-0.21
Tilapia fish (epiya) fresh	1Kg	766.67	-4.28	-3.48
Titus:frozen	1Kg	770.32	-8.17	-3.41
Catfish (obokun) fresh	1Kg	871.15	0.42	-3.46
Catfish :dried	1Kg	1680.29	-14.83	-1.46
Catfish Smoked	1Kg	1595.02	22.73	-0.97
Mackerel : frozen	1Kg	963.55	11.42	1.05
Groundnut oil: 1 bottle, specify bottle	1Ltr	647.62	12.21	5.59
Maize grain white sold loose	1Kg	95.39	-28.77	-33.73
Maize grain yellow sold loose	1Kg	98.84	-26.79	-10.38
Palm oil: 1 bottle,specify bottle	1Ltr	422.96	-4.18	0.71
Plantain(ripe)	1Kg	152.75	-32.18	-2.47
Plantain(unripe)	1Kg	178.73	-27.72	1.19
Vegetable oil:1 bottle,specify bottle	1Ltr	544.31	11.85	6.9
Wheat flour: prepacked (golden penny 2kg)	2Kg	643.85	0.42	0.6
AVERAGE			-6.17	-3.1


# SELECTED FOOD PRICE WATCH - JANUARY 2020


## Oyo State





 Tomato

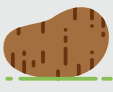
 **UNIT OF MEASUREMENT**  
**1KG**


 **JANUARY 2020**  
**N213.31**


 Rice  
Local sold Loose


 **UNIT OF MEASUREMENT**  
**1KG**


 **JANUARY 2020**  
**N338.82**


 Yam Tuber


 **UNIT OF MEASUREMENT**  
**1KG**


 **JANUARY 2020**  
**N203.50**


 Beef,  
boneless


 **UNIT OF MEASUREMENT**  
**1KG**


 **JANUARY 2020**  
**N1170.94**


 Garri  
white,sold Loose


 **UNIT OF MEASUREMENT**  
**1KG**


 **JANUARY 2020**  
**N141.86**


 Beans  
brown,  
sold loose


 **UNIT OF MEASUREMENT**  
**1KG**


 **JANUARY 2020**  
**N300.19**


 Bread  
sliced  
500g


 **UNIT OF MEASUREMENT**  
**1 loaf**


 **JANUARY 2020**  
**N299.47**


 Palm oil:  
1 bottle


 **UNIT OF MEASUREMENT**  
**1Ltr**


 **JANUARY 2020**  
**N417.04**


 Onion bulb

 **UNIT OF MEASUREMENT**  
**1KG**

 **JANUARY 2020**  
**N206.26**

 Wheat flour:  
prepacked  
(golden penny  
2kg

 **UNIT OF MEASUREMENT**  
**2KG**

 **JANUARY 2020**  
**N655.00**



# SELECTED FOOD PRICE WATCH - JANUARY 2020

## Oyo State






	Unit of Measurement	Jan-20	JAN 2019-JAN 2020)	DEC 2019-JAN 2020
Agric eggs medium size	1 Dozen	432	-6.09	-2.92
Agric eggs(medium size price of one)	1 Piece	36.75	-8.67	-3.76
Beans brown,sold loose	1Kg	300.19	-30.71	-7.97
Beans:white black eye. sold loose	1Kg	290.63	-14.97	1.95
Beef Bone in	1Kg	966.16	21.85	0.47
Beef,boneless	1Kg	1170.94	3.54	1.26
Bread sliced 500g	1 loaf	299.47	-5.85	-0.18
Bread unsliced 500g	1 loaf	255.5	0.21	-9.56
Broken Rice (Ofada)	1Kg	520.16	-29.61	-3.23
Chicken Feet	1Kg	800	-17.32	-1.35
Chicken Wings	1Kg	900.23	-13.21	-2.15
Evaporated tinned milk carnation 170g	1 unit	154	-2.12	-2.53
Evaporated tinned milk(peak), 170g	1 unit	198	-10	3.13
Frozen chicken	1 unit	2480	47.56	-2.36
Gari white,sold loose	1Kg	141.86	34.28	-6.14
Gari yellow,sold loose	1Kg	200	66.19	-10.31
Mudfish (aro) fresh	1Kg	804.21	-11.98	1.33
Mudfish : dried	1Kg	1550.09	-3.88	-2.28
Onion bulb	1Kg	206.26	-18.85	-5.27
Rice agric sold loose	1Kg	435.44	36.68	3.28
Rice local sold loose	1Kg	338.82	20.47	-5.13
Rice Medium Grained	1Kg	426.4	29.63	6.21
Rice,imported high quality sold loose	1Kg	473.72	37.27	4.38
Tomato	1Kg	213.31	17.7	-8.83
Yam tuber	1Kg	203.5	-25	-11.03
Dried Fish Sardine	1Kg	1059.96	9.27	4.7
Iced Sardine	1Kg	771.49	16.93	-3.57
Irish potato	1Kg	204.44	-31.85	-16.18
Sweet potato	1Kg	151.48	24.3	-13.13
Tilapia fish (epiya) fresh	1Kg	806.15	5	-0.67
Titus:frozen	1Kg	895.27	10.49	0.05
Catfish (obokun) fresh	1Kg	908.33	0.33	-1.87
Catfish :dried	1Kg	1592.93	-16.08	-2.02
Catfish Smoked	1Kg	1422.05	12.27	-1.04
Mackerel : frozen	1Kg	762.99	-3.07	-4.49
Groundnut oil: 1 bottle, specify bottle	1Ltr	644.44	10.6	-5.06
Maize grain white sold loose	1Kg	109.54	-3.28	-18.95
Maize grain yellow sold loose	1Kg	107.14	-9.95	-20.69
Palm oil: 1 bottle,specify bottle	1Ltr	417.04	-4.35	-11.89
Plantain(ripe)	1Kg	207.42	12.09	8.99
Plantain(unripe)	1Kg	216.37	0.42	7.98
Vegetable oil:1 bottle,specify bottle	1Ltr	580.74	8.46	0.85
Wheat flour: prepacked (golden penny 2kg)	2Kg	655	19.09	4.11
AVERAGE			4.13	-3.16


# SELECTED FOOD PRICE WATCH - JANUARY 2020



## Plateau State

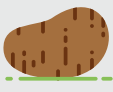





  
 Tomato


	
UNIT OF MEASUREMENT	JANUARY 2020
<b>1KG</b>	<b>N202.23</b>




  
 Rice  
 Local sold  
 Loose


	
UNIT OF MEASUREMENT	JANUARY 2020
<b>1KG</b>	<b>N288.53</b>




  
 Yam Tuber


	
UNIT OF MEASUREMENT	JANUARY 2020
<b>1KG</b>	<b>N174.41</b>




  
 Beef,  
 boneless


	
UNIT OF MEASUREMENT	JANUARY 2020
<b>1KG</b>	<b>N1283.04</b>




  
 Garri  
 white,sold  
 Loose


	
UNIT OF MEASUREMENT	JANUARY 2020
<b>1KG</b>	<b>N117.44</b>




  
 Beans  
 brown,  
 sold loose


	
UNIT OF MEASUREMENT	JANUARY 2020
<b>1KG</b>	<b>N236.78</b>




  
 Bread  
 sliced  
 500g


	
UNIT OF MEASUREMENT	JANUARY 2020
<b>1 loaf</b>	<b>N304.55</b>




  
 Palm oil:  
 1 bottle

	
UNIT OF MEASUREMENT	JANUARY 2020
<b>1Ltr</b>	<b>N493.33</b>


  
 Onion bulb

	
UNIT OF MEASUREMENT	JANUARY 2020
<b>1KG</b>	<b>N200.76</b>


  
 Wheat flour:  
 prepacked  
 (golden penny  
 2kg

	
UNIT OF MEASUREMENT	JANUARY 2020
<b>2KG</b>	<b>N571.43</b>

# SELECTED FOOD PRICE WATCH - JANUARY 2020

## Plateau State









	Unit of Measurement	Jan-20	JAN 2019-JAN 2020)	DEC 2019-JAN 2020
Agric eggs medium size	1 Dozen	468.75	-0.52	1.02
Agric eggs(medium size price of one)	1 Piece	39.38	-2.38	-2.69
Beans brown,sold loose	1Kg	236.78	-36.91	2.77
Beans:white black eye. sold loose	1Kg	303.64	2.64	1.55
Beef Bone in	1Kg	1027.75	-11.4	0.27
Beef,boneless	1Kg	1283.04	0.41	0.37
Bread sliced 500g	1 loaf	304.55	8.77	-6.45
Bread unsliced 500g	1 loaf	281.82	0.65	-6.06
Broken Rice (Ofada)	1Kg	387.85	1.85	2.02
Chicken Feet	1Kg	672.5	-18.73	-7.77
Chicken Wings	1Kg	708.15	-23.27	-2.18
Evaporated tinned milk carnation 170g	1 unit	150	4.17	0
Evaporated tinned milk(peak), 170g	1 unit	167.33	-8.83	7.96
Frozen chicken	1 unit	3180.45	14.61	-1.23
Gari white,sold loose	1Kg	117.44	-41.89	-15.56
Gari yellow,sold loose	1Kg	204.76	-2.55	-6.67
Mudfish (aro) fresh	1Kg	909.91	-20.29	-5.71
Mudfish : dried	1Kg	1477.46	-16.37	-4.51
Onion bulb	1Kg	200.76	-19.69	-15.06
Rice agric sold loose	1Kg	302.93	0.82	-13.45
Rice local sold loose	1Kg	288.53	-5.65	2.11
Rice Medium Grained	1Kg	341.03	3.66	-2.92
Rice,imported high quality sold loose	1Kg	400.79	20.66	-0.76
Tomato	1Kg	202.23	-1.93	-14.71
Yam tuber	1Kg	174.41	-38.22	-5.36
Dried Fish Sardine	1Kg	1391.43	6.61	-0.23
Iced Sardine	1Kg	993.99	-5.33	-6.03
Irish potato	1Kg	238.03	-10.44	-12.67
Sweet potato	1Kg	150.44	-41.06	-15.89
Tilapia fish (epiya) fresh	1Kg	847.48	-10.79	-0.3
Titus:frozen	1Kg	903.77	-19.24	-7.23
Catfish (obokun) fresh	1Kg	933.28	-23.81	-9.39
Catfish :dried	1Kg	1955.4	-17.31	-1.05
Catfish Smoked	1Kg	1450	-5.09	-1.8
Mackerel : frozen	1Kg	904.17	-21.38	-4.32
Groundnut oil: 1 bottle, specify bottle	1Ltr	473.83	-1.29	-10.41
Maize grain white sold loose	1Kg	122.17	-2.63	-23.3
Maize grain yellow sold loose	1Kg	100.11	-21.48	-3.36
Palm oil: 1 bottle,specify bottle	1Ltr	493.33	-7.5	-6.11
Plantain(ripe)	1Kg	281.17	-1.92	-10.3
Plantain(unripe)	1Kg	212.24	-44.97	-9.68
Vegetable oil:1 bottle,specify bottle	1Ltr	498.89	-4.67	-5.11
Wheat flour: prepacked (golden penny 2kg)	2Kg	571.43	-12.63	-5.88
AVERAGE			-10.12	-5.26




# SELECTED FOOD PRICE WATCH - JANUARY 2020




## Rivers State









		
Tomato	UNIT OF MEASUREMENT <b>1KG</b>	JANUARY 2020 <b>N374.22</b>




		
Rice Local sold Loose	UNIT OF MEASUREMENT <b>1KG</b>	JANUARY 2020 <b>N454.64</b>




		
Yam Tuber	UNIT OF MEASUREMENT <b>1KG</b>	JANUARY 2020 <b>N218.26</b>




		
Beef, boneless	UNIT OF MEASUREMENT <b>1KG</b>	JANUARY 2020 <b>N1311.03</b>




		
Garri white,sold Loose	UNIT OF MEASUREMENT <b>1KG</b>	JANUARY 2020 <b>N201.70</b>

		
Beans brown, sold loose	UNIT OF MEASUREMENT <b>1KG</b>	JANUARY 2020 <b>N391.85</b>

		
Bread sliced 500g	UNIT OF MEASUREMENT <b>1 loaf</b>	JANUARY 2020 <b>N320.00</b>

		
Palm oil: 1 bottle	UNIT OF MEASUREMENT <b>1Ltr</b>	JANUARY 2020 <b>N431.36</b>

		
Onion bulb	UNIT OF MEASUREMENT <b>1KG</b>	JANUARY 2020 <b>N253.49</b>

		
Wheat flour: prepacked (golden penny 2kg	UNIT OF MEASUREMENT <b>2KG</b>	JANUARY 2020 <b>N767.50</b>

# SELECTED FOOD PRICE WATCH - JANUARY 2020

## Rivers State









	Unit of Measurement	Jan-20	JAN 2019-JAN 2020)	DEC 2019-JAN 2020
Agric eggs medium size	1 Dozen	490.35	-5.78	2.16
Agric eggs(medium size price of one)	1 Piece	43	-6.08	2.38
Beans brown,sold loose	1Kg	391.85	-2.28	-1.71
Beans:white black eye. sold loose	1Kg	359.21	0.42	-3.13
Beef Bone in	1Kg	995.89	17.73	-5.4
Beef,boneless	1Kg	1311.03	-4.76	0.33
Bread sliced 500g	1 loaf	320	2.28	-7.18
Bread unsliced 500g	1 loaf	318.42	-1.37	-3.2
Broken Rice (Ofada)	1Kg	500.64	5.5	-0.42
Chicken Feet	1Kg	941.33	2.43	0.62
Chicken Wings	1Kg	1203.13	13.82	2.9
Evaporated tinned milk carnation 170g	1 unit	147.5	-2.59	-2.33
Evaporated tinned milk(peak), 170g	1 unit	186.22	-1.49	-2.31
Frozen chicken	1 unit	1795.86	11.85	-0.6
Gari white,sold loose	1Kg	201.7	16.85	-3.81
Gari yellow,sold loose	1Kg	208.28	13.67	-1.57
Mudfish (aro) fresh	1Kg	947.22	14.27	-0.55
Mudfish : dried	1Kg	2351.84	1.2	0.25
Onion bulb	1Kg	253.49	-23.97	0.15
Rice agric sold loose	1Kg	515.15	13.33	-5.55
Rice local sold loose	1Kg	454.64	17.69	-0.53
Rice Medium Grained	1Kg	506.81	17.27	-0.48
Rice,imported high quality sold loose	1Kg	600.97	30.13	0.85
Tomato	1Kg	374.22	-8.07	-0.51
Yam tuber	1Kg	218.26	8.91	-4.37
Dried Fish Sardine	1Kg	1619.76	11.56	-0.39
Iced Sardine	1Kg	1070.04	2.12	-4.63
Irish potato	1Kg	400.04	15.2	-0.76
Sweet potato	1Kg	168.04	-3.19	2.01
Tilapia fish (epiya) fresh	1Kg	1023.36	4.88	2.91
Titus:frozen	1Kg	969.49	4.38	-4.81
Catfish (obokun) fresh	1Kg	963.13	4.88	-5.58
Catfish :dried	1Kg	1704.44	-10.46	0.11
Catfish Smoked	1Kg	1585.64	-0.94	0.36
Mackerel : frozen	1Kg	974.86	-1.53	0.85
Groundnut oil: 1 bottle, specify bottle	1Ltr	533.33	-3.03	3.23
Maize grain white sold loose	1Kg	218.76	-0.43	-2.14
Maize grain yellow sold loose	1Kg	222.77	0.04	-1.17
Palm oil: 1 bottle,specify bottle	1Ltr	431.36	-11.19	1.43
Plantain(ripe)	1Kg	216.08	12.04	-11.45
Plantain(unripe)	1Kg	222.6	22.81	-5.36
Vegetable oil:1 bottle,specify bottle	1Ltr	605.09	-1.9	-0.83
Wheat flour: prepacked (golden penny 2kg)	2Kg	767.5	4.26	-0.57
AVERAGE			4.2	-1.41




# SELECTED FOOD PRICE WATCH - JANUARY 2020




## Sokoto State









		
Tomato	UNIT OF MEASUREMENT <b>1KG</b>	JANUARY 2020 <b>N873.33</b>




		
Rice Local sold Loose	UNIT OF MEASUREMENT <b>1KG</b>	JANUARY 2020 <b>N544.44</b>




		
Yam Tuber	UNIT OF MEASUREMENT <b>1KG</b>	JANUARY 2020 <b>N108.96</b>




		
Beef, boneless	UNIT OF MEASUREMENT <b>1KG</b>	JANUARY 2020 <b>N1244.44</b>




		
Garri white,sold Loose	UNIT OF MEASUREMENT <b>1KG</b>	JANUARY 2020 <b>N1486.56</b>

		
Beans brown, sold loose	UNIT OF MEASUREMENT <b>1KG</b>	JANUARY 2020 <b>N272.12</b>

		
Bread sliced 500g	UNIT OF MEASUREMENT <b>1 loaf</b>	JANUARY 2020 <b>N335.71</b>

		
Palm oil: 1 bottle	UNIT OF MEASUREMENT <b>1Ltr</b>	JANUARY 2020 <b>N891.67</b>

		
Onion bulb	UNIT OF MEASUREMENT <b>1KG</b>	JANUARY 2020 <b>N160.15</b>

		
Wheat flour: prepacked (golden penny 2kg	UNIT OF MEASUREMENT <b>2KG</b>	JANUARY 2020 <b>N143.26</b>

# SELECTED FOOD PRICE WATCH - JANUARY 2020

## Sokoto State






	Unit of Measurement	Jan-20	JAN 2019-JAN 2020)	DEC 2019-JAN 2020
Agric eggs medium size	1 Dozen	452.36	-4.91	0.52
Agric eggs(medium size price of one)	1 Piece	42.16	5.4	0.38
Beans brown,sold loose	1Kg	272.12	-17.95	2.09
Beans:white black eye. sold loose	1Kg	282.8	-16.66	3.6
Beef Bone in	1Kg	1087.14	0.66	1.13
Beef,boneless	1Kg	1244.44	9.8	1.17
Bread sliced 500g	1 loaf	335.71	6.02	0.21
Bread unsliced 500g	1 loaf	338.89	13.59	4.27
Broken Rice (Ofada)	1Kg	356.44	2.6	4.41
Chicken Feet	1Kg	887.5	-12.13	-4.23
Chicken Wings	1Kg	1222.22	15.77	-3.33
Evaporated tinned milk carnation 170g	1 unit	1259.03	14.46	2.36
Evaporated tinned milk(peak), 170g	1 unit	480	-20.99	1.93
Frozen chicken	1 unit	688.16	-1.97	-1.91
Gari white,sold loose	1Kg	1486.56	44.58	5.18
Gari yellow,sold loose	1Kg	140	-12.5	0
Mudfish (aro) fresh	1Kg	150.89	-18.75	1.34
Mudfish : dried	1Kg	2400.99	26.37	-2
Onion bulb	1Kg	160.15	-19.93	2.95
Rice agric sold loose	1Kg	208.82	3.38	3.06
Rice local sold loose	1Kg	544.44	5.28	1.77
Rice Medium Grained	1Kg	915.56	23.45	-1.02
Rice,imported high quality sold loose	1Kg	205.65	-3.59	-18.66
Tomato	1Kg	873.33	3.42	-5.07
Yam tuber	1Kg	108.96	-10.94	15.86
Dried Fish Sardine	1Kg	97.54	-13.07	2.42
Iced Sardine	1Kg	921.03	-16.27	-4.16
Irish potato	1Kg	1789.89	-8	-0.88
Sweet potato	1Kg	173.65	-34.29	-10.37
Tilapia fish (epiya) fresh	1Kg	524	12.63	3.72
Titus:frozen	1Kg	167.01	-49.2	26.05
Catfish (obokun) fresh	1Kg	175	-33.96	31.25
Catfish :dried	1Kg	293.28	4.64	2.63
Catfish Smoked	1Kg	299.82	32.98	15.08
Mackerel : frozen	1Kg	368.62	48.47	2.79
Groundnut oil: 1 bottle, specify bottle	1Ltr	356.94	-8.59	-0.64
Maize grain white sold loose	1Kg	180.12	-19.27	-6.94
Maize grain yellow sold loose	1Kg	640	-20	-0.69
Palm oil: 1 bottle,specify bottle	1Ltr	891.67	0	-6.92
Plantain(ripe)	1Kg	125.22	-40.51	-25.49
Plantain(unripe)	1Kg	452.96	-6.38	0.36
Vegetable oil:1 bottle,specify bottle	1Ltr	678.56	9.45	1.28
Wheat flour: prepacked (golden penny 2kg)	2Kg	143.26	-48.22	-24.2
AVERAGE			-3.61	0.49


# SELECTED FOOD PRICE WATCH - JANUARY 2020



## Taraba State







  
 Tomato


	
UNIT OF MEASUREMENT	JANUARY 2020
<b>1KG</b>	<b>N176.22</b>




  
 Rice  
 Local sold  
 Loose


	
UNIT OF MEASUREMENT	JANUARY 2020
<b>1KG</b>	<b>N303.70</b>




  
 Yam Tuber


	
UNIT OF MEASUREMENT	JANUARY 2020
<b>1KG</b>	<b>N115.17</b>




  
 Beef,  
 boneless


	
UNIT OF MEASUREMENT	JANUARY 2020
<b>1KG</b>	<b>N1221.80</b>




  
 Garri  
 white,sold  
 Loose


	
UNIT OF MEASUREMENT	JANUARY 2020
<b>1KG</b>	<b>N153.68</b>




  
 Beans  
 brown,  
 sold loose


	
UNIT OF MEASUREMENT	JANUARY 2020
<b>1KG</b>	<b>N209.57</b>




  
 Bread  
 sliced  
 500g


	
UNIT OF MEASUREMENT	JANUARY 2020
<b>1 loaf</b>	<b>N305.03</b>




  
 Palm oil:  
 1 bottle

	
UNIT OF MEASUREMENT	JANUARY 2020
<b>1Ltr</b>	<b>N544.93</b>


  
 Onion bulb

	
UNIT OF MEASUREMENT	JANUARY 2020
<b>1KG</b>	<b>N155.83</b>


  
 Wheat flour:  
 prepacked  
 (golden penny  
 2kg

	
UNIT OF MEASUREMENT	JANUARY 2020
<b>2KG</b>	<b>N745.15</b>



# SELECTED FOOD PRICE WATCH - JANUARY 2020

## Taraba State






	Unit of Measurement	Jan-20	JAN 2019- JAN 2020)	DEC 2019- JAN 2020
Agric eggs medium size	1 Dozen	420	-2.33	-2.33
Agric eggs(medium size price of one)	1 Piece	37	-8.44	-7.5
Beans brown,sold loose	1Kg	201.49	-27.81	-18.19
Beans:white black eye. sold loose	1Kg	198.31	-23.64	-6.97
Beef Bone in	1Kg	932.26	3.53	-4.38
Beef,boneless	1Kg	1191.84	-3.1	2
Bread sliced 500g	1 loaf	250	14.68	2.04
Bread unsliced 500g	1 loaf	243.16	-8.98	0.83
Broken Rice (Ofada)	1Kg	386.55	30.3	0.8
Chicken Feet	1Kg	448.33	-4.61	0.8
Chicken Wings	1Kg	712.03	0.17	0.8
Evaporated tinned milk carnation 170g	1 unit	151.2	0.8	0.8
Evaporated tinned milk(peak), 170g	1 unit	187.14	0.26	3.8
Frozen chicken	1 unit	2211.75	10.54	0.5
Gari white,sold loose	1Kg	152.91	-19.52	-12.85
Gari yellow,sold loose	1Kg	165	-19	-8.39
Mudfish (aro) fresh	1Kg	955.64	-4.52	-2.05
Mudfish : dried	1Kg	1688.57	-8.15	-2.11
Onion bulb	1Kg	170.07	6.29	0.53
Rice agric sold loose	1Kg	407.31	67.85	-0.81
Rice local sold loose	1Kg	349.02	63.62	2.78
Rice Medium Grained	1Kg	420.83	58.08	0.06
Rice,imported high quality sold loose	1Kg	482.5	42.68	-3.44
Tomato	1Kg	191.67	-4.17	-12.15
Yam tuber	1Kg	175.42	-2.62	-1.3
Dried Fish Sardine	1Kg	1563.58	3.67	0.2
Iced Sardine	1Kg	920.28	2.16	-1.09
Irish potato	1Kg	250.77	6.27	-15.94
Sweet potato	1Kg	114.55	14.55	5.38
Tilapia fish (epiya) fresh	1Kg	745.5	23.73	-0.62
Titus:frozen	1Kg	1225.25	39.95	0.09
Catfish (obokun) fresh	1Kg	805.76	0.68	-1.07
Catfish :dried	1Kg	1910.54	6.14	-1.69
Catfish Smoked	1Kg	1741.82	-5.34	0.09
Mackerel : frozen	1Kg	920.19	-6.7	-2.29
Groundnut oil: 1 bottle, specify bottle	1Ltr	560.58	3.67	0.1
Maize grain white sold loose	1Kg	84.65	-10.35	-3.95
Maize grain yellow sold loose	1Kg	80.65	0	-3.37
Palm oil: 1 bottle,specify bottle	1Ltr	490.3	-5.04	-3.23
Plantain(ripe)	1Kg	200	-16.18	-9.1
Plantain(unripe)	1Kg	198.15	4.27	-1.61
Vegetable oil:1 bottle,specify bottle	1Ltr	497.78	10.16	3.38
Wheat flour: prepacked (golden penny 2kg)	2Kg	660.72	-1.39	0.05
AVERAGE			5.4	-2.36


# SELECTED FOOD PRICE WATCH - JANUARY 2020



## Yobe State







  
 Tomato


	
UNIT OF MEASUREMENT	JANUARY 2020
<b>1KG</b>	<b>N191.67</b>




  
 Rice  
 Local sold  
 Loose


	
UNIT OF MEASUREMENT	JANUARY 2020
<b>1KG</b>	<b>N349.02</b>




  
 Yam Tuber


	
UNIT OF MEASUREMENT	JANUARY 2020
<b>1KG</b>	<b>N175.42</b>




  
 Beef,  
 boneless


	
UNIT OF MEASUREMENT	JANUARY 2020
<b>1KG</b>	<b>N1191.84</b>




  
 Garri  
 white,sold  
 Loose


	
UNIT OF MEASUREMENT	JANUARY 2020
<b>1KG</b>	<b>N152.91</b>




  
 Beans  
 brown,  
 sold loose


	
UNIT OF MEASUREMENT	JANUARY 2020
<b>1KG</b>	<b>N201.49</b>




  
 Bread  
 sliced  
 500g


	
UNIT OF MEASUREMENT	JANUARY 2020
<b>1 loaf</b>	<b>N250.00</b>




  
 Palm oil:  
 1 bottle

	
UNIT OF MEASUREMENT	JANUARY 2020
<b>1Ltr</b>	<b>N490.30</b>


  
 Onion bulb

	
UNIT OF MEASUREMENT	JANUARY 2020
<b>1KG</b>	<b>N170.07</b>


  
 Wheat flour:  
 prepacked  
 (golden penny  
 2kg

	
UNIT OF MEASUREMENT	JANUARY 2020
<b>2KG</b>	<b>N660.72</b>

# SELECTED FOOD PRICE WATCH - JANUARY 2020

## Yobe State






	Unit of Measurement	01-Jan	JAN 2019-JAN 2020)	DEC 2019-JAN 2020
Agric eggs medium size	1 Dozen	420	-2.33	-2.33
Agric eggs(medium size price of one)	1 Piece	37	-8.44	-7.5
Beans brown,sold loose	1Kg	201.49	-27.81	-18.19
Beans:white black eye. sold loose	1Kg	198.31	-23.64	-6.97
Beef Bone in	1Kg	932.26	3.53	-4.38
Beef,boneless	1Kg	1191.84	-3.1	2
Bread sliced 500g	1 loaf	250	14.68	2.04
Bread unsliced 500g	1 loaf	243.16	-8.98	0.83
Broken Rice (Ofada)	1Kg	386.55	30.3	0.8
Chicken Feet	1Kg	448.33	-4.61	0.8
Chicken Wings	1Kg	712.03	0.17	0.8
Evaporated tinned milk carnation 170g	1 unit	151.2	0.8	0.8
Evaporated tinned milk(peak), 170g	1 unit	187.14	0.26	3.8
Frozen chicken	1 unit	2211.75	10.54	0.5
Gari white,sold loose	1Kg	152.91	-19.52	-12.85
Gari yellow,sold loose	1Kg	165	-19	-8.39
Mudfish (aro) fresh	1Kg	955.64	-4.52	-2.05
Mudfish : dried	1Kg	1688.57	-8.15	-2.11
Onion bulb	1Kg	170.07	6.29	0.53
Rice agric sold loose	1Kg	407.31	67.85	-0.81
Rice local sold loose	1Kg	349.02	63.62	2.78
Rice Medium Grained	1Kg	420.83	58.08	0.06
Rice,imported high quality sold loose	1Kg	482.5	42.68	-3.44
Tomato	1Kg	191.67	-4.17	-12.15
Yam tuber	1Kg	175.42	-2.62	-1.3
Dried Fish Sardine	1Kg	1563.58	3.67	0.2
Iced Sardine	1Kg	920.28	2.16	-1.09
Irish potato	1Kg	250.77	6.27	-15.94
Sweet potato	1Kg	114.55	14.55	5.38
Tilapia fish (epiya) fresh	1Kg	745.5	23.73	-0.62
Titus:frozen	1Kg	1225.25	39.95	0.09
Catfish (obokun) fresh	1Kg	805.76	0.68	-1.07
Catfish :dried	1Kg	1910.54	6.14	-1.69
Catfish Smoked	1Kg	1741.82	-5.34	0.09
Mackerel : frozen	1Kg	920.19	-6.7	-2.29
Groundnut oil: 1 bottle, specify bottle	1Ltr	560.58	3.67	0.1
Maize grain white sold loose	1Kg	84.65	-10.35	-3.95
Maize grain yellow sold loose	1Kg	80.65	0	-3.37
Palm oil: 1 bottle,specify bottle	1Ltr	490.3	-5.04	-3.23
Plantain(ripe)	1Kg	200	-16.18	-9.1
Plantain(unripe)	1Kg	198.15	4.27	-1.61
Vegetable oil:1 bottle,specify bottle	1Ltr	497.78	10.16	3.38
Wheat flour: prepacked (golden penny 2kg)	2Kg	660.72	-1.39	0.05
AVERAGE			5.4	-2.36


# SELECTED FOOD PRICE WATCH - JANUARY 2020



## Zamfara State

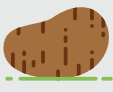





  
 Tomato


	
UNIT OF MEASUREMENT	JANUARY 2020
<b>1KG</b>	<b>N164.75</b>




  
 Rice  
 Local sold  
 Loose


	
UNIT OF MEASUREMENT	JANUARY 2020
<b>1KG</b>	<b>N235.78</b>




  
 Yam Tuber


	
UNIT OF MEASUREMENT	JANUARY 2020
<b>1KG</b>	<b>N112.10</b>




  
 Beef,  
 boneless


	
UNIT OF MEASUREMENT	JANUARY 2020
<b>1KG</b>	<b>N1195.38</b>




  
 Garri  
 white,sold  
 Loose


	
UNIT OF MEASUREMENT	JANUARY 2020
<b>1KG</b>	<b>N159.86</b>




  
 Beans  
 brown,  
 sold loose


	
UNIT OF MEASUREMENT	JANUARY 2020
<b>1KG</b>	<b>N256.78</b>




  
 Bread  
 sliced  
 500g


	
UNIT OF MEASUREMENT	JANUARY 2020
<b>1 loaf</b>	<b>N328.24</b>




  
 Palm oil:  
 1 bottle

	
UNIT OF MEASUREMENT	JANUARY 2020
<b>1Ltr</b>	<b>N456.84</b>


  
 Onion bulb

	
UNIT OF MEASUREMENT	JANUARY 2020
<b>1KG</b>	<b>N201.75</b>


  
 Wheat flour:  
 prepacked  
 (golden penny  
 2kg

	
UNIT OF MEASUREMENT	JANUARY 2020
<b>2KG</b>	<b>N680.14</b>

# SELECTED FOOD PRICE WATCH - JANUARY 2020

## Zamfara State



	Unit of Measurement	Jan-20	JAN 2019- JAN 2020)	DEC 2019- JAN 2020
Agric eggs medium size	1 Dozen	458.42	-0.94	0.38
Agric eggs(medium size price of one)	1 Piece	39.47	-0.75	0.78
Beans brown,sold loose	1Kg	256.78	-22.05	5.31
Beans:white black eye. sold loose	1Kg	267.05	-20.68	1.88
Beef Bone in	1Kg	955.56	-9.85	-4.03
Beef,boneless	1Kg	1195.38	-0.38	-4.23
Bread sliced 500g	1 loaf	328.24	-7.97	6.57
Bread unsliced 500g	1 loaf	300.5	-8.65	1.86
Broken Rice (Ofada)	1Kg	342.86	12.62	15.3
Chicken Feet	1Kg	450.58	8.76	0.13
Chicken Wings	1Kg	622.1	-22.24	0.34
Evaporated tinned milk carnation 170g	1 unit	140	1.61	-1.56
Evaporated tinned milk(peak), 170g	1 unit	155.29	-14.97	4.02
Frozen chicken	1 unit	2145.71	35.16	0.81
Gari white,sold loose	1Kg	159.86	-13.98	14.26
Gari yellow,sold loose	1Kg	168.43	-6.4	21.05
Mudfish (aro) fresh	1Kg	938.89	-11.87	0.24
Mudfish : dried	1Kg	1382.42	-7.84	1.46
Onion bulb	1Kg	201.75	26.06	2.5
Rice agric sold loose	1Kg	301.83	18.57	-12.17
Rice local sold loose	1Kg	235.78	14.57	2.77
Rice Medium Grained	1Kg	401.25	62.08	16.66
Rice,imported high quality sold loose	1Kg	358.62	25.76	0.14
Tomato	1Kg	164.75	-39.9	0.53
Yam tuber	1Kg	112.1	-48.99	-17.3
Dried Fish Sardine	1Kg	1406.45	0.46	-0.95
Iced Sardine	1Kg	918.27	14.78	-0.19
Irish potato	1Kg	174.02	-25.42	-29.76
Sweet potato	1Kg	118.27	-40.02	10.47
Tilapia fish (epiya) fresh	1Kg	892.04	-1.61	-0.6
Titus:frozen	1Kg	989.73	7.97	0.99
Catfish (obokun) fresh	1Kg	816.67	-25.76	-2.2
Catfish :dried	1Kg	1303.33	-13.11	1.51
Catfish Smoked	1Kg	1458.34	-14.22	-2.78
Mackerel : frozen	1Kg	979.17	4.79	1.5
Groundnut oil: 1 bottle, specify bottle	1Ltr	485.19	-3.31	-2.67
Maize grain white sold loose	1Kg	114.76	-9.47	29.52
Maize grain yellow sold loose	1Kg	120.3	-28.36	18.24
Palm oil: 1 bottle,specify bottle	1Ltr	456.84	7.38	0.61
Plantain(ripe)	1Kg	158.29	-20.86	-12.06
Plantain(unripe)	1Kg	177.92	-11.04	-3.83
Vegetable oil:1 bottle,specify bottle	1Ltr	477.04	5.97	4.27
Wheat flour: prepacked (golden penny 2kg)	2Kg	680.14	16.6	0.44
AVERAGE			-3.9	1.63



The background of the top section of the page is a photograph of a market stall. Several price signs are visible, written in white chalk on dark boards. One sign on the left says 'Erculina' with a price of '10.00'. Another sign in the middle says 'Mangos' with a price of '19.99'. There are other signs and items in the background, but they are less legible.

## METHODOLOGY

Field work is done solely by over 700 NBS Staff in all States of the federation supported by supervisors who are monitored by internal and external observers.

Prices are collected across all the 774 local governments across all States and the FCT from over 10,000 respondents and locations and reflect actual prices households state they actually bought those items.

The average of all these prices is then reported for each state and the average for the country is the average for the state.

NBS audit team subsequently conducts randomly selected verification of prices recorded.

# ACKNOWLEDGEMENTS/CONTACTS

## Acknowledgements

We acknowledge our technical partners, Proshare in the design, concept and production of this publication.





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