



NATIONAL BUREAU OF STATISTICS

Selected Food Prices Watch

(JULY 2019)

Report Date: August 2019

Data Source: National Bureau of Statistics (NBS)

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Executive Summary

Selected food price watch data for July 2019 reflected that the average price of 1 dozen of Agric eggs medium size decreased year-on-year by -0.73% and month-on-month by -5.45% to N468.31 in July 2019 from N495.32 in June 2019 while the average price of piece of Agric eggs medium size (price of one) decreased year-on-year by -6.88% and month-on-month by -2.35% to N38.38 in July 2019 from N39.31 in June 2019.

The average price of 1kg of tomato decreased year-on-year by -39.47% and month-on-month by -9.96% to N203.55 in July 2019 from N226.07 in June 2019.

The average price of 1kg of rice (imported high quality sold loose) decreased year-on-year by -3.96% and increased month-on-month by 0.93% to N356.10 in July 2019 from N352.83 in June 2019.

Similarly, the average price of 1kg of yam tuber decreased year-on-year by -39.16% and month-on-month by -6.21% to N170.85 in July 2019 from N182.15 in June 2019.

Selected Food Price Watch - July 2019

National – Agric Eggs



UNIT OF MEASUREMENT

1 Dozen



JULY 2019

N468.3144



YEAR - ON - YEAR

-0.73



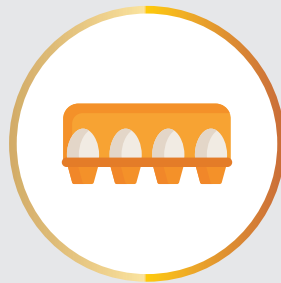
MONTH - ON - MONTH

-5.45



Highest Price

Anambra (554.84)



Agric eggs
medium size

Lowest Price

Bauchi (427.5)



UNIT OF MEASUREMENT

1 Piece



JULY 2019

N38.38238



YEAR - ON - YEAR

-6.88



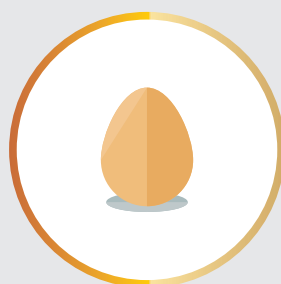
MONTH - ON - MONTH

-2.35



Highest Price

Rivers (42.86)



Agric eggs
(medium size price of one)

Lowest Price

Imo (31.05)



Selected Food Price Watch - July 2019

National - Beans



UNIT OF MEASUREMENT

1KG



JULY 2019

N327.1822



YEAR - ON - YEAR

-20.40



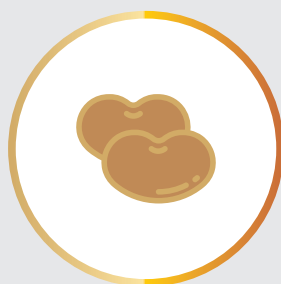
MONTH - ON - MONTH

-4.56



Highest Price

Ebonyi (520.41)



Beans brown,
sold loose

Lowest Price

Gombe (242.88)



UNIT OF MEASUREMENT

1KG



JULY 2019

N289.7763



YEAR - ON - YEAR

-19.80



MONTH - ON - MONTH

-6.94



Highest Price

Ebonyi (483.47)



Beans:white
black eye. sold loose

Lowest Price

Niger (181.41)



Selected Food Price Watch - July 2019

National – Beef



UNIT OF MEASUREMENT

1KG



JULY 2019

N1009.689



YEAR - ON - YEAR

-1.79



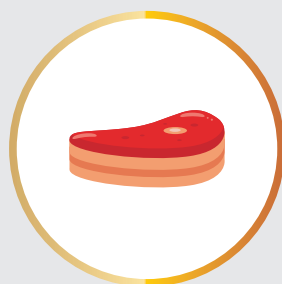
MONTH - ON - MONTH

0.65



Highest Price

Bayelsa (1255.69)



Beef Bone in

Lowest Price

Osun (814.33)



UNIT OF MEASUREMENT

1KG



JULY 2019

N1246.781



YEAR - ON - YEAR

-1.26



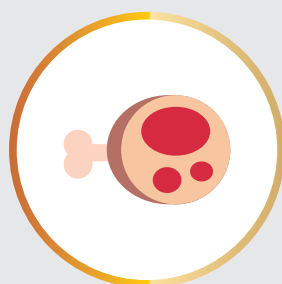
MONTH - ON - MONTH

0.51



Highest Price

Delta (1481.63)



Beef ,boneless

Lowest Price

Niger (1038.61)



Selected Food Price Watch - July 2019

National – Bread



UNIT OF MEASUREMENT

1 loaf



JULY 2019

N293.49



YEAR - ON - YEAR

-3.85



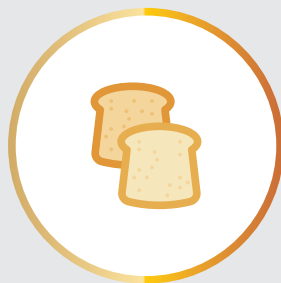
MONTH - ON - MONTH

0.26



Highest Price

Bayelsa (426.67)



Lowest Price

Nassarawa (218.18)



Bread sliced 500g



UNIT OF MEASUREMENT

1 loaf



JULY 2019

N271.023



YEAR - ON - YEAR

-0.62



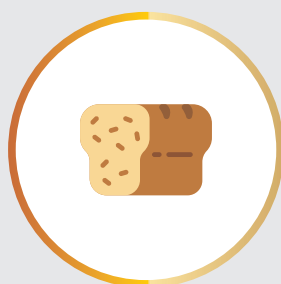
MONTH - ON - MONTH

-1.26



Highest Price

Bayelsa (423.53)



Lowest Price

Bauchi (202.3)



Bread unsliced 500g

Selected Food Price Watch - July 2019

National - Rice



UNIT OF MEASUREMENT

1KG



JULY 2019

N367.44



YEAR - ON - YEAR

-8.95



MONTH - ON - MONTH

-1.62



Highest Price

Oyo (575.34)



Lowest Price

Gombe (225.71)



Broken Rice (Ofada)



UNIT OF MEASUREMENT

1KG



JULY 2019

N314.5598



YEAR - ON - YEAR

-3.25



MONTH - ON - MONTH

-1.16



Highest Price

Rivers (454.55)



Lowest Price

Nassarawa (233.33)



Rice agric sold loose

Selected Food Price Watch - July 2019

National - Rice



UNIT OF MEASUREMENT

1KG



JULY 2019

N277.378



YEAR - ON - YEAR

0.40



MONTH - ON - MONTH

2.32



Highest Price

Bayelsa (406.12)



Lowest Price

Gombe (198.44)



Rice local sold loose



UNIT OF MEASUREMENT

1KG



JULY 2019

N305.9286



YEAR - ON - YEAR

-4.20



MONTH - ON - MONTH

-0.69



Highest Price

Bayelsa (491.11)



Lowest Price

Gombe (224.31)



Rice Medium Grained



UNIT OF MEASUREMENT

1KG



JULY 2019

N356.1



YEAR - ON - YEAR

-3.96



MONTH - ON - MONTH

0.93



Highest Price

Bayelsa (452.5)



Lowest Price

Kwara (290.16)



Rice, imported high quality sold loose

Selected Food Price Watch - July 2019

National – Chicken



UNIT OF MEASUREMENT

1KG



JULY 2019

N663.0282



YEAR - ON - YEAR

-28.75



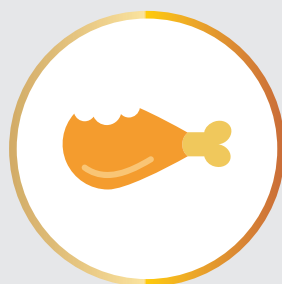
MONTH - ON - MONTH

-4.41



Highest Price

Bayelsa (1039.35)



Chicken Feet

Lowest Price

Bauchi (300)



UNIT OF MEASUREMENT

1KG



JULY 2019

N877.1314



YEAR - ON - YEAR

-8.92



MONTH - ON - MONTH

-3.13



Highest Price

Edo (1255.14)



Chicken Wings

Lowest Price

Taraba (500.11)





UNIT OF MEASUREMENT

1 Unit



JULY 2019

N1783.378



YEAR - ON - YEAR

15.70



MONTH - ON - MONTH

1.73



Highest Price

Plateau (2850.33)



Frozen Chicken

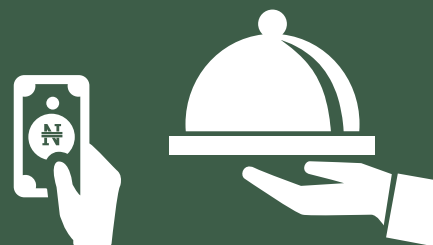
Lowest Price

Kano (1350)



Selected Food Price Watch - July 2019

National – Evaporated Tinned Milk



UNIT OF MEASUREMENT

1 Unit



JULY 2019

N157.1366



YEAR - ON - YEAR

-5.19



MONTH - ON - MONTH

0.12



Highest Price

Imo (172.11)



Lowest Price

Bayelsa (141.67)



Evaporated tinned
milk carnation 170g



UNIT OF MEASUREMENT

1 Unit



JULY 2019

N188.588



YEAR - ON - YEAR

0.40



MONTH - ON - MONTH

-0.17



Highest Price

Enugu (209.35)



Lowest Price

Cross River (178.57)



Evaporated tinned
milk(peak), 170g

Selected Food Price Watch - July 2019

National – Garri



UNIT OF MEASUREMENT

1KG



JULY 2019

N151.7311



YEAR - ON - YEAR

-24.39



MONTH - ON - MONTH

4.42



Highest Price

Bayelsa (248.61)



Lowest Price

Akwa Ibom (108.85)



Gari white, sold loose



UNIT OF MEASUREMENT

1KG



JULY 2019

N154.0547



YEAR - ON - YEAR

-38.06



MONTH - ON - MONTH

-1.26



Highest Price

Bayelsa (253.87)



Lowest Price

Cross River (95.43)



Gari yellow, sold loose



UNIT OF MEASUREMENT

1KG



JULY 2019

N971.7406



YEAR - ON - YEAR

-8.80



MONTH - ON - MONTH

-1.99



Highest Price

Enugu (1433.33)



Lowest Price

Kaduna (775)



Mudfish (Aro) Fresh



UNIT OF MEASUREMENT

1KG



JULY 2019

N1763.725



YEAR - ON - YEAR

-7.52



MONTH - ON - MONTH

-1.29



Highest Price

Rivers (2450)



Lowest Price

Katsina (1281.48)



Mudfish : Dried



UNIT OF MEASUREMENT

1KG



JULY 2019

N994.2085



YEAR - ON - YEAR

-6.62



MONTH - ON - MONTH

-2.97



Highest Price

Bayelsa (1298.47)



Lowest Price

Yobe (750)



Catfish (Obokun) Fresh



UNIT OF MEASUREMENT

1KG



JULY 2019

N1700.506



YEAR - ON - YEAR

-5.11



MONTH - ON - MONTH

-1.55



Highest Price

Cross River (2488.99)



Lowest Price

Sokoto (1197.78)



Catfish :Dried



UNIT OF MEASUREMENT

1KG



JULY 2019

N1504.2



YEAR - ON - YEAR

-0.01



MONTH - ON - MONTH

-1.62



Highest Price

Cross River (1818.33)



Lowest Price

Nassarawa (1302.26)



Catfish Smoked



UNIT OF MEASUREMENT

1KG



JULY 2019

N1373.115



YEAR - ON - YEAR

-1.60



MONTH - ON - MONTH

-1.55



Highest Price

Adamawa (1850)



Lowest Price

Katsina (895.46)



Dried Fish Sardine



UNIT OF MEASUREMENT

1KG



JULY 2019

N887.6864



YEAR - ON - YEAR

-5.62



MONTH - ON - MONTH

-1.35



Highest Price

Anambra (1125.49)



Iced Sardine

Lowest Price

Osun (679.71)



UNIT OF MEASUREMENT

1KG



JULY 2019

N812.2151



YEAR - ON - YEAR

-13.15



MONTH - ON - MONTH

-3.96



Highest Price

Abuja (1198.5)



Tilapia Fish (Epiya) Fresh

Lowest Price

Bauchi (520)



Selected Food Price Watch - July 2019

National – Fish



UNIT OF MEASUREMENT

1KG



JULY 2019

N927.6074



YEAR - ON - YEAR

0.31



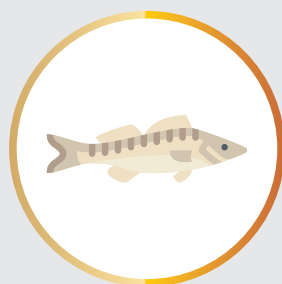
MONTH - ON - MONTH

-1.38



Highest Price

Abuja (1175)



Titus: Frozen

Lowest Price

Jigawa (825.92)



UNIT OF MEASUREMENT

1KG



JULY 2019

N911.4315



YEAR - ON - YEAR

-1.24



MONTH - ON - MONTH

-1.58



Highest Price

Abuja (1225.86)



Mackerel : Frozen

Lowest Price

Ekiti (755.81)



Selected Food Price Watch - July 2019

National – Yam and Potato



UNIT OF MEASUREMENT

1KG



JULY 2019

N170.8497



YEAR - ON - YEAR

-39.16



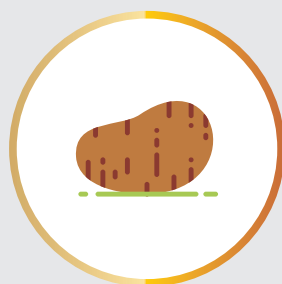
MONTH - ON - MONTH

-6.21



Highest Price

Abuja (305.11)



Yam Tuber

Lowest Price

Katsina (96.39)



UNIT OF MEASUREMENT

1KG



JULY 2019

N250.3403



YEAR - ON - YEAR

-15.59



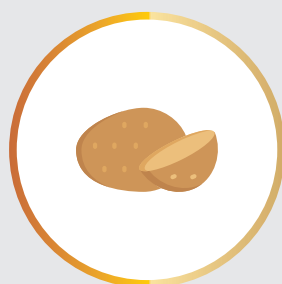
MONTH - ON - MONTH

-8.67



Highest Price

Akwa Ibom (381.73)



Irish Potato

Lowest Price

Kwara (174.76)





UNIT OF MEASUREMENT

1KG



JULY 2019

N137.4799



YEAR - ON - YEAR

-15.81



MONTH - ON - MONTH

1.68



Highest Price

Bayelsa (224.51)



Sweet Potato

Lowest Price

Bauchi (73.83)



Selected Food Price Watch - July 2019

National – Tomato and Onion



UNIT OF MEASUREMENT

1KG



JULY 2019

N203.5502



YEAR - ON - YEAR

-39.47



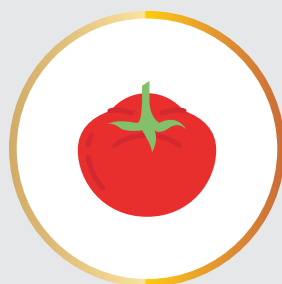
MONTH - ON - MONTH

-9.96



Highest Price

Rivers (392.66)



Tomato

Lowest Price

Kwara (102.71)



UNIT OF MEASUREMENT

1KG



JULY 2019

N193.5573



YEAR - ON - YEAR

-21.61



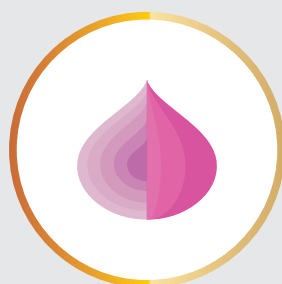
MONTH - ON - MONTH

-7.33



Highest Price

Bayelsa (344.97)



Onion bulb

Lowest Price

Jigawa (94.38)





UNIT OF MEASUREMENT

1KG



JULY 2019

N135.7627



YEAR - ON - YEAR

-24.32



MONTH - ON - MONTH

-3.31



Highest Price

Akwa Ibom (263.97)



Maize grain
white sold loose

Lowest Price

Gombe (70.36)



UNIT OF MEASUREMENT

1KG



JULY 2019

N140.0919



YEAR - ON - YEAR

-26.44



MONTH - ON - MONTH

-2.21



Highest Price

Edo (246.91)



Maize grain
yellow sold loose

Lowest Price

Plateau (80.89)





UNIT OF MEASUREMENT

1KG



JULY 2019

N217.224



YEAR - ON - YEAR

-19.77



MONTH - ON - MONTH

-1.46



Highest Price

Nassarawa (297.6)



Plantain (ripe)

Lowest Price

Cross River (122.63)



UNIT OF MEASUREMENT

1KG



JULY 2019

N203.4417



YEAR - ON - YEAR

-18.16



MONTH - ON - MONTH

-1.90



Highest Price

Benue (265.59)



Plantain (unripe)

Lowest Price

Cross River (158.89)



Selected Food Price Watch - July 2019

National – Oil



UNIT OF MEASUREMENT

JULY 2019

YEAR - ON - YEAR

MONTH - ON - MONTH

1 Ltr

N545.1318

-9.68

-2.36



Highest Price

Cross River (795.56)



Lowest Price

Jigawa (405.48)



Groundnut Oil: 1 bottle



UNIT OF MEASUREMENT

JULY 2019

YEAR - ON - YEAR

MONTH - ON - MONTH

1 Ltr

N447.3978

-9.88

-3.06



Highest Price

Taraba (545.56)



Lowest Price

Kwara (366.67)



Palm oil: 1 bottle,
specify bottle



UNIT OF MEASUREMENT

1 Ltr



JULY 2019

N485.0476



YEAR - ON - YEAR

-11.47



MONTH - ON - MONTH

-2.09



Highest Price

Akwa Ibom (584.62)



Lowest Price

Niger (406.84)



Vegetable Oil:1 bottle,
specify bottle



UNIT OF MEASUREMENT

2KG



JULY 2019

N667.9681



YEAR - ON - YEAR

1.58



MONTH - ON - MONTH

-1.02



Highest Price

Nassarawa (750)



Lowest Price

Ogun (590)









Wheat flour: prepacked
(golden penny 2kg)




Selected Food Price Watch - July 2019




Abia State









		
Tomato	UNIT OF MEASUREMENT	JULY 2019
	1KG	N196.10




		
Beans brown, sold loose	UNIT OF MEASUREMENT	JULY 2019
	1KG	N433.59




		
Rice Local sold Loose	UNIT OF MEASUREMENT	JULY 2019
	1KG	N314.94




		
Bread sliced 500g	UNIT OF MEASUREMENT	JULY 2019
	1 loaf	N375.29




		
Yam Tuber	UNIT OF MEASUREMENT	JULY 2019
	1KG	N167.23

		
Palm oil: 1 bottle	UNIT OF MEASUREMENT	JULY 2019
	1Ltr	N375.16

		
Beef, boneless	UNIT OF MEASUREMENT	JULY 2019
	1KG	N1350.86

		
Onion bulb	UNIT OF MEASUREMENT	JULY 2019
	1KG	N211.15

		
Garri white, sold Loose	UNIT OF MEASUREMENT	JULY 2019
	1KG	N118.20

		
Wheat flour: prepacked (golden penny) 2kg	UNIT OF MEASUREMENT	JULY 2019
	2KG	N720.00

Selected Food Price Watch - July 2019

Abia State









ItemLabels	Unit of Measurement	19-Jul	(JUL 2018-JUL2019)	JUN 2019-JUL 2019
Agric eggs medium size	1 Dozen	510	-8.36	-2.99
Agric eggs(medium size price of one)	1 Piece	36.37	-24.64	-9.08
Beans brown,sold loose	1Kg	433.59	-11.55	-9.84
Beans:white black eye. sold loose	1Kg	420.71	-6.52	-7.22
Beef Bone in	1Kg	1016.44	3.05	2.42
Beef,boneless	1Kg	1350.86	0.22	-2.49
Bread sliced 500g	1 loaf	375.29	2.71	-7.9
Bread unsliced 500g	1 loaf	331.25	14.83	2.71
Broken Rice (Ofada)	1Kg	402.64	-13.39	-2.99
Chicken Feet	1Kg	650	-6.71	-6.1
Chicken Wings	1Kg	1070	1.37	-2.28
Evaporated tinned milk carnation 170g	1 unit	163.33	-7.79	-4.49
Evaporated tinned milk(peak), 170g	1 unit	190.34	-3.94	-0.74
Frozen chicken	1 unit	1653.04	4.23	2.79
Gari white,sold loose	1Kg	118.2	-23.09	0.44
Gari yellow,sold loose	1Kg	119.82	-36.4	-6.72
Mudfish (aro) fresh	1Kg	1150.01	-2.31	-2.95
Mudfish : dried	1Kg	2385.29	4.84	-1.25
Onion bulb	1Kg	211.15	-4.12	-4.79
Rice agric sold loose	1Kg	353.72	-5.17	-0.15
Rice local sold loose	1Kg	314.94	2.6	-0.53
Rice Medium Grained	1Kg	338.76	-3.63	-4.07
Rice,imported high quality sold loose	1Kg	376.75	-5.38	8.82
Tomato	1Kg	196.1	-45.42	-22.55
Yam tuber	1Kg	167.23	-17.21	12.19
Dried Fish Sardine	1Kg	1343.94	-17.8	-2.21
Iced Sardine	1Kg	803.16	-10.41	-2.01
Irish potato	1Kg	257.14	-14.93	-14.29
Sweet potato	1Kg	129.76	1.81	-5.21
Tilapia fish (epiya) fresh	1Kg	914.29	-2.1	-1.83
Titus:frozen	1Kg	927.98	-0.29	0.61
Catfish (obokun) fresh	1Kg	1203.5	-3.72	2.4
Catfish :dried	1Kg	2137.33	-14.16	-2.26
Catfish Smoked	1Kg	1593.98	-5.23	-3.68
Mackerel : frozen	1Kg	864.53	-3.03	-2.18
Groundnut oil: 1 bottle, specify bottle	1Ltr	606.67	-0.36	-2.95
Maize grain white sold loose	1Kg	140.02	-40.92	-26.13
Maize grain yellow sold loose	1Kg	137.85	-46.11	-18.2
Palm oil: 1 bottle,specify bottle	1Ltr	375.16	-16.87	4
Plantain(ripe)	1Kg	211.69	17.34	4.81
Plantain(unripe)	1Kg	196.04	24.42	-7.55
Vegetable oil:1 bottle,specify bottle	1Ltr	565.93	-6.37	-2.68
Wheat flour: prepacked (golden penny 2kg)	2Kg	720	0.47	-2.6
AVERAGE			-7.68	-3.53




Selected Food Price Watch - July 2019




Abuja FCT









		
Tomato	UNIT OF MEASUREMENT	JULY 2019
	1KG	N190.08




		
Beans brown, sold loose	UNIT OF MEASUREMENT	JULY 2019
	1KG	N285.48




		
Rice Local sold Loose	UNIT OF MEASUREMENT	JULY 2019
	1KG	N315.21




		
Bread sliced 500g	UNIT OF MEASUREMENT	JULY 2019
	1 loaf	N341.67

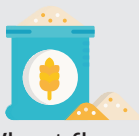


		
Yam Tuber	UNIT OF MEASUREMENT	JULY 2019
	1KG	N305.11

		
Palm oil: 1 bottle	UNIT OF MEASUREMENT	JULY 2019
	1Ltr	N521.21

		
Beef, boneless	UNIT OF MEASUREMENT	JULY 2019
	1KG	N1298.16

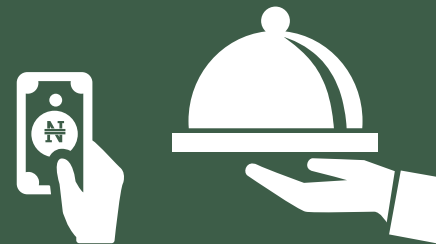
		
Onion bulb	UNIT OF MEASUREMENT	JULY 2019
	1KG	N162.75

		
Garri white, sold Loose	UNIT OF MEASUREMENT	JULY 2019
	1KG	N135.24

		
Wheat flour: prepacked (golden penny) 2kg	UNIT OF MEASUREMENT	JULY 2019
	2KG	N650.00

Selected Food Price Watch - July 2019


Abuja FCT





ItemLabels	Unit of Measurement	19-Jul	(JUL 2018-JUL2019)	JUN 2019-JUL 2019
Agric eggs medium size	1 Dozen	480	4.35	1.59
Agric eggs(medium size price of one)	1 Piece	39.5	-1.28	1.94
Beans brown,sold loose	1Kg	285.48	-33.71	-5.34
Beans:white black eye. sold loose	1Kg	285.71	-24.15	-13.29
Beef Bone in	1Kg	1098.05	4.1	-0.63
Beef,boneless	1Kg	1298.16	-8.58	-4.02
Bread sliced 500g	1 loaf	341.67	7.89	0
Bread unsliced 500g	1 loaf	321.43	1.5	-1.1
Broken Rice (Ofada)	1Kg	415.03	-5.74	-3.5
Chicken Feet	1Kg	655.01	-10.88	-5.77
Chicken Wings	1Kg	1100.03	10	-4.35
Evaporated tinned milk carnation 170g	1 unit	162.34	-4.58	-2.11
Evaporated tinned milk(peak), 170g	1 unit	179.09	-6.72	5.35
Frozen chicken	1 unit	1866.67	9.77	-0.71
Gari white,sold loose	1Kg	135.24	-31.73	2.16
Gari yellow,sold loose	1Kg	148.25	-34.69	3.52
Mudfish (aro) fresh	1Kg	1327.5	11.09	-3.45
Mudfish : dried	1Kg	2095	-16.2	-2.56
Onion bulb	1Kg	162.75	-23.66	-22.98
Rice agric sold loose	1Kg	301	18.47	7.27
Rice local sold loose	1Kg	315.21	6.84	0.12
Rice Medium Grained	1Kg	314.84	-7.05	-1.06
Rice,imported high quality sold loose	1Kg	355.3	-14.55	2.84
Tomato	1Kg	190.08	-35.06	-6.18
Yam tuber	1Kg	305.11	0.61	-4.78
Dried Fish Sardine	1Kg	1550	-10.36	-1.65
Iced Sardine	1Kg	1090	-4.51	-2.68
Irish potato	1Kg	272.71	-8.4	-7.85
Sweet potato	1Kg	138.67	-5.86	-4.58
Tilapia fish (epiya) fresh	1Kg	1198.5	1.68	-4.88
Titus:frozen	1Kg	1175	6.82	-2.84
Catfish (obokun) fresh	1Kg	1282.68	18.94	-3.56
Catfish :dried	1Kg	2105.38	0.32	-0.18
Catfish Smoked	1Kg	1766.25	1.73	-1.28
Mackerel : frozen	1Kg	1225.86	32.53	-3.85
Groundnut oil: 1 bottle, specify bottle	1Ltr	586.67	-9.74	-5.39
Maize grain white sold loose	1Kg	94.4	-43.28	-32.96
Maize grain yellow sold loose	1Kg	103.45	-38.71	-22.44
Palm oil: 1 bottle,specify bottle	1Ltr	521.21	-5.81	4.17
Plantain(ripe)	1Kg	255.39	-16.64	22.01
Plantain(unripe)	1Kg	248.08	-12.87	15.18
Vegetable oil:1 bottle,specify bottle	1Ltr	539.39	-2.52	6.46
Wheat flour: prepacked (golden penny 2kg)	2Kg	650	1.04	-2.5
AVERAGE			-6.5	-2.46


Selected Food Price Watch - July 2019

Adamawa State







Tomato

	
UNIT OF MEASUREMENT	JULY 2019
1KG	N142.56






Beans brown, sold loose

	
UNIT OF MEASUREMENT	JULY 2019
1KG	N295.12






Rice Local sold Loose

	
UNIT OF MEASUREMENT	JULY 2019
1KG	N225.42






Bread sliced 500g

	
UNIT OF MEASUREMENT	JULY 2019
1 loaf	N290.00






Yam Tuber

	
UNIT OF MEASUREMENT	JULY 2019
1KG	N141.98






Palm oil: 1 bottle

	
UNIT OF MEASUREMENT	JULY 2019
1Ltr	N496.97






Beef, boneless

	
UNIT OF MEASUREMENT	JULY 2019
1KG	N1121.86





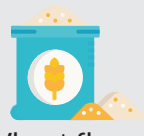
Onion bulb

	
UNIT OF MEASUREMENT	JULY 2019
1KG	N133.67





Garri white, sold Loose

	
UNIT OF MEASUREMENT	JULY 2019
1KG	N150.00



Wheat flour: prepacked (golden penny) 2kg

	
UNIT OF MEASUREMENT	JULY 2019
2KG	N702.16

Selected Food Price Watch - July 2019


Adamawa State





ItemLabels	Unit of Measurement	19-Jul	(JUL 2018-JUL2019)	JUN 2019-JUL 2019
Agric eggs medium size	1 Dozen	468.18	13.44	-5.42
Agric eggs(medium size price of one)	1 Piece	38	6.47	-3.14
Beans brown,sold loose	1Kg	295.12	3.31	-2.91
Beans:white black eye. sold loose	1Kg	264.3	3.42	-7.25
Beef Bone in	1Kg	1048.33	17.09	-2.39
Beef,boneless	1Kg	1121.86	0.56	-2.09
Bread sliced 500g	1 loaf	290	2.01	5.45
Bread unsliced 500g	1 loaf	265.56	20.71	-0.42
Broken Rice (Ofada)	1Kg	327.78	-8.67	2.71
Chicken Feet	1Kg	489.55	-8.21	-2.09
Chicken Wings	1Kg	600.03	-10.89	-3.53
Evaporated tinned milk carnation 170g	1 unit	147.3	-7.94	5.21
Evaporated tinned milk(peak), 170g	1 unit	193.64	4.02	4.02
Frozen chicken	1 unit	1590	20.22	1.27
Gari white,sold loose	1Kg	150	-26.23	2.01
Gari yellow,sold loose	1Kg	140	-54.22	6.24
Mudfish (aro) fresh	1Kg	887.99	-17.42	-3.11
Mudfish : dried	1Kg	1895.02	-9.1	-0.71
Onion bulb	1Kg	133.67	-6.34	-27.09
Rice agric sold loose	1Kg	261.8	5.9	1.56
Rice local sold loose	1Kg	225.42	-9.16	2.66
Rice Medium Grained	1Kg	244.02	3.84	-16.06
Rice,imported high quality sold loose	1Kg	340.22	-4.21	14.97
Tomato	1Kg	142.56	-20.81	-6.87
Yam tuber	1Kg	141.98	-31.17	10.42
Dried Fish Sardine	1Kg	1850	2.78	-1.73
Iced Sardine	1Kg	850	-19.05	-0.29
Irish potato	1Kg	254.88	21.04	-12.02
Sweet potato	1Kg	112.29	0.42	26.75
Tilapia fish (epiya) fresh	1Kg	598.85	-26.9	-7.37
Titus:frozen	1Kg	961.99	4.4	4.44
Catfish (obokun) fresh	1Kg	1000	5.17	-5.24
Catfish :dried	1Kg	1396.03	-0.28	-0.62
Catfish Smoked	1Kg	1350	2.97	-2.05
Mackerel : frozen	1Kg	900.03	-1.13	5
Groundnut oil: 1 bottle, specify bottle	1Ltr	493.33	-18.47	1.09
Maize grain white sold loose	1Kg	86.02	-28.69	7.42
Maize grain yellow sold loose	1Kg	85.07	-29.2	8.59
Palm oil: 1 bottle,specify bottle	1Ltr	496.97	-5.91	-1.2
Plantain(ripe)	1Kg	238.1	19.05	7.97
Plantain(unripe)	1Kg	207.27	6.11	24.36
Vegetable oil:1 bottle,specify bottle	1Ltr	484.44	-9.56	-3.3
Wheat flour: prepacked (golden penny 2kg)	2Kg	702.16	8.02	-4.25
AVERAGE			-4.25	0.49


Selected Food Price Watch - July 2019

Akwa Ibom State







Tomato

	
UNIT OF MEASUREMENT	JULY 2019
1KG	N325.97






Beans brown, sold loose

	
UNIT OF MEASUREMENT	JULY 2019
1KG	N426.92






Rice Local sold Loose

	
UNIT OF MEASUREMENT	JULY 2019
1KG	N294.63






Bread sliced 500g

	
UNIT OF MEASUREMENT	JULY 2019
1 loaf	N362.50






Yam Tuber

	
UNIT OF MEASUREMENT	JULY 2019
1KG	N187.41






Palm oil: 1 bottle

	
UNIT OF MEASUREMENT	JULY 2019
1Ltr	N455.38






Beef, boneless

	
UNIT OF MEASUREMENT	JULY 2019
1KG	N1387.29






Onion bulb

	
UNIT OF MEASUREMENT	JULY 2019
1KG	N305.09





Garri white, sold Loose

	
UNIT OF MEASUREMENT	JULY 2019
1KG	N108.85

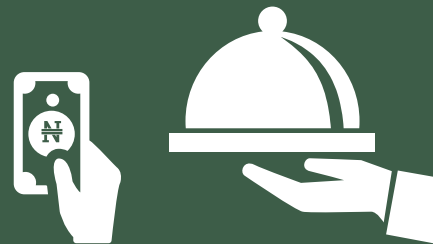


Wheat flour: prepacked (golden penny) 2kg

	
UNIT OF MEASUREMENT	JULY 2019
2KG	N725.00

Selected Food Price Watch - July 2019


Akwa Ibom State





ItemLabels	Unit of Measurement	19-Jul	(JUL 2018-JUL2019)	JUN 2019-JUL 2019
Agric eggs medium size	1 Dozen	430.71	-11.33	-11.38
Agric eggs(medium size price of one)	1 Piece	35.43	-15.28	-11.43
Beans brown,sold loose	1Kg	426.92	-2.83	-1.06
Beans:white black eye. sold loose	1Kg	442.86	10.58	0.1
Beef Bone in	1Kg	974.74	-0.2	-5.12
Beef,boneless	1Kg	1387.29	2.62	-2.46
Bread sliced 500g	1 loaf	362.5	4.82	-4.61
Bread unsliced 500g	1 loaf	321.54	-1.82	-4.26
Broken Rice (Ofada)	1Kg	300	-19.05	-12.9
Chicken Feet	1Kg	653.85	-27.88	-4.1
Chicken Wings	1Kg	957.05	-11.66	-4.36
Evaporated tinned milk carnation 170g	1 unit	155.23	-0.39	3.49
Evaporated tinned milk(peak), 170g	1 unit	186.43	4.05	-1.41
Frozen chicken	1 unit	1775	-5.27	-1.39
Gari white,sold loose	1Kg	108.85	-15.14	-8.26
Gari yellow,sold loose	1Kg	123.46	-23.09	-13.27
Mudfish (aro) fresh	1Kg	1198.3	-18.94	-4.15
Mudfish : dried	1Kg	1822.75	-24.08	-1.62
Onion bulb	1Kg	305.09	-7.23	-12.27
Rice agric sold loose	1Kg	380	0	-3.39
Rice local sold loose	1Kg	294.63	14.05	-1.06
Rice Medium Grained	1Kg	360	1.2	0.31
Rice,imported high quality sold loose	1Kg	403.42	2.56	0.6
Tomato	1Kg	325.97	-35.31	-15.47
Yam tuber	1Kg	187.41	-46.98	-22.07
Dried Fish Sardine	1Kg	1325	-3.05	-1.85
Iced Sardine	1Kg	924.24	-7.58	-4.05
Irish potato	1Kg	381.73	4.78	-11.74
Sweet potato	1Kg	207.18	17.18	9.41
Tilapia fish (epiya) fresh	1Kg	956.67	-11.55	-3.27
Titus:frozen	1Kg	929.28	-4.5	-4.61
Catfish (obokun) fresh	1Kg	1276.61	8.02	-2.39
Catfish :dried	1Kg	1542.78	7.39	-3.26
Catfish Smoked	1Kg	1403.64	0.41	-1.87
Mackerel : frozen	1Kg	842.2	-6.41	-3.49
Groundnut oil: 1 bottle, specify bottle	1Ltr	586.67	16.56	-7.37
Maize grain white sold loose	1Kg	263.97	3.4	6.85
Maize grain yellow sold loose	1Kg	224.78	-26.34	-4.4
Palm oil: 1 bottle,specify bottle	1Ltr	455.38	-9.96	-7.9
Plantain(ripe)	1Kg	293.91	-2.29	-5.46
Plantain(unripe)	1Kg	262.36	-12.32	-4.79
Vegetable oil:1 bottle,specify bottle	1Ltr	584.62	-1.57	4.9
Wheat flour: prepacked (golden penny 2kg)	2Kg	725	2.53	1.16
AVERAGE			-5.86	-4.32


Selected Food Price Watch - July 2019

Anambra State







Tomato

	
UNIT OF MEASUREMENT	JULY 2019
1KG	N200.66






Beans brown, sold loose

	
UNIT OF MEASUREMENT	JULY 2019
1KG	N394.16






Rice Local sold Loose

	
UNIT OF MEASUREMENT	JULY 2019
1KG	N284.59






Bread sliced 500g

	
UNIT OF MEASUREMENT	JULY 2019
1 loaf	N356.25






Yam Tuber

	
UNIT OF MEASUREMENT	JULY 2019
1KG	N177.00






Palm oil: 1 bottle

	
UNIT OF MEASUREMENT	JULY 2019
1Ltr	N432.26






Beef, boneless

	
UNIT OF MEASUREMENT	JULY 2019
1KG	N1330.30






Onion bulb

	
UNIT OF MEASUREMENT	JULY 2019
1KG	N192.77





Garri white, sold Loose

	
UNIT OF MEASUREMENT	JULY 2019
1KG	N141.52

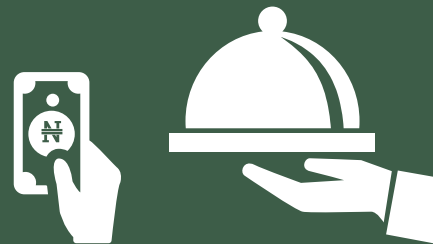


Wheat flour: prepacked (golden penny) 2kg

	
UNIT OF MEASUREMENT	JULY 2019
2KG	N725.00

Selected Food Price Watch - July 2019

Anambra State









Agric eggs medium size	1 Dozen	7-Jul	-2.81	0.88
Agric eggs(medium size price of one)	1 Piece	36.89	-26.22	-7.78
Beans brown,sold loose	1Kg	394.16	-5.96	-4.71
Beans:white black eye. sold loose	1Kg	391.28	-2.15	-2.59
Beef Bone in	1Kg	1010.2	7.57	5.15
Beef,boneless	1Kg	1330.3	1.16	-3.06
Bread sliced 500g	1 loaf	356.25	-2.54	7.95
Bread unsliced 500g	1 loaf	345.83	12.12	15.28
Broken Rice (Ofada)	1Kg	396.23	-7.85	0.28
Chicken Feet	1Kg	750	0	-6.25
Chicken Wings	1Kg	966.67	-12.12	-3.33
Evaporated tinned milk carnation 170g	1 unit	170.3	-2.97	-7.46
Evaporated tinned milk(peak), 170g	1 unit	183.33	-3.16	-2.1
Frozen chicken	1 unit	1895	11.14	3.81
Gari white,sold loose	1Kg	141.52	-15.91	2.8
Gari yellow,sold loose	1Kg	156.82	-25.81	-1.71
Mudfish (aro) fresh	1Kg	1002.16	8.86	-1.5
Mudfish : dried	1Kg	2172.22	-8.33	-1.95
Onion bulb	1Kg	192.77	-15.46	-22.87
Rice agric sold loose	1Kg	317.83	-7.61	-12.92
Rice local sold loose	1Kg	284.59	5.29	6.12
Rice Medium Grained	1Kg	320	-11.11	-9.43
Rice,imported high quality sold loose	1Kg	375.88	-5.48	-4.29
Tomato	1Kg	200.66	-46.81	-15.14
Yam tuber	1Kg	177	-19.72	18.23
Dried Fish Sardine	1Kg	1522.59	-3.38	-0.53
Iced Sardine	1Kg	1125.49	10.64	-4
Irish potato	1Kg	377.29	5.8	-12.55
Sweet potato	1Kg	171.09	12.83	-13.98
Tilapia fish (epiya) fresh	1Kg	881.59	-11.84	-3.39
Titus:frozen	1Kg	884.88	-6.01	-6.12
Catfish (obokun) fresh	1Kg	1156.67	8.67	-3.49
Catfish :dried	1Kg	2102.31	-18.24	-2.26
Catfish Smoked	1Kg	1627.78	9.4	1.74
Mackerel : frozen	1Kg	942.65	2.65	-3.58
Groundnut oil: 1 bottle, specify bottle	1Ltr	655.56	-0.29	-6.35
Maize grain white sold loose	1Kg	232.53	-3.12	-1.62
Maize grain yellow sold loose	1Kg	230	-4.13	-2.69
Palm oil: 1 bottle,specify bottle	1Ltr	432.26	-9.68	1.02
Plantain(ripe)	1Kg	245.71	12.33	-7.72
Plantain(unripe)	1Kg	233.23	20.39	-6.58
Vegetable oil:1 bottle,specify bottle	1Ltr	525.52	1.49	5.69
Wheat flour: prepacked (golden penny 2kg)	2Kg	725	1.4	-3.33
AVERAGE			-3.42	-2.71




Selected Food Price Watch - July 2019




Bauchi State









		
Tomato	UNIT OF MEASUREMENT	JULY 2019
	1KG	N103.38




		
Beans brown, sold loose	UNIT OF MEASUREMENT	JULY 2019
	1KG	N255.31




		
Rice Local sold Loose	UNIT OF MEASUREMENT	JULY 2019
	1KG	N223.22




		
Bread sliced 500g	UNIT OF MEASUREMENT	JULY 2019
	1 loaf	N227.50




		
Yam Tuber	UNIT OF MEASUREMENT	JULY 2019
	1KG	N142.07

		
Palm oil: 1 bottle	UNIT OF MEASUREMENT	JULY 2019
	1Ltr	N449.33

		
Beef, boneless	UNIT OF MEASUREMENT	JULY 2019
	1KG	N1150.00

		
Onion bulb	UNIT OF MEASUREMENT	JULY 2019
	1KG	N94.67

		
Garri white, sold Loose	UNIT OF MEASUREMENT	JULY 2019
	1KG	N166.70

		
Wheat flour: prepacked (golden penny) 2kg	UNIT OF MEASUREMENT	JULY 2019
	2KG	N725.00

Selected Food Price Watch - July 2019

Bauchi State









ItemLabels	Unit of Measurement	19-Jul	(JUL 2018-JUL2019)	JUN 2019-JUL 2019
Agric eggs medium size	1 Dozen	427.5	-1.24	-11.86
Agric eggs(medium size price of one)	1 Piece	37.27	-1.54	-4.84
Beans brown,sold loose	1Kg	255.31	-8.4	-8.7
Beans:white black eye. sold loose	1Kg	237.51	-20.62	-13.86
Beef Bone in	1Kg	853.33	-5.19	-4.91
Beef,boneless	1Kg	1150	-2.92	-1.96
Bread sliced 500g	1 loaf	227.5	-22.09	0.86
Bread unsliced 500g	1 loaf	202.3	-24.76	-10.27
Broken Rice (Ofada)	1Kg	254.06	-27.41	-15.16
Chicken Feet	1Kg	300	-20	-0.76
Chicken Wings	1Kg	525	4.88	-2.09
Evaporated tinned milk carnation 170g	1 unit	155	3.33	12.32
Evaporated tinned milk(peak), 170g	1 unit	186.67	-0.25	3.9
Frozen chicken	1 unit	1570	2.95	1.29
Gari white,sold loose	1Kg	166.7	-5.01	22.17
Gari yellow,sold loose	1Kg	149.32	-28.49	5.57
Mudfish (aro) fresh	1Kg	930	15.4	-4.94
Mudfish : dried	1Kg	1487.5	-0.56	-1.96
Onion bulb	1Kg	94.67	-34.06	-26.63
Rice agric sold loose	1Kg	258.68	-4.46	-1.85
Rice local sold loose	1Kg	223.22	9.36	1.39
Rice Medium Grained	1Kg	243.97	-20.98	-4.88
Rice,imported high quality sold loose	1Kg	334.51	4.53	7.96
Tomato	1Kg	103.38	-49.64	-2.44
Yam tuber	1Kg	142.07	6.23	14.38
Dried Fish Sardine	1Kg	1300.02	-1.09	1.17
Iced Sardine	1Kg	944.44	7.46	4.94
Irish potato	1Kg	239.42	16.02	-13.04
Sweet potato	1Kg	73.83	-27.27	-0.8
Tilapia fish (epiya) fresh	1Kg	520	4	-8.24
Titus:frozen	1Kg	898.34	-0.18	-0.18
Catfish (obokun) fresh	1Kg	1100.33	29.45	-2.34
Catfish :dried	1Kg	1750	7.84	-2.64
Catfish Smoked	1Kg	1560	-11.65	-2.44
Mackerel : frozen	1Kg	950	-5	-3.93
Groundnut oil: 1 bottle, specify bottle	1Ltr	489.52	-5.8	1.51
Maize grain white sold loose	1Kg	94.39	-11.37	12.79
Maize grain yellow sold loose	1Kg	92.18	-13.69	11.33
Palm oil: 1 bottle,specify bottle	1Ltr	449.33	-7.49	-8.69
Plantain(ripe)	1Kg	222.22	7.53	-17.7
Plantain(unripe)	1Kg	222.22	16.44	11.11
Vegetable oil:1 bottle,specify bottle	1Ltr	410	-11.78	-7.29
Wheat flour: prepacked (golden penny 2kg)	2Kg	725	11.54	3.08
AVERAGE			-5.26	-1.6




Selected Food Price Watch - July 2019




Bayelsa State









		
Tomato	UNIT OF MEASUREMENT	JULY 2019
	1KG	N319.18




		
Beans brown, sold loose	UNIT OF MEASUREMENT	JULY 2019
	1KG	N440.53




		
Rice Local sold Loose	UNIT OF MEASUREMENT	JULY 2019
	1KG	N406.12




		
Bread sliced 500g	UNIT OF MEASUREMENT	JULY 2019
	1 loaf	N426.67




		
Yam Tuber	UNIT OF MEASUREMENT	JULY 2019
	1KG	N244.05

		
Palm oil: 1 bottle	UNIT OF MEASUREMENT	JULY 2019
	1Ltr	N444.44

		
Beef, boneless	UNIT OF MEASUREMENT	JULY 2019
	1KG	N1396.95

		
Onion bulb	UNIT OF MEASUREMENT	JULY 2019
	1KG	N344.97

		
Garri white, sold Loose	UNIT OF MEASUREMENT	JULY 2019
	1KG	N248.61

		
Wheat flour: prepacked (golden penny) 2kg	UNIT OF MEASUREMENT	JULY 2019
	2KG	N742.31

Selected Food Price Watch - July 2019

Bayelsa State









ItemLabels	Unit of Measurement	19-Jul	(JUL 2018-JUL2019)	JUN 2019-JUL 2019
Agric eggs medium size	1 Dozen	474	-15.36	-5.83
Agric eggs(medium size price of one)	1 Piece	31.88	-33.84	-20.31
Beans brown,sold loose	1Kg	440.53	-1.53	-0.08
Beans:white black eye. sold loose	1Kg	403.19	-3.76	-1.91
Beef Bone in	1Kg	1255.69	1.3	2.67
Beef,boneless	1Kg	1396.95	-2.44	1.54
Bread sliced 500g	1 loaf	426.67	4.7	-5.19
Bread unsliced 500g	1 loaf	423.53	2.67	-0.35
Broken Rice (Ofada)	1Kg	405	-2.62	-1.49
Chicken Feet	1Kg	1039.35	9.68	-3.32
Chicken Wings	1Kg	1156.11	-3.2	-3.31
Evaporated tinned milk carnation 170g	1 unit	141.67	-6.8	-1.16
Evaporated tinned milk(peak), 170g	1 unit	180.67	-1.73	0.37
Frozen chicken	1 unit	2075	12.44	2.5
Gari white,sold loose	1Kg	248.61	4.48	24.06
Gari yellow,sold loose	1Kg	253.87	-2.17	22.45
Mudfish (aro) fresh	1Kg	1055.26	-18.87	4.11
Mudfish : dried	1Kg	1892.33	-3.65	-3.38
Onion bulb	1Kg	344.97	42.39	6.15
Rice agric sold loose	1Kg	433.33	-10.29	-11.36
Rice local sold loose	1Kg	406.12	6.31	-1.36
Rice Medium Grained	1Kg	491.11	7.34	10.36
Rice,imported high quality sold loose	1Kg	452.5	-11.33	-8.28
Tomato	1Kg	319.18	-23.72	-15.69
Yam tuber	1Kg	244.05	-38.87	-11.15
Dried Fish Sardine	1Kg	1395.06	-5.8	-0.76
Iced Sardine	1Kg	905.07	-17.91	-0.08
Irish potato	1Kg	303.69	-5.17	-10.18
Sweet potato	1Kg	224.51	1.19	0.84
Tilapia fish (epiya) fresh	1Kg	1184.4	1.19	-3.24
Titus:frozen	1Kg	950.57	-0.86	1.98
Catfish (obokun) fresh	1Kg	1298.47	8.19	-6.68
Catfish :dried	1Kg	1899.75	-4.17	0.33
Catfish Smoked	1Kg	1618.56	-5.53	-2.14
Mackerel : frozen	1Kg	926.76	-7.18	-0.25
Groundnut oil: 1 bottle, specify bottle	1Ltr	496.67	-12.66	-12.35
Maize grain white sold loose	1Kg	199.05	-21.5	-16.45
Maize grain yellow sold loose	1Kg	237.24	-21.6	-16.27
Palm oil: 1 bottle,specify bottle	1Ltr	444.44	-26.61	-11.11
Plantain(ripe)	1Kg	247.52	23.42	27.89
Plantain(unripe)	1Kg	219.39	18.71	15.09
Vegetable oil:1 bottle,specify bottle	1Ltr	570.48	6.96	-2.2
Wheat flour: prepacked (golden penny 2kg)	2Kg	742.31	-1.17	3.24
AVERAGE			-3.71	-1.22




Selected Food Price Watch - July 2019




Benue State









		
Tomato	UNIT OF MEASUREMENT 1KG	JULY 2019 N253.46




		
Beans brown, sold loose	UNIT OF MEASUREMENT 1KG	JULY 2019 N345.89




		
Rice Local sold Loose	UNIT OF MEASUREMENT 1KG	JULY 2019 N290.95




		
Bread sliced 500g	UNIT OF MEASUREMENT 1 loaf	JULY 2019 N357.14




		
Yam Tuber	UNIT OF MEASUREMENT 1KG	JULY 2019 N220.86

		
Palm oil: 1 bottle	UNIT OF MEASUREMENT 1Ltr	JULY 2019 N461.54

		
Beef, boneless	UNIT OF MEASUREMENT 1KG	JULY 2019 N1381.48

		
Onion bulb	UNIT OF MEASUREMENT 1KG	JULY 2019 N241.67

		
Garri white, sold Loose	UNIT OF MEASUREMENT 1KG	JULY 2019 N146.22

		
Wheat flour: prepacked (golden penny) 2kg	UNIT OF MEASUREMENT 2KG	JULY 2019 N600.00

Selected Food Price Watch - July 2019


Benue State





ItemLabels	Unit of Measurement	19-Jul	(JUL 2018-JUL2019)	JUN 2019-JUL 2019
Agric eggs medium size	1 Dozen	460	-5.91	-8.41
Agric eggs(medium size price of one)	1 Piece	40	-12	0
Beans brown,sold loose	1Kg	345.89	-16.08	-2.23
Beans:white black eye. sold loose	1Kg	305.48	-14.68	0.07
Beef Bone in	1Kg	1243.33	20.32	-0.13
Beef,boneless	1Kg	1381.48	3.98	0.51
Bread sliced 500g	1 loaf	357.14	17.1	9.89
Bread unsliced 500g	1 loaf	250	-13.79	-1.96
Broken Rice (Ofada)	1Kg	283.33	21.43	-3.41
Chicken Feet	1Kg	750	-25	-4.97
Chicken Wings	1Kg	990.63	-18.58	-0.36
Evaporated tinned milk carnation 170g	1 unit	150	-9.09	0
Evaporated tinned milk(peak), 170g	1 unit	183.33	1.34	12.42
Frozen chicken	1 unit	1800	9.09	-1.1
Gari white,sold loose	1Kg	146.22	-18.38	-1.03
Gari yellow,sold loose	1Kg	151.05	-32.82	-6.35
Mudfish (aro) fresh	1Kg	1233.33	5.71	-3.27
Mudfish : dried	1Kg	1536.11	-19.39	-3.36
Onion bulb	1Kg	241.67	-16.33	-6.92
Rice agric sold loose	1Kg	293.33	-7.37	1.04
Rice local sold loose	1Kg	290.95	13.45	12
Rice Medium Grained	1Kg	266.67	3.21	3.33
Rice,imported high quality sold loose	1Kg	387.08	-1.85	2.5
Tomato	1Kg	253.46	-17.48	-8.09
Yam tuber	1Kg	220.86	-38.16	-12.16
Dried Fish Sardine	1Kg	1352.31	-13.94	-3.31
Iced Sardine	1Kg	918.18	1.06	-2.05
Irish potato	1Kg	209.46	-26.39	-4.02
Sweet potato	1Kg	134.44	10.16	-1.01
Tilapia fish (epiya) fresh	1Kg	970	26.52	-1.36
Titus:frozen	1Kg	1050.05	30.93	-2.9
Catfish (obokun) fresh	1Kg	1176.32	11.44	-1.59
Catfish :dried	1Kg	1565.9	1.56	-2.06
Catfish Smoked	1Kg	1496.33	4.18	-3.29
Mackerel : frozen	1Kg	1200	32.11	-0.99
Groundnut oil: 1 bottle, specify bottle	1Ltr	586.15	-6.9	-2.31
Maize grain white sold loose	1Kg	123.59	-35.86	-14
Maize grain yellow sold loose	1Kg	125.14	-35.44	-14.6
Palm oil: 1 bottle,specify bottle	1Ltr	461.54	-9.42	-6.13
Plantain(ripe)	1Kg	251.23	-0.74	-6.32
Plantain(unripe)	1Kg	265.59	-15.32	-10.88
Vegetable oil:1 bottle,specify bottle	1Ltr	485.21	-14.83	-0.1
Wheat flour: prepacked (golden penny 2kg)	2Kg	600	-3.23	-5.26
AVERAGE			-5.01	-2.42


Selected Food Price Watch - July 2019

Borno State







Tomato

	
UNIT OF MEASUREMENT	JULY 2019
1KG	N148.43






Beans brown, sold loose

	
UNIT OF MEASUREMENT	JULY 2019
1KG	N257.22






Rice Local sold Loose

	
UNIT OF MEASUREMENT	JULY 2019
1KG	N251.61






Bread sliced 500g

	
UNIT OF MEASUREMENT	JULY 2019
1 loaf	N262.50






Yam Tuber

	
UNIT OF MEASUREMENT	JULY 2019
1KG	N126.91






Palm oil: 1 bottle

	
UNIT OF MEASUREMENT	JULY 2019
1Ltr	N527.78






Beef, boneless

	
UNIT OF MEASUREMENT	JULY 2019
1KG	N1098.94






Onion bulb

	
UNIT OF MEASUREMENT	JULY 2019
1KG	N136.51





Garri white, sold Loose

	
UNIT OF MEASUREMENT	JULY 2019
1KG	N160.22



Wheat flour: prepacked (golden penny) 2kg

	
UNIT OF MEASUREMENT	JULY 2019
2KG	N630.25

Selected Food Price Watch - July 2019


Borno State





ItemLabels	Unit of Measurement	19-Jul	(JUL 2018-JUL2019)	JUN 2019-JUL 2019
Agric eggs medium size	1 Dozen	450	5.77	-7.22
Agric eggs(medium size price of one)	1 Piece	38.25	3.59	2
Beans brown,sold loose	1Kg	257.22	-32.85	-1
Beans:white black eye. sold loose	1Kg	203.54	-26.42	-12.18
Beef Bone in	1Kg	948.75	-7.89	6.15
Beef,boneless	1Kg	1098.94	-3.03	0.46
Bread sliced 500g	1 loaf	262.5	8.96	0
Bread unsliced 500g	1 loaf	214.17	0.78	0
Broken Rice (Ofada)	1Kg	272.46	-13.17	0
Chicken Feet	1Kg	450	3.45	-5.26
Chicken Wings	1Kg	550.28	0.05	-5.17
Evaporated tinned milk carnation 170g	1 unit	165	0	0
Evaporated tinned milk(peak), 170g	1 unit	186.67	3.57	0
Frozen chicken	1 unit	1652.87	9.57	3.3
Gari white,sold loose	1Kg	160.22	-15.89	-3.64
Gari yellow,sold loose	1Kg	136.41	-25.67	-14.77
Mudfish (aro) fresh	1Kg	830	-3.31	3.75
Mudfish : dried	1Kg	1648.48	0.89	-2.04
Onion bulb	1Kg	136.51	-10.71	36.31
Rice agric sold loose	1Kg	286.98	-14.55	1.44
Rice local sold loose	1Kg	251.61	0.16	0.71
Rice Medium Grained	1Kg	270.79	-16.79	-8.89
Rice,imported high quality sold loose	1Kg	309.07	-16.69	4.01
Tomato	1Kg	148.43	-25.99	23.29
Yam tuber	1Kg	126.91	14.09	3.07
Dried Fish Sardine	1Kg	1540.31	-2.56	-2.04
Iced Sardine	1Kg	856.67	-5.7	6.96
Irish potato	1Kg	211.95	9.32	-21.56
Sweet potato	1Kg	90.26	-1.98	10.39
Tilapia fish (epiya) fresh	1Kg	621.58	6.33	6
Titus:frozen	1Kg	888.03	5.72	-0.1
Catfish (obokun) fresh	1Kg	928.57	1.87	-5.25
Catfish :dried	1Kg	1557.38	0.19	-2.57
Catfish Smoked	1Kg	1302.34	-6.31	-3.67
Mackerel : frozen	1Kg	822.22	-13.45	-3.39
Groundnut oil: 1 bottle, specify bottle	1Ltr	489.26	-15.57	-3.44
Maize grain white sold loose	1Kg	83.89	-33.23	-1.02
Maize grain yellow sold loose	1Kg	91.34	-28.22	4.84
Palm oil: 1 bottle,specify bottle	1Ltr	527.78	0.76	-0.63
Plantain(ripe)	1Kg	278.52	36.53	11.41
Plantain(unripe)	1Kg	223.07	2.95	-10.77
Vegetable oil:1 bottle,specify bottle	1Ltr	486.67	-4.41	-0.82
Wheat flour: prepacked (golden penny 2kg)	2Kg	630.25	-3.04	0.84
AVERAGE			-4.95	0.22


Selected Food Price Watch - July 2019

Cross River State







Tomato

	
UNIT OF MEASUREMENT	JULY 2019
1KG	N371.37






Beans brown, sold loose

	
UNIT OF MEASUREMENT	JULY 2019
1KG	N405.29






Rice Local sold Loose

	
UNIT OF MEASUREMENT	JULY 2019
1KG	N256.25






Bread sliced 500g

	
UNIT OF MEASUREMENT	JULY 2019
1 loaf	N366.00






Yam Tuber

	
UNIT OF MEASUREMENT	JULY 2019
1KG	N110.61






Palm oil: 1 bottle

	
UNIT OF MEASUREMENT	JULY 2019
1Ltr	N440.27






Beef, boneless

	
UNIT OF MEASUREMENT	JULY 2019
1KG	N1351.61






Onion bulb

	
UNIT OF MEASUREMENT	JULY 2019
1KG	N256.75





Garri white, sold Loose

	
UNIT OF MEASUREMENT	JULY 2019
1KG	N137.95



Wheat flour: prepacked (golden penny) 2kg

	
UNIT OF MEASUREMENT	JULY 2019
2KG	N659.23

Selected Food Price Watch - July 2019


Cross River State





ItemLabels	Unit of Measurement	19-Jul	(JUL 2018-JUL2019)	JUN 2019-JUL 2019
Agric eggs medium size	1 Dozen	472.5	-10.11	-4.55
Agric eggs(medium size price of one)	1 Piece	31.25	-32.36	-21.88
Beans brown,sold loose	1Kg	405.29	-7.7	-1.76
Beans:white black eye. sold loose	1Kg	326.07	-14.08	-7.29
Beef Bone in	1Kg	1010.17	-4.94	0.51
Beef,boneless	1Kg	1351.61	-5.73	2.01
Bread sliced 500g	1 loaf	366	8.08	-0.83
Bread unsliced 500g	1 loaf	322.92	8.3	-3.81
Broken Rice (Ofada)	1Kg	338.16	-6.56	-6.75
Chicken Feet	1Kg	986.67	-1.19	-4.52
Chicken Wings	1Kg	1076.67	-2.42	-2.12
Evaporated tinned milk carnation 170g	1 unit	152.63	-0.95	0
Evaporated tinned milk(peak), 170g	1 unit	178.57	-1.7	-1.03
Frozen chicken	1 unit	2006.67	12.37	2.91
Gari white,sold loose	1Kg	137.95	-3.68	26.5
Gari yellow,sold loose	1Kg	95.43	-41.27	-15.86
Mudfish (aro) fresh	1Kg	1076.21	-0.66	-5.2
Mudfish : dried	1Kg	2050.71	8.03	-2
Onion bulb	1Kg	256.75	-16.29	-15.01
Rice agric sold loose	1Kg	327.46	-3.17	1.92
Rice local sold loose	1Kg	256.25	-1.18	1.47
Rice Medium Grained	1Kg	294.11	-11.29	-2.69
Rice,imported high quality sold loose	1Kg	362.27	1.81	-0.1
Tomato	1Kg	371.37	-14.24	-12.16
Yam tuber	1Kg	110.61	-61.1	-2.16
Dried Fish Sardine	1Kg	1398.49	-6.27	-3.91
Iced Sardine	1Kg	917.74	-22.51	-3.86
Irish potato	1Kg	302.24	-30.14	-8.02
Sweet potato	1Kg	195.13	29.5	21.27
Tilapia fish (epiya) fresh	1Kg	1093.64	-2.77	-1.46
Titus:frozen	1Kg	998.16	-4.19	-0.8
Catfish (obokun) fresh	1Kg	1101.3	-14.48	-5.03
Catfish :dried	1Kg	2488.99	19.23	0.75
Catfish Smoked	1Kg	1818.33	19.87	-0.4
Mackerel : frozen	1Kg	1100.66	7.66	-1.98
Groundnut oil: 1 bottle, specify bottle	1Ltr	795.56	28.32	-2.3
Maize grain white sold loose	1Kg	213.44	-10.8	0.23
Maize grain yellow sold loose	1Kg	240.82	-5.1	2.24
Palm oil: 1 bottle,specify bottle	1Ltr	440.27	-4.15	-4.1
Plantain(ripe)	1Kg	122.63	-42.41	-12.8
Plantain(unripe)	1Kg	158.89	-26.99	40.25
Vegetable oil:1 bottle,specify bottle	1Ltr	522.22	-10.9	-3.65
Wheat flour: prepacked (golden penny 2kg)	2Kg	659.23	-9.83	-7.03
AVERAGE			-6.7	-1.51


Selected Food Price Watch - July 2019

Delta State







Tomato

	
UNIT OF MEASUREMENT	JULY 2019
1KG	N229.51






Beans brown, sold loose

	
UNIT OF MEASUREMENT	JULY 2019
1KG	N360.64






Rice Local sold Loose

	
UNIT OF MEASUREMENT	JULY 2019
1KG	N283.19






Bread sliced 500g

	
UNIT OF MEASUREMENT	JULY 2019
1 loaf	N265.63






Yam Tuber

	
UNIT OF MEASUREMENT	JULY 2019
1KG	N185.53






Palm oil: 1 bottle

	
UNIT OF MEASUREMENT	JULY 2019
1Ltr	N402.50






Beef, boneless

	
UNIT OF MEASUREMENT	JULY 2019
1KG	N1481.63






Onion bulb

	
UNIT OF MEASUREMENT	JULY 2019
1KG	N331.25





Garri white, sold Loose

	
UNIT OF MEASUREMENT	JULY 2019
1KG	N204.53



Wheat flour: prepacked (golden penny) 2kg

	
UNIT OF MEASUREMENT	JULY 2019
2KG	N629.38

Selected Food Price Watch - July 2019

Delta State









ItemLabels	Unit of Measurement	19-Jul	(JUL 2018-JUL2019)	JUN 2019-JUL 2019
Agric eggs medium size	1 Dozen	520.63	3.95	4.13
Agric eggs(medium size price of one)	1 Piece	35	-20	-12.5
Beans brown,sold loose	1Kg	360.64	-12.1	1.63
Beans:white black eye. sold loose	1Kg	326.67	-11.04	7.3
Beef Bone in	1Kg	1014.88	-1.91	4.86
Beef,boneless	1Kg	1481.63	6.29	2.32
Bread sliced 500g	1 loaf	265.63	-12.58	-7.61
Bread unsliced 500g	1 loaf	237.5	-10.14	-3.72
Broken Rice (Ofada)	1Kg	350.61	-11.75	-7.19
Chicken Feet	1Kg	866.67	-5.61	-3.21
Chicken Wings	1Kg	1050	2.08	-4.24
Evaporated tinned milk carnation 170g	1 unit	153.33	-3.27	6.98
Evaporated tinned milk(peak), 170g	1 unit	183.13	-3.11	-1.01
Frozen chicken	1 unit	1807.17	14.6	0.08
Gari white,sold loose	1Kg	204.53	8.56	13.37
Gari yellow,sold loose	1Kg	214.48	3.68	3.46
Mudfish (aro) fresh	1Kg	1087.23	-0.75	-0.67
Mudfish : dried	1Kg	2057.5	17.17	-1.57
Onion bulb	1Kg	331.25	13.15	6.19
Rice agric sold loose	1Kg	368.89	9.62	-4.3
Rice local sold loose	1Kg	283.19	-5.05	-2.32
Rice Medium Grained	1Kg	344	6.14	-0.13
Rice,imported high quality sold loose	1Kg	400.38	5.44	0.88
Tomato	1Kg	229.51	-45.35	-5.88
Yam tuber	1Kg	185.53	14.91	-9.67
Dried Fish Sardine	1Kg	1388.3	6.69	0.15
Iced Sardine	1Kg	897.21	-4.33	-7.38
Irish potato	1Kg	307.22	-7.66	-13.38
Sweet potato	1Kg	173.26	7.9	36.39
Tilapia fish (epiya) fresh	1Kg	1128.18	15.55	-3.56
Titus:frozen	1Kg	991.82	0.76	1.04
Catfish (obokun) fresh	1Kg	1170.61	5.08	-1.3
Catfish :dried	1Kg	1858.01	-1.88	-2.02
Catfish Smoked	1Kg	1642.86	9.76	-2.76
Mackerel : frozen	1Kg	855.97	-16.85	-4.54
Groundnut oil: 1 bottle, specify bottle	1Ltr	708.33	4.51	-6.25
Maize grain white sold loose	1Kg	221.35	0.51	-1.28
Maize grain yellow sold loose	1Kg	224.62	7.66	2.15
Palm oil: 1 bottle,specify bottle	1Ltr	402.5	-33.9	-4.55
Plantain(ripe)	1Kg	203.87	-10.6	-14.45
Plantain(unripe)	1Kg	206.32	3.05	-9.72
Vegetable oil:1 bottle,specify bottle	1Ltr	511.11	-15.6	-5.74
Wheat flour: prepacked (golden penny 2kg)	2Kg	629.38	-2.64	-6.53
AVERAGE			-1.61	-1.32




Selected Food Price Watch - July 2019




Ebonyi State









		
Tomato	UNIT OF MEASUREMENT	JULY 2019
	1KG	N284.96




		
Beans brown, sold loose	UNIT OF MEASUREMENT	JULY 2019
	1KG	N520.41




		
Rice Local sold Loose	UNIT OF MEASUREMENT	JULY 2019
	1KG	N280.00




		
Bread sliced 500g	UNIT OF MEASUREMENT	JULY 2019
	1 loaf	N345.45




		
Yam Tuber	UNIT OF MEASUREMENT	JULY 2019
	1KG	N225.29

		
Palm oil: 1 bottle	UNIT OF MEASUREMENT	JULY 2019
	1Ltr	N386.67

		
Beef, boneless	UNIT OF MEASUREMENT	JULY 2019
	1KG	N1463.64

		
Onion bulb	UNIT OF MEASUREMENT	JULY 2019
	1KG	N185.16

		
Garri white, sold Loose	UNIT OF MEASUREMENT	JULY 2019
	1KG	N114.29

		
Wheat flour: prepacked (golden penny) 2kg	UNIT OF MEASUREMENT	JULY 2019
	2KG	N666.67

Selected Food Price Watch - July 2019

Ebonyi State









ItemLabels	Unit of Measurement	19-Jul	(JUL 2018-JUL2019)	JUN 2019-JUL 2019
Agric eggs medium size	1 Dozen	472.14	1.38	-4.57
Agric eggs(medium size price of one)	1 Piece	34.29	-14.59	-14.29
Beans brown,sold loose	1Kg	520.41	-10.05	-8.39
Beans:white black eye. sold loose	1Kg	483.47	-3.37	-2.74
Beef Bone in	1Kg	1002.1	0.21	0.05
Beef,boneless	1Kg	1463.64	1.33	4.65
Bread sliced 500g	1 loaf	345.45	8.57	6.29
Bread unsliced 500g	1 loaf	291.67	8.76	-2.78
Broken Rice (Ofada)	1Kg	382.03	-4.12	0
Chicken Feet	1Kg	692.03	-5.85	-1.32
Chicken Wings	1Kg	886.23	-19.43	-2.93
Evaporated tinned milk carnation 170g	1 unit	165.48	3.42	-2.66
Evaporated tinned milk(peak), 170g	1 unit	188.57	-1.49	-1.3
Frozen chicken	1 unit	1650	20	1.51
Gari white,sold loose	1Kg	114.29	-55.28	-20.83
Gari yellow,sold loose	1Kg	159.52	-47.06	-10.59
Mudfish (aro) fresh	1Kg	898.01	2.6	-0.43
Mudfish : dried	1Kg	2100.25	-10.07	-2.36
Onion bulb	1Kg	185.16	-3.55	-22.96
Rice agric sold loose	1Kg	280	-9.68	-1.56
Rice local sold loose	1Kg	280	3.6	4.61
Rice Medium Grained	1Kg	310.26	3.38	1.17
Rice,imported high quality sold loose	1Kg	381.62	-4.6	-2.84
Tomato	1Kg	284.96	-27.97	-12.06
Yam tuber	1Kg	225.29	-22.56	18.61
Dried Fish Sardine	1Kg	1300	-0.9	0.78
Iced Sardine	1Kg	900	-1	-0.88
Irish potato	1Kg	275	34.15	-14.06
Sweet potato	1Kg	178.57	22.06	35.51
Tilapia fish (epiya) fresh	1Kg	900.02	-5.5	-6.92
Titus:frozen	1Kg	926.85	-7	-6.56
Catfish (obokun) fresh	1Kg	1176.22	3.92	-5.09
Catfish :dried	1Kg	2298.74	-1.01	-2.35
Catfish Smoked	1Kg	1702.13	0.13	-1.17
Mackerel : frozen	1Kg	948.31	7.15	-3.1
Groundnut oil: 1 bottle, specify bottle	1Ltr	633.33	-9.95	-8.9
Maize grain white sold loose	1Kg	242.86	6.25	28.74
Maize grain yellow sold loose	1Kg	242.86	-1.03	27.8
Palm oil: 1 bottle,specify bottle	1Ltr	386.67	-9.68	-13.71
Plantain(ripe)	1Kg	189.58	-27.7	-5.65
Plantain(unripe)	1Kg	169.44	-6.81	-13.17
Vegetable oil:1 bottle,specify bottle	1Ltr	438.1	-5.71	-10.39
Wheat flour: prepacked (golden penny 2kg)	2Kg	666.67	-4.76	6.06
AVERAGE			-4.51	-1.65




Selected Food Price Watch - July 2019




Edo State









		
Tomato	UNIT OF MEASUREMENT	JULY 2019
	1KG	N327.39




		
Beans brown, sold loose	UNIT OF MEASUREMENT	JULY 2019
	1KG	N352.29




		
Rice Local sold Loose	UNIT OF MEASUREMENT	JULY 2019
	1KG	N290.86




		
Bread sliced 500g	UNIT OF MEASUREMENT	JULY 2019
	1 loaf	N314.71




		
Yam Tuber	UNIT OF MEASUREMENT	JULY 2019
	1KG	N265.46

		
Palm oil: 1 bottle	UNIT OF MEASUREMENT	JULY 2019
	1Ltr	N458.82

		
Beef, boneless	UNIT OF MEASUREMENT	JULY 2019
	1KG	N1415.26

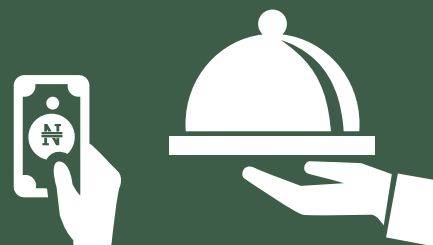
		
Onion bulb	UNIT OF MEASUREMENT	JULY 2019
	1KG	N211.65

		
Garri white, sold Loose	UNIT OF MEASUREMENT	JULY 2019
	1KG	N179.33

		
Wheat flour: prepacked (golden penny) 2kg	UNIT OF MEASUREMENT	JULY 2019
	2KG	N726.67

Selected Food Price Watch - July 2019

Edo State









ItemLabels	Unit of Measurement	19-Jul	(JUL 2018-JUL2019)	JUN 2019-JUL 2019
Agric eggs medium size	1 Dozen	458	-18.21	-9.61
Agric eggs(medium size price of one)	1 Piece	40.88	-16.49	3.05
Beans brown,sold loose	1Kg	352.29	-8.76	-7.55
Beans:white black eye. sold loose	1Kg	327.19	0.32	8.31
Beef Bone in	1Kg	1017.64	3.04	2.59
Beef,boneless	1Kg	1415.26	2.28	-0.26
Bread sliced 500g	1 loaf	314.71	-3.08	-0.22
Bread unsliced 500g	1 loaf	296.88	13.7	13.51
Broken Rice (Ofada)	1Kg	400	-20	5.26
Chicken Feet	1Kg	825.56	-8.27	-6.32
Chicken Wings	1Kg	1255.14	0.41	-1.69
Evaporated tinned milk carnation 170g	1 unit	143.08	-8.09	-2.45
Evaporated tinned milk(peak), 170g	1 unit	193.13	-2.08	-1.28
Frozen chicken	1 unit	1484.12	4.03	0.76
Gari white,sold loose	1Kg	179.33	-22.14	7.21
Gari yellow,sold loose	1Kg	184.3	-6.72	36.18
Mudfish (aro) fresh	1Kg	1205.23	-0.12	-2.47
Mudfish : dried	1Kg	1550.53	-27.35	-3
Onion bulb	1Kg	211.65	-17.25	-16.25
Rice agric sold loose	1Kg	369.17	-1.31	-3.44
Rice local sold loose	1Kg	290.86	-10.7	-20.11
Rice Medium Grained	1Kg	332.14	-10.66	-15.08
Rice,imported high quality sold loose	1Kg	387.5	-1.06	-2.31
Tomato	1Kg	327.39	-18.05	-9.04
Yam tuber	1Kg	265.46	-13.18	-7.59
Dried Fish Sardine	1Kg	1207.54	-17.56	-2.38
Iced Sardine	1Kg	874.72	-6.54	-5.38
Irish potato	1Kg	367.8	4.34	14.46
Sweet potato	1Kg	149.38	7.31	16.75
Tilapia fish (epiya) fresh	1Kg	1150.86	-2.81	5.01
Titus:frozen	1Kg	955.38	-1.7	-4.26
Catfish (obokun) fresh	1Kg	966.47	-20.73	-3.49
Catfish :dried	1Kg	2209.02	-1.96	-2.11
Catfish Smoked	1Kg	1479.63	-15.45	3.75
Mackerel : frozen	1Kg	1166.68	28.54	-2.14
Groundnut oil: 1 bottle, specify bottle	1Ltr	687.14	28.84	-8.38
Maize grain white sold loose	1Kg	232.54	-5.03	9.02
Maize grain yellow sold loose	1Kg	246.91	-1.53	4.55
Palm oil: 1 bottle,specify bottle	1Ltr	458.82	-23.6	-8.36
Plantain(ripe)	1Kg	175.36	-32.88	-8.95
Plantain(unripe)	1Kg	169.19	-29.61	5.66
Vegetable oil:1 bottle,specify bottle	1Ltr	486.27	-11.88	-8
Wheat flour: prepacked (golden penny 2kg)	2Kg	726.67	2.45	-1.08
AVERAGE			-6.73	-0.63




Selected Food Price Watch - July 2019




Ekiti State









 <p>Tomato</p>		
	<p>UNIT OF MEASUREMENT</p> <p>1KG</p>	<p>JULY 2019</p> <p>N221.68</p>




 <p>Beans brown, sold loose</p>		
	<p>UNIT OF MEASUREMENT</p> <p>1KG</p>	<p>JULY 2019</p> <p>N307.84</p>




 <p>Rice Local sold Loose</p>		
	<p>UNIT OF MEASUREMENT</p> <p>1KG</p>	<p>JULY 2019</p> <p>N331.69</p>




 <p>Bread sliced 500g</p>		
	<p>UNIT OF MEASUREMENT</p> <p>1 loaf</p>	<p>JULY 2019</p> <p>N250.00</p>

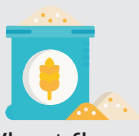


 <p>Yam Tuber</p>		
	<p>UNIT OF MEASUREMENT</p> <p>1KG</p>	<p>JULY 2019</p> <p>N112.20</p>

 <p>Palm oil: 1 bottle</p>		
	<p>UNIT OF MEASUREMENT</p> <p>1Ltr</p>	<p>JULY 2019</p> <p>N421.96</p>

 <p>Beef, boneless</p>		
	<p>UNIT OF MEASUREMENT</p> <p>1KG</p>	<p>JULY 2019</p> <p>N1401.59</p>

 <p>Onion bulb</p>		
	<p>UNIT OF MEASUREMENT</p> <p>1KG</p>	<p>JULY 2019</p> <p>N135.24</p>

 <p>Garri white, sold Loose</p>		
	<p>UNIT OF MEASUREMENT</p> <p>1KG</p>	<p>JULY 2019</p> <p>N154.48</p>

 <p>Wheat flour: prepacked (golden penny) 2kg</p>		
	<p>UNIT OF MEASUREMENT</p> <p>2KG</p>	<p>JULY 2019</p> <p>N637.22</p>

Selected Food Price Watch - July 2019

Ekiti State









ItemLabels	Unit of Measurement	19-Jul	(JUL 2018-JUL2019)	JUN 2019-JUL 2019
Agric eggs medium size	1 Dozen	468.03	3.57	-5.64
Agric eggs(medium size price of one)	1 Piece	40.55	-0.49	1.37
Beans brown,sold loose	1Kg	307.84	-34.1	-11.54
Beans:white black eye. sold loose	1Kg	297.56	-20.27	-6.57
Beef Bone in	1Kg	1058.85	8.17	-2.01
Beef,boneless	1Kg	1401.59	-1.11	0.11
Bread sliced 500g	1 loaf	250	0	0
Bread unsliced 500g	1 loaf	254.09	1.64	0.63
Broken Rice (Ofada)	1Kg	400.55	-13.82	-0.2
Chicken Feet	1Kg	700	-22.24	-7.31
Chicken Wings	1Kg	1097.5	-15.58	-2.01
Evaporated tinned milk carnation 170g	1 unit	162.13	-25.53	-2.52
Evaporated tinned milk(peak), 170g	1 unit	195	0.68	-1.02
Frozen chicken	1 unit	1780.31	25.07	3.32
Gari white,sold loose	1Kg	154.48	31.89	6.45
Gari yellow,sold loose	1Kg	144.05	-44.64	3.91
Mudfish (aro) fresh	1Kg	894.66	-3.34	-5.37
Mudfish : dried	1Kg	1895.81	-37.35	-1.56
Onion bulb	1Kg	135.24	-53.34	-1.76
Rice agric sold loose	1Kg	295.34	19.32	6.19
Rice local sold loose	1Kg	331.69	-4.02	-4.56
Rice Medium Grained	1Kg	294.12	-8.03	0
Rice,imported high quality sold loose	1Kg	304.73	-14.95	-3.52
Tomato	1Kg	221.68	-26.71	-5.34
Yam tuber	1Kg	112.2	-65.44	-11.04
Dried Fish Sardine	1Kg	1555.02	-8.93	-5.32
Iced Sardine	1Kg	815.26	-3.34	1.6
Irish potato	1Kg	200	-30	-0.65
Sweet potato	1Kg	100.54	-16.31	-12.64
Tilapia fish (epiya) fresh	1Kg	784.32	-21.57	-1.96
Titus:frozen	1Kg	886.52	-7.71	3.1
Catfish (obokun) fresh	1Kg	812.03	-4.67	1.34
Catfish :dried	1Kg	1800.26	-13.29	-1.8
Catfish Smoked	1Kg	1762.04	-10.81	-1.3
Mackerel : frozen	1Kg	755.81	6.78	-3.25
Groundnut oil: 1 bottle, specify bottle	1Ltr	493.33	-24.1	10.78
Maize grain white sold loose	1Kg	115.15	-48.89	-2.89
Maize grain yellow sold loose	1Kg	118.08	-50.51	-0.4
Palm oil: 1 bottle,specify bottle	1Ltr	421.96	-0.83	-2.77
Plantain(ripe)	1Kg	159.69	-29.95	0.9
Plantain(unripe)	1Kg	185.03	-21.39	-10.91
Vegetable oil:1 bottle,specify bottle	1Ltr	445.1	-22.71	-3.24
Wheat flour: prepacked (golden penny 2kg)	2Kg	637.22	-4.78	-0.04
AVERAGE			-14.27	-1.85




Selected Food Price Watch - July 2019




Enugu State









		
Tomato	UNIT OF MEASUREMENT 1KG	JULY 2019 N255.10

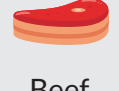


		
Beans brown, sold loose	UNIT OF MEASUREMENT 1KG	JULY 2019 N441.20




		
Rice Local sold Loose	UNIT OF MEASUREMENT 1KG	JULY 2019 N270.02




		
Bread sliced 500g	UNIT OF MEASUREMENT 1 loaf	JULY 2019 N295.31




		
Yam Tuber	UNIT OF MEASUREMENT 1KG	JULY 2019 N149.76

		
Palm oil: 1 bottle	UNIT OF MEASUREMENT 1Ltr	JULY 2019 N429.28

		
Beef, boneless	UNIT OF MEASUREMENT 1KG	JULY 2019 N1371.16

		
Onion bulb	UNIT OF MEASUREMENT 1KG	JULY 2019 N266.60

		
Garri white, sold Loose	UNIT OF MEASUREMENT 1KG	JULY 2019 N152.89

		
Wheat flour: prepacked (golden penny) 2kg	UNIT OF MEASUREMENT 2KG	JULY 2019 N696.88

Selected Food Price Watch - July 2019


Enugu State





ItemLabels	Unit of Measurement	19-Jul	(JUL 2018-JUL2019)	JUN 2019-JUL 2019
Agric eggs medium size	1 Dozen	519.23	6.89	-9.02
Agric eggs(medium size price of one)	1 Piece	42.75	1.69	-6.78
Beans brown,sold loose	1Kg	441.2	-14.63	-6.98
Beans:white black eye. sold loose	1Kg	405.33	-16.44	-6.32
Beef Bone in	1Kg	1047.05	8.95	1.47
Beef,boneless	1Kg	1371.16	-2.49	-0.75
Bread sliced 500g	1 loaf	295.31	-7.42	9.38
Bread unsliced 500g	1 loaf	249.7	-5.04	6.87
Broken Rice (Ofada)	1Kg	400	-19.23	1.74
Chicken Feet	1Kg	600	-12.86	-10
Chicken Wings	1Kg	1136.3	13.63	-4.62
Evaporated tinned milk carnation 170g	1 unit	170.12	-5.49	-2.24
Evaporated tinned milk(peak), 170g	1 unit	209.35	7.89	2.2
Frozen chicken	1 unit	1780.33	4.73	4.36
Gari white,sold loose	1Kg	152.89	-28.62	9.82
Gari yellow,sold loose	1Kg	164.52	-31.53	-7.26
Mudfish (aro) fresh	1Kg	1433.33	16.33	-3.76
Mudfish : dried	1Kg	2087.46	-4.27	-0.86
Onion bulb	1Kg	266.6	26.86	7.47
Rice agric sold loose	1Kg	338.67	5.04	15.45
Rice local sold loose	1Kg	270.02	-5.25	2.53
Rice Medium Grained	1Kg	260	-16.13	-8.8
Rice,imported high quality sold loose	1Kg	407.43	2.11	2.67
Tomato	1Kg	255.1	-11.73	-10.63
Yam tuber	1Kg	149.76	-23.84	-22.43
Dried Fish Sardine	1Kg	1487.3	-3.28	-0.18
Iced Sardine	1Kg	968.24	1.74	-0.77
Irish potato	1Kg	329.55	-12.54	-6.03
Sweet potato	1Kg	170.51	42.83	24.12
Tilapia fish (epiya) fresh	1Kg	784.76	-8.29	-2.22
Titus:frozen	1Kg	1007.27	3.79	-6.24
Catfish (obokun) fresh	1Kg	1150.02	-4.17	-3.55
Catfish :dried	1Kg	2108.47	-14.85	-2.36
Catfish Smoked	1Kg	1650.25	-1.77	-2.94
Mackerel : frozen	1Kg	854.48	-10.37	0.94
Groundnut oil: 1 bottle, specify bottle	1Ltr	626.67	-11.8	-6
Maize grain white sold loose	1Kg	206.84	-8.15	3.28
Maize grain yellow sold loose	1Kg	216.11	0.17	4.83
Palm oil: 1 bottle,specify bottle	1Ltr	429.28	-5.5	5.47
Plantain(ripe)	1Kg	270.1	21.4	9.81
Plantain(unripe)	1Kg	234.13	24.45	-0.93
Vegetable oil:1 bottle,specify bottle	1Ltr	505.26	-7.62	0.42
Wheat flour: prepacked (golden penny 2kg)	2Kg	696.88	-1.05	4.13
AVERAGE			-2.46	-0.34


Selected Food Price Watch - July 2019

Gombe State







Tomato

	
UNIT OF MEASUREMENT	JULY 2019
1KG	N110.94






Beans brown, sold loose

	
UNIT OF MEASUREMENT	JULY 2019
1KG	N242.88






Rice Local sold Loose

	
UNIT OF MEASUREMENT	JULY 2019
1KG	N198.44






Bread sliced 500g

	
UNIT OF MEASUREMENT	JULY 2019
1 loaf	N263.64






Yam Tuber

	
UNIT OF MEASUREMENT	JULY 2019
1KG	N101.16






Palm oil: 1 bottle

	
UNIT OF MEASUREMENT	JULY 2019
1Ltr	N405.56






Beef, boneless

	
UNIT OF MEASUREMENT	JULY 2019
1KG	N1155.56






Onion bulb

	
UNIT OF MEASUREMENT	JULY 2019
1KG	N171.46





Garri white, sold Loose

	
UNIT OF MEASUREMENT	JULY 2019
1KG	N138.50



Wheat flour: prepacked (golden penny) 2kg

	
UNIT OF MEASUREMENT	JULY 2019
2KG	N630.57

Selected Food Price Watch - July 2019

Gombe State









ItemLabels	Unit of Measurement	19-Jul	(JUL 2018-JUL2019)	JUN 2019-JUL 2019
Agric eggs medium size	1 Dozen	466.92	13.33	-4.26
Agric eggs(medium size price of one)	1 Piece	40.67	18.3	12.18
Beans brown,sold loose	1Kg	242.88	-26.2	-15.84
Beans:white black eye. sold loose	1Kg	279.15	-8.02	26.87
Beef Bone in	1Kg	1001.67	4.26	-3.06
Beef,boneless	1Kg	1155.56	5.79	-1.89
Bread sliced 500g	1 loaf	263.64	4.23	0
Bread unsliced 500g	1 loaf	230.77	4.3	0
Broken Rice (Ofada)	1Kg	225.71	-36.12	9.65
Chicken Feet	1Kg	412.66	-3.89	-4.51
Chicken Wings	1Kg	666.25	9.09	-4.82
Evaporated tinned milk carnation 170g	1 unit	143.75	-11.08	-11.54
Evaporated tinned milk(peak), 170g	1 unit	185.45	8.77	-1.45
Frozen chicken	1 unit	1820.31	19.69	2.26
Gari white,sold loose	1Kg	138.5	-30.28	26.95
Gari yellow,sold loose	1Kg	205.65	-5.97	-11.7
Mudfish (aro) fresh	1Kg	848.77	5.84	1.8
Mudfish : dried	1Kg	1525.45	-15.14	-1.77
Onion bulb	1Kg	171.46	-7.32	-9.23
Rice agric sold loose	1Kg	247.92	0.83	0
Rice local sold loose	1Kg	198.44	-3.86	2.51
Rice Medium Grained	1Kg	224.31	0.24	0
Rice,imported high quality sold loose	1Kg	318.27	-2.93	-0.1
Tomato	1Kg	110.94	-61.3	-13.06
Yam tuber	1Kg	101.16	-48.27	-14.04
Dried Fish Sardine	1Kg	1350.26	-6.88	-3.24
Iced Sardine	1Kg	800	-13.08	-6.43
Irish potato	1Kg	212.35	15.61	5.91
Sweet potato	1Kg	113.99	-8.99	12.1
Tilapia fish (epiya) fresh	1Kg	665	-7.06	-4.28
Titus:frozen	1Kg	958.64	12.75	4.35
Catfish (obokun) fresh	1Kg	820	-8.97	-5.75
Catfish :dried	1Kg	1475	-7.81	-1.69
Catfish Smoked	1Kg	1495.23	-8.76	-1.82
Mackerel : frozen	1Kg	783.33	-13.53	0
Groundnut oil: 1 bottle, specify bottle	1Ltr	512.22	-14.01	5.49
Maize grain white sold loose	1Kg	70.36	-38.9	-18.09
Maize grain yellow sold loose	1Kg	90.42	-24.83	-4.28
Palm oil: 1 bottle,specify bottle	1Ltr	405.56	-20.48	-10.91
Plantain(ripe)	1Kg	210	18.87	5
Plantain(unripe)	1Kg	166.67	-11.5	11.11
Vegetable oil:1 bottle,specify bottle	1Ltr	506.67	-3.7	-1.44
Wheat flour: prepacked (golden penny 2kg)	2Kg	630.57	-9.92	0.32
AVERAGE			-7.37	-0.67




Selected Food Price Watch - July 2019




Imo State









		
Tomato	UNIT OF MEASUREMENT	JULY 2019
	1KG	N215.63




		
Beans brown, sold loose	UNIT OF MEASUREMENT	JULY 2019
	1KG	N409.50




		
Rice Local sold Loose	UNIT OF MEASUREMENT	JULY 2019
	1KG	N346.03




		
Bread sliced 500g	UNIT OF MEASUREMENT	JULY 2019
	1 loaf	N300.00




		
Yam Tuber	UNIT OF MEASUREMENT	JULY 2019
	1KG	N156.17

		
Palm oil: 1 bottle	UNIT OF MEASUREMENT	JULY 2019
	1Ltr	N396.14

		
Beef, boneless	UNIT OF MEASUREMENT	JULY 2019
	1KG	N1398.67

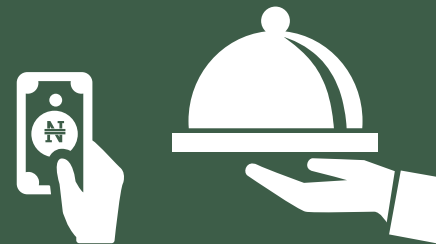
		
Onion bulb	UNIT OF MEASUREMENT	JULY 2019
	1KG	N200.47

		
Garri white, sold Loose	UNIT OF MEASUREMENT	JULY 2019
	1KG	N165.84

		
Wheat flour: prepacked (golden penny) 2kg	UNIT OF MEASUREMENT	JULY 2019
	2KG	N659.38

Selected Food Price Watch - July 2019


Imo State





ItemLabels	Unit of Measurement	19-Jul	(JUL 2018-JUL2019)	JUN 2019-JUL 2019
Agric eggs medium size	1 Dozen	485	-6.79	-2.02
Agric eggs(medium size price of one)	1 Piece	31.05	-33.48	-22.37
Beans brown,sold loose	1Kg	409.5	-9.96	-1.72
Beans:white black eye. sold loose	1Kg	370.25	-7.5	-7.05
Beef Bone in	1Kg	935.44	-3.51	-6.32
Beef,boneless	1Kg	1398.67	-1.84	-4.08
Bread sliced 500g	1 loaf	300	-3.23	-2.86
Bread unsliced 500g	1 loaf	263.79	7.79	-1.44
Broken Rice (Ofada)	1Kg	333.02	7.3	3.74
Chicken Feet	1Kg	603.88	-13.04	-2.61
Chicken Wings	1Kg	888.12	-9.68	-1.59
Evaporated tinned milk carnation 170g	1 unit	172.11	-4.39	-9.2
Evaporated tinned milk(peak), 170g	1 unit	189.26	-0.58	-5.37
Frozen chicken	1 unit	1606.45	2.81	3.42
Gari white,sold loose	1Kg	165.84	-8.43	12.89
Gari yellow,sold loose	1Kg	155.6	-29.83	-10.84
Mudfish (aro) fresh	1Kg	1209.56	-5.55	-4.93
Mudfish : dried	1Kg	2150	1.18	-2.12
Onion bulb	1Kg	200.47	-16.73	-14.83
Rice agric sold loose	1Kg	355.56	-6.43	-11.11
Rice local sold loose	1Kg	346.03	1.81	-0.76
Rice Medium Grained	1Kg	408.56	1.69	2.07
Rice,imported high quality sold loose	1Kg	434.77	-1.04	-3.13
Tomato	1Kg	215.63	-26.44	-9.18
Yam tuber	1Kg	156.17	-22.3	-16.96
Dried Fish Sardine	1Kg	1385.61	-10.59	-3.27
Iced Sardine	1Kg	904.44	-7.15	-0.34
Irish potato	1Kg	373.17	-6.34	-7.26
Sweet potato	1Kg	177.26	47.64	38.92
Tilapia fish (epiya) fresh	1Kg	998.83	-2.08	-7.13
Titus:frozen	1Kg	841.43	-6.93	-4.37
Catfish (obokun) fresh	1Kg	1180.26	-6.12	-5.58
Catfish :dried	1Kg	2255.62	-12.9	-1.52
Catfish Smoked	1Kg	1400.22	0.01	-1.39
Mackerel : frozen	1Kg	862.34	-6.15	0.36
Groundnut oil: 1 bottle, specify bottle	1Ltr	593.33	-12.75	-4.55
Maize grain white sold loose	1Kg	238.82	-0.61	7.74
Maize grain yellow sold loose	1Kg	239.47	0.83	1.19
Palm oil: 1 bottle,specify bottle	1Ltr	396.14	-12.91	-4.57
Plantain(ripe)	1Kg	248.52	9.38	-2.66
Plantain(unripe)	1Kg	212.65	15.54	1.15
Vegetable oil:1 bottle,specify bottle	1Ltr	480.36	-8.35	-2.28
Wheat flour: prepacked (golden penny 2kg)	2Kg	659.38	-7.74	-3.03
AVERAGE			-5.01	-2.72


Selected Food Price Watch - July 2019

Jigawa State







Tomato

	
UNIT OF MEASUREMENT	JULY 2019
1KG	N122.18






Beans brown, sold loose

	
UNIT OF MEASUREMENT	JULY 2019
1KG	N340.00






Rice Local sold Loose

	
UNIT OF MEASUREMENT	JULY 2019
1KG	N238.98






Bread sliced 500g

	
UNIT OF MEASUREMENT	JULY 2019
1 loaf	N230.00






Yam Tuber

	
UNIT OF MEASUREMENT	JULY 2019
1KG	N185.80






Palm oil: 1 bottle

	
UNIT OF MEASUREMENT	JULY 2019
1Ltr	N448.21






Beef, boneless

	
UNIT OF MEASUREMENT	JULY 2019
1KG	N1156.89






Onion bulb

	
UNIT OF MEASUREMENT	JULY 2019
1KG	N94.38





Garri white, sold Loose

	
UNIT OF MEASUREMENT	JULY 2019
1KG	N150.67

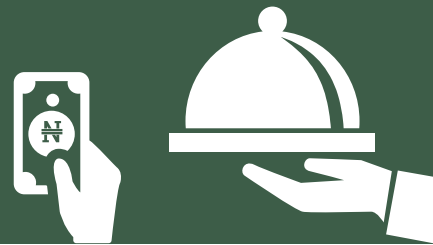


Wheat flour: prepacked (golden penny) 2kg

	
UNIT OF MEASUREMENT	JULY 2019
2KG	N700.67

Selected Food Price Watch - July 2019

Jigawa State









ItemLabels	Unit of Measurement	19-Jul	(JUL 2018-JUL2019)	JUN 2019-JUL 2019
Agric eggs medium size	1 Dozen	465.71	-1.72	-6.05
Agric eggs(medium size price of one)	1 Piece	39.64	0.07	0
Beans brown,sold loose	1Kg	340	-17.02	0
Beans:white black eye. sold loose	1Kg	263.54	-35.49	-11.91
Beef Bone in	1Kg	912.97	0.93	-4.04
Beef,boneless	1Kg	1156.89	5.03	2.66
Bread sliced 500g	1 loaf	230	-2.13	-2.65
Bread unsliced 500g	1 loaf	281.82	2.62	0
Broken Rice (Ofada)	1Kg	376.36	34.53	3.14
Chicken Feet	1Kg	525	-23.81	-12.5
Chicken Wings	1Kg	650	-7.55	-3.7
Evaporated tinned milk carnation 170g	1 unit	160	6.67	0
Evaporated tinned milk(peak), 170g	1 unit	189.35	15.57	-0.34
Frozen chicken	1 unit	1850.14	53.54	2.79
Gari white,sold loose	1Kg	150.67	-43.31	0.03
Gari yellow,sold loose	1Kg	134.96	-46.36	-6.9
Mudfish (aro) fresh	1Kg	870.81	-34.69	-3.33
Mudfish : dried	1Kg	1352.09	5.45	-2.88
Onion bulb	1Kg	94.38	-37.8	-9.58
Rice agric sold loose	1Kg	256.89	0.32	16.01
Rice local sold loose	1Kg	238.98	-16.31	-2.41
Rice Medium Grained	1Kg	301.26	13.21	3.8
Rice,imported high quality sold loose	1Kg	358.05	10.42	0.04
Tomato	1Kg	122.18	-54.82	-14.07
Yam tuber	1Kg	185.8	-20.64	-15.59
Dried Fish Sardine	1Kg	1598.3	20.03	-1.66
Iced Sardine	1Kg	875	4.23	-2.78
Irish potato	1Kg	192.68	-10.93	-2.53
Sweet potato	1Kg	86.88	-28.33	-10.32
Tilapia fish (epiya) fresh	1Kg	759.98	-6.8	-3.8
Titus:frozen	1Kg	825.92	20.87	0.11
Catfish (obokun) fresh	1Kg	853.33	-5.19	-3.4
Catfish :dried	1Kg	1550.23	-2	-1.9
Catfish Smoked	1Kg	1475.61	-2.28	-1.64
Mackerel : frozen	1Kg	900	-11.76	1.61
Groundnut oil: 1 bottle, specify bottle	1Ltr	405.48	-23.83	1.28
Maize grain white sold loose	1Kg	99.19	-17.82	-4.27
Maize grain yellow sold loose	1Kg	90.08	-47.56	-7.58
Palm oil: 1 bottle,specify bottle	1Ltr	448.21	0.46	0
Plantain(ripe)	1Kg	180.22	-54.7	-4.81
Plantain(unripe)	1Kg	185.21	-22.08	-4.54
Vegetable oil:1 bottle,specify bottle	1Ltr	416.56	-7.43	1.11
Wheat flour: prepacked (golden penny 2kg)	2Kg	700.67	0.1	-2.23
AVERAGE			-9.03	-2.67




Selected Food Price Watch - July 2019




Kaduna State









		
Tomato	UNIT OF MEASUREMENT	JULY 2019
	1KG	N176.76

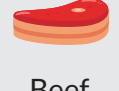


		
Beans brown, sold loose	UNIT OF MEASUREMENT	JULY 2019
	1KG	N281.09




		
Rice Local sold Loose	UNIT OF MEASUREMENT	JULY 2019
	1KG	N259.34




		
Bread sliced 500g	UNIT OF MEASUREMENT	JULY 2019
	1 loaf	N248.75




		
Yam Tuber	UNIT OF MEASUREMENT	JULY 2019
	1KG	N172.45

		
Palm oil: 1 bottle	UNIT OF MEASUREMENT	JULY 2019
	1Ltr	N495.44

		
Beef, boneless	UNIT OF MEASUREMENT	JULY 2019
	1KG	N1253.33

		
Onion bulb	UNIT OF MEASUREMENT	JULY 2019
	1KG	N193.50

		
Garri white, sold Loose	UNIT OF MEASUREMENT	JULY 2019
	1KG	N139.50

		
Wheat flour: prepacked (golden penny) 2kg	UNIT OF MEASUREMENT	JULY 2019
	2KG	N671.26

Selected Food Price Watch - July 2019

Kaduna State









ItemLabels	Unit of Measurement	19-Jul	(JUL 2018-JUL2019)	JUN 2019-JUL 2019
Agric eggs medium size	1 Dozen	467.5	12.84	-3.17
Agric eggs(medium size price of one)	1 Piece	37.29	3.93	3.93
Beans brown,sold loose	1Kg	281.09	-26.15	0
Beans:white black eye. sold loose	1Kg	226.57	-28.23	0
Beef Bone in	1Kg	1068.9	-8.48	4.05
Beef,boneless	1Kg	1253.33	-0.04	4.16
Bread sliced 500g	1 loaf	248.75	-13.68	0
Bread unsliced 500g	1 loaf	216.67	-12.75	0
Broken Rice (Ofada)	1Kg	345.72	25.81	-2.04
Chicken Feet	1Kg	669.21	-21.27	-1.59
Chicken Wings	1Kg	766.45	-14.84	-4.19
Evaporated tinned milk carnation 170g	1 unit	166.25	-7.64	-2.21
Evaporated tinned milk(peak), 170g	1 unit	183.02	-2.5	0.74
Frozen chicken	1 unit	1760.59	16.6	2.36
Gari white,sold loose	1Kg	139.5	-47.52	-12.54
Gari yellow,sold loose	1Kg	141.76	-50.68	-12.36
Mudfish (aro) fresh	1Kg	775	-15.96	0
Mudfish : dried	1Kg	1300.11	8.35	3.09
Onion bulb	1Kg	193.5	3.25	-4.91
Rice agric sold loose	1Kg	343.59	11.36	-8.03
Rice local sold loose	1Kg	259.34	2.14	10.24
Rice Medium Grained	1Kg	301.25	4.96	2.35
Rice,imported high quality sold loose	1Kg	316.25	-0.57	11.52
Tomato	1Kg	176.76	-48.25	-18.45
Yam tuber	1Kg	172.45	-44.86	-5.48
Dried Fish Sardine	1Kg	1368.91	3.82	-2.22
Iced Sardine	1Kg	972.36	3.72	-5.14
Irish potato	1Kg	183.98	-42.13	-9.8
Sweet potato	1Kg	96.2	-67.82	1.84
Tilapia fish (epiya) fresh	1Kg	701.34	-12.38	-2.59
Titus:frozen	1Kg	897.38	-24.16	-5.18
Catfish (obokun) fresh	1Kg	828.33	-35.04	-4.61
Catfish :dried	1Kg	1300.26	0.29	-2.63
Catfish Smoked	1Kg	1323.06	-17.12	-3.37
Mackerel : frozen	1Kg	897.78	-1.07	-0.41
Groundnut oil: 1 bottle, specify bottle	1Ltr	570.48	-11.55	-3.39
Maize grain white sold loose	1Kg	90.52	-24.1	-1.72
Maize grain yellow sold loose	1Kg	96.13	-2.8	-0.42
Palm oil: 1 bottle,specify bottle	1Ltr	495.44	-5.63	2.06
Plantain(ripe)	1Kg	220.03	-39.49	-14.4
Plantain(unripe)	1Kg	198.21	-30.8	-4.8
Vegetable oil:1 bottle,specify bottle	1Ltr	523.08	-4.32	2
Wheat flour: prepacked (golden penny 2kg)	2Kg	671.26	7.4	-2.72
AVERAGE			-12.96	-2.09




Selected Food Price Watch - July 2019




Kano State









		
Tomato	UNIT OF MEASUREMENT	JULY 2019
	1KG	N161.29




		
Beans brown, sold loose	UNIT OF MEASUREMENT	JULY 2019
	1KG	N263.02




		
Rice Local sold Loose	UNIT OF MEASUREMENT	JULY 2019
	1KG	N280.04




		
Bread sliced 500g	UNIT OF MEASUREMENT	JULY 2019
	1 loaf	N255.56




		
Yam Tuber	UNIT OF MEASUREMENT	JULY 2019
	1KG	N168.21

		
Palm oil: 1 bottle	UNIT OF MEASUREMENT	JULY 2019
	1Ltr	N423.39

		
Beef, boneless	UNIT OF MEASUREMENT	JULY 2019
	1KG	N1149.04

		
Onion bulb	UNIT OF MEASUREMENT	JULY 2019
	1KG	N205.18

		
Garri white, sold Loose	UNIT OF MEASUREMENT	JULY 2019
	1KG	N144.18

		
Wheat flour: prepacked (golden penny) 2kg	UNIT OF MEASUREMENT	JULY 2019
	2KG	N663.33

Selected Food Price Watch - July 2019


Kano State





ItemLabels	Unit of Measurement	19-Jul	(JUL 2018-JUL2019)	JUN 2019-JUL 2019
Agric eggs medium size	1 Dozen	437.14	5.26	-6.99
Agric eggs(medium size price of one)	1 Piece	36.67	-1.28	-0.69
Beans brown,sold loose	1Kg	263.02	-16.07	0.95
Beans:white black eye. sold loose	1Kg	204.26	-37.04	-0.7
Beef Bone in	1Kg	912.73	5.57	1.11
Beef,boneless	1Kg	1149.04	4.9	-1.9
Bread sliced 500g	1 loaf	255.56	-0.27	0
Bread unsliced 500g	1 loaf	238.46	-24.3	0
Broken Rice (Ofada)	1Kg	348.3	-7.19	-12.55
Chicken Feet	1Kg	666.02	-24.11	-5.03
Chicken Wings	1Kg	850.21	-14.75	-4.59
Evaporated tinned milk carnation 170g	1 unit	150.67	-3.83	6.35
Evaporated tinned milk(peak), 170g	1 unit	185.38	3.88	0.21
Frozen chicken	1 unit	1350	17.39	1.25
Gari white,sold loose	1Kg	144.18	-54.47	2.14
Gari yellow,sold loose	1Kg	137.63	-56.8	2.08
Mudfish (aro) fresh	1Kg	900.22	-3.3	0.02
Mudfish : dried	1Kg	1541.54	-9.63	-0.84
Onion bulb	1Kg	205.18	-27.3	3.36
Rice agric sold loose	1Kg	305.88	13.76	10.87
Rice local sold loose	1Kg	280.04	12.29	13.82
Rice Medium Grained	1Kg	261.44	-33.42	6.52
Rice,imported high quality sold loose	1Kg	330.15	1.2	0.61
Tomato	1Kg	161.29	-45.06	-12.95
Yam tuber	1Kg	168.21	-51.37	-9.85
Dried Fish Sardine	1Kg	1360	6.79	-3.7
Iced Sardine	1Kg	800	-13.67	-4
Irish potato	1Kg	186.6	-42.2	-5.09
Sweet potato	1Kg	129.63	-19.12	2.79
Tilapia fish (epiya) fresh	1Kg	568.62	-37.09	-8.52
Titus:frozen	1Kg	860.65	19.64	-1.03
Catfish (obokun) fresh	1Kg	836.09	-10.1	-1.64
Catfish :dried	1Kg	1377.78	-18.11	-0.72
Catfish Smoked	1Kg	1426.48	-4.16	-2.16
Mackerel : frozen	1Kg	927.05	2.41	-4.79
Groundnut oil: 1 bottle, specify bottle	1Ltr	569.33	-3.42	-0.28
Maize grain white sold loose	1Kg	88.41	-32.06	1.14
Maize grain yellow sold loose	1Kg	96.69	-47.1	3.2
Palm oil: 1 bottle,specify bottle	1Ltr	423.39	-7.51	0.86
Plantain(ripe)	1Kg	188.1	-16.06	-21
Plantain(unripe)	1Kg	170.33	-36.8	-15.74
Vegetable oil:1 bottle,specify bottle	1Ltr	466.97	-17.29	-3.39
Wheat flour: prepacked (golden penny 2kg)	2Kg	663.33	10.56	-2.93
AVERAGE			-14.22	-1.72


Selected Food Price Watch - July 2019



Katsina State


	
UNIT OF MEASUREMENT	JULY 2019
1KG	N106.49



Tomato




	
UNIT OF MEASUREMENT	JULY 2019
1KG	N263.73



Beans brown, sold loose




	
UNIT OF MEASUREMENT	JULY 2019
1KG	N255.19



Rice Local sold Loose




	
UNIT OF MEASUREMENT	JULY 2019
1 loaf	N230.00



Bread sliced 500g




	
UNIT OF MEASUREMENT	JULY 2019
1KG	N96.39



Yam Tuber




	
UNIT OF MEASUREMENT	JULY 2019
1Ltr	N453.33



Palm oil: 1 bottle




	
UNIT OF MEASUREMENT	JULY 2019
1KG	N1141.67



Beef, boneless




	
UNIT OF MEASUREMENT	JULY 2019
1KG	N163.00



Onion bulb



	
UNIT OF MEASUREMENT	JULY 2019
1KG	N159.33

Garri white, sold Loose

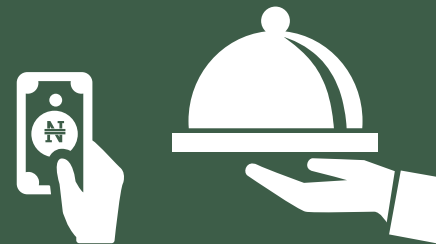


	
UNIT OF MEASUREMENT	JULY 2019
2KG	N665.00

Wheat flour: prepacked (golden penny) 2kg

Selected Food Price Watch - July 2019


Katsina State





ItemLabels	Unit of Measurement	19-Jul	(JUL 2018-JUL2019)	JUN 2019-JUL 2019
Agric eggs medium size	1 Dozen	446.21	7.48	-8.53
Agric eggs(medium size price of one)	1 Piece	39.69	12.26	3.87
Beans brown,sold loose	1Kg	263.73	-16.72	19.37
Beans:white black eye. sold loose	1Kg	269.12	-0.75	-4.91
Beef Bone in	1Kg	962.27	-6.68	4.95
Beef,boneless	1Kg	1141.67	-2.72	0
Bread sliced 500g	1 loaf	230	-11.54	0
Bread unsliced 500g	1 loaf	218.57	3.53	0
Broken Rice (Ofada)	1Kg	341.04	8.14	3.02
Chicken Feet	1Kg	360	-40.45	-10
Chicken Wings	1Kg	765.13	-23.49	-1.91
Evaporated tinned milk carnation 170g	1 unit	152.03	0.4	8.59
Evaporated tinned milk(peak), 170g	1 unit	188.39	9.96	-2.3
Frozen chicken	1 unit	1650.64	17.9	3.17
Gari white,sold loose	1Kg	159.33	-23.44	1.65
Gari yellow,sold loose	1Kg	146.66	-36.18	1.44
Mudfish (aro) fresh	1Kg	875.36	-26.43	-1.81
Mudfish : dried	1Kg	1281.48	-14.36	0
Onion bulb	1Kg	163	-44.89	1.35
Rice agric sold loose	1Kg	255.43	2.76	5.28
Rice local sold loose	1Kg	255.19	15.85	23.58
Rice Medium Grained	1Kg	252.58	-20.38	8.6
Rice,imported high quality sold loose	1Kg	323.29	-14.25	10.93
Tomato	1Kg	106.49	-65.11	-8.58
Yam tuber	1Kg	96.39	-74.49	-9.4
Dried Fish Sardine	1Kg	895.46	-10.45	-0.5
Iced Sardine	1Kg	896.83	-2.23	-0.96
Irish potato	1Kg	200.32	-20.32	-14.51
Sweet potato	1Kg	100.21	-29.6	-26.43
Tilapia fish (epiya) fresh	1Kg	674.13	-23.6	-7.65
Titus:frozen	1Kg	833.21	-14.13	-2.34
Catfish (obokun) fresh	1Kg	778.66	-17.03	-0.22
Catfish :dried	1Kg	1220.32	-2.2	-3.17
Catfish Smoked	1Kg	1469.48	-9.29	-1.44
Mackerel : frozen	1Kg	816.04	-8.05	-1.21
Groundnut oil: 1 bottle, specify bottle	1Ltr	533.08	-22.09	-2.82
Maize grain white sold loose	1Kg	83.67	-17.78	0.74
Maize grain yellow sold loose	1Kg	88.39	-29.47	-0.84
Palm oil: 1 bottle,specify bottle	1Ltr	453.33	-7.1	-1.24
Plantain(ripe)	1Kg	148.28	-51.5	12.66
Plantain(unripe)	1Kg	177.14	-44.06	-14.48
Vegetable oil:1 bottle,specify bottle	1Ltr	463.03	-13.89	-1.25
Wheat flour: prepacked (golden penny 2kg)	2Kg	665	13.19	-1.48
AVERAGE			-15.19	-0.44


Selected Food Price Watch - July 2019

Kebbi State







Tomato

	
UNIT OF MEASUREMENT	JULY 2019
1KG	N178.19






Beans brown, sold loose

	
UNIT OF MEASUREMENT	JULY 2019
1KG	N327.59






Rice Local sold Loose

	
UNIT OF MEASUREMENT	JULY 2019
1KG	N244.50






Bread sliced 500g

	
UNIT OF MEASUREMENT	JULY 2019
1 loaf	N241.67






Yam Tuber

	
UNIT OF MEASUREMENT	JULY 2019
1KG	N203.66






Palm oil: 1 bottle

	
UNIT OF MEASUREMENT	JULY 2019
1Ltr	N417.33






Beef, boneless

	
UNIT OF MEASUREMENT	JULY 2019
1KG	N1090.48






Onion bulb

	
UNIT OF MEASUREMENT	JULY 2019
1KG	N125.37





Garri white, sold Loose

	
UNIT OF MEASUREMENT	JULY 2019
1KG	N165.05



Wheat flour: prepacked (golden penny) 2kg

	
UNIT OF MEASUREMENT	JULY 2019
2KG	N616.67

Selected Food Price Watch - July 2019

Kebbi State









ItemLabels	Unit of Measurement	19-Jul	(JUL 2018-JUL2019)	JUN 2019-JUL 2019
Agric eggs medium size	1 Dozen	460	7.45	-7.54
Agric eggs(medium size price of one)	1 Piece	39.5	1.68	-1.25
Beans brown,sold loose	1Kg	327.59	-26.92	0
Beans:white black eye. sold loose	1Kg	234.28	-31.64	0.08
Beef Bone in	1Kg	1001.32	-10.82	2.99
Beef,boneless	1Kg	1090.48	-13.99	1.24
Bread sliced 500g	1 loaf	241.67	-23.68	0
Bread unsliced 500g	1 loaf	237.69	-13.04	0
Broken Rice (Ofada)	1Kg	339.19	32.23	6.27
Chicken Feet	1Kg	436.25	-10.87	-3.13
Chicken Wings	1Kg	503.33	-0.28	-5.6
Evaporated tinned milk carnation 170g	1 unit	156	-9.57	0
Evaporated tinned milk(peak), 170g	1 unit	187.14	-0.07	0.42
Frozen chicken	1 unit	1460	-2.67	0.69
Gari white,sold loose	1Kg	165.05	-31.23	-17.69
Gari yellow,sold loose	1Kg	186.78	-40.97	-6.66
Mudfish (aro) fresh	1Kg	872.11	-23.7	-0.84
Mudfish : dried	1Kg	1506.1	-10.45	-0.49
Onion bulb	1Kg	125.37	-60.39	-5.73
Rice agric sold loose	1Kg	264.31	12.4	17.83
Rice local sold loose	1Kg	244.5	9.22	20.66
Rice Medium Grained	1Kg	336.8	21.38	-2.16
Rice,imported high quality sold loose	1Kg	359.54	23.67	7.91
Tomato	1Kg	178.19	-19.08	-11.09
Yam tuber	1Kg	203.66	-32.86	32.54
Dried Fish Sardine	1Kg	1339.46	16.25	3.01
Iced Sardine	1Kg	950	19.32	-1.07
Irish potato	1Kg	189.23	-23.46	-5.61
Sweet potato	1Kg	144.6	-9.51	6.12
Tilapia fish (epiya) fresh	1Kg	545.79	-22.4	-0.91
Titus:frozen	1Kg	850	13.33	0
Catfish (obokun) fresh	1Kg	910.3	-16.1	-5.18
Catfish :dried	1Kg	1450.8	-4.19	-1.36
Catfish Smoked	1Kg	1368.29	-0.49	-2.27
Mackerel : frozen	1Kg	861.29	-11.33	1.3
Groundnut oil: 1 bottle, specify bottle	1Ltr	457.78	-3.96	6.85
Maize grain white sold loose	1Kg	98.98	-29.27	-9.08
Maize grain yellow sold loose	1Kg	93.68	-30.44	0
Palm oil: 1 bottle,specify bottle	1Ltr	417.33	-13.66	-8.45
Plantain(ripe)	1Kg	216.36	-44.84	-8.46
Plantain(unripe)	1Kg	200.77	-51.82	-13
Vegetable oil:1 bottle,specify bottle	1Ltr	411.43	-8.57	-3.14
Wheat flour: prepacked (golden penny 2kg)	2Kg	616.67	1.93	-7.5
AVERAGE			-11.01	-0.47




Selected Food Price Watch - July 2019




Kogi State









 <p>Tomato</p>		
	<p>UNIT OF MEASUREMENT</p> <p>1KG</p>	<p>JULY 2019</p> <p>N179.22</p>




 <p>Beans brown, sold loose</p>		
	<p>UNIT OF MEASUREMENT</p> <p>1KG</p>	<p>JULY 2019</p> <p>N283.99</p>




 <p>Rice Local sold Loose</p>		
	<p>UNIT OF MEASUREMENT</p> <p>1KG</p>	<p>JULY 2019</p> <p>N273.16</p>




 <p>Bread sliced 500g</p>		
	<p>UNIT OF MEASUREMENT</p> <p>1 loaf</p>	<p>JULY 2019</p> <p>N300.82</p>




 <p>Yam Tuber</p>		
	<p>UNIT OF MEASUREMENT</p> <p>1KG</p>	<p>JULY 2019</p> <p>N135.75</p>

 <p>Palm oil: 1 bottle</p>		
	<p>UNIT OF MEASUREMENT</p> <p>1Ltr</p>	<p>JULY 2019</p> <p>N426.67</p>

 <p>Beef, boneless</p>		
	<p>UNIT OF MEASUREMENT</p> <p>1KG</p>	<p>JULY 2019</p> <p>N1120.00</p>

 <p>Onion bulb</p>		
	<p>UNIT OF MEASUREMENT</p> <p>1KG</p>	<p>JULY 2019</p> <p>N239.85</p>

 <p>Garri white, sold Loose</p>		
	<p>UNIT OF MEASUREMENT</p> <p>1KG</p>	<p>JULY 2019</p> <p>N142.13</p>

 <p>Wheat flour: prepacked (golden penny) 2kg</p>		
	<p>UNIT OF MEASUREMENT</p> <p>2KG</p>	<p>JULY 2019</p> <p>N604.00</p>

Selected Food Price Watch - July 2019

Kogi State









ItemLabels	Unit of Measurement	19-Jul	(JUL 2018-JUL2019)	JUN 2019-JUL 2019
Agric eggs medium size	1 Dozen	470	-8.74	-5.48
Agric eggs(medium size price of one)	1 Piece	40.33	-16.38	0.83
Beans brown,sold loose	1Kg	283.99	-42.02	-7.04
Beans:white black eye. sold loose	1Kg	209.41	-44.25	-11.64
Beef Bone in	1Kg	1130	-0.29	0.08
Beef,boneless	1Kg	1120	-20.41	-0.2
Bread sliced 500g	1 loaf	300.82	-11.52	-9.34
Bread unsliced 500g	1 loaf	300.13	0.04	-1.6
Broken Rice (Ofada)	1Kg	350	-7.53	-0.29
Chicken Feet	1Kg	798	-20.67	-5.12
Chicken Wings	1Kg	870.3	-20.88	-3.21
Evaporated tinned milk carnation 170g	1 unit	171.02	-8.38	0.6
Evaporated tinned milk(peak), 170g	1 unit	179.17	-7.33	-0.46
Frozen chicken	1 unit	2450	14.84	1.54
Gari white,sold loose	1Kg	142.13	-57.52	-0.37
Gari yellow,sold loose	1Kg	154.61	-61.38	0.22
Mudfish (aro) fresh	1Kg	800	-34.69	-5.88
Mudfish : dried	1Kg	1402.22	-30.16	-0.35
Onion bulb	1Kg	239.85	-8.05	-11.36
Rice agric sold loose	1Kg	300.5	-50.61	-8.99
Rice local sold loose	1Kg	273.16	-12.79	5.07
Rice Medium Grained	1Kg	262.45	-1.16	1.32
Rice,imported high quality sold loose	1Kg	403.3	-24.76	-0.89
Tomato	1Kg	179.22	-40.96	-11.27
Yam tuber	1Kg	135.75	-52.83	24.23
Dried Fish Sardine	1Kg	1300.26	2.85	-1.94
Iced Sardine	1Kg	875.21	-25.66	-2.65
Irish potato	1Kg	203.16	-13.7	-9.19
Sweet potato	1Kg	148.14	-24.15	2.86
Tilapia fish (epiya) fresh	1Kg	766.01	-23.4	-4.25
Titus:frozen	1Kg	900	-4.23	-5.26
Catfish (obokun) fresh	1Kg	900	-1.82	-4.39
Catfish :dried	1Kg	1500.23	-3.09	-1.3
Catfish Smoked	1Kg	1352.38	7.71	-1.94
Mackerel : frozen	1Kg	812.3	8.51	-0.02
Groundnut oil: 1 bottle, specify bottle	1Ltr	408.89	-41.73	-1.08
Maize grain white sold loose	1Kg	99.26	-52.81	-6.87
Maize grain yellow sold loose	1Kg	102.93	-55.93	-0.8
Palm oil: 1 bottle,specify bottle	1Ltr	426.67	-17.74	-0.72
Plantain(ripe)	1Kg	205.29	-36.65	-15.05
Plantain(unripe)	1Kg	204.7	-29.09	9.79
Vegetable oil:1 bottle,specify bottle	1Ltr	461.11	-39.92	-1.19
Wheat flour: prepacked (golden penny 2kg)	2Kg	604	-4.18	-0.58
AVERAGE			-21.48	-2.19




Selected Food Price Watch - July 2019




Kwara State









		
Tomato	UNIT OF MEASUREMENT	JULY 2019
	1KG	N102.71




		
Beans brown, sold loose	UNIT OF MEASUREMENT	JULY 2019
	1KG	N261.47




		
Rice Local sold Loose	UNIT OF MEASUREMENT	JULY 2019
	1KG	N233.58




		
Bread sliced 500g	UNIT OF MEASUREMENT	JULY 2019
	1 loaf	N290.00




		
Yam Tuber	UNIT OF MEASUREMENT	JULY 2019
	1KG	N101.81

		
Palm oil: 1 bottle	UNIT OF MEASUREMENT	JULY 2019
	1Ltr	N366.67

		
Beef, boneless	UNIT OF MEASUREMENT	JULY 2019
	1KG	N1195.36

		
Onion bulb	UNIT OF MEASUREMENT	JULY 2019
	1KG	N207.22

		
Garri white, sold Loose	UNIT OF MEASUREMENT	JULY 2019
	1KG	N134.62

		
Wheat flour: prepacked (golden penny) 2kg	UNIT OF MEASUREMENT	JULY 2019
	2KG	N667.50

Selected Food Price Watch - July 2019


Kwara State





ItemLabels	Unit of Measurement	19-Jul	(JUL 2018-JUL2019)	JUN 2019-JUL 2019
Agric eggs medium size	1 Dozen	470.77	5.4	-3.39
Agric eggs(medium size price of one)	1 Piece	39.62	0.72	0.18
Beans brown,sold loose	1Kg	261.47	-35	-3.64
Beans:white black eye. sold loose	1Kg	224.08	-31.73	-15.11
Beef Bone in	1Kg	1008.05	-12.02	-5.14
Beef,boneless	1Kg	1195.36	-6	1.77
Bread sliced 500g	1 loaf	290	-3.33	8.75
Bread unsliced 500g	1 loaf	286.36	1.99	1.61
Broken Rice (Ofada)	1Kg	430.23	-14.04	-8.48
Chicken Feet	1Kg	826.19	-30.67	-5.4
Chicken Wings	1Kg	821.11	-23.02	-3.63
Evaporated tinned milk carnation 170g	1 unit	150	-11.76	0
Evaporated tinned milk(peak), 170g	1 unit	190	-5.32	-2.15
Frozen chicken	1 unit	1500	0	0
Gari white,sold loose	1Kg	134.62	-8.12	27.81
Gari yellow,sold loose	1Kg	134.63	-30.03	14.07
Mudfish (aro) fresh	1Kg	837.5	-19.6	-4.29
Mudfish : dried	1Kg	1804.55	-10.11	-2.81
Onion bulb	1Kg	207.22	4.65	3.33
Rice agric sold loose	1Kg	281.25	-8.7	0
Rice local sold loose	1Kg	233.58	-11.52	3.76
Rice Medium Grained	1Kg	285.71	-8.05	6.58
Rice,imported high quality sold loose	1Kg	290.16	-18.37	-0.78
Tomato	1Kg	102.71	-57.62	-1.75
Yam tuber	1Kg	101.81	-61.97	-5.63
Dried Fish Sardine	1Kg	1366.67	6.96	-0.74
Iced Sardine	1Kg	900	-22.64	0
Irish potato	1Kg	174.76	-23.32	-12.69
Sweet potato	1Kg	100.66	-52.04	-5.61
Tilapia fish (epiya) fresh	1Kg	900.88	-5.62	-5.17
Titus:frozen	1Kg	994.44	8.8	-5.2
Catfish (obokun) fresh	1Kg	870	-4.92	-1.51
Catfish :dried	1Kg	1348.4	10.11	-3.06
Catfish Smoked	1Kg	1325	20.67	-2.02
Mackerel : frozen	1Kg	850	6.25	-2.86
Groundnut oil: 1 bottle, specify bottle	1Ltr	500.33	-23.57	-0.96
Maize grain white sold loose	1Kg	87.18	-26.23	-10.46
Maize grain yellow sold loose	1Kg	88.09	-60.2	-2.53
Palm oil: 1 bottle,specify bottle	1Ltr	366.67	-19.9	1.56
Plantain(ripe)	1Kg	197.99	-28.25	-3.06
Plantain(unripe)	1Kg	185.42	-29.22	-11.91
Vegetable oil:1 bottle,specify bottle	1Ltr	427.78	-18.84	-12.1
Wheat flour: prepacked (golden penny 2kg)	2Kg	667.5	3.49	-1.11
AVERAGE			-15.18	-1.72


Selected Food Price Watch - July 2019

Lagos State







Tomato

	
UNIT OF MEASUREMENT	JULY 2019
1KG	N289.37






Beans brown, sold loose

	
UNIT OF MEASUREMENT	JULY 2019
1KG	N269.84






Rice Local sold Loose

	
UNIT OF MEASUREMENT	JULY 2019
1KG	N300.00






Bread sliced 500g

	
UNIT OF MEASUREMENT	JULY 2019
1 loaf	N247.89






Yam Tuber

	
UNIT OF MEASUREMENT	JULY 2019
1KG	N203.65






Palm oil: 1 bottle

	
UNIT OF MEASUREMENT	JULY 2019
1Ltr	N440.00






Beef, boneless

	
UNIT OF MEASUREMENT	JULY 2019
1KG	N1241.42






Onion bulb

	
UNIT OF MEASUREMENT	JULY 2019
1KG	N213.48





Garri white, sold Loose

	
UNIT OF MEASUREMENT	JULY 2019
1KG	N143.93



Wheat flour: prepacked (golden penny) 2kg

	
UNIT OF MEASUREMENT	JULY 2019
2KG	N600.00

Selected Food Price Watch - July 2019


Lagos State





ItemLabels	Unit of Measurement	19-Jul	(JUL 2018-JUL2019)	JUN 2019-JUL 2019
Agric eggs medium size	1 Dozen	468.13	-1.87	-5.48
Agric eggs(medium size price of one)	1 Piece	39.89	-0.72	1.74
Beans brown,sold loose	1Kg	269.84	-45.59	-13.12
Beans:white black eye. sold loose	1Kg	272.94	-38.47	-11.11
Beef Bone in	1Kg	1149.43	-8.54	-1.22
Beef,boneless	1Kg	1241.42	-6.38	-1.79
Bread sliced 500g	1 loaf	247.89	-18.77	20.77
Bread unsliced 500g	1 loaf	255.56	-0.2	3.37
Broken Rice (Ofada)	1Kg	516.48	-15.41	-3.29
Chicken Feet	1Kg	780	-24.74	-2.5
Chicken Wings	1Kg	1012.63	-14.02	-4.28
Evaporated tinned milk carnation 170g	1 unit	150	0	2.27
Evaporated tinned milk(peak), 170g	1 unit	182.63	-8.91	-6.76
Frozen chicken	1 unit	1505.26	15.48	0.35
Gari white,sold loose	1Kg	143.93	-26.22	16.69
Gari yellow,sold loose	1Kg	147.13	-53.61	6.59
Mudfish (aro) fresh	1Kg	962.5	-19.15	-2.23
Mudfish : dried	1Kg	1781.43	-19.03	-1.5
Onion bulb	1Kg	213.48	-39.1	1.67
Rice agric sold loose	1Kg	322.04	1.16	-7.27
Rice local sold loose	1Kg	300	3.45	15.63
Rice Medium Grained	1Kg	281.25	-12.81	-9.18
Rice,imported high quality sold loose	1Kg	320.37	-2.94	-6.47
Tomato	1Kg	289.37	-51.16	12.91
Yam tuber	1Kg	203.65	-53.47	-16.19
Dried Fish Sardine	1Kg	1349.05	-3.36	-2.09
Iced Sardine	1Kg	821.54	-14.44	3.27
Irish potato	1Kg	350.54	-13.45	-5.68
Sweet potato	1Kg	170.62	-13.51	-18.65
Tilapia fish (epiya) fresh	1Kg	797.59	-34.01	-6.17
Titus:frozen	1Kg	921.94	-4.99	-6.33
Catfish (obokun) fresh	1Kg	1285.43	-1.18	-0.92
Catfish :dried	1Kg	1596.48	-13.84	-3.43
Catfish Smoked	1Kg	1582.61	-1.09	-0.67
Mackerel : frozen	1Kg	803.79	-13.31	-5.25
Groundnut oil: 1 bottle, specify bottle	1Ltr	533.33	0	-2.04
Maize grain white sold loose	1Kg	202.49	-19.16	-9.15
Maize grain yellow sold loose	1Kg	207.3	-7.64	-9.98
Palm oil: 1 bottle,specify bottle	1Ltr	440	-8.84	-1.72
Plantain(ripe)	1Kg	241.53	8.43	16.64
Plantain(unripe)	1Kg	251.27	22.55	24.22
Vegetable oil:1 bottle,specify bottle	1Ltr	520.63	-0.47	0.26
Wheat flour: prepacked (golden penny 2kg)	2Kg	600	-1.7	-0.28
AVERAGE			-13.05	-0.89


Selected Food Price Watch - July 2019

Nasarawa State







Tomato

	
UNIT OF MEASUREMENT	JULY 2019
1KG	N181.10






Beans brown, sold loose

	
UNIT OF MEASUREMENT	JULY 2019
1KG	N284.89






Rice Local sold Loose

	
UNIT OF MEASUREMENT	JULY 2019
1KG	N246.12






Bread sliced 500g

	
UNIT OF MEASUREMENT	JULY 2019
1 loaf	N218.18






Yam Tuber

	
UNIT OF MEASUREMENT	JULY 2019
1KG	N101.23






Palm oil: 1 bottle

	
UNIT OF MEASUREMENT	JULY 2019
1Ltr	N533.33






Beef, boneless

	
UNIT OF MEASUREMENT	JULY 2019
1KG	N1152.34






Onion bulb

	
UNIT OF MEASUREMENT	JULY 2019
1KG	N153.78





Garri white, sold Loose

	
UNIT OF MEASUREMENT	JULY 2019
1KG	N125.71

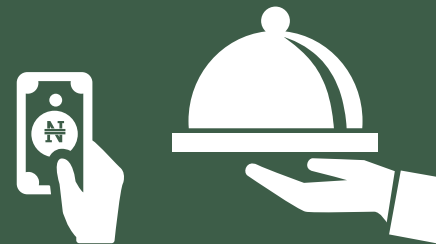


Wheat flour: prepacked (golden penny) 2kg

	
UNIT OF MEASUREMENT	JULY 2019
2KG	N750.00

Selected Food Price Watch - July 2019


Nasarawa State





ItemLabels	Unit of Measurement	19-Jul	(JUL 2018-JUL2019)	JUN 2019-JUL 2019
Agric eggs medium size	1 Dozen	456.92	-3.93	-5.8
Agric eggs(medium size price of one)	1 Piece	40.46	-2.11	1.15
Beans brown,sold loose	1Kg	284.89	-26.07	8.92
Beans:white black eye. sold loose	1Kg	239.93	-33.37	-14.92
Beef Bone in	1Kg	1052.62	-17.44	4.82
Beef,boneless	1Kg	1152.34	-5.78	1.41
Bread sliced 500g	1 loaf	218.18	-34.31	-5.88
Bread unsliced 500g	1 loaf	312.5	7.53	-11.11
Broken Rice (Ofada)	1Kg	339.08	3.42	10.36
Chicken Feet	1Kg	650	-35	-3.47
Chicken Wings	1Kg	750	-25	-7.38
Evaporated tinned milk carnation 170g	1 unit	150	-15.73	-3.23
Evaporated tinned milk(peak), 170g	1 unit	185.71	0.73	-6.42
Frozen chicken	1 unit	1925	59.09	2.94
Gari white,sold loose	1Kg	125.71	-33.31	-9.28
Gari yellow,sold loose	1Kg	120.38	-49.61	-3.48
Mudfish (aro) fresh	1Kg	855.16	-14.95	-2.27
Mudfish : dried	1Kg	1522.65	-8.94	-1.41
Onion bulb	1Kg	153.78	-48.21	-23.32
Rice agric sold loose	1Kg	233.33	-37.92	-15.8
Rice local sold loose	1Kg	246.12	-9.95	-8.81
Rice Medium Grained	1Kg	300	-10.74	-6.9
Rice,imported high quality sold loose	1Kg	354	6.39	-4.69
Tomato	1Kg	181.1	-52.15	-10.83
Yam tuber	1Kg	101.23	-71.71	-9.6
Dried Fish Sardine	1Kg	1339.58	16.49	-3.85
Iced Sardine	1Kg	908.33	-11.03	-1.27
Irish potato	1Kg	180.79	-37.09	-1.56
Sweet potato	1Kg	98.84	-63.94	-1.6
Tilapia fish (epiya) fresh	1Kg	840	-50.97	-4.85
Titus:frozen	1Kg	910.75	-11.89	-1.33
Catfish (obokun) fresh	1Kg	798.33	-38.59	-6.08
Catfish :dried	1Kg	1450.3	-28.4	-3.23
Catfish Smoked	1Kg	1302.26	8.52	-0.91
Mackerel : frozen	1Kg	915	-8.38	1.8
Groundnut oil: 1 bottle, specify bottle	1Ltr	553.85	-3.68	-1.82
Maize grain white sold loose	1Kg	100.56	-44.66	4.18
Maize grain yellow sold loose	1Kg	99.5	-50.46	5.61
Palm oil: 1 bottle,specify bottle	1Ltr	533.33	7.02	0.97
Plantain(ripe)	1Kg	297.6	-19.44	9.72
Plantain(unripe)	1Kg	210.01	-26.1	-21.38
Vegetable oil:1 bottle,specify bottle	1Ltr	571.43	-0.62	2.31
Wheat flour: prepacked (golden penny 2kg)	2Kg	750	11.94	6.06
AVERAGE			-18.85	-3.31


Selected Food Price Watch - July 2019

Niger State







Tomato

	
UNIT OF MEASUREMENT	JULY 2019
1KG	N114.91






Beans brown, sold loose

	
UNIT OF MEASUREMENT	JULY 2019
1KG	N292.89






Rice Local sold Loose

	
UNIT OF MEASUREMENT	JULY 2019
1KG	N230.34






Bread sliced 500g

	
UNIT OF MEASUREMENT	JULY 2019
1 loaf	N287.50






Yam Tuber

	
UNIT OF MEASUREMENT	JULY 2019
1KG	N157.98






Palm oil: 1 bottle

	
UNIT OF MEASUREMENT	JULY 2019
1Ltr	N405.64






Beef, boneless

	
UNIT OF MEASUREMENT	JULY 2019
1KG	N1038.61






Onion bulb

	
UNIT OF MEASUREMENT	JULY 2019
1KG	N157.77





Garri white, sold Loose

	
UNIT OF MEASUREMENT	JULY 2019
1KG	N145.11



Wheat flour: prepacked (golden penny) 2kg

	
UNIT OF MEASUREMENT	JULY 2019
2KG	N643.75

Selected Food Price Watch - July 2019


Niger State





ItemLabels	Unit of Measurement	19-Jul	(JUL 2018-JUL2019)	JUN 2019-JUL 2019
Agric eggs medium size	1 Dozen	442.12	-8.25	-7.89
Agric eggs(medium size price of one)	1 Piece	40.61	-4.12	3.68
Beans brown,sold loose	1Kg	292.89	-17.99	-5.33
Beans:white black eye. sold loose	1Kg	181.41	-49.51	-10.56
Beef Bone in	1Kg	1027.23	-6.4	4.73
Beef,boneless	1Kg	1038.61	-10.99	3.52
Bread sliced 500g	1 loaf	287.5	-6.99	5.5
Bread unsliced 500g	1 loaf	255	-2.6	-3.77
Broken Rice (Ofada)	1Kg	324.73	-23.41	-10.59
Chicken Feet	1Kg	898.57	-18.98	-3.17
Chicken Wings	1Kg	937.5	-17.83	-1.32
Evaporated tinned milk carnation 170g	1 unit	162	-4.71	15.71
Evaporated tinned milk(peak), 170g	1 unit	187.69	3	4.8
Frozen chicken	1 unit	1850	42.31	2.78
Gari white,sold loose	1Kg	145.11	-22.82	0.17
Gari yellow,sold loose	1Kg	152.49	-39.38	-1.16
Mudfish (aro) fresh	1Kg	951.67	15.29	-3.06
Mudfish : dried	1Kg	1532.83	-10.93	-3.07
Onion bulb	1Kg	157.77	-40.68	-22.9
Rice agric sold loose	1Kg	367.2	-5.26	-2.71
Rice local sold loose	1Kg	230.34	3.05	-19.31
Rice Medium Grained	1Kg	299.79	-14.35	-2.11
Rice,imported high quality sold loose	1Kg	350.99	4.54	-9.9
Tomato	1Kg	114.91	-62.76	-34
Yam tuber	1Kg	157.98	-51.85	-19.14
Dried Fish Sardine	1Kg	1300	-0.26	-0.02
Iced Sardine	1Kg	950	-25.63	2.7
Irish potato	1Kg	237.5	-1.37	-9.73
Sweet potato	1Kg	152.96	-30.96	0.8
Tilapia fish (epiya) fresh	1Kg	780.56	-20.59	-5.96
Titus:frozen	1Kg	899.75	-15.36	-6.25
Catfish (obokun) fresh	1Kg	870	-23.25	-2.79
Catfish :dried	1Kg	1322.65	18.19	0.26
Catfish Smoked	1Kg	1377.5	7.45	1.8
Mackerel : frozen	1Kg	1062.5	7.65	-3.99
Groundnut oil: 1 bottle, specify bottle	1Ltr	486.67	-7.59	11.96
Maize grain white sold loose	1Kg	82.97	-53.2	6.28
Maize grain yellow sold loose	1Kg	85.1	-51.38	3.37
Palm oil: 1 bottle,specify bottle	1Ltr	405.64	-16.65	-9.86
Plantain(ripe)	1Kg	200.24	-49.53	20.14
Plantain(unripe)	1Kg	203.95	-42.55	1.97
Vegetable oil:1 bottle,specify bottle	1Ltr	406.84	-7.07	-1.57
Wheat flour: prepacked (golden penny 2kg)	2Kg	643.75	11.82	-0.19
AVERAGE			-15.16	-2.56


Selected Food Price Watch - July 2019

Ogun State







Tomato

	
UNIT OF MEASUREMENT	JULY 2019
1KG	N223.70






Beans brown, sold loose

	
UNIT OF MEASUREMENT	JULY 2019
1KG	N258.52






Rice Local sold Loose

	
UNIT OF MEASUREMENT	JULY 2019
1KG	N348.48






Bread sliced 500g

	
UNIT OF MEASUREMENT	JULY 2019
1 loaf	N305.26






Yam Tuber

	
UNIT OF MEASUREMENT	JULY 2019
1KG	N257.31






Palm oil: 1 bottle

	
UNIT OF MEASUREMENT	JULY 2019
1Ltr	N452.63






Beef, boneless

	
UNIT OF MEASUREMENT	JULY 2019
1KG	N1146.20






Onion bulb

	
UNIT OF MEASUREMENT	JULY 2019
1KG	N288.05





Garri white, sold Loose

	
UNIT OF MEASUREMENT	JULY 2019
1KG	N184.07



Wheat flour: prepacked (golden penny) 2kg

	
UNIT OF MEASUREMENT	JULY 2019
2KG	N590.00

Selected Food Price Watch - July 2019

Ogun State









ItemLabels	Unit of Measurement	19-Jul	(JUL 2018-JUL2019)	JUN 2019-JUL 2019
Agric eggs medium size	1 Dozen	451.67	1.09	-8.22
Agric eggs(medium size price of one)	1 Piece	38	-4.4	-2.56
Beans brown,sold loose	1Kg	258.52	-42.32	-16.11
Beans:white black eye. sold loose	1Kg	247.96	-39.84	-15.25
Beef Bone in	1Kg	851.69	-5.64	1.69
Beef,boneless	1Kg	1146.2	4.88	2.61
Bread sliced 500g	1 loaf	305.26	5.11	1.75
Bread unsliced 500g	1 loaf	257.89	1.97	0.06
Broken Rice (Ofada)	1Kg	521.09	-11.17	4.2
Chicken Feet	1Kg	794.18	-8.95	-3.15
Chicken Wings	1Kg	1141.67	6.29	-0.54
Evaporated tinned milk carnation 170g	1 unit	170	9.68	13.33
Evaporated tinned milk(peak), 170g	1 unit	205.56	-5	0.49
Frozen chicken	1 unit	1488.18	17.88	0.78
Gari white,sold loose	1Kg	184.07	-4.72	32.52
Gari yellow,sold loose	1Kg	182.8	-17.48	5.05
Mudfish (aro) fresh	1Kg	1079.49	-9.16	-2.03
Mudfish : dried	1Kg	2426.97	-0.96	1.06
Onion bulb	1Kg	288.05	-23.96	-7.92
Rice agric sold loose	1Kg	338.92	11.05	12.62
Rice local sold loose	1Kg	348.48	-4.17	11.73
Rice Medium Grained	1Kg	284.21	-3.4	-0.53
Rice,imported high quality sold loose	1Kg	351.67	-8.06	6.48
Tomato	1Kg	223.7	-61.37	-8.69
Yam tuber	1Kg	257.31	-21.96	-4.14
Dried Fish Sardine	1Kg	1375.76	3.18	-1.61
Iced Sardine	1Kg	698	19.28	-6.79
Irish potato	1Kg	216.18	-43.72	-11.62
Sweet potato	1Kg	126.36	11.52	-9.49
Tilapia fish (epiya) fresh	1Kg	832.87	-16.28	-3.34
Titus:frozen	1Kg	884.67	-0.99	2.15
Catfish (obokun) fresh	1Kg	825.26	-25.6	-3.3
Catfish :dried	1Kg	1759.09	-19.29	-1.59
Catfish Smoked	1Kg	1525.61	9.14	1.11
Mackerel : frozen	1Kg	840.14	-9.1	-1.21
Groundnut oil: 1 bottle, specify bottle	1Ltr	518.89	3.09	0.82
Maize grain white sold loose	1Kg	123.97	-34.86	-4.36
Maize grain yellow sold loose	1Kg	128.09	-32.74	-5.93
Palm oil: 1 bottle,specify bottle	1Ltr	452.63	-9.74	4.13
Plantain(ripe)	1Kg	202.15	-16.8	-19.82
Plantain(unripe)	1Kg	202.72	1.93	16.16
Vegetable oil:1 bottle,specify bottle	1Ltr	525.49	-2.69	2.16
Wheat flour: prepacked (golden penny 2kg)	2Kg	590	2.14	-5.16
AVERAGE			-8.75	-0.52




Selected Food Price Watch - July 2019




Ondo State









		
Tomato	UNIT OF MEASUREMENT 1KG	JULY 2019 N271.79




		
Beans brown, sold loose	UNIT OF MEASUREMENT 1KG	JULY 2019 N325.86




		
Rice Local sold Loose	UNIT OF MEASUREMENT 1KG	JULY 2019 N286.79




		
Bread sliced 500g	UNIT OF MEASUREMENT 1 loaf	JULY 2019 N264.74




		
Yam Tuber	UNIT OF MEASUREMENT 1KG	JULY 2019 N170.82

		
Palm oil: 1 bottle	UNIT OF MEASUREMENT 1Ltr	JULY 2019 N435.69

		
Beef, boneless	UNIT OF MEASUREMENT 1KG	JULY 2019 N1258.90

		
Onion bulb	UNIT OF MEASUREMENT 1KG	JULY 2019 N208.52

		
Garri white, sold Loose	UNIT OF MEASUREMENT 1KG	JULY 2019 N145.61

		
Wheat flour: prepacked (golden penny) 2kg	UNIT OF MEASUREMENT 2KG	JULY 2019 N641.18

Selected Food Price Watch - July 2019


Ondo State





ItemLabels	Unit of Measurement	19-Jul	(JUL 2018-JUL2019)	JUN 2019-JUL 2019
Agric eggs medium size	1 Dozen	468.13	2.46	-3.69
Agric eggs(medium size price of one)	1 Piece	39.37	-3.31	0.3
Beans brown,sold loose	1Kg	325.86	-28.19	-12.08
Beans:white black eye. sold loose	1Kg	234.24	-37.01	-15.11
Beef Bone in	1Kg	1038.41	32.75	3.5
Beef,boneless	1Kg	1258.9	-6.94	2.58
Bread sliced 500g	1 loaf	264.74	3.46	3.71
Bread unsliced 500g	1 loaf	250	0	1.01
Broken Rice (Ofada)	1Kg	352.21	-4.78	-0.29
Chicken Feet	1Kg	935	-26.67	-2.86
Chicken Wings	1Kg	1079.41	-10.05	-2.75
Evaporated tinned milk carnation 170g	1 unit	160	-3.03	-3.03
Evaporated tinned milk(peak), 170g	1 unit	195.5	0.02	1.21
Frozen chicken	1 unit	1723.08	29.88	2.12
Gari white,sold loose	1Kg	145.61	17.44	6.46
Gari yellow,sold loose	1Kg	139.08	-41.72	5.44
Mudfish (aro) fresh	1Kg	833.39	-6.46	-2.68
Mudfish : dried	1Kg	1700.02	4.63	-0.65
Onion bulb	1Kg	208.52	-16.77	7.56
Rice agric sold loose	1Kg	340.16	2.99	2.05
Rice local sold loose	1Kg	286.79	-1.14	-3.96
Rice Medium Grained	1Kg	326.55	-1.43	1.95
Rice,imported high quality sold loose	1Kg	342.54	-3.06	-2.34
Tomato	1Kg	271.79	-30.78	8.79
Yam tuber	1Kg	170.82	-32.51	5.76
Dried Fish Sardine	1Kg	1131.22	-6.23	-0.51
Iced Sardine	1Kg	851.97	13.21	4.43
Irish potato	1Kg	224.7	-19.22	-2.3
Sweet potato	1Kg	121.67	-43.59	-19.1
Tilapia fish (epiya) fresh	1Kg	804.43	-9.49	-6.2
Titus:frozen	1Kg	856.38	-1.53	-2.66
Catfish (obokun) fresh	1Kg	804.75	4.51	3.1
Catfish :dried	1Kg	1587.17	-9.3	-0.88
Catfish Smoked	1Kg	1316.67	9.72	-2.15
Mackerel : frozen	1Kg	811.61	-26.21	-4.13
Groundnut oil: 1 bottle, specify bottle	1Ltr	544.44	-15.52	-2.78
Maize grain white sold loose	1Kg	151.14	-21.5	-5.63
Maize grain yellow sold loose	1Kg	153.18	-17.62	-1.87
Palm oil: 1 bottle,specify bottle	1Ltr	435.69	-1.55	1.32
Plantain(ripe)	1Kg	233.55	-40.5	-11.89
Plantain(unripe)	1Kg	242.69	-28.35	-15.65
Vegetable oil:1 bottle,specify bottle	1Ltr	477.78	-30.8	-0.46
Wheat flour: prepacked (golden penny 2kg)	2Kg	641.18	-2.43	2.59
AVERAGE			-9.46	-1.44


Selected Food Price Watch - July 2019



Osun State


	
UNIT OF MEASUREMENT	JULY 2019
1KG	N208.06



Tomato




	
UNIT OF MEASUREMENT	JULY 2019
1KG	N310.42



Beans brown, sold loose




	
UNIT OF MEASUREMENT	JULY 2019
1KG	N238.01



Rice Local sold Loose




	
UNIT OF MEASUREMENT	JULY 2019
1 loaf	N312.50



Bread sliced 500g




	
UNIT OF MEASUREMENT	JULY 2019
1KG	N190.72



Yam Tuber




	
UNIT OF MEASUREMENT	JULY 2019
1Ltr	N428.57



Palm oil: 1 bottle




	
UNIT OF MEASUREMENT	JULY 2019
1KG	N1256.52



Beef, boneless




	
UNIT OF MEASUREMENT	JULY 2019
1KG	N200.15



Onion bulb



	
UNIT OF MEASUREMENT	JULY 2019
1KG	N129.17

Garri white, sold Loose



	
UNIT OF MEASUREMENT	JULY 2019
2KG	N622.73

Wheat flour: prepacked (golden penny) 2kg

Selected Food Price Watch - July 2019

Osun State









ItemLabels	Unit of Measurement	19-Jul	(JUL 2018-JUL2019)	JUN 2019-JUL 2019
Agric eggs medium size	1 Dozen	454.12	0.87	-6.37
Agric eggs(medium size price of one)	1 Piece	38.06	-0.64	0.37
Beans brown,sold loose	1Kg	310.42	-36.11	-13.92
Beans:white black eye. sold loose	1Kg	211.99	-40.64	-15.58
Beef Bone in	1Kg	814.33	7.24	0.17
Beef,boneless	1Kg	1256.52	4.14	3.71
Bread sliced 500g	1 loaf	312.5	3.21	1.74
Bread unsliced 500g	1 loaf	253.13	0.34	1.25
Broken Rice (Ofada)	1Kg	365.12	-15.64	1.14
Chicken Feet	1Kg	798.33	-12.94	-6.21
Chicken Wings	1Kg	971.11	-16.76	-2.82
Evaporated tinned milk carnation 170g	1 unit	171.02	-9.65	-1.84
Evaporated tinned milk(peak), 170g	1 unit	201.25	-0.62	-0.21
Frozen chicken	1 unit	1750	29.63	2.94
Gari white,sold loose	1Kg	129.17	-8.23	21.09
Gari yellow,sold loose	1Kg	113.24	-54.77	-2.41
Mudfish (aro) fresh	1Kg	839.35	-12.33	2.36
Mudfish : dried	1Kg	1590.84	5.35	-0.58
Onion bulb	1Kg	200.15	-25.84	-1.01
Rice agric sold loose	1Kg	303.21	-0.94	-8.18
Rice local sold loose	1Kg	238.01	-6.92	-0.83
Rice Medium Grained	1Kg	287.89	-5.47	1.08
Rice,imported high quality sold loose	1Kg	302.94	-0.41	3
Tomato	1Kg	208.06	-22.76	2.31
Yam tuber	1Kg	190.72	-57.66	-7.19
Dried Fish Sardine	1Kg	1522.03	0.13	-3.56
Iced Sardine	1Kg	679.71	-1.21	4.53
Irish potato	1Kg	251	-37.25	-16.33
Sweet potato	1Kg	142.23	4.23	46.37
Tilapia fish (epiya) fresh	1Kg	669.14	-16.36	-2.61
Titus:frozen	1Kg	842.63	2.72	4.84
Catfish (obokun) fresh	1Kg	863.54	-0.78	-2.85
Catfish :dried	1Kg	1863.8	10.34	-1
Catfish Smoked	1Kg	1573.97	16.51	-0.58
Mackerel : frozen	1Kg	901.68	0.88	6.29
Groundnut oil: 1 bottle, specify bottle	1Ltr	575.56	2.05	-6.16
Maize grain white sold loose	1Kg	95.98	-45.05	-1.98
Maize grain yellow sold loose	1Kg	101.61	-44.47	-8.76
Palm oil: 1 bottle,specify bottle	1Ltr	428.57	-1.35	2.58
Plantain(ripe)	1Kg	203.8	-28.2	-0.7
Plantain(unripe)	1Kg	202.99	-31.21	-6.73
Vegetable oil:1 bottle,specify bottle	1Ltr	431.43	-21.4	-0.44
Wheat flour: prepacked (golden penny 2kg)	2Kg	622.73	-9.45	2.57
AVERAGE			-11.1	-0.24




Selected Food Price Watch - July 2019




Oyo State









		
Tomato	UNIT OF MEASUREMENT	JULY 2019
	1KG	N209.33

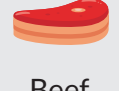


		
Beans brown, sold loose	UNIT OF MEASUREMENT	JULY 2019
	1KG	N388.52




		
Rice Local sold Loose	UNIT OF MEASUREMENT	JULY 2019
	1KG	N300.55




		
Bread sliced 500g	UNIT OF MEASUREMENT	JULY 2019
	1 loaf	N302.35




		
Yam Tuber	UNIT OF MEASUREMENT	JULY 2019
	1KG	N153.97

		
Palm oil: 1 bottle	UNIT OF MEASUREMENT	JULY 2019
	1Ltr	N423.67

		
Beef, boneless	UNIT OF MEASUREMENT	JULY 2019
	1KG	N1209.97

		
Onion bulb	UNIT OF MEASUREMENT	JULY 2019
	1KG	N216.20

		
Garri white, sold Loose	UNIT OF MEASUREMENT	JULY 2019
	1KG	N146.82

		
Wheat flour: prepacked (golden penny) 2kg	UNIT OF MEASUREMENT	JULY 2019
	2KG	N658.13

Selected Food Price Watch - July 2019

Oyo State




ItemLabels	Unit of Measurement	19-Jul	(JUL 2018-JUL2019)	JUN 2019-JUL 2019
Agric eggs medium size	1 Dozen	448	-1.94	-8.18
Agric eggs(medium size price of one)	1 Piece	38	-1.1	1.01
Beans brown,sold loose	1Kg	388.52	-13.45	-6.78
Beans:white black eye. sold loose	1Kg	328.86	-6.25	-10.31
Beef Bone in	1Kg	1037.8	14.28	0.01
Beef,boneless	1Kg	1209.97	26.41	3.36
Bread sliced 500g	1 loaf	302.35	-4.58	0.78
Bread unsliced 500g	1 loaf	265.79	16.19	0.93
Broken Rice (Ofada)	1Kg	575.34	-33.61	-2.48
Chicken Feet	1Kg	825	-17.5	-3.88
Chicken Wings	1Kg	930	-6.04	0.54
Evaporated tinned milk carnation 170g	1 unit	150	-2.17	-1.64
Evaporated tinned milk(peak), 170g	1 unit	189.5	-2.43	-0.26
Frozen chicken	1 unit	1750	40	2.94
Gari white,sold loose	1Kg	146.82	-9.31	-6.1
Gari yellow,sold loose	1Kg	165.6	-32.78	-8.27
Mudfish (aro) fresh	1Kg	826.57	-4.19	2.44
Mudfish : dried	1Kg	1575.2	0.69	-1.41
Onion bulb	1Kg	216.2	-23.43	-9
Rice agric sold loose	1Kg	354.84	-10.43	2.85
Rice local sold loose	1Kg	300.55	-23.47	10.94
Rice Medium Grained	1Kg	314.85	-2.2	2.7
Rice,imported high quality sold loose	1Kg	321.99	-0.55	-1.08
Tomato	1Kg	209.33	-25.64	-18.9
Yam tuber	1Kg	153.97	-41.58	-22.23
Dried Fish Sardine	1Kg	1096.07	22.03	0.93
Iced Sardine	1Kg	773.22	15.43	0.86
Irish potato	1Kg	273.21	-17.4	-8.51
Sweet potato	1Kg	131.12	1.59	-10.28
Tilapia fish (epiya) fresh	1Kg	756.17	2.75	-3.33
Titus:frozen	1Kg	909.45	13.31	-0.25
Catfish (obokun) fresh	1Kg	975.53	-10.61	-1.76
Catfish :dried	1Kg	1675.37	-14.59	0.06
Catfish Smoked	1Kg	1450	25.48	-2.45
Mackerel : frozen	1Kg	883.4	12.36	-0.14
Groundnut oil: 1 bottle, specify bottle	1Ltr	583.33	-19.33	10
Maize grain white sold loose	1Kg	111.9	-26.33	-10.03
Maize grain yellow sold loose	1Kg	114.93	-28.3	-3.63
Palm oil: 1 bottle,specify bottle	1Ltr	423.67	-3.39	-6.54
Plantain(ripe)	1Kg	228.31	8.53	8.39
Plantain(unripe)	1Kg	223.82	-3.49	8.58
Vegetable oil:1 bottle,specify bottle	1Ltr	467.33	-11.21	-4.55
Wheat flour: prepacked (golden penny 2kg)	2Kg	658.13	2.73	1.9
AVERAGE			-4.55	-2.16



Selected Food Price Watch - July 2019


Plateau State








 Tomato

	
UNIT OF MEASUREMENT	JULY 2019
1KG	N165.24






 Beans brown, sold loose

	
UNIT OF MEASUREMENT	JULY 2019
1KG	N311.67






 Rice Local sold Loose

	
UNIT OF MEASUREMENT	JULY 2019
1KG	N271.38






 Bread sliced 500g

	
UNIT OF MEASUREMENT	JULY 2019
1 loaf	N255.00






 Yam Tuber

	
UNIT OF MEASUREMENT	JULY 2019
1KG	N206.20






 Palm oil: 1 bottle

	
UNIT OF MEASUREMENT	JULY 2019
1Ltr	N451.62






 Beef, boneless

	
UNIT OF MEASUREMENT	JULY 2019
1KG	N1193.33





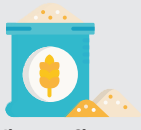
 Onion bulb

	
UNIT OF MEASUREMENT	JULY 2019
1KG	N114.29





 Garri white, sold Loose

	
UNIT OF MEASUREMENT	JULY 2019
1KG	N141.06



 Wheat flour: prepacked (golden penny) 2kg

	
UNIT OF MEASUREMENT	JULY 2019
2KG	N625.00

Selected Food Price Watch - July 2019


Plateau State





ItemLabels	Unit of Measurement	19-Jul	(JUL 2018-JUL2019)	JUN 2019-JUL 2019
Agric eggs medium size	1 Dozen	450	-2.17	-6.25
Agric eggs(medium size price of one)	1 Piece	40.33	3.71	2.98
Beans brown,sold loose	1Kg	311.67	-13.12	0.74
Beans:white black eye. sold loose	1Kg	253.41	-20.25	-16.32
Beef Bone in	1Kg	1023.33	-15.31	2.25
Beef,boneless	1Kg	1193.33	-2.05	0.85
Bread sliced 500g	1 loaf	255	-3.94	20
Bread unsliced 500g	1 loaf	242.86	-19.67	-8.36
Broken Rice (Ofada)	1Kg	355.99	6.68	-1.98
Chicken Feet	1Kg	650	-27.51	-5.8
Chicken Wings	1Kg	796.5	-20.42	-6.29
Evaporated tinned milk carnation 170g	1 unit	150	-16.67	7.14
Evaporated tinned milk(peak), 170g	1 unit	185	-1.48	3.3
Frozen chicken	1 unit	2850.33	41.11	1.8
Gari white,sold loose	1Kg	141.06	-29.92	-2.63
Gari yellow,sold loose	1Kg	156.92	-53.31	-9.97
Mudfish (aro) fresh	1Kg	906.06	-28.47	-3.99
Mudfish : dried	1Kg	1562.59	0.81	-1.19
Onion bulb	1Kg	114.29	-59.71	-26.09
Rice agric sold loose	1Kg	280.02	0.35	0.93
Rice local sold loose	1Kg	271.38	2.24	-4.93
Rice Medium Grained	1Kg	300.15	-5.87	-1.02
Rice,imported high quality sold loose	1Kg	351.79	-0.97	0.64
Tomato	1Kg	165.24	-45.76	-19.04
Yam tuber	1Kg	206.2	-29.36	-4.25
Dried Fish Sardine	1Kg	1403.02	-1.54	0.22
Iced Sardine	1Kg	944.44	-8.6	2.1
Irish potato	1Kg	188.24	-22.32	-28.45
Sweet potato	1Kg	133.33	-51.54	-12.13
Tilapia fish (epiya) fresh	1Kg	791.43	-10.53	-4.65
Titus:frozen	1Kg	913.96	-2.76	-4.77
Catfish (obokun) fresh	1Kg	1080	-16.92	-1.37
Catfish :dried	1Kg	1976.3	-5.07	-2.13
Catfish Smoked	1Kg	1521.43	10.85	-2.04
Mackerel : frozen	1Kg	941.67	13.28	-4.56
Groundnut oil: 1 bottle, specify bottle	1Ltr	460	-26.79	5.83
Maize grain white sold loose	1Kg	77.97	-55.23	-27.86
Maize grain yellow sold loose	1Kg	80.89	-51.08	-20.94
Palm oil: 1 bottle,specify bottle	1Ltr	451.62	-18.27	0.36
Plantain(ripe)	1Kg	276.92	-25.89	3.85
Plantain(unripe)	1Kg	211.98	-53.29	5.99
Vegetable oil:1 bottle,specify bottle	1Ltr	425	-28.73	2.82
Wheat flour: prepacked (golden penny 2kg)	2Kg	625	-3.85	-3.1
AVERAGE			-16.26	-3.91


Selected Food Price Watch - July 2019

Rivers State







Tomato

	
UNIT OF MEASUREMENT	JULY 2019
1KG	N392.66






Beans brown, sold loose

	
UNIT OF MEASUREMENT	JULY 2019
1KG	N384.39






Rice Local sold Loose

	
UNIT OF MEASUREMENT	JULY 2019
1KG	N386.79






Bread sliced 500g

	
UNIT OF MEASUREMENT	JULY 2019
1 loaf	N322.50






Yam Tuber

	
UNIT OF MEASUREMENT	JULY 2019
1KG	N188.23






Palm oil: 1 bottle

	
UNIT OF MEASUREMENT	JULY 2019
1Ltr	N527.62






Beef, boneless

	
UNIT OF MEASUREMENT	JULY 2019
1KG	N1300.83






Onion bulb

	
UNIT OF MEASUREMENT	JULY 2019
1KG	N221.31





Garri white, sold Loose

	
UNIT OF MEASUREMENT	JULY 2019
1KG	N177.25



Wheat flour: prepacked (golden penny) 2kg

	
UNIT OF MEASUREMENT	JULY 2019
2KG	N750.00

Selected Food Price Watch - July 2019


Rivers State





ItemLabels	Unit of Measurement	19-Jul	(JUL 2018-JUL2019)	JUN 2019-JUL 2019
Agric eggs medium size	1 Dozen	502.55	-6.24	-1.09
Agric eggs(medium size price of one)	1 Piece	42.86	-6.94	7.14
Beans brown,sold loose	1Kg	384.39	-2.57	-1.44
Beans:white black eye. sold loose	1Kg	344.44	-3.55	-2.46
Beef Bone in	1Kg	927.65	-1.57	2.49
Beef,boneless	1Kg	1300.83	-4.12	1.11
Bread sliced 500g	1 loaf	322.5	-11.64	0
Bread unsliced 500g	1 loaf	319.5	-2.48	-0.6
Broken Rice (Ofada)	1Kg	420.45	-7.5	2.78
Chicken Feet	1Kg	800.26	-18.37	-4.33
Chicken Wings	1Kg	1056.61	-4.34	-1.82
Evaporated tinned milk carnation 170g	1 unit	150	0	1.12
Evaporated tinned milk(peak), 170g	1 unit	188.5	-0.26	-0.31
Frozen chicken	1 unit	1758.82	10.68	2.19
Gari white,sold loose	1Kg	177.25	-21.93	0.2
Gari yellow,sold loose	1Kg	185.93	-14.33	3.06
Mudfish (aro) fresh	1Kg	912.5	2.86	1.39
Mudfish : dried	1Kg	2450	16.62	-0.52
Onion bulb	1Kg	221.31	-17.24	-15.05
Rice agric sold loose	1Kg	454.55	0	-1.23
Rice local sold loose	1Kg	386.79	7.77	0.95
Rice Medium Grained	1Kg	428.7	4.69	-5.17
Rice,imported high quality sold loose	1Kg	413.65	-10.84	-7.51
Tomato	1Kg	392.66	-17.04	-12.14
Yam tuber	1Kg	188.23	-7.14	-8.3
Dried Fish Sardine	1Kg	1557.19	-7.58	-1.36
Iced Sardine	1Kg	1045.33	30.34	-2.72
Irish potato	1Kg	350.19	17.16	-5.36
Sweet potato	1Kg	152.74	1.75	-11.25
Tilapia fish (epiya) fresh	1Kg	885.43	-11.54	-5.67
Titus:frozen	1Kg	948.41	4.03	5.28
Catfish (obokun) fresh	1Kg	990.26	3.82	-1.35
Catfish :dried	1Kg	1335.8	-32.72	-1.09
Catfish Smoked	1Kg	1631.58	0.77	-2.5
Mackerel : frozen	1Kg	1033.23	13.97	-3.39
Groundnut oil: 1 bottle, specify bottle	1Ltr	508.89	-14.49	-9.13
Maize grain white sold loose	1Kg	225.02	3.13	10.03
Maize grain yellow sold loose	1Kg	222.1	-2.83	-1.14
Palm oil: 1 bottle,specify bottle	1Ltr	527.62	-4.07	5.52
Plantain(ripe)	1Kg	235.13	11.25	16.36
Plantain(unripe)	1Kg	203.13	2.63	1.4
Vegetable oil:1 bottle,specify bottle	1Ltr	573.33	-4.44	-4.53
Wheat flour: prepacked (golden penny 2kg)	2Kg	750	7.12	1.28
AVERAGE			-2.26	-1.14


Selected Food Price Watch - July 2019

Sokoto State







Tomato

	
UNIT OF MEASUREMENT	JULY 2019
1KG	N105.92






Beans brown, sold loose

	
UNIT OF MEASUREMENT	JULY 2019
1KG	N271.62






Rice Local sold Loose

	
UNIT OF MEASUREMENT	JULY 2019
1KG	N274.09






Bread sliced 500g

	
UNIT OF MEASUREMENT	JULY 2019
1 loaf	N316.00






Yam Tuber

	
UNIT OF MEASUREMENT	JULY 2019
1KG	N167.96






Palm oil: 1 bottle

	
UNIT OF MEASUREMENT	JULY 2019
1Ltr	N485.00






Beef, boneless

	
UNIT OF MEASUREMENT	JULY 2019
1KG	N1128.93






Onion bulb

	
UNIT OF MEASUREMENT	JULY 2019
1KG	N140.83





Garri white, sold Loose

	
UNIT OF MEASUREMENT	JULY 2019
1KG	N142.14



Wheat flour: prepacked (golden penny) 2kg

	
UNIT OF MEASUREMENT	JULY 2019
2KG	N648.46

Selected Food Price Watch - July 2019

Sokoto State









ItemLabels	Unit of Measurement	19-Jul	(JUL 2018-JUL2019)	JUN 2019-JUL 2019
Agric eggs medium size	1 Dozen	475.43	5.65	-4.09
Agric eggs(medium size price of one)	1 Piece	40.21	0.53	0.53
Beans brown,sold loose	1Kg	271.62	-40.44	-0.1
Beans:white black eye. sold loose	1Kg	267.46	-30.08	-10.09
Beef Bone in	1Kg	1021.43	-11.18	4.13
Beef,boneless	1Kg	1128.93	-6.41	2.17
Bread sliced 500g	1 loaf	316	-8.41	-0.21
Bread unsliced 500g	1 loaf	293	-16.29	-0.26
Broken Rice (Ofada)	1Kg	365.27	-8.68	2.81
Chicken Feet	1Kg	495.31	-16.29	-0.94
Chicken Wings	1Kg	695.15	-1.01	-3.12
Evaporated tinned milk carnation 170g	1 unit	160.55	6.56	-5.14
Evaporated tinned milk(peak), 170g	1 unit	198.03	5.82	0.4
Frozen chicken	1 unit	2198.33	46.56	0.92
Gari white,sold loose	1Kg	142.14	-43.14	7.57
Gari yellow,sold loose	1Kg	179.04	-53.28	-4.79
Mudfish (aro) fresh	1Kg	912.05	-15.55	-1.64
Mudfish : dried	1Kg	1791.82	-2.13	-0.38
Onion bulb	1Kg	140.83	-51.3	-12.44
Rice agric sold loose	1Kg	344.67	34.77	0.15
Rice local sold loose	1Kg	274.09	8.04	14.02
Rice Medium Grained	1Kg	277.59	9.77	19.26
Rice,imported high quality sold loose	1Kg	350.25	-11.83	-8.13
Tomato	1Kg	105.92	-72.43	-8.63
Yam tuber	1Kg	167.96	-64.11	-19.23
Dried Fish Sardine	1Kg	1300.12	28.3	1.75
Iced Sardine	1Kg	800	-4.16	-0.05
Irish potato	1Kg	177.13	-57.07	-4.84
Sweet potato	1Kg	220.75	-25.08	-15.34
Tilapia fish (epiya) fresh	1Kg	661.11	-32.29	-7.03
Titus:frozen	1Kg	906.67	-16.41	-1.09
Catfish (obokun) fresh	1Kg	866.67	-21.21	-1.14
Catfish :dried	1Kg	1197.78	19.78	1.7
Catfish Smoked	1Kg	1302.56	15.78	0.2
Mackerel : frozen	1Kg	840.33	-10.72	0.84
Groundnut oil: 1 bottle, specify bottle	1Ltr	445	-26.38	-2.2
Maize grain white sold loose	1Kg	100.14	-22.6	-9.18
Maize grain yellow sold loose	1Kg	109.71	-13.46	-0.5
Palm oil: 1 bottle,specify bottle	1Ltr	485	-7.07	-3.96
Plantain(ripe)	1Kg	161.76	-60.71	-18.61
Plantain(unripe)	1Kg	170	-34.62	-12.38
Vegetable oil:1 bottle,specify bottle	1Ltr	456.66	-20.35	-7.85
Wheat flour: prepacked (golden penny 2kg)	2Kg	648.46	8.08	-0.24
AVERAGE			-14.3	-2.49




Selected Food Price Watch - July 2019




Taraba State









		
Tomato	UNIT OF MEASUREMENT 1KG	JULY 2019 N110.94




		
Beans brown, sold loose	UNIT OF MEASUREMENT 1KG	JULY 2019 N279.15




		
Rice Local sold Loose	UNIT OF MEASUREMENT 1KG	JULY 2019 N258.44




		
Bread sliced 500g	UNIT OF MEASUREMENT 1 loaf	JULY 2019 N263.64




		
Yam Tuber	UNIT OF MEASUREMENT 1KG	JULY 2019 N111.16

		
Palm oil: 1 bottle	UNIT OF MEASUREMENT 1Ltr	JULY 2019 N545.56

		
Beef, boneless	UNIT OF MEASUREMENT 1KG	JULY 2019 N1105.56

		
Onion bulb	UNIT OF MEASUREMENT 1KG	JULY 2019 N171.46

		
Garri white, sold Loose	UNIT OF MEASUREMENT 1KG	JULY 2019 N145.65

		
Wheat flour: prepacked (golden penny) 2kg	UNIT OF MEASUREMENT 2KG	JULY 2019 N728.57

Selected Food Price Watch - July 2019


Taraba State





ItemLabels	Unit of Measurement	19-Jul	(JUL 2018-JUL2019)	JUN 2019-JUL 2019
Agric eggs medium size	1 Dozen	466.92	3.76	-4.84
Agric eggs(medium size price of one)	1 Piece	40.67	1.67	1.67
Beans brown,sold loose	1Kg	279.15	-12.77	-8.33
Beans:white black eye. sold loose	1Kg	222.88	-20.9	-6.43
Beef Bone in	1Kg	881.67	-14.22	1.33
Beef,boneless	1Kg	1105.56	15.45	5.21
Bread sliced 500g	1 loaf	263.64	-2.36	-16.31
Bread unsliced 500g	1 loaf	230.77	6.01	-17.31
Broken Rice (Ofada)	1Kg	385.71	-10.85	-14.48
Chicken Feet	1Kg	369.25	6.08	0.85
Chicken Wings	1Kg	500.11	-11.57	-9.42
Evaporated tinned milk carnation 170g	1 unit	143.75	-12.88	-4.17
Evaporated tinned milk(peak), 170g	1 unit	185.45	-3.66	-5.5
Frozen chicken	1 unit	1355.03	8.65	-0.82
Gari white,sold loose	1Kg	145.65	-21.55	5.56
Gari yellow,sold loose	1Kg	138.5	-38.75	7.41
Mudfish (aro) fresh	1Kg	833.77	8.94	6.62
Mudfish : dried	1Kg	1645.45	1.74	3.43
Onion bulb	1Kg	171.46	-13.75	33.09
Rice agric sold loose	1Kg	247.92	-23.89	-17.82
Rice local sold loose	1Kg	258.44	14.37	22.89
Rice Medium Grained	1Kg	294.31	0.17	-6.36
Rice,imported high quality sold loose	1Kg	318.27	2.87	14.32
Tomato	1Kg	110.94	-39.62	-37.41
Yam tuber	1Kg	111.16	-31.5	0.9
Dried Fish Sardine	1Kg	1100.03	-24.2	-2.01
Iced Sardine	1Kg	890.26	2.72	-1.08
Irish potato	1Kg	212.35	16.61	-0.67
Sweet potato	1Kg	113.99	-2.09	11.57
Tilapia fish (epiya) fresh	1Kg	525	-19.23	-9.54
Titus:frozen	1Kg	888.64	9.83	4.55
Catfish (obokun) fresh	1Kg	997	-4.54	-5.26
Catfish :dried	1Kg	1550	7.29	-2.2
Catfish Smoked	1Kg	1386.29	-3.57	-3.32
Mackerel : frozen	1Kg	783.33	-17.61	-6
Groundnut oil: 1 bottle, specify bottle	1Ltr	512.22	-8.13	-3.17
Maize grain white sold loose	1Kg	70.36	-31.64	-10.75
Maize grain yellow sold loose	1Kg	90.42	-20.79	12.21
Palm oil: 1 bottle,specify bottle	1Ltr	545.56	-0.58	-7.79
Plantain(ripe)	1Kg	210	-11.89	-1.18
Plantain(unripe)	1Kg	166.67	-22.45	1.91
Vegetable oil:1 bottle,specify bottle	1Ltr	506.67	-13.14	-6.34
Wheat flour: prepacked (golden penny 2kg)	2Kg	728.57	2.62	-5.07
AVERAGE			-7.66	-1.86


Selected Food Price Watch - July 2019



Yobe State


	
UNIT OF MEASUREMENT	JULY 2019
1KG	N182.72



Tomato




	
UNIT OF MEASUREMENT	JULY 2019
1KG	N277.03



Beans brown, sold loose




	
UNIT OF MEASUREMENT	JULY 2019
1KG	N220.79



Rice Local sold Loose




	
UNIT OF MEASUREMENT	JULY 2019
1 loaf	N267.14



Bread sliced 500g




	
UNIT OF MEASUREMENT	JULY 2019
1KG	N185.75



Yam Tuber




	
UNIT OF MEASUREMENT	JULY 2019
1Ltr	N452.75



Palm oil: 1 bottle




	
UNIT OF MEASUREMENT	JULY 2019
1KG	N1211.56



Beef, boneless




	
UNIT OF MEASUREMENT	JULY 2019
1KG	N128.52



Onion bulb



	
UNIT OF MEASUREMENT	JULY 2019
1KG	N175.64

Garri white, sold Loose

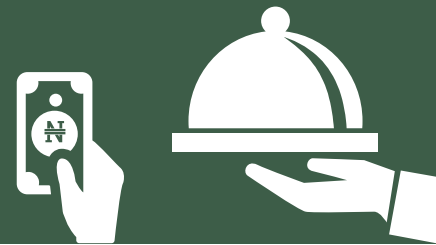


	
UNIT OF MEASUREMENT	JULY 2019
2KG	N651.85

Wheat flour: prepacked (golden penny) 2kg

Selected Food Price Watch - July 2019


Yobe State





ItemLabels	Unit of Measurement	19-Jul	(JUL 2018-JUL2019)	JUN 2019-JUL 2019
Agric eggs medium size	1 Dozen	453.64	6.32	-6.9
Agric eggs(medium size price of one)	1 Piece	38.93	5.21	6.86
Beans brown,sold loose	1Kg	277.03	-13.1	21.32
Beans:white black eye. sold loose	1Kg	255	-15.52	-14.97
Beef Bone in	1Kg	1050	-1.87	-0.42
Beef,boneless	1Kg	1211.56	-3.16	0.96
Bread sliced 500g	1 loaf	267.14	2.75	-9.66
Bread unsliced 500g	1 loaf	225.71	4.5	-4.24
Broken Rice (Ofada)	1Kg	278.02	-11.74	10.29
Chicken Feet	1Kg	430.25	-5.18	-3.16
Chicken Wings	1Kg	695.14	-1.93	-0.87
Evaporated tinned milk carnation 170g	1 unit	162.34	4.74	0.63
Evaporated tinned milk(peak), 170g	1 unit	183.68	8.05	-2.79
Frozen chicken	1 unit	2100	-16.08	1.45
Gari white,sold loose	1Kg	175.64	-13.77	-4.54
Gari yellow,sold loose	1Kg	135.65	-50.52	-6.93
Mudfish (aro) fresh	1Kg	950	-12.9	-3.06
Mudfish : dried	1Kg	1750	-12.5	-2.07
Onion bulb	1Kg	128.52	-28.01	2.73
Rice agric sold loose	1Kg	270.35	5.22	3.4
Rice local sold loose	1Kg	220.79	10.15	-0.62
Rice Medium Grained	1Kg	283.33	7.47	15.25
Rice,imported high quality sold loose	1Kg	309.06	-5.81	6.92
Tomato	1Kg	182.72	-45.18	11.64
Yam tuber	1Kg	185.75	-12.93	-3.66
Dried Fish Sardine	1Kg	1450.03	-4.09	-2.09
Iced Sardine	1Kg	916.67	-3.59	-3.51
Irish potato	1Kg	209.17	-8.49	2.45
Sweet potato	1Kg	91.72	-7.62	0
Tilapia fish (epiya) fresh	1Kg	550	-35.07	-5.98
Titus:frozen	1Kg	1100	35.73	2.8
Catfish (obokun) fresh	1Kg	750	-6.98	-6.25
Catfish :dried	1Kg	1891.67	1.34	0.18
Catfish Smoked	1Kg	1720	-17.31	-3.89
Mackerel : frozen	1Kg	890	-9.33	-3.36
Groundnut oil: 1 bottle, specify bottle	1Ltr	500.88	-13.64	-3.55
Maize grain white sold loose	1Kg	84.62	-26.59	-19.76
Maize grain yellow sold loose	1Kg	96.67	-27.53	-9.37
Palm oil: 1 bottle,specify bottle	1Ltr	452.75	-10.12	-7.79
Plantain(ripe)	1Kg	200	-23.58	0
Plantain(unripe)	1Kg	166.67	-21.36	-9.91
Vegetable oil:1 bottle,specify bottle	1Ltr	441.73	-5.55	-2.21
Wheat flour: prepacked (golden penny 2kg)	2Kg	651.85	-4.14	0.28
AVERAGE			-8.92	-1.26


Selected Food Price Watch - July 2019



Zamfara State


	
UNIT OF MEASUREMENT	JULY 2019
1KG	N152.37



Tomato




	
UNIT OF MEASUREMENT	JULY 2019
1KG	N255.77



Beans brown, sold loose




	
UNIT OF MEASUREMENT	JULY 2019
1KG	N253.23



Rice Local sold Loose




	
UNIT OF MEASUREMENT	JULY 2019
1 loaf	N299.38



Bread sliced 500g




	
UNIT OF MEASUREMENT	JULY 2019
1KG	N143.60



Yam Tuber




	
UNIT OF MEASUREMENT	JULY 2019
1Ltr	N435.33



Palm oil: 1 bottle




	
UNIT OF MEASUREMENT	JULY 2019
1KG	N1225.00



Beef, boneless




	
UNIT OF MEASUREMENT	JULY 2019
1KG	N136.94



Onion bulb



	
UNIT OF MEASUREMENT	JULY 2019
1KG	N153.07

Garri white, sold Loose

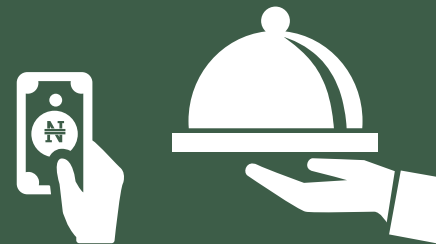


	
UNIT OF MEASUREMENT	JULY 2019
2KG	N691.04

Wheat flour: prepacked (golden penny) 2kg

Selected Food Price Watch - July 2019

Zamfara State



ItemLabels	Unit of Measurement	19-Jul	(JUL 2018-JUL2019)	JUN 2019-JUL 2019
Agric eggs medium size	1 Dozen	455	-1.8	-6.19
Agric eggs(medium size price of one)	1 Piece	40	-1.6	0
Beans brown,sold loose	1Kg	255.77	-27.99	8.48
Beans:white black eye. sold loose	1Kg	259.69	-22.72	-7.96
Beef Bone in	1Kg	950	-25.78	-2.56
Beef,boneless	1Kg	1225	1.32	0.41
Bread sliced 500g	1 loaf	299.38	-11.95	0
Bread unsliced 500g	1 loaf	263.53	-0.65	-12.31
Broken Rice (Ofada)	1Kg	378.33	12.05	-2.58
Chicken Feet	1Kg	400	-28.49	2.3
Chicken Wings	1Kg	689.49	-11.6	-1.5
Evaporated tinned milk carnation 170g	1 unit	155.63	-5.94	0.41
Evaporated tinned milk(peak), 170g	1 unit	194.17	7.56	2.1
Frozen chicken	1 unit	1896.67	12.67	0.9
Gari white,sold loose	1Kg	153.07	-31.96	0
Gari yellow,sold loose	1Kg	143.67	-36.38	-0.24
Mudfish (aro) fresh	1Kg	893.33	-22.32	-4.29
Mudfish : dried	1Kg	1387.5	-5.01	0.91
Onion bulb	1Kg	136.94	-30.51	13.86
Rice agric sold loose	1Kg	303.98	23.78	1.2
Rice local sold loose	1Kg	253.23	17.24	2.7
Rice Medium Grained	1Kg	321.61	-1.39	6.63
Rice,imported high quality sold loose	1Kg	375.74	2.2	16.36
Tomato	1Kg	152.37	-52.45	0
Yam tuber	1Kg	143.6	-43.79	-18.26
Dried Fish Sardine	1Kg	1400.34	12.03	-2.03
Iced Sardine	1Kg	800.66	-23.01	-3.53
Irish potato	1Kg	185.29	-48.53	-17.65
Sweet potato	1Kg	83.44	-57.65	-2.03
Tilapia fish (epiya) fresh	1Kg	890	-10.4	-3.07
Titus:frozen	1Kg	944.44	-5.56	-0.58
Catfish (obokun) fresh	1Kg	902.16	-21.55	0.24
Catfish :dried	1Kg	1413.33	12.17	-1.4
Catfish Smoked	1Kg	1555.06	-14.56	-2.22
Mackerel : frozen	1Kg	950	0.33	4.97
Groundnut oil: 1 bottle, specify bottle	1Ltr	461.04	-11.34	-4.78
Maize grain white sold loose	1Kg	89.7	-55.57	-0.27
Maize grain yellow sold loose	1Kg	91.57	-53.93	-0.94
Palm oil: 1 bottle,specify bottle	1Ltr	435.33	-2.46	-8.46
Plantain(ripe)	1Kg	165.99	-27.83	-6.23
Plantain(unripe)	1Kg	170.13	-14.94	-3.31
Vegetable oil:1 bottle,specify bottle	1Ltr	425.13	-15.51	-5.15
Wheat flour: prepacked (golden penny 2kg)	2Kg	691.04	38.21	-1.28
AVERAGE			-13.62	-1.33



Methodology

Field work is done solely by over 700 NBS Staff in all States of the federation supported by supervisors who are monitored by internal and external observers.

Prices are collected across all the 774 local governments across all States and the FCT from over 10,000 respondents and locations and reflect actual prices households state they actually bought those items.

The average of all these prices is then reported for each state and the average for the country is the average for the state.

NBS audit team subsequently conducts randomly selected verification of prices recorded.

Acknowledgements/Contacts

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